

Radiogram No. 1911u

Form 24 for 09.24.2001

**Changing Attitude From LVLH To Solar Equilibrium (OCK to PCO)**

GMT	Crew	Activity / <i>ODF or R/G</i>
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–06:50	CDR	Calf volume measurement / <i>MO Vol. 2, item 3.7, page 3-37</i>
06:40–06:50	FE-1	? ? -8: configuration setup / <i>MO Vol. 2, item 3.8.1, step 7, page 3-43</i>
06:50–07:00	PLT	Calf volume measurement / <i>MO Vol. 2, item 3.7, page 3-37</i>
06:50–07:05	FE-1	Body mass measurement / <i>MO Vol. 2, item 3.8.2, pages 3-45 to 3-47</i>
07:05–07:15	FE-1	Calf volume measurement / <i>MO Vol. 2, item 3.7, page 3-37</i>
07:05–07:20	PLT	Body mass measurement / <i>MO Vol. 2, item 3.8.2, pages 3-45 to 3-47</i>
07:20–07:35	CDR	
07:35–07:45	FE-1	? ? -8: concluding ops / <i>MO Vol. 2, item 3.8.3, page 3-48</i>
07:45–08:35		BREAKFAST
08:35–09:05		Work prep
09:10–09:25		Daily planning conference
09:25–09:55	CDR	US payload daily status check
09:30–10:00	FE-1	Bonner Ball maintenance
09:35–09:45	PLT	ICE: shaker activation
09:45–10:05	PLT	ICE: shaker frequency activation
09:50–10:30	CDR	Physical exercise file download (CMC-FILE-EXER-DWNLD)
10:00–10:20	FE-1	HRF rack powerup
10:05–11:35	PLT	Physical exercise (TVIS+RED day 1)
10:20–10:50	FE-1	Bonner Ball: HRF w/s setup
10:30–10:50	CDR	RENAL – hardware set-up
10:50–11:00	FE-1	HRF w/s file update
11:00–12:00	CDR	Physical exercise (TVIS)
11:00–12:00	FE-1	Physical exercise (cycle day 1)
11:35–12:00	PLT	Collecting humidity condensate samples./ <i>RODF ??? , item 2.1.11.1, steps 1-2, page 2-7</i>
12:00–13:00		LUNCH
13:00–15:30		Emergency evacuation drill / new ISS configuration / <i>r/g1913u</i>
15:30–15:50	PLT	ICE: shaker frequency activation
15:30–17:00	CDR	Physical exercise (RED)
15:30–15:50	FE-1	Bonner Ball: HRF w/s deactivation
15:50–16:00	FE-1	HRF rack powerdown
15:50–16:00	PLT	ICE: photo ops N025 setup
16:00–16:15	PLT	ICE: photo ops N025
16:05–16:45	FE-1	Delta file downlink prep
16:30–16:50	PLT	ICE: shaker frequency activation
16:45–18:15	FE-1	Physical exercise (TVIS+RED day 1)
16:50–17:00	PLT	ICE: shaker deactivation

17:00–17:10	PLT	ICE: shaker relocation
17:00–17:15	CDR	RENAL-making an entry into food and fluid intake log
17:15–18:15	PLT	Physical exercise (cycle day 1)
17:55–18:15	CDR	Cable connection to the robotics workstation
18:15–18:35		Reviewing plan for the next day
18:35–18:50		Daily planning conference
18:50–19:20	PLT	17?? .42? 8242?-8510 cable configuring and connection to Molnia ???-3? equipment/ <a href="#">r/g1914u</a>
18:50–19:30	CDR,FE-1	Report prep
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30	CDR, PLT	Pre-sleep
20:30–20:45	FE-1	Regeneration of ? 1 absorption cartridge in ?? ? (start) / <a href="#">???? ?? item 7.3, page 7-3, step 1</a>
20:45–21:30	FE-1	Pre-sleep
21:30–06:00		SLEEP

**Note:** See OSTP for references to US activities

End of radiogram