



# CHICKENPOX

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Chickenpox has nothing to do with chickens. Chickenpox got its nickname because the blisters look like chick peas. Chickenpox can be spread very easily from person to person. It is spread through the air by coughing or sneezing, or even talking. It can also be spread by contact with fluid from blisters. The disease is contagious from 1 or 2 days before the rash appears until all the blisters are dried up, which usually takes 4 to 5 days. After a person has chickenpox, the virus stays in the body. Years later, it can cause a painful disease called zoster or shingles. There is a shot for chickenpox called varicella vaccine.