

## **Comparison Between Missouri Students and U.S. Students** 2007 YRBS

The Youth Risk Behavior Survey (YRBS) monitors priority health risk behaviors that contribute to the leading causes of death, disability, and social problems among youth and adults in the United States. The national YRBS is conducted every two years during the spring semester and provides data representative of 9th through 12th grade students in public and private schools throughout the United States. The Missouri YRBS also is conducted every 2 years and provides data representative of 9th through 12th grade students in public schools throughout Missouri.

	Missouri	U.S.	Missouri
	Students	Students	Students
	%	%	Are At: <sup>1</sup>
Behaviors that Contribute to Unintentional Injuri	ies and Violence		
Rarely or never wore a seat belt	11.8	11.1	Equal risk
(When riding in a car driven by someone else.)	(9.2 - 15.1) <sup>2</sup>	(8.9 - 13.8)	
Rode with a driver who had been drinking alcohol (In a car or other vehicle one or more times during the 30 days before the survey.)	27.8 (24.0 - 32.0)	29.1 (27.2 - 31.2)	Equal risk
<b>Carried a weapon</b>	18.6	18.0	Equal risk
(For example, a gun, knife, or club on at least 1 day during the 30 days before the survey.)	(15.6 - 22.1)	(16.3 - 19.8)	
In a physical fight	30.9	35.5	Equal risk
(One or more times during the 12 months before the survey.)	(26.4 - 35.9)	(34.0 - 37.1)	
Did not go to school because they felt unsafe at school or on their way to or from school (On at least 1 day during the 30 days before the survey.)	7.5 (3.9 - 13.9)	5.5 (4.7 - 6.3)	Equal risk
Seriously considered attempting suicide	14.8	14.5	Equal risk
(During the 12 months before the survey.)	(12.2 - 17.9)	(13.4 - 15.6)	
Attempted suicide	7.9	6.9	Equal risk
(One or more times during the 12 months before the survey.)	(6.0 - 10.3)	(6.3 - 7.6)	
Tobacco Use			
Lifetime cigarette use	50.9	50.3	Equal risk
(Ever tried cigarette smoking, even one or two puffs.)	(44.9 - 56.9)	(47.2 - 53.5)	
<b>Current cigarette use</b>	23.8	20.0	Equal risk
(Smoked cigarettes on at least 1 day during the 30 days before the survey.)	(19.3 - 28.8)	(17.6 - 22.6)	
<b>Current smokeless tobacco use</b>	9.1	7.9	Equal risk
(Used chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey.)	(6.6 - 12.5)	(6.3 - 9.8)	
Alcohol and Other Drug Use			
Lifetime alcohol use	73.5	75.0	Equal risk
(Had at least one drink of alcohol on at least 1 day during their life.)	(69.6 - 77.2)	(72.4 - 77.4)	
<b>Current alcohol use</b> (Had at least one drink of alcohol on at least 1 day during the 30 days before the survey.)	44.4 (39.3 - 49.5)	44.7 (42.4 - 47.0)	Equal risk
<b>Episodic heavy drinking</b> (Had five or more drinks of alcohol in a row within a couple hours on at least 1 day during the 30 days before the survey.)	29.1 (24.4 - 34.3)	26.0 (24.0 - 28.0)	Equal risk
Lifetime marijuana use	35.9	38.1	Equal risk
(Used marijuana one or more times during their life.)	(31.8 - 40.3)	(35.5 - 40.7)	

	Missouri Students %	U.S. Students %	Missouri Students Are At: <sup>1</sup>
Alcohol and Other Drug Use (continued)			
Lifetime cocaine use (Used any form of cocaine, including powder, crack, or freebase one or more times during their life.)	6.6 (5.0 - 8.8)	7.2 (6.2 - 8.2)	Equal risk
Lifetime methamphetamine use (Used methamphetamines [also called speed, crystal, crank, or ice] one or more times during their life.)	3.7 (2.9 - 4.7)	4.4 (3.7 - 5.3)	Equal risk
Lifetime inhalant use (Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life.)	12.7 (9.8 - 16.3)	13.3 (12.1 - 14.6)	Equal risk
Offered, sold, or given an illegal drug by someone on school property (During the 12 months before the survey.)	17.8 (14.8 - 21.3)	22.3 (20.3 - 24.4)	Less risk
Sexual Behaviors that Contribute to Unintended	Pregnancy and S	Ds, including HIV	Infection
Ever had sexual intercourse	52.1 (45.8 - 58.4)	47.8 (45.1 - 50.6)	Equal risk
<b>Currently sexually active</b> (Had sexual intercourse with at least one person during the 3 months before the survey.)	40.6 (35.4 - 46.1)	35.0 (32.8 - 37.2)	Greater risk
Had sexual intercourse with four or more persons during their life	15.6 (12.2 - 19.6)	14.9 (13.4 - 16.5)	Equal risk
Did not use a condom during last sexual intercourse (Among students who were currently sexually active.)	40.7 (35.9 - 45.7)	38.5 (36.4 - 40.6)	Equal risk
Physical Activity			
Watched television 3 or more hours per day (On an average school day.)	29.6 (24.9 - 34.8)	35.4 (33.1 - 37.7)	Less risk
Did not attend physical education classes daily (5 days in an average week when they were in school.)	75.9 (69.4 - 81.3)	69.7 (64.2 - 74.6)	Equal risk
Obesity and Dietary Behaviors			
Were obese (Students who were ≥ 95th percentile for body mass index, by age and sex, based on reference data.)	12.0 (9.3 - 15.3)	13.0 (11.9 - 14.1)	Equal risk
Ate fruits and vegetables less than five times per day (100% fruit juices, fruit, green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables during the 7 days before the survey.)	81.9 (79.1 - 84.3)	78.6 (76.9 - 80.2)	Greater risk
Drank a can, bottle, or glass of soda or pop at least one time per day (Not including diet soda or diet pop, during the 7 days before the survey.)	32.8 (28.4 - 37.5)	33.8 (31.0 - 36.8)	Equal risk

1. Compared to U.S. students, based on t-test analyses, p < .05.

2. 95% confidence interval.



