Purging and evacuating air from \bullet " ", \bullet " "

CMT	Cross	Activity and links to ODE on D/C
GMT	Crew	Activity and links to ODF or R/G
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40–06:50	PLT	Determination of the hematocrit number / Ì Î Vol. 2, item 3-10, pg. 3-65-
06:40-07:10	FE-1	3-67
06:50-07:10	CDR	
07:10–08:30	PLT, FE- 1	Ñ ÏĐÓÒ. Study of human bodily fluids parameters / ÌÝ item 2, pg. 2-1–2-22
07:10-08:10	CDR	Check thermal parameters of CMG / ÎÑÀ_0651
08:30-09:20		BREAKFAST
09:20–12:50	CDR, FE-1	Prep for 5A / OCA_1006
09:50–10:00	PLT	Finish regeneration of Ô1 absorbent cartridge (Á Ì Ï) / Ñ ÎÃÑ Ñ Ì, item 7.3, pg. 7-4–7-5, steps 3, 4
10:00–10:15	PLT	Start regeneration of Ô1 absorbent cartridge (Á Ì Ï) / Ñ ÎÃÑ Ñ Ì, item 7.3, pg. 7-4, step 2
10:15-12:15	PLT	Transfer and stow equipment in Progress using IMS / ð/ã
12:15-12:25	PLT	Inspect separator ÁÐ ÏÊ-1
12:50-13:10		PAO TV event (OCA)
13:10-14:10	PLT	Physical exercise (TVIS-3)
13:10-14:10	CDR	Physical exercise (TVIS)
14:10-15:10		LUNCH
15:10–16:10	CDR, FE-1	Transfer and stow equipment in Progress using IMS / r/g
15:10–16:40	PLT	Replace hose Å-Ê ÀÑÓ-Ñ ÏÊÓ and Å-Ê container / r/g 462
16:10-16:25	CDR	Routine inspection of the resistive exercise device (RED) / ÎÑÀ_0949
16:25-17:25	CDR	Physical exercise (IRED)
16:47-18:17	PLT	Physical exercise (TVIS-3)
16:52-17:12	FE-1	Prep delta file for downlink
17:12–18:12	FE-1	Physical exercise (IRED-3)
17:25–18:35	CDR	Plant morphology: take and downlink photos / ÎÑÀ_0869 step 6
18:12-18:27	FE-1	Private medical conference
18:17-18:47	PLT	
18:27-18:47	FE-1	Report prep
18:35-18:47	CDR	
18:47–19:17	CDR, FE-1	Review plans for the next day
18:47-18:57	PLT	Cable between ÏÒÀÁ3 and ÏÒÀÁ4: mate connectors Õ163/100 / r/g 466
18:57–19:17	PLT	Review plans for the next day
19:17–19:47		DINNER
19:47-20:02		Daily planning conference (evening)
20:02-20:30		Daily food ration prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
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End of radiogram