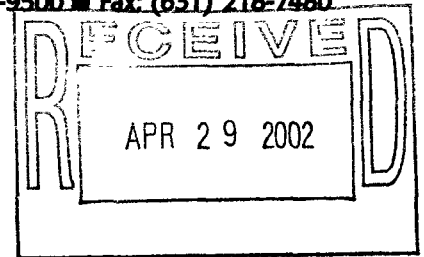




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

April 1, 2002

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Heart Essentials and CardioCor supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Soy, Phosphorus, Magnesium, Selenium, Sodium, Potassium, Taurine, Flaxseed Powder, Coenzyme Q-10, L-Arginine, Cholestatin™ (Phytosterols)

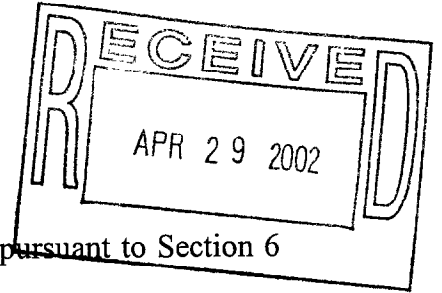
- Promotes Cardiovascular Health
- Contains Valuable Antioxidant Support
- Plus Co-Q 10 & Heart Healthy Soy
- The cardiovascular system is the most important system in your body.
- Comprised of the heart, arteries, capillaries and the veins, the cardiovascular system is responsible for transporting oxygen, glucose (for energy), hormones and other nourishing fluids throughout your body.
- Keeping your cardiovascular system in tip top shape is important for health and well being.
- Heart Essentials/Cardiocor helps maintain the health of the cardiovascular system.
- Heart Essentials/Cardiocor contains the valuable antioxidants, Selenium and Coenzyme Q-10, which help neutralize cell-damaging free radicals in cells.
- Studies show that oxidative stress caused by free radicals may contribute to aging.
- Coenzyme Q-10 is also backed by extensive clinical studies showing its ability to support heart health.
- Maintaining the health and strength of your cardiovascular system is important for the quality and well being of your life.
- Heart Essentials/Cardiocor can give you the nutritional, high protein, foundation that forms the cornerstone for good heart health support.

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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in cursive script that reads "Ona Scandurra".

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/tk