

## ISS/Shuttle Docking (Flight 4A)

06:00 – 06:10		Post-sleep ISS Inspection
06:10 – 06:40		Post-sleep personal routine
06:40 – 07:30		BREAKFAST
07:35 – 07:50		Daily Planning Conference
08:00 – 10:00		ISS - weekly housekeeping (cleaning), ODF: Med Ops, Book 1, page 2-2, step 2.2.1
10:00 – 11:00	CDR	Exercise, cycle ergo
11:30 – 11:45	CDR	PMC
10:00 – 10:40	FLTENG-1, PLT	EPS connector disconnect in SM and FGB, r/g 194
11:00 – 12:00	PLT	Exercise, TVIS (per 2 <sup>nd</sup> day cycle)
11:00 – 12:00	FLTENG-1,	Exercise, cycle ergo (per 2 <sup>nd</sup> day cycle)
12:00 – 13:30		LUNCH
15:00 – 15:50	FLTENG-1, PLT	USOS/RS pressure equalization per US message
15:20 – 16:20	CDR	Exercise per US program
15:15 – 15:30	PLT	PMC
16:00 – 16:20	PLT	Prep for delta file downlink
16:20 – 17:20	FLTENG-1	MO-5 To=16.49, ODF: Med Ops Book 2, item 3.5, page 3-25 thru 3-32
16:20 – 17:20	PLT	MO-5 (assist)
17:20 – 18:20	FLT ENG-1	Exercise, TVIS (per 2 <sup>nd</sup> day cycle)
17:20 – 18:20	PLT	Exercise, cycle ergo (per 2 <sup>nd</sup> day cycle)
17:20 – 17:30	CDR	Camcorder battery charging, RODF: Video/Audio (ÀÈÀ), page 2-2, step 2.2
18:20 – 18:35		Daily planning conference
18:35 – 18:50	CDR	Report prep
18:35 – 19:00	FLTENG-1, PLT	Report prep
18:50 – 19:00	CDR	ISS/STS voice comm. Via VHF-1. RODF: [PTK], page 2-8, step 2.6.1.
19:00 – 19:30		DINNER
19:30 – 20:00	CDR	Video ops – Shuttle docking with ISS from Window No. 9, RODF: Video/Audio (ÀÈÀ), page 2-3 thru 2-4, step 2.3
19:45 – 19:55	PLT	MDM reconfiguration in response to ShuttleArrival flag, PMA3; OCA-291
20:00 – 20:30		Daily food portions prep
20:30 – 21:35		Pre-sleep personal routine
21:20 – 21:35		Docking video downlink, RODF: Video/Audio (ÀÈÀ), page 2-5 thru 2-6, step 2.4
21:35 – 06:00		SLEEP

End of radiogram

