

Update of ???? Software / VHF-Packet Test / Crew Rest

GMT	Crew	Activity / <i>ODF or R/G</i>
06:00–06:10		Morning inspection
06:10–06:40		Personal hygiene (post-sleep)
06:40–07:30		BREAKFAST
08:00–08:15		Daily planning conference
08:15–10:15		Weekly station cleanup / <i>??? MO Vol. 1, item 2.2.1, page 2-2</i>
10:15–10:55	PLT	Maintenance of ???
10:15–10:40	CDR	LAB payload daily status check
11:25–12:25	FE-1	Physical exercise (cycle-2)
11:30–13:00	PLT	Physical exercise (TVIS+IREDD day 2)
12:45–13:00	FE-1	Voice conference with IMS officer
13:00–13:30		Weekly planning conference
13:30–14:30		LUNCH
15:30–16:30	CDR	Physical exercise (CEVIS)
15:50–16:00	FE-1	Functional test of ???? 2 / <i>r/g</i>
16:30–18:00	CDR	Physical exercise (RED)
17:15–17:30	FE-1	Regeneration of ? 1 absorption cartridge in ??? (start) / <i>??? ???? ??, item 7.3, page 7-3, step 1</i>
18:00–18:20	PLT	Mating 10? -?100 connector / <i>??? ????? ?? 1, item 9.1, page 9-1</i>
18:00–19:30	FE-1	Physical exercise (TVIS+IREDD day 2)
18:30–19:30	PLT	Physical exercise (cycle-2)
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)
21:30–06:00		SLEEP

Note: see OSTP for references to US activities

End of radiogram