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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 26, 2002

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on the L-Theanine supplements under the PhysioLogics brand name:

- As a natural phytochemical found in Japanese green tea, L-Theanine is a non-essential amino acid that is present in the brain.
- Close relative of Glutamine, studies indicate that L-Theanine interacts with the neurotransmitter, GABA (gamma-aminobutyrate).
- GABA, known for its importance in nervous system functioning, works with the mood centers of the brain.
- Studies in Japan show that L-Theanine helps support the body's ability to deal with PMS and occasional, everyday anxiety.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

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