

Mr. B: A Challenging Case

9/16/1999 Charges filed. Theft 3.

Mr. B appears in custody. Arraigned. Set over for court monitor evaluation and treatment plan.

9/20/1999 Mr. B opts-in. Inpatient chemical dependency treatment is ordered and a bed is available. Mental health treatment to begin upon release from inpatient facility. Mr. B is sentenced with the following conditions: 18mos Probation No new law violations

No alcohol or drugs No contact with the victim

Follow all inpatient chemical dependency treatment recommendations

Follow all community mental health recommendations

Mr. B is released to inpatient chemical dependency treatment.

12/30/1999 Court review.

Mr. B completed 90 days of inpatient chemical dependency treatment. In compliance. Weekly Probation appointments and a review in 60 days.

January through April 2000

Mr. B is missing many of his appointments for mental health and chemical dependency treatment.

He is also missing Probation appointments. One appointment that he did attend he began disclosing an elaborate persecutory delusional system. Mr. B admitted to missing medications often.

**REQUEST FOR REVIEW
KING COUNTY DISTRICT MENTAL HEALTH COURT
5-14-2000
Review Date: 6-14-2000**

NAME: John B.

CAUSE #: XXXXX

DOB:

CHARGE: Theft 3

ADDRESS:

JUDGE: Commissioner Harper

INFORMATION:

Mr. B has missed four appointments with probation. His case manager reports that he has not had contact with the agency for two months. Mr. B did not follow through with

emergency psychiatry appointments that were set for him. Mr. B is out of compliance and not psychiatrically stable at this time. I will notify him of a new court date.

RECOMMENDATION:

I recommend a hearing to address the violations as soon as possible.

Respectfully submitted,

KyMBER Walton, MA
Mental Health Probation

5/14/2000 Court grants early review. Sets review for 5/22 and sends out notice.

5/22/2000 Mr. B fails to appear for court. Telephone call to PO prior to court reveals that Mr. B believes that he is not "allowed" to go to court today. PO is unable to coax him in, but Mr. B agrees to come in the following week.

**PROBATION REPORT
KING COUNTY DISTRICT MENTAL HEALTH COURT
5-29-2000**

NAME: John B

CAUSE #: XXXXX

DOB:

CHARGE: Theft 3

ADDRESS:

JUDGE: Chow

INFORMATION:

Mr. B has been having a difficult time during the past two months. He has not been involved in treatment or probation appointments. He is currently suffering severe psychiatric distress, which makes it nearly impossible to leave his house. To his benefit he has met with his case manager for the first time and met with me this week with the fear of going to jail. Mr. B has agreed to present himself at the hospital following court today, Ms. Maxwell, the court social worker, will walk him up to the hospital. In addition, plans are being made to address his ability to comply with treatment in the long term.

RECOMMENDATION:

I recommend a hearing in two weeks to determine his compliance. I would ask that Mr. B's presence be waived if he is in inpatient care. I believe that incarceration would be extremely counterproductive at this time.

Respectfully submitted,

KyMBER WALTON, MA
Mental Health Probation

5/29/2000 Court encourages Mr. B to present at hospital for voluntary inpatient psychiatric stay. Mr. B agrees and goes directly to the hospital from court. He is admitted.

6/5/2000 Probation attends a meeting at the hospital. Also present are his hospital social worker, his psychiatrist, a resident, Mr. B, Mr. B's case manager and Mr. B's father. Reviewed diagnosis, treatment planning, and ongoing needs. Release is planned for tomorrow. Mr. B still experiencing significant symptoms.

6/30/2000 Mr. B arrested on new Assault charge against his brother. Mr. B was using alcohol at the time of the incident. A No Contact Order is in effect and he cannot return to his father's home.

7/3/00 Mr. B is again admitted to the hospital. Numerous medication trials are done. None with good response. Mr. B continues to experience paranoia and delusions as well as auditory hallucinations. Mr. B remains inpatient for over a month. He is released to a clean and sober housing facility on 8/15.

**PROBATION REPORT
KING COUNTY DISTRICT MENTAL HEALTH COURT
8-30-2000**

NAME: John B

CAUSE #: XXXXX

DOB:

CHARGE: Theft 3

ADDRESS:

JUDGE: Chow

INFORMATION:

Mr. B has met with me for one Probation appointment and has missed two others. He was terminated from his housing for using alcohol. It does not appear that he has attended MICA groups or case management appointments. We are running out of options to obtain compliance. Mr. B continues to experience severe symptoms at this time.

RECOMMENDATION:

I recommend referring for a competency evaluation.

Respectfully submitted,

KyMBER WALTON, MA
Mental Health Probation

8/30/2000 Court refers for competency evaluation at Western State Hospital.



9/14/2000 Evaluators find Mr. B competent to proceed. Mr. B opts into a Deferred Prosecution on the new Assault case. A new treatment plan is reviewed by the court and adopted as part of his conditions:
24 mos Probation no new law violations
no alcohol or drugs no contact with the victim
Follow all mental health and chemical dependency treatment recommendations



October and November of 2000 Medication changes are implemented that appear to have a very positive effect. Psychoses continue, but Mr. B is coping quite well and reports that he is being "allowed" to attend most appointments.

**PROBATION REPORT
KING COUNTY DISTRICT MENTAL HEALTH COURT
12-12-2001**

NAME: John B

CAUSE #: XXXXX
XXXXX

DOB:

CHARGE: Theft 3
Assault 4

ADDRESS:

JUDGE: Chow

INFORMATION:

Mr. B has had some challenges to work through since his last review but is in compliance as of this writing. Mr. B was terminated from his clean and sober housing due to a relapse on alcohol he currently reports using no drugs or alcohol and the most recent UA came out clean. He has been attending 3 or more AA meetings per week in addition to MICA groups, case management meetings, and medication appointments. He has been attending Probation appointments regularly and has done well during transition times.

RECOMMENDATION:

I recommend that the court address violations of Probation and ask Mr. B to continue AA meetings. I also recommend that Mr. B meet with me weekly until a longer time of sobriety is obtained, follow all SMH recommendations, and a review in 60 days.

Respectfully submitted,

KyMBER WALTON, MA
Mental Health Probation

12/12/2000 Court review. Court finds violations and adds AA meetings to conditions. Encourages Mr. B to remain on the upswing that he has taken since the relapse.

December and January of 2000-2001 No Contact Order is dropped, Mr. B returns to live with his father and brother. Social contact continues to increase. Mr. B is attending AA meetings regularly along with his chemical dependency groups. He reports feeling much more relaxed and experiencing tactile hallucinations much less frequently. Probation contact has decreased to one phone call per month and one office visit per month.

**PROBATION REPORT
KING COUNTY DISTRICT MENTAL HEALTH COURT
6-14-2001**

NAME: John B

CAUSE #: XXXXX
XXXXX

DOB:

CHARGE: Theft 3
Assault 4

ADDRESS:

JUDGE: Chow

INFORMATION:

Mr. B has been doing excellent work with his mental health treatment. His symptomology has decreased very significantly and his quality of life seems much better. I have verified his AA participation sheets. He is attending all groups and individual appointments and is fully compliant with his medications. Mr. B has maintained sobriety.

RECOMMENDATION:

I recommend that Probation appointments be decreased to monthly and that the court not require additional AA meetings (the treatment agency can still require this from their end). I would ask for a review in 120 days.

TO RESOLVE:

The Theft 3, cause # XXXXX, set to close.

Respectfully submitted,

KyMBER WALTON, MA
Mental Health Probation

6/14/2001 Court review. Theft 3 case closed. AA attendance removed from conditions.

August 2001 Mr. B misses two appointments and reports that he is having an increase in symptoms when contacted by phone. Mr. B schedules a prescriber appointment for himself and keeps in contact with his case manager by telephone. Mr. B attends the scheduled medication appointment. Symptoms begin to resolve and Mr. B regains full compliance. Mr. B obtains a Section 8 housing voucher.

**PROBATION INFORMATION
KING COUNTY DISTRICT MENTAL HEALTH COURT
11-19-2001**

NAME: John B

CAUSE #: XXXXX

DOB:

CHARGE: Assault 4

ADDRESS:

JUDGE: Chow

INFORMATION:

Mr. B has been with our court since 10-99. He has transitioned through some very difficult periods. He has gained innumerable skills and developed insight into his symptoms and needs. The challenges are not over for Mr. B, but his case manager and I believe that he has worked very hard and developed sufficient problem-solving skills that he will be able to meet these challenges as they arise. Mr. B plans to continue with mental health treatment.

RECOMMENDATION:

I recommend closing Mr. B's case for a few reasons. First, he has demonstrated full compliance for almost a year. Second, he has learned the necessary skills to deal with his mental health symptoms as they arise and plans to continue to work closely with his treatment provider. Finally, given Mr. B's fixed delusions that include the court and jail systems, ongoing court involvement increases his anxiety. I believe that he will progress further if this anxiety is not ever-present.

Respectfully submitted,

KyMBER WALTON, MA
Mental Health Probation

11/19/2001 Court review.

Mr. B Graduates early from Mental Health Court and receives a certificate.

Criminal History:

Mr. B has an extensive criminal history including seven counts of Theft 3, two counts of False Reporting, one count of Obstructing, two counts of Violation of a No Contact Order, four Driving while License Suspended, two counts of Negligent Driving 1 (one amended from DWI), one count of Assault 4, one count Malicious Mischief, two counts of Harassment (dismissed), one count of Assault 2, one count of Violation of a Controlled Substance Act, and one count of a Concealed Weapon.

Instant Offense:

Mr. B was charged with Theft 3. The incident occurred when he was drinking with two friends. They broke into and took items from a car. During his probation with the Mental Health Court, Mr. Peterson was charged in a new case. In this instance, he assaulted his brother during an argument.

Psychiatric History:

Mr. B had no history of mental health treatment prior to Mental Health Court.

Interventions Used:

- Treatment adjustments--medications, outreach, group and individual therapy
- Team meetings with treatment providers
- Inpatient and outpatient chemical dependency treatment
- Hospitalizations
- Family coordination
- Competency Evaluation
- Probation contact--face-to-face and telephone
- Court reviews
- Clean and Sober housing and Section 8 voucher
- Social activity with friends and family
- Psycho-education
- Deferred Prosecution

Outcomes:

- Increased social contact and family connection
- Increased awareness of symptoms, diagnosis and coping skills
- Decrease in depression and anxiety
- Increase in treatment and medication compliance
- No hospital days since last release
- Increased public safety
- Decreased recidivism in comparison to historical rebookings (none since closure of case)
- Brother looking into mental health treatment
- Father addressed chemical dependency issue
- Stable in housing
- Mr. B is able to give peers support
- Lowered jail days: since 1998, Mr. B spent 193 days in jail and since Mental Health Court intervention he spent one day in custody
- Sober upon closure of case