

FITNESS LABS™
NUTRITION CORPORATION

April 30, 2003

2723 '03 MAY 27 P3:14

Office of Nutritional Products, Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

MAY - 7 2003

Re: Dietary Supplement Statement of Support Notification

To Whom It May Concern:

Fitness Labs Nutrition Corporation, P.O. Box 3896 Torrance, CA 90510-3896, who is the distributor of the following dietary supplement product, intends to make the following statement(s) of support:

"For a Healthy Body**"

"L-Glutamine For a Healthy Body**"

"Ideal for overall health benefits, for bodybuilders, for athletes engaged in strenuous exercise, for immune and digestive health, and for those concerned about aging.**"

"Glutamine is ideal for individuals desiring to stay healthy, all types of athletes, anyone engaged in strenuous exercise and those concerned about aging.**"

"More Growth Hormone. Perhaps the most exciting news for bodybuilders and those fighting the aging process is glutamine's effect on growth hormone. Growth hormone is one of the body's most anabolic (muscle building) hormones. A study of 9 healthy athletes reported on in the American Journal of Clinical Nutrition showed a 430% increase in growth hormone within 90 minutes of taking a 2 gram oral dose of L-glutamine consumed after a light breakfast.**"

"Overall Health. Glutamine is the most abundant amino acid in the body and is critical for many body functions. It regulates cellular metabolism and acid-base balance. Glutamine serves as fuel for cells of the intestine and immune system. It's a precursor for glutathione (a powerful antioxidant), and GABA (an important neurotransmitter). It also regulates cell volume and is a key building block of protein and muscle. When you take glutamine, you provide your body with one of the most important fuels it needs to stay healthy.**"

This claim is being made for L-glutamine, which is contained in Fitness Labs® L-Glutamine. This submission is being made in compliance with 21 CFR §101.93.

The undersigned is an authorized representative of the Fitness Labs Nutrition Corporation and certifies that the information contained in this notice is complete and accurate, and that Fitness Labs Nutrition Corporation has substantiation that the above statement(s) is (are) truthful and not misleading.

By: 

Dan McFarland
President

97S 0162

LET

11964

84448

P.O. Box 3896
Torrance, CA 90510-3896

Phone (310) 325-0075
Fax (310) 325-5559