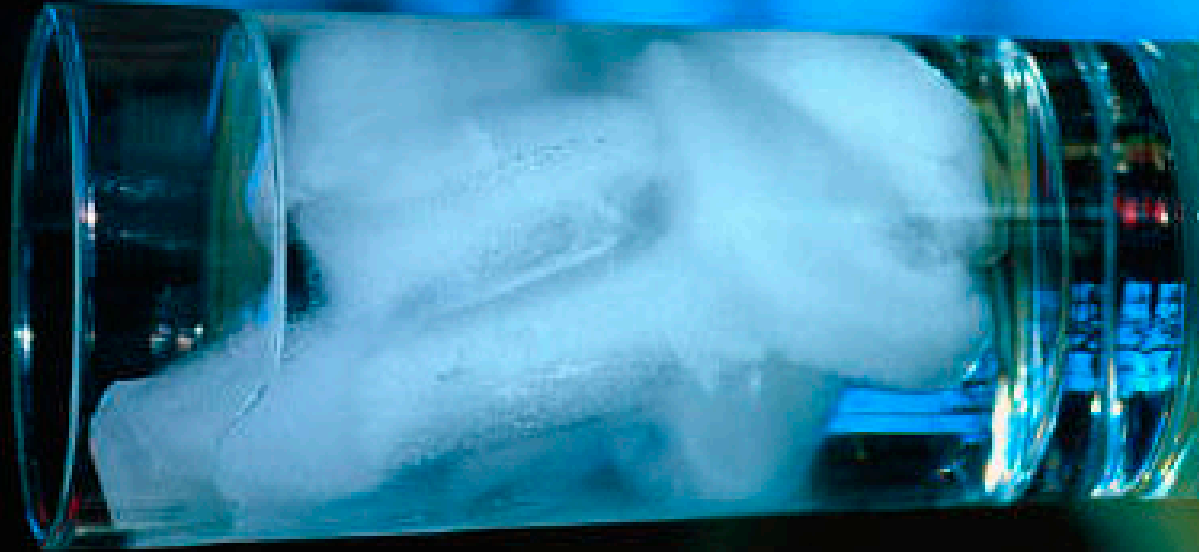


Name:

Week:

Team WIC Water Challenge



Sun																	
Mon																	
Tues																	
Wed																	
Thurs.																	
Fri.																	
Sat.																	

Can you drink 8 glasses each day?

Color in a glass above for each 8 ounce serving of water you drink during the next 2 weeks.

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