

NOTIFICATION PURSUANT TO
SECTION VI OF DSHEA

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® B Complex 100 with Iron, Product #10134** bearing the statement(s) set out below:

Weider Nutrition International Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Website:

(Statement 1) Because B-Vitamins are used to support the body's metabolism of the major nutrients – carbohydrate, fat and protein – this supplement can be used for its role in energy metabolism. This formula also contains additional nutrients to support energy metabolism including calcium, and iron.

(Statement 2) Primary Uses: Energy Metabolism

(Statement 3) Secondary Uses: Anti-Stress formula

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of June, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research

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