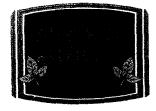
Toll Free: 1-888-430-HERB (4372)



Ancient Herbs, Jnc. 835 Potts Avenue **Green Bay, Wisconsin 54304**

July 28, 2002

Phone: (920) 494-8660 Fax: (920) 494-8695 E-Mail: ancherbs@netnet.net Web Site: http://www.ancientherbs.com

125 AUG 0 6 2002

Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C St. SW Washington, DC 20204

RE: SEC. 101.93 NOTIFICATION PROCEDURES FOR CERTAIN TYPES OF STATEMENTS ON DIETARY SUPPLEMENTS.

For compliance of section 101.93, we are providing you the notification for certain types of statements used in the labeling of its products. We have provided samples of our new labels and brochure for your review.

Section 101.93 (a) (2) (i) The name and address of the manufacturer, packer, or distributor of the dietary supplement that bears the statement;

Ancient Herbs, Inc. 835 Potts Avenue Green Bay, WI 54304

Section 101.93 (a) (2) (ii) The text of the statement that is being made; <u>New Labels:</u>

> Ancient Herbs – ABSORBIT "A Powerful Natural Formula To Absorb Fat"

Ancient Herbs – CARBOCARE "A Natural Carbohydrate Craving Suppressor"

Ancient Herbs – CARDIMAX "A Natural Formula For Heart Support"

Ancient Herbs – CHOLEX "A Natural Formula For Cholesterol Control"

7see docket 975-0163

81636

Ancient Herbs – COLEEN "A Natural Digestive Cleanser"

975 0162

LET

10919

Natural Wellness Products

For A Healthier Lifestyle

Ancient Herbs – DIAMEDIX "A Natural Formula For Diabetes Support"

Jsee docket 975-0163

Ancient Herbs – GLUCOMAX "A Natural Formula To Support The Bones And Joints"

Ancient Herbs – KIDVITA "A Natural Formula For Kidney Support"

Ancient Herbs – RELAXIT "A Natural Formula For Relaxation"

Ancient Herbs – STAMIMEN "A Natural Formula For Men"

Ancient Herbs – SLIMPLEX "A Natural Weight Control Formula With No Ephedra"

Ancient Herbs – VITADANT "A Powerful Natural Antioxidant Formula"

Brochures:

Same as above.

Section 101.93 (a) (2) (iii) The name of the dietary ingredient or supplement that is the subject of the statement, if not provided in the text of the statement;

Provided in Section 101.93 (a) (2) (ii), combination of ingredients.

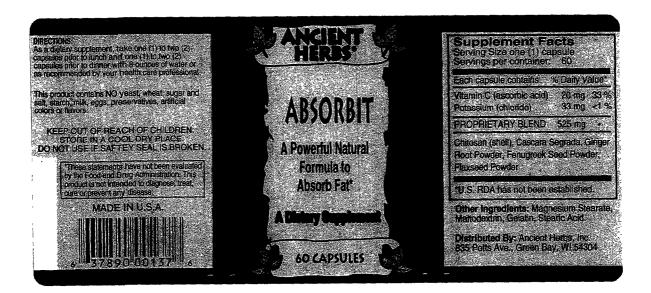
Section 101.93 (a) (2) (iv) The name of the dietary supplement (including brand name), if not provided in response to paragraph (a) (2) (iii) on whose label, or in whose labeling, the statement appears;

Ancient Herbs – Provided in Section 101.93 (a) (2) (ii).

Section 101.93 (a) (3) The notice shall be signed by a responsible individual or the person who can certify the accuracy of the information presented and contained in the notice. The individual shall certify that the information contained in the notice is complete and accurate, and that the notifying firm has substantiation that the statement is truthful and not misleading.

Dated: 7/28/02 Signed: Michael L.

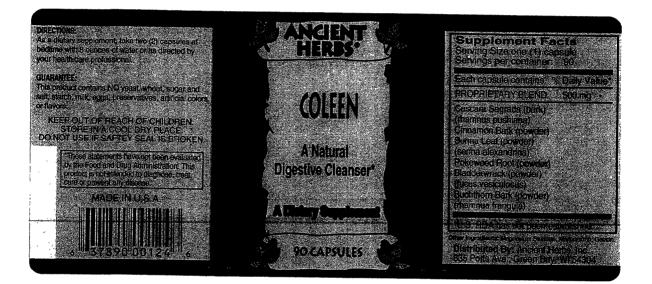
Michael L. Kobielak, President of Ancient Herbs, Inc.





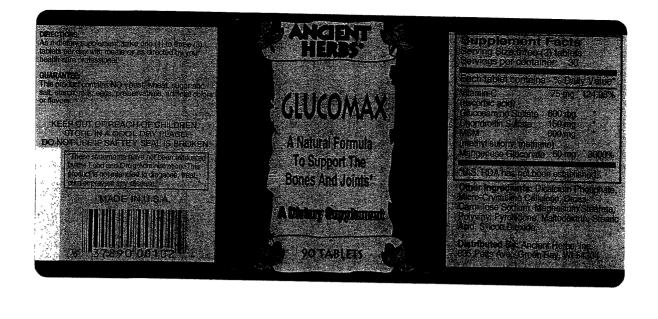


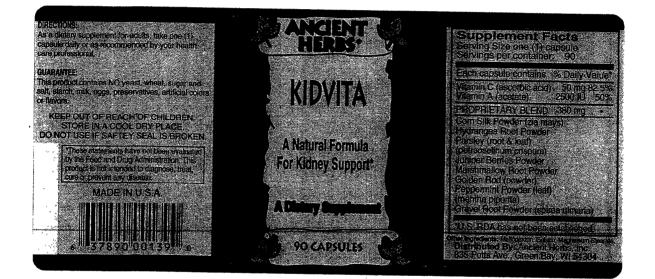
NS: Star supplement for adults take one (1), we time daily or as discred by your also protestorial first doct contains NO yeast, wheat, super and any, milk apps, preservatives, antifabilishes and antifabilishes Supplement Facts anning Size one (1) tablet alvings pel coorainer - 90 Sea docke at no el o le comence de la 975-0163 HOPRIERARY BLEND 755 mg + CHOLEX HORS: Vesidinated BO NOT exceed teor consult-gain beam are profession of out of present of child P OUT OF PREACH OF CHILD STORE IN A GOOL DRY PLAC loggill Extract (commiphera mukal) É STORE IN A GOOL DRY PLACE DO NGT USEIF SAFTEY SEAL IS BROKEN. oricinite atric Odorless (alticin), tirus Bioflayinoids tomolain ax Sood Se dataments have not been av ne food and Dhug Administration nuclear of unterview food agrees on preventiany disease A Natural Formula For Cholesterol Control* UKS RICA TRANSPORTATION MADEINUSA Other Ingrediente: Decaucium Phospitain ulosa, Crossicaminose Solutini, ricone, Magnesium Stearate, Sigaric Acid Distributed By: Ancient Herbs and 836 Police Avec, Greens Boy, wit 64304 90 TABLERS



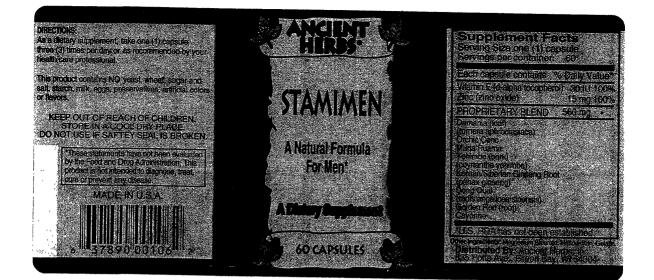


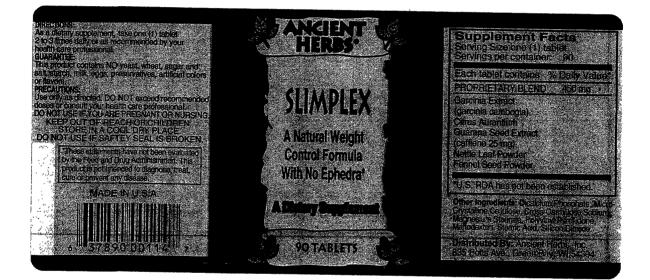
see docket 975-0163

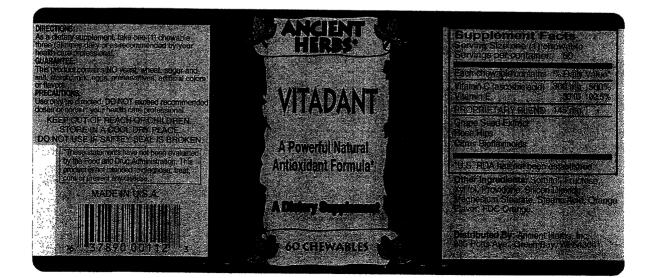




no demandre earts flate an emission nin 6.6 (**pynd**oxine) 200 nin 8.12 100 m notabelmin) REAXIT ERRETARIVERTEND EDGEND AVAL(TOODORWOOT) A Natural Formula For Relaxation PEActory of over a concerned in ingredients, Magnosium Stancte odorum Calatin Invited By: Antigent Fields, Inc. Prote Areas Steen Say, Mirch 201 90 CAPSULES







ABSORBIT

A Powerful Natural Formula to Absorb Fat* A Dietary Supplement 60 Capsules

UPC: 6-37890-00137-6

DIRECTIONS:

As a dietary supplement, take one (1) to two (2) capsules prior to lunch and one (1) to two (2) capsules prior to dinner with 8 ounces of water or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

Supplement Facts Serving Size Servings Per Container:	one (1) capsule 60	
Each Capsule Contains:		% Daily Value*
Vitamin C (ascorbic acid) Potassium (chloride)	20 mg 33 mg	33% <1%
PROPRIETARY BLEND	525 mg	*
Chitosan (shell) Casara Segrada Ginger Root Powder Fenugreek Seed Powder Flaxseed Powder		

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin, Stearic Acid

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

CARBOCARE

A Natural Carbohydrate Craving Suppressor* A Dietary Supplement 90 Tablets

UPC: 6-37890-00122-2

DIRECTIONS:

As a dietary supplement for adults, take one (1) to two (2) tablets daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

PRECAUTIONS:

Do not take if pregnant or nursing. Consult your health care professional prior to use if you have diabetes or impaired glucose intolerance.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Size	one (1) tablet
Servings Per Container:	90

Each Capsule Contains:	% Daily Value*		
Vitamin C (ascorbic acid)	125 mg	208%	
Vitamin E (as d-alpha-tocopheryl)	500 IU	167%	
Potassium (as citrate)	49 mg	1%	
Magnesium (as citrate)	50 mg	13%	
Selenium (as seleniomethonine)	50 mcg	71%	
Zinc (as citrate)	10 mg	67%	
Chromium (as polynicotinate picollinate)	100 mcg	83%	
PROPRIETARY BLEND	70 mg	*	

Alpha Lipolic Acid, Grape Seed Extract, Cell Salts, Vanadium Sulfate

*U.S. RDA has not been established.

Other Ingredients: Dicalcium Phosphate, Micro Crystalline Cellulose, Cross Camillose Sodium, Maltodextrin, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Hydroxypropyl Methyl Cellulose.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

CARDIMAX

A Natural Formula For Heart Support* A Dietary Supplement 60 Capsules

UPC: 6-37890-00116-1

DIRECTIONS:

As a dietary supplement for adults, take one (1) capsule two to three times daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

PRECAUTIONS:

Use only as directed.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Size	one (1) capsule
Servings Per Container:	60

Each Capsule Contains:		% Daily Value*	
Vitamin E	30 IU	100%	
Niacin	25 mg	125%	
PROPRIETARY BLEND	475 mg	*	

Co Enzyme Q 10 (ubiquinone) Hawthorn Berries (crataigus leavigata monogyna) Flax Seed Powder Garlic (odorless)

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

CHOLEX

A Natural Formula For Cholesterol Control*A Dietary Supplement90 Tablets

UPC: 6-37890-00110-9

DIRECTIONS:

As a dietary supplement for adults, take one (1) tablet three times daily or as directed by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

PRECAUTIONS:

Use only as directed. DO NOT exceed recommended doses or consult your health care professional.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Sizeone (1) tabletServings Per Container:90

Each Capsule Contains:

% Daily Value*

*

PROPRIETARY BLEND

755 mg

Guggul Extract (commiphora mukul) Chitosan Quercitine Garlic Oderless (allicin) Citrus Bioflavinoids Bromelain Flax Seed

*U.S. RDA has not been established.

Other Ingredients: Dicalcium Phosphate, Cellulose, Cross Carmillose Sodium, Providone, Magnesium Stearate, Stearic Acid.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

<u>COLEEN</u>

A Natural Digestive Cleanser* A Dietary Supplement 90 Capsules

UPC: 6-37890-00124-6

DIRECTIONS:

As a dietary supplement, take two (2) capsules at bedtime with 8 ounces of water or as directed by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Sizeone (1) capsuleServings Per Container:90

Each Capsule Contains:

% Daily Value*

*

PROPRIETARY BLEND

500 mg

Cascara Sagrada (bark) (rhamnus pushiana) Cinnamon Bark (powder) Senna Leaf (powder) (senna alexandrina) Pokeweed Root (powder) Bladderwrack (powder) (focus vesiculosus) Buchthorn Bark (powder) (rhamnus frangula)

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

DIAMEDIX

A Natural Formula For Diabetes Support* A Dietary Supplement 90 Capsules

UPC: 6-37890-00111-6

DIRECTIONS:

As a dietary supplement, take one (1) to three (3) capsules three times daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

PRECAUTIONS:

Use only as directed. DO NOT exceed recommended doses or consult your health care professional.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Sizeone (1) capsuleServings Per Container:90

Each Capsule Contains:

% Daily Value*

*

PROPRIETARY BLEND

310 mg

Gymnema Extract (gymnema silvestre) Memordica Charantia Extract Triphala Extract Fenugreek Seed Powder Ginseng (panax quinquefolium)

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

GLUCOMAX

A Natural Formula To Support The Bones And Joints*A Dietary Supplement90 TabletsUPC:6-37890-00102-4

DIRECTIONS:

As a dietary supplement for adults, take one (1) to three (3) tablets per day with meals or as directed by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

	three (3) tablets 30	
Each Capsule Contains:		% Daily Value*
Vitamin C (ascorbic acid)	75 mg	124.98%
Glucosamine Sulfate	600 mg	*
Chondroitin Sulfate	150 mg	*
MSM (methyl sulonyl methan	ne) 600 mg	*
Mangenese Gluconate	60 mg	3000%

*U.S. RDA has not been established.

Other Ingredients: Dicalcium Phosphate, Cellulose, Micro-Crystalline Cellulose, Cross Carmillose Sodium, Magnesium Stearate, Polyvinyl Pyrollidone, Maltodextrin, Stearic Acid, Silicon Dioxide.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

KIDVITA

A Natural Formula For Kidney Support* A Dietary Supplement 90 Capsules

UPC: 6-37890-00139-0

DIRECTIONS:

As a dietary supplement for adults, take one (1) capsule daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts Serving Size Servings Per Container:	one (1) capsule 90	
Each Capsule Contains:		% Daily Value*
Vitamin C (ascorbic acid) Vitamin A (acetate)	50 mg 2500 IU	82.5% 50%
PROPRIETARY BLEND	380 mg	*

Corn Silk Powder (zia mays) Hydrangea Root Powder Parsley (root & leaf) (petrsoselinum crispum) Juniper Berries Powder Marshmallow Root Powder Golden Rod (powder) Peppermint Powder (leaf) (mentha piperita) Gravel Root Powder (spirea ulmaria)

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

RELAXIT

A Natural Formula For Relaxation* A Dietary Supplement 90 Capsules

UPC: 6-37890-00123-9

DIRECTIONS:

As a dietary supplement for adults, take one (1) capsule one to three times daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Size	one (1) capsule
Servings Per Container:	90

Each Capsule Contains:		% Daily Value*
Vitamin B 6 (pyridoxine)	20 mg	1000%
Vitamin B 12 (cyanocabalmin)	100 mcg	1667%
Folic Acid	400 mcg	100%
PROPRIETARY BLEND	510 mg	*

Kava Kava (root powder) (piper methysticum) Valerian Root Powder (valeriana officinalis) Ginkgo Biloba Extract 24% (flavone glycosides)

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

STAMIMEN

A Natural Formula For Men* A Dietary Supplement 60 Capsules

UPC: 6-37890-00106-2

DIRECTIONS:

As a dietary supplement, take one (1) capsule three (3) times per day or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts Serving Size Servings Per Container:	one (1) capsule 60		
Each Capsule Contains:			% Daily Value*
Vitamin E (d-alpha tocopherol)		30 IU	100%
Zinc (zinc oxide)		15 mg	100%
PROPRIETARY BLEND		560 mg	*

Orchic Conc Muria Puama Yohimbe (bark) (coynanthe yohimbe) Korean/Siberian Ginseng Root (panax ginseng) Dong Quai (radis angelicea sinensis) Golden Rod (root) Cayenne

*U.S. RDA has not been established.

Other Ingredients: Magnesium Stearate, Maltodextrin, Gelatin.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

SLIMPLEX

A Natural Weight Control Formula With No Ephedra*A Dietary Supplement90 TabletsUPC: 6-37890-00114-7

DIRECTIONS:

As a dietary supplement, take one (1) tablet 2 to 3 times daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

PRECAUTIONS:

Use only as directed. DO NOT exceed recommended doses or consult your health care professional.

DO NOT USE IF YOU ARE PREGNANT OR NURSING. KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Sizeone (1) tabletServings Per Container:90

Each Capsule Contains:

% Daily Value*

*

PROPRIETARY BLEND

450 mg

Garcinia Extract (garcinia cambogia) Citrus Aurantium Guarana Seed Extract (caffiene 25 mg) Nettle Leaf Powder Fennel Seed Powder

*U.S. RDA has not been established.

Other Ingredients: Dicalcium Phosphate, Micro-Crystalline Cellulose, Cross Carmillose Sodium, Magnesium Stearate, Polyvinyl Pyrollidone, Maltodextrin, Stearic Acid, Silicon Dioxide.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304

VITADANT

A Powerful Natural Antioxidant Formula* A Dietary Supplement 60 Chewables

UPC: 6-37890-00112-3

DIRECTIONS:

As a dietary supplement, take one (1) chewable three (3) times daily or as recommended by your health care professional.

GUARANTEE:

This product contains NO yeast, wheat, sugar and salt, starch, milk, eggs, preservatives, artificial colors or flavors.

PRECAUTIONS:

Use only as directed. DO NOT exceed recommended doses or consult your health care professional.

KEEP OUT OF REACH OF CHILDREN STORE IN A COOL DRY PLACE DO NOT USE IF SAFETY SEAL IS BROKEN

Supplement Facts

Serving Sizeone (1) chewableServings Per Container:60

Each Capsule Contains:		% Daily Value*
Vitamin C (ascorbic acid) Vitamin E	300 mg 30 IU	500% 100.5%
PROPRIETARY BLEND	145 mg	*

Rose Hips Citrus Bioflavinoids

*U.S. RDA has not been established.

Other Ingredients: Sorbitol, Fructose, Xylitol, Providone, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Orange Flavor, FDC Orange.

Distributed By: Ancient Herbs, Inc., 835 Potts Avenue, Green Bay, WI 54304