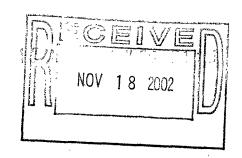


August 29, 2002



Office of Special Nutritional (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C St. SW Washington, D.C. 20204

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson Glucosamine Sulfate. J. R. Carlson Laboratories, Inc., Arlington Heights, Illinois 60004, is the distributor of Carlson Glucosamine Sulfate.

Statement being made in the labeling of the above mentioned Carlson product: "Promote healthy joints"

"Glucosamine sulfate promotes normal joint function, flexibility and comfort. It provides components for healthy new cartilage"

To the best of my knowledge, and based upon information and belief present at the time of the executing of the notice, I certify that the above information is accurate and complete; and that J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

Susan Carlson, Vice Presiden

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