

## Ms. A: A Successful Case

3/29/00 Charges filed. Violation of No Contact Order.

Ms. A appears in custody. Refuses representation by appointed court attorney. Ms. A reports that she is not in need of Mental Health Court services. Presents with elaborate delusional thinking. A competency evaluation at Western State Hospital is ordered by the court.

4/24/2000 Evaluation and court review finds Ms. A "not competent."

Ms. A returns to Western State Hospital for restoration, i.e. involuntary medications.

8/24/2000 Western State Hospital requests an additional 90 days of outpatient restoration prior to final finding of competency. Granted by the court.

Ms. A is released from custody to follow through with a community mental health center near her home.

9/13/2000 Ms. A is evaluated to be competent to face the charges. Ms. A chooses to opt-in and plead guilty to the charge.

Her conditions include: 24mos Probation

No new law violations

No alcohol or drugs

No contact with the victim

Follow the treatment plan coordinated by community mental health agency

9/27/2000 Probation appointment.

Reviewed court conditions. Signed releases. Partially completed intake. Reports some depression. Psychiatrist has recommended trials of an antidepressant, Ms. A remains compliant with antipsychotic medications but is unsure about antidepressants.

### PROBATION REPORT KING COUNTY DISTRICT MENTAL HEALTH COURT 10-12-2000

**NAME:** Joan A.

**CAUSE #:** XXXXX

**DOB:**

**CHARGE:** Violation of No Contact Order

**ADDRESS:**

**JUDGE:** Chow

**INFORMATION:**

Ms. A is engaged in treatment with X Mental Health in Seattle. Her case manager reports that she is fully compliant with her treatment plan. Her psychiatrist is recommending adding an antidepressant, but at this time Ms. A is refusing this treatment. She has met with me as required and appears to be stable in regard to the psychiatric issues that led to the current charges. Although the court usually requires defendants to follow all recommendations of the agency I believe that the current depression that Ms. A is experiencing does not currently put her at risk for further violations and that she should be allowed to choose this aspect of her treatment. I would, however, ask the court to strongly encourage Ms. A to consider the benefits she might receive from her method of treatment and ask her to contemplate a trial period of six weeks on anti-depressant medications.

**RECOMMENDATION:**

I recommend that Ms. A decrease Probation contact from weekly to twice per month and that the court set a case review in 60 days.

Respectfully submitted,

Kymber Walton, MA  
Mental Health Probation

*10/12/2000* Court review.

Court congratulates Ms. A on compliance and improvements in quality of life. Court encourages (but does not order) following psychiatrist recommendations for an anti-depressant medication. Court formally decreases Probation contact and sets review.

*11/1/2000 and 11/22/2000* Probation appointments.

In full treatment compliance and doing well. Mood is elevated. Social and family contact has increased.

**PROBATION REPORT  
KING COUNTY DISTRICT MENTAL HEALTH COURT  
12-7-2000**

**NAME:** Joan A.

**CAUSE #:** XXXXX

**DOB:**

**CHARGE:** Violation of No Contact Order

**ADDRESS:**

**JUDGE:** Chow

**INFORMATION:**

Ms. A is fully engaged in treatment with her mental health provider. She is always on time for her Probation appointments. She has followed all medication recommendations of the agency as an act of trust and commitment to the court and is doing extremely well.

**RECOMMENDATION:**

I recommend that Ms. A meet with Probation monthly and a review in 120 days.

Respectfully submitted,

KyMBER WALTON, MA  
Mental Health Probation

*12/7/2000* Court review.  
Court expresses pleasure with Ms. A's ongoing wellbeing and excellent compliance.  
Formally decreases Probation contact and sets a review.

*12/20/2000, 1/24/2001, 2/22/2001 and 3/22/2001* Probation meetings.  
Ms. A continues to do well. Improved housing (from temporary to permanent) the only treatment objective left to complete.

**PROBATION REPORT  
KING COUNTY DISTRICT MENTAL HEALTH COURT  
4-12-2001**

**NAME:** Joan A.

**CAUSE #:** XXXXX

**DOB:**

**CHARGE:** Violation of No Contact Order

**ADDRESS:**

**JUDGE:** Chow

**INFORMATION:**

Ms. A is continuing to work with her treatment providers. She has been taking all medications as prescribed and everyone appears to be pleased with her progress.

**RECOMMENDATION:**

I recommend that Ms. A move to non-monitored probation and a review in 90 days.

Respectfully submitted,

KyMBER Walton, MA  
Mental Health Probation

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| <p><i>4/12/2001</i> Court review.<br/>Formally eliminates Probation responsibility from conditions. Sets a review in 90 days.</p> |
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**PROBATION REPORT  
KING COUNTY DISTRICT MENTAL HEALTH COURT  
7-12-2001**

**NAME:** Joan A.

**CAUSE #:** XXXXX

**DOB:**

**CHARGE:** Violation of No Contact Order

**ADDRESS:**

**JUDGE:** Chow

**INFORMATION:**

Ms. A has been in full compliance since day one of her Probation almost a year ago. She has followed all treatment and medication recommendations and has been perfectly on time for every appointment. I do know that prior to engaging in treatment, Ms. A had a difficult time thinking clearly and this led directly to her incarceration and problems with the system. I would encourage her to remember these things if she is ever considering terminating medications or treatment. Ms. A has made great progress during her time with us and has been a pleasure to work with.

**RECOMMENDATION:**

I recommend that we close Ms. A's case.

Respectfully submitted

KyMBER WALTON, MA  
Mental Health Probation

7/12/2001 Court review.  
Ms. A graduates from MHC and receives a certificate.

**Criminal History:**

Ms. A has a moderate criminal history. There were three assaults between 1989 and 1997 that were dismissed due to competency problems.

**Instant Offense:**

In July of 1999 Mr. L put a permanent No Contact Order into place. Ms. A had been contacting Mr. L, a prominent public figure, repeatedly with amorous letters and threats to his rivals because of “classified” information that she detailed. Ms. A sent a new letter to Mr. L after the No Contact Order was put into effect encouraging him to “watch his back.” At this time the police were notified and a warrant was issued. Ms. A was arrested upon entering Mr. L’s office and asking to see him.

**Psychiatric History:**

Ms. A’s first recorded psychiatric history was a hospitalization in 1989 for two weeks following an assault of her sister. She was transferred from the community hospital to the state hospital where she stayed for one month. The diagnosis at the state hospital was Delusional Disorder. She refused medications while there. There were no other treatment contacts until the court became involved in 2000.

**Interventions Used:**

- Competency evaluation
- Inpatient and outpatient restoration
- Court reviews
- Probation
- Family coordination
- Individual case management and psychotherapy
- Psychiatric interventions

**Outcomes:**

- Increased social contact
- Decreased depression
- Near elimination of disorganized thinking
- Allowed increased connection with family
- Increased public safety/no victim contact
- No recidivism (as of this writing)
- No jail days after opt-in
- No hospital days after opt-in

