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April 30, 2003

Office of Nutritional Products, Labeling and Dietary Supplements (HFS-810) Center for Food Safety and Applied Nutrition Food and Drug Administration 5100 Paint Branch Parkway College Park, MD 20740

Re: Dietary Supplement Statement of Support Notification

To Whom It May Concern:

Fitness Labs Nutrition Corporation, P.O. Box 3896 Torrance, CA 90510-3896, who is the distributor of the following dietary supplement product, intends to make the following statement(s) of support:

"Ideal for athletes engaged in sports requiring quick explosive movements!*"

"May promote gains in power, strength, muscle size, lean body mass.*"

"Short term supplementation of creatine monohydrate has been shown to significantly increase muscular performance. It may help athletes workout at a higher intensity during resistance exercise. A resulting greater training stimulus over time may result in enhanced physiological adaptations. In the body, creatine helps to regenerate ADP (spent energy) back into ATP for increased energy output involving short, intense bursts of energy.*"

This claim is being made for Creatine monohydrate, which is contained in Fitness Labs® German Creatine. This submission is being made in compliance with 21 CFR §101.93.

The undersigned is an authorized representative of the Fitness Labs Nutrition Corporation and certifies that the information contained in this notice is complete and accurate, and that Fitness Labs Nutrition Corporation has substantiation that the above statement(s) is (are) truthful and not misleading.

By:_

Dan McFarland President

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