

Testing New Version Of ????? (Day 4)

GMT	Crew	Activity / <i>ODF or R/G</i>
06:00–06:10		Morning inspection
06:10–06:40		Personal hygiene (post-sleep)
06:40–07:30		BREAKFAST
08:00–08:15	PLT, FE-1	Physical exercise conference (via S-band)
08:15–10:15		Weekly station cleanup / <i>?? Vol. 1, item 2.2.1, page 2-2</i>
10:25–10:35	PLT	Inspection of ?????-1 separator
10:35–12:05	PLT	Physical exercise (TVIS+RED day 2)
10:50–11:50	FE-1	Physical exercise (cycle-2)
11:40–12:00	CDR	LAB payload daily status check
11:50–12:05	FE-1	IMS voice conference
12:05–12:30		Weekly planning conference (via S-band)
12:30–13:30		LUNCH
14:35–14:50	PLT	Private psychological support conference
16:00–17:00	CDR	Physical exercise (CEVIS)
16:10–16:25	FE-1	Private psychological support conference
17:00–18:30	CDR	Physical exercise (RED)
17:55–18:35	PLT	Maintenance of ???
18:00–19:30	FE-1	Physical exercise (TVIS+RED day 2)
18:35–19:30	PLT	Physical exercise (cycle-2)
19:30–20:00		DINNER
20:00–20:30		Daily food ration prep
20:30–21:30		Personal hygiene (pre-sleep)
21:30–06:00		SLEEP

Note: See OSTP for references to US activities

End of radiogram