

**Physical Activity Prevalence Statistics by Metropolitan Area—
United States, SMART BRFS 2005**

Metropolitan Area ^a	Recommended ^b		Insufficient ^c		Inactive ^d	
	% ^e	95% CI ^f	% ^e	95% CI ^f	% ^e	95% CI ^f
Northeast						
Allentown-Bethlehem-Easton, PA-NJ Metropolitan Statistical Area	46.2	(40.9 - 51.7)	31.7	(27.1 - 36.8)	12.2	(8.7 - 16.8)
Atlantic City, NJ Metropolitan Statistical Area	45.0	(39.9 - 50.2)	32.5	(27.8 - 37.5)	13.2	(10.5 - 16.5)
Barre, VT Micropolitan Statistical Area	54.2	(49.8 - 58.5)	32.0	(28 - 36.3)	8.9	(6.9 - 11.4)
Boston-Quincy, MA Metropolitan Division	46.6	(43.6 - 49.6)	30.7	(28 - 33.6)	13.6	(11.7 - 15.8)
Bridgeport-Stamford-Norwalk, CT Metropolitan Statistical Area	47.3	(43.3 - 51.4)	32.8	(29.3 - 36.6)	11.2	(9.1 - 13.7)
Buffalo-Niagara Falls, NY Metropolitan Statistical Area	45.5	(40.7 - 50.4)	34.1	(29.9 - 38.5)	11.8	(9.2 - 14.9)
Burlington-South Burlington, VT Metropolitan Statistical Area	53.4	(50.6 - 56.1)	31.8	(29.4 - 34.3)	8.7	(7.3 - 10.2)
Cambridge-Newton-Framingham, MA Metropolitan Division	49.3	(45.9 - 52.6)	30.7	(27.9 - 33.7)	11.7	(9.6 - 14.3)
Camden, NJ Metropolitan Division	43.3	(40 - 46.7)	32.4	(29.7 - 35.2)	14.3	(12.1 - 16.8)
Concord, NH Micropolitan Statistical Area	56.2	(51.6 - 60.7)	30.7	(26.6 - 35.2)	8.8	(6.8 - 11.3)
Edison, NJ Metropolitan Division	40.2	(37.8 - 42.6)	36.9	(34.5 - 39.4)	12.9	(11.3 - 14.8)
Essex County, MA Metropolitan Division	47.9	(43.3 - 52.6)	32.2	(28 - 36.8)	10.9	(8.8 - 13.6)
Hartford-West Hartford-East Hartford, CT Metropolitan Statistical Area	50.2	(47.2 - 53.3)	33.0	(30.3 - 35.9)	9.2	(7.8 - 10.9)
Keene, NH Micropolitan Statistical Area	59.1	(54.1 - 64)	27.9	(23.7 - 32.7)	6.9	(4.9 - 9.7)
Lebanon, NH-VT Micropolitan Statistical Area	55.5	(52.3 - 58.6)	31.4	(28.5 - 34.4)	6.6	(5.4 - 8)
Manchester-Nashua, NH Metropolitan Statistical Area	48.9	(45.7 - 52)	33.8	(30.8 - 36.8)	10.9	(9.1 - 13)
Nassau-Suffolk, NY Metropolitan Division	44.5	(40.3 - 48.9)	35.1	(31.2 - 39.2)	12.0	(9.8 - 14.5)
New Haven-Milford, CT Metropolitan Statistical Area	43.3	(39.5 - 47.2)	37.7	(34 - 41.6)	12.8	(10.5 - 15.4)
New York-White Plains-Wayne, NY-NJ Metropolitan Division	40.9	(38.9 - 42.8)	32.3	(30.5 - 34.2)	15.9	(14.4 - 17.5)
Newark-Union, NJ-PA Metropolitan Division	41.6	(39.1 - 44.1)	34.0	(31.7 - 36.3)	14.8	(12.9 - 16.9)
Ocean City, NJ Metropolitan Statistical Area	52.2	(46.9 - 57.6)	29.0	(24.5 - 33.9)	11.0	(8 - 15.1)
Philadelphia, PA Metropolitan Division	45.2	(42.4 - 48)	35.4	(32.8 - 38.1)	11.2	(9.6 - 13.1)
Pittsburgh, PA Metropolitan Statistical Area	45.2	(42.2 - 48.3)	36.1	(33.3 - 39)	10.2	(8.8 - 11.8)
Portland-South Portland-Biddeford, ME Metropolitan Statistical Area	52.9	(49.3 - 56.4)	32.7	(29.4 - 36.2)	7.9	(6.4 - 9.9)
Providence-New Bedford-Fall River, RI-MA Metropolitan Statistical Area	46.2	(44.3 - 48.2)	30.4	(28.7 - 32.1)	14.5	(13 - 16.1)
Rochester, NY Metropolitan Statistical Area	51.9	(46.8 - 57)	32.4	(28 - 37.2)	7.9	(5.8 - 10.6)
Rockingham County-Strafford County, NH Metropolitan Division	53.0	(49.9 - 56)	30.7	(27.9 - 33.7)	9.0	(7.6 - 10.7)
Rutland, VT Micropolitan Statistical Area	49.1	(44.3 - 53.9)	35.8	(31.4 - 40.6)	9.5	(6.9 - 12.9)
Scranton-Wilkes-Barre, PA Metropolitan Statistical Area	48.8	(44.5 - 53.2)	36.0	(31.8 - 40.5)	9.0	(7.4 - 11)
Springfield, MA Metropolitan Statistical Area	50.8	(46.7 - 54.9)	33.5	(29.6 - 37.6)	9.3	(7.6 - 11.4)
Trenton-Ewing, NJ Metropolitan Statistical Area	46.3	(41 - 51.6)	33.1	(28.4 - 38)	14.9	(11 - 19.9)
Worcester, MA Metropolitan Statistical Area	46.3	(42.2 - 50.4)	30.0	(26.4 - 33.8)	14.5	(11.7 - 17.9)
South						
Ardmore, OK Micropolitan Statistical Area	42.7	(36.5 - 49)	35.2	(29.8 - 41)	16.5	(12.4 - 21.7)
Asheville, NC Metropolitan Statistical Area	41.7	(37.1 - 46.5)	37.0	(32.6 - 41.6)	17.1	(13.6 - 21.3)
Atlanta-Sandy Springs-Marietta, GA Metropolitan Statistical Area	40.6	(37.7 - 43.6)	39.3	(36.4 - 42.3)	14.7	(12.7 - 16.8)
Augusta-Richmond County, GA-SC Metropolitan Statistical Area	41.6	(37.3 - 46)	38.5	(34.4 - 42.8)	14.2	(11.4 - 17.5)
Austin-Round Rock, TX Metropolitan Statistical Area	43.7	(38.5 - 49.1)	35.7	(30.9 - 40.8)	10.4	(7.6 - 14)
Baltimore-Towson, MD Metropolitan Statistical Area	45.0	(42.9 - 47.1)	34.2	(32.3 - 36.2)	12.2	(10.9 - 13.6)
Bartlesville, OK Micropolitan Statistical Area	45.3	(39.6 - 51.1)	35.6	(30.5 - 41.1)	12.2	(9.4 - 15.5)
Bethesda-Gaithersburg-Frederick, MD Metropolitan Division	46.8	(43.7 - 49.9)	36.2	(33.4 - 39.2)	9.6	(8 - 11.4)
Birmingham-Hoover, AL Metropolitan Statistical Area	42.3	(37.8 - 47)	38.1	(33.7 - 42.8)	14.5	(11.8 - 17.9)
Charleston, WV Metropolitan Statistical Area	39.0	(34.5 - 43.8)	36.7	(32.2 - 41.4)	20.5	(17.3 - 24)
Charleston-North Charleston, SC Metropolitan Statistical Area	42.2	(38.5 - 46)	39.2	(35.5 - 42.9)	12.3	(9.9 - 15.1)
Charlotte-Gastonia-Concord, NC-SC Metropolitan Statistical Area	39.9	(37.4 - 42.5)	40.0	(37.6 - 42.6)	16.2	(14.3 - 18.3)
Columbia, SC Metropolitan Statistical Area	43.2	(40.1 - 46.3)	38.4	(35.5 - 41.5)	12.1	(10.2 - 14.2)
Dallas-Plano-Irving, TX Metropolitan Division	38.0	(33.7 - 42.5)	38.7	(34.4 - 43.2)	14.3	(11.1 - 18.3)
Dover, DE Metropolitan Statistical Area	41.1	(38.2 - 44.1)	40.3	(37.4 - 43.3)	15.1	(13.1 - 17.3)
Durham, NC Metropolitan Statistical Area	40.8	(37.2 - 44.5)	38.2	(34.7 - 41.8)	18.2	(15.3 - 21.5)
El Paso, TX Metropolitan Statistical Area	45.4	(41.2 - 49.7)	36.6	(32.4 - 41)	11.6	(9.2 - 14.4)
Enid, OK Micropolitan Statistical Area	34.9	(29.9 - 40.2)	45.2	(39.7 - 50.7)	13.6	(10.6 - 17.2)
Fayetteville, NC Metropolitan Statistical Area	39.7	(35.2 - 44.4)	36.3	(31.8 - 41)	18.7	(15.4 - 22.5)
Fayetteville-Springdale-Rogers, AR-MO Metropolitan Statistical Area	42.6	(38.2 - 47.1)	38.7	(34.2 - 43.4)	9.8	(7.7 - 12.4)
Fort Smith, AR-OK Metropolitan Statistical Area	41.7	(36.7 - 46.8)	33.6	(29.2 - 38.3)	14.1	(11.1 - 17.7)
Fort Worth-Arlington, TX Metropolitan Division	46.2	(41.2 - 51.2)	36.5	(31.9 - 41.3)	12.1	(9.3 - 15.7)
Greensboro-High Point, NC Metropolitan Statistical Area	39.6	(35.5 - 43.9)	38.0	(34 - 42)	18.3	(15 - 22)
Greenville, SC Metropolitan Statistical Area	44.1	(40.6 - 47.6)	39.6	(36.2 - 43.1)	11.2	(9.4 - 13.4)
Hagerstown-Martinsburg, MD-WV Metropolitan Statistical Area	40.7	(35.6 - 46)	31.0	(26.5 - 35.9)	21.0	(16.5 - 26.4)
Hickory-Lenoir-Morganton, NC Metropolitan Statistical Area	40.7	(35.9 - 45.6)	36.9	(32.4 - 41.6)	17.0	(13.7 - 21)
Houston-Sugar Land-Baytown, TX Metropolitan Statistical Area	40.5	(36.9 - 44.2)	38.2	(34.7 - 41.9)	13.3	(11 - 15.9)
Jackson, MS Metropolitan Statistical Area	40.7	(36.6 - 45)	34.5	(30.8 - 38.5)	17.5	(14.7 - 20.7)
Lawton, OK Metropolitan Statistical Area	45.5	(40.7 - 50.3)	36.2	(31.6 - 41)	13.3	(10.5 - 16.7)
Little Rock-North Little Rock, AR Metropolitan Statistical Area	43.8	(40.2 - 47.4)	36.1	(32.8 - 39.5)	11.9	(10 - 14.2)
McAlester, OK Micropolitan Statistical Area	47.9	(41.6 - 54.1)	32.3	(27.3 - 37.8)	14.5	(11.5 - 18.1)
Memphis, TN-MS-AR Metropolitan Statistical Area	35.5	(30.5 - 40.8)	40.0	(34.5 - 45.8)	18.7	(14.5 - 23.9)
Miami, OK Micropolitan Statistical Area	38.8	(33.1 - 44.8)	40.3	(34.5 - 46.4)	13.4	(10.5 - 17)
Miami-Fort Lauderdale-Miami Beach, FL Metropolitan Statistical Area	42.9	(39.9 - 46)	33.8	(31 - 36.9)	16.1	(14 - 18.4)
Nashville-Davidson--Murfreesboro, TN Metropolitan Statistical Area	33.9	(30.1 - 38)	41.2	(37.1 - 45.3)	20.4	(17.3 - 24)
New Orleans-Metairie-Kenner, LA Metropolitan Statistical Area	34.5	(30.5 - 38.6)	35.5	(31.6 - 39.6)	21.6	(18.4 - 25.2)

**Physical Activity Prevalence Statistics by Metropolitan Area—
United States, SMART BRFS 2005**

Metropolitan Area ^a	Recommended ^b		Insufficient ^c		Inactive ^d	
	% ^e	95% CI ^f	% ^e	95% CI ^f	% ^e	95% CI ^f
Oklahoma City, OK Metropolitan Statistical Area	38.9	(36 - 41.8)	40.4	(37.5 - 43.3)	15.4	(13.4 - 17.6)
Orlando-Kissimmee, FL Metropolitan Statistical Area	44.1	(39.7 - 48.6)	34.5	(30.3 - 38.9)	13.7	(11 - 16.9)
Raleigh-Cary, NC Metropolitan Statistical Area	39.7	(36.4 - 43.2)	42.9	(39.4 - 46.4)	14.5	(12.2 - 17.1)
Richmond, VA Metropolitan Statistical Area	43.0	(38.7 - 47.4)	41.6	(37.2 - 46.1)	8.9	(6.9 - 11.4)
San Antonio, TX Metropolitan Statistical Area	46.2	(41.4 - 51.1)	34.6	(30.1 - 39.4)	10.6	(8 - 14)
Seaford, DE Micropolitan Statistical Area	47.0	(43.8 - 50.3)	35.0	(31.9 - 38.2)	13.9	(11.9 - 16)
Shawnee, OK Micropolitan Statistical Area	39.0	(33.9 - 44.4)	35.6	(30.5 - 41)	18.9	(15 - 23.4)
Spartanburg, SC Metropolitan Statistical Area	39.5	(34.5 - 44.8)	40.7	(35.5 - 46.1)	13.1	(10.4 - 16.5)
Tahlequah, OK Micropolitan Statistical Area	46.7	(41.6 - 51.9)	35.1	(30.3 - 40.3)	13.7	(10.9 - 17.1)
Tampa-St. Petersburg-Clearwater, FL Metropolitan Statistical Area	40.2	(35.8 - 44.7)	41.4	(36.8 - 46.1)	12.3	(9.9 - 15.2)
Tulsa, OK Metropolitan Statistical Area	40.7	(37.5 - 43.9)	40.4	(37.2 - 43.6)	14.4	(12.4 - 16.5)
Virginia Beach-Norfolk-Newport News, VA-NC Metropolitan Statistical Area	48.4	(44.7 - 52.2)	34.2	(30.7 - 37.9)	9.4	(7.6 - 11.4)
Washington-Arlington-Alexandria, DC-VA-MD-WV Metropolitan Division	45.5	(42.3 - 48.8)	35.3	(32.2 - 38.5)	10.7	(8.8 - 13.1)
Wilmington, DE-MD-NJ Metropolitan Division	44.2	(41.5 - 47)	40.2	(37.5 - 42.9)	11.8	(10.3 - 13.6)
Wilmington, NC Metropolitan Statistical Area	47.5	(42.5 - 52.5)	34.3	(29.8 - 39.1)	12.7	(9.9 - 16.1)
Winston-Salem, NC Metropolitan Statistical Area	40.4	(35.8 - 45.1)	40.4	(35.9 - 45)	17.0	(13.8 - 20.8)
Midwest						
Bismarck, ND Metropolitan Statistical Area	47.9	(43.1 - 52.8)	38.5	(33.8 - 43.4)	7.9	(5.7 - 10.9)
Boise City-Nampa, ID Metropolitan Statistical Area	49.8	(46.5 - 53.1)	33.5	(30.4 - 36.6)	9.8	(8.1 - 11.9)
Chicago-Naperville-Joliet, IL-IN-WI Metropolitan Statistical Area	45.0	(42.9 - 47.1)	37.8	(35.7 - 39.9)	13.1	(11.7 - 14.5)
Cincinnati-Middletown, OH-KY-IN Metropolitan Statistical Area	44.6	(40.7 - 48.6)	35.4	(31.7 - 39.4)	12.2	(10.3 - 14.4)
Cleveland-Elyria-Mentor, OH Metropolitan Statistical Area	47.5	(43 - 52)	34.6	(30.4 - 39.2)	9.9	(7.6 - 12.8)
Columbus, OH Metropolitan Statistical Area	45.9	(42.4 - 49.6)	38.2	(34.7 - 41.9)	9.1	(7.6 - 10.8)
Des Moines, IA Metropolitan Statistical Area	43.2	(39.3 - 47.1)	39.8	(36 - 43.7)	12.4	(10.3 - 14.9)
Detroit-Livonia-Dearborn, MI Metropolitan Division	42.6	(39.7 - 45.5)	35.0	(32.2 - 38)	15.7	(13.7 - 17.9)
Fargo, ND-MN Metropolitan Statistical Area	45.4	(38.5 - 52.5)	42.6	(35.6 - 49.8)	8.7	(5.8 - 12.9)
Flint, MI Metropolitan Statistical Area	42.5	(37.2 - 47.9)	40.5	(35.3 - 45.9)	12.1	(9.1 - 15.8)
Huntington-Ashland, WV-KY-OH Metropolitan Statistical Area	40.6	(34.2 - 47.3)	31.7	(25.9 - 38.1)	22.7	(18.3 - 27.8)
Indianapolis, IN Metropolitan Statistical Area	44.1	(41.1 - 47.1)	35.7	(32.9 - 38.6)	12.5	(10.7 - 14.5)
Kansas City, MO-KS Metropolitan Statistical Area	44.6	(42.2 - 46.9)	38.0	(35.7 - 40.3)	12.3	(10.8 - 13.9)
Lansing-East Lansing, MI Metropolitan Statistical Area	48.3	(43.8 - 52.9)	35.7	(31.4 - 40.2)	10.3	(8 - 13.2)
Lincoln, NE Metropolitan Statistical Area	46.4	(42.3 - 50.6)	37.8	(33.9 - 41.9)	9.1	(7.1 - 11.4)
Louisville, KY-IN Metropolitan Statistical Area	35.3	(31.6 - 39.1)	39.2	(35.4 - 43.2)	17.4	(14.6 - 20.7)
Milwaukee-Waukesha-West Allis, WI Metropolitan Statistical Area	50.3	(46.2 - 54.4)	32.5	(28.8 - 36.5)	9.6	(7.6 - 12.1)
Minneapolis-St. Paul-Bloomington, MN-WI Metropolitan Statistical Area	49.7	(46.8 - 52.6)	37.5	(34.8 - 40.4)	9.7	(8.1 - 11.5)
Omaha-Council Bluffs, NE-IA Metropolitan Statistical Area	42.5	(39.9 - 45.2)	38.6	(36.1 - 41.3)	13.1	(11.5 - 15)
Rapid City, SD Metropolitan Statistical Area	50.9	(47.3 - 54.6)	35.3	(32 - 38.7)	9.2	(7.2 - 11.6)
Scottsbluff, NE Micropolitan Statistical Area	44.2	(39.1 - 49.5)	39.1	(34.1 - 44.4)	9.1	(6.8 - 12.1)
Sioux Falls, SD Metropolitan Statistical Area	42.0	(38.4 - 45.6)	42.3	(38.8 - 45.9)	11.3	(9 - 13.9)
St. Louis, MO-IL Metropolitan Statistical Area	45.3	(41.4 - 49.2)	37.5	(33.8 - 41.3)	13.1	(10.3 - 16.6)
Topeka, KS Metropolitan Statistical Area	48.7	(44.5 - 52.9)	36.0	(32.2 - 40)	11.7	(9.4 - 14.5)
Warren-Farmington Hills-Troy, MI Metropolitan Division	49.9	(47.5 - 52.3)	35.2	(33 - 37.5)	10.6	(9.3 - 12)
Wichita, KS Metropolitan Statistical Area	46.4	(43.4 - 49.3)	37.7	(34.9 - 40.7)	12.9	(11.2 - 14.8)
West						
Albuquerque, NM Metropolitan Statistical Area	48.4	(45.3 - 51.5)	34.6	(31.7 - 37.6)	10.6	(8.9 - 12.6)
Anchorage, AK Metropolitan Statistical Area	57.1	(52.4 - 61.6)	30.0	(26 - 34.4)	8.7	(6.4 - 11.7)
Billings, MT Metropolitan Statistical Area	47.7	(42 - 53.5)	37.6	(32 - 43.5)	7.5	(5.1 - 10.8)
Bremerton-Silverdale, WA Metropolitan Statistical Area	55.4	(51.6 - 59.2)	32.3	(28.8 - 36)	7.7	(6 - 9.8)
Casper, WY Metropolitan Statistical Area	53.9	(49.4 - 58.3)	31.3	(27.3 - 35.5)	9.6	(7.4 - 12.3)
Cheyenne, WY Metropolitan Statistical Area	49.4	(45.5 - 53.3)	35.5	(31.8 - 39.3)	8.7	(6.8 - 10.9)
Coeur d'Alene, ID Metropolitan Statistical Area	46.4	(40.9 - 52)	37.9	(32.7 - 43.4)	10.1	(7 - 14.5)
Colorado Springs, CO Metropolitan Statistical Area	52.7	(48.5 - 56.8)	31.4	(27.7 - 35.3)	9.2	(7 - 11.9)
Denver-Aurora, CO Metropolitan Statistical Area	50.4	(48.1 - 52.8)	35.9	(33.7 - 38.2)	8.2	(7.1 - 9.5)
Eugene-Springfield, OR Metropolitan Statistical Area	57.2	(53.7 - 60.5)	30.7	(27.6 - 34.1)	6.5	(5.2 - 8.1)
Fairbanks, AK Metropolitan Statistical Area	54.0	(49 - 59)	30.1	(25.5 - 35.2)	9.9	(7.2 - 13.5)
Grand Rapids-Wyoming, MI Metropolitan Statistical Area	47.2	(43.2 - 51.2)	37.4	(33.6 - 41.4)	8.9	(7.1 - 11.2)
Hilo, HI Micropolitan Statistical Area	51.8	(48.7 - 54.9)	33.0	(30.2 - 36.1)	9.9	(8.3 - 11.8)
Honolulu, HI Metropolitan Statistical Area	49.5	(47.4 - 51.7)	35.2	(33.1 - 37.3)	11.8	(10.5 - 13.3)
Idaho Falls, ID Metropolitan Statistical Area	47.7	(42.8 - 52.8)	35.4	(30.7 - 40.4)	8.4	(6.1 - 11.4)
Kahului-Wailuku, HI Micropolitan Statistical Area	53.8	(49.8 - 57.8)	31.2	(27.7 - 35)	10.9	(8.4 - 14)
Kapaa, HI Micropolitan Statistical Area	51.5	(45.7 - 57.3)	31.5	(26.7 - 36.8)	9.4	(7 - 12.4)
Kennewick-Richland-Pasco, WA Metropolitan Statistical Area	53.6	(49.1 - 58.1)	33.2	(29.1 - 37.6)	9.2	(7 - 11.9)
Las Cruces, NM Metropolitan Statistical Area	43.3	(39.2 - 47.5)	34.5	(30.6 - 38.7)	15.8	(13 - 18.9)
Las Vegas-Paradise, NV Metropolitan Statistical Area	46.7	(43.1 - 50.3)	36.5	(33.1 - 40.1)	11.2	(9.1 - 13.8)
Lewiston, ID-WA Metropolitan Statistical Area	47.9	(42.7 - 53.1)	34.2	(29.5 - 39.3)	11.4	(8.4 - 15.2)
Los Angeles-Long Beach-Glendale, CA Metropolitan Division	45.4	(41.2 - 49.7)	32.4	(28.5 - 36.6)	13.3	(10.4 - 16.7)
Medford, OR Metropolitan Statistical Area	58.4	(54 - 62.7)	26.0	(22.3 - 30.1)	9.5	(7.2 - 12.3)
Ogden-Clearfield, UT Metropolitan Statistical Area	53.1	(49.3 - 56.9)	35.3	(31.7 - 39.1)	5.9	(4.4 - 7.8)
Olympia, WA Metropolitan Statistical Area	56.7	(53.8 - 59.7)	30.9	(28.3 - 33.6)	8.0	(6.5 - 9.9)
Phoenix-Mesa-Scottsdale, AZ Metropolitan Statistical Area	50.5	(46.5 - 54.4)	33.8	(30.2 - 37.7)	9.7	(7.7 - 12.1)

**Physical Activity Prevalence Statistics by Metropolitan Area—
United States, SMART BRFS 2005**

Metropolitan Area ^a	Recommended ^b		Insufficient ^c		Inactive ^d	
	% ^e	95% CI ^f	% ^e	95% CI ^f	% ^e	95% CI ^f
Portland-Vancouver-Beaverton, OR-WA Metropolitan Statistical Area	51.9	(50.5 - 53.4)	32.7	(31.4 - 34.1)	8.4	(7.7 - 9.2)
Provo-Orem, UT Metropolitan Statistical Area	47.9	(43.4 - 52.5)	41.1	(36.6 - 45.8)	7.4	(5.3 - 10.3)
Reno-Sparks, NV Metropolitan Statistical Area	51.7	(48.3 - 55)	33.5	(30.5 - 36.7)	10.6	(8.6 - 12.9)
Riverside-San Bernardino-Ontario, CA Metropolitan Statistical Area	47.4	(43.1 - 51.7)	32.9	(29 - 36.9)	14.3	(11.2 - 18.2)
Salem, OR Metropolitan Statistical Area	46.7	(42.9 - 50.5)	34.0	(30.7 - 37.6)	11.0	(8.7 - 14)
Salt Lake City, UT Metropolitan Statistical Area	52.1	(49.6 - 54.6)	35.3	(33 - 37.7)	7.7	(6.4 - 9.1)
San Diego-Carlsbad-San Marcos, CA Metropolitan Statistical Area	51.9	(47.3 - 56.6)	33.6	(29.4 - 38)	10.0	(7.5 - 13.2)
San Francisco-Oakland-Fremont, CA Metropolitan Statistical Area	52.9	(48.4 - 57.3)	30.6	(26.6 - 34.9)	11.5	(8.8 - 15)
Santa Ana-Anaheim-Irvine, CA Metropolitan Division	49.8	(45 - 54.6)	34.0	(29.5 - 38.8)	10.5	(7.8 - 13.8)
Santa Fe, NM Metropolitan Statistical Area	53.4	(48 - 58.8)	34.0	(28.9 - 39.4)	8.0	(5.7 - 11.2)
Seattle-Bellevue-Everett, WA Metropolitan Division	50.8	(49.1 - 52.4)	36.2	(34.6 - 37.9)	8.1	(7.2 - 9)
Spokane, WA Metropolitan Statistical Area	50.6	(47.3 - 53.8)	35.4	(32.3 - 38.6)	8.5	(7.1 - 10.3)
Tacoma, WA Metropolitan Division	50.4	(47.6 - 53.3)	34.8	(32.1 - 37.6)	9.2	(7.6 - 11)
Tucson, AZ Metropolitan Statistical Area	50.8	(46.2 - 55.5)	34.1	(29.8 - 38.7)	11.1	(8.5 - 14.3)
Wenatchee, WA Metropolitan Statistical Area	51.1	(47.2 - 55.1)	34.0	(30.4 - 37.8)	10.0	(7.8 - 12.8)
Yakima, WA Metropolitan Statistical Area	43.3	(39.1 - 47.5)	37.5	(33.5 - 41.8)	10.9	(8.8 - 13.5)
Yuma, AZ Metropolitan Statistical Area	45.5	(40.2 - 50.9)	31.1	(26.5 - 36.1)	17.8	(14 - 22.5)

Note: Data were adjusted for non-responses and weighted to the population of the geographic area.

^aMetropolitan areas with at least 500 survey respondents are shown. Areas were defined by OMB Bulletin 05-02, June 6, 2003.

^a Metropolitan division is a metropolitan statistical area containing a single urbanized area with a population of 2.5 million that has been subdivided into metropolitan divisions, which function as distinct social and economic areas within the larger metropolitan statistical area.

^bRecommended physical activity = reported moderate-intensity activities in a usual week (i.e., brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate) for ≥ 30 minutes per day, ≥ 5 days per week or vigorous-intensity activities in a usual week (i.e., running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate) for ≥ 20 minutes per day, ≥ 3 days per week or both. This can be accomplished through lifestyle activities (i.e., household, transportation, or leisure-time activities).

^cInsufficient physical activity = more than 10 minutes total per week of moderate or vigorous-intensity lifestyle activities (i.e., household, transportation, or leisure-time activity), but less than the recommended level of activity.

^dInactivity = less than 10 minutes total per week of moderate or vigorous-intensity lifestyle activities (i.e., household, transportation, or leisure-time activity).

^e% = estimated proportion of the population.

^f95% CI = confidence interval.