DEPARTMENT OF HEALTH AND HUMAN SERVICES

FOOD AND DRUG ADMINISTRATION

CENTER FOR DRUG EVALUATION AND RESEARCH

DRUG SAFETY AND RISK MANAGEMENT

ADVISORY COMMITTEE (DSaRM)

COMMITTEE MEETING

Wednesday, May 5, 2004 8:18 a.m.

CDER Advisory Committee Conference Room.
5630 Fishers Lane
Rockville, Maryland

#### PARTICIPANTS

#### DSaRM Committee Members:

Peter A. Gross, M.D., Chair Shalini Jain, PA-C, M.B.A., Executive Secretary

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#### Consultant:

Leslie Hendeles, Pharm.D.

### FDA Participants:

Carol Holquist, R.Ph.
Marci Lee, Pharm.D.
Paul Seligman, M.D., M.P.H. [a.m. and p.m.]
Vibhakar Shah, Ph.D.
Eugene Sullivan, M.D.

Mark Avigan, M.D., C.M.
Julie Beitz, M.D.
Robert Justice, M.D., M.S.
Ann Marie Trentacosti, M.D.

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- 1 PROCEEDINGS
- 2 DR. GROSS: Good morning. I'm Peter
- 3 Gross. I'm Chair of the Drug Safety and Risk
- 4 Management Committee, and starting with the person
- 5 at my left with that famous laugh, Brian Strom,
- 6 would you please introduce yourself?
- 7 DR. STROM: Thank you. I'm Brian Strom
- 8 from the University of Pennsylvania.
- 9 MS. JAIN: You know what? Before we go
- on, Brian, Peter and the rest of the committee as
- 11 well as the division wanted to say a warm thank-you
- 12 for serving on our committee. You've been a great
- 13 asset for a year and a half, and we realize that
- 14 you're going to continue as consultant, and we just
- 15 wanted to say thanks.
- DR. STROM: It's been a real pleasure, and
- 17 it was a hard decision to let the rotation happen.
- 18 I've enjoyed it, but given other commitments back
- 19 home--but it's been fun.
- MS. JAIN: Thank you.
- 21 DR. GROSS: You've been great, Brian. We
- 22 will continue to take advantage of your skills.

- DR. MANASSE: My name is Henri Manasse.
- 2 I'm chief executive officer and executive vice
- 3 president of the American Society of Health-System
- 4 Pharmacists, a membership organization that
- 5 represents about 32,000 pharmacists practicing in
- 6 hospitals and organized health systems.
- 7 MS. SHAPIRO: Robyn Shapiro. I'm a
- 8 professor and director of the Center for the Study
- 9 of Bioethics at the Medical College of Wisconsin.
- DR. STEMHAGEN: I'm Annette Stemhagen.
- 11 I'm Vice President of Strategic Development at
- 12 Covance, a contract research organization, and I
- 13 serve as an industry representative to this
- 14 committee.
- DR. GARDNER: Jacqueline Gardner,
- 16 University of Washington, Department of Pharmacy.
- 17 MR. LEVIN: Art Levin, Center for Medical
- 18 Consumers, and I serve as the consumer
- 19 representative.
- DR. FURBERG: Curt Furberg, professor of
- 21 public health sciences at the Wake Forest
- 22 University.

1 DR. HENDELES: I'm Leslie Hendeles. I'm a

- 2 clinical pharmacist at the University of Florida,
- 3 and I've done research on the bronchospastic
- 4 effects of preservatives in nebulizer solutions.
- DR. CRAWFORD: Good morning. Stephanie
- 6 Crawford, associate professor, College of Pharmacy,
- 7 University of Illinois at Chicago.
- DR. COHEN: Mike Cohen, Institute for Safe
- 9 Medication Practices.
- 10 DR. SELIGMAN: Paul Seligman, Director,
- 11 Office of Pharmacoepidemiology and Statistical
- 12 Science, Center for Drug Evaluation and Research,
- 13 FDA.
- DR. SULLVAN: My name is Gene Sullivan.
- 15 I'm the Deputy Director of the Division of
- 16 Pulmonary and Allergy Drug Products here at FDA.
- MS. HOLQUIST: I'm Carol Holquist. I'm
- 18 the Director of the Division of Medication Errors
- 19 and Technical Support in the Office of Drug Safety,
- 20 Center for Drug Evaluation and Research.
- 21 DR. LEE: Marci Lee, a pharmacist and
- 22 safety evaluator in the Division of Medication

- 1 Errors and Technical Support.
- MS. JAIN: Thank you, everyone. My name
- 3 is Shalini Jain. I'm the Executive Secretary for
- 4 the Drug Safety and Risk Management Advisory
- 5 Committee. I'll now read the conflict of interest
- 6 statement for the meeting today. The meeting issue
- 7 is low-density polyethylene vials.
- 8 The following announcement addresses the
- 9 issue of conflict of interest with respect to this
- 10 meeting and is made a part of the record to
- 11 preclude even the appearance of such at this
- 12 meeting.
- 13 Based on the agenda, it has been
- 14 determined that the topics of today's meeting are
- 15 issues of broad applicability, and there are no
- 16 products being approved at this meeting. Unlike
- 17 issues before a committee in which a particular
- 18 product is discussed, issues of broader
- 19 applicability involve many industrial sponsors and
- 20 academic institutions.
- 21 All special government employees have been
- 22 screened for their financial interests as they may

- 1 apply to the general topics at hand. To determine
- 2 if any conflict of interest existed, the agency has
- 3 reviewed the agenda and all relevant financial
- 4 interests reported by the meeting participants.
- 5 The Food and Drug Administration has granted
- 6 general matters waivers to the special government
- 7 employees participating in this meeting who require
- 8 a waiver under Title 18, United States Code,
- 9 Section 208.
- 10 A copy of the waiver statements may be
- 11 obtained by submitting a written request to the
- 12 agency's Freedom of Information Office, Room 12A-30
- 13 of the Parklawn Building.
- 14 Because general topics impact so many
- 15 entities, it is not prudent to recite all potential
- 16 conflicts of interest as they apply to each member,
- 17 consultants, and guest speaker.
- 18 FDA acknowledges that there may be
- 19 potential conflicts of interest, but because of the
- 20 general nature of the discussion before the
- 21 committee, these potential conflicts are mitigated.
- 22 With respect to FDA's invited industry

- 1 representative, we would like to disclose that Dr.
- 2 Annette Stemhagen is participating in this meeting
- 3 as an industry representative, acting on behalf of
- 4 regulated industry. Dr. Stemhagen is employed by
- 5 Covance Periapproval Services, Incorporated.
- 6 In addition, we would like to note that
- 7 Karen Stewart, FDA's invited guest speaker, is
- 8 participating as a representative of the
- 9 respiratory therapists in the United States through
- 10 the American Association for Respiratory Care. She
- 11 has no financial interest in or professional
- 12 relationship with any of the products or firms that
- 13 could be affected by the committee's discussions.
- With respect to the three invited industry
- 15 guest speakers, we would like to disclose that
- 16 Mohammad Sadeghi is employed by Holopack
- 17 International, Richard Schindewolf is employed by
- 18 Cardinal Health and is vice president and general
- 19 manager of Biotechnology and Sterile Life Sciences.
- 20 Patrick Poisson is employed by Cardinal Health, and
- 21 he serves as Director of Technical Services at the
- 22 Biotechnology and Sterile Life Sciences division.

In the event that the discussions involve

- 2 any other products or firms not already on the
- 3 agenda for which FDA participants have a financial
- 4 interest, the participants' involvement and their
- 5 exclusion will be noted for the record.
- 6 With respect to all other participants, we
- 7 ask in the interest of fairness that they address
- 8 any current or previous financial involvement with
- 9 any firm whose product they may wish to comment
- 10 upon.
- 11 Thank you.
- x DR. SELIGMAN: Good morning. On behalf of 12
- 13 the Center for Drug Evaluation and Research, it is
- 14 my pleasure to welcome members of the Drug Safety
- 15 and Risk Management Advisory Committee and members
- of the public to today's meeting. As always, we
- 17 greatly appreciate the time and efforts devoted by
- 18 the committee members and all participants in
- 19 providing advice to the FDA on important public
- 20 health issues.
- 21 We have two topics on the agenda for
- 22 discussion today--the first related to the

- 1 prevention of medication errors and the second
- 2 providing an update on a risk management program
- 3 that was considered by this committee two years ago
- 4 and was implemented in 2002.
- 5 The first topic will focus primarily on
- 6 minimizing the incidence of medication errors with
- 7 drug products packages in low-density polyethylene,
- 8 or LDPE, containers. The package is intended to
- 9 preserve drug product purity and quality. However,
- 10 current techniques used to label the product create
- 11 problems related to legibility of the product name
- 12 and strength. Additionally, various products are
- 13 packaged in containers that look similar. We've
- 14 found that these difficult-to-read labels and
- 15 look-alike containers have contributed to
- 16 medication errors involving the administration of
- 17 wrong dosage strength or wrong drug product to the
- 18 patient.
- 19 Today, we would like to discuss what other
- 20 solutions or alternative packaging designs exist
- 21 that could improve the legibility of the label,
- 22 prevent ingress of chemical contaminants, and in

1 the process reduce or eliminate medication errors.

- 2 Then later this afternoon, we will receive an
- 3 update on the Lotronex risk management program.
- 4 With that brief introduction, I look
- 5 forward to our discussions today and, again, I also
- 6 want to personally thank Dr. Strom for his service
- 7 on this committee.
- 8 With that, I guess we may proceed with the
- 9 first speaker. Dr. Gross?
- 10 DR. GROSS: Dr. Sullivan will be the first
- 11 speaker on the Permeability of LDPE Vials: A
- 12 Clinical Perspective.
- DR. SULLIVAN: Good morning. As I
- 14 mentioned, my name is Gene Sullivan. By training
- 15 I'm a pulmonologist, and I'm the Deputy Director of
- 16 the Division of Pulmonary and Allergy Drug Products
- 17 in the Center for Drug Evaluation and Research here
- 18 at FDA.
- 19 This morning, I'm going to spend about 15
- 20 minutes or so providing some background for the
- 21 discussions today. I'll be conveying some clinical
- 22 observations regarding issues raised by the use of

1 LDPE vials in the packaging of inhalation drug

- 2 products, particularly as it relates to the
- 3 permeability of the vials.
- 4 This slide provides an overview of my
- 5 presentation. I'll begin with some introductory
- 6 remarks which will put my presentation into the
- 7 context of today's discussions and will serve to
- 8 introduce the remainder of the talk. Next I will
- 9 discuss the inhalation drug products that are
- 10 involved, providing some examples and a brief
- 11 description of the nature of these drugs.
- 12 Following this, I will discuss the patient
- 13 populations for which these drugs are used,
- 14 emphasizing aspects of these populations that put
- 15 them at risk for adverse effects of chemical
- 16 contaminants. Then I will discuss the potential
- 17 sources of chemical contaminants, their potential
- 18 adverse effects, and the difficulties that exist in
- 19 terms of adequately monitoring for them. Finally,
- 20 I will summarize the issue and current state of
- 21 affairs in order to set the stage for the remainder
- 22 of today's discussion regarding minimizing the

- 1 potential for medication errors.
- 2 The topic for discussion for today's
- 3 Advisory Committee meeting is how best to minimize
- 4 the potential for medication errors associated with
- 5 LDPE containers, particularly given the clinical
- 6 concerns related to their permeability and the
- 7 resulting move away from the paper labels that have
- 8 previously been used to identify the products. My
- 9 presentation is intended to review the nature of
- 10 these clinical concerns in order to provide
- 11 background for the remainder of the discussions
- 12 today.
- 13 This slide summarizes the clinical
- 14 concerns that I mentioned. Many inhalation drug
- 15 products are packaged in LDPE containers. LDPE is
- 16 a material that is permeable to volatile chemicals,
- 17 and there are numerous volatile chemicals that
- 18 exist in the immediate packaging environment.
- 19 Volatile chemicals that find their way into
- 20 inhalation solutions may have a number of adverse
- 21 effects on the airways, and because these adverse
- 22 effects may be poorly tolerated by patients,

- 1 efforts should be made to minimize the potential
- 2 for contamination of inhalation drug products.
- 3 Such efforts have included minimizing the content
- 4 of volatile chemicals in the immediate packaging
- 5 environment.
- 6 For instance, the practice of using paper
- 7 labels, which are applied directly to the LDPE
- 8 containers and which contain numerous volatile
- 9 chemicals, is not recommended. However, as you
- 10 will see in subsequent presentations, the use of
- 11 alternative labeling approaches has raised the
- 12 issue of medication errors.
- Now, I also want to point out that my
- 14 presentation is focused on the clinical concerns
- 15 related to chemical contamination of these
- 16 products. In the next presentation, Dr. Shah will
- 17 also talk about product quality concerns. For
- 18 instance, ingress of volatile chemicals might
- 19 adversely affect the stability of the active drug
- 20 substance in a particular drug product.
- 21 This slide provides some examples of
- 22 inhalation drug products that are packaged in LDPE

- 1 containers. They include bronchodilators, such as
- 2 Albuterol, Ipatropium, Metaproterenol, and
- 3 Levalbuterol; also a mass cell stabilizer, cromolyn
- 4 sodium; an inhaled steroid, Budesonide; and an
- 5 antibiotic, Tobramycin.
- 6 These products are inhalation solutions,
- 7 or sometimes suspensions, that are intended for
- 8 oral inhalation using a nebulizer. One thing to
- 9 keep in mind is that the manufacturing processes
- 10 and materials for inhalation products are very
- 11 carefully controlled in order to maintain a very
- 12 high standard of product purity. That is, a
- 13 significant amount of attention is paid to the
- 14 manufacturing processes and the materials used so
- 15 that the content of contaminants is minimized.
- 16 This would include contaminants that arise during
- 17 the manufacturing processes, so-called process of
- 18 synthetic impurities; contaminants that arise due
- 19 to degradation of components of the formulation; or
- 20 the subject of today's concern, contaminants that
- 21 enter the formulation from the packaging materials,
- 22 so-called leachables.

1	. These	9 (	drugs	may	be	used	in	а	regu.	laı
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- 2 dosing schedule or may be used as an as-needed
- 3 basis, and the bronchodilator products in
- 4 particular are common used in the inpatient and
- 5 acute-care settings, including emergency
- 6 departments and intensive care units.
- 7 These inhalation products are used by
- 8 patients with a variety of pulmonary disorders,
- 9 most commonly patients with asthma, COPD--which is
- 10 chronic obstructive pulmonary disease, a category
- 11 of lung disease comprised of chronic bronchitis and
- 12 emphysema--and cystic fibrosis. Although these
- 13 diseases are distinct, in general they are
- 14 characterized by fixed or variable obstruction to
- 15 airflow and a variety of patterns of histologic
- 16 abnormalities, including various patterns of airway
- 17 inflammation. In addition, asthma in particular is
- 18 associated with an underlying propensity for
- 19 allergic responses. And most of the diseases are
- 20 associated with a sensitivity to nonspecific
- 21 irritants which result in acute bronchospasm, a
- 22 feature known as airway hyperresponsiveness.

1	Tο	focus	specifically	z on	asthmatics	for	6

- 2 moment, asthmatics may react adversely to both
- 3 nonspecific chemical irritants and to allergens to
- 4 which they have developed specific immunity.
- 5 Irritant reactions are characterized by symptoms of
- 6 wheezing and shortness of breath. It is well known
- 7 that patients with severe asthma may react to very
- 8 low levels of exposure to irritants. Clinically,
- 9 this is often related to perfumes, cleaning agents,
- 10 or smoke in the environment. In fact, we commonly
- 11 make use of this feature of asthma to help
- 12 establish the diagnosis using methacholine
- 13 challenge testing. In the methacholine challenge
- 14 test, patients with suspect asthma are exposed to
- 15 successively higher concentrations of this irritant
- in order to elicit bronchospasm.
- 17 In addition to the nonspecific irritant
- 18 reactions, asthmatics may also develop bronchospasm
- 19 from inhaled allergens. This allergic reaction is
- 20 associated with both an acute early-phase broncho-
- 21 constriction and a delayed late-phase response
- 22 characterized by airway inflammation and airflow

- 1 limitation.
- 2 So what are the potential sources of
- 3 contaminants in inhalation drug products packaged
- 4 in LDPE? In general, these are from volatile
- 5 chemicals found in the labels and secondary bulk
- 6 packaging. These chemicals may be found in the
- 7 various glues, inks, and lacguers that are used.
- 8 One thing to point out is that the specific
- 9 chemical nature of these inks, glues, et cetera,
- 10 may, in fact, change after approval due to changes
- 11 in the sources of these packaging materials.
- 12 The FDA conducted an analytical survey of
- 13 approved inhalation solutions marketed in LDPE
- 14 containers and found that 29 of the 37 samples
- 15 tested positive for various volatile chemicals that
- 16 were presumed to have originated in the packaging
- 17 materials. Dr. Shah will describe this analysis in
- 18 much more detail in his presentation later this
- 19 morning.
- 20 Chemical contaminants in inhalation drug
- 21 products may be associated with a variety of
- 22 adverse effects, including irritant and immunologic

- 1 effects, leading to acute bronchospasm and airway
- 2 inflammation and hyperresponsiveness, other toxicologic
- 3 injury, or even potentially carcinogenicity.
- 4 In terms of monitoring for adverse effects
- 5 that might be attributed to chemical contaminants
- 6 in these products, it is important to note that
- 7 appropriate attribution may be very difficult
- 8 because the expected adverse effects--bronchospasm
- 9 and airway hyperresponsiveness--mimic the symptoms
- 10 for which the drugs are being used. This is a very
- 11 difficult circumstance and makes it quite likely
- 12 that adverse effects would not be recognized and
- 13 reported. For instance, modest bronchospasm
- 14 related to chemical contaminants might lead to
- 15 reduced efficacy of the drug, but this would likely
- 16 not be identified. Even if the adverse effect were
- 17 more significant, the findings would likely be
- 18 attributed to refractory underlying disease.
- 19 So, to summarize, many inhalation drug
- 20 products are packaged in low-density polyethylene
- 21 containers. This material is permeable to volatile
- 22 chemicals. Numerous volatile chemicals exist in

- 1 the immediate packaging environment.
- Various volatile chemicals have, in fact,
- 3 been identified in these products. These volatile
- 4 chemicals may have irritant as well as other
- 5 toxicologic effects. And because these effects may
- 6 be particularly poorly tolerated by patients,
- 7 efforts should be made to minimize the potential
- 8 for contamination of inhalation drug products.
- 9 It was this line of reasoning that in part
- 10 led to the development of the Draft Guidance
- 11 entitled "Inhalation Drug Products Packaged in
- 12 Semipermeable Container Closure Systems." Among
- 13 other things, the Draft Guidance recommends that
- 14 measures be taken to limit chemical contamination
- of these products. One such measure would be the
- 16 use of alternative approaches to paper labels, such
- 17 as direct embossing or debossing of the containers.
- 18 However, as will be discussed in
- 19 subsequent presentations, the move away from paper
- 20 labels has introduced a new concern, that of
- 21 medication errors due to difficult-to-read and
- 22 look-alike packaging. The issue of how best to

1 minimize the potential for medication errors will

- 2 be the topic for today's discussion.
- 3 DR. GROSS: Thank you, Dr. Sullivan.
- 4 The next speaker will be Shah.
- 5 MS. JAIN: He is not here.
- 6 DR. GROSS: Okay. Later for Dr. Shah.
- 7 Dr. Marci Lee will now talk about
- 8 medication errors and low-density polyethylene
- 9 plastic vials.
- DR. LEE: Good morning. My name is Marci
- 11 Lee. I am a pharmacist and safety evaluator in the
- 12 Division of Medication Errors and Technical Support
- in the Office of Drug Safety.
- 14 The purpose of this presentation is to
- 15 describe medication error reports and feedback from
- 16 patients and practitioners involving products
- 17 packaged in LDPE containers. I will focus on some
- 18 factors we identified that may contribute to
- 19 confusion and errors with these products. Finally,
- 20 I will describe packaging and labeling approaches
- 21 for your consideration.
- 22 Our error analysis included in your

- 1 background package was from 87 relevant reports.
- 2 These came from patients, caregivers, and
- 3 practitioners, such as respiratory therapists and
- 4 pharmacists, who reported to the programs listed.
- 5 These reports were received between January 1993
- 6 and August 2002. Many reports involved difficulty
- 7 reading embossed product containers. Some reports
- 8 were actual errors where the wrong medication or
- 9 the wrong dosage strengths were dispensed.
- 10 Although some of these were detected before the
- 11 medication was administered to the patient, some
- 12 were not. The outcomes of these reports ranged
- 13 from no harm to difficulty breathing, which can be
- 14 life-threatening. The remainder of the reports
- 15 described the potential for confusion and errors
- 16 with these products. Subsequently, as of April
- 17 2004, 51 additional relevant medication error
- 18 reports were identified for a total of 138 reports.
- 19 In addition to our analysis, FDA received
- 20 correspondence from ISMP, USP, and Senator Harkin
- 21 regarding the safe use of products packaged in LDPE
- 22 containers.

1 Several themes emerged from the narratives

- 2 of the medication error reports as factors that can
- 3 contribute to errors. They include
- 4 difficult-to-read containers, look-alike packaging,
- 5 and routine handling of LDPE by patients and health
- 6 care practitioners.
- 7 Some of the slides for this portion of the
- 8 presentation will include direct quotes from the
- 9 error reporters. The first contributing factor to
- 10 consider is the difficult-to-read labeling.
- 11 Concern was expressed in a medication error report
- 12 because it is difficult to see the name of the drug
- 13 and its ingredients. Another person noted that if
- 14 the lot and expiration date are on opposite sides
- of the same area of plastic, it is even more
- 16 difficult to read. In addition, practitioners
- 17 described how the vials needed to be angled in the
- 18 light to read them. For some, the text is
- 19 difficult or impossible to read.
- 20 In addition to difficult-to-read
- 21 containers, another concern from the medication
- 22 error perspective is the issue of look-alike

- 1 packaging. Often there is very little on the
- 2 container itself to help people distinguish these
- 3 products.
- 4 This photo accompanied one medication
- 5 error report. It highlights the potential for
- 6 confusion from look-alike vials from just a few of
- 7 the products available in these containers. Almost
- 8 all of these vials contain a different drug
- 9 product. The paper labels and the unique round
- 10 vial shape help to differentiate three of the vials
- 11 from the rest. However, these two can be difficult
- 12 to read.
- In addition, this problem spans various
- 14 drug classes and routes of administration. This
- 15 complicates the picture for practitioners and
- 16 creates the opportunity for errors to occur among
- 17 inhalation, injection, ophthalmic, and oral
- 18 products.
- 19 In this case, heparin is an injectable
- 20 medication. This photo was included with the
- 21 report of potential for confusion between heparin
- 22 and Tobramycin due to look-alike containers.

- 1 Pharmacies may store a variety of these products,
- 2 and the potential for confusion will likely
- 3 increase as we see more products other than
- 4 inhalation solutions packaged in the LDPE
- 5 containers. This increases the likelihood for
- 6 administration of the wrong drug product by the
- 7 wrong route of administration.
- 8 Another example of an injectable drug
- 9 product with similar packaging is Naropin. These
- 10 ampules are specially design to fit both Luer lock
- 11 and Luer slip syringes. Although this feature may
- 12 minimize the likelihood for confusion with the
- 13 other LDPE containers, there is still potential for
- 14 confusion between the dosage strengths within the
- 15 Naropin product line. This vial includes black
- 16 type on a clear background. Again, for some this
- 17 may be difficult to read.
- 18 Timoptic OCUDOSE is an example of an
- 19 ophthalmic solution packaged in an LDPE container.
- 20 This image shows that the tip of the container has
- 21 been extended to allow for a label. However, there
- 22 may be potential for contamination despite the

- 1 placement of this label.
- 2 Gastrocom is an example of a product for
- 3 oral administration that is packaged in an LDPE
- 4 container. This image illustrates the instructions
- 5 for use.
- In summary, there are least four different
- 7 routes of administration for products packaged in
- 8 LDPE containers. Again, this complicates the
- 9 picture for practitioners and creates the
- 10 opportunity for errors to occur among inhalation,
- 11 injection, ophthalmic, and oral drug products.
- 12 We have discussed several issues that
- 13 contribute to medication errors with LDPE
- 14 containers. We have seen examples of containers
- 15 that are difficult to read and difficult to
- 16 distinguish from one another. We have noted that
- 17 the look-alike contains look-alike containers are
- 18 not from a single drug product category or
- 19 associated with a single route of administration.
- 20 Now we will explore how routine handling of LDPE
- 21 containers by patients and practitioners can
- 22 contribute to errors.

1 The foil overwrap serves to protect the
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- 2 containers from light and the environment. It is
- 3 recommended that the containers are stored in the
- 4 foil overwrap until time of use. However, the
- 5 reality is that the foil overwraps are commonly
- 6 discarded. Once discarded, the clearly labeled
- 7 portion of the packaging is often eliminated.
- 8 One reason noted in our analysis for the
- 9 overwrap to be removed is an effort to fit the
- 10 products into a medication cart. The foil overwrap
- 11 and carton for many inhalation solutions use color
- 12 to differentiate the dosage strength. Most foil
- 13 overwraps contain multiple unit dose LDPE vials.
- 14 For example, the foil overwrap for Xopenex contains
- 15 12 vials.
- 16 Carol, if you'll pass the sample?
- 17 This image includes the 12 vials which are
- 18 contents of a single foil pouch of Xopenex. All of
- 19 the vials in this image are the same dosage
- 20 strength. However, Xopenex is available in three
- 21 different dosage strengths. The vials for all
- three strengths look alike when they are removed

- 1 from the foil. Although the foil helps to
- 2 differentiate them, it is possible that these vials
- 3 may not remain in the foil pouch until their time
- 4 of use. These individual LDPE containers can be
- 5 stored in a variety of places once removed from the
- 6 foil overwrap.
- 7 It is a common practice for LDPE
- 8 containers to be stored in the pockets or pouches
- 9 of the practitioners who administer these
- 10 medications. In summary, while it is possible for
- 11 various products to have clearly marked foil
- 12 overwraps, as long as the containers themselves are
- 13 poorly marked there is still potential for
- 14 confusion.
- 15 Once the container leaves the foil
- 16 overwraps, it no longer matters how well labeled
- 17 the foil pouch is. This is a concern, regardless
- 18 of the number of vials contained in the foil
- 19 overwrap. However, a single container in the foil
- 20 pouch may minimize the likelihood for the vial to
- 21 become separated from the overwrap.
- 22 At this point we would like to stimulate

- 1 ideas for discussion about how to address the
- 2 issues that have been raised so far. The remainder
- 3 of this presentation will include a series of
- 4 photos. These images will highlight various
- 5 packaging and labeling approaches to consider.
- 6 Remember to keep in mind who will be using the
- 7 products and how they will be used. Our goal is to
- 8 identify packaging that will resolve our concerns
- 9 but not introduce any new problems for those who
- 10 manufacture or use the products.
- 11 The paper label approach allows for use of
- 12 color to distinguish look-alike vials. For some,
- 13 these may difficult to read due to the small font
- 14 size of the text. The reports in our analysis
- 15 demonstrated that some people may identify these
- 16 medications by the color of their label alone.
- 17 Based on the earlier presentation, we learned of
- 18 the potential safety and product quality concerns
- 19 with this approach for inhalation solutions.
- 20 Although this packaging no longer appears
- 21 to be used for Timoptic, this image illustrates
- 22 another approach with paper labels. The paper

- 1 label is applied to the tip of the container. The
- 2 packaging allows for use of color to differentiate
- 3 the containers and dosage strengths. However, it
- 4 may not address the potential for ingress.
- 5 Again, consider the size of the label and
- 6 the potential font size issues which may make the
- 7 text difficult to read.
- 8 We have a sample of this also going
- 9 around.
- 10 Here is an approach that extends the tip
- 11 of the container to allow for the text to be
- 12 embossed in the flange instead of the body of the
- 13 vial. This approach allows for more space for
- 14 printed text; however, if both sides are embossed,
- 15 they tend to interfere with the readability of the
- 16 text.
- 17 In contrast, this approach includes an
- 18 embossed container without an extended flange. In
- 19 addition, the container is topped with the letter
- 20 V-shaped tip. In this case, V is for Ventolin.
- 21 This approach allows for use of the unique vial
- 22 shape and possibly texture to help differentiate

- 1 the product.
- 2 Another approach used to differentiate the
- 3 various products in LDPE vials is the use of the
- 4 embossed letters A, I, and R at the tip of the
- 5 container. In addition to a visual cue, the vial
- 6 makes use of texture to distinguish the products.
- 7 A is for Albuterol, I is for Ipatropium, and so on.
- 8 Again, for some this is difficult to read.
- 9 One approach that has contributed to
- 10 medication errors with acetylcysteine is the use of
- 11 a glass vial. The packaging has led to medication
- 12 errors where practitioners inject the product
- instead of administering the drug via inhalation
- 14 because the vials look similar to those that
- 15 contain an injectable product. According to the
- 16 May 30, 2001, ISMP newsletter article, these error
- 17 occur despite warnings on the label that state "Not
- 18 for injection" or "For inhalation." In addition,
- 19 they have a target area on the rubber stopper
- 20 similar to the injectable products.
- 21 Another approach used to distinguish these
- 22 products includes the use of a uniquely shaped

- 1 container. Although these round vials distinguish
- 2 Pulmicort from other drug products, it is difficult
- 3 to differentiate between the two dosage strengths
- 4 of Pulmicort once they are removed from the foil.
- 5 The image on the right illustrates what the
- 6 containers look like once the foil overwrap is
- 7 removed.
- 8 Some products, such as sodium chloride
- 9 inhalation solution, utilize a tinted vial as a
- 10 means of differentiation. This approach allows for
- 11 the use of color to help differentiate the
- 12 containers from other products. However, this
- 13 particular packaging has not been evaluated by CDER
- 14 at FDA. These vials also include embossed text.
- 15 Another approach is the shrink wrap
- 16 approach which allows for the combination of
- 17 embossed information on the end of the vial and the
- 18 use of black print on a clear background. Again,
- 19 for some this may be difficult to read. The
- 20 printed portion of this label clings to the vials
- 21 without adhesives, eliminating one potential source
- 22 of packaging contamination. However, there are

1 still sources of volatile chemicals with the shrink

- 2 wrap approach.
- 3 There's also a sample of this going
- 4 around. The individual foil overwrap approach was
- 5 described in the Draft Guidance that Dr. Sullivan
- 6 referred to in his presentation. This method will
- 7 protect the drug product from contamination from
- 8 the environment and minimize the opportunity for
- 9 contamination from the packaging itself.
- 10 Each foil overwrap contains a single vial.
- 11 This is thought to increase the likelihood of the
- 12 pouch staying with the container and minimize the
- 13 risk for errors. The overwrap allows for the use
- 14 of color and other means of differentiation to help
- 15 distinguish these products.
- 16 At this time we are seeking other ideas
- 17 and approaches to consider. What other materials
- 18 could we use? What has been done for other
- 19 products? What will meet the needs of those using
- 20 the products in both the inpatient and outpatient
- 21 setting? How should FDA evaluate any proposed
- 22 changes?

- 1 Also ask yourself, Will it prevent
- 2 contamination from secondary packaging in the
- 3 environment? Will it be difficult to read? Will
- 4 it look like other containers? Will it create new
- 5 problems? Will it be difficult to use? And,
- 6 finally, should inhalation products be handled
- 7 separately from products with other routes of
- 8 administration? We look forward to hearing your
- 9 ideas and suggestions.
- DR. GROSS: Okay. To round out the
- 11 presentations, Dr. Shah will talk about the
- 12 perspective for chemistry, manufacturing, and
- 13 controls.
- DR. SHAH: Good morning. My name is
- 15 Vibhakar Shah, and I'm a chemist in the Office of
- 16 New Drug Chemistry for Pulmonary and Allergy Drug
- 17 Products. Before I start, I would like to
- 18 apologize for my delay. I was stuck in traffic for
- 19 almost one and a half hours. Let me tell you, it's
- 20 not a pleasant experience. But, in any case,
- 21 that's life. And I'm sure when we move to White
- 22 Oak it's going to get worse.

1	[Tanah+an ]
1	[Laughter.]

- DR. SHAH: You were supposed to hear this
- 3 talk before Marci's talk, but, anyway, here it
- 4 goes.
- 5 You already heard from Dr. Sullivan the
- 6 clinical concerns arising due to the permeability
- 7 of LDPE vials, especially when used with paper
- 8 labels for inhalation drug products, and also you
- 9 heard some of the medication errors which are
- 10 caused because of legibility issues with the paper
- 11 labels. And I'm going to talk about in the next 20
- 12 minutes regarding the problems and issues with
- 13 product quality concerns arising due to the use of
- 14 LDPE containers, with or without paper labels and
- 15 with or without overwrap, for these drug products.
- In the context of today's discussion, my
- 17 presentation will also focus on how best to
- 18 minimize the potential medication errors given the
- 19 quality concerns associated with these container
- 20 closures.
- 21 With that, this slide gives you the
- 22 outline of my talk. I'm going to start with a

- 1 brief introduction to the type of inhalation drug
- 2 products that are packaged in LDPE containers, and
- 3 after that I'll be overviewing the current
- 4 container-closure systems that are used. Following
- 5 that, I would like to discuss the results of an
- 6 analytical survey conducted by the agency for
- 7 several inhalation drug products under the Drug
- 8 Product Quality Surveillance Program. This survey
- 9 particularly identified the clinical concerns as
- 10 well as the quality concerns arising from the drug
- 11 product contamination by packaging components
- 12 because of the permeability of LDPE.
- 13 Following that, I would like to discuss
- 14 some of the quality concerns arising with the use
- of LDPE vials, with or without paper label and foil
- 16 overwrap. I will discuss the agency's current
- 17 approaches to control and minimize the product
- 18 contamination from packaging components and discuss
- 19 current recommendations for packaging of inhalation
- 20 drug products as provided in the Draft Guidance.
- 21 And I will end my presentation with summarizing the
- 22 quality concerns, what I have discussed so far.

1 This slide lists the inhalation dosage

- 2 forms administered by oral inhalation, and these
- 3 drug products include inhalation solutions,
- 4 suspensions, spray, inhalation aerosol, and
- 5 inhalation powder. However, for today's
- 6 discussion, the remainder of the talk will focus on
- 7 inhalation solutions and suspensions as they are
- 8 the only two dosage forms that are packaged in LDPE
- 9 containers.
- 10 This slide you have already seen in Dr.
- 11 Sullivan's presentation. It just shows the type of
- 12 drug products which are packaged into LDPE
- 13 containers.
- 14 Currently, inhalation solutions and
- 15 suspensions are packaged in LDPE vials, and there
- 16 are three components, basically: LDPE vials, vial
- 17 labels, and foil overwrap pouch. Not all the
- 18 inhalation solutions and suspensions may have foil
- 19 overwrap pouch or adhesive paper label. But in any
- 20 case, the unit-dose vial--that is, the LDPE
- 21 vial--is made up of low-density polyethylene by
- 22 blow-fill-seal or form-fill-seal process. The

- 1 labeling information on a vial is conveyed either
- 2 by a self-adhesive printed paper label or by
- 3 embossing or debossing the labeling information on
- 4 the LDPE vial itself during the fabrication of the
- 5 vial.
- 6 Foil overwrap acts as a protective
- 7 secondary package and may contain anywhere from one
- 8 to 12 vials per pouch. The labeling information
- 9 may be conveyed by a self-adhesive paper label on
- 10 the foil overwrap, or the foil overwrap may be
- 11 printed. Furthermore, different colors for foil
- 12 pouches may be used to differentiate the multiple
- 13 strengths of the drug product.
- Now, let me go over the container-closure
- 15 components of the LDPE vial, paper label, and
- 16 foil-laminate. I'll start the LDPE vial.
- 17 The unit-dose vial, which is made up of
- 18 low-density polyethylene, is chemically a
- 19 polyethylene homo-polymer resin. The polyethylene
- 20 resin is made by polymerization process and may
- 21 contain several chemical additives in addition to
- 22 the reactant polymer. They include chain transfer

1 agent, chain initiator, antioxidant, so on and so

- 2 forth.
- Furthermore, it is available in different
- 4 grades for different applications. That indicates
- 5 that the composition of the LDPE may change
- 6 depending upon how it is being used. There are
- 7 many manufacturers and suppliers of this LDPE.
- T1B This slide lists some of the
- 9 characteristics and properties offered by LDPE or
- 10 LDPE vials which probably makes it a material of
- 11 choice for packaging of inhalation solution and
- 12 suspensions from a manufacturer's point of view.
- 13 These include: they are flexible and malleable;
- 14 stress crack, impact, and tear resistant; they are
- 15 considered chemically inert at room temperature; or
- 16 it may be used at elevated temperature for extended
- 17 periods of time; or it can be sterilized. They are
- 18 used on high-speed production lines and,
- 19 aesthetically, they can be clear to translucent in
- 20 appearance.
- 21 However, it is permeable to volatile
- 22 chemicals and gases, and because of this

- 1 permeability, there are several quality concerns
- which I'll be discussing later in my talk.
- 3 The next I would like to talk about is the
- 4 paper label, the components of a self-adhesive
- 5 paper label and how it may contribute to the
- 6 quality concerns of inhalation solutions and
- 7 suspensions.
- 8 Typically, a paper label consists of a
- 9 base paper, adhesive, inks, pigments and dyes,
- 10 varnishes, over-lacquer, et cetera, and depending
- 11 upon the application, the base paper may contain or
- 12 may be treated with all or many of the chemicals
- 13 that I have listed here.
- 14 Adhesive is the layer which comes in
- 15 immediate contact with the LDPE vial when it is use
- 16 with self-adhesive paper labels. This slide lists
- 17 typical chemical composition of an adhesive. This
- 18 is not an all-inclusive list. There are many more
- 19 proprietary chemicals used in the formulation of
- 20 these adhesives. Depending upon the physical
- 21 chemical properties of these chemicals, that is to
- 22 say, volatility, they may permeate through the LDPE

- 1 vial into the drug product.
- I have listed here some of the
- 3 over-lacquer components. Over-lacquer is an
- 4 evaporative(?) coating which is typically comprised
- of chemicals such as plasticizers, resins, (?)
- 6 solvents, diluents, surfactants, and many more.
- 7 Some of these chemicals are proprietary in nature.
- 8 Over-lacquer, or varnish, may be used for a
- 9 transparent glassy appearance of the label, also a
- 10 stabilizer for the print work and art work, or it
- 11 can be used as a protective barrier to the moisture
- 12 and overall to extend the longevity of the label.
- 13 Again, in this case also, depending upon the
- 14 physical chemical properties of some of these
- 15 chemicals and their constituents, also the
- 16 concentration and storage conditions, these
- 17 chemicals may have a potential to permeate through
- 18 the LDPE vials into the drug product.
- 19 These are typical ink components. One may
- 20 think that ink might be just a single-component
- 21 formulation. However, if you look at it, there is
- 22 more than one chemical included into the ink

1 formulation. And, again, these are also propriety

- 2 formulations.
- These ink formulations may be (?)-based
- 4 or organic solvent-based, and depending upon the
- 5 brand of solvents which are used in the
- 6 formulation, they may have a potential to permeate
- 7 through the LDPE vials into the drug product.
- 8 The last I would like to talk about is the
- 9 foil-laminate. Primarily, foil-laminate is used as
- 10 a protective secondary packaging for the drug
- 11 formulations that may be sensitive to light and
- 12 react to gases such as oxygen.
- 13 Typically, foil-laminate is a flexible
- 14 packaging composed of multiple layers of various
- 15 types of plastic films which are fused together
- 16 either by heat or pressure-sensitive adhesives
- 17 applied to one or both sides of an aluminum foil.
- 18 In this cartoon, aluminum foil is represented by
- 19 layer D, and as you can see, the whole foil
- 20 overwrap surrounds the drug product vial on an
- 21 automated packaging line.
- 22 The thickness of aluminum foil, which is

- 1 D, and the number of pinholes per unit area are
- 2 crucial for ensuring the consistent barrier to
- 3 permeability. Furthermore, each of the composite
- 4 layers may contain volatility chemicals, organic
- 5 solvents, as they are used in adhesives, which may
- 6 permeate through a LDPE vial into the drug product,
- 7 especially the adhesive layer that is closer to the
- 8 drug product. In this case, that is shown by G.
- 9 So the composition of these are very critical. One
- 10 has to really have a knowledge of its composition
- 11 before they can be selected for the foil overwrap.
- 12 Alternate approaches to adhesive can be considered,
- 13 such as fusion of the multiple layers of
- 14 foil-laminate by heat-set process.
- 15 In addition to the clinical concerns
- 16 discussed by Dr. Sullivan, the permeability of LDPE
- 17 raises several quality concerns, and these are
- 18 listed on this slide, mainly the drug product
- 19 contamination through ingress of volatile chemicals
- 20 which may be originating from the environment that
- 21 may be irritant or toxic to the respiratory tract
- 22 and may sensitize individuals; drug product

1 degradation because of the reactive gases and light

- 2 that permeate through the LDPE vial and cause
- 3 degradation of the drug product; and change in
- 4 product concentration because of the water
- 5 evaporation through the LDPE vials. This in turn
- 6 can accelerate the drug product degradation because
- 7 of the concentration of the drug product.
- Now, let me share with you the results of
- 9 an analytical survey of approved NDA and ANDA
- 10 inhalation solutions marketed in LDPE vials without
- 11 protective overwrap. The basis for this survey was
- 12 a large-scale voluntary recall of inhalation
- 13 solution by a firm due to contamination of the drug
- 14 product with 1-phenoxypropanol. This is a known
- 15 component present in the packaging components.
- 16 This recall was conducted with FDA's knowledge and
- 17 followed by a health hazard evaluation. It was
- 18 later found out that the source of this chemical
- 19 was the varnish or over-lacquer that was used for a
- 20 shelf carton.
- 21 Alarmed by this incident, the agency was
- 22 concerned that there may be other inhalation drug

- 1 products with such contamination from packaging
- 2 components. As a result, it was decided to conduct
- 3 a product quality survey of some of the marketed
- 4 inhalation solutions.
- 5 This was initiated by the Office of
- 6 Generic Drugs in consultation with the Division of
- 7 Pulmonary and Allergy Drug Products and in
- 8 coordination with the Office of Compliance, Office
- 9 of Regulatory Affairs, field offices, and Pacific
- 10 Regional Laboratory. Seven ANDAs and one NDA for
- 11 inhalation solutions covering five different drug
- 12 substances were selected.
- 13 There were 38 samples representing 37 lots
- 14 of various drug products in LDPE vials without a
- 15 protective overwrap foil pouch. The samples were
- 16 screened for potential volatile chemicals which are
- 17 known to be present in the packaging components,
- 18 such as vanillin, 2-phenoxyethanol, and
- 19 1-phenoxy-2-propanol by sensitive analytical
- 20 techniques such as GCMS and HPLC methods. Let me
- 21 share the results of this survey.
- Twenty-nine out of 38 samples tested

- 1 positive for chemical contamination originating
- 2 from packaging components. Five known chemical
- 3 contaminants, as listed below, were detected
- 4 originating from packaging, such as benzophenone,
- 5 polyethylene glycol, 2-(2-butoxyethoxy)ethanol,
- 6 2-(2-ethoxyethoxy) ethanol acetate, and
- 7 2-hydroxy-2-methylpropriophenone.
- A health hazard evaluation was conducted
- 9 at the levels these components were detected in
- 10 these drug products. However, it was indicated
- 11 that the levels of these components did not raise
- 12 sufficient safety concern in the intended
- 13 population to warrant a recall of these drug
- 14 products. Nonetheless, the following issues were
- 15 of concern:
- 16 It was indicated that potential for these
- 17 chemicals to cause bronchospasm at levels detected
- 18 is unknown, especially in patients with respiratory
- 19 diseases.
- 20 It was also indicated that concentration
- 21 of these chemicals might be grater at the end of
- 22 expiry than what was detected at the time they were

- 1 tested.
- 2 It also showed that permeation through
- 3 LDPE vial is a real phenomenon.
- 4 It was also concluded that additional
- 5 chemicals may be present, but may not get detected
- 6 because the analytical techniques which were used
- 7 may not be suitable, not knowing what components
- 8 might be present into those solutions.
- 9 And, also, future changes in the materials
- 10 used in labeling and packaging may result in
- 11 contamination with different chemicals.
- So, in a nutshell, product contamination
- 13 can occur because of the formulation component
- 14 degradation or by leaching of chemical constituents
- 15 from packaging components, such as resin components
- 16 I have listed, paper label components, foil
- overwrap components, cartons, and environment.
- 18 These are the typical extractable or
- 19 leachable components which have been found in the
- 20 drug product from packaging components. Some of
- 21 them are irganox 129, 2, 2, 6-trimethyloctane,
- 22 which is coming from resin components. Some of the

- 1 paper label components that we have seen is benzoic
- 2 acid, ethyl phthalate, benzophenone, danocur 1173,
- 3 cyclic phthalates. From the foil overwrap, we have
- 4 seen methacrylic acid, 2-phenoxyethanol, and some
- of the organic solvents such as acetone,
- 6 2-butanone, ethylacetate, propylacetate, heptane,
- 7 and toluene. And from cartons, methacrylic acid
- 8 and 1-phenoxy-2-propanol.
- 9 So this raises a significant quality
- 10 concern, and there are several other factors.
- 11 These are the factors. Because of the proprietary
- 12 nature of components and composition of this
- 13 packaging material, we may not know what is present
- 14 in the solution. The composition of these
- 15 components which are present in the packaging may
- 16 change without the knowledge of applicant and the
- 17 agency. And you cannot detect if you don't know
- 18 what you are looking for. As a result, there is no
- 19 one analytical procedure to detect unknown chemical
- 20 contaminants. And there is incomplete
- 21 toxicological data or information available for
- 22 many of these identified chemical contaminants.

1 And as the environmental conditions change, that

- 2 may introduce new contaminants.
- 3 So what are the potential approaches the
- 4 agency has taken to minimize and control the
- 5 contamination from packaging components to the
- 6 extent possible? Our approach has been and we have
- 7 recommended that characterize or identify all
- 8 possible extractables and establish a profile for
- 9 each packaging component, for resin, vial, paper
- 10 label, foil-laminate overwrap.
- 11 What I mean by extractable is extractable
- 12 is a chemical compound, which can be volatile or
- 13 non-volatile, that gets extracted from a packaging
- 14 component in a suitable solvent by utilizing
- 15 optimum extraction conditions, such as time and
- 16 temperature.
- 17 Extractable profile for a given packaging
- 18 component typically can be a chromatogram
- 19 representing all possible extractables.
- 20 After that, establish a correlation
- 21 between extractable and its leachable potential,
- 22 and what I mean by leachable is leachable is any

- 1 chemical compound that leaches into the drug
- product formulation either from a packaging
- 3 component or a local environment on storage through
- 4 expiry of the drug product. An extractable can be
- 5 a leachable.
- 6 And to ensure batch-to-batch consistency
- 7 of the drug product, appropriate specification for
- 8 a leachable is established based on its
- 9 qualification and observed levels in the drug
- 10 product on storage.
- 11 As a result, the next approach is we asked
- 12 them to set meaningful acceptance criteria for a
- 13 given extractable in corresponding incoming
- 14 packaging components based on its qualification
- 15 level and actual observed data. Once that is
- 16 accomplished, meaningful acceptance criteria for a
- 17 given leachable based on actual observed data in
- 18 the drug product also be established.
- These are the recommendations we have
- 20 provided in the Draft Guidance. We have
- 21 recommended that adequate knowledge of composition
- 22 and physico-chemical properties of packaging

- 1 components is essential for appropriate selection
- 2 of these components. We discourage paper label
- 3 directly on the LDPE vial and encourage alternative
- 4 approaches, including embossing or debossing, in
- 5 lieu of the paper label on the LDPE vial because of
- 6 the reasons I discussed, because of the product
- 7 contamination. This can be accomplished by
- 8 extended bottom flanges to unit-dose vial that can
- 9 carry essential vial labeling information and can
- 10 retain the product identity.
- 11 We have also recommended use of protective
- 12 overwrap foil pouch for the LDPE unit-dose vial.
- 13 This in turn can minimize the ingress and leaching
- 14 of chemical contaminants from the local environment
- 15 provided that the components that have been
- 16 selected for the fabrication of the overwrap foil
- 17 pouch are appropriately selected.
- 18 The self-adhesive paper label on a foil
- 19 pouch or pre-printed foil pouch is also
- 20 recommended, and different color schemes to
- 21 differentiate multiple strengths of the drug
- 22 product is also recommended. This in turn can

- 1 prevent ingress or leaching of chemical
- 2 contaminants from paper labels and may improve the
- 3 legibility issues.
- 4 The last recommendation we have in our
- 5 Draft Guidance is to limit the number of unit-dose
- 6 vials per pouch, ideally to one LDPE vial per foil
- 7 pouch. This can minimize the risk of medication
- 8 error by patients and health care professionals,
- 9 and it can prevent unnecessary exposure to local
- 10 environment when compared to packaging of
- 11 multi-unit-dose vials in a foil pouch.
- So, in summary, so far I have presented to
- 13 you that volatile chemicals present in the
- 14 packaging components and local environment have a
- 15 great potential to permeate through LDPE vials into
- 16 drug product formulation on storage. The agency's
- 17 analytical survey and other supportive data have
- 18 confirmed ingress and leaching of such volatile
- 19 chemicals into the drug product formulations.
- 20 Ingress or leaching of such chemicals into
- 21 drug product formulation poses a safety concern for
- 22 patients with respiratory illnesses, such as asthma

- 1 and COPD. Embossing or debossing of LDPE vial in
- 2 lieu of paper label is recognized to have
- 3 legibility issue. However, paper labels, although
- 4 perceived to address legibility issue, overall may
- 5 not be the optimum solution because of the safety
- 6 concerns associated with potential leaching and
- 7 ingress of paper label components in the drug
- 8 product through LDPE vial.
- 9 The agency's current recommendations as
- 10 stated in the Draft Guidance may serve as a first
- 11 step in the right direction to address the issues
- 12 that are being discussed today. And the agency is
- 13 seeking other viable approaches to address these
- 14 issues to promote safe product use without
- 15 compromising the integrity of the drug product.
- 16 With that, I will conclude my talk, and
- 17 thank you for your attention.
- DR. GROSS: Thank you very much, Dr. Shah,
- 19 and I want to thank the first three speakers who
- 20 presented a very clear review of the problem.
- 21 We are now open for discussion. Perhaps
- 22 I'll start off with a couple questions.

1 We talk about low-density polyethylene.

- 2 Does high-density polyethylene reduce transmission,
- 3 number one? Number two, would increasing the
- 4 thickness of the container reduce transmission?
- 5 And, number three, have other plastics been
- 6 considered? I'm not a chemist so I don't know, but
- 7 polypropylene, polystyrene? And are any of those
- 8 possibilities?
- 9 DR. SHAH: So far, traditionally, LDPE is
- 10 the choice of material by the manufacturer because
- 11 of some of the properties it can offer. And I
- 12 guess one can increase the thickness of the LDPE
- 13 vial or may use a different polymer. However, one
- 14 has to keep in mind that by nature, when you do the
- 15 fabrication of the vials, it may have some kind of
- 16 a permeability. But that depends on the degree of
- 17 permeability. LDPE offers one side of the
- 18 spectrum, or other polymers may offer a different
- 19 type of permeability. But one has to conduct some
- 20 of the studies to show that it does not permeate.
- 21 DR. GROSS: Michael?
- 22 DR. COHEN: Dr. Lee mentioned shrink wrap

- 1 at one point, and then added that there might still
- 2 be some concern about, you know, the volatility, I
- 3 quess, of the inks in the shrink wrap itself. It
- 4 does not come in contact with the actual LDPE
- 5 plastic, though, so I'm trying to figure out why
- 6 that would be a concern. Do you think it's still
- 7 possible for that to leach in?
- DR. SHAH: Yes, let me answer that.
- 9 Shrink wrap, again, it's a plastic and it suffers
- 10 through the same thing. It comes in direct contact
- 11 with the LDPE vial. So depending upon the chemical
- 12 components of the ink and how it is being used, in
- 13 a shelf carton or anything, it still will have the
- 14 same unit problems that I discussed.
- DR. COHEN: Can I ask a follow-up?
- DR. GROSS: Yes, go ahead, Michael.
- DR. COHEN: Have you done testing--
- DR. SHAH: No, we--I mean, we have not
- 19 even received--or we have not approved a drug
- 20 product with the shrink wrap. There is no example
- 21 of that, at least to CDER. Maybe in other
- 22 divisions, another agency, but we haven't received

- 1 any.
- DR. GROSS: Jackie, next question?
- 3 DR. GARDNER: I understand the problem of
- 4 potentially masking the effect of contamination by
- 5 the condition, but I was surprised to see only 87
- 6 reports of medication errors that you're working
- 7 from. And given the excellent presentation and the
- 8 potential for confusion, I'm surprised that there
- 9 were so few because it looks like it would happen a
- 10 lot. I wondered if we could have some perspective
- on why there would be so few, and maybe Mike can
- 12 help with that.
- 13 And then the second thing is I wondered
- 14 whether any of the potential suggested
- 15 recommendations or the different packaging types
- 16 have been tested in any way that we could
- 17 reasonably expect that they might reduce the
- 18 potential for error if they were implemented,
- 19 whether the foil wrap or any of these things have
- 20 been tested among the people who would be using
- 21 them.
- DR. GROSS: Next question, Leslie?

Does anybody have an answer? Marci?

- 2 DR. LEE: Thank you. As to the number of
- 3 reports being few, since the review was done, there
- 4 have been additional reports submitted to the
- 5 agency for a total, I think I said, of 138 reports,
- 6 which may still sound like a small number, but
- 7 considering the problem is probably very underreported. We
- 8 also had some reports that were
- 9 describing errors that had to do with restocking.
- 10 For example, a transport team's pouch was supposed
- 11 to contain three Albuterol and three Ipatropium
- 12 vials, and at this one given time it contained one
- 13 vial of one drug and five of the other. So, you
- 14 know, in the report the narrative says, "We suspect
- 15 that at least one patient has been affected by this
- 16 problem."
- 17 The same thing can happen in an inpatient
- 18 setting where the drugs are getting intermixed in a
- 19 bin. So it's really an unknown, the actual impact
- 20 of the problem.
- 21 DR. GROSS: Leslie?
- 22 DR. HENDELES: I'd like to just respond to

- 1 Jackie's comment. Mixing these medicines up is
- very unlikely to be associated with a visible toxic
- 3 reaction, so that might be--if anything, the
- 4 adverse consequences is a lack of therapeutic
- 5 effect when you're treating a disease that's
- 6 involving acute bronchospasm. So the clinician
- 7 can't distinguish between lack of drug effect from
- 8 worsening of the disease.
- 9 But the question I had was: Is there any
- 10 evidence that these contaminants in any way
- 11 interact with the active drugs to either decrease
- 12 their stability or to in some way inactivate them?
- DR. SHAH: They may not inactivate, but
- 14 they will increase the degradation of the products.
- 15 They may react with the active, and then you will
- 16 form an adduct. But you are not going to, you
- 17 know, inactivate the drug product.
- DR. SULLIVAN: The other thing t keep in
- 19 mind is that the list of potential contaminants is
- 20 innumerable. So what may be true of one chemical
- 21 may not be true of the others.
- DR. GROSS: Curt Furberg?

1 DR. FURBERG: I'd like to expand on that

- 2 question. What are the health effects of these
- 3 contaminants? Are they all toxants? And if we
- 4 don't know that these contaminants have adverse
- 5 health effects, is this a big issue?
- 6 DR. SULLIVAN: Well, I think the unknown
- 7 is part of the problem, and being a clinician at
- 8 the agency, we've been tasked with addressing the
- 9 specific risk of specific chemicals that have been
- 10 found in assays done, particularly--it was
- 11 discussed in the analytical survey and so forth.
- 12 So we get asked this question: What's the
- 13 toxicologic potential of this chemical? And we
- 14 don't know most of the time. There haven't been
- 15 toxicologic studies done. We don't know the
- 16 carcinogenic potential. We don't know the extent
- 17 to which it acts as an irritant or has other toxic
- 18 effects. And then we have to judge, okay, what's
- 19 the risk out there, and it's very difficult.
- DR. FURBERG: Yes, but shouldn't you add
- 21 that to your recommendation that we find out?
- DR. SULLIVAN: Well, I think that's part

- 1 of why we're saying it's best to just try to limit
- 2 potential exposure, because you can't list all of
- 3 these chemicals. For instance, the one that was
- 4 mentioned was found in a drug product, and it was
- 5 traced back to the fact that the actual carton that
- 6 these vials were contained in, the manufacturer of
- 7 that carton, who isn't the drug manufacturer,
- 8 changed the glue or lacquer in that carton. And so
- 9 a chemical that we wouldn't have previously been
- 10 aware of made its way into the drug.
- DR. SHAH: Again, the agency does not
- 12 control the cartons. We will control to a point
- 13 and look into the things. The carton is something
- 14 very--and as a result, I think our approach has
- 15 been--or we recommend the use of overwrap pouch.
- 16 That can also limit to a certain extent. I mean,
- 17 there is no 100-percent guarantee that it may not
- 18 permeate or the glues which are used in the
- 19 foil-laminate itself may get into the drug product.
- 20 But one needs to study these things
- 21 before, you know, providing to the agency.
- 22 DR. GROSS: Okay. Henri, and then we'll

- 1 hold questions after that until later.
- DR. MANASSE: I have a couple of
- 3 questions. One is: Do we see the impact of the
- 4 degradation on all of the active ingredients, that
- 5 is, for the Albuterol and the Tobramycin and the
- 6 cromolyn? Is that pretty much standard across all
- 7 of the ingredients that these volatile substances
- 8 do have a degrading impact?
- 9 The other question I had is: What
- 10 experiences can we gain from either the food and/or
- 11 the cosmetic industry? Are there experiences there
- 12 since so much of this packaging is also with
- 13 low-density polyethylene containers?
- 14 And my last question relates to the
- 15 potential application of the bar code to packages
- 16 vis-a-vis the incoming rule. To what extent will
- 17 symbology printing either exacerbate or lessen this
- 18 particular issue?
- 19 DR. SHAH: I kind of lost you. What was
- 20 the first question?
- DR. MANASSE: The first question, Is the
- 22 infusion, leaching of the contaminants equally

1 impactful on all the active ingredients in these

- 2 products?
- 3 DR. SHAH: I think some of these will stay
- 4 as a degradation product. They may not impact the
- 5 active ingredient, but it will be just a product
- 6 contamination.
- Now, itself, how it will affect the
- 8 particular patient population, that is--as Dr.
- 9 Sullivan said, we don't know the potential of that.
- 10 So it may not probably reduce the concentration of
- 11 the active into the drug product. However, that
- 12 uncertainty regarding the safety is a concern.
- The second question was?
- DR. MANASSE: The second question relating
- 15 to experiences in the food and cosmetic industry
- 16 and what may be learned there.
- DR. SHAH: Okay. I think by far the
- 18 most--these packaging components are used also in
- 19 tablets and other solid oral dosage forms. There
- 20 the risk is less because you are taking it orally.
- 21 Here the problem is because of the patient
- 22 population, we are more concerned. And I don't

1 know what else can be learned from food and other

- 2 industries because there is--I don't know that much
- 3 scrutiny is there. The only thing that is there is
- 4 whether they are adequate in terms of oral dosage
- 5 use. That's it.
- 6 Does that answer--
- 7 DR. MANASSE: And my last question related
- 8 to the upcoming application of the bar coding rule
- 9 and the imprinting of symbologies to implement that
- 10 particular rule.
- DR. LEE: Actually, LDPE vials was one of
- 12 the products that was exempt from that rule. It
- 13 won't be required down to the vial, but any outer
- 14 packaging it will be on.
- 15 DR. GROSS: Okay. We'll take a break now
- 16 and reconvene at 9:45.
- 17 [Recess.]
- T2A DR. GROSS: The first speaker will be
- 19 Mohammad Sadeghi, who will talk about container
- 20 labeling options using rommelag blow-fill-seal
- 21 technology.
- DR. SADEGHI: Good morning. I'm Mohammad

- 1 Sadeghi with Holopack International. I'm here to
- 2 talk about container labeling options using
- 3 blow-fill-seal technology, and most of all these
- 4 products you've been hearing today about and
- 5 packaging and LDPE, low-density polyethylene,
- 6 they're all manufactured using blow-fill-seal
- 7 technology.
- 8 So what I'm going to do is go over what
- 9 the blow-fill-seal process is, what container
- 10 labeling options you have, what are the pros and
- 11 cons on each, and some examples.
- 12 Blow-fill-seal technology is an integrated
- 13 aseptic technology for manufacturing aseptic
- 14 products. That's an example of a machine. The way
- 15 it works is you feed in raw pellet resins from one
- 16 end and the (?) solution from another, and the
- 17 machine will actually melt the pellet, created the
- 18 container, fill it aseptically, and seal it.
- 19 The process consists of four major steps.
- 20 As you see, the plastic is molten first and
- 21 extruded in a cylindrical shape, and the molds are
- 22 formed into the container, the needle comes in, and

- 1 there is the Class 100 in this (?) area, fills
- 2 the container, and it withdraws, and then the
- 3 container is sealed and ejected from the machine.
- 4 Now, labeling options that you can have
- 5 with this technology consist of embossing, paper
- 6 label on tab if you do not want to put it directly
- 7 on the container, or printing on the tabs.
- 8 Embossing consists of a mirror--engraving
- 9 mold with a mirror image of the information. You
- 10 have small vacuum ports on the mold surface that
- 11 actually will do this, such into the softened
- 12 plastic into the engraving embossing, hence
- 13 embossing the container.
- 14 This is an example of what a mold cavity
- 15 looks like, and you see the surface inside the main
- 16 cavity where the engraving takes place.
- 17 This is a close-up of what it's like to
- 18 have as the imprint. What you see in the bottom
- 19 would be replaceable magazines that you can change
- 20 for lot number and expiration date.
- 21 Another option of embossing is hot stamp,
- 22 which in this case instead of molding it during the

- 1 production, as the container is ejected from the
- 2 BFS machine, it's actually put into a machine where
- 3 it actually is a hot stamp that would actually
- 4 emboss the container, again, and this is done on
- 5 the tabs and not directly on the body of the
- 6 container.
- 7 Paper labels on tabs, one of the reasons
- 8 this container was developed was to avoid direct
- 9 contact labels with--paper labels with the actual
- 10 container body, and the secondary was the
- 11 small-volume containers that required information
- 12 and there was not enough surface area to put the
- 13 engraving on the container. They developed a tab.
- 14 Either it can be on the cap or as a tail, have the
- 15 embossed information.
- You can use the same tab, actually,
- 17 instead of--it's a solid surface, so you can use it
- 18 either to print or add paper to the label.
- 19 The pros and cons of each labeling option:
- 20 Embossing has been discussed here. The pros are
- 21 there is no maintenance of label inventories;
- 22 ensure 100-percent labeling of containers; labels

- 1 cannot be removed; and ensure each unit is
- 2 traceable and no leachables. The cons are, which
- 3 has been discussed also, it is difficult to read on
- 4 clear containers.
- 5 Paper label on tabs is--paper label
- 6 obviously makes it clearer to read, and you can use
- 7 colors. It greatly reduces potential leaching into
- 8 the solution because it's not directly applied to
- 9 the container body. However, there is still
- 10 potential leaching of adhesive.
- 11 Direct printing on the tab, it's clearer
- 12 than embossing on the tab to be read; it eliminates
- 13 potential leaching from paper, adhesive, varnish
- 14 and stuff that goes with the paper label; and it
- 15 greatly reduces potential leaching into the
- 16 solution, again, because it's on the tab, on a
- 17 separate space on the container, not directly on
- 18 the container body; and, lastly, allows for bar
- 19 code printing on line as well. However, you still
- 20 have the ink, which potentially can leach into the
- 21 solution.
- Now, examples of these various things,

- 1 there's a container with embossed labeling. The
- 2 containers can be also embossed and color-coded
- 3 because the same container can be used for
- 4 different concentrations of products, or you can
- 5 have color-coded and embossed to represent the same
- 6 product in different concentrations or doses.
- 7 You can apply the paper on the tab, both
- 8 removing the paper from direct exposure to the
- 9 solution, but also it is readable. Or having
- 10 direct printing on the tab for bar code
- 11 information.
- 12 Also, you have traditional paper on the
- 13 container, which is...
- Now, the other thing is the issue of--one
- 15 of the things that comes to mind is the size of the
- 16 containers, is eliminating paper containers--paper
- 17 labels from all outside containers or is it
- 18 dependent--it is a size-dependent solution.
- 19 Obviously, if you have a liter container such as
- 20 viewed here and you have a paper label, is that
- 21 also going to be--it's something that has to be
- 22 removed, and considered this is--it should be in

1 relation to the size of the container. If it is a

- 2 three- (?) container, you have the same treatment
- 3 as one-liter container.
- 4 Another example of various container
- 5 sizes.
- 6 Thank you.
- 7 DR. GROSS: Okay. Now we'll hear from the
- 8 Cardinal Health team, Rick Schindewolf and Patrick
- 9 Poisson.
- x MR. POISSON: Good morning. My name is
- 11 Patrick Poisson. I'm the Director of Technical
- 12 Services at Cardinal Health Woodstock. With me
- 13 today is Mr. Rick Schindewolf, who's the general
- 14 manager of the Woodstock, Illinois, facility.
- 15 Just a little bit about our role in the
- 16 industry. Cardinal is a diversified health care
- 17 company with operations in distribution, manufacturing,
- 18 research, and management solutions. The
- 19 Cardinal Health Woodstock facility is a
- 20 blow-fill-seal facility that produces approximately
- 21 1 billion units annually. Our product portfolio
- 22 involves NDA, ANDA, 510(k), and USP Monograph

- 1 products.
- 2 Some of the advantages of why people
- 3 select low-density polyethylene in blow-fill-seal
- 4 is blow-fill-seal is recognized as an advanced
- 5 aseptic process. There's also an immense
- 6 flexibility in container design that allows various
- 7 applications of the container and its use. It's
- 8 also a very cost-effective approach to producing
- 9 pharmaceutical products.
- Now, some of the limitations: As
- 11 previously mentioned, LDPE is a semipermeable
- 12 material. The technology also uses heat to form
- 13 the container, and there may be issues with
- 14 heat-sensitive products. And based on the focus of
- 15 this meeting today, there are obviously some
- 16 labeling issues as well.
- Now, the general industry approach has
- 18 been to emboss and deboss the containers to display
- 19 the necessary information, which includes product
- 20 name, concentration, manufacturer, lot number, et
- 21 cetera. Typically, respiratory products are
- 22 packaged in a secondary overwrap in multiple units

1 or single units, and that provides the additional

- 2 protection necessary to prevent chemical
- 3 contamination.
- 4 This has already been touched upon, but
- 5 these are the main highlights of the Draft
- 6 Guidance, and I won't spend any time on this since
- 7 this has been discussed already.
- 8 Now, what are some of the advantages to
- 9 the embossing/debossing approach? It provides an
- 10 immediate tamper-evident identification of the
- 11 product. It eliminates the potential for
- 12 contamination from labels. And it provides ease of
- 13 label copy control.
- 14 Some of the limitations associated with
- 15 that: It can be difficult to read on clear
- 16 containers. It does not provide a very readily bar
- 17 code-readable print. And the vial size affects
- 18 legibility of the print that's embossed and
- 19 debossed. We cannot emboss or deboss down to a
- 20 very small font size that's readable that could
- 21 compete with a paper label.
- Now, we believe there are some

- 1 possibilities for enhancing product identification
- 2 in the low-density polyethylene container, and
- 3 these are listed here: reduce the content
- 4 requirement to allow an increased text size;
- 5 addition of physical/tactile identifiers for
- 6 generic product groups; alternative label
- 7 approaches such as a sleeve label; color coding
- 8 unit-dose vials for generic product groups; and
- 9 individual secondary overwrap.
- 10 Increased text size. There's a limited
- 11 surface area on the container that is available for
- 12 embossing/debossing. Due to the technology, we
- 13 cannot emboss or deboss on the sides of the vial.
- 14 We can only emboss and deboss on the front. The
- 15 text size can be significantly increased; however,
- 16 we would have to remove some of the information
- 17 that's normally provided. This approach would not
- 18 change any of the materials involved in the
- 19 process, so there would be no impact on the current
- 20 product chemistry. This could also be implemented
- 21 fairly quickly, eight to ten weeks. And there
- 22 would be a one-time cost for the manufacturer to

- 1 buy the appropriate equipment.
- 2 This is a drawing of what that concept
- 3 would look like.
- 4 In addition to that, physical/tactile
- 5 identifiers could be added to the container. This
- 6 would provide an easily recognizable/legible symbol
- 7 on the container that would represent a product
- 8 type, for instance, A for Albuterol sulfate, I for
- 9 Ipatropium bromide, et cetera. This is already
- 10 currently being implemented on products
- 11 manufactured at Cardinal Health. This also does
- 12 not change any of the container materials or
- 13 process, so, again, no impact on the current
- 14 product chemistry. This also could be implemented
- 15 in eight to ten weeks, depending on the regulatory
- 16 approval of this label change, possibly as a CBE
- 17 30. Again, there would be a one-time minimal cost
- 18 to buy the necessary equipment to do such a change.
- 19 This is a drawing of what that concept
- 20 could look like. And we have some samples which
- 21 we'll pass around for the committee to see. And
- 22 those can also be provided in clear plastic. And

- 1 here are some photos of the same vials.
- 2 This is a picture contrasted with one of
- 3 the current formats that is out on the market, so
- 4 you can see that there's a definite increase in the
- 5 identification of the products resulting from this
- 6 type of change.
- 7 The sleeve label concept would involve a
- 8 redesign of the extended tab to make that area
- 9 amenable for application of a non-paper label.
- 10 Cardinal has designed such a vial that has a patent
- 11 pending that would be capable of receiving a shrink
- 12 wrap sleeve.
- This label provides a contrasted
- 14 background for enhanced legibility and also provide
- 15 a bar code-readable print. This would involve no
- 16 changes to the product contacting surfaces of the
- 17 container. The shrink of pressure sensitive label
- 18 would be applied to an appendage of the container,
- 19 not in direct contact with the product.
- 20 This would also involve an increased
- 21 manufacturing cost for equipment, labor, and
- 22 materials, and we believe it could be implemented

- 1 in 12 to 14 months following regulatory approval
- 2 with associated stability testing data.
- 3 This is a picture of what that concept
- 4 looks like, and we have some samples that we'll
- 5 pass around. This particular product was mentioned
- 6 in an earlier presentation as the catheter flush
- 7 saline and heparin.
- 8 Color coding. Products could be
- 9 color-coded to aid in identification. That would
- 10 be a similar approach to the AAO recommendations
- 11 for cap color for ophthalmic products. It provides
- 12 a contrasting background to aid the legibility. A
- 13 colored vial is easier to read. However, it could
- 14 impact the product chemistry with leachables and
- 15 extractables. There would be a slight increase in
- 16 manufacturing costs for raw materials. Again,
- implementation time would be based on stability
- 18 data and regulatory approval of such a change.
- 19 This is a picture of what that concept
- 20 would look like.
- 21 Individual secondary overwrap, that has
- 22 been touched upon. It provides enhanced labeling

- 1 opportunities, bar code-readable print for a
- 2 single-dose vial. However, the overwrap can and
- 3 will be separated from that unit at some point in
- 4 time during its use, and we don't control that, so
- 5 we cannot predict when that will happen. So there
- 6 could be legibility/identification issues still at
- 7 the time of use. There's a significant
- 8 manufacturing cost increase with the raw materials,
- 9 equipment necessary, and labor. If that was done
- 10 with the current process, that change, the
- 11 implementation time would be 12 to 14 months
- 12 following regulatory approval of the packaging
- 13 change with associated stability data.
- In summary, we believe there are
- 15 opportunities for improvement of the labeling of
- 16 low-density polyethylene containers. Each
- 17 alternative is a viable alternative, we believe,
- 18 and it should be assessed based on impact to the
- 19 product, speed of implementation, ease of
- 20 regulatory approval, and cost to the patient.
- 21 Thank you--oh, sorry. Our recommendations
- 22 are to increase label information font size on

1 individual vials. Add a tactile symbol for generic

- 2 identification based on the following advantages:
- 3 quick approach, no impact on product chemistry or
- 4 stability, and no impact on patient cost. For
- 5 hospital-dispensed unit-dose vials, add a sleeve
- 6 label to accommodate bar coding.
- 7 Thank you.
- 8 DR. GROSS: Thank you very much.
- 9 Our next speaker is Karen Stewart of the
- 10 American Association of Respiratory Care.
- x MS. STEWART: Good morning. Thank you for 11
- 12 giving me the opportunity to present today. I
- 13 think in your packets you have my written
- 14 statement, and I have a couple of slides here that
- 15 I want to share with you.
- 16 I've been a registered respiratory
- 17 therapist since 1971, and I am here as the
- 18 spokesperson for the American Association for
- 19 Respiratory Care representing respiratory
- 20 therapists both nationwide and internationally.
- 21 Respiratory therapists, like all other
- 22 health care professionals, are very concerned about

- 1 medication errors. In recent years, since the
- 2 elimination of most paper labels on unit-dose vials
- 3 of medication, it has become increasingly difficult
- 4 to determine the content of the unit-dose vial.
- 5 I'm going to share with you some pictures of what
- 6 the therapist typically has on their person as
- 7 they're making rounds.
- 8 Not only is the print on the vial
- 9 difficult to read, the size and the shape of the
- 10 vial contributes to this difficulty.
- 11 In 2001, the American Association for
- 12 Respiratory Care completed a human resource survey,
- 13 and at that time the average age of a respiratory
- 14 therapist was 44. This is another contributing
- 15 factor to the difficulty of reading the content of
- 16 the medication vial. While I may have just
- 17 emphasized that the current relative age of the
- 18 respiratory therapist and the difficulty the older
- 19 therapist experiences in reading the labels, I want
- 20 to clarify to you that deciphering respiratory care
- 21 medication labels is a problem that cuts across all
- 22 age groups of respiratory therapists. The problem

1 is how the medication is labeled or not labeled

- 2 appropriately.
- 3 The work flow of the respiratory therapist
- 4 I think is probably most important for you to
- 5 understand. The therapist typically includes
- 6 delivering medications and treatments to a number
- 7 of patients for a local geographic region in a
- 8 hospital. The patients that are assigned have a
- 9 very wide variety of medications that are being
- 10 delivered to them. Once the medication is checked
- 11 by the pharmacist for drug interactions, the
- 12 therapist typically carries medication with them as
- 13 they begin rounds. It would not be unusual for a
- 14 therapist to carry between 14 and 15 different
- 15 vials of medication. The medications must be under
- 16 control so that therapists either carry the
- 17 medication in a fanny pack or they carry the
- 18 medication in a locked draw on a cart they carry
- 19 with them.
- 20 In some institutions, medications are in a
- 21 Pyxsis system. In this situation, the medication
- 22 can either be placed in a single patient medication

1 labeled drawer or they come from stock supply. So,

- 2 again, multiple vials in a stock drawer.
- I just wanted to give you a view of what's
- 4 in somebody's pocket typically.
- 5 Another concern that faces the respiratory
- 6 therapist is the lack of bar coding on the vial.
- 7 Many hospitals are moving toward the scanning of
- 8 medication bar codes. The driving force for this
- 9 use of technology is to identify the correct
- 10 patient, identify the correct medication, confirm
- 11 the correct dose of medication, confirm the correct
- 12 route of medication, and record the time of the
- 13 medication delivery.
- I want to share with you a few comments
- 15 that I picked up from some respiratory therapists
- 16 in just the most recent weeks.
- 17 Staff have complained about the inability
- 18 to see clearly the medication information. For
- 19 this reason, we switched to a different product
- 20 that is individually wrapped in clearly labeled,
- 21 color-coded foil packaging. The current situation
- 22 with the raised-letter labeling is an accident

1 waiting to happen. I know you talked earlier about

- 2 underreporting. It's because we've given the dose
- 3 and never know we gave the wrong one in some cases.
- 4 This is a second therapist: I complained
- 5 bitterly when the look-alike vials came out. We
- 6 did not leave them for any nurses to confuse. We
- 7 do not know of any medication errors beck of the
- 8 look-alikes. Doesn't mean it didn't happen. We
- 9 just don't know.
- 10 So, again, a little bit more emphasis on
- 11 the fact that we are seeing probably underreporting.
- 12 This is a third one: We have had problems
- 13 with the unit-doze Xopenex and Atrovent looking
- 14 alike and labeled in the same clear package. We
- 15 use Pyxsis and it's still a problem.
- 16 So even moving the medication into a more
- 17 controlled environment continues to be a problem
- 18 for the therapist who's on the floor.
- 19 This is a fourth therapist: One
- 20 encouraging thing that I have seen is differing
- 21 shapes and sizes on a very few of the medications.

- 1 Since the death of the multi-dose vial of
- 2 Albuterol, we have a supplier who sends us
- 3 unit-dose vials of Albuterol that have a very
- 4 distinctive teardrop shape and a much smaller size
- 5 for medication. I give that a Bravo. A similar
- 6 thing has happened with the octagonal unit-dose
- 7 vials of Pulmicort.
- 8 And I think if you look at the very end of
- 9 this, that small round is the Pulmicort. But this
- 10 is what's in the pocket of the therapist, and all
- 11 they have to read on most of those are just that
- 12 clear lettering.
- I was at a program, I did a program in
- 14 Cincinnati last week, and I mentioned this in a
- 15 patient safety presentation that I did to
- 16 therapists. About 600 were there, and what was
- 17 interesting about it is several of them came up to
- 18 me afterward and said, Can you imagine what the
- 19 night shift therapist goes through trying to read
- 20 these?
- Now, low light--it's bad enough, you know,
- 22 with the age, but the low light.

1 There's a couple more comments from

- 2 therapists in there. I think that you've probably
- 3 got those. You get the gist of what we're trying
- 4 to say. So on behalf of the American Association
- of Respiratory Care, I really appreciate the
- 6 opportunity to share the association comments.
- 7 I have one more slide that I want to share
- 8 with you, and it's this one. What you're seeing
- 9 here are just the different medications. One of
- 10 those happens to be Tobramycin. One of them--two
- 11 of them are bronchodilators. Two of them are
- 12 exactly the same medication in different doses.
- 13 Just to really emphasize what the packaging is
- 14 doing to the therapist at the bedside.
- Thank you.
- x DR. GROSS: Okay. Thank you very much.
- 16
- 17 We will not have the committee ask some questions
- 18 of the speakers, and you can ask questions of any
- 19 of the speakers that have presented this morning.
- 20 Leslie?
- DR. HENDELES: I have two questions for
- 22 Karen. First, is there any Joint Commission

1 requirements in terms of how respiratory therapists

- 2 are supposed to handle medication?
- MS. STEWART: There's been--
- 4 DR. HENDELES: And I have a second
- 5 question, which is: Would respiratory therapists
- 6 mind carrying these single-unit dose vials wrapped
- 7 in foil in their pockets?
- 8 MS. STEWART: There are recommendations
- 9 around the delivery of medications from JCAHO, and
- 10 most of that is surrounding the control. It is
- 11 first the pharmacist's review of that medication to
- 12 see if there are any other interactions, and the
- 13 second being that that medication is always under
- 14 control. And you'll see as you go across the
- 15 country a number of different ways that hospitals
- 16 are handling the medication control issue. Some of
- 17 them--the folks that I talked to last week, some of
- 18 them have a cart where they carry all their
- 19 plastics and other things that they need with a
- 20 locked drawer, and their medications are in that
- 21 drawer. Other ones are using Pyxsis, and some are
- 22 still carrying it physically on their person in a

- 1 side pocket or a fanny pack.
- 2 Your second question is, if they were
- 3 individually wrapped, I think that therapists would
- 4 use those either in any of those devices under
- 5 control. The problem is that they open, for
- 6 example, a packet of Xopenex with 12 vials in it.
- 7 That's just too much for them to carry when they've
- 8 got so many different types to carry.
- 9 DR. HENDELES: If it's just one, they
- 10 would be able to?
- 11 MS. STEWART: I think they would be able
- 12 to carry it, yes.
- DR. GROSS: Yes, Stephanie?
- DR. CRAWFORD: Thank you. This question
- is for Patrick Poisson, but, Ms. Stewart, don't go
- 16 too far just in case you want to add to it. I
- 17 thank each of the speakers for their presentations.
- 18 Mr. Poisson, with respect to your
- 19 presentation, the sixth slide was talking about the
- 20 advantages and disadvantages--I'm sorry, the
- 21 advantages and limitations. Each of the advantages
- 22 from my interpretation were in the manufacturing

- 1 process. As you presented, each of the limitations
- 2 was from the clinical use. So my question is:
- 3 From the recommendation--potential alternatives
- 4 that you suggested, have you conducted, your
- 5 company, or performed any studies using clinical
- 6 groups such as the respiratory therapists to see
- 7 acceptability of each of these options?
- 8 MR. POISSON: One thing I probably failed
- 9 to mention is that Cardinal Health is a contract
- 10 manufacturer, and the products that we manufacture
- 11 are distributed by our customers. And it's
- 12 difficult for us to step in front of them and ask
- 13 for this type of work to be done.
- Now, we have done some work with the
- 15 shrink wrap sleeve label, and the feedback from
- 16 that was very positive. However, that was a very
- 17 unique opportunity for us to get involved with
- 18 that.
- In regards to the recommendations, yes,
- 20 some of them are manufacturing--are good for the
- 21 manufacturing process. However, one that maybe
- 22 wasn't explained as well is the sterility of the

- 1 product. Using a blow-fill-seal technology to
- 2 manufacture products is recognized as providing a
- 3 better microbiological quality of product out to
- 4 the market versus a conventional process.
- DR. GROSS: Michael? I'm sorry.
- 6 Stephanie, another question?
- 7 DR. CRAWFORD: Thank you. Just one quick
- 8 follow-up. One of your recommendations was
- 9 increase text size. You mentioned that, of course,
- 10 something would have to come off if that were
- 11 happening--would come off if--
- MR. POISSON: I think we'd have to
- 13 undertake those discussions with the agency as to
- 14 what could come off.
- DR. GROSS: Michael?
- DR. COHEN: I've been looking at these
- 17 LDPE plastics for several years, actually, and
- 18 trying to come up with solutions. And actually the
- 19 best thing I've ever seen is that shrink wrap, that
- 20 overwrap, or sleeve, or whatever you want to call
- 21 it. Is that a proprietary system, or is that
- 22 available to any manufacturer? And can you foresee

- 1 the actual use across the entire spectrum of LDPE
- 2 containers, even the parenterals?
- MR. POISSON: Well, we're very pleased
- 4 with the progress we've made on the sleeve label.
- 5 It did involve some development that we regard as
- 6 intellectual property. So regarding availability
- 7 to the whole industry, I really can't speak on
- 8 that.
- 9 There will be potentially some leachable
- 10 extractables even from that system. There is ink
- 11 on that label. So that has to be evaluated for
- 12 each product that it's used for. It still may not
- 13 work for every product.
- 14 MR. SCHINDEWOLF: If I could just make a
- 15 comment on the proprietary nature, what's
- 16 proprietary about that vial is the rounded end. A
- 17 lot of the vials that you'll see and I think some
- 18 that were presented earlier can be on a flat end as
- 19 well. And we found that the rounded end helped the
- 20 legibility. As the sleeve shrinks, there tends to
- 21 be some--what's the word I'm looking for? The
- 22 print can be--

1 MR. POISSON: It can be distorted.

- 2 MR. SCHINDEWOLF: Yes, "distortion,"
- 3 that's the word. So this was to help the
- 4 readability of the bar code label itself, so that's
- 5 what's proprietary in that particular design.
- DR. GROSS: Yes, Henri?
- 7 DR. MANASSE: In terms of patient safety,
- 8 one of the biggest issues that I think most
- 9 practitioners confront is the kind of work-arounds
- 10 that people utilize to make things convenient for
- 11 them, and this notion of carrying drugs around in
- 12 your pocket is a very good example. But it seems
- 13 that the sleeve is a pretty critical issue with
- 14 respect to the capacity of adding more information
- 15 coupled with bar codes, symbologies, et cetera.
- 16 Have you all thought about how you can
- 17 eliminate the dissociation of the sleeve from the
- 18 package itself? Because the work-around, people
- 19 are tearing off the sleeves and then carrying the
- 20 package by themselves. And is there a way that you
- 21 can avoid that other than at the direct point of
- 22 care?

- 1 MR. POISSON: I'll try and address that.
- 2 One of the ways that these are used is that the cap
- 3 is actually twisted off of the vial. And one of
- 4 the problems I see with individually foil
- 5 overwrapping is the removal of that foil could
- 6 potentially damage the vial in that process. So
- 7 it's a difficult thing to overcome. We could
- 8 tighten the foil potentially around the vial, but
- 9 it just opens it up for damage in the transfer
- 10 process from the location within the hospital to
- 11 its use point.
- 12 You know, there are a lot of advancements
- 13 going on in packaging. Certainly five years ago I
- 14 don't think we would have all the options that we
- 15 have now. Maybe at some point in time we can get
- 16 to a better alternative with the foil.
- DR. GROSS: Robyn?
- 18 MS. SHAPIRO: I have two questions. One
- 19 is actually Henri's. And this is to the agency.
- 20 What factors, if any, are considered currently in
- 21 the approval process with respect to these
- 22 problems?

1 And the second question is: It seems to

- 2 me that this morning we have much more information
- 3 about the potential error, problem, than the
- 4 leachability and contamination problem, and much
- 5 more potential risk. Has there been--maybe this is
- 6 for Karen. Has there been litigation over this?
- 7 And, if so, what has happened?
- 8 MS. STEWART: I can't speak to any
- 9 litigation, and I think one of the concerns that we
- 10 have as therapists is that this probably goes underreported.
- 11 The therapist delivers that care
- 12 and leaves the bedside to treat the next patient.
- 13 So they may not see an adverse effect or, as stated
- 14 earlier by Dr. Sullivan, I believe, the patient
- 15 does not get the potential relief of the
- 16 medication.
- 17 In other words, if you have Tobramycin and
- 18 a bronchodilator in your pocket, they both look
- 19 alike, you give the Tobramycin to the patient who
- 20 needs the bronchodilator, you may not see the
- 21 effect. So it becomes underreported.
- MS. SHAPIRO: And the patient may not

1 either. I mean, they may not realize--the patient

- 2 or the family or whomever, the error may not be
- 3 disclosed to anyone.
- 4 MS. STEWART: Except the patient's
- 5 therapeutic treatment regime is going to be longer
- 6 with a longer length of stay because they didn't
- 7 get the proper--
- 8 MS. SHAPIRO: Sure, but they may not know
- 9 why.
- MS. STEWART: Right.
- DR. GROSS: Are there any other questions?
- MS. SHAPIRO: Can I have the first
- 13 question answered by Paul or somebody about what
- 14 currently is considered?
- DR. SHAH: You are talking about in terms
- 16 of the quality controls?
- MS. SHAPIRO: In the approval process for
- 18 any new drugs, what, if any, is considered with
- 19 respect to safety relating to this possibility for
- 20 error?
- 21 DR. SHAH: Let me just try to briefly
- 22 summarize.

1	When	we	get	an	application	and	we	have

- 2 these kind of packaging components, then usually
- 3 the applicant may provide this information for all
- 4 the components of each and every packaging
- 5 component into the NDA, or they may choose to
- 6 provide that information, if it proprietary,
- 7 through a Drug Master File. Then we review the
- 8 chemical composition of each and very packaging
- 9 component in a Drug Master File, but we cannot
- 10 relay that information to the applicant.
- 11 Once we know from the composition that
- 12 there is a potential for volatile chemicals to be
- 13 present in the component and they may permeate
- 14 through the LDPE vials, then we ask the applicant
- 15 indirectly, without revealing the other
- 16 information, Have you studied any legibility or
- 17 extractable--have you found any extractable, what
- 18 kind of solvent conditions you have used to extract
- 19 this leachable? And we encourage them to contact
- 20 the DMF supplier, work with them, and develop some
- 21 procedures to find out what can be present and
- 22 establish a profile. Once you establish a profile,

- 1 then you may identify, okay, these are the typical
- 2 components present into a component, packaging
- 3 component, and we are going to use that as a basis
- 4 for screening the incoming packaging material. And
- 5 then you may have some kind of acceptance criteria.
- 6 That may be a GC profile. Or if you have
- 7 identified a particular component by its chemical
- 8 structure, then you may say, okay, it is extracted
- 9 at, say, one milligram per ml or something like
- 10 that, okay? So then you will conduct some kind of
- 11 a study for the shelf life, over the shelf life,
- 12 whether that particular extractable gets into the
- 13 drug product or not. If it does not, then at least
- 14 you have established that if I control the amount
- 15 of incoming acceptance criteria, I have established
- 16 incoming packaging material, then I do not see the
- 17 leachable into the drug product. So then you don't
- 18 have to have a test for leachable into the drug
- 19 product, but you have to establish that
- 20 relationship.
- 21 So we go through a series of steps to
- 22 establish that, and once we are satisfied, then we

- 1 may decide, okay, you are going to control or
- 2 minimize this particular component at acceptance
- 3 level in incoming packaging material. Or you will
- 4 have to carry out the leachable testing.
- 5 MS. SHAPIRO: What about the analysis with
- 6 respect to the possible safety problems on account
- 7 of the error issues?
- 8 DR. SHAH: Okay. Once we get that, we see
- 9 that, okay, it is present into the drug product at
- 10 a certain level. And if we know the identity of
- 11 that chemical, then we ask our pharmacology and
- 12 toxicology person to review that data and decide
- 13 whether that will have any safety issue. And if
- 14 they decide that it may have a safety issue, then
- 15 they may ask the applicant to qualify that
- 16 particular material or chemical at that level.
- MS. SHAPIRO: Okay. And all that has to
- 18 do with the leachability question. But what about
- 19 the question having to do with the confusion
- 20 problems on account of the labeling and its impact
- 21 on safety?
- 22 DR. SELIGMAN: For all drug products that

- 1 are approved by the agency, we look at the accuracy
- of the label, whether it's misleading or not,
- 3 whether it's nonpromotional in nature. We look at
- 4 the name for potential confusion. We look at the
- 5 packaging regarding dose and frequency. And if at
- 6 the time we find, either at the time of approval or
- 7 even subsequent to approval, that there is such a
- 8 potential for either name confusion, for misleading
- 9 dose, or any kind of misleading information that
- 10 might lead to medication error, we make a
- 11 recommendation to the manufacturers to try to--to
- 12 alter that.
- I think the reason we're bringing this
- 14 particular issue to this committee is that this is
- 15 a particularly vexing issue. But for the vast
- 16 majority of products that we review, when we find
- 17 such potential for confusion or potential error, we
- 18 recommend to the manufacturer that that be
- 19 addressed prior to approval of the product.
- MS. SHAPIRO: Have you ever, with
- 21 containers like this, sent it back and said, no,
- this doesn't--this won't do given these sorts of

1 problems?

T2B DR. SELIGMAN: I'm not aware of any. Some 2

- 3 of them go through generics.
- 4 Carol, did you want to respond to that?
- 5 MS. HOLQUIST: Yes. Actually, our office
- 6 in Office of Drug Safety, we only get whatever--we
- 7 only see the packaging material that comes in with
- 8 new products. A lot of these products have been on
- 9 the market for years and years. So if indeed one
- 10 of these products came in today with this packaging
- 11 labeling, yes, of course, that would be one of our
- 12 recommendations in our review that, based on
- 13 post-marketing reports and evidence, we wouldn't
- 14 recommend this. But then the agency's hands are
- 15 kind of tied because of the ingress issue. So
- 16 until we find an alternative packaging, it's a
- 17 conundrum we're in.
- DR. GROSS: Gene, did you want to comment?
- 19 DR. SULLIVAN: Yes, I just wanted to
- 20 follow up on a couple things that have been said so
- 21 far: one, to just make sure the categories of harm
- 22 to patients are in the right column. There's the

- 1 harm that the legibility issue brings in, so the
- 2 harm that a patient suffers if he or she doesn't
- 3 receive Tobramycin but instead receives Albuterol.
- 4 And then what I was trying to touch on and the
- 5 thing that's hard to get your hands around is the
- 6 harm from the actual presence of these chemicals,
- 7 and that it's well known that a patient may come to
- 8 the emergency department and receive a few
- 9 treatments of Albuterol and recover and be
- 10 discharged. Another patient may come in and not
- 11 seem to respond and end up mechanically ventilated.
- 12 And to what extent that could be related to
- 13 contaminants in the drug product would be anyone's
- 14 guess and impossible to day. So I just wanted to
- 15 make sure we consider those two sort of as they're
- 16 the competing harms.
- 17 The other issue I just wanted to talk
- 18 about a little bit was the issue of the use of the
- 19 flange or labeling that's not directly applied to
- 20 the actual body of the nebule, be it with a shrink
- 21 wrap or an applied label and so forth; that there
- 22 is some intrinsic appeal because it seems to be

- 1 less in contact with the LDPE, but keep in mind
- 2 that if these are then put into an overwrap, a foil
- 3 overwrap, perhaps for other
- 4 reasons--light-sensitive products and so
- 5 forth--that then you have sort of a micro
- 6 environment, you know, like a little humidor with
- 7 these chemical vapors that could then make their
- 8 way--even though they're here on the flange, they
- 9 could easily make their way into the product, and
- 10 that's sort of evidenced by that case where we had
- 11 the cardboard carton and that chemical made its way
- in. So it's not, you know, a complete solution.
- 13 We have to keep that in mind.
- DR. GROSS: Arthur, you had a question?
- 15 MR. LEVIN: One is just a point of
- 16 information. Mike, is that the packaging with that
- 17 label, that's what you are referencing when you say
- 18 so far that's the best--
- DR. COHEN: Not necessarily.
- 20 MR. LEVIN: Okay.
- 21 DR. COHEN: This is certainly acceptable
- 22 as a way to identify a container. But the ones

1 I've seen have actually had a similar type of film,

- 2 but it's been around the body of the ampule device.
- 3 And there was a tear-off so that you would
- 4 literally pull the tab and tear off the top part of
- 5 the plastic. It was a total overwrap.
- 6 MR. LEVIN: But it's something more than
- 7 that.
- 8 DR. COHEN: Leaving the identify, even
- 9 though this was exposed.
- 10 MR. LEVIN: Okay. So the whole thing is
- 11 shrink wrapped to something.
- DR. COHEN: That's correct.
- 13 MR. LEVIN: Right, okay. I didn't think
- 14 we had seen one of those.
- DR. COHEN: We didn't.
- 16 MR. LEVIN: Yes, okay. So that clarifies
- 17 that.
- 18 The second thing is we seem to be sort of
- 19 entirely focusing in inpatient and, you know, the
- 20 issue of outpatient is certainly significant. And
- 21 I'm just wondering from, you know, what you've done
- 22 to look at how well these kinds of solutions work

- 1 in the outpatient pharmacy setting as opposed to
- 2 inpatient settings where it's really--making sure
- 3 that the respiratory therapist who administers the
- 4 drug is clear on the right drug and the dosage et
- 5 cetera. What about an outpatient pharmacy?
- 6 MR. POISSON: Well, one of the reasons
- 7 why--and someone may question why there's 12 vials
- 8 in a pouch or even 28 or up to 60. A lot of the
- 9 reason behind that is because of the use period in
- 10 the outpatient--outside of the hospital. And based
- 11 on feedback we've received, they view that as an
- 12 advantage to have that type of packaging in that
- 13 particular environment. And the possibility exists
- 14 that maybe some of these options we've presented
- 15 today, such as the symbol on the vial would help
- 16 them in that area from using the wrong product.
- So I think, you know, there's
- 18 opportunities for a number of these options to be
- 19 implemented based on the setting that they're used
- 20 in.
- 21 DR. GROSS: Okay. Henri, you have a
- 22 question?

DR. MANASSE: I just want to follow up on

- 2 Art's point in terms of outpatient use. I can't
- 3 imagine given the size of these containers, given
- 4 the unreadability of these containers, and the
- 5 obvious confusion that is brought to bear to those
- 6 problems, that outpatients, particularly elderly
- 7 outpatients, can manage this on their own. I think
- 8 somehow we've got to contemplate where we go with
- 9 that because the increasing number of people who
- 10 are using these on an outpatient basis and the
- 11 increasing aging of the population presents us with
- 12 an incredible challenge.
- DR. GROSS: Okay. Marci would like to
- 14 make a comment.
- DR. LEE: Thank you. I just wanted to add
- 16 to that. Based on the medication error reports
- 17 that we have received most recently, there are many
- 18 comments about the elderly population using these
- 19 drugs. There are several reports from a pharmacist
- 20 saying that his patients are expressing that
- 21 they're afraid to use the product because they're
- 22 afraid that they're going to double their dose

1 accidentally because they're not sure what is in

- 2 each ampule.
- 3 Then, also, the letter in the background
- 4 package that was sent to Senator Harkin, that also
- 5 involved a woman who was writing in about her
- 6 elderly mother that was having the same problem
- 7 also from a mail-order pharmacy. So in addition to
- 8 a regular outpatient pharmacy where there's direct
- 9 interaction with the pharmacist, you have people
- 10 who are unable to get out of their home and receive
- 11 their medications by mail having the same
- 12 experiences.
- 13 Carol wants to add something.
- MS. HOLQUIST: Also, just in relation to
- 15 the letters at the top of the vials themselves, we
- 16 actually have gotten some reports as well where
- 17 there's a question as to what the actual letter
- 18 stands for, like A, is it for Albuterol or for
- 19 Atrovent. So some simple fixes, sometimes you also
- 20 have to think beyond, that there's more than one
- 21 product that begins with that letter.
- x DR. GROSS: Okay. We are a little bit

1 ahead of schedule, and we will proceed at this time

- 2 with the open public hearing. Dr. Eric Sheinin
- 3 will present. First I need to--
- 4 MS. JAIN: We need to read a statement
- 5 first.
- 6 DR. GROSS: Both the Food and Drug
- 7 Administration and the public believe in a
- 8 transparent process for information gathering and
- 9 decisionmaking. To ensure such transparency at the
- 10 open public hearing session of this Advisory
- 11 Committee meeting, the FDA believes that it is
- 12 important to understand the context of an
- 13 individual's presentation. For this reason, FDA
- 14 encourages you, the open public hearing speaker, at
- 15 the beginning of your written or oral statement to
- 16 advise the committee of any financial relationship
- 17 that you may have with any company or any group
- 18 that is likely to be impacted by the topic of this
- 19 meeting.
- 20 For example, the financial information may
- 21 include a company's or a group's payment of your
- travel, lodging, or other expenses in connection

1 with your attendance at the meeting. Likewise, FDA

- 2 encourages you at the beginning of your statement
- 3 to advise the committee if you do not have any such
- 4 financial relationships. If you choose not to
- 5 address this issue of financial relationships at
- 6 the beginning of your statement, it will not
- 7 preclude you from speaking.
- x DR. SHEININ: Thank you, Dr. Gross. I
- 9 have no financial ties or interests in any
- 10 pharmaceutical company or any other company or
- 11 organization that would be interested in the
- 12 proceedings before the committee today, so I think
- 13 I'm okay with that.

- DR. GROSS: Thank you.
- DR. SHEININ: My name is Eric Sheinin, and
- 16 I'm here today to represent the United States
- 17 Pharmacopeia. At the UPS, I am the Vice President
- 18 for Information and Standards Development. We do
- 19 have an expert committee that deals with safety
- 20 issues, and much of what I'm going to say today is
- 21 a direct result of work that they have done. But I
- 22 would like to give you some background about the

1 USP for those of you who may not be familiar with

- 2 us and also to have it in the record.
- 3 The USP is a nongovernmental organization
- 4 that promotes the public health by establishing
- 5 state-of-the-art standards to ensure the quality of
- 6 medicines and other health care technologies.
- 7 These standards are developed by a unique process
- 8 of public involvement and they're accepted
- 9 worldwide. Many other countries around the world
- 10 recognize the USPNF standards as their own
- 11 standards in terms of regulatory procedures within
- 12 those countries.
- 13 USP is a not-for-profit organization that
- 14 achieves this goal through the scientific
- 15 contribution of volunteers, and the volunteers
- 16 represent pharmacy, medicine, and many other health
- 17 care professions. These individuals work in
- 18 academia, they work in government, both U.S. and
- 19 international. In fact, there are many FDA
- 20 scientists who serve as volunteer to USP. They
- 21 also come from the pharmaceutical industry and
- 22 consumer organizations. In addition to standards

1 development, USP's has several other public health

- 2 programs that focus on promoting optimal public
- 3 health care delivery.
- In our mission statement, it says the
- 5 mission is to promote the public health, and I
- 6 always liken that to the mission of CDER, which is
- 7 also basically to promote the public health. So I
- 8 believe we're all interested in the same types of
- 9 standards.
- 10 At the USP, the volunteers, many of them
- 11 serve on our Council of Experts and its expert
- 12 committees. The members of these committees are
- 13 USP scientific decisionmakers, and they form our
- 14 standard-setting body. Council members are elected
- 15 by USP's membership at our five-year convention.
- 16 They're elected on the basis of their knowledge and
- 17 expertise, and they serve five-year terms. So even
- 18 individuals who come from industry, from their
- 19 companies, when they volunteer to work with USP,
- 20 they represent themselves. They do not represent
- 21 their employer, their organization, or anybody else
- 22 when they work on our standards.

1 The 2000-2005 Council of Experts comprises

- 2 62 nationally recognized scientists, academicians,
- 3 and clinicians. Each one of these individuals
- 4 chairs an expert committee, and the expert
- 5 committees are made up then in turn of
- 6 distinguished experts.
- 7 One of the committees is named the USP
- 8 Safe Medication Use Expert Committee. This
- 9 committee is comprised of 18 members representing
- 10 pharmacy, nursing, and medicine. It includes an
- 11 FDA liaison, Carol Holquist. It includes Captain
- 12 Jerry Phillips, who was formerly the Associate
- 13 Director for Medication Error Prevention in FDA's
- 14 Office of Drug Safety.
- For more than 30 years, USP has promoted
- 16 the importance of collecting and sharing
- 17 experiential data from health care professionals.
- 18 In the last decade, particular emphasis has focused
- 19 on medication error reporting and prevention as a
- 20 way for USP to positively affect the public health.
- 21 The data collected from two of our programs--the
- 22 USP-ISMP Medication Error Reporting, or MER,

1 Program and MEDMARX--are reviewed and analyzed by

- 2 USP staff and USP's Safe Medication Use Expert
- 3 Committee.
- In October of 2002, USP sent a letter to
- 5 the chief of CDER's Compendial Operations staff,
- 6 Yanna Mille, to inform her, on behalf of the Safe
- 7 Medication Use Expert Committee, of the continuing
- 8 concerns of the committee and of health care
- 9 professionals and practitioners regarding both the
- 10 difficulty in identifying drug products packaged in
- 11 low-density polyethylene ampules and vials and the
- 12 resultant medication errors from their misuse.
- 13 Plastic ampule packaging is frequently
- 14 used for respiratory therapy drugs. The ampules
- often do not bear labels but are labeled by
- 16 debossing or embossing the actual plastic
- 17 container. This debossing or embossing is
- 18 described by health care practitioners who have
- 19 reported to the USP reporting programs as being
- 20 unreadable, causing difficulty in identifying the
- 21 product within. Because this packaging is now
- 22 being used not only for respiratory therapy drugs

- 1 but also for injectables and oral solution, it is
- 2 even more important that the subject products be
- 3 easily identified and readily distinguishable from
- 4 each other.
- 5 USP has provided the Compendial Operations
- 6 staff, the Dockets Branch, and the Office of Drug
- 7 Safety with more than 42 specific case studies
- 8 where mediation errors occurred because of the use
- 9 of these products. We also have submitted copies
- 10 of the actual product containers involved in the
- 11 medication errors that were reported through the
- 12 two USP reporting programs.
- 13 In addition to providing comment on the
- 14 concerns expressed to USP by health care
- 15 practitioners, the USP Safe Medication Use Expert
- 16 Committee unanimously voted to encourage FDA to
- 17 establish an alternate method of labeling for the
- 18 various drug products packaged in the plastic vials
- 19 being discussed today. This would be in order for
- 20 these products to be clearly identifiable,
- 21 hopefully thereby reducing the numerous medication
- 22 errors that have occurred and likely will continue

- 1 to occur.
- 2 The expert committee also suggested that
- 3 the FDA cease approval of products in these
- 4 containers because their use continues to be the
- 5 subject of numerous medication error reports.
- 6 From April 20, 2002, through January 31,
- 7 2004, an additional 26 reports of actual and
- 8 potential medication errors have been received
- 9 through USP's medication errors reporting programs
- 10 regarding the similarity in the labeling of
- 11 products in low-density polyethylene vials. The
- 12 problems with these containers continue, and the
- 13 USP and the USP Safe Medication Use Expert
- 14 Committee recommends that FDA take any necessary
- 15 action to improve the labeling of low-density
- 16 polyethylene ampules and vials.
- 17 I thank you for your attention and your
- 18 consideration of USP's concerns. If you have any
- 19 questions, I'll certainly try to answer them.
- DR. GROSS: Thank you very much.
- 21 Are there any questions from the panel?
- 22 Jackie?

1 DR. GARDNER: I would just like to ask,

- 2 Dr. Sheinin, does USP have a recommendation of one
- 3 of these methods over another?
- 4 DR. SHEININ: A recommendation?
- DR. GARDNER: For solving this problem?
- 6 DR. SHEININ: Not at this point, not that
- 7 I'm aware of. The obvious solution to me--and I
- 8 actually worked at FDA for 30 years before I went
- 9 to USP--would be to have a label on the containers.
- 10 But there are concerns with migration through the
- 11 low-density polyethylene. I'm sorry I missed the
- 12 end of the previous presentation where they were
- 13 describing perhaps some way to help identify these
- 14 products.
- DR. GROSS: Robyn Shapiro?
- 16 MS. SHAPIRO: I just have a question about
- 17 these report forms. Was patient counseling
- 18 provided? And then, if yes, before or after error
- 19 was discovered? Does that mean about what the drug
- 20 is, how to take it, how to read it? What does the
- 21 counseling refer to?
- DR. SHEININ: I believe that the

1 counseling is provided by the professional who's

- 2 reporting the problem to us. I don't believe USP
- 3 does the counseling.
- 4 MS. SHAPIRO: So we don't really know what
- 5 that refers to.
- DR. SHEININ: Unfortunately, the Safe
- 7 Medication Use Expert Committee is not under my
- 8 area of responsibility. But as far as I know, that
- 9 counseling would not be provided by USP, and we
- 10 probably do not know what the nature of that
- 11 counseling was. The form is asking if there has
- 12 been any counseling.
- DR. GROSS: Henri?
- DR. MANASSE: Good morning, Eric.
- DR. SHEININ: Hi, Henri.
- 16 DR. MANASSE: Two questions. We've talked
- 17 today about two major issues: one is the leaching
- 18 of chemical agents from various labeling techniques
- 19 and embossments; the other having to do with the
- 20 readability issues and the packages themselves.
- 21 Has USP convened any technical experts on
- 22 either one of those issues to contemplate what's

- 1 the existing science, what do we know, what do we
- 2 not know, as well as what our reasonable solutions,
- 3 given what's known, in other industries or other
- 4 options for dealing with this problem?
- DR. SHEININ: Not that I'm aware of. It
- 6 certainly is a good suggestion, and I will take
- 7 that back to the committee and to Diane Cousins,
- 8 whom I think many of you probably know, and see if
- 9 there is a way that we could proceed in that
- 10 manner. I think it's a very good suggestion and
- 11 something that should be done.
- DR. GROSS: Okay. Thank you very much.
- DR. SHEININ: Thank you.
- x DR. GROSS: If there are no further 14
- 15 questions, since we remain ahead of schedule, Dr.
- 16 Paul Seligman will now introduce the issues and
- 17 questions that he has for the Advisory Committee.
- DR. SELIGMAN: You should all, members of
- 19 the committee, have a one-page LDPE Discussion
- 20 Points. These, I believe, are in the packages as
- 21 well for public distribution. Why don't we simply
- 22 refer to these rather than booting up the slides.

1 You've heard this morning about the issue

- 2 related to the ingress of volatile compounds as a
- 3 problem with these particular containers and
- 4 various approaches to deal with this issue as well
- 5 as not only--to deal with both the preservation of
- 6 the purity of the drug, as well as ways in which to
- 7 improve the legibility of the label.
- 8 What we've asked in the first question is:
- 9 Given the various approaches that you've heard
- 10 today, including embossing and debossing of
- 11 containers, the use of unit package overwraps, the
- 12 elongation of the bottom tab and using that as an
- 13 place to print critical information, the use of
- 14 paper labels, the use of ink directly on the vial,
- 15 various potential approaches including tactile
- 16 recognition, shrink wrap labels, and then we
- 17 actually even saw the use of glass ampules or
- 18 vials, what we're interested in the committee
- 19 addressing first off is to discuss the potential
- 20 advantages or disadvantages of these approaches and
- 21 to identify in 1b any creative solutions or
- 22 alternate packaging design that would improve

1 legibility and address the problem of ingress of

- 2 chemical contaminants and at the same time not
- 3 create additional problems.
- 4 We'd also like to have you put on your
- 5 thinking caps and consider if there are stakeholder
- 6 groups, such as manufacturers, practitioners,
- 7 consumers, and others, who might best advise FDA
- 8 about possible new packaging configurations that
- 9 might resolve some of these issues.
- 10 And then given what you've heard today and
- 11 based on our discussion, describe and advise us on
- 12 an appropriate course of action to address not only
- 13 the problem of ingress of contaminants but also
- 14 medication errors due to legibility and similar
- 15 packaging issues.
- 16 So those are the issues before us. Peter?
- DR. GROSS: We share in your perplexity.
- DR. SELIGMAN: Thank you.
- x DR. GROSS: This is a difficult issue.
- 19
- Thank you very much for the questions,
- 21 Paul, and we will initiate the discussion. The
- 22 agenda allows two hours for discussion, so why

1 don't we do roughly an hour, and then maybe we can

- 2 have lunch and then finish up, if that's okay.
- 3 MS. JAIN: Lunch is on its way.
- 4 DR. GROSS: Okay. Well, whenever lunch is
- 5 here, we will re-evaluate our timing. But let's
- 6 begin the discussion now.
- Anyone have any comments? Why don't we do
- 8 this in an orderly fashion and take the issues as
- 9 Paul presented them, with 1a being the first.
- 10 They're all sort of interrelated, but why don't we
- 11 get specific and talk about la first. Leslie?
- DR. HENDELES: I'd like to preface my
- 13 comments by saying that nebulization of
- 14 bronchodilators is an obsolete way of treating
- 15 acute bronchospasm, and part of whatever we do
- 16 needs to focus on an educational program designed
- 17 at using the meter-dose inhaler through a valve
- 18 holding chamber, which is far more efficient,
- 19 causes fewer side effects, less expensive way, and
- 20 it's the way the rest of the world treats acute
- 21 asthma. The United States has a fixation on
- 22 nebulizer therapy that they won't let go of, for

1 some reason, especially pediatricians, but there's

- 2 clearly 10 to 15 double-blind, placebo-controlled
- 3 trials, a Cochran review, et cetera, that indicate
- 4 that there are much more efficient ways and it
- 5 would, of course, circumvent this problem for
- 6 asthma.
- 7 Now, having said that, I really like the
- 8 idea of having that foil pack, like the Nephron,
- 9 with a single unit, and I think that would solve
- 10 the problem. It would allow for the bar coding.
- 11 And according to Karen, respiratory therapists
- 12 would be willing to carry that in their pocket. As
- 13 I understand it, the reason why they carry single
- 14 units in their pocket is because when they open the
- 15 foil pack, there's 12 of them there. If there's
- 16 only one, they would probably carry it. And, of
- 17 course, that could also be addressed through
- 18 professional education as well.
- 19 DR. GROSS: Leslie, for myself and anyone
- 20 else who is not 100 percent clear on what you said,
- 21 would you contrast the two methods of medication
- 22 delivery again?

1 DR. HENDELES: Bronchodilators as well as

- 2 inhaled steroids can be delivered by a pressurized,
- 3 meter-dose inhaler that's attached to a valve
- 4 holding chamber with an age-appropriate connection,
- 5 either a mouthpiece for older folks or a mask for
- 6 preschool kids that seals around their nose and
- 7 mouth, and you fire off a few puffs, such as four
- 8 puffs, into this chamber and it's equivalent in
- 9 efficacy to nebulizing a bronchodilator in the
- 10 emergency room. It causes fewer side effects. It
- 11 takes a minute or two to give the treatment instead
- of 15 to 20 minutes, and it's far more convenient
- 13 for patients and cheaper. They don't have to buy a
- 14 compressor for \$150.
- DR. GROSS: Could someone from the FDA
- 16 comment on whether or not they want to tackle that
- 17 issue?
- DR. SULLIVAN: That may not be an issue
- 19 for the FDA really to address. I don't think there
- 20 would be any -- the evidence being what it is, that
- 21 MDIs may effect just as great a degree of
- 22 bronchodilation as a nebulizer, it would be

1 something that physicians should interpret and use

- 2 in their clinical judgment. I don't think there
- 3 would be any rationale for the agency to pull
- 4 nebulizer solutions off the market. I think that
- 5 would be very drastic. So from our perspective, we
- 6 have to deal with them.
- Now, if the medical community starts to
- 8 learn that maybe they are overusing nebulizers
- 9 through Dr. Hendeles' shaking the cage a little
- 10 bit, that's just great. But the issue will still
- 11 remain for us.
- DR. HENDELES: And, indeed, there are
- 13 patients who might be unconscious, for example, or
- 14 would need the nebulizer, and there are drugs such
- 15 as Tobramycin that can't be delivered by MDI.
- DR. GROSS: Arthur?
- 17 MR. LEVIN: I realize it isn't within the
- 18 scope of authority of the FDA to dictate clinical
- 19 practice, but part of the problem here is we're
- 20 dealing with a tension between an issue of
- 21 potential harm, which is the leaching of, you know,
- 22 substances that don't belong in the solution into

- 1 the solution and the documented potential harm of
- 2 error. And we're looking at a variety of
- 3 solutions, none of which is perfect and each of
- 4 which brings with it some question: You know, does
- 5 it solve the error problem entirely? Or by solving
- 6 the error problem entirely, does it still leave us
- 7 open to the problem of possible impurity?
- 8 In that context, I think the FDA does have
- 9 something to say, and then when we move to the
- 10 ambulatory setting particularly, where these issues
- 11 I think get even more complicated--and we really
- 12 haven't talked about it--that if there are better
- 13 ways to deliver the product that relief us of the
- 14 burden of trying to figure out the perfect solution
- on these two different potential harms, that's
- 16 worthy of comment. I mean, nobody expects you to
- 17 be able to pull the product from the market, but in
- 18 dealing with improving safety of products, I don't
- 19 think it's entirely out of character for the FDA to
- 20 make a comment that one of the solutions here is to
- 21 use a different form of delivery that obviates the
- 22 need to talk about all of this. You may not be

1 able to say, "You can't use the other," but you can

- 2 certainly say, "Moving in this direction seems to
- 3 be a way to solve the problem, " and I would say
- 4 particularly in the ambulatory populations.
- DR. GROSS: Maybe we'll have one or two
- 6 more comments on this particular issue. Then we'll
- 7 have to get back to the questions raised by Dr.
- 8 Seligman in 1a.
- 9 Brian?
- 10 DR. STROM: yes, I'd like to in my initial
- 11 start be more provocative. We're hearing, as
- 12 Arthur is saying, between two safety problems,
- 13 without good data on either side to quantify each
- 14 of them. We're using in one case physiological
- 15 chemical tests and the theory that leaching might
- 16 be a problem, and it's clearly understandable why
- 17 it can't be quantified more than that. And we're
- 18 hearing on the other side about medication errors
- 19 based on the spontaneous reporting system, which is
- 20 grossly incomplete. We don't know how many there
- 21 are out there other than the fact that we're seeing
- 22 a number, and there are clearly many more out there

- 1 than we're seeing that could be studied more
- 2 concretely, potentially. But, in either case, we
- 3 don't have good quantification, and so part of the
- 4 problem here is balancing two risks, neither of
- 5 which are quantified.
- If we're hearing from Leslie--and you're
- 7 not disagreeing--that there is a better approach
- 8 which is more effective and is safer, why isn't
- 9 that a regulatory reason for the FDA to remove the
- 10 nebulizers--this packaging?
- DR. SULLIVAN: Well, I'm not actually
- 12 agreeing. I'm aware of the various articles that
- 13 are out there. I have not reviewed those studies
- 14 myself, seen the data myself. Certainly the agency
- 15 has not come to that conclusion that the MDIs have
- 16 these attributes, these costs, and effectiveness
- 17 and so forth. And that's an open question, I
- 18 believe. Dr. Hendeles probably knows that
- 19 literature even better than I.
- 20 But for the agency to come to a conclusion
- 21 like that is a very significant matter, and, again,
- 22 although we can make comments, it's not clear in

1 what context that comment will hold any water until

- 2 or unless we were to, as suggested, remove them
- 3 from the market. And I think that that's quite a
- 4 drastic step, and I think that as Dr. Hendeles
- 5 pointed out, there would be very good arguments
- 6 that there may be some populations who are only
- 7 served by the nebulizers, and, therefore, it would
- 8 be unwise to remove them from the market.
- 9 So let me say that we haven't made that
- 10 determination, number one, and that even if we made
- 11 the determination that for the average patient it
- 12 was efficient in some way that you would like to
- 13 define efficiency, it would be hard for us to move
- 14 on that.
- So I understand your perspective and I
- 16 understand Dr. Hendeles' perspective that perhaps
- 17 the American physicians are overutilizing them.
- 18 But I don't think that's going to get around the
- 19 issues that we have to face.
- DR. GROSS: Okay. I think that maybe the
- 21 sense of the committee is that this is advice
- 22 they'd like to give to the FDA to look into this

- 1 issue and decide how they want to proceed. But I
- 2 would like that the issue should be brought to the
- 3 attention of the national pulmonary organizations,
- 4 and they in their quidelines should make this
- 5 recommendation because in that setting they might
- 6 have a significant clinical impact.
- 7 DR. HENDELES: It shouldn't be limited to
- 8 physicians. I think health system pharmacists and
- 9 respiratory therapists and those organizations play
- 10 a role, too.
- DR. GROSS: Absolutely. But that might be
- 12 the way to begin to make the change, if that's what
- 13 the scientific evidence indicates.
- Okay. I know you've all been trying to
- 15 avoid la, but we do have to address it.
- [Laughter.]
- DR. GROSS: And I saw Michael's hand up
- 18 first.
- 19 DR. COHEN: Thank you very much, sir.
- 20 First of all, let me just ask the
- 21 question: Are we talking only about the
- 22 respiratory ampules, the LDPE, or are you talking

- 1 about all LDPE? Because there's a difference
- 2 between the two, and the way they may be labeled
- 3 might be different as well. So that would be the
- 4 first question. Are there, in fact--we need to
- 5 clarify that there are, in fact, LDPE ampules for
- 6 injectables and ophthalmics, et cetera? Is that
- 7 what we heard earlier? That's number one.
- 8 MS. HOLQUIST: Yes, and that was one of
- 9 our questions, too. Should we treat the pulmonary
- 10 products separately than these other products that
- 11 are packaged by other routes of administration?
- DR. COHEN: I guess what I'm saying is,
- 13 even if we do clarify what you just brought up, Dr.
- 14 Hendeles, we'd still need to address the issue of
- 15 the labeling because there are other forms, if, in
- 16 fact, they're LDPE. So that was the first thing I
- 17 wanted to mention.
- 18 Can I make a suggestion to the Chair that
- 19 we go through each of these bullets, perhaps
- 20 separately? Or do you want us to comment on all of
- 21 them at the same time?
- DR. GROSS: I think that's a very good

1 idea, Michael. Do you want to begin with embossed?

- DR. MANASSE: Peter, I wonder if I could
- 3 just interrupt.
- 4 DR. GROSS: Yes, sure. Henri?
- DR. MANASSE: I think before we jump to
- 6 choosing between evils, I think we have to lift up,
- 7 perhaps, to the 30,000-foot level a minute and,
- 8 that is, if we're going to continue to use these
- 9 low-density polyethylene containers in the sizes
- 10 that we're going to use them, if that's a given,
- 11 we're going to have to more carefully understand
- 12 and identify both the packaging and ingress issues.
- 13 I'm a little bit uncomfortable jumping to
- 14 picking what we think is the best when we don't
- 15 have all the information. I don't think we're
- 16 totally educated on all the potential leaching
- 17 issues, all the potential chemical agents that
- 18 could cause degradation, et cetera, et cetera.
- 19 At the same time, I'd hate to see us jump
- 20 to figuring out packaging solutions when at least
- 21 I, for one, have not been presented with all of the
- 22 packaging options that might be a possibility.

- 1 We're limiting ourselves largely to pharmaceutical
- 2 packaging, and I'm amazed in this country how
- 3 creative packaging can become. All you have to do
- 4 is look at the cosmetics industry to see some of
- 5 that creativity. I'm not sure that we've exhausted
- 6 the dialogue around creative mechanisms by which
- 7 people can read this stuff, that they can handle it
- 8 without an intervening health professional, at
- 9 home, for example, and particularly relating to the
- 10 elderly. And I'm not convinced that we know enough
- 11 yet about what kind of package designs are utilized
- 12 in other industries that might be applicable here
- 13 that could solve our problem in a much bigger way.
- I don't want to be interruptive, Peter,
- 15 but it seems to me that we've got to look at those
- 16 issues.
- DR. GROSS: I think those are very
- 18 critical points, Henri. I know from my point of
- 19 view, I'm not sure I got an answer as to why other
- 20 polymers have not been selected as opposed to
- 21 polyethylene, you know, like polypropylene or
- 22 polystyrene. Is there any potential there? Can

- 1 that be looked at? Is high-density any better than
- 2 low-density is another issue. Should the thickness
- 3 of the LDPE be made greater and that would probably
- 4 slow the migration? But would it make a
- 5 significant difference over a period of time or
- 6 not? So there's just a tremendous amount that's
- 7 not known.
- 8 But in the absence of all the knowledge
- 9 that we need, which is the situation in most
- 10 instances that we have to deal with in life, just
- 11 read Robert Rubin's book, we still do have to
- 12 address the questions posed to us.
- Does anybody have any other comments
- 14 before we address those specific questions? Yes,
- 15 Jackie?
- DR. GARDNER: Since we aren't experts on
- 17 this and what you're saying is correct, and since
- 18 Brian is leaving this committee and he always has
- 19 one mantra, and that is, we need data, where are
- 20 the data, and he won't be here anymore, so I'll
- 21 take that up for him, my suggestion would be that
- 22 we ask, maybe starting with Michael, of these

1 options which is probably the most satisfactory on

- 2 the face of it given everything we've heard today,
- 3 recommend that maybe starting with that, some
- 4 studies be done to address the extent of the
- 5 ingress using that method, and has it solved that
- 6 problem? And so to that end, it sounds like either
- 7 the shrink wrapping of the ampule, as Michael
- 8 suggested, or the foil wrap, individual unit of use
- 9 sleeve, which I happen to like because it seems
- 10 like you could bar code it and also put
- 11 instructions and colors and other kinds of things
- 12 on it, but pick one, the best that we can come up
- 13 with and ask them to study it and then tell us how
- 14 bad it turns out to be.
- DR. GROSS: Well, we don't even know the
- 16 toxicity of the chemicals that are ingressing. We
- 17 don't even have that information. Certainly a lot
- 18 of products that are available commercially have
- 19 low levels of toxin that are considered acceptable.
- 20 So, I mean, that's another big area where we just
- 21 don't have the information.
- 22 Leslie?

1 DR. HENDELES: Did we learn whether this

- 2 foil wrap actually prevents the problem or does it
- 3 add anything else to the vial, the solution?
- DR. SHAH: Well, it depends.
- DR. HENDELES: Yes, okay.
- 6 DR. SHAH: Again, it goes back to the
- 7 question of having adequate knowledge of the
- 8 chemical components which you have selected for
- 9 your foil laminate and, critically, the adhesive
- 10 layer which is used. Most of the time, the organic
- 11 solvents which are used in adhesives, they migrate
- 12 from the adhesive layer to the LDPE vial. As long
- 13 as the adhesive layer is on the other side of the
- 14 aluminum foil, they may not have to worry about
- 15 that. You can use a sort of adhesive layer, you
- 16 can use pressure-sensitive materials which can just
- 17 fuse together. Then you can avoid using adhesives.
- 18 Again, that's solving one problem coming
- 19 from adhesive. However, the other layers which are
- 20 used inside the aluminum foil, again, the product
- 21 composition, chemical composition does matter. If
- there are small organic molecules which have a

- 1 volatile potential, there is a likelihood that it
- 2 may migrate. However, the applicant can do a
- 3 one-time study and demonstrate that whatever
- 4 leaches into the drug product is not significant
- 5 enough to pose a safety issue. If that is being
- 6 done, then that may be a possibility.
- 7 But we really don't know, I mean, in that
- 8 sense that it will solve the problem of not
- 9 leaching 100 percent.
- T3A DR. GROSS: Okay. We've been talking for
- 11 20 minutes, and we have still avoided the question.
- 12 So anybody have any other comments before we
- 13 address the question before us?
- 14 [No response.]
- DR. GROSS: Okay. At Michael's
- 16 suggestion, if that's okay with everybody, starting
- 17 at the top, any comments on embossing? Michael?
- DR. COHEN: I have a few comments, but,
- 19 again, we are talking about the respiratory use
- 20 specifically? That's fine if we are.
- DR. GROSS: Well, go ahead and distinguish
- 22 what you want.

- 1 DR. COHEN: Well, I think for the
- 2 respiratory use, at least now there's not a great
- 3 variety of agents that are packaged in this type of
- 4 plastic, which may have an impact on my comments
- 5 with injectables, et cetera. I don't know what the
- 6 future growth will be.
- But with the embossment right now, I think
- 8 it's pretty clear that we really can't leave things
- 9 the way that they are and that there are some
- 10 changes that we heard from--I believe it was from
- 11 Cardinal Health that possibly could help here. One
- 12 of them was the large type, and I thought that was
- 13 a world of difference between that and the old
- 14 type.
- 15 However, I should point out that we're
- 16 talking about clear containers now, colorless
- 17 containers. We're not talking about color
- 18 containers, and there's a whole set of problems
- 19 with that I don't even know if we're going to
- 20 get into. But I would certainly discourage the use
- 21 of color differentiation.
- But, at any rate--

- 1 DR. GROSS: Because?
- DR. COHEN: Well, again, you know, the
- 3 area of growth, confusion with other medications.
- 4 Are you coloring them by class of drug or by
- 5 individual drug? If it's by individual drug, are
- 6 there enough colors? Et cetera, et cetera. But,
- 7 at any rate, we can get into that a little bit
- 8 later.
- 9 But I also want to point out that when you
- 10 take these clear containers, what we saw was the
- 11 container against a dark background. When you put
- 12 them against the table here or a lighter, white
- 13 background, the readability still leaves something
- 14 to be desired. Plus, you know, the way that the
- 15 photographer took the picture or something may have
- 16 impacted, you know, how we viewed that as well.
- 17 But I still think it really does have some
- 18 possibility for us there with the large type.
- 19 The other concern with that, though, is
- 20 that in using that large type, it forced them to
- 21 place the strength of the medication on the
- 22 opposite side. In reality, I still think there

- 1 will be some medication errors where people will
- 2 leave these on a counter or in a bin, for example,
- 3 see, you know, Ipatropium or whatever the
- 4 medication is, and not pick it up and turn it over.
- 5 So you'll have some confusion between strengths
- 6 still.
- 7 So, with those caveats, I think that is
- 8 one thing that should remain on the list, the
- 9 embossment with larger characters.
- 10 DR. GROSS: Anyone else want to comment?
- 11 Yes, Stephanie?
- DR. CRAWFORD: I'd actually like to
- 13 address my question to the agency. What would be
- 14 the feasibility from a regulatory perspective of
- 15 increasing the type, knowing that other content
- 16 would have to be removed from the immediate
- 17 container?
- 18 MS. HOLQUIST: Well, right now there is a
- 19 regulation for what's allowable for the smallest
- 20 size label, and it's pretty minimal. Basically
- 21 it's the name of the product, either the
- 22 proprietary name, the established name, the

- 1 manufacturer, the lot number, and expiration date.
- 2 I don't know how much less of that that you can
- 3 include because if there is a product problem with
- 4 a specific lot number, you're going to need that
- 5 information with each nebule. If it's on like one
- 6 of these flanges and it's removed, that information
- 7 is gone, so basically your stock is pretty much
- 8 wasted because you'd probably have to throw it out
- 9 because it's in doubt whether it's that affected
- 10 lot.
- It would be great if nobody put a
- 12 proprietary name on there, but we know that's not
- 13 going to happen. So, you know, it has to be the
- 14 name of the drug and it has to be the strength
- 15 because there are multiple products. So I really
- 16 don't know how we could eliminate much more than
- 17 what's required on there.
- DR. GROSS: Robyn?
- 19 MS. SHAPIRO: This is probably a stupid
- 20 question. Can you different-color the embossed
- 21 figures so that you have embossments, or whatever
- the noun is, in a different color so there is

- 1 contrast?
- DR. SADEGHI: [Inaudible, off microphone]
- 3 like a stamp, you have an ink layer [inaudible].
- 4 MS. SHAPIRO: Right.
- 5 DR. GROSS: Brian?
- 6 DR. STROM: I want to come back to
- 7 Michael's suggestion, which I think makes enormous
- 8 sense. I think from the list of things you just
- 9 gave us that are now required, there is a very big
- 10 difference between the importance of the drug name
- 11 and the strength versus the lot number, for
- 12 example. And to say that they're equivalent, I
- 13 think from a clinical point of view, you don't need
- 14 the lot number. And if there's a problem, yeah,
- 15 you'd like to know the lot number, but chances are
- 16 it's going to have been thrown away by then. The
- 17 container will have been thrown away regardless.
- 18 It would be nice to have the lot number on
- 19 it, but I would not by any means consider it
- 20 equivalent to the drug name. And so the idea of
- 21 having the drug name in big print like we saw and
- the lot number on the flange on the bottom in small

1 print and the expiration date on the flange on the

- 2 bottom in small print--again, I don't think it
- 3 should be unavailable, but I think the two are
- 4 dramatically different in their clinical
- 5 importance. And to differentiate between them in
- 6 the label personally I would think would make a lot
- 7 of sense.
- 8 DR. SULLIVAN: Let me see if I can
- 9 respond. I think we have to be a little bit
- 10 careful because there is a specific regulation
- 11 about minimum requirements in labeling, and we can
- 12 presume that a lot of thought went into that. And
- 13 the requirement is regarding drug products that are
- 14 so small that you have to really minimize what you
- 15 put on there. And through the process that
- 16 regulations were developed, it was determined that
- 17 this was the minimum set. And I think we ought to
- 18 be careful that in solving this problem we don't
- 19 perhaps brush aside what probably was considered
- 20 very carefully.
- 21 And I would think that in a setting of
- 22 particularly a drug recall that it would be

- 1 critical to be able to have the lot number there.
- 2 And this is just an off-the-cuff remark, but I do
- 3 want to respect the process that apparently was
- 4 undertaken to make the regulation to think
- 5 carefully about what's the minimum amount of data
- 6 that should be there.
- 7 DR. STROM: If I can follow up, let me
- 8 just clarify. I'm not saying--I'm not disagreeing
- 9 with you. I'm not saying that the data shouldn't
- 10 be there. What I'm saying is the weighting of the
- 11 data and the importance of the data and the utility
- 12 of the data are very different, that the lot number
- 13 is important when you have a recall, which is
- 14 hopefully uncommon. The drug name and dose is
- 15 important every time you give it, and so the
- 16 data--I'm not saying the data should be eliminated.
- 17 I'm saying there should be a differentiation
- 18 between the size and how they're provided. So if
- 19 you have a fixed amount of space, use most of it
- 20 for what is most important and you need every day;
- 21 and if you can't normally read the lot number
- 22 without a magnifying glass, who cares?

1 [Inaudible comment off microphone.]

- DR. STROM: You can't anyway, yes. Yes.
- 3 DR. SHAH: I think currently we are doing
- 4 in a sort of way that the lot number and expiration
- 5 date is going to on the bottom flanges, which is
- 6 always tiny, small. So I agree with him that the
- 7 increase of the text size does make a dramatic
- 8 difference. So I think there is an opportunity
- 9 over there to make an improvement as far as the
- 10 medication error is concerned.
- DR. SULLIVAN: Yes, I thought the basis of
- 12 that slide was that in order to increase this size,
- 13 we'd have to eliminate some of what's currently
- 14 required. And if we were to say we agree with
- 15 that, we ought to think very carefully.
- DR. GROSS: Leslie?
- DR. HENDELES: A compromise might be to
- 18 use the first and second bullet where you increase
- 19 the print size, leave on the essential information,
- 20 but put one unit in a foil pack. That would solve
- 21 all of those problems.
- DR. GROSS: Yes?

1 DR. STEMHAGEN: One of the things that's

- 2 not on the list is changing the size and shape and
- 3 differentiating by size and whether that's even a
- 4 possibility, you know, different doses at different
- 5 sizes and things. We saw a couple different
- 6 shapes, but we didn't really talk about that kind
- 7 of change in packaging.
- B DR. GROSS: Thank you, Annette.
- 9 Any other comments on embossing? Arthur?
- 10 MR. LEVIN: In terms of shape and size--I
- 11 mean, it's a little off embossing, but are there
- 12 any studies that look at the ability of people to
- 13 recognize that in the field? It strikes me it's an
- 14 accident waiting to happen. But I just don't know
- 15 if there are studies out there that look at these
- 16 issues of differentiation by side and shape in the
- 17 clinical setting. If people are indeed carrying
- 18 dozens of vials in their pocket, you're asking an
- 19 awful lot if you expect that to make a difference
- 20 or reducing the possibility they may pick the wrong
- 21 dose or the wrong drug.
- 22 DR. GROSS: I quess part of that question

- 1 is: Does the FDA--can the FDA sponsor research
- 2 studies to deal with some of these questions?
- 3 DR. SHAH: I'll just say one more thing
- 4 regarding the shape--
- DR. GROSS: No answer to that question?
- 6 DR. SHAH: No. I think we can take it to
- 7 the agency, but I think it's a policy issue, and I
- 8 think they will have to consider that.
- 9 DR. GROSS: Okay.
- 10 PARTICIPANT: [Inaudible comment off
- 11 microphone]--once you do that, [inaudible] same
- 12 product, and then you have to standardize it across
- 13 the board. One manufacturer makes it this shape,
- 14 another makes a different shape, [inaudible].
- DR. SHAH: I was just making the same
- 16 point, that, you know, if you are just going to
- 17 rely on the shape, oh, this particular shape is
- 18 associated with this drug product and somebody
- 19 decides to make for some other drug product a
- 20 similar shape, then we are still going to have a
- 21 similar problem.
- DR. GROSS: Brian?

1 DR. STROM: Just involved with the shape

- 2 thing, I think it's probably--I'd be interested in
- 3 Michael's answer, but my reaction is it's similar
- 4 probably to the color issues, which I think is what
- 5 Michael is suggesting. To the degree you give
- 6 people an alternative cue, they'll use that cue
- 7 instead of the name, and you're more likely to have
- 8 errors, therefore, because people are using that
- 9 cue instead of the name. I would rather people
- 10 have to use the name but it be legible. They're
- 11 less likely to make errors, I think. But, again,
- 12 you know, I'd like to see data.
- 13 DR. STEMHAGEN: I was thinking that we're
- 14 trying to squeeze a lot of information on a small
- 15 thing. If it were bigger, you'd have a little bit
- 16 more space to make the print larger. That's where
- 17 the size issue was--
- DR. GROSS: Let me see if I can summarize
- 19 the sense of the group on the embossed issue: If
- 20 embossing is to be continued, it should be done
- 21 where the drug name and dose is much larger print,
- 22 and yet we still have to consider what to do about

1 expiration date and lot number, although that could

- 2 be smaller. Is that sort of the sense of the
- 3 group?
- 4 PARTICIPANT: Yes.
- DR. GROSS: Okay. Let's go to number two,
- 6 unit package overwrap. Anyone want to comment on
- 7 that? Yes, Jackie?
- B DR. GARDNER: As mentioned earlier, I
- 9 favor this one in conjunction with the former so
- 10 that the embossed product that's inside would also
- 11 have the larger, more legible features that were
- 12 mentioned in bullet number one, and this would give
- 13 us the opportunity for a good deal more in the way
- 14 of information, identification, and bar coding.
- DR. GROSS: Henri?
- DR. MANASSE: I would urge us or urge the
- 17 agency and the manufacturing industry to explore a
- 18 mechanism whereby that outer overwrap cannot be
- 19 separated until actual use of the drug from the
- 20 original vial. So when you rip off the outer wrap,
- 21 that then opens the package for use.
- 22 DR. GROSS: So your comment addresses the

- 1 issue brought up by many of the respiratory
- 2 therapists that they'll take it out of the wrap and
- 3 put all of them in a jumble in their pocket, and
- 4 then the wrap is sort of useless for
- 5 identification.
- DR. MANASSE: Exactly.
- 7 DR. GROSS: I don't know if that's--I
- 8 guess anything's mechanically possible to attach
- 9 the two.
- 10 Any other comments on the wrap? Michael?
- DR. COHEN: Just I absolutely agree with
- 12 what Henri was saying about, you know, having a
- 13 foil wrap but being able to tear it at the same
- 14 time as you open the container.
- 15 And just to point out that I have
- 16 absolutely no doubt that people will remove--unless
- 17 we do that, people will remove them from the
- 18 overwrap. We've seen that with, you know, nurses
- 19 administering drugs that are packaged in cartons,
- 20 for example, and sent as unit doses or some other
- 21 type of outer wrap.
- DR. GROSS: Okay. So the sense of the

- 1 group is that the unit package overwrap is a
- 2 reasonable idea, but we still have to deal with the
- 3 issue of it being discarded well before the drug is
- 4 administered. Is that fair enough? Well, the new
- 5 data curmudgeon's comments, Jackie, about having
- 6 more data, we all agree with.
- 7 [Laughter.]
- 8 DR. GROSS: Okay. The next is the
- 9 printed, elongated bottom tabs. I know the one I
- 10 saw that I liked with the refresh label. The black
- 11 writing, although small, was pretty clear, even for
- 12 these eyes. Any other comments? Can you see it,
- 13 Arthur?
- 14 [Laughter.]
- DR. GROSS: Okay. Any other comments?
- DR. STROM: Is there a concern about
- 17 leaching in that setting?
- DR. GROSS: Dr. Shah, could you answer
- 19 that? If you put a printed label on the tab
- 20 attached to the main vial, I guess it's
- 21 theoretically possible that some of that print
- 22 could eventually leach in, but it's less likely.

DR. SHAH: Again, if that is in an

- 2 overwrap pouch and then it is a closed environment
- 3 and if there are volatile solvents into the glue
- 4 which has been used, then, yes, that is a
- 5 possibility. That will be exactly the same thing.
- 6 Instead of the close contact, it is a little bit
- 7 away, but it still will have that possibility.
- 8 DR. GROSS: Okay. Any other comments on
- 9 the elongated tabs? Do people like them?
- 10 DR. STROM: Let me suggest, maybe this is
- 11 a summary, I think, of the sense that they look
- 12 attractive, but if they raise the same concern
- 13 about leaching, they're no advantage. So what's
- 14 needed before a decision is made is a similar study
- 15 to the kind that you did with the marketed products
- 16 to find out if, in fact, there's leaching, given
- 17 what we're hearing is it's just theoretical.
- DR. GROSS: Right. More data.
- DR. CRAWFORD: Dr. Gross?
- DR. GROSS: Yes, Stephanie?
- 21 DR. CRAWFORD: Could I just add that I
- 22 think and the sentiment of the committee right now

1 is that we're not making a recommendation for this

- 2 because we don't have evidence that it won't cause
- 3 more problems than it solves for this particular
- 4 one.
- DR. GROSS: So we need some data before a
- 6 sense can be formed, and that, you know, probably
- 7 applies to almost everything that we're going to
- 8 comment on.
- 9 Okay. Paper labels, not glued to the tab
- 10 but glued to the actual vial where the medication
- 11 is. Any comments on that?
- DR. HENDELES: Isn't there a problem with
- 13 that?
- DR. GROSS: Oh, well, this is what we're
- 15 supposed to say, yes. Right. So Leslie's vote
- 16 is--
- [Laughter.]
- DR. GROSS: Leslie's vote is, hello,
- 19 there's a problem.
- 20 [Laughter.]
- 21 DR. GROSS: Okay, Michael?
- 22 DR. COHEN: Obviously there's a concern

- 1 about the safety at this point. I should point
- 2 out, though, that whether we put labels on it or
- 3 not, I think in some cases with unit-dose drug
- 4 distribution, the pharmacy is going to put labels
- 5 on them of their own. So that's going to probably
- 6 seep in if we don't do something to change it
- 7 otherwise.
- 8 DR. GROSS: Okay. So the--yes, Henri?
- 9 DR. MANASSE: Michael raises a really
- 10 important point which hasn't been part of the
- 11 dialogue today. As manufacturers decrease the
- 12 production of unit-dose packaged drugs, it forces
- 13 hospitals into being in the packaging business.
- 14 And most hospitals are not experts in packaging,
- 15 and, consequently, this issue of the leaching and
- 16 the paper label attachment is probably a warning
- 17 that has to go out to hospitals who do engage in
- 18 the packaging business, because we've now
- 19 introduced a packaging phenomenon that's not well
- 20 understood.
- 21 DR. GROSS: Leslie?
- DR. HENDELES: By extension, then,

1 pharmacists in the community who compound nebulizer

- 2 solutions need to have that same warning. It
- 3 shouldn't be just in the hospital because that's a
- 4 whole other problem that's outside the control of
- 5 the FDA. But, still, if there's a potential
- 6 problem with commercial products, it's equally a
- 7 problem with compounded nebulizer solutions.
- 8 DR. GROSS: Yes, Arthur?
- 9 MR. LEVIN: I want to follow up because I
- 10 always thought we were hardly using unit-of-use
- 11 packaging from manufacturers as a source compared
- 12 to everywhere--it's one of these things, America
- versus everywhere else in the world where
- 14 unit-of-use packaging is the standard. And you're
- 15 saying it's getting--actually, there's less
- 16 unit-of-use packaging being delivered by--which is
- 17 really troubling. You know, if that's the trend,
- 18 then looking at solutions that are dependent on
- 19 manufacturers to do the right thing is crazy,
- 20 because then we need to really be looking at where
- 21 they get--at the repackaging problem. So, I mean,
- 22 I think that's another piece of data that we need

- 1 to have, that if we're looking to have
- 2 manufacturers use unit-of-use packaging as part of
- 3 the solution or most of the solution to the
- 4 problems we're discussing, and indeed they're doing
- 5 less and less of that and there's repackaging at
- 6 the community pharmacy level, the mail-order
- 7 pharmacy level, or at the hospital or other
- 8 dispensing level, then all of this is besides the
- 9 point. So we need to know more about that.
- DR. GROSS: Michael, another comment?
- 11 DR. COHEN: The term unit of use is
- 12 different than unit dose. We were speaking about
- 13 unit dose, meaning the individual dose for that
- 14 patient. Unit of use would be package that
- 15 contains perhaps a supply of medications just for
- 16 that patient.
- DR. GROSS: Okay. So the sense of the
- 18 group with paper labels seems to be it's less than
- 19 ideal and it's probably something that should be
- 20 avoided. But, once again, there is no data to show
- 21 the human toxicity from the observed leaching of
- 22 compounds, and that would just make, you know, life

1 easier if it was at all possible to get that, which

- 2 it may not be.
- 3 Ink without label is probably even worse
- 4 than paper labels, but, Curt, did you want to say
- 5 something?
- 6 DR. FURBERG: I just want to say that for
- 7 the paper labels, is it possible to have a warning
- 8 box like we have for drugs, warn against using
- 9 paper labels directed at the pharmacists.
- DR. GROSS: Gene?
- 11 DR. SULLIVAN: You're saying that if
- 12 manufacturers proceeded--or continued to use
- 13 embossed or debossed and the pharmacist chose--they
- 14 thought it was best to take their own label and
- 15 stick it on?
- DR. FURBERG: Yes, that's correct. I
- 17 mean, have you ever addressed that, warnings
- 18 directed at the middleman, the pharmacist, rather
- 19 than at the health care provider and the patient,
- 20 warn them against doing things to the vial?
- DR. SULLIVAN: Right. I think--
- 22 DR. FURBERG: Any label, doing whatever,

- 1 removing the overwrap, et cetera.
- DR. SULLIVAN: You're right. It seems
- 3 unwise for people who are not expert to be using
- 4 materials that are not well characterized and
- 5 applying them directly to a permeable container
- 6 closure system, and certainly that is something
- 7 that--a practice that shouldn't be undertaken. I
- 8 think that we're today trying to talk about what to
- 9 ask the manufacturers to do in regards to what they
- 10 can do to improve the legibility so that perhaps
- 11 pharmacists won't feel compelled to do what maybe
- 12 they are doing.
- 13 DR. SHAH: Can I add to that? Especially
- 14 on the labeling, there is clearly a warning that
- 15 says open just prior to use, so they are not
- 16 supposed to remove it from the container.
- DR. FURBERG: You can add to that.
- DR. SHAH: Yes, we can add it, but this is
- 19 just the practice and that's what happens, I guess.
- 20 And I guess at that point I don't think the agency
- 21 has a control over that, and I think that's another
- 22 way to educate the people and then get the message

- 1 around, I would think.
- 2 DR. SULLIVAN: It's been our informal
- 3 assumption that if they were individually wrapped,
- 4 it would greatly decrease the likelihood of
- 5 respiratory therapists, you know, going in the
- 6 morning and unwrapping 20 and then putting them in
- 7 their pocket to care for patients through the day.
- 8 I think that's probably less likely, and we could
- 9 get some input from the speaker from the
- 10 Respiratory Care Association. Intuitively, it
- 11 seems less likely that would occur. I think you
- 12 can't, just as you can't--you know, patients at
- 13 home may take out five pills from their bottle and
- 14 they're divorced from the labeling, that could
- 15 happen. It's been our assumption that it would be
- 16 much less likely if there was just one vial per
- 17 pouch.
- DR. FURBERG: But you could still use the
- 19 overwrap to have a warning.
- DR. GROSS: Karen?
- MS. STEWART: [Inaudible, off microphone.]
- 22 I think if it--the problem comes when they package

- 1 multiple [inaudible].
- DR. GROSS: This is another favorable push
- 3 for a unit package overwrap.
- 4 Is there anyone who would like to speak in
- 5 favor of ink without label directly on the LDPE
- 6 vial? Michael?
- 7 DR. COHEN: I don't want to speak in favor
- 8 of it, but one of the examples that was shown was
- 9 an injectable with the ink embossed--or printed
- 10 right on the label. That was the Naropin
- 11 injection. And I'm wondering, you know, if there's
- 12 a concern with patients with respiratory disorders,
- 13 is there a concern with systemic use of a drug like
- 14 that? Do we know anything about that, as a matter
- 15 of fact?
- DR. SULLIVAN: So the question is: Is
- 17 there a difference in our concern regarding the
- 18 level of contaminants? I think from a
- 19 pulmonologist's perspective there is, that
- 20 particularly because of the nature of the patients
- 21 we treat, who can be very sensitive--you know, I
- 22 touched on it my talk. We haven't spoken too much

- 1 more about it, but patients that actually develop
- 2 specific immunity. So they're allergic to things,
- 3 and atopic patients, asthmatics, are more likely to
- 4 develop specific immunity, and probably
- 5 physiologically, humans are more likely to develop
- 6 specific immunity when drugs are administered by
- 7 the inhalation route than by other routes, like
- 8 oral or even IV. So I understand your point about
- 9 separating these drugs. The issue of there being
- 10 multiple routes of administration is important
- 11 because you mix up between the routes.
- 12 The specific concern about the chemical
- impurities to me is particularly important for
- 14 inhalation drugs.
- DR. COHEN: I guess it leads me to ask the
- 16 question then: Will you allow--I mean, we have
- 17 already several injectable products in this type of
- 18 plastic. There will be saline and heparin and, you
- 19 know, various products like that. And I'm
- 20 wondering, I guess, if you would allow then the use
- 21 of ink on these containers, because that would
- 22 solve our problem if there's no concern at FDA for

1 the ink and the volatiles from the ink. With

- 2 systemic use.
- 3 DR. GROSS: Yes, Brian?
- 4 DR. STROM: Speaking not as a
- 5 pulmonologist but a general internist, I worry
- 6 about IV injection of contaminants more than
- 7 pulmonary. I mean, yes, it may be less sensitizing
- 8 perhaps than the lungs, but, still, IV injection of
- 9 contaminants I would think would be at least as
- 10 worse.
- DR. SULLIVAN: Well, I mean, of course,
- 12 all the products are carefully controlled, and I
- 13 don't have the expertise--maybe Dr. Shah
- 14 does--about the particular controls that are put on
- oral products or IV products. But we very closely
- 16 control inhalation products because of the issues
- 17 of irritants and because of the issues of
- 18 sensitization. And which is a greater risk I guess
- 19 I won't firmly state, so--
- DR. GROSS: The sense of the group seems
- 21 to be, in the absence of human data of actual risk,
- 22 our recommendation would be to avoid the ink

1 without label directly on the vial containing the

- 2 medication. Is that fair? Anybody disagree with
- 3 that?
- 4 DR. COHEN: I have a--
- DR. GROSS: Michael disagrees.
- 6 DR. COHEN: These types of packages are
- 7 used widely in other countries for parenteral
- 8 medications, and I don't know that there's been
- 9 anything ever reported, you know, as an adverse
- 10 effect specifically tied to the inks. I don't
- 11 know. But, you know, I express the same concern
- 12 that Dr. Strom has. If there's any evidence at all
- 13 that there's leaching of the ink through the
- 14 plastic, through the semipermeable membrane, that
- 15 would be a concern systemically. I just didn't
- 16 know.
- 17 DR. GROSS: Leslie?
- DR. HENDELES: There's actually precedent
- 19 with sulfites and tartrazine, other substances in
- 20 medications that cause reactions in selected
- 21 patients. So I think if there's any way of
- 22 avoiding putting something in that you don't know

- 1 to be safe, you should avoid it because there are
- 2 examples of other contaminants causing the reaction
- 3 than the drug.
- 4 DR. GROSS: The question is for the
- 5 specific ones, do we know them to be unsafe? Yes,
- 6 Brian?
- 7 DR. STROM: I guess my sense in a
- 8 data-free world that we're operating in here is to
- 9 share the concern that you expressed, Peter, of a
- 10 consensus of let's not use it here because of the
- 11 risk of contaminants. But I would take that
- 12 further in two ways. One is I would extend that
- 13 for intravenous use; and, second, I would call for
- 14 data. It would be nice to know if any of these
- 15 things mattered, not just in terms of measuring
- 16 contaminants but even in animal studies, if we
- 17 can't identify it.
- 18 I would think in the respiratory situation
- 19 would be one of the hardest places to get data on
- 20 the clinical importance of them. But perhaps in an
- 21 intravenous setting, it might be more possible to
- 22 get some data in terms of different products of the

1 same drug, for example, that have ink on the label

- 2 versus don't have ink on the label and is there a
- 3 difference in subsequent allergic reactions to
- 4 them.
- 5 DR. GROSS: Okay. The next one is tactile
- 6 recognition, use of textures on the LDPE vials.
- 7 Anyone want to comment on that? And maybe could
- 8 someone from the FDA elaborate on what you mean by
- 9 textures. Do you mean smooth versus rough? Or do
- 10 you mean feeling the letters? What's meant by
- 11 that?
- MS. HOLQUIST: A combination of any of
- 13 those things, by using the type of letters that you
- 14 can feel, by the different shapes, or should we
- 15 make the vial feel from for different products? We
- 16 just threw it out there as another suggestion.
- 17 DR. GROSS: Jackie?
- DR. GARDNER: It seems that the point that
- 19 was brought up about standardization with various
- 20 manufacturers applies here as well and should be
- 21 considered.
- DR. GROSS: Good point.

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- DR. COHEN: Again, I'll join the data
- 3 camp. I don't think we know much about the tactile
- 4 cues. I mean, from a human factor standpoint it
- 5 certainly makes sense, but using them on actual
- 6 drug products, I don't know of any history with
- 7 other products where that's been successful.
- 8 Perhaps the shape of the container as a
- 9 tactile cue, the octagonal shape, the hexagonal
- 10 shape, et cetera, square. We used to do that with
- 11 insulin vials, for example. That might have been
- 12 effective. But if that's the case, I don't think
- 13 you have enough different shapes that could be
- 14 used, and it also puts burdens on the manufacturers
- 15 and elevates the cost when you have these different
- 16 shapes.
- 17 DR. GROSS: Again, a suggestion to the FDA
- 18 from a research point of view. When we had that
- 19 conference--I guess it's almost a year ago now--on
- 20 look-alike, sound-alike drugs and someone spoke on
- 21 human factor engineering, it might be interesting
- 22 to get some input from that kind of person and have

- 1 them test some of these issues.
- 2 Brian?
- 3 DR. STROM: I would also echo my comment
- 4 before, like with color. Anything that takes
- 5 people--there aren't enough options in textures in
- 6 order to replace the use of names. And anything
- 7 that removes people's attention from the drug name
- 8 I think might be more likely to cause problems than
- 9 less, though, again, that's supposition without
- 10 data to prove that.
- DR. GROSS: That brings up an issue that
- 12 the Joint Commission has dealt with on using two
- 13 patient identifiers. Should there--you're
- 14 suggesting you'll confuse people, and, you know,
- does that rule apply at all to drug use that there
- 16 be two kinds of identifiers, or at least not
- 17 another identifier that might confuse them?
- DR. STROM: I guess my--I think the
- 19 difference versus the Joint Commission situation,
- 20 the Joint Commission is asking for two unique
- 21 identifiers for the patient. What we're talking
- 22 about here would be one unique identifier, which is

- 1 the name, and another unique identifier, the
- 2 texture or the color--which isn't unique. There
- 3 aren't enough unique options in order to make it
- 4 unique. If it really was possible to have--you
- 5 know, how many products are we talking about here,
- 6 30, 40? There aren't that many textures. And if
- 7 it were really possible to have enough unique
- 8 colors or unique textures, you might think about
- 9 that, though I would still think then training
- 10 people to remember which texture corresponds to
- 11 which name would be hard as well.
- 12 So it's different than the Joint
- 13 Commission situation where you're talking about a
- 14 patient's name, which is unique to that patient,
- 15 and both identifiers have that same name. The
- 16 equivalent here would be having the drug name both
- 17 embossed and also on the overwrap. And we are
- 18 suggesting that that makes sense here.
- 19 DR. GROSS: So the sense of the group
- 20 seems to be that tactile recognition is not
- 21 recommended and may confuse. Does anybody disagree
- 22 with that?

- 1 [No response.]
- DR. GROSS: Okay. The next item is shrink
- 3 wrap labels as an example that was circulated
- 4 around, and not attached to the LDPE vial itself
- 5 but to a tab or an appendage attached to the vial.
- 6 Is that what the FDA means by that? Anybody have
- 7 any comments? Michael?
- 8 DR. COHEN: This would be my number one
- 9 preference, as I mentioned before, because it gives
- 10 you so much flexibility. You can easily see the
- 11 black type on a white background. You can put bar
- 12 codes on it, et cetera. But, you know, I have a
- 13 concern if FDA has a concern about the volatility
- 14 of those inks, except, you know, I'd love to see
- 15 the studies that you were talking about because it
- 16 just seems to me that this is not an ink that is in
- 17 direct contact with the LDPE plastic. It's on the
- 18 overwrap itself. I understand that it still might
- 19 be volatile within that micro environment, et
- 20 cetera, but it might be at a level that's not even
- 21 close to, you know, causing a problem. I just
- 22 don't know. But I'd love to see the studies.

1 MR. LEVIN: Just a point of information.

- 2 I would guess that there are inks and there are
- 3 inks. Are there vegetable dye inks? Are there
- 4 different kinds of inks that may increase or lessen
- 5 the potential toxicity?
- DR. SHAH: Yes, as I mentioned in my
- 7 presentation, there are water-based inks and there
- 8 are organic solvent-based inks. So if you have
- 9 carefully selected ink formulations in which you do
- 10 not have volatile components, then there is pretty
- 11 much not any likelihood of any volatile to be
- 12 present in the ink formulation that may migrate to
- 13 the vial. So that is a possibility. People can
- 14 think about that.
- MR. LEVIN: Is that something that the
- 16 agency could stipulate, that inks used--I mean, for
- 17 example, if this was the model and then further
- 18 stipulate that inks used would have to not--you
- 19 know, would not contain volatile substances to
- 20 minimize risk? It's a question.
- DR. SHAH: I don't know. I will have to
- 22 ask our, you know, upper office and then find out

- 1 about that. I'm not sure about that.
- DR. GROSS: Any other comments? Yes,
- 3 Brian?
- 4 DR. STROM: I just want to echo the
- 5 comment that in many ways this is attractive. It
- 6 just would be nice to see before that the kind of
- 7 studies of contaminants that we saw before
- 8 deciding. So I guess my recommendation would be a
- 9 conditional, this is preferable after those studies
- 10 are done. Without those studies being done, we
- 11 don't know that this is any better than the current
- 12 approach in terms of leakage.
- 13 DR. GROSS: And that's part of one of the
- 14 requests, that whatever we recommend doesn't create
- 15 additional problems. So we do need that data.
- 16 Okay. So what Brian said I think sums up
- 17 what the group thinks. Fair enough? Okay.
- 18 The last is glass ampules, and perhaps
- 19 someone could comment from the FDA or Michael or
- 20 anyone, why did we move away from glass ampules in
- 21 the first place to plastic? Was it accident prone
- 22 or what?

1 DR. COHEN: I'm sorry. I raised my hand

- 2 too--I don't know why we moved away from it, but
- 3 I'd hate to be a respiratory therapist if I had to
- 4 crack open all those glass ampules.
- DR. GROSS: Right. So it's an accident
- 6 issue.
- 7 MS. HOLQUIST: Also, I think it lends to
- 8 errors, as you saw by Marci's slide with the
- 9 acetylcysteine where it comes in an IV route and a
- 10 respiratory route, and so it was confused because
- 11 it looked like an IV product.
- DR. GROSS: Okay. Any other comments on
- 13 glass? Brian?
- DR. STROM: In follow-up to that comment,
- 15 should we think about a recommendation that the
- 16 plastic--especially if the plastic is being widely
- 17 used now in respiratory and it's not being widely
- 18 used elsewhere but beginning to, that, in fact,
- 19 that distinction--we're talking about tactile and
- 20 whatever--be kept clean, i.e., that the plastic be
- 21 used for respiratory and for parenteral use it be
- 22 glass?

1 MS. HOLQUIST: I think it's a good

- 2 recommendation, but, again, it's something we have
- 3 to bring back to the agency and provide to all the
- 4 other review divisions that are involved. It's not
- 5 just the pulmonary division.
- 6 DR. GROSS: Okay. I guess you're all
- 7 getting hungry. I'm not sure if lunch is here, but
- 8 we'll probably break pretty soon.
- 9 Annette, did you have a comment, or
- 10 anybody?
- [No response.]
- DR. GROSS: Okay. So the sense then is
- 13 the last comment that Brian made, if glass is used
- 14 at all, there probably should be a distinction that
- 15 plastic be used as pulmonary inhalation medication
- 16 and glass be used for other uses, such as
- 17 intravenous use. Is that fair?
- [No response.]
- DR. GROSS: Okay. Why don't we take a
- 20 break and we'll address 1b, 2, and 3 afterwards.
- 21 We have an hour for lunch.
- [Luncheon recess.]

1 AFTERNOON SESSION

[12:50 p.m.]

- 3 DR. GROSS: Okay. We will begin where we
- 4 left off, and that is Item 1b. The question was:
- 5 Please identify creative solutions or alternative
- 6 packaging designs that improve legibility and
- 7 address the problem of ingress of chemical
- 8 contaminants, and at the same time, do not create
- 9 new problems.
- 10 Would anyone like to comment? Leslie?
- DR. HENDELES: How about tying a ribbon
- 12 around the end of the plastic vial, and on that
- 13 ribbon you can imprint "Albuterol, 0.083 percent."
- DR. GROSS: I don't know whether to say
- 15 thank you or less levity.
- 16 [Laughter.]
- 17 DR. HENDELES: Yellow ribbon.
- DR. GROSS: Okay. So you're tying a
- 19 yellow ribbon around the medication.
- DR. HENDELES: Yellow for Ipatropium, red
- 21 for Albuterol.
- DR. GROSS: All right. That's a creative-

1 DR. HENDELES: Red and yellow for the

- 2 Duovent.
- 3 DR. GROSS: Okay. Are there any other
- 4 creative suggestions? Jackie?
- DR. GARDNER: You know, there are
- 6 thousands, and I have information that the
- 7 manufacturers are actually working on some of them.
- 8 And so I think rather than trying to come up with
- 9 good ideas, however good that was, Les, maybe what
- 10 we should do is encourage the people who have the
- 11 most to gain from this to bring forward creative
- 12 solutions that put all these objectives into play
- 13 and give us some things to choose from--maybe not
- 14 today but when they're ready--because they will
- 15 have tested them as well.
- DR. GROSS: Like we saw this morning,
- 17 okay.
- 18 Henri?
- DR. MANASSE: I think as we consider new
- 20 options and new directions in this area, I would
- 21 hope that the industry and the FDA would very
- 22 carefully consider symbologies that are

- 1 electronically readable for patient verification.
- 2 I think the system is moving in that direction.
- 3 There are available technologies for that
- 4 verification, and particularly patient-level
- 5 verification. Adding these technologies is going
- 6 to be important. I know what the issues are in
- 7 terms of the bar code and the size of the bar code,
- 8 but there are other symbologies that can be
- 9 applied, like dot matrix technologies, et cetera,
- 10 that wouldn't take the kind of space. But as we
- 11 get creative in this packaging, I think we should
- 12 be real sensitive and help motivate and move the
- 13 verification mechanisms along.
- DR. GROSS: Any other comments? Yes, Art?
- MR. LEVIN: Just to reiterate the
- 16 importance of also looking at the community
- 17 pharmacy, ambulatory population, including the
- 18 elderly, that use these products where the
- 19 solutions may have to be different, frankly, than
- 20 they are in the inpatient clinical setting. And
- 21 remember that that's probably an increasing
- 22 population of use, and that we need probably to

- 1 look at the research that's going on now in health
- 2 literacy and cultural competency, et cetera, et
- 3 cetera--in other words, a very broad view of what
- 4 we need to know and sort of think out of the box on
- 5 how to make this happen.
- 6 DR. GROSS: I think that's a very good
- 7 point. Just like they say children are not little
- 8 adults, the elderly are not young adults, and we
- 9 have different considerations for all those groups.
- 10 I'm amazed--oh, thank you, Brian, for
- 11 coming up with something.
- 12 [Laughter.]
- DR. STROM: I just wanted to return to
- 14 Leslie's comments about the relative benefit and
- 15 safety of these products as a class versus the MDIs
- 16 and whether there should, in fact, be at least
- 17 labeling comments or instructions that might
- 18 provide some of the alternative data or in some way
- 19 begin to push the field toward using the safer
- 20 alternatives instead.
- 21 DR. GROSS: Okay. There being no more
- 22 comments for Item 1b, we'll move to number 2.

1 Please consider which stakeholder groups--we've

- 2 discussed some of this already, but we should
- 3 emphasize it now--be they manufacturers,
- 4 practitioners, consumers, or others, can best
- 5 advise the FDA about possible new packaging
- 6 configurations that may resolve the issues we've
- 7 discussed.
- 8 Jackie already suggested we should
- 9 encourage the manufacturers themselves to do this.
- 10 And consumers.
- 11 Yes, Henri?
- DR. MANASSE: Peter, I again want to
- 13 reiterate I think we ought to bring in the cosmetic
- 14 industry packaging people. They have done some
- 15 incredibly innovative things in packaging.
- 16 I think another sector that has a lot of
- 17 experience in packaging has been the Department of
- 18 Defense as we look at pouching food, for example,
- 19 and sustaining it and everything else. So I think
- 20 our colleagues in the military may be helpful here
- 21 as well.
- DR. GROSS: I heard someone say space,

- 1 involve NASA.
- DR. MANASSE: NASA.
- 3 DR. GROSS: Okay. Leslie?
- 4 DR. HENDELES: In regards to the
- 5 consumers, there are two lay organizations of
- 6 people interested in asthma. One is Mothers of
- 7 Asthmatics, and the other one slips my mind. But
- 8 there are two organizations, and getting their
- 9 input might be worthwhile. I can e-mail you the
- 10 name of that second organization.
- 11 DR. GROSS: Fine. Michael?
- DR. COHEN: I just want to say whatever
- 13 anyone comes up with, I really think it will be a
- 14 great idea to involve organized respiratory
- 15 therapy, organized pharmacy, and probably--I don't
- 16 know if FDA can do this, similar to what they do
- 17 with the drug names, as we heard at the last DSaRM
- 18 Committee meeting, the idea of failure mode and
- 19 effects analysis for any of these packaging changes
- 20 that are made to make sure that--or minimize the
- 21 chance that there might be a
- 22 medication-error-related problem with them.

DR. GROSS: Yes, a rigorous FMEA approach

- 2 could be very helpful.
- 3 Yes, Curt?
- 4 DR. FURBERG: I just wonder whether this
- 5 is a unique problem in the U.S. If it's not, let's
- 6 check and see what other countries are doing, other
- 7 regulatory agencies, other countries.
- 8 DR. GROSS: Okay. Good point.
- 9 Brian?
- 10 DR. STROM: One of the things we talked a
- 11 lot about this morning is the need for additional
- 12 data here. Some of it clearly needs to be
- 13 generated by the manufacturer, but I wonder if
- 14 there might be funding agencies--ARC, for
- 15 example--more applied perhaps to CERTs. Perhaps
- 16 there's people in the CERTs who might be interested
- in studying some of these issues.
- DR. GROSS: Good idea.
- 19 Michael?
- DR. COHEN: Just think a little bit more
- 21 about that. It isn't even just these products.
- 22 It's other medication-error-related problems with

- 1 labeling, packaging, you know, where is color
- 2 appropriate, all that kind of stuff. It would just
- 3 be so helpful beyond this if we could get the right
- 4 research done. It just doesn't seem like things
- 5 have been moving in that direction for whatever
- 6 reason.
- 7 DR. GROSS: Curt?
- 8 DR. FURBERG: One way of getting research
- 9 is to set up a meeting and invite people to come
- 10 and present, and maybe it's time now to have a
- 11 two-day workshop on these packaging issues and
- 12 invite industry representatives, scientists, and
- 13 others. It's one way of advancing knowledge.
- DR. GROSS: Like was done for look-alike,
- 15 sound-alike names a year ago.
- 16 Brian?
- 17 DR. STROM: Following up on Mike's idea of
- 18 broadening the question, if the question were broad
- 19 enough, you might be able to get the right group at
- 20 NIH to be interested, focusing not so much on the
- 21 specifics of the drug and the drug label because
- 22 they're not going to care about that in the drug

- 1 labeling, but issues of patient perception
- 2 and--well, safety is really an ARC issue. NIH
- 3 isn't interested in patient safety. But it's--but
- 4 NIH would be more interested in sort of
- 5 understanding patient perceptions and, you know,
- 6 what is it that--you know, issues of color and
- 7 tactile and sort of, you know, more broader,
- 8 definitive, and maybe the National Institute of
- 9 Mental Health, maybe issues--maybe the NHLBI given
- 10 the importance of this for respiratory, but NHLBI
- 11 probably would care less about that kind of thing.
- 12 But NIMH or the National Institute of Nursing
- 13 Research might be another that might be interested.
- 14 Another might be NIA, actually, the National
- 15 Institute of Aging, which has a pharmacology
- 16 program and the issues here in terms of the elderly
- 17 being able to read labels correctly and perceive
- 18 drugs correctly would be a big one. So in terms of
- 19 looking at sort of who could potentially fund this,
- 20 fund the necessary collection of data in a way that
- 21 FDA can't, the NIA might be a logical one.
- DR. GROSS: Any other comments?

- 1 [No response.]
- DR. GROSS: Well, that was very creative.
- 3 Thank you. That was very helpful.
- The last question, number 3, is: Given
- 5 what you have heard today, please describe an
- 6 appropriate course of action to address the
- 7 problems of ingress and medication errors due to
- 8 legibility and similar packaging issues.
- 9 Henri?
- DR. MANASSE: Peter, I'd like to focus on
- 11 the ingress issue. I guess I'm impressed by how
- 12 little we know about ingress in these kinds of
- 13 plastics, the kind of chemicals that are creating
- 14 the problem, the impacts that the ingress has on
- 15 active ingredients. And it seems to me that FDA
- 16 ought to be stimulating knowing more about this and
- 17 then from that making a determination as to whether
- 18 or not the appropriate statutory and regulatory
- 19 things are in place to be able to pursue requests
- 20 about these issues, particularly the toxicities,
- 21 through the application processes and the master
- 22 file, et cetera.

- 1 DR. GROSS: Leslie?
- 2 DR. HENDELES: I recommend that the agency
- 3 just revise that draft guidance to take into
- 4 account some of the issues that we discussed under
- 5 la. I mean, I think that would be the appropriate
- 6 direction.
- 7 DR. GROSS: Okay. Art?
- MR. LEVIN: As we encourage manufacturers
- 9 to be innovative in finding solutions, I'm worried
- 10 about the issue of standardization because I think
- 11 when everybody's looking at error prevention,
- 12 standardization is certainly one of the big fix
- 13 items. So I'm just raising the question of how do
- 14 we balance the tension between innovative solutions
- 15 and creating industry standards so that we don't
- 16 have ten different ways that people are doing
- 17 things, causing even more confusion than we have
- 18 now. And I think it speaks to Henri's point about
- 19 how the agency perceives its authority to require
- 20 standards. Once finding the gold standard, then
- 21 what does the agency do with that, and does it need
- 22 additional authority, for example, to require that

1 that be the gold standard for all of these products

- which have basically been out there on the market?
- 3 They're not going to be new drug applications. But
- 4 could they go back and say, In the future over a
- 5 period of time we expect you to convert to this
- 6 gold standard of packaging?
- 7 DR. GROSS: Any other comments?
- 8 [No response.]
- 9 DR. GROSS: Okay. Well, I want to thank
- 10 the presenters as well as the Advisory Committee
- 11 members for this thoughtful exchange of
- 12 information. And at this particular point, we are
- 13 going to adjourn for a bit because the Lotronex
- 14 part of the agenda was scheduled to begin about 3
- o'clock. I think we'll be able to begin at 2:30.
- 16 Is that it? 2:20. Okay.
- 17 If there's any change in that, we'll get
- 18 the word around because everybody's staying pretty
- 19 close. Okay. Thank you.
- 20 [Recess.]
- x DR. GROSS: Good afternoon. I think we'll 21
- 22 call the meeting to order. I'd like to begin by

1 reintroducing the people who are sitting around the

- 2 table because we have a new group as part of the
- 3 open public hearing. So if we can begin--oh, there
- 4 he is. Next to Brian is?
- DR. KRIST: My name is Alex Krist. I'm
- 6 with Virginia Commonwealth University. I'm a
- 7 member of the Gastrointestinal Drugs Advisory
- 8 Committee, and I'm a family physician.
- 9 DR. GROSS: Brian?
- 10 DR. STROM: Brian Strom, University of
- 11 Pennsylvania.
- DR. MANASSE: I'm Henri Manasse. I'm the
- 13 executive vice president and chief executive
- 14 officer of the American Society of Health-System
- 15 Pharmacists.
- 16 MS. SHAPIRO: Robyn Shapiro, Director,
- 17 Center for the Study of Bioethics, Medical College
- 18 of Wisconsin.
- 19 DR. STEMHAGEN: I'm Annette Stemhagen from
- 20 Covance, a contract research organization, and I'm
- 21 the industry representative to this committee.
- DR. GARDNER: Jacqueline Gardner,

- 1 University of Washington, Department of Pharmacy.
- 2 MR. LEVIN: Art Levin, Center for Medical
- 3 Consumers, and I am the consumer member of this
- 4 committee.
- 5 DR. FURBERG: Curt Furberg, professor of
- 6 public health sciences at Wake Forest University.
- 7 DR. GROSS: Peter Gross. I'm Chair of
- 8 Medicine at Hackensack University Medical Center
- 9 and New Jersey Medical School, and I'm Chair of
- 10 this Advisory Committee.
- 11 MS. JAIN: Shalini Jain, Executive
- 12 Secretary, Drug Safety and Risk Management Advisory
- 13 Committee.
- DR. CRAWFORD: Stephanie Crawford,
- 15 University of Illinois at Chicago, College of
- 16 Pharmacy.
- DR. SELIGMAN: Paul Seligman, Director,
- 18 Office of Pharmacoepidemiology and Statistical
- 19 Science, Center for Drugs at the FDA.
- DR. BEITZ: Julie Beitz, the Deputy
- 21 Director in the Office of Drug Evaluation III in
- 22 CDER.

1 DR. JUSTICE: Robert Justice, Director of

- 2 Division of Gastrointestinal and Coagulation Drug
- 3 Products at FDA.
- 4 DR. TRENTACOSTI: Ann Marie Trentacosti,
- 5 Medical Officer, Division of Gastrointestinal and
- 6 Coagulation Drug Products at the FDA.
- 7 DR. AVIGAN: Mark Avigan, Director of the
- 8 Division of Drug Risk Evaluation in the Office of
- 9 Drug Safety.
- 10 DR. GROSS: Okay. Shalini Jain will read
- 11 the conflict of interest statement.
- x MS. JAIN: The following announcement
- 13 addresses the issue of conflict of interest with
- 14 regard to this meeting and is made a part of the
- 15 record to preclude even the appearance of such at
- 16 this meeting. Based on the submitted agenda for
- 17 the meeting and all financial interests reported by
- 18 the committee participants, it has been determined
- 19 that all interests in firms regulated by the Center
- 20 for Drug Evaluation and Research present no
- 21 potential for an appearance of conflict at this
- 22 meeting with the following exceptions:

1 In accordance with 18 U.S.C. 208(b)(3),

- 2 Dr. Brian Strom has been granted a waiver for
- 3 consulting with two competitors on unrelated
- 4 matters. He receives less than \$10,001 per year
- from one firm and between \$10,001 and \$50,000 per
- 6 year from the other.
- 7 Dr. Maria Sjogren has been granted a
- 8 waiver under 208(b)(1) for consulting with the
- 9 sponsor on unrelated matters. She receives less
- 10 than \$10,001 per year.
- 11 A copy of the waiver statements may be
- 12 obtained by submitting a written request to the
- 13 agency's Freedom of Information Office, Room 12A-30
- 14 of the Parklawn Building.
- We would also like to note that Dr.
- 16 Annette Stemhagen has been invited to participate
- 17 as an industry representative, acting on behalf of
- 18 regulated industry. Dr. Stemhagen is employed by
- 19 Covance Periapproval Services, Incorporated.
- In the event that the discussions involve
- 21 any other products or firms not already on the
- 22 agenda for which an FDA participant has a financial

1 interest, the participants are aware of the need to

- exclude themselves from such involvement, and their
- 3 exclusion will be noted for the record.
- 4 With respect to all other participants, we
- 5 ask in the interest of fairness that they address
- 6 any current or previous financial involvement with
- 7 any firm whose products they may wish to comment
- 8 upon.

- 9 Thank you.
- 10 DR. GROSS: Dr. Paul Seligman will give an
- 11 introduction to the Lotronex issue.
- x DR. SELIGMAN: Good afternoon. It is my
- 13 pleasure to introduce the second topic for today's
- 14 meeting. This afternoon we'll be hearing an update
- on the Lotronex Risk Management Program. On April
- 16 23, 2002, the Gastrointestinal Drugs Advisory
- 17 Committee and this committee met and recommended
- 18 reintroduction of Lotronex tablets to the market
- 19 with certain restrictions, such as having patient
- 20 and physician registries and physician
- 21 certification training for prescribing.
- 22 On June 7, 2002, FDA approved the

- 1 restricted marketing of Lotronex with a risk
- 2 management program that was mutually agreed upon by
- 3 the Lotronex manufacturer, GlaxoSmithKline, and the
- 4 FDA. The details of this plan will be described in
- 5 the subsequent presentations.
- 6 Today, GSK will be presenting an update
- 7 report on how the drug is being prescribed within
- 8 the parameters of the risk management program and
- 9 what the impact of this program has been. The
- 10 purpose of this discussion is primarily
- 11 informational in nature to provide the committee an
- 12 update. As a consequence, we have allocated a
- 13 limited amount of time for presentations and
- 14 discussion.
- The risk management program that was
- 16 implemented contained many but not all of the
- 17 elements recommended by the Joint Advisory
- 18 Committees in April of 2002. As we gain experience
- 19 with risk management programs, we think that it is
- 20 important that there be a public airing of how well
- 21 these programs function and whether they meet the
- 22 goals that were set out for them.

1 With that, I thank you for your attention

- 2 and I thank the committee for being here today. We
- 3 will have both the speakers at the open public
- 4 hearing as well as the speakers who are on the
- 5 agenda to have them use this podium in front of the
- 6 committee.
- 7 So, with that, Mr. Chairman, I turn the
- 8 proceedings over to you.
- 9 DR. GROSS: Thank you, Dr. Seligman.
- $\mathbf{x}$  We will proceed with the open public 10
- 11 hearing now. First I need to read this statement.
- 12 Both the Food and Drug Administration and
- 13 the public believe in a transparent process for
- 14 information gathering and decisionmaking. To
- 15 ensure such transparency at the open public hearing
- 16 session of the Advisory Committee meeting, the FDA
- 17 believes that it is important to understand the
- 18 context of an individual's presentation. For this
- 19 reason, FDA encourages you, the open public hearing
- 20 speaker, at the beginning of your written or oral
- 21 statement to advise the committee of any financial
- 22 relationship that you may have with the sponsor,

1 its product, and if known, its direct competitors.

- 2 For example, this financial information
- 3 may include the sponsor's payment of your travel,
- 4 lodging, or other expenses in connection with your
- 5 attendance at the meeting. Likewise, FDA
- 6 encourages you at the beginning of your statement
- 7 to advise the committee if you do not have any such
- 8 financial relationships. If you choose not to
- 9 address this issue of financial relationships at
- 10 the beginning of your statement, it will not
- 11 preclude you from speaking.
- 12 The first speaker is Dr. Sidney Wolfe.
- DR. WOLFE: Right on time. In August
- 14 2000, almost four years ago, we petitioned the FDA
- 15 to ban alosetron because, in our view, its serious,
- 16 life-threatening adverse effects outweighed the
- 17 marginally better-than-placebo effectiveness. At
- 18 the time of our petition, FDA was aware of 26 cases
- 19 of ischemic colitis in people using the drug. In
- 20 the major randomized, placebo-controlled trials
- 21 prior to approval, there had been three cases of
- 22 ischemic colitis in 832 patients, or 1 per

- 1 277--again, with good ascertainment, in contrast to
- 2 what we are having here--but none in 700 placebo
- 3 patients. According to an FDA memo, in one large
- 4 trial with adequate ascertainment--this is a
- 5 different trial--adequate ascertainment of ischemic
- 6 colitis, 10 out of 1,819 women being treated with
- 7 alosetron for diarrhea-predominant irritable bowel
- 8 syndrome developed ischemic colitis over the
- 9 24-week duration of the trial. There were no cases
- 10 in the 899 patients in the trial treated with
- 11 traditional therapy. By the time marketing was
- 12 stopped in November 2000, there were 85 cases of
- ischemic colitis reported to the FDA among the
- 14 estimated 275,000 patients who has used the drug.
- 15 Even though this is called the Drug Safety
- 16 Committee, you know as well or better than I that
- 17 this all has to be viewed in the context of drug
- 18 benefit and, therefore, review of the evidence for
- 19 benefit for at least one of the major trials for
- 20 this drug is appropriate.
- In an analysis we published in the Lancet
- 22 of data from one of the clinical trials, which had

- 1 been misleadingly portrayed in a previous article
- 2 in the Lancet by percent change as opposed to
- 3 absolute scores, the figure of our look at the
- 4 actual data can be seen on the second page of the
- 5 testimony. And what you can see is there is barely
- 6 a perceptible--it's statistically significant, but
- 7 no one can possibly believe that this is clinically
- 8 meaningful, the difference at 1, 2, 3, months
- 9 between those given 2 milligrams of alosetron,
- 10 twice the dose being used now, for starters, and
- 11 those being given the placebo.
- 12 This excellent, hard-to-exceed placebo
- 13 response rate--and that's certainly the challenge
- 14 of treating this illness, is that the placebo
- 15 response rate is extraordinarily high. This is
- 16 consistent with findings from a published review of
- 17 27 randomized, placebo-controlled studies testing
- 18 various treatments for irritable bowel syndrome in
- 19 which the median placebo response rate was 47
- 20 percent, percentage improved, with rates as high as
- 21 84 percent, and 11 studies had placebo response
- 22 rates of 60 percent or higher. Unlike alosetron,

- 1 placebos do not cause ischemic colitis.
- Because IBS is a poorly defined disease,
- 3 which, although capable of causing significant
- 4 distress in some individuals, is neither progressive nor
- 5 life-threatening, the occurrence of
- 6 serious adverse reactions such as ischemic colitis
- 7 and bowel obstruction without ischemic colitis,
- 8 sometimes requiring surgery, tips the benefit-risk
- 9 equation against the use of this drug.
- 10 The experience during the first one-plus
- 11 years of this risk management program has hardly,
- 12 as Glaxo claims in its statement, "been
- 13 successful." Among the problems, somewhat
- 14 predictable because of the lack of the kinds of
- 15 controls that could realistically be taken only
- 16 under an IND, were the following:
- 17 Twenty percent of the patients getting the
- 18 drug not have all of the three criteria specified
- 19 for getting the drug, which include frequent/severe
- 20 abdominal pain, and frequent bowel urgency or fecal
- 21 continence; and disability/restriction of daily
- 22 activities. They may have one or two, but these

1 were the criteria, and 20 percent did meet these

- 2 criteria.
- 3 Secondly, only 42 percent of patients with
- 4 a Lotronex prescription has pre-enrolled in the
- 5 survey program and only 36 percent completed the
- 6 baseline questionnaire.
- 7 From the prescribing doctor's perspective,
- 8 again, because this is not required, it happens, 20
- 9 percent of prescribing doctors were not enrolled in
- 10 the prescribing program for Lotronex. That may or
- 11 may not have something to do with the fact that so
- 12 many of these average reactions were not reported
- 13 by physicians.
- 14 These are all elements that certainly were
- 15 thought of if it not specifically suggested by FDA
- 16 staff and ourselves at the meeting a couple of
- 17 years ago, and you can't do these things unless the
- 18 drug is there under an IND. Marketing isn't
- 19 compatible with those kinds of restrictions.
- 20 The most alarming finding during this
- 21 period was the reporting of eight cases of ischemic
- 22 colitis and, according to the manufacturer, eight

- 1 additional cases of "complications of
- 2 constipation." I say according to the manufacturer
- 3 because they list eight, and the FDA talks about
- 4 five. The latter included a case of partial
- 5 intestinal obstruction, one in which there was
- 6 exploratory surgery for small intestinal
- 7 obstruction, and a patient with diarrhea and
- 8 intestinal obstruction.
- 9 Assuming the accuracy of the estimate of
- 10 9,365 patients getting alosetron during the risk
- 11 management program, the rate of ischemic
- 12 colitis--again, this is a low estimate--spontaneous
- 13 reports was 8 per 10,000 or 8 per 9,365, or about
- 14 0.8 per thousand, and it's actually higher than
- 15 the, again, spontaneous rate of reports during the
- 16 earlier mktg phase, which was 85 per 27,000.
- 17 There are, of course, differences in the
- 18 conditions for reporting that might explain some of
- 19 this discrepancy, but I don't believe begin to
- 20 explain all of it. Enrolled physicians agreed to
- 21 report all serious adverse events as a condition of
- 22 participation, but obviously 20 percent didn't

- 1 participate, and even those who did, so it appears,
- 2 four of the eight cases of ischemic colitis were
- 3 reported by patients, not physicians. Similarly,
- 4 none of the eight cases of serious complications of
- 5 constipation were reported by the prescribing
- 6 physician. One was reported by a nurse. Either
- 7 the patients did not tell the physicians who
- 8 prescribed the drug that they had gotten ischemic
- 9 colitis or physicians violated their agreement to
- 10 report such cases.
- 11 The fact that 11 of 16 cases of ischemic
- 12 colitis or complications of constipation were
- 13 reported by patients as part of the Lotronex
- 14 patient follow-up survey program may compensate for
- 15 some, but we don't believe all or even most of the
- 16 serious reporting deficiencies by participating
- 17 physicians. There is little question that just as
- 18 the 85 cases of ischemic colitis reported during
- 19 2000 were but a fraction of the actual cases, so,
- 20 too, are these recent RMP, risk management program,
- 21 ischemic colitis cases.
- 22 For effective, life-saving drugs, such as

- 1 some cancer therapies or the anti-psychotic drug
- 2 clozapine, risk management is a critical part of
- 3 their use, and we strongly support, as the FDA
- 4 knows, risk management in those kinds of
- 5 circumstances. But alosetron joins an increasing
- 6 number of other drugs, none with unique, clinically
- 7 significant benefits, that have been the subject of
- 8 ultimately failed FDA-approved risk management
- 9 programs--the diabetes drug Rezulin, the painkiller
- 10 Duract, the GI drug cisapride, the blood pressure
- 11 drug Posicor--and were taken off the market.
- 12 When I testified before this committee in
- 13 2002, I stated, "The reintroduction of Lotronex
- 14 into the market, even with the restrictions
- 15 proposed by Glaxo, would be a serious public health
- 16 mistake, likely, if not certain, to result in the
- 17 need to ban the drug again." It is time to end
- 18 this failed effort to resuscitate markets and to
- 19 take alosetron off the market. As we suggested in
- 20 2002, there is no reason why, under a carefully
- 21 controlled IND, the drug could not be made
- 22 available to, I would estimate, the several

1 thousand, at most, people who might still choose to

- 2 use it. This has previously been done for the
- 3 diabetes drug phenformin and the GI drug cisapride
- 4 after they were taken off the market.
- 5 I'd just like to emphasize that of the
- 6 reported 9,000-10,000 people using the drug, in the
- 7 FDA's Executive Summary it says only 10 to 20
- 8 percent of these people were refilling it. So we
- 9 may, in fact, be talking about a group of people
- 10 that is one, two, three thousand people, not the
- 11 100,000 that the company claimed would be using the
- 12 drug and which they used to help fend off an IND
- 13 approach back a couple years ago.
- 14 Given the marginal evidence of
- 15 effectiveness and the continuing serious risks of
- 16 the drug, Glaxo's suggestion to relax the
- 17 restrictions on availability of alosetron to
- 18 increase its use is nothing but ghoulish. A quote
- 19 from the end of their statement: "The primary
- 20 concern at present relates to the low rate of
- 21 product prescribing given our understanding of the
- 22 target population...This may reflect unintended

- 1 barriers to prescription..." and they elucidate
- 2 some of the unintended barriers, which is the time
- 3 the physician has to spend explaining to the
- 4 patient the benefits and risks of the drug and so
- 5 forth. I find that this attitude, certainly it's
- 6 consistent with trying to sell more drug, but it's
- 7 inconsistent with the public health. And just in
- 8 closing, I would just repeat it's time for this to
- 9 be taken off the market. It gives risk management
- 10 a bad name to keep doing things like this.
- I'd be glad to try and answer any
- 12 questions. That's just about ten minutes.
- DR. GROSS: If there are no questions,
- 14 thank you very much, Dr. Wolfe.
- The next speaker, Dr. Lawrence Wilderlite.
- 16 DR. WILDERLITE: Good afternoon. My name
- 17 is Lawrence Wilderlite. I am a practicing gastro-
- 18 enterologist in Chevy Chase, Maryland. We're part
- 19 of a private practice group of 13 gastroenterologists with
- 20 three offices in the
- 21 metropolitan area, downtown Washington, in Chevy
- 22 Chase, and on Executive Boulevard here in

- 1 Rockville.
- In the past, I was a speaker for
- 3 GlaxoSmithKline upon the introduction of Lotronex
- 4 in 2000 and presently am a consultant for
- 5 GlaxoSmithKline.
- I have been asked to talk today about the
- 7 prescribing habits of this drug and the inability
- 8 of patients to actually have access to the drug
- 9 because of the restrictions that have been placed
- 10 on this.
- I have had extensive experience with the
- 12 use of alosetron when it was first introduced, and
- 13 our group has used it, given the patient clientele
- 14 we have, many times. And we have had a favorable
- 15 response with the drug and felt the drug to be
- 16 quite helpful in our patient population.
- 17 Inasmuch as there has been no new
- 18 medication or no recent introduction of any drug of
- 19 this type over the last 20 years for the treatment
- 20 of irritable bowel syndrome, we felt that this was
- 21 going to be a very important agent and something
- 22 that we would be able to use to help patients that

- 1 suffer from irritable bowel, in which we have no
- 2 effective treatment today. Initially upon the
- 3 introduction of this drug, it was embraced by the
- 4 GI community and was embraced by gastroenterologists that I
- 5 can talk to in the Washington
- 6 area.
- 7 When Lotronex was recalled in 2000, it
- 8 left a void, and that void is still vacant today.
- 9 I feel our patients have no alternative to treat an
- 10 illness that at times can be very devastating.
- 11 Although not life-threatening, it is basically
- 12 destructive to patients' lives and destructive to
- 13 their ability to function in an environment in
- 14 which they live.
- The present registration system for this
- 16 drug is extremely tedious. It takes a lot of time
- 17 to register a patient for this. The patient needs
- 18 to fill out papers. The GI doctor has to fill out
- 19 the papers. The patient has to be advised about
- 20 the side effects of the drug. The doctor has to
- 21 register to be an appropriate agent to distribute
- 22 the drug.

1 At the end of all this, we in our office

- 2 do refer patients to a website where they can get
- 3 more information about Lotronex, where they can
- 4 understand what the complications and the possible
- 5 side effects of the drug are before they enter into
- 6 the program or begin taking the medication. We
- 7 find--and I am not a member of that prescribing
- 8 group. There are only two people in our group of
- 9 13 that elected to be registered for distribution
- 10 of the drug, and of those two people, it came
- 11 because they were quite friendly with one of the
- 12 Glaxo representatives who asked them if they would
- 13 register for this.
- We find that patients become stigmatized
- 15 after they read the side effects of the drug. As
- 16 appropriate to Dr. Wolfe's comment, that many
- 17 patients will not fill the prescription when
- 18 they're given it. Many patients will not take the
- 19 medication appropriately. Many patients will stop
- 20 taking the medication. Patients will forget to
- 21 take it or take it on an alternate-day basis rather
- 22 than appropriately because they're afraid of having

- 1 some side effect and feel less is better than more.
- 2 And eventually some of them will not come back or
- 3 will not fill the prescription or, like many
- 4 irritable bowel patients, these patients fail to
- 5 come back again or don't show up in an office and
- 6 go home and continue to suffer the symptoms they
- 7 have.
- Physicians, because they won't register
- 9 for this program, go back to treat these patients
- 10 with conventional methods, of which we have no
- 11 conventional methods. Increasing fiber,
- 12 anti-diarrheal type of agents that have been on the
- 13 market and have been shown to be of little help to
- 14 patients who suffer from this disease.
- The physicians fear--and when talking to
- 16 other doctors--that because of all the publicity
- 17 given to the side effects of the drug, should a
- 18 patient encounter a side effect or an adverse
- 19 reaction to this medication, the physician is now
- 20 liable for some litigation or malpractice suit,
- 21 and, therefore, they're not pushing to use the
- 22 drugs. They're not rushing in to join this type of

- 1 prescribing program.
- 2 The amount of time that this prescribing
- 3 program takes is enormous. It takes a lot of time.
- 4 There are many physician phone calls. There's a
- 5 lot of interaction with the patient. Unfortunately, in
- 6 today's environment where there is
- 7 little compensation for the amount of time paid
- 8 because of the insurance environment that we have,
- 9 this type of interaction is difficult, and
- 10 physicians shy away from spending the amount of
- 11 time that is necessary to educate the patients for
- 12 this.
- 13 The process is extremely cumbersome, and I
- 14 find that in a group of physicians that we're
- 15 friendly with in the Washington area, very few will
- 16 enter into this registration process. What I do is
- 17 refer patients to other people in our group. It
- 18 changes the physician-doctor relationship, or I
- 19 refer them to other doctors that I can find who are
- 20 outside of our group to take care of these
- 21 patients, or we continue to use the remedies that
- 22 we have in place.

1 I feel that whether it be alosetron or

- 2 not, the GI community desperately needs a
- 3 medication to treat diarrhea-dependent irritable
- 4 bowel syndrome; that the mechanism that is in place
- 5 today needs to be streamlined to allow access to a
- 6 medication that I feel can help irritable bowel
- 7 sufferers.
- 8 The use of this drug is extremely limited
- 9 and extremely confined to approximately--given Dr.
- 10 Drossman's (ph) classification, less than 5 percent
- 11 of people are available to receive this drug. I
- 12 feel personally that this is too confining and that
- 13 the drug or the use of this drug should be opened
- 14 up. As different from the previous speaker, I
- 15 think the drug is helpful and the drug needs to be
- 16 freed up a little bit more in a more streamlined
- 17 process to allow access to patients.
- I thank you and I am open to any comments
- 19 that you have.
- T4A DR. GROSS: There being none, thank you 20
- 21 very much, Dr Wilderlite.
- We will proceed now with the sponsor

1 presentation. Dr. Craig Metz, the Vice President

- for U.S. Regulatory Affairs at GlaxoSmithKline,
- 3 will present their risk management program for
- 4 Lotronex.
- 5 MS. JAIN: Dr. Metz, before you do your
- 6 presentation, we just wanted to introduce another
- 7 committee member that joined us in the interim.
- 8 Dr. Maria Sjogren joined our group. She is a
- 9 representative for the GI community and also is a
- 10 member of the GI Advisory Committee. Thanks for
- 11 participating.
- x DR. METZ: Good afternoon. My name is
- 13 Craig Metz, and I am going to be providing the
- 14 sponsor's update on our experience with the
- 15 implementation of the risk management program for
- 16 Lotronex today.
- Joining us today are a number of external
- 18 consultants who are involved with various aspects
- 19 of the risk management plan for Lotronex and would
- 20 be happy to answer any questions that you might
- 21 have regarding their specific areas of responsibility for
- 22 the RMP or any general questions that

1 you might have for them. I'm going to take just a

- 2 quick moment to introduce our consultants.
- We have Dr. Robert Sandler with us from
- 4 the University of North Carolina. Dr. Sandler is
- 5 involved with our Risk Management Plan Advisory
- 6 Board.
- 7 We have Dr. Lin Chang from the University
- 8 of California at Los Angeles, who has been involved
- 9 with our educational program as well as a general
- 10 consultant to us for some time on Lotronex.
- 11 We have Dr. Andrews from Research Triangle
- 12 Institute. She's involved with our epidemiology
- 13 program, specifically the patient follow-up survey
- 14 for Lotronex, and she serves as the data
- 15 coordinating center for the follow-up claims-based
- 16 research.
- 17 We have Dr. Jerry Gurwitz with us from
- 18 Meyers Primary Care Institute, University of
- 19 Massachusetts. Dr. Gurwitz is also involved with
- 20 the epidemiology program.
- 21 And, finally, we have Dr. James Lewis here
- 22 from Georgetown University who chairs our Safety

- 1 and Review Committee.
- 2 Three underlying themes will form the
- 3 basis of my presentation today. Those themes are
- 4 the successful implementation of the risk
- 5 management plan for Lotronex from the standpoint of
- 6 the appropriateness of the prescribers, the
- 7 patients, and the behaviors that have been produced
- 8 through this program; the impact of the RMP itself
- 9 on the safety profile and on the prescriber and
- 10 patient, as well as on individual components of the
- 11 risk management program itself; and the cycle of
- 12 continual RMP evaluation and revision that is a
- 13 normal part of the stewardship involved with
- 14 conducting a risk management program.
- During the course of my presentation, I'm
- 16 going to share information with the committee that
- 17 we didn't have when we last met to consider a risk
- 18 management program for Lotronex, and that
- 19 specifically is data on the impact of the
- 20 interventions that we've attempted to put into
- 21 place here. It's our hope that this data will
- 22 guide our discussions with the agency and the

1 proposed modifications that we might make to this

- 2 RMP as we move forward. But as importantly, the
- 3 RMP for Lotronex has been a very rich learning
- 4 laboratory for us with regard to general issues
- 5 regarding conducting a risk management program and
- 6 the impact of these different interventions in
- 7 real-term use. So we hope that this information
- 8 will tend to serve to inform discussions regarding
- 9 the applications of these interventions elsewhere.
- In my presentation, I'm going to provide a
- 11 very brief background summary. I'm going to
- 12 identify the goals of the RMP and describe the key
- 13 elements of the RMP with results to date where
- 14 appropriate. I will finish with some conclusions
- 15 regarding the implementation of the RMP and a
- 16 discussion of what we've identified as emerging
- 17 issues.
- 18 Many of you will be familiar with the
- 19 chronology of key regulatory events. Dr. Seligman
- 20 has already covered some of these. Again, the
- 21 product was voluntarily withdrawn in November of
- 22 2000. The agency and GlaxoSmithKline were

1 inundated with calls from patients demanding that

- 2 the drug be made available to them again.
- 3 Subsequently, we submitted an sNDA in
- 4 December of 2001 and met with some members of this
- 5 committee and the GI Drugs Committee in April of
- 6 2002 to discuss the information included in that
- 7 sNDA as well as the general framework that was
- 8 being proposed for the RMP for Lotronex. In June
- 9 2002, that supplemental NDA was approved and the
- 10 product was actually reintroduced in November of
- 11 2002 with a revised indication statement and a risk
- 12 management program in place.
- 13 What we were striving to achieve when we
- 14 developed the risk management program for Lotronex
- 15 was a framework that would mitigate the risks
- 16 associated with complications of constipation and
- 17 ischemic colitis, but would do so in a way that
- 18 would not create extraordinary barriers to patient
- 19 access. And I think as we consider the information
- 20 being presented today, success should be measured
- 21 against this intent.
- We intended to achieve this through a

1 focus on the following four goals: making Lotronex

- 2 available to those patients for whom the
- 3 benefit-risk is most favorable; prescribing
- 4 Lotronex to appropriate patients by qualified
- 5 physicians; educating physicians, pharmacists, and
- 6 patients about the risks and benefits of Lotronex
- 7 and how to manage those risks; and providing a
- 8 framework for ongoing RMP evaluation.
- 9 A key element of making Lotronex available
- 10 to a patient population for whom the benefit would
- 11 clearly outweigh the risk was revising the
- 12 indications statement to establish women with
- 13 severe diarrhea-predominant IBS as the target
- 14 population for treatment. On that basis, Lotronex
- is currently available for women with severe
- 16 diarrhea-predominant IBS who have chronicity of
- 17 symptomatology, generally lasting six months or
- 18 longer; have had anatomic of biochemical
- 19 abnormalities of the GI tract excluded; and have
- 20 failed to respond to conventional therapy.
- 21 Additionally, diarrhea-predominant IBS is
- 22 defined as severe if it includes diarrhea and just

- 1 one or more of the following: frequent and severe
- 2 abdominal pain or discomfort, frequent bowel
- 3 urgency or fecal incontinence, disability or
- 4 restriction of daily activities due to IBS. And,
- 5 again, I would stress that only one of these
- 6 criteria are required for the patient to qualify
- 7 for treatment--not two, and certainly not all
- 8 three. Only one. Later in my talk, I'm going to
- 9 come back to this description of a 5-percent
- 10 estimate for the severe diarrhea-predominant IBS
- 11 population.
- 12 And, finally, the indications statement
- 13 states that in men, the safety and effectiveness of
- 14 Lotronex has not been established.
- So the four key components of the RMP that
- 16 we've developed for Lotronex are: enrollment of
- 17 qualified physicians in a physician prescribing
- 18 program; a program to educate physicians,
- 19 pharmacists, and patients about IBS and about the
- 20 benefits and risks of Lotronex; a reporting and
- 21 collection system for serious adverse events
- 22 associated with the use of Lotronex; and, finally,

1 a plan to evaluate the effectiveness of the RMP for

- 2 Lotronex. In the rest of my presentation, I'm
- 3 going to go through each of these components in
- 4 order.
- 5 To begin with, we have the prescribing
- 6 program for Lotronex, and this was developed to
- 7 address the goal of prescribing Lotronex to
- 8 appropriate patients by qualified physicians. This
- 9 is a picture of the key steps card that helps the
- 10 prescribers navigate their way through the
- 11 prescribing program for Lotronex. It's going to be
- 12 difficult for me to use the pointer here in a very
- 13 effective way, but you have the slide in front of
- 14 you, and I'm going to walk you briefly through some
- 15 of the steps.
- So the physician, in the upper-left-hand
- 17 portion of this chart, decides to enroll in the
- 18 prescribing program for Lotronex. They receive a
- 19 prescribing kit that I'm going to describe to you
- 20 in a minute. The physician identifies an
- 21 appropriate patient for treatment, goes through a
- 22 counseling activity with that patient, gets the

- 1 patient to sign the patient-physician agreement
- 2 with the physician. That agreement is then placed
- 3 into the patient's chart, and a copy of that is
- 4 given to the patient. The physician at that point
- 5 affixes a Lotronex sticker to an original
- 6 prescription, and at that point the physician also
- 7 encourages the patient to enroll in the patient
- 8 follow-up survey for Lotronex.
- 9 At that point the patient has a
- 10 prescription with a blue sticker on it that they
- 11 take to the pharmacist so that the pharmacist can
- 12 fill that prescription. And, again, even the
- 13 pharmacist has the opportunity to encourage the
- 14 patient to enroll in that patient follow-up survey.
- As you can see, this is a fairly complex,
- 16 multi-step process. The act of physician
- 17 enrollment actually involves the physician signing
- 18 an attestation form that attests to his ability to
- 19 diagnose and treat IBS, to diagnose and manage
- 20 ischemic colitis, to diagnose and manage
- 21 constipation and complications of constipation, as
- 22 well as acceptance of responsibilities that include

- 1 education, completing the patient-physician
- 2 agreement that I've just described, reporting
- 3 serious adverse events, and affixing stickers to
- 4 prescriptions. In a while I'll share feedback that
- 5 we've received from physicians relative to the
- 6 impact of this process on their practice.
- 7 The prescribing kit for Lotronex that the
- 8 enrolled prescriber gets contains the key steps
- 9 card that we've just discussed, prescribing
- 10 information, medication guides, patient-physician
- 11 agreement forms, the prescribing program stickers,
- 12 and the patient follow-up survey pre-enrollment
- 13 cards.
- 14 These are some of the steps that I've
- 15 already described on the key steps card, but,
- 16 again, there are a couple of things I'd like you to
- 17 note. First of all, this is what's in the retail
- 18 pack that the patient receives. It's a box that
- 19 contains 30 tablets, a package insert, a medication
- 20 guide, and the patient survey card. I have to
- 21 remind you that no refills are allowed currently
- 22 for Lotronex. All prescriptions have to be

- 1 original, and all prescriptions have to have an
- 2 affixed sticker. There is no faxing, no electronic
- 3 transmission of prescriptions for Lotronex. Those
- 4 are not allowed.
- In the event that a physician uses up the
- 6 supplies in their initial kit, they can call the
- 7 coordinating center for the PPL, and that
- 8 coordinating center will check their name against
- 9 the list of enrolled prescribers, and if they're on
- 10 that list, they'll be sent a refill kit.
- In the next portion of my presentation,
- 12 I'm going to address the educational program that
- 13 was developed to support the introduction of
- 14 Lotronex.
- The educational program for physicians is
- 16 anchored by these two modules: Lotronex Tablets:
- 17 Understanding the Risks and Benefits, and Current
- 18 Thinking about IBS: An Educational Review on
- 19 Irritable Bowel Syndrome.
- In addition to that, 345,000 "Dear Doctor"
- 21 letters were mailed at the time of product
- 22 reintroduction, and we've put a reminder program in

1 place that I'll discuss with you in a moment that

- 2 provides additional access to key educational
- 3 messages for physicians.
- 4 For the patient, education consists of the
- 5 medication guide, which, again, they can get from
- 6 two sources. They can get that from the physician,
- 7 and it's also included in product packaging.
- 8 Physician counseling and the requirement
- 9 to sign the patient-physician agreement further
- 10 reinforces the key product messages contained in
- 11 the medication guide.
- On the pharmacist level, at the time of
- 13 product reintroduction 113,000 "Dear Pharmacist"
- 14 letters were mailed. Through an initiative that's
- 15 well outside the scope of normal product launch
- 16 activities, we also had 25,000 outbound telephone
- 17 calls to pharmacists. Those calls resulted in over
- 18 12,000 requests for additional information on
- 19 Lotronex. We were impressed with this, and we
- 20 think that this clearly indicates the potential
- 21 power of these types of outreach activities focused
- 22 at the pharmacist level.

1 In addition, we sent an informational

- 2 piece on Lotronex to the National Board of State
- 3 Pharmacists to be cascaded into the newsletters of
- 4 its individual member states. And, finally, as
- 5 with the physician, reminder letters to pharmacists
- 6 also provide important information regarding
- 7 Lotronex.
- 8 There are a large number of additional
- 9 educational activities that GSK has implemented to
- 10 provide further support for the appropriate use of
- 11 Lotronex. These include a telephone conference
- 12 series with physicians, speaker programs,
- 13 informational booths at professional society
- 14 symposia. There's a website, and we have call
- 15 centers that can answer questions and provide
- 16 information on the PPL itself. It can provide
- 17 medical information, and they provide the sources
- 18 of information to the practitioner and health care
- 19 community.
- 20 And, finally, we're also providing
- 21 independent grants for IBS education that's
- 22 delivered at professional society symposia and

- 1 through other communication media. Again, while
- 2 components of this educational program are
- 3 obviously targeted towards a prescriber audience,
- 4 the materials are available to the general health
- 5 care practitioner community as well.
- 6 The next element of the RMP that I'd like
- 7 to discuss is the reporting and collection of
- 8 serious adverse events and adverse events of
- 9 special interest associated with the use of
- 10 Lotronex. This essentially comprises a safety
- 11 overview.
- 12 Again, it's important to remember that
- 13 there are some differences in the conditions under
- 14 which AEs are reported currently versus the
- 15 conditions that existed when the product was
- 16 initially marketed. We currently have a different
- 17 target population for Lotronex: females with
- 18 severe diarrhea-predominant IBS, with the
- 19 qualifiers that I've already discussed. Through
- 20 our educational program, we believe that we have
- 21 better-informed patients and physicians. We have
- 22 an agreement from physicians to report serious

- 1 adverse events, and we have the patient survey,
- 2 which is proving to be a non-traditional source of
- 3 AE information, and the way we're handling that
- 4 information will be discussed in just a moment.
- 5 So what are our sources for adverse
- 6 events? They consist of the typical spontaneous
- 7 reports and reports arising from a clinical trials
- 8 program, but they also include the patient
- 9 follow-up survey program.
- 10 The focus of our adverse event reporting
- 11 is on these diagnoses and outcomes of special
- 12 interest that were highlight as an area of concern
- 13 during the initial marketing period, and those
- 14 include ischemic colitis, mesenteric ischemia,
- 15 occlusion or infarction, serious constipation,
- 16 complications of constipation, as well as outcomes
- 17 of special interest like intestinal or anorectal
- 18 surgery and death.
- 19 Adverse events are reported in a typical
- 20 fashion stipulated by the regulations. We have
- 21 expedited reporting for serious, unexpected,
- 22 spontaneous reports, and we also have expedited

- 1 reports for serious, unexpected, and attributable
- 2 survey and clinical trial reports. But, in
- 3 addition, we have a special agreement to expedite
- 4 reports for all adverse events of special interest,
- 5 regardless of their seriousness or expectedness.
- 6 The patient survey that we've been
- 7 discussing a little bit is intended to measure
- 8 patient knowledge, behavior, and certain RMP
- 9 process elements. But through the process of
- 10 either completing these forms in writing or over
- 11 the phone, patients occasionally report adverse
- 12 events. As part of the continual process of RMP
- 13 evaluation and revision, we have developed a system
- 14 for processing this adverse event information
- 15 arising from the survey. To maintain patient
- 16 confidentiality within the survey, Research
- 17 Triangle Institute de-identifies the information on
- 18 the adverse event report and forwards it to GSK.
- 19 The GSK pharmacovigilance staff assess these
- 20 reports for seriousness as well as special interest
- 21 diagnoses.
- 22 For those cases assessed as serious or

- 1 possibly including diagnoses of special interest,
- 2 RTI requests patient consent for GSK follow-up with
- 3 the prescriber. When that consent is granted,
- 4 GSK's Pharmacovigilance Department follows up with
- 5 the patient's prescriber in a fashion similar to
- 6 that that would be used during a spontaneous
- 7 reporting context. And, again, adverse events
- 8 arising from the survey are reported to the FDA as
- 9 the data warrant.
- 10 So what is our experience to date? From
- 11 November 20, 2002, until February 6, 2004, we have
- 12 approximately 10,000 patients treated with
- 13 Lotronex, or about 34,000 prescriptions. This has
- 14 generated 127 post-marketing AEs, which include all
- 15 spontaneous reports plus all patient survey reports
- 16 that are deemed to be serious or reports of special
- 17 interest as I just described on the previous slide.
- 18 Of the 127 post-marketing reports that
- 19 we've received, 37 have been considered serious.
- 20 Seventy-five percent of these 37 reports were GI in
- 21 origin. What we're going to focus on are the 19
- 22 patients or cases that had diagnoses and outcomes

- 1 of special interest.
- 2 Of the eight reported ischemic colitis
- 3 cases, six were medically confirmed. Those same
- 4 six patients had colonoscopic or biopsy findings
- 5 consistent with ischemic colitis. Three of the
- 6 eight cases resulted in hospitalization. All of
- 7 the cases of ischemic colitis resolved without
- 8 sequelae. We have no reports of mesenteric
- 9 ischemia. We have no reports of serious
- 10 constipation. We do, however, have eight reports
- 11 of complications of constipation. Three of those
- 12 eight reports have been medically confirmed. Three
- 13 involved fecal impaction. Three were associated
- 14 with intestinal obstruction; there was one ileus,
- 15 one ulcerated colon. Three of these eight patients
- 16 were hospitalized, and three patients were managed
- in the ER only.
- 18 Four outcomes of special interest have
- 19 been reported. There is one report of surgery
- 20 which could not be confirmed by the patient's
- 21 physician. This same patient also had a diagnosis
- 22 of special interest involving a complication of

- 1 constipation. No deaths attributable to Lotronex
- 2 have been reported. Of the three deaths that have
- 3 occurred in patients taking Lotronex, two of those
- 4 deaths came through the survey process and were
- 5 reported by family members. One of those was in a
- 6 patient with cancer, multiple myeloma. The other
- 7 was in an AIDS patient. The other report that we
- 8 have is a physician report of a suspected pulmonary
- 9 embolism in an obese patient with a very complex
- 10 medical history.
- 11 So, in summary, with regard to the safety
- 12 of Lotronex, we have not seen any new safety
- 13 issues. Recognizing that we have a very low rate
- 14 of prescribing, we feel that the ischemic colitis
- 15 and complications of constipation cases that we've
- 16 seen are similar to those seen during the original
- 17 marketing period, and we believe that the outcomes
- 18 associated with those cases are generally less
- 19 severe. We're also pleased by our review of the
- 20 individual cases that suggest that prompt and
- 21 appropriate action is being taken by the patient
- 22 and the physician. What we're hoping to achieve

1 here is to change patient and physician behavior.

- 2 We believe, in fact, that is what's going on.
- 3 But the final component of the risk
- 4 management plan involves the implementation of a
- 5 plan to evaluate the effectiveness of the Lotronex
- 6 risk management program. This plan consists of
- 7 three components: a retrospective study to compare
- 8 the roster of physicians identified in a general
- 9 prescription database as prescribers of Lotronex
- 10 with a roster of physicians enrolled in the PPL,
- 11 the prescribing program for Lotronex; the patient
- 12 follow-up survey program that we've mentioned; as
- 13 well as a longitudinal, claims-based observational
- 14 study program.
- 15 First, the physician roster comparison.
- 16 This is a study to compare physicians prescribing
- 17 Lotronex within and outside of the prescribing
- 18 program for Lotronex. The way that's accomplished
- 19 is when the M.D. sends the enrollment form to the
- 20 database vendor, the vendor sends that enrollment
- 21 data to GSK. In parallel with that, GSK purchases
- 22 a prescription data set from MDC Health. Those two

- 1 data sets are compared against each other, and
- 2 through that process we determine who is
- 3 prescribing within and outside of the program, and
- 4 that information is reported to the FDA on a
- 5 quarterly basis.
- 6 So what have we learned? These are the
- 7 data that we have generated to date. As you can
- 8 see, the number of prescribing program for Lotronex
- 9 enrolled prescribers has generally remained at or
- 10 above 80 percent since the program was initiated.
- 11 We're actually quite pleased with this aspect of
- 12 the RMP. This is the pattern of prescribing by
- 13 physician specialty for the quarter beginning
- 14 October 2003, which is representative of our
- 15 overall experience. Prescribing, as you can see,
- 16 is being driven primarily by the
- 17 gastroenterologists. I think what is even more
- 18 important is, of the prescriptions that have
- 19 actually been written, 87 percent of those
- 20 prescriptions had been written within the
- 21 prescribing program for Lotronex, and we believe
- 22 that that's a very good result.

In the initial marketing period, 50,000

- 2 physicians were prescribing Lotronex. Currently,
- 3 only 5,053 have even enrolled to prescribe Lotronex
- 4 through the prescribing program for Lotronex. What
- 5 is particularly disconcerting is the fact that
- 6 approximately half of the few prescribers who have
- 7 enrolled have not written a single prescription.
- 8 This may be a reflection of some of the RMP
- 9 barriers that I'm going to discuss in a few
- 10 moments.
- 11 And, again, part of the evaluation and
- 12 revision of an RMP program, we've developed a
- 13 follow-up system for non-prescribing-program
- 14 prescribers. When these prescribers are first
- 15 identified, an enrollment kit is forwarded to the
- 16 prescriber. In addition, we forward a reminder
- 17 letter to the prescriber's local pharmacy. If
- 18 there is a second occurrence of prescribing by a
- 19 particular non-enrolled prescriber, we forward them
- 20 a reminder letter. If they transgress a third
- 21 time, we forward a firmer reminder letter to them.
- 22 Now, the response to this process to date

1 is hard to determine, but overall what we're seeing

- 2 is 75 percent of these non-enrolled prescribers
- 3 comply in some way; 25 percent of them actually
- 4 enroll and 50 percent of them stop prescribing
- 5 Lotronex. And, again, this is a very dynamic
- 6 situation. It can wax and wane over quarters, but,
- 7 in general, this has been the response to this
- 8 follow-up process.
- 9 Let's talk about the patient follow-up
- 10 survey program, which is the next element of the
- 11 RMP that we'd like to discuss.
- 12 The objectives of this program are to
- 13 assess patient knowledge of the risks and benefit
- 14 of Lotronex to assess patient behavior in relation
- 15 to the recommendations in the risk management
- 16 program and assess the extent to which the patient
- 17 satisfies the product labeling requirements for
- 18 treatment with Lotronex.
- 19 This is a flow diagram of how this survey
- 20 process works. We receive the pre-enrollment card,
- 21 and upon receipt of that, an enrollment package is
- 22 forwarded to the patient, and that starts the

- 1 survey cascade, as you'll see on the left-hand
- 2 side. If we don't receive survey forms back from
- 3 the patient in prescribed time frames, there's
- 4 actually a contact from RTI to the patient to
- 5 encourage them to complete and return those forms
- 6 to us.
- 7 So, to date, we have a 42-percent
- 8 pre-enrollment rate for all patients who have
- 9 received a prescription for Lotronex; 55 percent of
- 10 those were issued by the prescribing physician.
- 11 And, again, we didn't expect that. That's a little
- 12 bit atypical. It's much higher than we expected.
- 13 Most of the patients that we see in the
- 14 survey are middle-aged patients that are typical of
- 15 the population that you would expect to be
- 16 receiving drug and having diarrhea-predominant IBS.
- 17 Eighteen percent of the patients are over the age
- 18 of 65 years, and 7 percent of the patients are
- 19 indeed male. Thirty-six percent of the patients
- 20 that receive a prescription have actually completed
- 21 the baseline survey form and entered the survey
- 22 proper.

1 So, again, I think you can see from this

- 2 table that what we've enrolled in this patient
- 3 follow-up survey program is a very motivated cohort
- 4 of patients. Recognizing the grace period for
- 5 receipt of follow-up questionnaires from patients
- 6 for whom that follow-up period has expired and
- 7 questionnaire responses were due, I think you can
- 8 see that almost all of those responses have been
- 9 received across time. So, again, it seems like a
- 10 very motivated cohort of patients, and they're
- 11 doing their homework and sending it in.
- What have we learned about these patients?
- 13 Well, this table indicates that there's a very high
- 14 rate of compliance with the key elements of the RMP
- 15 process and also demonstrates that the discussions
- 16 and activities that we wanted to have occur are
- 17 indeed occurring. I think you can see 97 percent
- 18 of the patients discuss with the doctor how
- 19 Lotronex can help them; 95 percent discuss the
- 20 reasons with the doctor why you would discontinue
- 21 Lotronex; 91 percent have received the medication
- 22 guide; 87 percent recall that a blue sticker was,

- 1 in fact, put on their prescription. So, again,
- 2 from a compliance perspective, we're pleased at
- 3 what we see coming through the patient follow-up
- 4 survey.
- 5 Importantly, as far as patient
- 6 appropriateness for treatment is concerned, this
- 7 table shows that this survey cohort comprises an
- 8 appropriate patient population for treatment with
- 9 Lotronex. Ninety percent of these patients met the
- 10 treatment and severity criteria. And, again, if
- 11 you look at the individual criteria for treatment,
- 12 95 percent have diarrhea; 98 percent had IBS for
- 13 more than six months, the chronicity that we were
- 14 looking for; 96 percent had previous treatments for
- 15 IBS; and 97 percent have said they had inadequate
- 16 relief of symptoms. And, again, we believe that
- 17 these are clear indicators of patient
- 18 appropriateness.
- 19 If you look at the severity conditions
- 20 that are required--and, again, I'll remind you that
- 21 only one of these is required to qualify the
- 22 patient for treatment, not all three. You have

- 1 cramps or bloating present in 87 percent, ranging
- 2 up to a somewhat or very hard life in almost all of
- 3 these survey patients. And if you look at the
- 4 presence of all three severity conditions within an
- 5 individual patient, you see that 80 percent of
- 6 these patients have what you would describe as
- 7 very, very severe DIBS. They have all of the
- 8 severity conditions. And, again, I'll remind you
- 9 that only one was required to qualify a patient for
- 10 treatment. So I think this is a potential RMP
- 11 impact issue that we're going to come back to at
- 12 the end of the discussion.
- 13 The final component of the RMP evaluation
- 14 is a program of longitudinal claims-based
- 15 observational studies. The objectives of this
- 16 program are to describe or characterize patients
- 17 receiving Lotronex, to describe or characterize
- 18 compliance with the prescribing program for
- 19 Lotronex, and to evaluate the incidence of events
- 20 in patients treated with Lotronex versus an
- 21 appropriate comparison group.
- These are three database sources that

- 1 comprise the longitudinal studies. In the
- 2 aggregate we have approximately 8.5 million covered
- 3 lives in this program. Again, recognizing that
- 4 there's a lag period of about six months from the
- 5 prescription to potential data extraction, 121
- 6 users of Lotronex have been identified through
- 7 September of last year, the majority of which have
- 8 come from the Engenics(ph) database. These 121
- 9 users received 277 dispensings of Lotronex and
- 10 seemed to fit a pattern consistent with data that's
- 11 been collected from other portions of the RMP; 89
- 12 percent of the patients are female; 69 of the first
- dispensings are coming from gastroenterologists.
- 14 Importantly, this is an RMP process check: 70
- 15 percent of the patients' records did contain a
- 16 signed patient-physician agreement. And,
- 17 obviously, it probably goes without saying that
- 18 program viability is being impacted by low product
- 19 uptake.
- 20 At this point, I'd like to take a moment
- 21 to give you our overall evaluation of the
- 22 implementation of the risk management program for

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- We certainly believe that we have
- 3 successfully implemented all of the elements of
- 4 this complex, integrated risk management program.
- 5 We are pleased by the number of physicians
- 6 prescribing within the PPL context, but we're even
- 7 more reassured by the fact that the overall number
- 8 of prescriptions coming out of the PPL is so high
- 9 at 87 percent. Data from the patient follow-up
- 10 survey program indicates that the key product use
- 11 that we wanted to have delivered to the patient by
- 12 the physician is, in fact, being delivered and that
- 13 the patients being selected for treatment are
- 14 appropriate.
- We believe that patient and physician
- 16 behavior is consistent with the goals of the RMP.
- 17 Recognizing once again that we have a very low
- 18 prescribing rate, we still feel that qualitatively
- 19 the adverse events and special interests that we
- 20 have observed are few and the outcomes being
- 21 observed are generally less severe.
- We have entered into this process of

- 1 continual RMP evaluation and revision, and through
- 2 that process we've devised a program for follow-up
- 3 for non-prescribers. We've revised the patient
- 4 survey questionnaires to include new questions.
- 5 And we've developed a reporting paradigm for
- 6 adverse event information arising from the patient
- 7 follow-up survey.
- While we certainly believe that the RMP
- 9 has been successfully implemented, we also feel
- 10 that there is still much work to be done to
- 11 optimize product availability to appropriate
- 12 patients. For the remainder of the presentation,
- 13 I'm going to focus on the key issues that have
- 14 arisen regarding the impact of the risk management
- 15 program on product use relative to Lotronex. These
- 16 issues are certainly instructive in a general sense
- 17 when one considers the use of these risk management
- 18 interventions for other products.
- 19 So the issues that I'm going to focus on
- 20 really are impact of the RMP on the practitioner
- 21 and patient, which can be collectively viewed as
- 22 potential product access issues, and the impact of

- 1 the RMP on some of its individual components.
- 2 These are sources of feedback and data
- 3 that we've been collecting on the RMP. We've done
- 4 some fairly unique physician- and patient-focused
- 5 field research. We have information coming out of
- 6 our clinical trials programs. We have interactions
- 7 between our sales force members and practitioners.
- 8 We have information coming into our customer
- 9 response center. And we have interactions with our
- 10 key opinion leaders.
- 11 What are we learning? At the prescriber
- 12 level, we've received considerable feedback on this
- 13 attestation process. Physicians are unaccustomed
- 14 to signing a document like this and feel that
- 15 somehow there's been a unique transfer of liability
- 16 from GSK to the prescriber. One might wonder if
- 17 that isn't being somehow reflected in the fact that
- 18 treatment seems to be being reserved right now for
- 19 patients that only have the most severe
- 20 presentation of severe diarrhea-predominant IBS.
- 21 In addition, physicians feel that having to sign an
- 22 attestation form is an affront to their

- 1 professional training and somehow constitutes an
- 2 unnecessary duplication of the licensure process.
- 3 So one of the questions that we're dealing with
- 4 right now is: Is there a less intrusive way to
- 5 ensure prescribing by appropriate physicians with a
- 6 focus more on education rather than attestation?
- 7 As you've already heard this afternoon,
- 8 we've learned that fulfilling the RMP requirements
- 9 is time-consuming and falls well outside of the
- 10 normal clinical practice patterns. There's also
- 11 some uncertainty regarding the origin and purpose
- 12 of the RMP. Some people believe it's an IND study.
- 13 People genuinely misunderstand the current
- 14 marketing context for Lotronex. To us, this
- 15 represents a communication or education challenge
- 16 that needs to be addressed for Lotronex. But,
- 17 again, it needs to be proactively considered in the
- 18 implementation of other RMPs. We need to address
- 19 that confusion before it occurs.
- 20 As previously mentioned, physicians have
- 21 also expressed some confusion about the importance
- 22 or utility of certain labeling statements like the

1 statement that the severe diarrhea-predominant IBS

- 2 population comprises about 5 percent of the total
- 3 IBS population. They really don't know how to use
- 4 that information when considering whether or not
- 5 the patient that they're looking at should be
- 6 treated with Lotronex. So it's information that
- 7 confuses rather than enlightens.
- From the patient perspective, we've
- 9 learned that the language in the product labeling
- 10 tends to frighten the patients rather than inform
- 11 them. We are getting this message clearly from our
- 12 field research, but even more importantly, this is
- 13 a clear message coming out of our clinical trials
- 14 program, and that's a context where we believe that
- 15 patients typically feel safer receiving medication
- 16 because of the oversight that they get.
- 17 In our current clinical trial program, 28
- 18 percent of the patients who were screened for study
- 19 inclusion who the physicians believe would
- 20 otherwise be appropriate for Lotronex therapy
- 21 refused to participate because, after reading study
- 22 information that's similar to product labeling,

- 1 they stated that they were afraid to take Lotronex.
- 2 And, again, this is a phenomenon that we don't have
- 3 any precedent for within our GSK clinical research
- 4 programs.
- 5 And, finally, there is this requirement to
- 6 sign a special document, this patient-physician
- 7 agreement, that is somewhat disconcerting to some
- 8 potential patients. Again, it's something unusual,
- 9 they don't typically have to do it, and it gives
- 10 them pause.
- 11 As far as the claims-based observational
- 12 studies are concerned, again, it's obvious that the
- 13 low physician-patient uptake has had a serious
- 14 effect on this program. Currently we have 10,000
- 15 patients and have extracted data from 121. At the
- 16 current rate of prescribing, where we need 2,000
- 17 patients to support meaningful analyses, we would
- 18 need 155,000 patients treated with the drug, and
- 19 that could take 15 years at the current rate. So,
- 20 again, this is a problem that we're going to have
- 21 to address as we move forward.
- 22 Again, you know, we certainly believe that

1 we've successfully implemented the RMP for Lotronex

- 2 and are effectively managing risk. However, we
- 3 have identified a number of RMP-related issues that
- 4 may be posing a barrier to access by appropriate
- 5 patients. And our ultimate goal is to modify the
- 6 RMP to improve product access for appropriate
- 7 physicians and patients while continuing to
- 8 effectively manage the risk.
- 9 Ten thousand patients have received
- 10 Lotronex since the product was reintroduced.
- 11 Current estimates from the literature suggest that
- 12 the severe DIBS population ranges in size from
- 13 111,000 to perhaps as high as 2.9 million. It is
- 14 not 10,000. We will continue to work with the FDA
- 15 to close this apparent gap between patients who
- 16 need Lotronex and those who are receiving it.
- 17 And with that, in the interest of time and
- 18 out of respect for the mental health of the
- 19 Advisory Committee, I will stop talking and yield
- 20 to the podium to Dr. Justice.
- DR. GROSS: Thank you very much, Dr. Metz.
- 22 The next speaker is Dr. Robert Justice,

- 1 Director, Division of Gastrointestinal and
- 2 Coagulation Drug Products, who will give the FDA
- 3 update on Lotronex.
- x DR. JUSTICE: Good afternoon. I would

- 5 like to take a few minutes to discuss our view of
- 6 the Lotronex update that you've been provided.
- 7 I will cover six topics: background on
- 8 the adverse event and marketing situation around
- 9 the time of withdrawal and on discussions about how
- 10 to provide access; risk management goals and how
- 11 they are being met; patient access issues;
- 12 physician enrollment process issues; labeling and
- 13 the tension between informing and frightening; and,
- 14 finally, our conclusions.
- This slide is taken from a presentation at
- 16 the April 2002 Joint Advisory Committee meeting and
- 17 presents data on the number of cases of ischemic
- 18 colitis, small bowel ischemia, and serious
- 19 complications associated with--complications of
- 20 constipation associated with Lotronex during the
- 21 period of initial marketing in 2000.
- 22 For ischemic colitis, there were 18 cases

- 1 in the clinical trials, 84 cases in post-marketing,
- 2 for a total of 102 cases, with 11 surgeries and two
- 3 deaths. For serious complications of constipation,
- 4 there were 11 cases in the clinical trials, 113
- 5 post-marketing, for a total of 124 cases, with 35
- 6 surgeries and two deaths.
- 7 In 2000, there were approximately 534,000
- 8 prescriptions and 275,000 patients. Off-label uses
- 9 included diarrhea, inflammatory bowel disease,
- 10 custodial care, managing nursing home patients, and
- 11 constipation-phenomenon irritable bowel syndrome.
- 12 The prescribers at that time were
- 13 predominantly primary care physicians: 32 percent
- 14 were general practitioners or family practitioners,
- 15 24 percent were internists, and 31 percent were
- 16 gastroenterologists.
- 17 Given the adverse events of ischemic
- 18 colitis, small bowel ischemia, and serious
- 19 complications of constipation, four options were
- 20 considered: restricted distribution to
- 21 gastroenterologists only; IND access; suspension of
- 22 marketing until a hearing before an advisory

- 1 committee; and withdrawal.
- 2 As you've heard GlaxoSmithKline chose to
- 3 withdraw the drug from the market in November of
- 4 2000. In 2001, access became an issue, and
- 5 approximately 5,000 e-mails from patients were
- 6 received by the FDA.
- 7 In 2002, GlaxoSmithKline and the FDA
- 8 agreed upon a restricted distribution and risk
- 9 management program, and Lotronex was reintroduced
- 10 into the market.
- 11 The Lotronex risk management program
- 12 includes four goals. The first is enrollment of
- 13 qualified physicians in a physician prescribing
- 14 program. A decision was made to allow enrollment
- of physicians possessing certain qualifications for
- 16 diagnosing and managing IBS and drug adverse events
- 17 as opposed to certifying physicians by developing a
- 18 whole new program of education and certification.
- 19 Physician attestation of qualifications is allowed,
- 20 and this is not a precedent for FDA or for
- 21 physician maintenance of privileges or licensure.
- 22 Participating physicians must attest that they are

- 1 knowledgeable of the benefits and risks of Lotronex
- 2 and about the management of IBS and drug adverse
- 3 events. The attestation and the patient-physician
- 4 agreement include features of informed consent so
- 5 that patients and physicians are fully able to
- 6 decide about the appropriateness of Lotronex
- 7 treatment.
- 8 The second goal is the implementation of a
- 9 program to educate physicians, pharmacists, and
- 10 patients about the risks and benefits of Lotronex.
- 11 The third goal is the implementation of a
- 12 reporting and collection system for serious adverse
- 13 events.
- 14 The fourth goal is the implementation of a
- 15 plan to evaluate the effectiveness of the Lotronex
- 16 risk management program. We believe that these
- 17 goals are being achieved.
- 18 Regarding the issue of patient access,
- 19 GlaxoSmithKline estimates that there are 185,000
- 20 women with severe IBS in the U.S.; however, as
- 21 you've heard, only about 10,000 have tried the
- 22 drug. Whether additional women will seek treatment

1 is unclear. Some will decide not to start Lotronex

- 2 after discussion of the risks and benefits. Others
- 3 who start the drug may not continue. In the
- 4 clinical trials that excluded severe diarrhea
- 5 patients, those on Lotronex had a 13- to 16-percent
- 6 increase over placebo in the median percentage of
- 7 days with urgency control. In the subset of
- 8 patients with urgency at baseline on five or more
- 9 days per week, there were 13 to 21 percent more
- 10 patients on Lotronex compared to placebo, with
- 11 urgency no more than one day in the last week of
- 12 the trial.
- 13 The goal of GlaxoSmithKline and FDA is to
- 14 ensure access to patients whose
- 15 diarrhea-predominant IBS is so severe that they
- 16 will reap the benefits of the drug over its risks
- 17 and be under the care of qualified physicians. We
- 18 are working together to try to identify unintended
- 19 barriers to patient access.
- 20 Regarding the physician enrollment
- 21 process, physician responsibilities in the
- 22 prescribing program must be clear, and the program

- 1 still needs to ensure that only qualified
- 2 physicians are enrolled. These doctors must attest
- 3 to their abilities and knowledge and take on
- 4 responsibilities such as patient counseling,
- 5 reporting of adverse events, and applying Lotronex
- 6 blue stickers on prescriptions so pharmacists will
- 7 know that they're enrolled in GSK's prescribing
- 8 plan.
- 9 Not all physicians may wish to accept
- 10 these responsibilities or are able to manage the
- 11 disease and drug adverse events. However,
- 12 GlaxoSmithKline and FDA are looking at ways to
- 13 improve the physician enrollment process and are
- 14 evaluating other possible means of attestation to
- 15 ensure qualifications. For example, phone-in
- 16 attestations may be an option as well as the
- 17 current fax-in forms.
- 18 As was mentioned, there is a perception of
- 19 liability transfer to the physician. Perhaps the
- 20 fact that liability is not being transferred can be
- 21 made clearer.
- 22 Regarding the issue of labeling, there's a

- 1 tension between describing risks that may be
- 2 frightening and providing adequate information to
- 3 allow patients and physicians to make informed
- 4 decisions. FDA will consider labeling changes that
- 5 enhance clarity and education. However, any
- 6 changes in the labeling such as the indications
- 7 must be supported by clinical trials data on
- 8 effectiveness and safety. In addition, the
- 9 labeling must include accurate information on the
- 10 magnitude and severity of adverse events.
- In conclusion, we recognize that there is
- 12 a tension between managing risk, providing access
- 13 to the drug, ensuring appropriate use, and business
- 14 considerations. How drugs are used is influenced
- 15 by many parties in the health care system. We
- 16 think there may be room for improvements in the
- 17 risk communication and processes and are working
- 18 with GlaxoSmithKline on them. Overall, at the
- 19 present time the risk management program appears to
- 20 be managing risk and assuring appropriate use.
- 21 At this point I would like to open it up
- 22 to committee questions of GlaxoSmithKline, FDA, and

- 1 for further discussion. Thank you.
- x DR. GROSS: Thank you, Dr. Justice.
- 3 Are there any questions from the committee
- 4 members for any of the speakers? Jackie?
- DR. GARDNER: Two points of clarification,
- 6 if Dr. Metz could help me. The first is whether
- 7 there is any restriction on the quantity of drug
- 8 that can be prescribed. I appreciate that your
- 9 packages come in 30s, but a prescription for 90 is
- 10 allowable, for example. Is the quantity
- 11 restricted?
- DR. METZ: Right now, what we're requiring
- is a prescription--what we're providing to the
- 14 patient is a package of 30. It is possible that a
- 15 physician could prescribe multiples of that. But I
- 16 don't think we have any direct data on whether that
- 17 is, in fact, happening and on what scale it's
- 18 happening.
- DR. GARDNER: But it's not prescribed by
- 20 the program.
- DR. METZ: No.
- 22 DR. GARDNER: And the second question I

- 1 have relates also to access but to the
- 2 post-marketing surveillance. Regarding your
- 3 population-based surveillance, do you know whether
- 4 this drug is on the formularies of those HMOs?
- DR. METZ: You're going to have to speak
- 6 to a microphone, Bob.
- 7 DR. SANDLER: Right now our estimate is
- 8 that 87 percent of prescriptions are reimbursed in
- 9 some fashion when covered through managed care. So
- 10 it may not necessarily be on a formulary, but it
- 11 will be covered.
- DR. GROSS: Stephanie?
- DR. GARDNER: Dr. Metz, I'm sorry. That
- 14 doesn't answer our question, because if it's not on
- 15 those formularies, you're not going to find scrips,
- 16 and there's no point in doing the post-marketing
- 17 surveillance
- DR. METZ: Dr. Gurwitz?
- DR. GURWITZ: My name is Jerry Gurwitz. I
- 20 represent the HMO research network CERT, the Center
- 21 for Education and Research on Therapeutics, that is
- 22 conducting one of the studies, and nine health

- 1 plans are involved in our study, our component of
- 2 the epidemiology program. In all of the health
- 3 plans involved in our study, the drug is available.
- 4 The access to prescribing the drug varies according
- 5 to the plan. Many of the plans require prior
- 6 approval for a prescription. But none of the plans
- 7 forbid prescribing, and all of the plans, if
- 8 approval is given, will allow it to be prescribed.
- 9 DR. GROSS: Okay. Stephanie?
- DR. CRAWFORD: Thank you.
- 11 Dr. Metz, in slide 46 on patient
- 12 appropriateness--this is the one where you have the
- 13 categories for men and women and overall met
- 14 treatment and severity criteria for women, 90
- 15 percent, men, 84. I have actually two questions.
- 16 My first one is: Why is the men not zero
- 17 based on the label indications?
- DR. METZ: Well, there's a difference
- 19 here. It's not indicated for use in men, but men
- 20 that are using it can still meet the criteria for
- 21 treatment. So there's a difference here. You
- 22 know, the question is: If we had a box in there

- 1 that said women for whom it was--or patients for
- whom it was indicated, then you'd have a number for
- 3 females, but for men you would have zero because
- 4 it's not indicated for use in men. But now the
- 5 real question is: Of the men that receive
- 6 Lotronex, did they have the disease that would have
- 7 qualified them for treatment for Lotronex? And the
- 8 answer to that is 84 percent of them did have the
- 9 disease. Is that--
- 10 DR. CRAWFORD: I understood how it was
- 11 meant. I guess I'm asking are you--the second
- 12 question, which is not so quick, is: You were
- 13 rather general in some of the things you were
- 14 alluding to, saying perhaps things from the
- 15 sponsor's perspective could be handled through
- 16 education, et cetera. Can you be more specific?
- 17 And as part of that, are you also saying that
- 18 perhaps the indications should include men or not?
- DR. METZ: No, again, right now we're not
- 20 considering any change in the indications statement
- 21 because, as Dr. Justice has suggested, those types
- 22 of changes are going to require data from

- 1 additional clinical research.
- I think what we're looking at and, again,
- 3 what we're working with the FDA on is looking at
- 4 the product information, the product labeling, and
- 5 trying to provide a little more balance, trying to
- 6 present the information in such a way that it's not
- 7 naturally intimidating or frightening to the
- 8 patients. So, you know, we're looking at making
- 9 modifications that provide balance and clarity, and
- 10 I think that's the approach that we're trying to
- 11 take as far as the risk management program is
- 12 concerned.
- 13 And as far as the attestation process, as
- 14 Dr. Justice mentioned, we're taking a look at that
- 15 and seeing where the points of tension are between
- 16 the physician attestation process and see if
- 17 there's another way to address it to take some of
- 18 the venom out of that, if you will, and make it
- 19 more acceptable to the practitioner.
- 20 Again, that's an area that we just have to
- 21 focus on because the feedback that we've gotten
- 22 from the field indicates that that's an issue for

- 1 some of the practitioners.
- DR. GROSS: You mentioned that 80 percent
- 3 of the prescribers were in PPL.
- 4 DR. METZ: Right.
- DR. GROSS: How did the other 20 percent
- 6 write for the drug? And why was it honored?
- 7 DR. METZ: Okay. Well, they can write a
- 8 prescription for the drug. There is no mechanism
- 9 that we have to keep them from doing that. But it
- 10 would be akin to a physician writing an off-label
- 11 prescription for a product, which they have the
- 12 right to do.
- Now, at the pharmacy level, obviously,
- 14 there is a little bit of tension created because
- 15 for the pharmacists that are aware of the program,
- 16 they're faced with filling a prescription that
- 17 doesn't have a sticker on it and what they're going
- 18 to do about that.
- 19 So, again, we've addressed that with some
- 20 of our follow-up information. We have that
- 21 follow-up letter that goes to the pharmacist when
- 22 we've identified non-enrolled prescribers, just

- 1 reminding them that this is the program that's in
- 2 place for Lotronex and, you know, encouraging them
- 3 to hopefully contact the prescriber and say, you
- 4 know: Are you enrolled? I got a letter from GSK
- 5 or from the prescribing program for Lotronex that
- 6 says there ought to be a sticker on these
- 7 prescriptions.
- 8 But, again, we can't force that
- 9 conversation to occur, and what we're finding is 13
- 10 percent of the prescriptions that are written are
- 11 coming outside of the program.
- But, again, you know, we have no benchmark
- 13 against which to judge that, but 87 percent is
- 14 pretty encouraging to us, frankly. We're very
- 15 relieved because we had no idea what would happen.
- DR. GROSS: And from the patient's point
- 17 of view, I guess it's not possible in the current
- 18 program, but would it be possible once the patient
- 19 and the physician work out their agreement to have
- 20 the patient obtain prescription renewals, let's
- 21 say, for the next two monthly ones, attain them
- 22 without a visit and maybe just see the physician

- 1 four times a year instead of monthly for
- 2 prescription renewal?
- 3 DR. METZ: That's an excellent point, and
- 4 oddly enough, we're in some discussion around how
- 5 to address that issue. Because, again, I think
- 6 with these risk management programs, you start out
- 7 in one place, and after you've had some experience
- 8 with the product being marketed under those types
- 9 of programs, you use the data to decide where to go
- 10 next. And I think we feel that maybe the time is
- 11 right to take a look at this refill procedure and,
- 12 as you've suggested, make sure that the important
- 13 conversations occur first early on. But then after
- 14 that, once the patient is in a "stable situation,"
- 15 perhaps you could provide for refills and, again,
- 16 reduce the need for those recurrent visits. I
- 17 think that's a very good point.
- DR. GROSS: Henri?
- DR. MANASSE: Dr. Metz, I have two
- 20 questions. One relates to the intense time that it
- 21 takes both physicians and pharmacists to
- 22 participate in this program and do the required

1 safety net activities. What kind of dialogue has

- 2 gone on within GSK to deal with the time, cost,
- 3 financing component of the management of the
- 4 program? Question number one.
- 5 Question number two: Have you explored
- 6 all of the different places and mechanisms by which
- 7 prescriptions get filled by patients and the fact
- 8 that all of these different ways probably require
- 9 different ways of managing the program? I refer
- 10 specifically to where the patient has a choice in
- 11 terms of going to pharmacies, both in hospitals and
- 12 in communities, versus forced mail-order, for
- 13 example, in some health plans--my point being,
- 14 again, and my question relating then to how have
- 15 you thought about these issues, and are there ways
- 16 that these can be tinkered with, if you will, to
- 17 enhance the participation of providers?
- DR. METZ: Let me try to answer the first
- 19 question first, as best I can remember it, and that
- 20 was with regard, if I understand it, to the
- 21 internal burden with GSK of running this very
- 22 complex program--

1 DR. MANASSE: It's placed on the providers

- 2 and the time and energy that it takes and the
- 3 problems of remuneration we heard from one of the
- 4 speakers today.
- DR. METZ: Well, you know, again, if I
- 6 understand the question, we are looking into that
- 7 issue, and we're trying to decide which of these
- 8 points should be addressed--you know, what points
- 9 could be addressed to relieve as much of that
- 10 burden or tension as possible, while maintaining
- 11 the integrity of the RMP framework itself. And,
- 12 you know, it's a balancing act, and we're into
- 13 those discussions with the agency, and we're going
- 14 to look for ways to make this less onerous without
- 15 undermining the integrity of the system that we
- 16 believe has worked fairly well up to this point.
- 17 DR. GROSS: Brian--
- DR. METZ: Now, there was a second
- 19 question, and that second question was really have
- 20 we looked into the other mechanisms or avenues for
- 21 patients filling prescriptions and whether, in
- 22 fact, there are any barriers there that we didn't

- 1 envision that we should perhaps address moving
- 2 forward. And, honestly, we have not looked into
- 3 that right now. We'd be interested in hearing some
- 4 views on that because I think that's a very
- 5 important point. And, again, we've been, you know,
- 6 dealing with this, but I think as we move forward
- 7 and if we consider some other ways to address the
- 8 refill phenomenon, that's got to come into play.
- 9 So, again, we'd be interested in hearing
- 10 some advice about that.
- DR. STROM: I have two questions. One is:
- 12 When we met about this two years ago, one of the
- ideas of the attestation and the debate about
- 14 attestation and certification and
- 15 gastroenterologists, primary care doc, was the goal
- 16 to have this drug prescribed by a subset of
- 17 physicians who really knew how to use the drug.
- 18 And given the numbers you just described about
- 19 10,000 patients and 5,000 docs, or even 2,500 docs
- 20 prescribing it, that's an average of four patients
- 21 per physician, which isn't very impressive.
- 22 What proportion of patients are getting

- 1 their prescriptions from physicians who are
- prescribing it to more than one patient?
- 3 DR. METZ: I think we have a slide on
- 4 that. Yes, we've got a bar graph with the numbers
- 5 of prescriptions. Just a second. We'll see if we
- 6 can find that.
- 7 But you're right, again, if
- 8 you--recognizing that no refills are allowed, some
- 9 of those numbers that you see are original
- 10 prescriptions for the same patients, so you're
- 11 absolutely right, the number of patients per
- 12 physicians who do choose to treat is pretty low.
- DR. STROM: But, if anything, that argues
- 14 there should be fewer certified physicians rather
- 15 than more.
- 16 DR. METZ: Okay. Here we go. Here's the
- 17 prescribing activity, and what we see here, this is
- 18 total numbers of prescriptions. And, again, it
- 19 gets hard to put a denominator with that because we
- 20 don't have any refills that are allowed. But,
- 21 anyway, I think what you can see is in the one to
- 22 five range, very negligible. There are a few, a

1 few more actually, roughly twice as many dedicated

- 2 prescribers, if you will, that are driving
- 3 prescriptions beyond six to ten, out to greater
- 4 than 15 prescriptions. But it's a very small
- 5 cohort.
- DR. STROM: The second question: As you
- 7 were talking about, one of the key issues here is
- 8 mitigate risk, and when dealt with this two years
- 9 ago, one of the concerning questions, obviously
- 10 through no fault of anybody, is that there was no
- 11 way to predict--let me back up. It appeared that a
- 12 relatively small subset of patients actually
- 13 benefited from it. We saw two sets of data
- 14 indicating only about 10 percent of patients
- 15 continued the drug long term for a symptomatic
- 16 drug, and it looks like that's what happening again
- 17 now that the drug is on the market. So there's
- 18 only a small subset of people who get the drug who
- 19 will benefit. And there were no risk factors that
- 20 were identified in the data then that could predict
- 21 who was likely to benefit and who was not.
- 22 In the same way, the risk of suffering a

- 1 serious event is obviously much less than 10
- 2 percent, but even in your new experience here with
- 3 incomplete reporting, it's still one in 300
- 4 patients suffering serious events. And part of the
- 5 problem is, at least as of two years ago, we
- 6 couldn't predict who would benefit. We also
- 7 couldn't predict who would be hurt. So that the
- 8 only way to mitigate the risk was to restrict its
- 9 access and to, in fact, limit it to as few people
- 10 as possible, because 100 percent of the people who
- 11 got the drug would be at risk of getting the
- 12 adverse events, where only roughly 10 percent of
- 13 the people who got the drug would benefit from the
- 14 drug.
- In the interim, where you've got other
- 16 clinical trials underway and additional experience,
- 17 are there any more data you could share with us
- 18 that would give information about predictors of
- 19 either who is likely to be that 10 percent who
- 20 benefit or who is likely to be in that one in 300
- 21 who will suffer serious adverse events?
- DR. METZ: No, we don't have any new

- 1 information. Our clinical trials program is
- ongoing, and, again, we just simply don't have that
- 3 information available as we sit here today. And,
- 4 again, you're absolutely right, the ischemic
- 5 colitis we believe is idiosyncratic; therefore, we
- 6 can't predict.
- 7 However, what we do think that we're
- 8 seeing here is some improvements in the outcomes,
- 9 and, again, our goal for this risk management
- 10 program was not based on a target number but was
- 11 based on changing behavior, prompt recognition and
- 12 action on behalf of the patient and physician. So
- 13 that's where we are right now.
- DR. STROM: But just as a follow-up
- 15 comment, the logic of two years ago, which you're
- 16 describing to me still holds, is if you can't
- 17 predict who's going to benefit and you can't
- 18 predict who's going to be hurt from it, the only
- 19 answer is--we didn't want it unavailable because we
- 20 thought there were people who clearly needed it,
- 21 but the only alternative was to greatly limit its
- 22 access as much as possible.

DR. METZ: Well, again, you know, we feel

- 2 that with this specified target population, we've
- 3 got a target population for whom we believe the
- 4 benefits will outweigh the risk. And we believe
- 5 it's an appropriate target population for
- 6 treatment, and we believe within this framework
- 7 that we have developed here, risk can be
- 8 effectively managed and people can have the
- 9 opportunity to benefit from Lotronex. And I think
- 10 that's what we're trying to provide here is that
- 11 opportunity. So, you know, we'll finish our
- 12 clinical trials program and hopefully be generating
- 13 some data that we can share in the future. But we
- 14 are where we are.
- DR. GROSS: Robyn has the next question.
- MS. SHAPIRO: I think this may pick up
- 17 some of that. As I understand it, then, part of
- 18 the qualification requirements for the doctor is so
- 19 that he or she could properly manage in the event
- of something bad happening. But it's not clear to
- 21 me from your presentation about what you want to do
- 22 about what you've already put in place to try to

- 1 make that happen. In other words, the perception
- 2 of the liability transfer I think is ridiculous,
- 3 and they will always be afraid about that and upset
- 4 about that. You're not going to answer that.
- 5 Anytime when you want to require qualified
- 6 people, that's an affront, I guess, to licensure
- 7 and training. But if you believe that that's
- 8 important to be able to pick up--I don't think that
- 9 any of these issues are significant enough or even
- 10 credible to go back on the required training thing.
- DR. METZ: Let me just address that
- 12 question in two ways. First of all, we're not
- 13 talking about completely walking away from
- 14 something. What we're talking about is trying to
- 15 modify what seemed to be perhaps the most offensive
- 16 elements of it. They don't like the signature
- 17 process. So, you know, as Dr. Justice has
- 18 suggested, is there another process to ensure that
- 19 they're qualified yet somehow or another doesn't
- 20 serve as an affront to them and recognizes some of
- 21 those sensitivities. But, actually, I'd like to
- 22 let Dr. Sandler address just some comments from his

- 1 perspective on this process and some of these
- 2 intangibles, if you will.
- 3 DR. SANDLER: I think that as a physician
- 4 the program has incredible barriers and I think
- 5 it's hard to convey. And to sit down with a
- 6 patient and ask them to sign this form I think is
- 7 insulting for physicians and somewhat demeaning.
- I think to be able to give the patient an
- 9 information sheet and to sit down with them and say
- 10 if you get constipation, stop the drug and call me,
- if you get bad abdominal pain, stop the drug and
- 12 call me, that permits me to educate that patient,
- 13 just the way I do with every other patient. This
- 14 program becomes special, and by doing that we set
- 15 up barriers. And we're denying access to a drug
- 16 that helps a lot of people. Dr. Stronk (ph), whom
- 17 I admire a lot, said that everybody has a risk but
- 18 nobody has a benefit. Well, going into it, the
- 19 probability is everybody has a chance to benefit
- 20 and everybody has a chance to risk. We can't
- 21 predict.
- MS. SHAPIRO: But you're talking about

1 what was going to be my second point. My first

- 2 point is: Do we do away with the required
- 3 qualifications attestation? And that's different
- 4 than the agreement and the time that it takes to do
- 5 that. But let me just talk about that, too, and
- 6 then you can come in on both.
- 7 One of the points in here is that it must
- 8 scare patients away because after they go through
- 9 this process, whether it's the signing of the form
- 10 or hopefully, more importantly, the discussion,
- 11 some of them don't want to take the drug. Well,
- 12 that's informed consent.
- DR. SANDLER: That's fine.
- MS. SHAPIRO: I mean, that is what the
- 15 plan is. When they hear things--
- 16 DR. SANDLER: What about the patients that
- 17 are denied the chance to even get the drug because
- 18 Dr. Wilderlite, he's a competent gastroenterologist, and
- 19 he's afraid to use the drug. He's afraid
- 20 of litigation, he's afraid of--and the process is
- 21 so time-consuming that we've set up barriers so he
- 22 doesn't want to use the drug.

1 MS. SHAPIRO: The time-consuming thing

- 2 just gnaws at me because while I'm very cognizant
- 3 of the fact that, particularly today, doctors don't
- 4 want to talk to patients because they don't get
- 5 paid for it, they have to talk to patients, and
- 6 particularly when they're dealing with a risky
- 7 drug, they have to talk to patients. And our
- 8 reimbursement system should figure out a way to
- 9 make it worthwhile. But even before it does, they
- 10 have to talk to patients.
- DR. SANDLER: I couldn't agree more. So
- 12 let me answer your question about the attestation
- 13 and then answer your question about talking to the
- 14 patients. There's probably a way to do this short
- of a doctor saying, "I attest that I know how to
- 16 take care of IBS patients. I know how to take care
- 17 of ischemic colitis," signing a form. I think
- 18 there are ways that the agency and the sponsor
- 19 could work to figure that out.
- 20 MS. SHAPIRO: Without assuring that they
- 21 do? Without kind of assuring that they really do
- 22 know how to pick up on the signs and symptoms that

- would suggest that a patient's in trouble?
- 2 DR. SANDLER: Well, the system now doesn't
- 3 assure it either. They just sign the form and say
- 4 they can do it.
- 5 MS. SHAPIRO: Okay. Well--
- 6 DR. SANDLER: There's no way to guarantee
- 7 it. They're licensed--
- B DR. GROSS: I think we're going to have to
- 9 go on to the next question. Alex, do you have a
- 10 question?
- DR. KRIST: The question that I was
- 12 wondering leads a little bit on what Brian was
- 13 saying. Back in 2002, there were discussions about
- 14 whether the lower dose, which is now the starting
- 15 dose, would have less risks of adverse events and
- 16 whether the risk of adverse event would go down
- 17 over time or whether most of the risk was when a
- 18 patient initially started the medication. And I
- 19 heard you say earlier that we don't necessarily
- 20 have information about who's going to be at risk.
- 21 But part of my question that I'm wondering is I'm
- 22 just interested in the systems in place for

- 1 watching this to see if the lower dose will result
- 2 in less adverse events and if the risk of adverse
- 3 events will change over time that a patient is on
- 4 the medicine.
- DR. METZ: Well, you know, again, we have
- 6 a survey that gives us information about the
- 7 starting dose that patients are taking, and we're
- 8 reassured by looking at that patient survey data
- 9 that they are indeed starting with that initial
- 10 dose that we wanted them to use. But I think in a
- 11 longitudinal way, I'm sure that we have the ability
- 12 to monitor across time in the fashion that you've
- 13 suggested.
- 14 Elizabeth?
- And, again, that's some information
- 16 hopefully that we'll get out of that ongoing
- 17 clinical program that was part of our series of
- 18 Phase IV commitments. You know, that's the richest
- 19 context for that type of information, but I'll let
- 20 Elizabeth--
- DR. ANDREWS: We do at every follow-up in
- 22 the survey, we ask what their current dose is, and

- 1 I don't have the exact percentage. I can get it.
- 2 But a substantial number of people are still on the
- 3 lower dose. I think your question was something
- 4 else, which was what is the efficacy at the lower
- 5 dose.
- DR. KRIST: The risk across time.
- 7 DR. METZ: Risk of adverse event on the
- 8 lower dose and the risk of adverse event over time.
- 9 And, again, within the survey context, we don't
- 10 have the ability to do that, but we have a very
- 11 large clinical trials program underway, and those
- 12 doses are included there, and that is going to be
- 13 the richest source of that information. But those
- 14 studies are not completed yet. They are enrolling.
- DR. GROSS: Curt?
- DR. FURBERG: We heard quite a bit about
- 17 the good news, and I want to commend GSK and the
- 18 agency. We didn't hear much about the troubling
- 19 news, at least two aspects of it. One is the very
- 20 low participation rate and the patient follow-up
- 21 survey program, 36 percent responded. I find that
- 22 very, very troubling. And the other one is the low

- 1 physician reporting rate those serious adverse
- 2 events. Most of the serious events came from
- 3 patients.
- 4 So my question then is to you and your
- 5 company: What are you doing about it? One thing
- 6 is to take care of the issues and increase the use,
- 7 but you also have to get better information, better
- 8 data for us that we can assess the impact of the
- 9 program.
- DR. METZ: Well, as far as, you know, the
- 11 general perspective on survey participation in this
- 12 type of context, I think I'll let, again, Dr.
- 13 Andrews address that. But I would tend to disagree
- 14 with you. You know, given the experience with
- 15 these types of instruments, we're not disheartened
- 16 by 36 percent.
- Now, you know, are there other things that
- 18 we should look at or could look at to change
- 19 participation rates in future surveys and what are
- 20 the dynamics around the patient's willingness to
- 21 participate in these surveys? I think these are
- 22 interesting research questions that I think we need

1 to look into as this field evolves. But I'll let

- 2 Dr. Andrews talk--
- 3 DR. FURBERG: I think you're saying you're
- 4 going to overcome barriers for the other areas.
- 5 This is an area that also has barriers, as you
- 6 said, and you need to overcome them. And 36
- 7 percent is unacceptable, in my view.
- 8 DR. METZ: I'll let Dr. Andrews address
- 9 that.
- DR. ANDREWS: Well, 36 percent is--the
- 11 issue is whether the patients are representative.
- 12 Are there biases because of the low participation
- 13 rate? A 36-percent participation rate doesn't
- 14 necessarily mean that it's biased, just as a
- 15 90-percent participation rate might not mean that
- 16 it is completely unbiased.
- 17 What we have looked at in terms of
- 18 representativeness is we've looked at the age and
- 19 gender of the patients, geographic region of the
- 20 prescriptions, and specialty of the physicians, and
- 21 compared with sales, and we see the patterns are
- 22 almost identical. So that is--

DR. FURBERG: It doesn't carry the day at

- 2 all. I mean, those are fairly insignificant,
- 3 nonspecific factors. The reason why someone
- 4 doesn't respond could be that they had a bad
- 5 experience and just said, "I'm just out of it."
- 6 And we never find out about it. I think we have an
- 7 obligation to get as complete information as we can
- 8 from that part of the program.
- 9 DR. METZ: Again, that's a point well
- 10 taken. Would we be happier if it was 50 percent or
- 11 60 percent? We would both be happier.
- DR. FURBERG: I'm just suggesting devote
- 13 some effort to that as well.
- DR. METZ: Yes, I agree. And the second
- 15 point that you made, I'm sorry, Dr. Furberg, was?
- DR. FURBERG: The physicians, the lower
- 17 reporting of adverse events. Most of the events
- 18 are coming from patients, which is unusual. And
- 19 here are they objecting to it, or is it just--
- DR. METZ: Again, I'm not a physician. I
- 21 don't even play one on TV. But I'm going to
- 22 pretend for just a moment.

1 You know, when we talk about seriousness,

- 2 seriousness means different things to different
- 3 people. To a practitioner, they have a practical
- 4 definition of seriousness based on the practice of
- 5 medicine. We have a regulatory definition of
- 6 seriousness based on the regulations, and perhaps
- 7 what we haven't done a good job of doing is
- 8 communicating to the practitioner community what it
- 9 is we want them to report here. We've said you
- 10 should report, but I'm not sure that we educated
- 11 them as far as what to report.
- DR. GROSS: Our next question is from
- 13 Maria.
- DR. ANDREWS: I was going to make the
- 15 comment, I just wanted to make sure that you are
- 16 aware that the participation in the survey is
- 17 voluntary.
- DR. FURBERG: I understand that.
- 19 DR. ANDREWS: And so for a voluntary
- 20 program, the participation rate is actually quite
- 21 high.
- DR. FURBERG: I'd disagree with that,

DR. SJOGREN: Actually, I'll take up that

- 2 point because where I work, we have several
- 3 programs in which we do follow-up, and it is across
- 4 the board 30-percent response. When I looked in
- 5 the literature, it is 30 percent no matter what.
- 6 And so we put a follow-up program in place thinking
- 7 that we were going to do better, and it came out
- 8 right at 30 percent. So their 36 percent I think
- 9 falls within the literature, at least from what I
- 10 recall in my research. It's unfortunate, but
- 11 that's us, that's human beings. We don't like to
- 12 answer questionnaires; we don't like to be followed
- 13 up. And I think that's part of the problem that
- 14 you're facing, and I don't think you're going to be
- 15 able to solve it. Just look in the literature and
- 16 you'll see everybody's 30 percent. Actually, you
- 17 are 6 percent above.
- 18 But the question I wanted to--or the
- 19 analysis that I did looking at the data and looking
- 20 at what the FDA gave me to review is that indeed,
- 21 although there were patients that has ischemic
- 22 colitis, all of them resolved. And I think, you

- 1 know, talking as a clinician--I mean, I wear
- 2 several hats, but one of them is as a clinician.
- 3 If things resolve, you don't think that they are
- 4 serious. So that's possibly the cause why my
- 5 colleagues are not reporting to you.
- 6 Now, if we are in the midst of a clinical
- 7 trial and you have an ischemic colitis or you have
- 8 a hospitalization, then you absolutely report as a
- 9 serious adverse event, but not in the practice of
- 10 medicine. And these observations are part of the
- 11 program that you and the FDA put together.
- 12 The fact that, when I did some rough
- 13 calculations, you had less than 4 percent adverse
- 14 events in this program and then, as was pointed out
- 15 before, the serious adverse events--by seriousness
- 16 considering ischemic colitis or some other
- 17 diagnosis--was 0.3 percent. So the program is a
- 18 success in regards to if you apply this medication
- 19 to the appropriate patient. Then you have a small
- 20 rate of adverse events in general and not
- 21 dismissible but a small rate of serious adverse
- 22 events especially when those serious adverse events

- 1 resolve, because you remove the drug and the
- 2 patients just can go back to their normal life.
- 3 So I think, you know, the program that you
- 4 put together is very good because it proved the
- 5 point that the appropriate patient that takes the
- 6 drug, then the risks are minimized.
- 7 So talking now on the subject of being a
- 8 clinician and having ten gastroenterologists that
- 9 work with me and many friends in the community,
- 10 I've asked in the past if they use Lotronex, and
- 11 they've all told me no because when they enroll or
- 12 attempted to enroll, they got boxes and boxes and
- 13 boxes of paperwork to fill out, that it is
- 14 horrendous. They're very upset, the community of
- 15 gastroenterologists in general, because there are
- 16 patients in which, although the disease may not be
- 17 life-threatening in the sense that they die, it is
- 18 life-threatening in the sense that the guys cannot
- 19 get out of the house or have to have an office
- 20 right next to a bathroom. There are things in
- 21 gastroenterology that should not escape us, and I
- 22 think the appropriate patient with this drug should

- 1 have access to it.
- 2 And I think that the reason for meeting
- 3 today is to find a way to make it more accessible.
- 4 Obviously, there were very serious side effects
- 5 before. There was misunderstanding. There were
- 6 physicians that perhaps were not following the
- 7 letter of the intent of the FDA. But those things
- 8 I think we can work with and make the program more
- 9 feasible for our patients and for our physicians.
- 10 DR. METZ: Okay. That's our intent. It's
- 11 a continual cycle of evaluation and revision. The
- 12 advantage that we have right now is at least for a
- 13 change we have some data that we can deal with as
- 14 far as the potential impact of these things. And,
- 15 yes, there are things both good and bad that we
- 16 need to address as we move forward. But we think
- 17 it's important to continue to make this available
- 18 to these patients because this disease really
- 19 insulates them from their activities of daily
- 20 living.
- 21 DR. GROSS: Mark, did you have a comment
- 22 you wanted to make?

1 DR. AVIGAN: Right. I just wanted to

- 2 speak to the observation of the adverse events, the
- 3 eight cases of ischemic colitis that were basically
- 4 predicted and pretty much on track with the usage
- 5 that currently exists. And then the question came
- 6 up of the distribution of severity of outcomes out
- 7 of those eight cases.
- 8 Just to point out that the severe
- 9 outcomes, the bad clinical actors that were
- 10 observed in the previous experience, and just to
- 11 sort of go back to the April 2002 tabulation, so in
- 12 the post-marketing sort of ratios, out of 84 cases
- 13 of ischemic colitis, 10 developed surgical outcomes
- 14 and two were associated with death. So it's a
- 15 subset of the denominator of ischemic colitis. So
- 16 there may--there are two possibilities. One is the
- 17 early observation of ischemic colitis by the
- 18 clinician, the patient really mitigates the risk
- 19 for a bad outcome. But the other is that because
- 20 there were less patients exposed, you don't have
- 21 the full distribution of severity of outcomes
- 22 because of purely the number that actually got the

- 1 adverse event.
- I just wanted to point that out, and I was
- 3 going to ask you if you--and we already spoke about
- 4 this a bit, whether you could distinguish between
- 5 these two because that's an important point about
- 6 your evaluation of the success of the risk
- 7 management.
- 8 The second question--and I just raise it
- 9 as a question raised before--you mentioned that of
- 10 the patients who are currently treated, 80 percent
- 11 have all three severity criteria. So my
- 12 question--and you may not have the answer, but one
- 13 that should be raised--is: Of those patients who
- 14 have frequent and severe pain, which is the first
- 15 criteria, what percentage of those have frequency
- 16 urgency or incontinence and/or the third criteria,
- 17 which is the restriction in lifestyle? In other
- 18 words, what is actually the--if you already have
- one, what is the percentage of all three in order
- 20 to understand whether you're being overly stringent
- 21 because 80 percent have all three?
- 22 DR. METZ: Let's take the second question

- 1 first. And, Dr. Chang, maybe from your clinical
- 2 perspective, it's the issue that we've discussed
- 3 around what's the likelihood that a patient would
- 4 have one or two of these things versus having all
- 5 three. Again, so the issue is, you know, is it
- 6 fair to hypothesize that this all-three phenomenon
- 7 does really represent a severe end of the spectrum?
- 8 Or is there something else going on here?
- 9 DR. CHANG: There have actually been
- 10 studies that have shown that if you have pain,
- 11 that's a predictor of impact of quality of life.
- 12 So I would imagine that the patients with severe
- 13 irritable bowel syndrome who have severe pain or
- 14 frequent pain are really going to have number
- 15 three, which is disability or disturbance of
- 16 quality of life.
- 17 There hasn't been data on the urgency or
- 18 fecal incontinence, but you can imagine that you if
- 19 you have fecal incontinence, you're going to have
- 20 an impact on your quality of life every time you
- 21 step out the door. But if you're going to assess
- 22 urgency and that with pain, I don't think they're

- 1 really tied together. I think it's tied with
- 2 discomfort. But with quality of life, you have to
- 3 only look at a subgroup of IBS patients, which are
- 4 the diarrhea predominant group. And my guess would
- 5 be, my impression is that urgency is probably a
- 6 strong predictor of impact on quality of life in
- 7 that group of patients.
- 8 DR. METZ: So it sounds like one and three
- 9 and two and three go together, but one, two, and
- 10 three seem to define, you know, a severe end of the
- 11 spectrum. And I guess as far as--you know, we've
- 12 been talking about these diagnoses of special
- 13 interests and these outcomes, and if I could just
- 14 have Dr. Lewis make a comment from his perspective,
- 15 having reviewed this and chairing that Safety
- 16 Review Committee.
- 17 DR. LEWIS: Thank you. I chair a Safety
- 18 Review Committee which we look at all the events of
- 19 special interest regarding what is reported to be
- 20 ischemic colitis or constipation complications.
- 21 And in doing that, it's revealing that certainly
- 22 not all the cases that are filed as that diagnosis

- 1 turn out to be that diagnosis. We spent weeks
- 2 developing criteria, methodology to put together a
- 3 true way to diagnose these conditions, which can be
- 4 done for any adverse event. I mean, we do it for
- 5 liver disease and other things.
- 6 And with the cases that we've seen in this
- 7 program, while many of them were ischemic colitis,
- 8 several of them were not by the criteria that we
- 9 use. The first and foremost is somebody has got to
- 10 look in the colon and see if it even looks like
- 11 ischemic colitis. People can have rectal bleeding
- 12 from lots of different reasons, and pain. It could
- 13 be diverticulitis, for example. So we have
- 14 criteria that we use.
- 15 We also then--what's not shown here is we
- 16 made a causal relationship jump to whether Lotronex
- 17 might have been responsible for the constipation or
- 18 the ischemic colitis, and there we have similar
- 19 criteria and methodology we put together, and only
- 20 a minority of those cases could we actually say
- 21 Lotronex seems to be responsible in a probable or a
- 22 definite manner.

1 We still don't know why ischemic colitis

- 2 occurs. The latest epidemiologic studies suggest
- 3 that it might even be the very far spectrum of what
- 4 we call irritable bowel syndrome. Remember, we
- 5 still are learning about this syndrome. We now
- 6 know it's not just with Lotronex. Tegasorade
- 7 (ph)--I just got my letter yesterday, the "Dear
- 8 Doctor" letter telling me Tegasorade, which works
- 9 on a different serotonin receptor, is also
- 10 associated with the condition. I haven't reviewed
- 11 those cases so I don't know how accurate it is.
- 12 But it is a learning process. I think we're
- 13 learning more about ischemic colitis in the last
- 14 couple of years and into the future than we ever
- 15 expected to, and it's important that we do that.
- But just in terms of what we continue to
- 17 do is try to identify in the future what patients
- 18 might be at risk, and that will be very important
- 19 to know so that we might not give certain patients
- 20 Lotronex or the other drugs as well, because right
- 21 now we don't know. And some form of monitoring is
- 22 certainly important. An educational program that

1 we're doing and telling patients what to expect and

- 2 stopping the drug if they get those symptoms is
- 3 crucial.
- 4 DR. GROSS: We have three more questioners
- 5 before we close for the afternoon: Art, Annette,
- 6 and Jackie.
- 7 MR. LEVIN: I've been struggling with how
- 8 to put this as a question rather than a rant, but
- 9 first of all, just a few comments and then my
- 10 question.
- I assume you're aware that in the context
- 12 of risk management programs, this is risk
- 13 management lite compared to some others. There are
- 14 other programs out there that manage the
- 15 prescribing and dispensing of medications about
- 16 which we serious questions as to the trade-offs
- 17 between risks and benefits and a lot of unknowns
- 18 that manage it much more rigidly than this does.
- 19 And the notion that we're scaring patients away, I
- 20 mean, I would call your attention to the Med Guide,
- 21 which I think is mild and doesn't even follow the
- 22 quidelines in having the black box warning at the

1 top of the Med Guide. It gets into the risks, I

- 2 think, in a very general way.
- 3 That said, it strikes me in listening to
- 4 your presentation that you're looking to the wrong
- 5 entity to fix the problem, if there is indeed a
- 6 problem with access, because I think having
- 7 barriers is what risk management is about. I mean,
- 8 it sort of defines it.
- 9 I think we have to recognize that this was
- 10 an extraordinary case, the first time in history
- 11 where a drug which had been withdrawn came back on
- 12 the market and about which there was little known
- 13 about how to predict risk, and that everybody,
- 14 including all of the patients that testified that
- 15 day, seemed willing to ensure this special program
- 16 in order to have access to the drug.
- 17 I think the problem is in the prescribing
- 18 community. I mean, I would ask you to think about
- 19 where is the problem. And I am somewhat--I'll use
- 20 the word--angry that the prescribing community
- 21 describes a conversation with a patient about
- 22 benefit and risk and signing their name to a

- 1 page-and-a-quarter attestation as so burdensome
- 2 that they opt out of this program. And it strikes
- 3 me that if a physician believes that this is a drug
- 4 for the patient sitting in front of them, it
- 5 borders on either misconduct or malpractice not to
- 6 prescribe that drug because they have to sign an
- 7 attestation or they have to go into a program which
- 8 is designed to protect them and to protect the
- 9 patient from harm.
- 10 I would argue that your education--it's
- 11 not a matter of relaxing the risk management
- 12 program. It's a question of educating the
- 13 prescribing community that the things they're
- 14 afraid of they should not be afraid of, that this
- 15 program is in place to benefit everybody, and
- 16 they've got to give it a chance. And maybe if we
- 17 do learn how to identify patients that are at risk
- 18 and can be more scientific in selecting who gets
- 19 this drug and not, we can change the program.
- To date, there's no more data than we've
- 21 ever had, and I would argue to look to altering the
- 22 risk management program at this stage is simply

- 1 unacceptable in terms of protecting the public
- 2 health. And I think really what we should be
- 3 thinking about is how do we educate the prescriber
- 4 community to get over their fear and to prescribe
- 5 this drug when they believe it's appropriate for a
- 6 patient. You guys are very good at educating
- 7 doctors about your products. You detail very well.
- 8 And I don't know why you can't be doing educational
- 9 detailing to that effect.
- 10 DR. METZ: On that?
- MR. LEVIN: Yes.
- DR. METZ: I didn't hear the question so--
- 13 [Laughter.]
- 14 VOICE: It qualifies as a rant.
- DR. METZ: You said you weren't going to
- 16 do that, but I feel--so do you feel comfortable
- 17 with my answer then? Thank you. I mean--
- DR. GROSS: You can advise physicians
- 19 there are billing codes for time they spend with a
- 20 patient, which goes along with Art's comment.
- 21 Annette?
- DR. STEMHAGEN: I just wanted to confirm,

- 1 in terms of the evaluation criteria, we're
- 2 talking--I think you have Slides 45 and 46--about
- 3 compliance and appropriateness. And very high
- 4 percentages, everybody looks great. But my
- 5 understanding is this is only based on that 36
- 6 percent. So we could be getting the best compliers
- 7 because they're the people feeling motivated, I'm
- 8 doing what I should and I'm going to tell you about
- 9 it. So understanding all the limitations of survey
- 10 research, I do it all the time, trying to urge that
- 11 there be some other mechanisms put in place to
- 12 evaluate it, to get a higher percent so we can
- 13 really feel comforted by the percentages.
- DR. METZ: You know, we put that program
- 15 in place. That's the claims-based epidemiological
- 16 research which was to look at that at the back end,
- 17 if you will. But, unfortunately, that aspect of
- 18 the program is dependent on patient uptake, and
- 19 right now it's not providing any value.
- DR. STEMHAGEN: Well, I'm not sure
- 21 exactly--in terms of the claims database, there are
- 22 patients' self-reported criteria for whether you

1 are the right candidate, and that's not going to be

- 2 captured in the claims database. You'll have to go
- 3 back to the records, and that may still not be
- 4 captured unless the physician specifically asks
- 5 those questions.
- 6 So while I agree it's another evaluation
- 7 tool and I think it's an important one, I'm not
- 8 sure it's going to get to all of these questions,
- 9 either.
- DR. METZ: You know, again, you're right.
- 11 We have to make some qualitative assumptions about
- 12 the generalizability of that cohort, you know, to
- 13 all patients that are receiving Lotronex. And you
- 14 heard Dr. Andrews speak to the kinds of things that
- 15 we're looking at. But, you know, you can't say
- 16 definitely, you know, these people are
- 17 representative. We hope that they are, obviously.
- 18 DR. GROSS: Jackie?
- 19 DR. GARDNER: In 2002, when we met, one of
- 20 the discussions was around whether to restrict
- 21 prescribing to gastroenterologists, and I recall
- 22 that the Chairman of the Gastroenterology Advisory

- 1 Committee, I think--I may be ascribing it
- 2 incorrectly to him--said that won't work because
- 3 some of us have taken our practice in some other
- 4 directions--and I wanted to say liver disease or
- 5 something that he said. And so that's why it
- 6 wasn't restricted to gastroenterologists;
- 7 therefore, an attestation program was set up with
- 8 their concurrence because not every gastroenterologist knows
- 9 guts and so on--
- 10 DR. METZ: Is going to look at IBS, right.
- DR. GARDNER: Right, exactly. And some
- 12 family practitioners really do.
- 13 I'm struck by the difference in this
- 14 meeting and one we had a couple of months ago
- 15 around Accutane, in which those prescribers also
- 16 are severely restricted. They have the same kind
- of sit-down and sign things. They've got to do
- 18 pregnancy tests. And we heard a lot about a lot of
- 19 things at that time, but I didn't hear this kind of
- 20 resistance to getting involved in these programs.
- 21 So my point is that FDA, with a risk
- 22 management program that is at least as onerous as

1 this one, nonetheless, has somehow managed to find

- 2 a way to make it more acceptable to the
- 3 constituency such that, as you know, not only is
- 4 Accutane tremendously prescribed, more even than we
- 5 probably would want it to be, perhaps, but it also
- 6 has four generics and yada, yada. I mean, it's not
- 7 running into this prescribing limitation issue.
- 8 And so I would suggest that you all look to models
- 9 within FDA for ways to handle this attestation to
- 10 make it--to eliminate this accessibility burden.
- DR. METZ: And, again, we take the point
- 12 on perhaps an additional educational focus. We do
- 13 have a large educational program ongoing, and,
- 14 again, that's another area where one could make
- 15 modifications and see if you can get some
- 16 incremental gain out of that. But that's a
- 17 multifactorial problem. Let's face it. There are
- 18 lot of things intersecting here that need to be
- 19 addressed in a careful, prudent way. And I think
- 20 that's what we're about here.
- 21 DR. GROSS: A special request from
- 22 Stephanie for the last word.

DR. CRAWFORD: Thank you, Mr. Chairman.

- 2 Actually, I was just asking for a word, not
- 3 necessarily the last.
- 4 I would like to actually give you a kudo
- 5 because I've read some of the press that appear
- 6 today--that made it appear that the risk management
- 7 program is negative before we had this meeting. I
- 8 want to congratulate you on your risk management
- 9 program for alosetron because many aspects of the
- 10 program seem to be working.
- 11 From the information presented, one of the
- 12 major concerns that this committee expressed two
- 13 years ago was what appeared to be a very large,
- 14 inappropriate prescribing. Without a question,
- 15 that has gone down. I am not convinced that the
- 16 low numbers of prescriptions of patients is due
- 17 mainly to unreasonable barriers. It could be that
- 18 it's being prescribed more appropriately and
- 19 patients are making good, informed decisions. We
- 20 don't know. I know all the discussion we've had
- 21 from that.
- That said, however, I am in favor of any

1 improvements to the existing programs. Specifically for me,

- 2 I would be in favor of revising any
- 3 language that would ensure that the patient
- 4 agreement forms are clear and informative, and I
- 5 will just leave it at that, and also possibly
- 6 extending the supply, dispense. I don't want to
- 7 discuss in terms of what you say, the refill
- 8 phenomenon as much as I prefer that any changes be
- 9 in terms of the day supply, because it's a huge
- 10 difference if the physician prescribes a 30-day
- 11 supply and you can refill it three times versus if
- 12 he or she prescribes a 90-day supply that you're
- 13 refilling three times. So think in terms of day
- 14 supply, not refill, if there is any change to that.
- Thank you, Mr. Chairman.
- DR. GROSS: A pleasure, Ms. Vice Chairman.
- 17 [Laughter.]
- DR. GROSS: We began the meeting and we'll
- 19 end the meeting with a thank you to Brian Strom for
- 20 his invaluable service to the committee. We really
- 21 appreciate having you as a colleague over the last
- 22 few years. Would you like to make any comments?

1 DR. STROM: Sure. Thank you. I quess I

- 2 began with a comment, and it's only fitting I end
- 3 with a comment.
- 4 I just wanted to follow up on a few loose
- 5 ends and some comments that were made. One is I
- 6 think compared to Accutane, and in response to
- 7 Art's comment also, there's a big difference here
- 8 in efficacy. And I think to blame it on the
- 9 physicians and to say the physicians don't want to
- 10 prescribe it--well, there may be a reason they
- 11 don't want to prescribe it. That's something to
- 12 keep in mind.
- 13 Second, I think the use of the claims
- 14 databases make sense. I think it is striking that
- 15 the proportion of users in the claims databases,
- 16 given the population numbers we saw, is much lower
- 17 than the proportion of the general population we're
- 18 seeing. So what it's saying is our managed care
- 19 organizations are saying don't use this, even more
- 20 than the rest of the general public is.
- 21 Third, Curt talked about 36 percent and
- 22 the concerns of 36 percent, and there was a lot of

- 1 argument about 36 percent. Personally, as an
- 2 epidemiologist, I would consider that a shockingly
- 3 low number. On the other hand, I think it's
- 4 important to realize certainly no NIH grant would
- 5 get funded with anything less than 80 or 90
- 6 percent. From a marketing study, it's high, but
- 7 it's--I think we heard in the Accutane situation
- 8 about numbers that were comparable. So I don't
- 9 fault the survey, necessarily. I think in part
- 10 it's the situation. But I think it's important
- 11 that what that means is we're missing two-thirds of
- 12 the people and we're missing, as Annette was
- 13 saying, the two-thirds that are probably most
- 14 likely to be the problem people. So we can't rely
- on those data because they're giving us biased
- 16 information.
- 17 The same thing in underreporting.
- 18 Clearly, there's vast underreporting, as you
- 19 indicated. I don't blame the system because docs
- 20 don't report, you know, exactly as you're saying.
- 21 But what it does mean is the rates we're looking at
- 22 here are much lower than the real rates that are

- 1 out there.
- I want to emphasize again that part of the
- 3 goal here is to create a barrier, and the barrier
- 4 is working. And so the goal isn't to eliminate the
- 5 barrier.
- 6 And I'll conclude with just a comment. I
- 7 was one of those who was skeptical of the program
- 8 two years ago. I think it's working. I mean, I am
- 9 very encouraged in many ways by what we're seeing.
- 10 I wouldn't want it changed in major ways. Until we
- 11 have data on predictors of efficacy or predictors
- 12 of adverse events, then I think it should be
- 13 refocused accordingly.
- DR. GROSS: I'd like to thank Glaxo and
- 15 the FDA people for their presentations and input,
- 16 and once again thank the Advisory Committee members
- 17 and advisers for their comments. Thank you all.
- 18 Have a good trip home.
- 19 [Whereupon, at 4:29 p.m., the meeting was
- 20 adjourned.]
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