

LAW OFFICES

RHEINGOLD, VALET, RHEINGOLD, SHKOLNIK & McCARTNEY LLP

A PARTNERSHIP CONSISTING OF ONE OR MORE PROFESSIONAL CORPORATIONS

PAUL D. RHEINGOLD
MEMBER N.Y., D.C., MASS BARS
THOMAS P. VALET
HUNTER J. SHKOLNIK
MEMBER N.Y., N.J. BARS
DAVID B. RHEINGOLD
MEMBER N.Y., VA BARS
TERRENCE E. McCARTNEY
JEFFREY A. LEARN

113 E. 37TH STREET
NEW YORK, NEW YORK 10016-3042
(212) 684-1880
FAX (212) 689-8156
E-MAIL info@rheingoldlaw.com
<http://www.rheingoldlaw.com>

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Food and Drug Administration
5630 Fishers Lane
Room 1061
Rockville, MD 20852

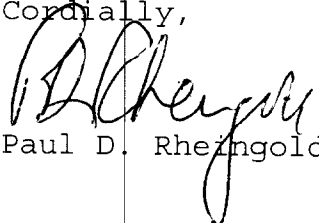
Re: Ephedra

Although this "comment" is rather unorthodox, I think it will help the FDA understand the vast amount of under-reporting going on with ephedra injuries.

My office represents persons injured by ephedra. We recently ran a small ad, looking for ephedra users who had developed stroke, heart attacks, or seizures. Enclosed are spreadsheets of calls we received so far-with identification deleted, of course. (Calls from persons complaining of other types of reactions are excluded).

No one is saying that all of these are genuine causation cases, but I think it gives you an idea of the undertow in this area. I hope this assists in giving the government the backbone to ban this dangerous product.

Cordially,


Paul D. Rheingold

PDR/lk

95N-0304

C3983

| | | Injury | Product | Other Product | Age |
|-----------------|----|--------------|------------|-------------------|-----|
| Indianapolis | IN | Heart Attack | Metabolife | | 52 |
| Springfield | MO | Seizures | | | 38 |
| Seattle | WA | Seizures | | Mini T's | 31 |
| Arlington | TX | Seizures | Hydroxtcut | | 52 |
| Alamogordo | NM | Stroke | | Two Way Max Brand | 37 |
| Ajax | ON | Seizures | | | 38 |
| Tempe | AZ | Heart Attack | Hydroxtcut | | 28 |
| Richmond | CA | Stroke | Metabolite | | |
| Nashville | TN | Heart Attack | Metabolife | | 29 |
| Lake Worth | FL | Stroke | Xenadrine | | 34 |
| Morristown | TN | Seizures | Metabolite | | 40 |
| Gainesville | TX | Heart Attack | Metabolife | | 29 |
| Kilgore | TX | Seizures | Stacker | | 31 |
| Harriman | TN | Heart Attack | | Peutoethedrine | 44 |
| Memphis | TN | Stroke | Metabolife | | 42 |
| Milwaukee | WI | Seizures | | | 30 |
| Imperial Beach | CA | | | | 36 |
| Soley | AL | Heart Attack | | | 57 |
| Buffalo | NY | Stroke | | | 54 |
| Rochester | NY | Stroke | | | 49 |
| Kansas City | MO | Stroke | Xenadrine | | 31 |
| Pleasant Hill | CA | Heart Attack | Metabolite | | 46 |
| Waynesboro | VA | Heart Attack | | | 45 |
| Dumas | MS | Heart Attack | Hydroxtcut | | 31 |
| Plattsburgh | NY | Heart Attack | Stacker | | 48 |
| Plattsburgh | NY | Stroke | Metabolite | | 26 |
| Paducah | KY | Heart Attack | Metabolife | Metab-O-Lite | 44 |
| Sonoma | CA | Seizures | | | 45 |
| Wtby. | CT | Stroke | Xenadrine | | 47 |
| Mc Kinney | TX | Heart Attack | Metabolife | Xentabolife | 42 |
| Kings Mountain | NC | Seizures | | | 35 |
| Liconton | NC | Heart Attack | | | 39 |
| Sugar Loaf | NY | | | | |
| loveland | CO | Seizures | Xenadrine | | 32 |
| Bremen | GA | Seizures | | | 37 |
| Winter Haven | FL | Heart Attack | Xenadrine | | 28 |
| Sandusky | OH | Stroke | | | 30 |
| Meabvill | PE | Seizures | | Exedrine | 22 |
| Portland | OR | Stroke | Metabolite | Chaitea | 37 |
| Oklahoma City | OK | Stroke | | Viox | 49 |
| Lagrange | GA | Seizures | Hydroxtcut | | 18 |
| Dalls | TX | Seizures | Metabolife | | 40 |
| Pittsburg | PA | Heart Attack | Metabolife | | 56 |
| North Las Vegas | NV | Heart Attack | Metabolife | | 34 |
| Anchorage | AK | Heart Attack | Hydroxtcut | | 22 |
| Carson | CA | Seizures | Metabolite | Diet Fuel | 36 |
| Hamilton | ON | Seizures | | | 34 |
| New Orleans | LA | Stroke | | | 47 |
| Susanville | CA | Heart Attack | Metabolite | | 55 |
| Memphis | TN | Heart Attack | Stacker | Hydroxycut | 25 |
| Spencer | OK | Stroke | Metabolife | | 47 |

| | | | | | |
|-------------------|----|--------------|-------------|---------------------------|----|
| Commerce City | CO | Heart Attack | Xenadrine | | 28 |
| Latham | NY | Heart Attack | Ripped Fuel | | 28 |
| Lake Forest | CA | Heart Attack | Stacker | | 55 |
| Sumner | WA | Stroke | Metabolite | | 67 |
| Idabel | OK | Heart Attack | Metabolite | | 27 |
| Texas City | TX | Heart Attack | | | 35 |
| Gadsden | AL | Seizures | Metabolife | | 26 |
| Waterbury | CT | Heart Attack | | | 37 |
| Philadelphia | PA | Seizures | Metabolite | xenadrine | 53 |
| BLOOMINGROVE | TX | Seizures | | | 32 |
| Waynesfield | OH | Seizures | Stacker | | 20 |
| Mattoon | IL | Heart Attack | Xenadrine | | 34 |
| Moundsville | WV | Stroke | | | 54 |
| Kelso | WA | Heart Attack | Metabolife | | 33 |
| Stone Mountain | GA | Seizures | | FenFen | 40 |
| PORT ORCHARD | WA | Seizures | | | 31 |
| Beggs | OK | Heart Attack | Metabolife | | 58 |
| Columbus | OH | Heart Attack | Hydroxtcut | | 23 |
| North Little Rock | AR | Stroke | Metabolite | | 47 |
| Maiden | NC | Stroke | Stacker | | 37 |
| Bogalusa | LA | Stroke | Stacker | | 33 |
| Isle of Palms | SC | Seizures | Ripped Fuel | He take all of these | 27 |
| Rapid City | SD | Heart Attack | Metabolite | | 25 |
| Dayton | TN | Heart Attack | Stacker | | 18 |
| New Orleans | LA | Stroke | Metabolite | | 41 |
| Fairmont | WV | Seizures | Xenadrine | | 34 |
| Miles | IA | Stroke | | | 22 |
| Hillsboro | OH | Heart Attack | Metabolife | | 40 |
| Bakersfield | CA | Heart Attack | | diet fuel | 58 |
| Hookstown | PA | Heart Attack | Metabolite | | 49 |
| Trinidad | TX | Heart Attack | Metabolife | | 50 |
| Salt Lake City | UT | Seizures | Metabolite | | 37 |
| New York | NY | Seizures | Hydroxtcut | | 22 |
| Knoxville | TN | Seizures | Metabolife | | 33 |
| Mansfield | OH | Stroke | Metabolife | | 49 |
| Linden | NC | Seizures | Stacker | | 50 |
| Old Field | NY | Seizures | Hydroxtcut | | 18 |
| Roodhouse | IL | Heart Attack | | | 28 |
| Grand Junction | CO | Seizures | Metabolife | | 24 |
| Los Angeles | CA | Seizures | Xenadrine | | 29 |
| Ashland | OH | Seizures | Metabolite | | 27 |
| Farmington | PA | Seizures | Stacker | | 17 |
| Cudahy | WI | Heart Attack | Metabolife | | 45 |
| Springfield | NJ | Heart Attack | | not sure, will have info. | 56 |
| Troy | OH | Seizures | Metabolite | | 28 |
| Miami Beach | FL | Seizures | Stacker | | 27 |
| Eules | TX | Stroke | Xenadrine | | 31 |
| Smyrna | DE | Seizures | Hydroxtcut | Metab-O-Lite | 21 |
| Nashville | TN | Stroke | Metabolife | | 27 |
| Memphis | TN | Stroke | Metabolife | | 39 |
| Vonore | TN | Stroke | | | 32 |
| Bullhead City | AZ | Heart Attack | Metabolife | | 25 |

| | | | | | |
|-------------|----|--------------|-------------|---------------------------|-------|
| Carmel | IN | Heart Attack | Ripped Fuel | | 18 |
| Clayton | NJ | Heart Attack | Xenadrine | | 37 |
| Richmond | VA | Heart Attack | | Sinus Alergy by Home Best | 62 |
| clarkston | GA | Heart Attack | | | 34 |
| Brookfield | MA | Heart Attack | Xenadrine | | 19 |
| Degrass | OH | Heart Attack | Metabolite | | 45 |
| Orem | UT | Heart Attack | Metabolife | | 22 |
| Middle Town | OH | Heart Attack | | | 44 |
| Chicago | IL | Seizures | Hydroxtcut | | 35 |
| Chicago | IL | Seizures | Metabolite | | 46-47 |
| St. JOHN | IN | Heart Attack | | | 46 |
| Plantation | FL | Heart Attack | Ripped Fuel | | 32 |
| Baltimore | MD | Seizures | Metabolife | | 35 |
| Richmond | IN | Stroke | Ripped Fuel | | 38 |
| | | | | | |

| | | Injury | Product | |
|---------------|----|--------------|-------------|-----------------------|
| Houston | TX | Heart Attack | Metabolife | |
| Sylacauga | AL | Stroke | Metabolife | |
| Houston | TX | Stroke | Stacker | |
| Huntington B | CA | Seizures | | |
| Sacramento | CA | Heart Attack | Metabolife | |
| Braidwood | IL | Seizures | Metabolite | |
| Front Royal | VA | Heart Attack | Stacker | |
| Phoenix | AZ | Heart Attack | Metabolite | |
| Hammond | IN | Heart Attack | Metabolife | |
| Frankfort | KY | Heart Attack | | Ephedra |
| Millville | NJ | Heart Attack | Metabolife | |
| Bandera | TX | Stroke | Metabolite | |
| Hackensack | NJ | Heart Attack | Metabolife | |
| Birmingham | AL | Stroke | Metabolife | |
| Springville | AL | Heart Attack | Ripped Fuel | Stacker 3 |
| Montevallo | AL | Seizures | Metabolife | |
| Hollidaysburg | PA | Heart Attack | Stacker | |
| Philadelphia | PA | Heart Attack | | Metabosure |
| Hamilton | OH | Heart Attack | Metabolite | |
| Sterling | VA | Stroke | Xenadrine | |
| Clinton | CO | Heart Attack | Metabolife | |
| Indianapolis | IN | Seizures | Ripped Fuel | Hydroxycut |
| Elma | NY | Seizures | Hydroxtcut | |
| Endicott | NY | Stroke | | Trimspa |
| Greenwood | SC | Heart Attack | Metabolife | |
| Las Vegas | NV | Seizures | Metabolife | |
| Lucedale | MS | Seizures | Metabolite | |
| Henderson | NV | Stroke | Metabolite | Not sure of durg name |
| Cashmere | WA | Seizures | Metabolife | |
| Bronx | NY | Stroke | Xenadrine | |
| Milwaukee | WI | Stroke | Metabolite | Metabolife,Xenadrine |
| Ruskin | FL | Seizures | Metabolife | |
| Detroit | MI | Heart Attack | Xenadrine | |
| Davenport | IA | Heart Attack | | Herbal Life |
| Fort Worth | TX | Heart Attack | Metabolife | |
| Indianapolis | IN | Stroke | Metabolite | |
| Birmingham | AL | Stroke | Metabolite | |
| El Reno | OK | Seizures | Stacker | |
| New Orleans | LA | Stroke | Metabolife | |
| Lynnwood | WA | Stroke | | Super Stinger |
| Villas | NJ | Heart Attack | Metabolife | |
| Salt Lake Cit | UT | Stroke | Xenadrine | |
| Montevallo | AL | Heart Attack | Metabolife | |
| Frankfort | KY | Heart Attack | | Minithins |
| Quincy | MA | Heart Attack | Stacker | |
| Louisville | KY | Heart Attack | Xenadrine | |
| Temple | TX | Heart Attack | Metabolife | |
| Petal | MI | Stroke | Hydroxtcut | |
| Picayune | MS | Heart Attack | Metabolife | |
| Staten Island | NY | Stroke | Stacker | |
| Payson | UT | Seizures | Metabolife | |

| | | | | |
|---------------|----|--------------|-------------|------------------------|
| Grifton | NC | Stroke | Metabolife | |
| Yuma | AR | Heart Attack | Metabolife | |
| Independanc | MO | Seizures | Metabolife | Metabolite Also |
| Kittanning | PA | Heart Attack | Metabolife | Dexa-Trim |
| Milwaukee | WI | Seizures | | Primatene Mist |
| New Orleans | LA | Stroke | Metabolite | |
| Tyler | TX | Heart Attack | | D-Formula |
| East Haven | CT | Seizures | Xenadrine | |
| Arlington | TX | Seizures | Metabolife | |
| Jackson | NJ | Heart Attack | | Sinustop,Allerin |
| Dallas | TX | Seizures | Stacker | |
| Morgantown | WV | Stroke | | Ephedra Plus |
| Kyle | TX | Seizures | Metabolife | |
| Chino Valley | AZ | Stroke | Metabolife | |
| Painesville | OH | Heart Attack | Metabolife | |
| Cincinnati | OH | Stroke | | Mini Thin |
| Nashville | TN | Heart Attack | Hydroxtcut | |
| Columbus | OH | Stroke | Metabolite | |
| Parkersburg | WV | Heart Attack | Hydroxtcut | |
| Midwest City | OK | Seizures | Ripped Fuel | |
| Big Lake | AK | Heart Attack | Metabolite | |
| Golden | MI | Heart Attack | Metabolife | |
| Houson | TX | Seizures | Xenadrine | |
| Anoka | MN | Heart Attack | Metabolite | |
| North Platte | NE | Seizures | | Mini ThIN |
| Lake Zurich | IL | Heart Attack | Metabolite | Mini thins |
| Tallmadge | OH | Stroke | Metabolite | |
| Sioux Falls | SD | Seizures | | AM 300 |
| Wichita Falls | TX | Stroke | Metabolite | |
| Mesa | AZ | Heart Attack | Xenadrine | |
| Keller | TX | Heart Attack | Xenadrine | |
| Witichal | KS | Heart Attack | Xenadrine | |
| San Acio | CO | Heart Attack | Hydroxtcut | |
| Portland | IN | Heart Attack | Hydroxtcut | |
| Portland | OR | Heart Attack | Ripped Fuel | |
| Country Club | IL | Heart Attack | Hydroxtcut | |
| Jackson | MI | Stroke | Hydroxtcut | |
| Chicago | IL | Heart Attack | Hydroxtcut | |
| Minneapolis | MN | Heart Attack | Metabolife | |
| Bremerton | WA | Seizures | | mini-thin |
| Macon | GA | Heart Attack | Metabolite | |
| Burlington | IA | Stroke | Hydroxtcut | |
| Auburn Hills | MI | Heart Attack | | Thermo Carb w/ Sudafed |
| Bakersfield | CA | Stroke | Metabolite | |
| Miami | FL | Stroke | Stacker | |

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| City | State | Suffer | ProductTaken | ProductOther | Age |
|-----------------|-------|--------------|--------------|---------------------|-----|
| Birmingham | AL | Seizures | Hydroxycut | | 26 |
| Waldorf | MD | Seizures | Xenadrine | | 22 |
| Hazelwood | MO | Heart Attack | Hydroxycut | | 19 |
| Indianapolis | IN | Stroke | Hydroxycut | | 32 |
| Milwaukee | WI | Heart Attack | Xenadrine | | 34 |
| Gentry | AR | Stroke | Stacker | | 69 |
| Metairie | LA | Seizures | Ripped Fuel | | 25 |
| Albany | OR | Heart Attack | Metabolife | | 35 |
| Taylorsville | GA | Seizures | Stacker | | 37 |
| Peru | IL | Seizures | Metabolife | | 25 |
| Joliet | IL | Stroke | Xenadrine | | 33 |
| Sarasota | FL | Heart Attack | Metabolife | | 43 |
| Lowell | IN | Stroke | | Xtreme Lean | 44 |
| San Pierre | IN | Stroke | Xenadrine | | 28 |
| Tomball | TX | Stroke | Metabolite | | 34 |
| Homestead | FL | Seizures | Metabolife | | 46 |
| Detroit | MI | Heart Attack | Metabolife | | 58 |
| Cedar Rapids | IA | Stroke | Hydroxycut | | 37 |
| Medina | OH | Heart Attack | Metabolife | also took stacker | 55 |
| Turtlecreek | PA | Heart Attack | Metabolite | | 43 |
| Kenton | OH | Heart Attack | Metabolife | | 40 |
| Berea | OH | Heart Attack | Metabolite | | 45 |
| Tigard | OR | Heart Attack | Metabolite | | 40 |
| Rio Rancho | NM | Stroke | | Metaboleff | 49 |
| Fayetteville | OH | Heart Attack | Metabolife | | 38 |
| Island Park | NY | Heart Attack | | Thermalift | 44 |
| Phoenix | AZ | Heart Attack | Metabolife | | 34 |
| Clarkesville | GA | Seizures | Metabolife | | 19 |
| Vallejo | CA | Seizures | | Weidermens Fat Burr | 78 |
| Fort Worth | TX | Heart Attack | Metabolife | | 22 |
| Tennessee Colon | TX | Heart Attack | Metabolite | | |
| Dayton | OH | Seizures | Metabolite | Anastisha | 43 |
| Decator | TX | Heart Attack | Metabolife | | 21 |
| Kississmee | FL | Seizures | | Natural Trim | 42 |
| Richmond Heigl | OH | Heart Attack | Metabolife | | 33 |
| Hialeah | FL | Seizures | Xenadrine | | 25 |
| Rochester | WA | Stroke | Metabolife | | 35 |
| Orlando | FL | Heart Attack | Hydroxycut | | 39 |
| Brookhaven | PE | Stroke | Metabolite | Ultra Power Supreme | 29 |
| Bolingbrook | IL | Heart Attack | Metabolife | | 31 |
| Oxford | MS | Heart Attack | Hydroxycut | Ripped Fuel | 22 |
| Conley | GA | Heart Attack | Metabolife | | 34 |
| Danielsville | GA | Stroke | Metabolife | | 49 |
| Justice | IL | Seizures | Stacker | Xenadrine | 49 |
| New Market | IN | Seizures | Metabolife | | 30 |
| Salt Lake City | UT | Stroke | Metabolife | | 39 |
| Kaysville | UT | Heart Attack | Ripped Fuel | | 19 |
| Sommerset | TX | Stroke | Xenadrine | | 42 |
| Lewisville | TX | Seizures | Metabolife | | 24 |

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|-----------------|----|--------------|-------------|--------------------|----|
| Saint Louis | MO | Stroke | Metabolife | | 38 |
| Indianapolis | IN | Heart Attack | Metabolite | | 39 |
| Indianapolis | IN | Heart Attack | Metabolite | | 38 |
| Decatur | GA | Stroke | Hydroxtcut | | 29 |
| Pittsburgh | PA | Stroke | Hydroxtcut | Ripped Force | 43 |
| Metairie | LA | Seizures | Xenadrine | | 25 |
| Phoenix | AZ | Seizures | Metabolife | | 54 |
| Las Vegas | NV | Heart Attack | Metabolife | Metabalite | |
| Fort Worth | TX | Heart Attack | Ripped Fuel | | 24 |
| Neenah | WI | Stroke | Metabolife | | 36 |
| GreenBay | WI | Heart Attack | | | |
| Clarksville | TN | Seizures | Metabolife | | 36 |
| Xenia | OH | Stroke | Hydroxtcut | | 34 |
| New Craig | MN | Heart Attack | Metabolife | Xenadrine | 35 |
| Cedar Hill | TX | Heart Attack | Metabolite | | 57 |
| Bethany | OK | Seizures | Stacker | | 41 |
| Kissimmee | FL | Heart Attack | Metabolite | | 50 |
| Dallas | TX | Seizures | | Metabolic Inhancer | 33 |
| Phoenix | AZ | Seizures | Xenadrine | | 25 |
| Northlake | IL | Stroke | Metabolife | | 52 |
| Fort Pierce | FL | Seizures | Stacker | | 19 |
| Arlington | TX | Stroke | Metabolite | | 39 |
| Arlington | TX | Heart Attack | Metabolife | | 35 |
| Mira Loma | CA | Heart Attack | Metabolife | | 49 |
| Fort Lauderdale | FL | Heart Attack | Metabolife | | 44 |