

CREW REST

GMT		Crew	Activity	ODF	Items/Steps
06:00	06:10		Morning inspection		
06:10	06:40		Post-sleep		
06:40	07:30		BREAKFAST		
07:55	08:10		Daily planning conference (morning)		
08:25	08:35	CDR	PMA 3 leak check	ECLSS NOMINAL: INGRESS EGRESS: PMA LONG LEAK CHECK; STEPS 22-34	
08:40	09:10	FLTENG-1	Test sound level meter	1 1	Items 11.1.1, 11.1.2, page Book 1 11-1 to 11-3 + R/g No. 243
08:45	09:00	CDR	Measure air quality in Node 1	ECLSS NOMINAL: THC: 2.510 AIR QUALITY MEASUREMENT	
09:00	09:10	CDR	Charge camcorder batteries to videotape RED	Photo TV Generic: Nanon XL-1: Schematics: USOS Battery charging	
09:10	09:20	FLTENG-1	Sound level meter measurements in SM: post-test conference		
10:00	11:00	FLTENG-1	Restore Laptop HD from ND		R/g No. 249
10:00	11:00	CDR	Physical exercise (TVIS)		
11:00	12:00	FLTENG-1	Physical exercise (TVIS-1)		
11:00	12:00	PLT	Physical exercise (Velo-1)		
12:00	13:30		LUNCH		
13:55	14:10	FLTENG-1	Private medical conference		
15:20	15:59	CDR	SSC Network Reconfiguration Conference via OCA		
15:30	15:45	PLT	Private medical conference		
16:00	17:00	CDR	Physical exercise (Velo)		
17:00	18:00	FLTENG-1	Physical exercise (Velo-1)		
17:00	18:00	PLT	Physical exercise (TVIS-1)		
18:00	18:30		Report prep		
18:30	18:45		Daily planning conference (evening)		
19:00	19:30		Familiarization with the following day plan		
19:30	20:00		DINNER		
20:00	20:30		Daily food ration prep		
20:30	21:30		Pre-sleep		
21:30	06:00		SLEEP		

End of radiogram