

Radiogram 186

F24 for 12.01.00 GMT

Progress Ì1 2 undocking, FGB side

06:00 - 06:10 : Morning inspection  
06:10 - 06:40 : Post sleep  
06:40 - 07:30 : BREAKFAST  
07:30 - 08:00 : Preparation for work  
08:05 - 08:20 : Morning daily planning conference  
08:20 - 08:50 CDR : ÒVIS and IRED data download to ÌÃÑ.  
MED OPS / NOMINAL: CMS: MEDICAL EQUIPMENT  
COMPUTER (MEC) - EXERCISE DATA DOWNLOAD TO MEC  
HRM files transfer to ÌÃÑ  
08:20 - 11:00 FE-1 PILOT : ÑÊÂ2 air conditioner installation,  
onboard file ÌÏÎ ÁÍÓÊÄ ÑÌ item 9.6 page 9-9, 9-10;  
item 9.5 page 9-7, 9-8; item 11.1, 11.2 page 11-1;  
item 9.2 page 9-1+radiogram  
08:50 - 09:00 CRD : CMS-HRM FILE-ÇÃÏ / HRM to ÌÃÑ file download/  
MED OPS / NOMINAL: HMS: HEART RATE MONITOR (HRM)  
- DATA DOWNLOAD TO MEDICAL EQUIPMENT COMPUTER (MEC)  
09:00 - 09:20 CRD : CMS-HRM DATA-ÑÒÈÐ / Erase HRM data files/  
MED OPS /NOMINAL: HMS: Heart Rate Monitor (HRM)  
- Erase Data Files;  
09:19 - 09:49 CRD : ÌÃÑ to ÎÑÀ file transfer/  
MED OPS /NOMINAL: CMS: MEDICAL EQUIPMENT COMPUTER  
(MEC)  
MEC-TO-OCA FILE TRANSFER VIA RF LAN;;  
10:00 - 11:00 CRD : Exercise (VELO) onboard file ÌÎ vol.2 item 2.5  
11:00 - 12:00 PILOT : Exercise (TVIS)  
11:00 - 12:00 FE-1 : Exercise (VELO) onboard file ÌÎ vol.2 item 2.5  
12:00 - 13:30 : LUNCH  
13:30 - 16:10 FE-1 : ÑÊÂ2 installation, onboard file ÌÏÎ ÁÍÓÊÄ ÑÌ  
item 9.6 page 9-9, 9-10; item 9.5 page 9-7, 9-8;  
item 11.1, 11.2 page 11-1; item 9.2  
page 9-1+radiogram  
13:30 - 15:50 CRD : ÑÊÂ2 installation  
13:30 - 16:50 PILOT: ÑÊÂ2 installation  
15:50 - 16:50 CRD : Exercise (TVIS)  
16:10 - 16:40 FE-1 : Working with ÊÄÈ-11 laser range-finder,  
TK onboard reference item 15.4, page 109, 110  
+radiogram 183  
16:50 - 17:50 PILOT: Exercise (VELO) onboard file ÌÎ vol.2 / item 2.5  
16:50 - 17:50 FE-1 : Exercise (TVIS)  
17:50 - 18:00 PILOT FE-1 : ÒÌÈ-adapter connection to ÁÈÒÑ2-12 /RADIOGRAM/  
18:00 - 18:20 FE-1 : Preparation for delta-file dump  
18:10 - 18:20 PILOT : Check condensation at ÐÇÌ Á1 ÁÐÏÊ-1  
(condensate separation and condensation unit)/  
RADIOGRAM /  
18:20 - 18:45 : Familiarization with the following day plan  
18:45 - 19:15 : Report preparation  
19:15 - 19:30 : Evening daily planning conference  
19:30 - 20:00 : Dinner  
20:00 - 20:30 : Food ratio prep  
20:30 - 21:30 : Pre sleep  
21:30 - 06:00 : Sleep

End of radiogram