Good Food, Good Value.

Since 1926



For A Low Carb Lifestyle HICKORY SMOKED• OVEN ROASTED•WITH SKINS

# **BARBECUE PORK**

PATRIC METRICETONS.

CONVENTIONAL: EMPTY INTO SAUCE PAN OVER MEDI-LIM HEAT HEAT TO SIMMERING STIR OCCASIONALLY

MICROWAVE: EMPTY INTO A MICROWAVE-SAFE DISH: COVER AND HEAT ON HIGH FOR 30-60 SECONDS OR UNTIL WARM, STIR MIDWAY THROUGH THE HEATING CYULF AND REFORE SERVING

DEEDIGEDATE HAILIGED PORTION





### **Nutrition Facts**

Serving Size 1/4 cup (61g) Servings Per Container About 4.5

**Amount Per Serving** 

Calories 160 Calories from Fat 110

% Daily Value\*

Total Fat 12g 19%
Saturated Fat 4g 22%
Trans Fat 0g

Cholesterol 35mg 12% Sodium 290ma 12%

Total Carbohydrate 2g 19
Dietary Fiber 1g 79

Sugars 1g

Protein 10g

Vitamin A 8% • Vitamin C 0%
Calcium 2% • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet.

INDRIGUENTS, SAMERUDO DONE WITH SOM IN BARBICOS SAULE COM-SISTINGO FORDEROTH ESTUDIES DESCRETALE PROTEIN SOF PROTEIN L'ONCENTRATE, CARAMEL COLORINGI, VINESARI, AND LESS THAN 2 PER-CENT, TOMATOES, SALT, PAPRIKA, RAJONINAS, SAMER LANGA, SOM POWERPED WINESESTERBERIES SAULS (DECRIPOSE, DEPUTURATED GAR-LIC, SALT, CELLULOSE BUM, CHILL PEPPER, SPICES, MISTARO, MALIK ACOL INTIDIAL PLANGHINAS, DEPUTURATED ONLINI, CONTAINS, SUY CASTIL EREPRYS, FORDO CO. AUGUSTA, GA. SURGIAL S.S. A. # 3496

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# Good Food, Good Value. Since 1926

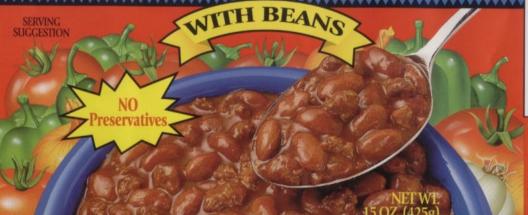
#### HEATING INSTRUCTIONS

CONVENTIONAL: EMPTY INTO SAUCE PAN OVER MEDIUM HEAT. HEAT TO SIMMERING.

MICROWAVE: EMPTY INTO A MICROWAVE SAFE DISH, COVER AND COOK ON HIGH 3 TO 4 MINUTES. STIR AT 2 MINUTES AND BEFORE

### REFRIGERATE UNUSED PORTION





## **Nutrition Facts**

Serving Size 1 cup (240g) Servings Per Container About 2

#### **Amount Per Serving**

Calories 350 Calories from Fat 190

	% Daily Value*
Total Fat 21g	32%
Saturated Fat 9g	45%
Trans Fat 1g	
Cholesterol 45mg	15%
Sodium 1090mg	45%
Total Carbohydra	ite 26g 9%

#### Sugars 2g Protein 14a

Dietary Fiber 8q

Vitamin A 90% • Vitamin C 2%

Calcium 6% • Iron 25%

\*Percent Daily Values are based on a 2,000 calorie diet.



CASTLEBERRY'S FOOD CO. AUGUSTA, GA 30903 U.S.A. **VISIT OUR WEBSITE** 

www.castleberrys.com

30%







# **Nutrition Facts**

Serving Size 1 Cup (235g) Servings Per Container About 2

#### **Amount Per Serving**

Calories 430 Calories from Fat 250

Total Carbohydrate 25g 8%
Dietary Fiber 3g 14%

Sugars less than 1g

Protein 21g

Vitamin A 2% • Vitamin C

Calcium 2% • Iron 89

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: BEEF, WATER, DEHYDRATED POTATOES, LESS THAN 2 PERCENT: SALT, SUGAR, FLAVORINGS, SODIUM NITRITE.

DISTRIBUTED BY: SOUTHERN HOME P.O. BOX 2486 BIRMINGHAM, AL 35201

STOVE: HEAT SLOWLY IN A HEAVY SAUCEPAN, STIRRING FREQUENTLY.

MICROWAVE: EMPTY INTO MICROWAVE-SAFE DISH. COVER AND HEAT ON HIGH FOR 1-2 MINUTES OR UNTIL WARM. STIR MIDWAY THROUGH THE HEATING CYCLE AND BEFORE SERVING.





INGREDIENTS: BEEF, WATER, DEHYDRATED POTATOES, LESS THAN 2 PERCENT: SALT, SUGAR, FLAVORINGS, SODIUM NITRITE.

# Nutrition Facts

Serving Size 1 cup (235g) Servings Per Container about 2

#### Amount Per Serving

Calories 430 Calories from Fat 250

	% Daily Value*
Total Fat 28g	42%
Saturated Fat 13g	65%
Trans Fat 2g	
Cholesterol 55mg	18%
Sodium 1070mg	45%

Total Carbohydrate 25g 8%
Dietary Fiber 3g 14%

Sugars less than 1g

Protein 21g

Calcium 2%

Vitamin A 2% • Vitamin C 4%

Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet.

Morton House Corned Beef Hash is fully cooked. Just heat and serve.

#### SERVING SUGGESTION:

For delicious hash patties, chill can. Remove both ends of can and push hash out. Slice into patties. Fry until slightly crisp. Makes an ordinary breakfast "something special"

#### TO HEAT:

Empty contents into skillet. Heat on medium setting for approximately 10 minutes, turning occassionally.

#### FOR MICROWAVE:

Empty into a microwavesafe dish. Cover and heat on high for 1-2 minutes or until warm. Stir midway through the heating cycle and before serving.

REFRIGERATE AFTER OPENING







Morton House Brand Augusta, GA 30903 Made in the U.S.A.











#### **Nutrition Facts**

Serving Size 1/4 cup (55g/2oz) Servings Per Container 5

Amount Per Serving	2 oz	10Z*
Calories	130	70
Calories from Fat	100	50
	% Daily \	/alue**
Total Fat 11gt	17%	9%
Saturated Fat 5g	25%	13%
Trans Fat 0.5g		
Cholesterol 20mg	7%	3%
Sodium 240mg	10%	5%
Total Carb. 3g	1%	1%
Dietary Fiber 1g	4%	0%
Sugars 0g		
Protein 4g		
Vitamin A	6%	4%
Vitamin C	2%	0%
Calcium	2%	0%
Iron	4%	2%
†Amount in two nunces		

TAmount in two ounces.

BUNKER HILL. Pastleberry's

NGREDIENTS: BEEF, WATER, BEEF STOCK TEXTURED SOY PROTEIN (SOY FLOUR, CARAMEL COLOR), FLAVORINGS, CRACKER-MEAL (ENRICHED WHEAT FLOUR INIACIN REDUCED IRON. THIAMINE MONONITRATE. RIBOFLAVIN, FOLIC ACID]), SOY FLOUR, SALT, MODIFIED FOOD STARCH, MONO-SODIUM GLUTAMATE. CONTAINS: SOY. WHEAT.

#### CASTLEBERRY'S FOOD CO. AUGUSTA, GA 30903 U.S.A.

To Heat: Empty contents into saucepan and heat on medium setting for 5-7 minutes. Stir occasionally.

Microwave: Empty into a microwavesafe dish. Cover and heat on high for 30-60 seconds or until warm. Stir midway through the heating cycle and before serving.

Refrigerate unused portion



<sup>\*</sup>Typical Restaurant Chili Dog Serving Size \*\*Percent Daily Values are based on a 2,000 calorie diet.

Trans Fat 0.5g

Protein 20g

Vitamin A 15% . Vitamin C 0%

Iron 15%

INGREDIENTS: WATER, BEEF, COOKED BEANS, TOMA-TOES, MODIFIED FOOD STARCH, TEXTURED SOY PRO-TEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR) JALAPEÑO PEPPERS (JALAPEÑO PEPPERS, SALT, ACETIC DEHYDRATED GREEN PEPPERS, DE HYDRATED RED PEPPERS, PAPRI KA, CITRIC ACID, CARAMEL COLOR

CONTAINS: SOY

**Nutrition Facts** Serving Size 1 cup (242g) Servings Per Container About 2 **Amount Per Serving** Calories 290 Calories from Fat 100

% Daily Value\* Total Fat 12g 18%

Saturated Fat 6g 28%

Cholesterol 40mg 13%

Sodium 820mg 34%

Total Carbohydrate 23g 8%

Dietary Fiber 5g 22%

Sugar 5g

SERVING

IGGESTION

Calcium 10% .

CASTLEBERRY'S FOOD CO. AUGUSTA, GA 30903 U.S.A. 1212

CATTLE DRIVE CHILI

Chili con carne - an American favorite for generations - is said to have originated during the famous cattle drives of the mid 1800s. Chuck wagon cooks would often plant chilies onions, and spices among the wild mesouite along the trail On future drives they would harvest their ingredients and combine them with meat to make "trail drive chili," a staple among hungry, hard-working cowboys.

It is from these storied beginnings that we bring you Cattle Drive Chill. Premium cuts of beel Tantalizing Southwest seasonings. A mediev of hearty beans and crisp vegetables. Together they capture the taste of the rugged Old West, and the spirit of the cowhands that rode the ranges to foring home the beet.

HEATING INSTRUCTIONS

CONVENTIONAL: EMPTY INTO SALICE PANOVER MEDILIM

MICROWAVE: EMPTY INTO A MICROWAVE-SAFE DISH. COVER AND HEAT ON HIGH FOR 1-2 MINUTES OR UNT WARM, STIR MIDWAY THROUGH THE HEATING CYCLE AND BEFORE SERVING

#### REFRIGERATE UNUSED PORTION

**Questions or Comments?** Call Toll Free 1-866-51-CHILI (1-866-512-4454)







### **Nutrition Facts**

Serving Size 1 cup (235g) Servings Per Container about 2

#### **Amount Per Serving**

Calories 430 Calories from Fat 250

aily Value*
42%
65%
18%
45%
8%
14%

#### Protein 21g

Vitamin A 2%	٠	Vitamin	C	4

Calcium 2% • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: BEEF, WATER, DEHYDRATED POTATOES, LESS THAN 2 PERCENT: SALT, SUGAR FLAVORINGS, SODIUM NITRITE. DIST. BY MEIJER DISTRIBUTION, INC. GRAND RAPIDS, MI 49544



**HEATING DIRECTIONS** 

STOVE: HEAT SLOWLY IN A HEAVY SAUCEPAN OR SKILLET OVER MEDIUM HEAT, STIRRING OCCASIONALLY.

MICROWAVE: EMPTY INTO A MICROWAVE-SAFE DISH. COVER LOOSELY WITH PLASTIC WRAP. HEAT ON HIGH FOR 1-2 MINUTES, STIRRING ONCE MIDWAY THROUGH THE HEATING CYCLE.

REFRIGERATE IN SEPARATE CONTAINER ANY UNUSED PORTIONS.





