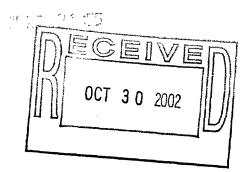


Natural Factors Nutritional Products Inc.

September 18, 2002

Food and Drug Administration Office of Special Nutritionals Center for Food Safety and Applied Nutrition 200 C Street SW Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement:

Ultra-Lax

Manufacturer, packer:

Natural Factors Nutritional Products, Ltd.

3655 Bonneville Place

Burnaby, B.C. Canada V3N 4S9

Distributor:

Natural Factors Nutritional Products, Inc.

1111 80th Street SW, Suite 100

Everett, WA 98203

Text of Side Panel:

Ultra Lax is an all-natural, gentle laxative that produces

effective action in 6-12 hours. Indication: For the relief of

occasional constipation.

Text on PDP:

Gentle Herbal Laxative

Name of dietary ingredient that is the subject of statement: Calcium, Senna (Cassia angustifolia), powdered extract 4:1 (leaf), Cascara sagrada (Rhamnus purshiana), powdered (bark), Licorice (Glycyrrhiza glabra), powdered (root), Peppermint (Mentha piperita), powdered (leaf), Juniper (Juniperus communis), powdered (fruit), Gentian (Gentiana lutea), powdered (root), Rhubarb (Rheum palmatum), powdered (root), Peppermint Oil (Mentha arvensis).

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement

label regulations.

John Morley, President

1111 80th Street S.W., Suite 100

Everett, WA 98203 Phone: (425) 513-8800 Fax: (425) 348-9050

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