

*Express Your Health!*TM



Wash Hands to Keep Germs Away

Be sure to wash your hands before, during, and after you prepare food; before you eat and after you use the bathroom; after handling animals or animal waste; when your hands are dirty; and more frequently when someone in your home is sick.

Help the girl find her way to the sink so she can wash her hands after playing with her dog.



Express Your Health!™

Be Safe & Protect Yourself

Protect yourself while doing your favorite activities. Find and circle the following words related to staying safe.

CROSSWALK

BUCKLE UP

KNEEPADS

LIFE VEST

SEATBELT

HELMET



S	L	I	F	E	P	V	E	S	S	R	T
T	C	R	O	S	S	W	A	L	K	S	H
S	W	B	L	U	L	L	S	E	U	V	U
E	D	L	W	W	A	E	C	S	E	F	S
A	B	U	C	K	L	E	U	P	T	H	K
T	L	I	F	E	V	E	S	T	L	E	K
B	E	B	T	C	F	E	T	B	A	L	T
E	S	S	D	U	E	L	L	B	S	M	L
L	K	N	E	E	P	A	D	S	S	E	E
T	L	V	E	T	O	C	E	E	R	T	A

