

Crew rest

06:00	06:10		ISS morning inspection
06:10	06:40		Post sleep activities
06:40	07:30	PILOT, CDR	Breakfast
06:40	07:10	FE-1	Breakfast
07:03	07:24	FE-1	Window #9 cover video shooting downlink
07:30	07:55	PILOT	ÑÊÂ2-ÒÎ (Maintenance) Moisture removing from ÑÊÂ2
10:00	11:30	CDR	Exercises (IRED)
11:00	12:30	PILOT	Exercises (TVIS-2)
11:30	12:30	FE-1	Exercises (IRED-2)
12:30	13:30		Dinner
13:30	15:30		ISS housekeeping ÌÎ book 1 page 2-2 p. 2.2.1
16:00	16:10	CDR	Plants morphology: Photography. ISS CSG Photo/TV Book, P/TV 112 JASON PROJECT, pg. 57-58. Perform Camera Setup and Camera Operations (Tracking Number 11-26)
16:10	16:20	CDR	Plants morphology: Images downlink. ISS CSG Photo/TV Book, P/TV 112 JASON PROJECT, pg. 57-58. Perform Camera Setup and Camera Operations (Tracking Number 11-26)
17:00	18:00	CDR	Exercises (TVIS)
18:00	19:30	FE-1	Exercises (TVIS-2)
18:30	19:30	PILOT	Exercises (IRED-2)
19:30	20:00		Evening meal
20:00	20:30		Next day food ration preparation
20:30	21:30		Pre sleep activities
21:30	06:00		Sleep

End of the radiogram