

# *APPENDIX 1(Questionnaire)*

## *CORE QUESTIONS*

### *GLOBAL YOUTH TOBACCO SURVEY (GYTS)*

*2000*

*THE NEXT 18 QUESTIONS ASK ABOUT YOUR USE OF TOBACCO.*

- 1. Have you ever tried or experimented with cigarette smoking, even one or two puffs?**
  - a. Yes
  - b. No
  
- 2. How old were you when you first tried a cigarette?**
  - a. I have never smoked cigarettes
  - b. 7 years old or younger
  - c. 8 or 9 years old
  - d. 10 or 11 years old
  - e. 12 or 13 years old
  - f. 14 or 15 years old
  - g. 16 years old or older
  
- 3. During the past 30 days (one month), on how many days did you smoke cigarettes?**
  - a. 0 days
  - b. 1 or 2 days
  - c. 3 to 5 days
  - d. 6 to 9 days
  - e. 10 to 19 days
  - f. 20 to 29 days
  - g. All 30 days
  
- 4. During the past 30 days (one month), on the days you smoked, how many cigarettes did you usually smoke?**
  - a. I did not smoke cigarettes during the past 30 days (one month)
  - b. Less than 1 cigarette per day
  - c. 1 cigarette per day
  - d. 2 to 5 cigarettes per day
  - e. 6 to 10 cigarettes per day
  - f. 11 to 20 cigarettes per day
  - g. More than 20 cigarettes per day

- 5. How many cigarettes have you smoked in your entire life?**
- a. None
  - b. 1 to 2 puffs only
  - c. 1 cigarette
  - d. 2 to 5 cigarettes
  - e. 6 to 15 cigarettes (about half a pack)
  - f. 16 to 25 cigarettes (about 1 pack)
  - g. 26 to 99 cigarettes
  - h. 100+ cigarettes (5 or more packs)
- 6. During the past 30 days (one month), how did you usually get your own cigarettes? (SELECT ONLY ONE RESPONSE)**
- a. I did not smoke cigarettes during the past 30 days (one month)
  - b. I bought them in a store, shop or from a street vendor
  - c. I bought them from a vending machine
  - d. I gave someone else money to buy them for me
  - e. I borrowed them from someone else
  - f. I stole them/took it without permission
  - g. An older person gave them to me
  - h. I got them some other way
- 7. During the past 30 days (one month), what brand of cigarettes did you usually smoke? (SELECT ONLY ONE RESPONSE)**
- a. I did not smoke cigarettes during the past 30 days
  - b. No usual brand
  - c. Hillsborough
  - d. Embassy
  - e. Benson + Hedges
  - f. Rothmans
  - g. Carmel
  - i. Other
- 8. How much do you usually pay for a pack of twenty (20) cigarettes?**
- a. I don't smoke cigarettes
  - b. I don't buy cigarettes, or I don't buy them in packs
  - c. \$2.75 or less
  - d. \$2.76 to \$ 3.00
  - e. \$3.01 to \$3.50
  - f. \$3.51 to \$4.00
  - g. \$4.01 to \$5.00
  - h. More than \$5.00

- 9. How much do you usually pay for a packet of ten (10) cigarettes.**
- a. I don't smoke cigarettes
  - b. I don't buy cigarettes, or I don't buy them in packets
  - c. \$1.50 or less
  - d. \$1.51 to \$1.75
  - e. \$1.76 to \$2.00
  - f. \$2.01 to \$2.30
  - g. \$2.31 to \$2.50
  - h. More than \$2.50
- 10. In the area where you live do you know of any places that sell single or loose cigarettes?**
- a. Yes
  - b. No
- 11. During the past 30 days (one month) how much do you think you spent on cigarettes?**
- a. I don't smoke cigarettes
  - b. I don't buy my cigarettes
  - c. \$15.00 or less
  - d. \$15.01 - \$30.00
  - e. \$30.01 - \$45.00
  - f. \$45.01 - \$50.00
  - g. \$50.01 - \$65.00
  - h. More than \$65.00
- 12. In a usual month (30 days) how much pocket money do you get?**
- a. I don't receive any pocket money
  - b. Less than \$5.00
  - c. \$5.01 to \$10.00
  - d. \$10.01 to \$20.00
  - e. \$20.01 to \$30.00
  - f. \$30.01 to \$40.00
  - g. \$40.01 to \$50.00
  - h. More than \$50.00
- 13. During the past 30 days (one month), did anyone ever refuse to sell you cigarettes because of your age?**
- a. I did not try to buy cigarettes during the past 30 days (one month)
  - b. Yes, someone refused to sell me cigarettes because of my age
  - c. No, my age did not keep me from buying cigarettes.

- 14. During the past 30 days (one month), have you ever used any form of tobacco products other than cigarettes (e.g. chewing tobacco, snuff, dip, cigars, cigarillos, little cigars, pipe)?**
- a. Yes
  - b. No
- 15. Do you sometimes smoke tobacco mixed with other drugs such as, marijuana, cocaine, crack?**
- a. I have never smoked
  - b. I no longer smoke
  - c. No, I smoke, but I never mix tobacco with other drugs
  - d. Yes, but only once or twice
  - e. Yes, I have mixed tobacco with other drugs more than twice
- 16. Where do you usually smoke? (SELECT ONLY ONE RESPONSE)**
- a. I have never smoked cigarettes
  - b. At home
  - c. At school
  - d. At work
  - e. At friend's houses
  - f. At social events
  - g. In public spaces (e.g. parks, shopping centers, street corners, cinemas, discos)
  - h. Other
- 17. Are you more likely to smoke after you have drunk alcohol or used another drug, such as marijuana or cocaine?**
- a. I have never smoked cigarettes
  - b. I no longer smoke cigarettes
  - c. I smoke but never drink alcohol or use drugs
  - d. No, I smoke more when I drink alcohol or use other drugs
  - e. I smoke about the same when I drink alcohol or use other drugs
  - f. I smoke about the same when I drink alcohol or use other drugs
- 18. Do you ever have a cigarette or feel like having a cigarette first thing in the morning?**
- a. I have never smoked cigarettes
  - b. I no longer smoke cigarettes
  - c. No, I don't have or feel like having a cigarette first thing in the morning
  - d. Yes, I sometimes have or feel like having a cigarette first thing in the morning
  - e. Yes, I always have or feel like having a cigarette first thing in the morning

*THE NEXT 20 QUESTIONS ASK ABOUT YOUR KNOWLEDGE AND ATTITUDES TOWARD TOBACCO.*

- 19. Do your parents/guardian smoke? (SELECT ONLY ONE RESPONSE)**
- a. None
  - b. Both
  - c. Father only
  - d. Mother only
  - e. I don't know
  - f. Guardian
- 20. Do your parents know that you smoke cigarettes?**
- a. I do not smoke cigarettes
  - b. Yes
  - c. No
- 21. If one of your best friends offered you a cigarette, would you smoke it?**
- a. Definitely not
  - b. Probably not
  - c. Probably yes
  - d. Definitely yes
- 22. Has anyone in your family discussed the harmful effects of smoking with you?**
- a. Yes
  - b. No
- 23. At any time during the next 12 months do you think you will smoke a cigarette?**
- a. Definitely not
  - b. Probably not
  - c. Probably yes
  - d. Definitely yes
- 24. Do you think you will be smoking cigarettes 5 years from now?**
- a. Definitely not
  - b. Probably not
  - c. Probably yes
  - d. Definitely yes

- 25. Once someone has started smoking, do you think it would be difficult to quit?**
- a. Definitely not
  - b. Probably not
  - c. Probably yes
  - d. Definitely yes
- 26. Do you think boys who smoke cigarettes have more or less friends?**
- a. More friends
  - b. Less friends
  - c. No difference from non-smokers
- 27. Do you think girls who smoke cigarettes have more or less friends?**
- a. More friends
  - b. Less friends
  - c. No difference from non-smokers
- 28. Does smoking cigarettes help people feel more or less comfortable at celebrations, parties, or in other social gatherings?**
- a. More comfortable
  - b. Less comfortable
  - c. No difference from non-smokers
- 29. Do you think smoking cigarettes makes boys look more or less attractive?**
- a. More attractive
  - b. Less attractive
  - c. No difference from non-smokers
- 30. Do you think smoking cigarettes makes girls look more or less attractive?**
- a. More attractive
  - b. Less attractive
  - c. No difference from non-smokers
- 31. Do you think that smoking cigarettes makes you gain or lose weight?**
- a. Gain weight
  - b. Lose weight
  - c. No difference

- 32. Do you think cigarette smoking is harmful to your health?**
- a. Definitely not
  - b. Probably not
  - c. Probably yes
  - d. Definitely yes
- 33. Do you believe that light (low-tar) cigarettes are less harmful than regular (full-flavor) cigarettes?**
- a. They are less harmful
  - b. They are more harmful
  - c. There is no difference
- 34. Do you think smoking cigarettes is less dangerous for a person your age because they can always stop later?**
- a. Definitely not
  - b. Probably not
  - c. Probably yes
  - d. Definitely yes
- 35. Do any of your closest friends smoke cigarettes?**
- a. None of them
  - b. Some of them
  - c. Most of them
  - d. All of them
- 36. When you see a man smoking what do you think of him? (SELECT ONLY ONE RESPONSE)**
- a. Lacks confidence
  - b. Stupid
  - c. Loser
  - d. Successful
  - e. Intelligent
  - f. Macho



**37. When you see a woman smoking, what do you think of her? (SELECT ONLY ONE RESPONSE)**

- a. Lacks confidence
- b. Stupid
- c. Loser
- d. Successful
- e. Intelligent
- f. Sophisticated

**38. Do you think it is safe to smoke for only a year or two as long as you quit after that?**

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

*THE NEXT 6 QUESTIONS ASK ABOUT YOUR RESPONSE TO OTHER PEOPLE'S SMOKING.*

**39. Do you think the smoke from other people's cigarettes is harmful to you?**

- a. Definitely not
- b. Probably not
- c. Probably yes
- d. Definitely yes

**40. During the past 7 days, on how many days have people smoked in your home, in your presence?**

- a. 0
- b. 1 to 2
- c. 3 to 4
- d. 5 to 6
- e. 7

- 41. During the past 7 days, on how many days have people smoked in your presence, in places other than in you home?**
- a. 0
  - b. 1 to 2
  - c. 3 to 4
  - d. 5 to 6
  - e. 7
- 42. Are you in favor of banning smoking in public places (such as in restaurants, in buses, in schools, on playgrounds, in gyms and sports facilities, bars and in discos)?**
- a. Yes
  - b. No
- 43. Do you think a person who smokes around others should ask permission?**
- a. Yes
  - b. No
- 44. If someone asks permission to smoke around you, do you let them?**
- a. Yes
  - b. No

*THE NEXT 8 QUESTIONS ASK ABOUT YOUR ATTITUDES TOWARD STOPPING SMOKING.*

- 45. Do you want to stop smoking now?**
- a. I have never smoked cigarettes
  - b. I do not smoke now
  - c. Yes
  - d. No

- 46. During the past year, have you ever tried to stop smoking cigarettes?**
- a. I have never smoked cigarettes
  - b. I have not stopped smoking
  - c. 1-3 months
  - d. 4-11 months
  - e. One year
  - f. 2 years
  - g. 3 years or longer
- 47. Have you ever tried to stop smoking and found that you could not?**
- a. I have never smoked a cigarette
  - b. I have successfully stopped smoking
  - c. Yes
  - d. No
- 48. How many times, if any, have you tried to quit smoking?**
- a. I have never smoked
  - b. 0 times
  - c. 1 to 3 times
  - d. 4 or more times
- 49. How long ago did you stop smoking?**
- a. I have never smoked cigarettes
  - b. I have no stopped smoking
  - c. 1-3 months
  - d. 4-11 months
  - e. One year
  - f. 2 years
  - g. 3 years or longer
- 50. What was the main reason you decided to stop smoking? (SELECT ONE ONLY)**
- a. I have never smoked cigarettes
  - b. I have not stopped smoking
  - c. To improve my health
  - d. To save money
  - e. Because my family does not like it
  - f. Because my friends don't like it
  - g. Other

- 51. Do you think you would be able to stop smoking if you wanted to?**
- a. I have never smoked cigarettes
  - b. I have already stopped smoking cigarettes
  - c. Yes
  - d. No
- 52. Have you ever received help or advice to help you stop smoking? (SELECT ONLY ONE RESPONSE)**
- a. I have never smoked cigarettes
  - b. Yes, from a program or professional
  - c. Yes, from a friend
  - d. Yes, from both programs or professionals and from friends or family members
  - e. No

*THE NEXT 9 QUESTIONS ASK ABOUT YOUR KNOWLEDGE OF MEDIA MESSAGES ABOUT SMOKING*

- 53. During the past 30 days (one month), how many anti-smoking media messages (e.g. television, radio, billboards, posters, newspapers, magazines, movies) have you seen or heard?**
- a. A lot
  - b. A few
  - c. None
- 54. When you go to sports events, fairs, concerts, community events or social gatherings, how often do you see anti- smoking messages?**
- a. I never go to sports events, fairs, concerts, community events, or social gatherings
  - b. A lot
  - c. Sometimes
  - d. Never

- 55. When you watch TV, videos, or movies, how often do you see actors/actresses smoking?**
- a. I never watch TV, videos, or movies
  - b. A lot
  - c. Sometimes
  - d. Never
- 56. Do you have something (t-shirt, pen, backpack, caps and rags) with a cigarette brand logo on it?**
- a. Yes
  - b. No
- 57. During the past 30 days (one month), when you watch sports events or other programs on TV how often did you see cigarette brand names?**
- a. I never watch TV
  - b. A lot
  - c. Sometimes
  - d. Never
- 58. During the past 30 days (one month), how many advertisements for cigarettes have you seen on billboards?**
- a. A lot
  - b. A few
  - c. None
- 59. During the past 30 days (one month), how many advertisements or promotions for cigarettes have you seen in newspapers or magazines?**
- a. A lot
  - b. A few
  - c. None
- 60. When you go to sports events, fairs, concerts, or community events, how often do you see advertisements for cigarettes?**
- a. I never attend sports events, fairs, concerts, or community events
  - b. A lot
  - c. Sometimes
  - d. Never

**61. Has a cigarette representative ever offered you a free cigarette?**

- a. Yes
- b. No

*THE NEXT 4 QUESTIONS ASK ABOUT WHAT YOU WERE TAUGHT ABOUT SMOKING IN SCHOOL.*

**62. During this school year, were you taught in any of your classes about the dangers of smoking?**

- a. Yes
- b. No
- c. Not sure

**63. During this school year, did you discuss in any of your classes the reasons why people your age smoke?**

- a. Yes
- b. No
- c. Not sure

**64. During this school year, were you taught in any of your classes about the effects of smoking like it makes your teeth yellow, causes wrinkles, or makes you smell bad?**

- a. Yes
- b. No
- c. Not sure

**65. How long ago did you last discuss smoking and health as part of a lesson?**

- a. Never
- b. This term
- c. Last term
- d. 2 terms ago
- e. 3 terms ago
- f. More than a year ago

*THE NEXT 3 QUESTIONS ASK ABOUT WHAT YOU WERE TAUGHT ABOUT SMOKING IN YOUR COMMUNITY.*

- 66. During the past year, have you heard from youth groups discouraging young people your age from smoking?**
- a. Yes
  - b. No
- 67. During the past year, did any health professionals explain to you why smoking is dangerous to your health?**
- a. Yes
  - b. No
- 68. During the past year, did any religious organizations discourage young people your age from smoking?**
- a. Yes
  - b. No

*THE LAST 3 QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOURSELF.*

- 69. How old are you?**
- g. 11 years old or younger
  - h. 12 years old
  - i. 13 years old
  - j. 14 years old
  - k. 15 years old
  - l. 16 years old
  - m. 17 years old or older
- 70. What is your sex?**
- n. Male
  - o. Female

**71. In what grade/form are you?**

- p. Grade 6
- q. Grade 7
- r. Grade 8
- s. Grade 9
- t. Form 1
- u. Form 2
- v. Form 3
- w. Form 4