NOTIFICATION PURSUANT TO SECTION VI OF DSHEA

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In compliance with Section VI of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Schiff® Move Free Plus SAMe, Product #12885 bearing the statement(s) set out below:

Weider Nutrition International Inc. 2002 South 5070 West Salt Lake City, Utah 84104

The text of each structure/function claim is as follows:

Bottle:

(Statement 1) Each serving of Move Free Plus SAMe combines 400 mg of SAMe and 1500 mg of proprietary Glucosamine complex to help promote general well-being and positive mood balance as well as build joint fluid and cartilage. SAMe (S-adenosyl-L-methionine) is a natural compound that normalizes the body's natural control of the mood, leading to feelings of well-being. Glucosamine helps rebuild joint cartilage and provides joint lubrication to support healthy joint function.

Carton:

- (Statement 1) Move Free Plus SAMe combines the best of science and nature to support your emotional well-being and joint health. SAMe works naturally in the body to support healthy mood. Glucosamine helps to maintain structural integrity of joints and connective tissues. Reminder: This is a natural SAMe and Glucosamine product that works gradually to provide the building blocks for joint and cartilage tissue.
- (Statement 2) Promote general well-being & positive mood balance.
- (Statement 3) Build joint fluid & cartilage.
- (Statement 4) SAMe (S-adenosyl-L-methionine) is a natural compound that your body already produces to ensure proper brain and cell function. SAMe has been studied extensively and normalizes the body's natural control of your mood, leading to feelings of well-being.

Glucosamine is a natural supplement that provides the building blocks for healthy joint cartilage and provides joint lubrication to support healthy joint movement and flexibility. When the two ingredients are combined, they work to support your emotional well-being as well as promote your overall joint health.

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(Statement 1) Primary Uses: Emotional well being and joint health.

(Statement 2) Each serving of Move Free Plus SAMe combines 400 mg of SAMe and 1500 mg of a proprietary Glucosamine complex to help promote general well being and positive mood balance as well as provide the building blocks for joint fluid and cartilage

(Statement 3) SAMe helps normalize mood, leading to feelings of well being.

(Statement 4) Glucosamine helps provide the building blocks for healthy cartilage and joint fluid.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc., am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of June, 2002

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

DR. LUKE R. BUCCI

Vice President of Research