

Polygenic Model for Complex Diseases: Genetic Susceptibility and Risk Factor

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INTRODUCTION

Common diseases, such as asthma, Alzheimer's and cardiovascular diseases, are complex in nature, being variably influenced by physiological, life-style, environmental and genetic factors. As such, variations in individual genes that have the potential to affect a disease generally possess low or incomplete penetrance and, consequently, in epidemiological studies show low risk associations with typical odd ratios around 1.5 - 2.0. The disease phenotype is, in part, a result of joint co-expression of multiple genes. In particular:

hundreds of genes simultaneously shape the susceptible phenotype

> a degree of susceptibility to environmental exposures is determined by the joint effect of unique **combination of genes** specific for a given individual

> how to establish appropriate **risk factors** taking into account subpopulations with genetically susceptible combinations of genes?



METHODS

Population-based genetic association studies deal with relatively small effects against a complex background. Therefore, often they are statistically underpowered and poorly standardized. In the present work² source data were extracted from PubMed using the following criteria:

- physician diagnosed asthma as the diagnosis
- case-control study design
- reported associations with p < 0.05</p>

 Gene
 SNP
 Reference
 Frequency
 Odds Ratio

 information was collected, e.g.:
 TGF-β
 - 509
 [3]
 0.117
 2.456

THEORY

PROBLEM: to estimate gross genetic susceptibility of individual from known single-gene association studies. Mathematically, it narrows down to reconstruction of unknown joint multivariate distribution from known univariate marginals of this distribution.



RESULTS

• Modelling joint impact of the multiple disease variants provides a pseudo-continuous log-normal relative disease risk distribution in the population.



As the number of jointly considered genes increases,

- > the distribution of risk further shifts towards the higher risk;
- \succ the standard deviation of disease risk in the population increases;
- \succ the separation between disease population and controls increases.

• Gene-environment interactions enter in the model by means of exposure-sensitive genes, *NAT1* in the shown example, which is sensitive to diisocyanates.



• Mock simulations do not suggest overwhelming effect of gene-gene interactions in the model

CONCLUSIONS

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A computational approach has been presented, which allows estimation of the joint contribution of variations in individual genes to the risk of developing a disease. As an example, variants of 16 asthma susceptibility genes, including those associated with asthma mediators, atopy and chemical metabolism, were analyzed. A 6-fold increased risk of developing asthma for 20% in the general population occurred when only gene variants of asthma mediators were considered. The disease risk was more than doubled (OR=13.5) when the atopy variants were added. Inclusion of all variants resulted in the increased odds ratio of 24. The model helps establish the relative changes in risk associated with genetic-risk profiles in the population and provides a framework for comprehensive genetic risk assessment. The software is available on the CDC Intranet, http://158.111.214.63

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