

May 30, 2002

1123 22 12 22 22

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
U. S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

RE: Label Claims/Disclaimers

Dear Sir/Madam:

This letter is to notify you that PhytoPharmica at 825 Challenger Drive, Green Bay, Wisconsin 54311 is a distributor and has included statements provided for by section 403(r)(6) of the Food, Drug, and Cosmetic Act on the labels of the following product.

COMPANY	PRODUCT NAME	DIETARY INGREDIENTS	STATEMENTS
Phyto- Pharmica (a Division of Integrative Therapeutics Inc.)	PMS Formula with Indolplex™	Vitamin D, Calcium, lodine, Magnesium, Chastetree Berry Extract, Diindolylmethane	This formula contains Indolplex®, the first and only stable, bioavailable form of diindolylmethane (DIM™) to help support healthy estrogen metabolism.*

I certify that the information contained in this notice is complete and accurate and that PhytoPharmica has substantiation that the statements are truthful and not misleading.

By: Kildlillit

Robert C. Doster

Title: Senior Vice President of Scientific Affairs

Date: 5-30-02

If you have any questions, please contact Robert Doster, Senior Vice President of Scientific Affairs at (920) 406-3608

Sincerely,

Michael P. Devereux

Chief Financial Officer

975 0162

1 F T

10278

825 CHALLENGER DRIVE GREEN BAY, WI 54311-8328 920-469-9099

TOLL FREE 800-553-2370
FAX 920-469-4418
FAX TOLL FREE 888-311-5657

www.PhytoPharmica.com

PMS Formula with Indolplex 3p