

GAIA HERBS

Manufacturer of Premium Botanical Extracts and Liquid Phyto-Caps ^{214 85 703 PMW-ES} P 2 :00

RECEIVED
4/28/03

Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
5100 Paint Branch Parkway
College Park, Maryland 20740

April 21, 2003

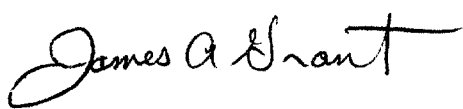
Dear Sir:

This letter is to provide notification, within the prescribed 30 days of marketing, of 5 new products that contain a structure function claim and 1 change to an existing product. These products are herbal dietary supplements in either liquid or liquid phyto-cap form. I have attached a list of these products to include the names and the structure function claims.

We have selected the names and structure function claims to not make or imply a disease claim and meet the requirements of 21 U.S.C. 343(r)(6)

Please call at 828-883-5938 if you need addition information or if you have any questions.

Sincerely,



James A. Grant
Regulatory Compliance Officer

97S 0162 LET 119/16

108 Island Ford Road ♦ Brevard, NC 28712
(828) 884-4242 tel ♦ (828) 883-5999 fax
Corporate Office (800) 831-7780 ♦ Customer Service (888) 917-8269 orders

GAIA HERBS INC

New Product Name

Structure Function Claim

Elder / Eye Bright Formula	Supports Healthy Sinus Function
St. Johns Wort Flowering Buds	Supports Emotional Well Being
Horse Chestnut	Supports Healthy Veins and Circulation
Rhodiola Rosea	Support for the Body's Adaptogenic Response to Stress
Menopause Years	Support for the Peri-Menopause and Menopausal Years
Change:	
Feverfew / Jamaican Dogwood Supreme	
	From Promotes a Healthy Response to Exercise and Stressors
	To Ultimate Support During Stress and Tension