

Radiogram #437_____F 24 for January 13

Crew Rest

TIME	CREW	ACTIVITY	Flight proc. or r/g
06:00 - 06:10		ISS morning inspection	
06:10 - 06:40		Post sleep	
06:40 - 07:25	FE-1	Breakfast	
06:40 - 07:30	CMD, PILOT	Breakfast	
07:25 - 07:40	FE-1	PMC	
07:40 - 08:40		Daily housekeeping	Ï Î Book 1 item 2.2.1 ð. 2-2
09:40 - 10:40	CMD	TVIS exercises	
10:40 - 12:10	FE-1	TVIS – 2 exercises	
11:10 - 12:10	PILOT	IREN – 2 exercises	
12:10 - 13:10		Lunch	
13:10 - 15:10		Mission interim sum up and review of SG recommendations and questions	R/g ÎÑÀ_887
16:35 - 17:15	CMD	JASON PROJECT, PHOTO IMAGING	R/g ÎÑÀ_0869 step 6
16:45 - 17:45	FE-1	IREN – 2 exercises	
17:15 - 17:45	CMD	Jason Project, image downlink	R/g OCA_0869 step 6
17:45 - 19:15	CMD	RED exercises	
17:45 - 19:15	PILOT	TVIS – 2 exercises	
19:15 - 19:45		Dinner	
19:45 - 20:05		Talk to 5À crew via ÎÑÀ	
20:05 - 20:30		Daily food ration prep	
20:30 - 21:30		Pre-sleep	
21:30 - 06:00		Sleep	

End of Radiogram