## Acadia National Park - Volunteer Bike Patrol
## Training Requirements Checklist

The following list of skills and courses must be completed prior to authorization to perform volunteer bike patrol at Acadia National Park. Review and approval of completion records will be managed by the Backcountry Supervisor, who will also be responsible for coordination and scheduling of the Volunteer Bike Patrol program.

❑ Completion of either American Red Cross or American Heart Association Adult and Child CPR. (or greater certification by State of Maine or National Registry)

❑ Completion of registration to serve as a Volunteer In Parks (VIP) with Acadia National Park.

❑ Completion of Acadia National Park VIP Bike Patrol Training: Session I.
   o Ability to properly adjust bike for basic fit and comfort.
   o Ability to patch and replace bike tube.
   o Ability to perform minor adjustments to brakes, pedal straps, and gears.
   o Ability to complete a pre-patrol bike inspection.
   o Ability to demonstrate basic riding skills and bike control.
   o Knowledge of proper attire and equipment for bike patrol.

❑ Completion of Acadia National Park VIP Bike Patrol Training: Session II.
   o Ability to perform an emergency braking/stop maneuver.
   o Ability to successfully navigate a slow speed cone course.
   o Knowledge of proper falling technique if needed.

❑ Completion of Introduction to Public Contact and Visitor Service.
   o Familiarization with carriage road system and park regulations.
   o Ability to respond effectively to emergency situations.
   o Knowledge of communication procedures with park staff/dispatch.
   o Knowledge of purpose for volunteer bike patrol.
   o Knowledge of reporting procedures following patrols.
   o Knowledge of personal safety in public service.

Training Initiation Date:_____

Training Completion Date:_____

I have verified all components and skills listed above have been satisfactorily completed and there-by approve _____ to serve as a member of the Acadia National Park Volunteer Bike Patrol team.


_____
Neal Labrie                                              Date:
Backcountry Supervisor