

## **Health Services**

3.1 <sup>1</sup>	Has a state health services (HSV) coordinator	$\bullet^2$
-	Requires each district to have an HSV	
	coordinator	0
	Requires each school to have an HSV	0
	coordinator	0
3.2.1,	Requires districts or schools to provide the follow	wing health services when needed:
3.2.2,	Administration of fluoride rinses	0
and	Administration of medications	•
3.2.3	Administration of sports physicals	0
	Alcohol- or other drug-use treatment	0
	Application of dental sealants	0
	Assistance with accessing benefits for	0
	students with disabilities	
	Assistance with enrolling in Medicaid or SCHIP <sup>5</sup>	0
	Assistance with enrolling in $WIC^6$ or	
	accessing food stamps or food banks	0
	Cardiopulmonary resuscitation (CPR)	0
	Case management for students with	
	chronic health conditions	0
	Case management for students with	0
	disabilities	0
	Counseling for emotional or behavioral	0
	disorders	0
	Crisis intervention for personal problems	0
	Eating disorders treatment	0
	First aid	0
	HIV counseling, testing, and referral	0
	Identification of emotional or behavioral	0
	disorders	<u> </u>
	Identification of or referral for physical,	0
	sexual, or emotional abuse	
	Identification of or referrals for oral health	•
	problems	-
	Identification or school-based	0
	management of acute illnesses	
	Identification or school-based	0
	management of chronic health conditions	
	Identification or treatment of STDs	0
	Immunizations	0
	Instruction on self-management of	0
L	chronic health conditions	



3.2.1,	Prenatal care referrals	0	
3.2.2,	Referrals for after-school programs	0	
and	Referrals for child care for teen mothers	0	
3.2.3	Services for gay, lesbian, or bisexual		
(cont'd.)	students	0	
	Stress management	0	
	Tobacco-use cessation	0	
	Tracking of students with chronic health		
	conditions	0	
	Weight management	0	
3.3	Requires districts or schools to provide the follow	wing prevention services:	
	Alcohol- or other drug-use prevention	0	
	HIV prevention	0	
	Injury prevention and safety counseling	0	
	Nutrition and dietary behavior counseling	0	
	Physical activity and fitness counseling	0	
	Pregnancy prevention	0	
	STD prevention	0	
	Suicide prevention	0	
	Tobacco-use prevention	0	
	Violence prevention	0	
3.4	Requires the following immunizations or vaccina	ations for entry into kinde	rgarten or first
	grade:		
	Chicken pox (varicella)	•	
	Diphtheria	•	
	Haemophilus influenzae type B	•	
	Hepatitis B	•	
	Influenza	0	
	Measles-containing	•	
	Polio	•	
	Tetanus	•	
	Requires the following immunizations or vaccina	ations for entry into middle	e school and high
	school:		g.
		Middle School	High School
	Chicken pox (varicella)	•	0
	Hepatitis A	0	0
	Hepatitis B	•	0
	Second measles-containing	•	0
	Tetanus booster	0	0
3.5	Requires the following documentation before sc	hool staff may administer	medication:
0.0	Written information on possible side-		
	effects	0	
	Written instructions from the physician		
		•	
	Written request from the parent or	•	
	guardian		



3.6	Has adopted a policy related to who may		
	administer medications to a student at school	•	
	Allows students to carry and self-administer the	following medications:	
	Epinephrine auto-injector	•	
	Insulin or other injected medications	•	
	Other prescribed medications		
	Over-the-counter medications	0	
	Prescription quick-relief inhaler	$\bullet$	
3.7	Requires supplies for applying standard or unive	ersal precautions be available in the following	
	locations:		
	In all classrooms		
	In the gymnasium, on playgrounds, or on	•	
	playing fields	•	
	On school buses or in other vehicles		
	used to transport students	•	
3.8	Requires schools to allow students with HIV infe	ection or acquired immunodeficiency	
0.0	syndrome (AIDS) to engage in the following act		
	Attend classes	0	
	Participate in school sports	0	
	Participate in any other school activities	0	
	Requires schools to allow teachers and staff		
	with HIV infection or AIDS to work as long as	•	
	they are able		
3.9	Requires schools to:		
0.0	Complete injury reports	0	
	Complete illness reports	0	
	Report notifiable diseases to the state or		
	local health department	•	
3.10	Requires districts or schools to screen students	for the following health problems:	
0.10	Hearing problems		
	Height and weight or body mass		
	problems	0	
	Oral health problems	•	
	Scoliosis	0	
	Vision problems	Ŭ	
3.11	Specifies a maximum student-to-school nurse		
0.11	ratio	0	
	Requires at least one full-time school nurse		
	per school	0	
3.12	Requires school nurse participation in		
0.12			
	Individualized Education Programs (IEPs)		
	Individualized Education Programs (IEPs)	0	
	when indicated		
	when indicated Requires school nurse participation in	0	
	when indicated		



3.13	Has schools that serve as Medicaid providers			
5.15	by providing health services to students	$\bullet$		
	Has school-based health centers (SBHCs)			
	that serve as Medicaid providers by providing			
	health services to students	•		
3.14	Requires minimum education level for newly			
5.14	hired school nurses	NA <sup>7</sup>		
3.15	Requires newly hired school nurses to have the	following licenses and certifications:		
0.10	LPN license			
	RN license	0		
	National certification from the National			
	Board for Certification of School Nurses	0		
	State school nurse certification	0		
3.16.1,		0		
3.16.2,	Provided funding for staff development or offered staff development to school nurses during the past two years on the following health services topics:			
and	Accessing benefits for students with			
3.16.3	disabilities	0		
011010	Administration of fluoride rinses	0		
	Administration of medications	•		
	After-school programs	0		
	Alcohol- or other drug-use treatment	0		
	Application of dental sealants	0		
	Case management for students with	Ŭ		
	chronic health conditions	$\bullet$		
	Case management for students with			
	disabilities	•		
	Child care options for teen mothers	0		
	Counseling for emotional or behavioral			
	disorders			
	CPR	0		
	Crisis intervention for personal problems	0		
	Eating disorders treatment	0		
	Emergency preparedness	•		
	Enrollment in WIC or accessing food	¥		
	stamps or food banks	0		
	Enrollment in Medicaid or SCHIP	0		
	Federal laws that protect the privacy of			
	student health information	$\bullet$		
	First aid	0		
	Foodborne illness outbreak detection and			
	response	•		
	HIV counseling, testing, and referral	0		
	Identification of emotional or behavioral			
	disorders			
	Identification of or referral for physical,	-		
	sexual, or emotional abuse	$\bullet$		
	Identification or school-based			
	management of acute illnesses	$\bullet$		
	Identification or school-based	-		
	management of chronic illnesses	•		



3.16.2,ImmunizationsandInfectious disease prevention3.16.3Oral health problems			
3.16.3 Oral health problems			
(cont'd.) Prenatal care referrals			
Services for gay, lesbian, or bisexual			
students			
Sports physicals O			
Stress management			
Teaching self-management of chronic			
health conditions			
Tobacco-use cessation O			
Tracking of students with chronic health			
conditions			
Weight management			
3.17 Provided funding for staff development or offered staff development to school nurse	s during		
the past two years on the following prevention services topics:			
Alcohol- or other drug-use prevention			
HIV prevention O			
Injury prevention and safety counseling			
Nutrition and dietary behavior counseling			
Physical activity and fitness counseling			
Pregnancy prevention O			
STD prevention O			
Suicide prevention O			
Tobacco-use prevention			
Violence prevention O			
3.18 Provided funding for staff development or offered staff development to teachers or offered staff development to te	other		
school staff during the past two years on the following health topics:			
HIV infection or AIDS O			
Severe food or other allergies			
Chronic health conditions			
Infectious disease prevention			
3.19 Provides model policies to districts or schools on the following health topics:			
HIV infection or AIDS			
Severe food or other allergies			
Chronic health conditions			
Infectious disease prevention			

## Footnotes

- Numbers refer to tables in *State-Level School Health Policies and Practices: A State-by-State Summary from the School Health Policies and Programs Study 2006*, which includes information from all 50 states and the District of Columbia. This document can be downloaded at www.cdc.gov/HealthyYouth/SHPPS/2006/summaries/index.htm.
- <sup>2</sup> Unless otherwise indicated,
  - Yes

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- O No
- ? Incomplete Data
- NA Not Applicable
- Requires
  - ➡ Recommends or Encourages
  - O Neither Requires, Recommends, nor Encourages
  - ? Incomplete Data
  - Prohibits
    - Discourages
    - O Neither Prohibits nor Discourages
    - ? Incomplete Data
- <sup>5</sup> SCHIP is the State Children's Health Insurance Program.
- <sup>6</sup> WIC is the Special Supplemental Food Program for Women, Infants, and Children.
  - Associate's Degree in Nursing
  - •• Undergraduate Degree in Nursing
  - O Associate's Degree in Any Field
  - OO Undergraduate Degree in Any Field
  - NA Not Applicable
  - ? Incomplete Data

- Undergraduate Degree in Specific Field
- •• Master's Degree in Specific Field
- ●●● Doctoral Degree in Specific Field
- O Undergraduate Degree in Any Field
- OO Master's Degree in Any Field
- Other Degree
- NA Not Applicable
- ? Incomplete Data
- Yes (For Breakfast, All Schools)
  - Yes (For Breakfast, Some Categories of Schools)
  - O No

8

9

13

- ? Incomplete Data
- <sup>10</sup> Junk foods are defined as foods or beverages that have low nutrient density, that is, they provide calories primarily through fats or added sugars and have minimal amounts of vitamins and minerals.
- <sup>11</sup> Both on School Property and at Off-Campus, School-Sponsored Events
  - On School Property Only
  - O Neither on School Property nor at Off-Campus, School-Sponsored Events
- <sup>12</sup> Required of All Faculty and Staff
  - Required of Some Faculty and Staff
  - O Not Required on Any Faculty or Staff
  - ? Incomplete Data
  - State Offers Coverage
    - State Requires Districts to Offer Coverage
    - O State Neither Offers Coverage nor Requires Districts to Offer Coverage
    - ? Incomplete Data

This publication was prepared by the Centers for Disease Control and Prevention (CDC). It summarizes state-level data collected from each of the 50 states and the District of Columbia during the School Health Policies and Programs Study (SHPPS) 2006. SHPPS is conducted periodically to monitor the extent to which school health policies and practices are addressing the leading causes of death, illness, and social problems among young people and adults.

**For additional information** on SHPPS or to order SHPPS publications, contact the Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717; 800-CDC-INFO; www.cdc.gov/shpps.