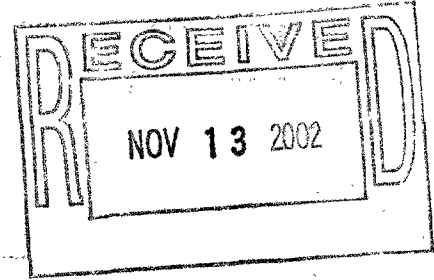


GAIA HERBS

Manufacturers of Fresh Botanical Extracts

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Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
Food and Drug Administration
HFS-810
5100 Paint Branch Parkway
College Park, Maryland 20740

October 30, 2002

Dear Sir:

This letter is to provide notification, within the prescribed 30 days of marketing, of 10 new products that contain a structure function claim. These products are liquid herbal dietary supplements. I have attached a list of these products to include the names and the structure function claims.

We have selected the names and structure function claims to not make or imply a disease claim and meet the requirements of 21 U.S.C. 343(r)(6)

Please call at 828-883-5938 if you need addition information or if you have any questions.

Sincerely,

James A. Grant
Regulatory Compliance Officer

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New Product Name**Structure Function Claim**

Hawthorn Berry Alcohol Free	Ultimate Support of Healthy Cardiovascular Function
Valerian Root Alcohol Free	Supports Restful Sleep and Relaxation
CFS Supreme	Helps Maintain Healthy Energy Levels and Stamina
Pau D'Arco	Maintains Healthy Gastro-Intestinal Flora
Milk Thistle/Yellow Dock Supreme	Supports Healthy Skin Function
Valerian Poppy Supreme Alcohol Free	Support for Refreshing and Revitalizing Sleep
Valerian Poppy Supreme	Support for Refreshing and Revitalizing Sleep
Kava Kava Liquid	Ultimate Support for Relaxation
Vitex Alfalfa Supreme	Support for Pre-Menopause and Menopausal Years
Echinacea Goldenseal	Ultimate Support for Healthy Immune Function