



My Kid has ADD
and a couple of F's.

Cheyenne Mountain High School
Colorado Springs, Colorado

Al Pocock, MA

Cheyenne Mountain – District 12

- High School -1400 Students
- Colorado Springs, Colorado
- LEAD: Four Year Opt-In Program
- Combined Academic / Counseling Orientation
- Staff Characteristics
- Assessments
- Broad-scale Parental Involvement

LEAD: Program Philosophy

- Our Mission: We as high school students have adopted a mission to educate ourselves and others with respect to dealing with the social, emotional and academic aspects of learning disabilities.

Executing The Mission

- Scientifically Based Instruction
- Self-Advocacy
- Support Group Interaction
- Student Mentoring
- Community Education

Scientifically Based Instruction: Matching Curriculum With School Culture

- Exploring Neurology and Brain Function
- References, Resources and Technology
- Focused Role Playing
- Understanding The Art Of Negotiation

Self-Advocacy: Increasing the Student's Self-Awareness

- Determine: Personal Strengths and Challenges
- Define: Personal Learning Style
- Identify: Personal Interests and Passions
- Recognize: Rights according to Section 504 (A.D.A.) and I.D.E.A.

“Never underestimate the importance of involving children in the process of reviewing their own education and offering suggestions and insights. This sense of involvement and ownership is what we must strive to nurture in our children.”

Robert Brooks, Ph.D., Sam Goldstein, Ph.D., Raising Resilient Children

Student Support Group: Becoming Part of the Program

- Create A Trusting Environment
- Encourage Courageous Interaction
- Develop Understanding Through Dialogue
- Practice Articulating the Message

Student Mentoring: Passing The Knowledge Along

- Self-Awareness Begins At An Early Age
- Elementary and Middle School Programs

Community Education: Learning Through Teaching

- Peer, Parent and Educator Presentations
- State and National Disability Conferences
- Establishment of LEAD Foundation
- Advocating To The Business Community

Implementation Issues

- Scheduling Conflicts
- Disabilities Stigma
- Administration / Regular (Content) Support

The Question Of The Day:

Q: How many ADHD children does it take to change a light bulb?

A: Let's go ride bikes.