

General Information about the Oregon WIC Breastfeeding Training Module

This training module was developed in 2004 by the Oregon WIC Program to train local agency WIC staff. The new Breastfeeding Module contains the most current breastfeeding information and is formatted to be a self-guided training experience. In addition to the training module itself, we include a Training Supervisor's Guide that offers comprehensive guidance to ensure staff completing the module have mastered the objectives set out for them. If you have questions about Oregon's Breastfeeding Module, contact Kim McGee, Oregon WIC Training Coordinator at (971)-673-0049 or Kimberly.o.mcgee@state.or.us.

- Because breastfeeding promotion is a part of everyone's job at WIC, Oregon's Breastfeeding Module has information for all levels of WIC staff. *Instruction Levels* will determine how much of the module will be completed by different levels of staff. For more information and the description of each instruction level, see Section S-2 of the module.
- The module is broken into short chapters, each chapter into short lessons and each lesson into smaller portions of instruction making it easier for clinic staff to fit training into a busy clinic schedule.
- The module contains interactive, hands-on "Practice Activities" and "Skill Checks" which are designed to encourage the student to participate in their training. This helps build the competence of the staff in simulated work situations before using the new skills on clients.
- The module is formatted to be user friendly with places to write and work right in the module, so each student can keep their own copy of the module for their reference if they choose.
- The *Training Supervisor's Guide* offers comprehensive guidance to ensure staff completing the module have mastered the objectives set out for them. This is accomplished through a combination of self-evaluation activities done by the student and observed activities done in collaboration with the training supervisor.
- The module contains Job Aids and attachments. There will be additional *Items Needed* to work through the module. See Section S-6 for more information.