

NDB No. 42150

Babyfood, apple yogurt dessert, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.438				4		0.066	0.495	0.495
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.035				4		0.005	0.040	0.040
17:1.....g									
18:1 undifferentiated.....g	0.364				4		0.055	0.411	0.411
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.044				4		0.007	0.050	0.050
18:2 undifferentiated.....g	0.030				4		0.005	0.034	0.034
18:3 undifferentiated.....g	0.015				4		0.002	0.017	0.017
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	6				4		1	7	7
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0						0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	7		0	FLA	4		1.043	7.855	7.855
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	5		0	FLA	4		0.782	5.891	5.891
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	7		0	FLA	4		1.105	8.322	8.322

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03167
Babyfood, apple-banana juice

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0	BFFN	4		0.001	0.005	0.005
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	BFFN	4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.004		0	BFFN	4		0.001	0.005	0.005
20:1.....g	0.000		0	BFFN	4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0	BFFN	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.034		0	BFFN	4		0.011	0.045	0.043
18:2 undifferentiated.....g	0.028		0	BFFN	4		0.009	0.037	0.035
18:3 undifferentiated.....g	0.006		0	BFFN	4		0.002	0.008	0.008
18:4.....g	0.000		0	BFFN	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	BFFN	4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0	BFFN	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	BFFN	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	BFFN	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	4		0	BNA	4		1.139	4.783	4.564
Carotene, alpha.....mcg	3		0	BNA	4		1.091	4.582	4.372
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	16		0	FLA	4		5.144	21.596	20.607

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Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03169
Babyfood, apple-cranberry juice

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.001		0	FLM		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM		4			
17:1.....g									
18:1 undifferentiated.....g	0.001		0	FLM		4			
20:1.....g	0.000		0	FLM		4			
22:1 undifferentiated.....g	0.000		0	FLM		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.012		0	FLM		4			
18:2 undifferentiated.....g	0.010		0	FLM		4			
18:3 undifferentiated.....g	0.002		0	FLM		4			
18:4.....g	0.000		0	FLM		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM		4			
20:5 n-3.....g	0.000		0	FLM		4			
22:5 n-3.....g	0.000		0	FLM		4			
22:6 n-3.....g	0.000		0	FLM		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z		7			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	FLA		4			
Theobromine.....mg	0		0	FLA		4			
Carotenoids:									
Carotene, beta.....mcg	17		0	FLA		4			
Carotene, alpha.....mcg	0		0	FLA		4			
Cryptoxanthin, beta.....mcg	0		0	FLA		4			
Lycopene.....mcg	0		0	FLA		4			
Lutein + zeaxanthin.....mcg	49		0	FLA		4			

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03289

Babyfood, apples with ham, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.360		0	FLM	4		0.054	0.407	0.407
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.028		0	MA	12		0.004	0.032	0.032
17:1.....g									
18:1 undifferentiated.....g	0.346		0	MA	12		0.052	0.391	0.391
20:1.....g	0.004		0	FLM	4		0.001	0.005	0.005
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.111		0	FLM	4		0.017	0.125	0.125
18:2 undifferentiated.....g	0.100		0	MA	12		0.015	0.113	0.113
18:3 undifferentiated.....g	0.006		0	MA	12		0.001	0.007	0.007
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.001	0.006	0.006
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0	MA	12		1	9	9
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	3		0	BNA	4		0.393	2.959	2.959
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	2		0	BNA	4		0.295	2.219	2.219
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	14		0	FLA	4		2.109	15.889	15.889

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03115
Babyfood, apples, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0	FLM		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM		4			
17:1.....g									
18:1 undifferentiated.....g	0.004		0	FLM		4			
20:1.....g	0.000		0	FLM		4			
22:1 undifferentiated.....g	0.000		0	FLM		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.030		0	FLM		4			
18:2 undifferentiated.....g	0.025		0	FLM		4			
18:3 undifferentiated.....g	0.005		0	FLM		4			
18:4.....g	0.000		0	FLM		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM		4			
20:5 n-3.....g	0.000		0	FLM		4			
22:5 n-3.....g	0.000		0	FLM		4			
22:6 n-3.....g	0.000		0	FLM		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA		12			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	BFSN		4			
Theobromine.....mg	0		0	BFSN		4			
Carotenoids:									
Carotene, beta.....mcg	14		0	BFSN		4			
Carotene, alpha.....mcg	0		0	BFSN		4			
Cryptoxanthin, beta.....mcg	10		0	BFSN		4			
Lycopene.....mcg	0		0	BFSN		4			
Lutein + zeaxanthin.....mcg	19		0	BFSN		4			

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42284

Babyfood, baked product, finger snacks cereal

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	3.130		0	NC	4				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.020				4				
17:1.....g									
18:1 undifferentiated.....g	3.110				4				
20:1.....g	0.000				4				
22:1 undifferentiated.....g	0.000				4				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	3.638		0	NC	4				
18:2 undifferentiated.....g	3.476				4				
18:3 undifferentiated.....g	0.163				4				
18:4.....g	0.000				4				
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4				
20:5 n-3.....g	0.000				4				
22:5 n-3.....g	0.000				4				
22:6 n-3.....g	0.000				4				
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7				
Caffeine.....mg	0		0	FLA	4				
Theobromine.....mg	0		0	FLA	4				
Carotenoids:									
Carotene, beta.....mcg	0		0	FLA	4				
Carotene, alpha.....mcg	0		0	FLA	4				
Cryptoxanthin, beta.....mcg	0		0	FLA	4				
Lycopene.....mcg	0		0	FLA	4				
Lutein + zeaxanthin.....mcg	11		0	FLA	4				

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43550

Babyfood, banana apple dessert, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.018				4		0.003	0.020	0.020
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003				4		0.000	0.003	0.003
17:1.....g									
18:1 undifferentiated.....g	0.015				4		0.002	0.017	0.017
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.047				4		0.007	0.053	0.053
18:2 undifferentiated.....g	0.035				4		0.005	0.040	0.040
18:3 undifferentiated.....g	0.012				4		0.002	0.014	0.014
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	12		0	BNA	4		1.868	14.073	14.073
Carotene, alpha.....mcg	8		0	BNA	4		1.211	9.122	9.122
Cryptoxanthin, beta.....mcg	3		0	BNA	4		0.453	3.413	3.413
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	10		0	FLA	4		1.531	11.537	11.537

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42119

Babyfood, banana juice with low fat yogurt

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.219				4		0.069	0.276	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.017				4		0.005	0.021	
17:1.....g									
18:1 undifferentiated.....g	0.182				4		0.057	0.229	
20:1.....g	0.000				4		0.000	0.000	
22:1 undifferentiated.....g	0.000				4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.022				4		0.007	0.028	
18:2 undifferentiated.....g	0.015				4		0.005	0.019	
18:3 undifferentiated.....g	0.007				4		0.002	0.009	
18:4.....g	0.000				4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	
20:5 n-3.....g	0.000				4		0.000	0.000	
22:5 n-3.....g	0.000				4		0.000	0.000	
22:6 n-3.....g	0.000				4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	3				4		1	4	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	5		0	BNA	4		1.595	6.381	
Carotene, alpha.....mcg	3		0	BNA	4		1.048	4.194	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.003	0.010	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	16		0	FLA	4		5.010	20.039	

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Common Measures:

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43546

Babyfood, banana no tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.028				4		0.004	0.032	0.020
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.004				4		0.001	0.005	0.003
17:1.....g									
18:1 undifferentiated.....g	0.023				4		0.003	0.026	0.016
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.041				4		0.006	0.046	0.029
18:2 undifferentiated.....g	0.028				4		0.004	0.032	0.020
18:3 undifferentiated.....g	0.013				4		0.002	0.015	0.009
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2		0	BNA	4		0.304	2.292	1.440
Carotene, alpha.....mcg	2		0	BNA	4		0.291	2.196	1.380
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	20		0	BFSN	4		3.019	22.741	14.288

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 71g: 1 jar Beech-Nut Baby's First (2.5 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03290

Babyfood, carrots and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.060		0	FLM	4		0.159	1.198	1.198
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.090		0	FLM	4		0.014	0.102	0.102
17:1.....g									
18:1 undifferentiated.....g	0.923		0	FLM	4		0.138	1.043	1.043
20:1.....g	0.002		0	FLM	4		0.000	0.002	0.002
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.130		0	FLM	4		0.020	0.147	0.147
18:2 undifferentiated.....g	0.067		0	FLM	4		0.010	0.076	0.076
18:3 undifferentiated.....g	0.010		0	FLM	4		0.002	0.011	0.011
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.009		0	FLM	4		0.001	0.010	0.010
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0	FLM	4		1	9	9
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	6813		0	BNA	4		1021.994	7699.022	7699.022
Carotene, alpha.....mcg	3716		0	BNA	4		557.372	4198.868	4198.868
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	1		0	FLA	4		0.133	1.003	1.003
Lutein + zeaxanthin.....mcg	139		0	FLA	4		20.855	157.105	157.105

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42316
Babyfood, carrots, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.012		0	NC	4				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003				4				
17:1.....g									
18:1 undifferentiated.....g	0.009				4				
20:1.....g	0.000				4				
22:1 undifferentiated.....g	0.000				4				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.148		0	NC	4				
18:2 undifferentiated.....g	0.130				4				
18:3 undifferentiated.....g	0.019				4				
18:4.....g	0.000				4				
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4				
20:5 n-3.....g	0.000				4				
22:5 n-3.....g	0.000				4				
22:6 n-3.....g	0.000				4				
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7				
Caffeine.....mg	0		0	BFSN	4				
Theobromine.....mg	0		0	BFSN	4				
Carotenoids:									
Carotene, beta.....mcg	7156		0	BNA	4				
Carotene, alpha.....mcg	3340		0	BNA	4				
Cryptoxanthin, beta.....mcg	0		0	BNA	4				
Lycopene.....mcg	1		0	BFSN	4				
Lutein + zeaxanthin.....mcg	167		0	BFSN	4				

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03181
Babyfood, cereal, barley, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.666		0		4		0.016	0.100	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.100		0		4		0.002	0.015	
17:1.....g									
18:1 undifferentiated.....g	0.558		0		4		0.013	0.084	
20:1.....g	0.002		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.759		0		4		0.042	0.264	
18:2 undifferentiated.....g	1.612		0		4		0.039	0.242	
18:3 undifferentiated.....g	0.144		0		4		0.003	0.022	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.136		0		1		0.003	0.020	
Threonine.....g	0.375		0		1		0.009	0.056	
Isoleucine.....g	0.419		0		1		0.010	0.063	
Leucine.....g	0.810		0		1		0.019	0.122	
Lysine.....g	0.365		0		1		0.009	0.055	
Methionine.....g	0.208		0		1		0.005	0.031	
Cystine.....g	0.264		0		1		0.006	0.040	
Phenylalanine.....g	0.657		0		1		0.016	0.099	
Tyrosine.....g	0.409		0		1		0.010	0.061	
Valine.....g	0.592		0		1		0.014	0.089	
Arginine.....g	0.566		0		1		0.014	0.085	
Histidine.....g	0.250		0		1		0.006	0.038	
Alanine.....g	0.422		0		1		0.010	0.063	
Aspartic acid.....g	0.640		0		1		0.015	0.096	
Glutamic acid.....g	3.184		0		1		0.076	0.478	
Glycine.....g	0.422		0		1		0.010	0.063	
Proline.....g	1.445		0		1		0.035	0.217	
Serine.....g	0.478		0		1		0.011	0.072	
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	BFSN	4		0	0	
Theobromine.....mg	0		0	BFSN	4		0	0	
<u>Carotenoids:</u>									
Carotene, beta.....mcg	0		0	BFSN	4		0.000	0.000	
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	170		0	BFSN	4		4.072	25.450	

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Common Measures:

Measure 1 = 2.4g: 1 tbsp
 Measure 2 = 15.0g: .5 oz

NDB No. 03181
Babyfood, cereal, barley, dry

Calories Factors: Protein 3.55

Fat 8.37

Carbohydrate 3.95

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03681

Babyfood, cereal, barley, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.70		0		1		21.18		
Energy.....kcal	111		0	NC	4		31		
Energy.....kj	464				4		132		
Protein (N x O).....g	4.60		0		1		1.30		
Total lipid (fat).....g	3.30		0		1		0.94		
Ash.....g	1.20		0		1		0.34		
Carbohydrate, by difference.....g	16.30		0	NC	4		4.62		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	230		0		1		65		
Iron, Fe.....mg	12.34		0		1		3.50		
Magnesium, Mg.....mg	30		0		1		9		
Phosphorus, P.....mg	150		0		1		43		
Potassium, K.....mg	192		0		1		54		
Sodium, Na.....mg	49		0		1		14		
Zinc, Zn.....mg	0.83		0		1		0.24		
Copper, Cu.....mg	0.084		0		4		0.024		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg									
Thiamin.....mg	0.481		0		1		0.136		
Riboflavin.....mg	0.578		0		1		0.164		
Niacin.....mg	5.984		0		1		1.696		
Pantothenic acid.....mg	0.348		0		4		0.099		
Vitamin B-6.....mg	0.096		0		1		0.027		
Folate, total.....mcg	9		0		1		3		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	9		0		1		3		
Folate, DFE.....mcg_DFE	9		0	NC	4		3		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU	105		0		4		30		
Vitamin A, RAE.....mcg_RAE									
Retinol.....mcg									
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.060		0		1		0.017		
Threonine.....g	0.186		0		1		0.053		
Isoleucine.....g	0.235		0		1		0.067		
Leucine.....g	0.402		0		1		0.114		
Lysine.....g	0.278		0		1		0.079		
Methionine.....g	0.103		0		1		0.029		
Cystine.....g	0.068		0		1		0.019		
Phenylalanine.....g	0.240		0		1		0.068		
Tyrosine.....g	0.200		0		1		0.057		
Valine.....g	0.281		0		1		0.080		
Arginine.....g	0.192		0		1		0.054		
Histidine.....g	0.115		0		1		0.033		
Alanine.....g	0.163		0		1		0.046		
Aspartic acid.....g	0.314		0		1		0.089		
Glutamic acid.....g	1.099		0		1		0.312		

NDB No. 03681

Babyfood, cereal, barley, prepared with whole milk

Nutrients and Units	<u>Amount in 100 grams of edible portion</u>				<u>Amount in edible portion of common measures of food</u>				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.127		0		1		0.036		
Proline.....g	0.504		0		1		0.143		
Serine.....g	0.228		0		1		0.065		
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42285

Babyfood, cereal, brown rice, dry, instant

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.080				4		0.040		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.010				4		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.075				4		0.040		
20:1.....g	0.000				4		0.000		
22:1 undifferentiated.....g	0.000				4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.070				4		0.040		
18:2 undifferentiated.....g	1.027				4		0.038		
18:3 undifferentiated.....g	0.045				4		0.002		
18:4.....g	0.000				4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000		
20:5 n-3.....g	0.000				4		0.000		
22:5 n-3.....g	0.000				4		0.000		
22:6 n-3.....g	0.000				4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	FLA	4		0.000		
Carotene, alpha.....mcg	0		0	FLA	4		0.000		
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 3.7g: 1 tbsp

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03201

Babyfood, cereal, egg yolks and bacon, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.207		0		4		0.626	3.752	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.168		0		4		0.048	0.286	
17:1.....g									
18:1 undifferentiated.....g	2.038		0		4		0.578	3.465	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.641		0		4		0.182	1.090	
18:2 undifferentiated.....g	0.546		0		4		0.155	0.928	
18:3 undifferentiated.....g	0.051		0		4		0.014	0.087	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.025		0		4		0.007	0.043	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	94		0		4		27	160	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2

Fat 8.8

Carbohydrate 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03682

Babyfood, cereal, high protein, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.50		0		1		21.12		
Energy.....kcal	111		0	NC	4		31		
Energy.....kj	464				4		132		
Protein (N x O).....g	8.70		0		1		2.47		
Total lipid (fat).....g	3.80		0		1		1.08		
Ash.....g	1.50		0		1		0.43		
Carbohydrate, by difference.....g	11.60		0	NC	4		3.29		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	218		0		1		62		
Iron, Fe.....mg	12.14		0		1		3.44		
Magnesium, Mg.....mg	48		0		1		14		
Phosphorus, P.....mg	177		0		1		50		
Potassium, K.....mg	349		0		1		99		
Sodium, Na.....mg	49		0		1		14		
Zinc, Zn.....mg	1.04		0		1		0.30		
Copper, Cu.....mg	0.217		0		4		0.062		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg									
Thiamin.....mg	0.470		0		1		0.133		
Riboflavin.....mg	0.579		0		1		0.164		
Niacin.....mg	5.668		0		1		1.607		
Pantothenic acid.....mg	0.465		0		4		0.132		
Vitamin B-6.....mg	0.113		0		1		0.032		
Folate, total.....mcg	35		0		1		10		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	35		0		1		10		
Folate, DFE.....mcg_DFE	35		0	NC	4		10		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU	105		0		4		30		
Vitamin A, RAE.....mcg_RAE									
Retinol.....mcg									
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.129		0		1		0.037		
Threonine.....g	0.364		0		1		0.103		
Isoleucine.....g	0.454		0		1		0.129		
Leucine.....g	0.752		0		1		0.213		
Lysine.....g	0.607		0		1		0.172		
Methionine.....g	0.169		0		1		0.048		
Cystine.....g	0.144		0		1		0.041		
Phenylalanine.....g	0.443		0		1		0.126		
Tyrosine.....g	0.363		0		1		0.103		
Valine.....g	0.488		0		1		0.138		
Arginine.....g	0.558		0		1		0.158		
Histidine.....g	0.241		0		1		0.068		
Alanine.....g	0.364		0		1		0.103		
Aspartic acid.....g	0.934		0		1		0.265		
Glutamic acid.....g	1.791		0		1		0.508		

NDB No. 03682

Babyfood, cereal, high protein, prepared with whole milk

Nutrients and Units	<u>Amount in 100 grams of edible portion</u>				<u>Amount in edible portion of common measures of food</u>				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.333		0		1		0.094		
Proline.....g	0.608		0		1		0.172		
Serine.....g	0.465		0		1		0.132		
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03211

Babyfood, cereal, high protein, with apple and orange, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.231		0		4		0.030	0.175	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0		4		0.000	0.003	
17:1.....g									
18:1 undifferentiated.....g	1.207		0		4		0.029	0.171	
20:1.....g	0.003		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	3.429		0		4		0.082	0.487	
18:2 undifferentiated.....g	3.022		0		4		0.073	0.429	
18:3 undifferentiated.....g	0.403		0		4		0.010	0.057	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 14.2g: .5 oz

Calories Factors: Protein 3.5

Fat 8.4

Carbohydrate 4

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03711

Babyfood, cereal, high protein, with apple and orange, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.40		0		1		21.09		
Energy.....kcal	112		0	NC	4		32		
Energy.....kj	469				4		133		
Protein (N x O).....g	6.90		0		1		1.96		
Total lipid (fat).....g	3.90		0		1		1.11		
Ash.....g	1.50		0		1		0.43		
Carbohydrate, by difference.....g	13.40		0	NC	4		3.80		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	223		0		1		63		
Iron, Fe.....mg	14.42		0		1		4.09		
Magnesium, Mg.....mg	37		0		1		10		
Phosphorus, P.....mg	166		0		1		47		
Potassium, K.....mg	346		0		1		98		
Sodium, Na.....mg	58		0		1		16		
Zinc, Zn.....mg	0.76		0		1		0.22		
Copper, Cu.....mg	0.166		0		4		0.047		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg									
Thiamin.....mg	0.655		0		1		0.186		
Riboflavin.....mg	0.847		0		1		0.240		
Niacin.....mg	3.987		0		1		1.130		
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.092		0		1		0.026		
Folate, total.....mcg	28		0		4		8		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	28		0		4		8		
Folate, DFE.....mcg_DFE	28		0	NC	4		8		
Vitamin B-12.....mcg	0.35		0		1		0.10		
Vitamin A, IU.....IU									
Vitamin A, RAE.....mcg_RAE									
Retinol.....mcg									
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03185
Babyfood, cereal, mixed, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.206		0		4		0.030	0.181	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.010		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	1.192		0		4		0.030	0.179	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.697		0		4		0.042	0.255	
18:2 undifferentiated.....g	1.616		0		4		0.040	0.242	
18:3 undifferentiated.....g	0.040		0		4		0.001	0.006	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.001		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.158		0		1		0.004	0.024	
Threonine.....g	0.400		0		1		0.010	0.060	
Isoleucine.....g	0.477		0		1		0.012	0.072	
Leucine.....g	1.041		0		1		0.026	0.156	
Lysine.....g	0.404		0		1		0.010	0.061	
Methionine.....g	0.240		0		1		0.006	0.036	
Cystine.....g	0.346		0		1		0.009	0.052	
Phenylalanine.....g	0.672		0		1		0.017	0.101	
Tyrosine.....g	0.491		0		1		0.012	0.074	
Valine.....g	0.653		0		1		0.016	0.098	
Arginine.....g	0.703		0		1		0.018	0.105	
Histidine.....g	0.286		0		1		0.007	0.043	
Alanine.....g	0.583		0		1		0.015	0.087	
Aspartic acid.....g	0.726		0		1		0.018	0.109	
Glutamic acid.....g	3.184		0		1		0.080	0.478	
Glycine.....g	0.551		0		1		0.014	0.083	
Proline.....g	1.047		0		1		0.026	0.157	
Serine.....g	0.570		0		1		0.014	0.086	
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
<u>Carotenoids:</u>									
Carotene, beta.....mcg	9		0	BNA	4		0.226	1.356	
Carotene, alpha.....mcg	6		0	BNA	4		0.148	0.887	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.001	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	148		0	O	4		3.700	22.200	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03185
Babyfood, cereal, mixed, dry

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03685

Babyfood, cereal, mixed, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.60		0		1		21.15		
Energy.....kcal	113		0	NC	4		32		
Energy.....kj	473				4		134		
Protein (N x O).....g	4.80		0		1		1.36		
Total lipid (fat).....g	3.50		0		1		0.99		
Ash.....g	1.10		0		1		0.31		
Carbohydrate, by difference.....g	15.90		0	NC	4		4.51		
Fiber, total dietary.....g	1.3		0		4		0.4		
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	220		0		1		62		
Iron, Fe.....mg	10.43		0		1		2.96		
Magnesium, Mg.....mg	27		0		1		8		
Phosphorus, P.....mg	142		0		1		40		
Potassium, K.....mg	199		0		1		56		
Sodium, Na.....mg	47		0		1		13		
Zinc, Zn.....mg	0.71		0		1		0.20		
Copper, Cu.....mg	0.063		0		4		0.018		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.2		0		4		0.3		
Thiamin.....mg	0.432		0		1		0.122		
Riboflavin.....mg	0.581		0		1		0.165		
Niacin.....mg	5.775		0		1		1.637		
Pantothenic acid.....mg	0.438		0		4		0.124		
Vitamin B-6.....mg	0.066		0		1		0.019		
Folate, total.....mcg	11		0		1		3		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	11		0		1		3		
Folate, DFE.....mcg_DFE	11		0	NC	4		3		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU	105		0		4		30		
Vitamin A, RAE.....mcg_RAE	25		0	NC	4		7		
Retinol.....mcg	23		0	NC	4		7		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Lipids:									
Fatty acids, total saturated.....g	1.927		0		4		0.546		
Fatty acids, total monounsaturated.....g									
Fatty acids, total polyunsaturated.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	11		0		4		3		
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.064		0		1		0.018		
Threonine.....g	0.190		0		1		0.054		
Isoleucine.....g	0.244		0		1		0.069		
Leucine.....g	0.440		0		1		0.125		
Lysine.....g	0.284		0		1		0.081		
Methionine.....g	0.108		0		1		0.031		
Cystine.....g	0.081		0		1		0.023		

NDB No. 03685

Babyfood, cereal, mixed, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Phenylalanine.....g	0.243		0		1		0.069		
Tyrosine.....g	0.213		0		1		0.060		
Valine.....g	0.291		0		1		0.082		
Arginine.....g	0.214		0		1		0.061		
Histidine.....g	0.121		0		1		0.034		
Alanine.....g	0.190		0		1		0.054		
Aspartic acid.....g	0.328		0		1		0.093		
Glutamic acid.....g	1.099		0		1		0.312		
Glycine.....g	0.149		0		1		0.042		
Proline.....g	0.438		0		1		0.124		
Serine.....g	0.243		0		1		0.069		
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

Babyfood, cereal, mixed, with applesauce and bananas, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.060		0		4		0.017	0.102	
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.007	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.108		0		4		0.031	0.184	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.106		0		4		0.030	0.180	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.152		0		4		0.043	0.258	
18:2 undifferentiated.....g	0.145		0		4		0.041	0.247	
18:3 undifferentiated.....g	0.004		0		4		0.001	0.007	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.013		0		1		0.004	0.022	
Threonine.....g	0.034		0		1		0.010	0.058	
Isoleucine.....g	0.043		0		1		0.012	0.073	
Leucine.....g	0.086		0		1		0.024	0.146	
Lysine.....g	0.035		0		1		0.010	0.060	
Methionine.....g	0.024		0		1		0.007	0.041	
Cystine.....g	0.026		0		1		0.007	0.044	
Phenylalanine.....g	0.062		0		1		0.018	0.105	
Tyrosine.....g	0.043		0		1		0.012	0.073	
Valine.....g	0.058		0		1		0.016	0.099	
Arginine.....g	0.065		0		1		0.018	0.111	
Histidine.....g	0.027		0		1		0.008	0.046	
Alanine.....g	0.046		0		1		0.013	0.078	
Aspartic acid.....g	0.081		0		1		0.023	0.138	
Glutamic acid.....g	0.302		0		1		0.086	0.513	
Glycine.....g	0.051		0		1		0.014	0.087	
Proline.....g	0.084		0		1		0.024	0.143	
Serine.....g	0.050		0		1		0.014	0.085	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	T	4		0	0	
Theobromine.....mg	0		0	T	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	8		0	T	4		2.254	13.515	
Carotene, alpha.....mcg	1		0	T	4		0.186	1.116	
Cryptoxanthin, beta.....mcg	6		0	T	4		1.829	10.967	
Lycopene.....mcg	0		0	T	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	10		0	T	4		2.718	16.300	

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NDB No. 03188

Babyfood, cereal, mixed, with applesauce and bananas, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03187

Babyfood, cereal, mixed, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.076		0		4		0.022	0.086	
17:0.....g									
18:0.....g	0.005		0		4		0.001	0.006	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.135		0		4		0.038	0.153	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.133		0		4		0.038	0.150	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.191		0		4		0.054	0.216	
18:2 undifferentiated.....g	0.181		0		4		0.051	0.205	
18:3 undifferentiated.....g	0.005		0		4		0.001	0.006	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.013		0		1		0.004	0.015	
Threonine.....g	0.035		0		1		0.010	0.040	
Isoleucine.....g	0.044		0		1		0.012	0.050	
Leucine.....g	0.088		0		1		0.025	0.099	
Lysine.....g	0.036		0		1		0.010	0.041	
Methionine.....g	0.025		0		1		0.007	0.028	
Cystine.....g	0.027		0		1		0.008	0.031	
Phenylalanine.....g	0.063		0		1		0.018	0.071	
Tyrosine.....g	0.044		0		1		0.012	0.050	
Valine.....g	0.059		0		1		0.017	0.067	
Arginine.....g	0.067		0		1		0.019	0.076	
Histidine.....g	0.028		0		1		0.008	0.032	
Alanine.....g	0.047		0		1		0.013	0.053	
Aspartic acid.....g	0.083		0		1		0.024	0.094	
Glutamic acid.....g	0.310		0		1		0.088	0.350	
Glycine.....g	0.052		0		1		0.015	0.059	
Proline.....g	0.086		0		1		0.024	0.097	
Serine.....g	0.051		0		1		0.014	0.058	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	T	4		0	0	
Theobromine.....mg	0		0	T	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	8		0	T	4		2.255	8.986	
Carotene, alpha.....mcg	1		0	T	4		0.186	0.742	
Cryptoxanthin, beta.....mcg	5		0	T	4		1.545	6.160	
Lycopene.....mcg	0		0	T	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	10		0	T	4		2.718	10.835	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03187

Babyfood, cereal, mixed, with applesauce and bananas, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03186

Babyfood, cereal, mixed, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.706		0		4		0.018	0.106	
17:0.....g									
18:0.....g	0.049		0		4		0.001	0.007	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.223		0		4		0.031	0.183	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.015		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	1.203		0		4		0.030	0.180	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.734		0		4		0.043	0.260	
18:2 undifferentiated.....g	1.639		0		4		0.041	0.246	
18:3 undifferentiated.....g	0.054		0		4		0.001	0.008	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.001		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.126		0		1		0.003	0.019	
Threonine.....g	0.363		0		1		0.009	0.054	
Isoleucine.....g	0.430		0		1		0.011	0.065	
Leucine.....g	0.956		0		1		0.024	0.143	
Lysine.....g	0.460		0		1		0.012	0.069	
Methionine.....g	0.218		0		1		0.005	0.033	
Cystine.....g	0.205		0		1		0.005	0.031	
Phenylalanine.....g	0.546		0		1		0.014	0.082	
Tyrosine.....g	0.439		0		1		0.011	0.066	
Valine.....g	0.604		0		1		0.015	0.091	
Arginine.....g	0.505		0		1		0.013	0.076	
Histidine.....g	0.319		0		1		0.008	0.048	
Alanine.....g	0.437		0		1		0.011	0.066	
Aspartic acid.....g	0.783		0		1		0.020	0.117	
Glutamic acid.....g	2.478		0		1		0.062	0.372	
Glycine.....g	0.369		0		1		0.009	0.055	
Proline.....g	0.863		0		1		0.022	0.129	
Serine.....g	0.505		0		1		0.013	0.076	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	51		0	BNA	4		1.268	7.607	
Carotene, alpha.....mcg	49		0	BNA	4		1.214	7.287	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	96		0	FLA	4		2.392	14.353	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03186

Babyfood, cereal, mixed, with bananas, dry

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03686

Babyfood, cereal, mixed, with bananas, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.30		0		1		21.06		
Energy.....kcal	115		0	NC	4		33		
Energy.....kj	481				4		136		
Protein (N x O).....g	4.50		0		1		1.28		
Total lipid (fat).....g	3.60		0		1		1.02		
Ash.....g	1.10		0		1		0.31		
Carbohydrate, by difference.....g	16.60		0	NC	4		4.71		
Fiber, total dietary.....g	1.3		0		4		0.4		
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	214		0		1		61		
Iron, Fe.....mg	11.15		0		1		3.16		
Magnesium, Mg.....mg	26		0		1		7		
Phosphorus, P.....mg	138		0		1		39		
Potassium, K.....mg	237		0		1		67		
Sodium, Na.....mg	60		0		1		17		
Zinc, Zn.....mg	0.55		0		1		0.16		
Copper, Cu.....mg	0.050		0		4		0.014		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.4		0		4		0.4		
Thiamin.....mg	0.653		0		1		0.185		
Riboflavin.....mg	0.720		0		1		0.204		
Niacin.....mg	3.449		0		1		0.978		
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.102		0		1		0.029		
Folate, total.....mcg	7		0		4		2		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	7		0		4		2		
Folate, DFE.....mcg_DFE	7		0	NC	4		2		
Vitamin B-12.....mcg	0.34		0		1		0.10		
Vitamin A, IU.....IU	108		0		1		31		
Vitamin A, RAE.....mcg_RAE	22		0	NC	4		6		
Retinol.....mcg	20		0	NC	4		6		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Lipids:									
Fatty acids, total saturated.....g	1.982		0		4		0.562		
Fatty acids, total monounsaturated.....g									
Fatty acids, total polyunsaturated.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	11		0		4		3		
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.059		0		1		0.017		
Threonine.....g	0.184		0		1		0.052		
Isoleucine.....g	0.236		0		1		0.067		
Leucine.....g	0.426		0		1		0.121		
Lysine.....g	0.293		0		1		0.083		
Methionine.....g	0.105		0		1		0.030		
Cystine.....g	0.058		0		1		0.016		

NDB No. 03686

Babyfood, cereal, mixed, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Phenylalanine.....g	0.222		0		1		0.063		
Tyrosine.....g	0.205		0		1		0.058		
Valine.....g	0.283		0		1		0.080		
Arginine.....g	0.182		0		1		0.052		
Histidine.....g	0.126		0		1		0.036		
Alanine.....g	0.166		0		1		0.047		
Aspartic acid.....g	0.337		0		1		0.096		
Glutamic acid.....g	0.983		0		1		0.279		
Glycine.....g	0.119		0		1		0.034		
Proline.....g	0.408		0		1		0.116		
Serine.....g	0.232		0		1		0.066		
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03704

Babyfood, cereal, mixed, with honey, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.20		0		1		21.04		
Energy.....kcal	115		0	NC	4		33		
Energy.....kj	481				4		136		
Protein (N x O).....g	5.00		0		1		1.42		
Total lipid (fat).....g	3.60		0		1		1.02		
Ash.....g	1.20		0		1		0.34		
Carbohydrate, by difference.....g	15.90		0	NC	4		4.51		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	294		0		1		83		
Iron, Fe.....mg	11.27		0		1		3.20		
Magnesium, Mg.....mg	28		0		4		8		
Phosphorus, P.....mg	184		0		1		52		
Potassium, K.....mg	171		0		1		48		
Sodium, Na.....mg	48		0		1		14		
Zinc, Zn.....mg	0.72		0		4		0.20		
Copper, Cu.....mg	0.064		0		4		0.018		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg									
Thiamin.....mg	0.447		0		1		0.127		
Riboflavin.....mg	0.583		0		1		0.165		
Niacin.....mg	6.260		0		1		1.775		
Pantothenic acid.....mg	0.443		0		4		0.126		
Vitamin B-6.....mg	0.067		0		4		0.019		
Folate, total.....mcg	11		0		4		3		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	11		0		4		3		
Folate, DFE.....mcg_DFE	11		0	NC	4		3		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU									
Vitamin A, RAE.....mcg_RAE									
Retinol.....mcg									
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03189

Babyfood, cereal, oatmeal, dry

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.442		0		4		0.061	0.366	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.027		0		4		0.001	0.004	
17:1.....g									
18:1 undifferentiated.....g	2.415		0		4		0.060	0.362	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.876		0		4		0.072	0.431	
18:2 undifferentiated.....g	2.753		0		4		0.069	0.413	
18:3 undifferentiated.....g	0.014		0		4		0.000	0.002	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.177		0		1		0.004	0.027	
Threonine.....g	0.471		0		1		0.012	0.071	
Isoleucine.....g	0.550		0		1		0.014	0.083	
Leucine.....g	1.072		0		1		0.027	0.161	
Lysine.....g	0.571		0		1		0.014	0.086	
Methionine.....g	0.263		0		1		0.007	0.039	
Cystine.....g	0.485		0		1		0.012	0.073	
Phenylalanine.....g	0.545		0		1		0.014	0.082	
Tyrosine.....g	0.550		0		1		0.014	0.083	
Valine.....g	0.771		0		1		0.019	0.116	
Arginine.....g	1.035		0		1		0.026	0.155	
Histidine.....g	0.240		0		1		0.006	0.036	
Alanine.....g	0.662		0		1		0.017	0.099	
Aspartic acid.....g	1.156		0		1		0.029	0.173	
Glutamic acid.....g	3.206		0		1		0.080	0.481	
Glycine.....g	0.725		0		1		0.018	0.109	
Proline.....g	0.697		0		1		0.017	0.105	
Serine.....g	0.678		0		1		0.017	0.102	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	BFSN	4		0	0	
Theobromine.....mg	0		0	BFSN	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	0		0	BFSN	4		0.000	0.000	
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	185		0	BFSN	4		4.628	27.770	

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Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03189

Babyfood, cereal, oatmeal, dry

Calories Factors: Protein 3.46

Fat 8.37

Carbohydrate 4.12

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03689

Babyfood, cereal, oatmeal, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.50		0		1		21.12		
Energy.....kcal	116		0	NC	4		33		
Energy.....kj	485				4		138		
Protein (N x O).....g	5.00		0		1		1.42		
Total lipid (fat).....g	4.10		0		1		1.16		
Ash.....g	1.10		0		1		0.31		
Carbohydrate, by difference.....g	15.30		0	NC	4		4.34		
Fiber, total dietary.....g	1.1		0		4		0.3		
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	220		0		1		62		
Iron, Fe.....mg	12.14		0		1		3.44		
Magnesium, Mg.....mg	35		0		1		10		
Phosphorus, P.....mg	160		0		1		45		
Potassium, K.....mg	204		0		1		58		
Sodium, Na.....mg	46		0		1		13		
Zinc, Zn.....mg	0.92		0		1		0.26		
Copper, Cu.....mg	0.094		0		4		0.027		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.3		0		4		0.4		
Thiamin.....mg	0.506		0		1		0.143		
Riboflavin.....mg	0.563		0		1		0.160		
Niacin.....mg	5.981		0		1		1.696		
Pantothenic acid.....mg	0.514		0		4		0.146		
Vitamin B-6.....mg	0.060		0		1		0.017		
Folate, total.....mcg	10		0		1		3		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	10		0		1		3		
Folate, DFE.....mcg_DFE	10		0	NC	4		3		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU	105		0		4		30		
Vitamin A, RAE.....mcg_RAE	22		0	NC	4		6		
Retinol.....mcg	19		0	NC	4		5		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Lipids:									
Fatty acids, total saturated.....g	2.258		0		4		0.640		
Fatty acids, total monounsaturated.....g									
Fatty acids, total polyunsaturated.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	11		0		4		3		
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.067		0		1		0.019		
Threonine.....g	0.201		0		1		0.057		
Isoleucine.....g	0.256		0		1		0.073		
Leucine.....g	0.445		0		1		0.126		
Lysine.....g	0.311		0		1		0.088		
Methionine.....g	0.112		0		1		0.032		
Cystine.....g	0.104		0		1		0.029		

NDB No. 03689

Babyfood, cereal, oatmeal, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Phenylalanine.....g	0.222		0		1		0.063		
Tyrosine.....g	0.223		0		1		0.063		
Valine.....g	0.310		0		1		0.088		
Arginine.....g	0.269		0		1		0.076		
Histidine.....g	0.113		0		1		0.032		
Alanine.....g	0.203		0		1		0.058		
Aspartic acid.....g	0.398		0		1		0.113		
Glutamic acid.....g	1.102		0		1		0.312		
Glycine.....g	0.177		0		1		0.050		
Proline.....g	0.381		0		1		0.108		
Serine.....g	0.261		0		1		0.074		
Hydroxyproline.....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03192

Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.216		0		4		0.061	0.367	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.215		0		4		0.061	0.366	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.253		0		4		0.072	0.430	
18:2 undifferentiated.....g	0.242		0		4		0.069	0.411	
18:3 undifferentiated.....g	0.002		0		4		0.001	0.003	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.017		0		1		0.005	0.029	
Threonine.....g	0.046		0		1		0.013	0.078	
Isoleucine.....g	0.049		0		1		0.014	0.083	
Leucine.....g	0.100		0		1		0.028	0.170	
Lysine.....g	0.054		0		1		0.015	0.092	
Methionine.....g	0.031		0		1		0.009	0.053	
Cystine.....g	0.030		0		1		0.009	0.051	
Phenylalanine.....g	0.067		0		1		0.019	0.114	
Tyrosine.....g	0.052		0		1		0.015	0.088	
Valine.....g	0.069		0		1		0.020	0.117	
Arginine.....g	0.094		0		1		0.027	0.160	
Histidine.....g	0.034		0		1		0.010	0.058	
Alanine.....g	0.060		0		1		0.017	0.102	
Aspartic acid.....g	0.113		0		1		0.032	0.192	
Glutamic acid.....g	0.291		0		1		0.082	0.495	
Glycine.....g	0.071		0		1		0.020	0.121	
Proline.....g	0.065		0		1		0.018	0.111	
Serine.....g	0.063		0		1		0.018	0.107	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	12		0	BNA	4		3.314	19.872	
Carotene, alpha.....mcg	7		0	BNA	4		1.900	11.395	
Cryptoxanthin, beta.....mcg	4		0	BNA	4		0.998	5.982	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	17		0	FLA	4		4.768	28.593	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

NDB No. 03192

Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Calories Factors: Protein 3.5

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03191

Babyfood, cereal, oatmeal, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.216		0		4		0.061	0.244	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.215		0		4		0.061	0.243	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.253		0		4		0.072	0.286	
18:2 undifferentiated.....g	0.242		0		4		0.069	0.273	
18:3 undifferentiated.....g	0.002		0		4		0.001	0.002	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.017		0		1		0.005	0.019	
Threonine.....g	0.046		0		1		0.013	0.052	
Isoleucine.....g	0.049		0		1		0.014	0.055	
Leucine.....g	0.099		0		1		0.028	0.112	
Lysine.....g	0.053		0		1		0.015	0.060	
Methionine.....g	0.030		0		1		0.009	0.034	
Cystine.....g	0.029		0		1		0.008	0.033	
Phenylalanine.....g	0.066		0		1		0.019	0.075	
Tyrosine.....g	0.052		0		1		0.015	0.059	
Valine.....g	0.068		0		1		0.019	0.077	
Arginine.....g	0.093		0		1		0.026	0.105	
Histidine.....g	0.034		0		1		0.010	0.038	
Alanine.....g	0.059		0		1		0.017	0.067	
Aspartic acid.....g	0.111		0		1		0.031	0.125	
Glutamic acid.....g	0.287		0		1		0.081	0.324	
Glycine.....g	0.070		0		1		0.020	0.079	
Proline.....g	0.064		0		1		0.018	0.072	
Serine.....g	0.062		0		1		0.018	0.070	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	13		0	BNA	4		3.662	14.598	
Carotene, alpha.....mcg	2		0	BNA	4		0.619	2.466	
Cryptoxanthin, beta.....mcg	8		0	BNA	4		2.262	9.018	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	90		0	FLA	4		25.631	102.162	

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

NDB No. 03191

Babyfood, cereal, oatmeal, with applesauce and bananas, strained

Calories Factors: Protein 3.5

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03190

Babyfood, cereal, oatmeal, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.429		0		4		0.036	0.214	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.039		0		4		0.001	0.006	
17:1.....g									
18:1 undifferentiated.....g	1.384		0		4		0.035	0.208	
20:1.....g	0.001		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.186		0		4		0.055	0.328	
18:2 undifferentiated.....g	1.970		0		4		0.049	0.296	
18:3 undifferentiated.....g	0.166		0		4		0.004	0.025	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.157		0		1		0.004	0.024	
Threonine.....g	0.417		0		1		0.010	0.063	
Isoleucine.....g	0.501		0		1		0.013	0.075	
Leucine.....g	0.978		0		1		0.024	0.147	
Lysine.....g	0.558		0		1		0.014	0.084	
Methionine.....g	0.266		0		1		0.007	0.040	
Cystine.....g	0.272		0		1		0.007	0.041	
Phenylalanine.....g	0.624		0		1		0.016	0.094	
Tyrosine.....g	0.497		0		1		0.012	0.075	
Valine.....g	0.699		0		1		0.017	0.105	
Arginine.....g	0.711		0		1		0.018	0.107	
Histidine.....g	0.362		0		1		0.009	0.054	
Alanine.....g	0.491		0		1		0.012	0.074	
Aspartic acid.....g	0.986		0		1		0.025	0.148	
Glutamic acid.....g	2.603		0		1		0.065	0.390	
Glycine.....g	0.505		0		1		0.013	0.076	
Proline.....g	0.807		0		1		0.020	0.121	
Serine.....g	0.582		0		1		0.015	0.087	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	28		0	BNA	4		0.700	4.199	
Carotene, alpha.....mcg	27		0	BNA	4		0.670	4.022	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	157		0	FLA	4		3.928	23.569	

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Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03190

Babyfood, cereal, oatmeal, with bananas, dry

Calories Factors: Protein 3.5

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03690

Babyfood, cereal, oatmeal, with bananas, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.30		0		1		21.06		
Energy.....kcal	116		0	NC	4		33		
Energy.....kj	485				4		138		
Protein (N x O).....g	4.70		0		1		1.33		
Total lipid (fat).....g	3.80		0		1		1.08		
Ash.....g	1.20		0		1		0.34		
Carbohydrate, by difference.....g	16.00		0	NC	4		4.54		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	206		0		1		58		
Iron, Fe.....mg	11.23		0		1		3.18		
Magnesium, Mg.....mg	30		0		1		9		
Phosphorus, P.....mg	151		0		1		43		
Potassium, K.....mg	247		0		1		70		
Sodium, Na.....mg	61		0		1		17		
Zinc, Zn.....mg	0.63		0		1		0.18		
Copper, Cu.....mg	0.072		0		4		0.020		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.6		0		1		0.5		
Thiamin.....mg	0.623		0		1		0.177		
Riboflavin.....mg	0.745		0		1		0.211		
Niacin.....mg	3.375		0		1		0.957		
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.104		0		1		0.029		
Folate, total.....mcg	7		0		4		2		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	7		0		4		2		
Folate, DFE.....mcg_DFE	7		0	NC	4		2		
Vitamin B-12.....mcg	0.33		0		1		0.09		
Vitamin A, IU.....IU	99		0		1		28		
Vitamin A, RAE.....mcg_RAE	23		0	NC	4		6		
Retinol.....mcg	21		0	NC	4		6		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.064		0		1		0.018		
Threonine.....g	0.193		0		1		0.055		
Isoleucine.....g	0.248		0		1		0.070		
Leucine.....g	0.429		0		1		0.122		
Lysine.....g	0.309		0		1		0.088		
Methionine.....g	0.113		0		1		0.032		
Cystine.....g	0.069		0		1		0.020		
Phenylalanine.....g	0.235		0		1		0.067		
Tyrosine.....g	0.214		0		1		0.061		
Valine.....g	0.298		0		1		0.084		
Arginine.....g	0.216		0		1		0.061		
Histidine.....g	0.133		0		1		0.038		
Alanine.....g	0.175		0		1		0.050		
Aspartic acid.....g	0.370		0		1		0.105		
Glutamic acid.....g	1.003		0		1		0.284		

NDB No. 03690

Babyfood, cereal, oatmeal, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.141		0		1		0.040		
Proline.....g	0.399		0		1		0.113		
Serine.....g	0.245		0		1		0.069		
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03193

Babyfood, cereal, oatmeal, with honey, dry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	5.80	0.300	13		1		0.14	0.82	
Energy.....kcal	391		0	NC	4		9	56	
Energy.....kj	1636				4		39	232	
Protein (N x 5.83).....g	13.50	0.100	13		1		0.32	1.92	
Total lipid (fat).....g	7.00	0.100	13		1		0.17	0.99	
Ash.....g	4.40	0.100	13		1		0.11	0.62	
Carbohydrate, by difference.....g	69.30		0	NC	4		1.66	9.84	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	1154	13.000	13		1		28	164	
Iron, Fe.....mg	67.23	1.130	13		1		1.61	9.55	
Magnesium, Mg.....mg	146		0		4		4	21	
Phosphorus, P.....mg	733	29.000	14		1		18	104	
Potassium, K.....mg	259	8.000	13		1		6	37	
Sodium, Na.....mg	47	2.000	13		1		1	7	
Zinc, Zn.....mg	3.70		0		4		0.09	0.53	
Copper, Cu.....mg	0.529		0		4		0.013	0.075	
Manganese, Mn.....mg									
Selenium, Se.....mcg	36.4		0	BFZN	4		0.9	5.2	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.0		13		1		0.0	0.0	
Thiamin.....mg	2.771	0.061	13		1		0.067	0.393	
Riboflavin.....mg	2.842	0.030	13		1		0.068	0.404	
Niacin.....mg	36.292	0.808	13		1		0.871	5.153	
Pantothenic acid.....mg	1.540		0		4		0.037	0.219	
Vitamin B-6.....mg	0.154		0		4		0.004	0.022	
Folate, total.....mcg	35		0		4		1	5	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	35		0		4		1	5	
Folate, DFE.....mcg_DFE	35		0	NC	4		1	5	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	23	2.000	13		1		1	3	
Vitamin A, RAE.....mcg_RAE	1		0	NC	4		0	0	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 14.2g: .5 oz

Calories Factors: Protein 3.5

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03693

Babyfood, cereal, oatmeal, with honey, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.50		0		1		21.12		
Energy.....kcal	115		0	NC	4		33		
Energy.....kj	481				4		136		
Protein (N x O).....g	5.00		0		1		1.42		
Total lipid (fat).....g	3.90		0		1		1.11		
Ash.....g	1.30		0		1		0.37		
Carbohydrate, by difference.....g	15.30		0	NC	4		4.34		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	289		0		1		82		
Iron, Fe.....mg	11.09		0		1		3.14		
Magnesium, Mg.....mg	35		0		4		10		
Phosphorus, P.....mg	198		0		1		56		
Potassium, K.....mg	170		0		1		48		
Sodium, Na.....mg	49		0		1		14		
Zinc, Zn.....mg	0.93		0		4		0.26		
Copper, Cu.....mg	0.095		0		4		0.027		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg									
Thiamin.....mg	0.487		0		1		0.138		
Riboflavin.....mg	0.602		0		1		0.171		
Niacin.....mg	6.034		0		1		1.711		
Pantothenic acid.....mg	0.514		0		4		0.146		
Vitamin B-6.....mg	0.060		0		4		0.017		
Folate, total.....mcg	10		0		4		3		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	10		0		4		3		
Folate, DFE.....mcg_DFE	10		0	NC	4		3		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU									
Vitamin A, RAE.....mcg_RAE									
Retinol.....mcg									
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03194
Babyfood, cereal, rice, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.260		0		4		0.032	0.189	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.027		0		4		0.001	0.004	
17:1.....g									
18:1 undifferentiated.....g	1.229		0		4		0.031	0.184	
20:1.....g	0.002		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.016		0		4		0.050	0.302	
18:2 undifferentiated.....g	1.799		0		4		0.045	0.270	
18:3 undifferentiated.....g	0.215		0		4		0.005	0.032	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.094		0		1		0.002	0.014	
Threonine.....g	0.316		0		1		0.008	0.047	
Isoleucine.....g	0.290		0		1		0.007	0.044	
Leucine.....g	0.559		0		1		0.014	0.084	
Lysine.....g	0.304		0		1		0.008	0.046	
Methionine.....g	0.185		0		1		0.005	0.028	
Cystine.....g	0.169		0		1		0.004	0.025	
Phenylalanine.....g	0.364		0		1		0.009	0.055	
Tyrosine.....g	0.324		0		1		0.008	0.049	
Valine.....g	0.446		0		1		0.011	0.067	
Arginine.....g	0.646		0		1		0.016	0.097	
Histidine.....g	0.193		0		1		0.005	0.029	
Alanine.....g	0.425		0		1		0.011	0.064	
Aspartic acid.....g	0.696		0		1		0.017	0.104	
Glutamic acid.....g	1.291		0		1		0.032	0.194	
Glycine.....g	0.366		0		1		0.009	0.055	
Proline.....g	0.316		0		1		0.008	0.047	
Serine.....g	0.342		0		1		0.009	0.051	
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	Z	7		0	0	
Theobromine.....mg	0		0	Z	7		0	0	
<u>Carotenoids:</u>									
Carotene, beta.....mcg	0		0	BFSN	4		0.000	0.000	
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	0		0	BFSN	4		0.000	0.000	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03194
Babyfood, cereal, rice, dry

Calories Factors: Protein 3.82

Fat 8.37

Carbohydrate 4.16

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03694

Babyfood, cereal, rice, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.60		0		1		21.15		
Energy.....kcal	115		0	NC	4		33		
Energy.....kj	481				4		136		
Protein (N x O).....g	3.90		0		1		1.11		
Total lipid (fat).....g	3.60		0		1		1.02		
Ash.....g	1.20		0		1		0.34		
Carbohydrate, by difference.....g	16.70		0	NC	4		4.73		
Fiber, total dietary.....g	0.1		0		4		0.0		
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	239		0		1		68		
Iron, Fe.....mg	12.19		0		1		3.46		
Magnesium, Mg.....mg	45		0		1		13		
Phosphorus, P.....mg	175		0		1		50		
Potassium, K.....mg	190		0		1		54		
Sodium, Na.....mg	46		0		1		13		
Zinc, Zn.....mg	0.64		0		1		0.18		
Copper, Cu.....mg	0.062		0		4		0.018		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.2		0		4		0.3		
Thiamin.....mg	0.466		0		1		0.132		
Riboflavin.....mg	0.500		0		1		0.142		
Niacin.....mg	5.205		0		1		1.476		
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.113		0		1		0.032		
Folate, total.....mcg	8		0		1		2		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	8		0		1		2		
Folate, DFE.....mcg_DFE	8		0	NC	4		2		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU	105		0		4		30		
Vitamin A, RAE.....mcg_RAE	22		0	NC	4		6		
Retinol.....mcg	19		0	NC	4		5		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Lipids:									
Fatty acids, total saturated.....g	2.325		0		4		0.659		
Fatty acids, total monounsaturated.....g									
Fatty acids, total polyunsaturated.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	11		0		4		3		
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.053		0		1		0.015		
Threonine.....g	0.176		0		1		0.050		
Isoleucine.....g	0.213		0		1		0.060		
Leucine.....g	0.360		0		1		0.102		
Lysine.....g	0.268		0		1		0.076		
Methionine.....g	0.099		0		1		0.028		
Cystine.....g	0.052		0		1		0.015		

NDB No. 03694

Babyfood, cereal, rice, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Phenylalanine.....g	0.192		0		1		0.054		
Tyrosine.....g	0.186		0		1		0.053		
Valine.....g	0.257		0		1		0.073		
Arginine.....g	0.205		0		1		0.058		
Histidine.....g	0.106		0		1		0.030		
Alanine.....g	0.164		0		1		0.046		
Aspartic acid.....g	0.323		0		1		0.092		
Glutamic acid.....g	0.787		0		1		0.223		
Glycine.....g	0.118		0		1		0.033		
Proline.....g	0.318		0		1		0.090		
Serine.....g	0.205		0		1		0.058		
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03195

Babyfood, cereal, rice, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.104		0		4		0.017	0.029	0.118
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003		0		4		0.000	0.001	0.003
17:1.....g									
18:1 undifferentiated.....g	0.101		0		4		0.016	0.029	0.114
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.102		0		4		0.016	0.029	0.115
18:2 undifferentiated.....g	0.082		0		4		0.013	0.023	0.093
18:3 undifferentiated.....g	0.021		0		4		0.003	0.006	0.024
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.012		0		1		0.002	0.003	0.014
Threonine.....g	0.040		0		1		0.006	0.011	0.045
Isoleucine.....g	0.048		0		1		0.008	0.014	0.054
Leucine.....g	0.116		0		1		0.019	0.033	0.131
Lysine.....g	0.068		0		1		0.011	0.019	0.077
Methionine.....g	0.020		0		1		0.003	0.006	0.023
Cystine.....g	0.014		0		1		0.002	0.004	0.016
Phenylalanine.....g	0.058		0		1		0.009	0.016	0.066
Tyrosine.....g	0.056		0		1		0.009	0.016	0.063
Valine.....g	0.068		0		1		0.011	0.019	0.077
Arginine.....g	0.040		0		1		0.006	0.011	0.045
Histidine.....g	0.032		0		1		0.005	0.009	0.036
Alanine.....g	0.056		0		1		0.009	0.016	0.063
Aspartic acid.....g	0.076		0		1		0.012	0.022	0.086
Glutamic acid.....g	0.236		0		1		0.038	0.067	0.267
Glycine.....g	0.028		0		1		0.004	0.008	0.032
Proline.....g	0.104		0		1		0.017	0.029	0.118
Serine.....g	0.052		0		1		0.008	0.015	0.059
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	9		0	BNA	4		1.466	2.597	10.351
Carotene, alpha.....mcg	0		0	BNA	4		0.007	0.012	0.047
Cryptoxanthin, beta.....mcg	7		0	BNA	4		1.094	1.939	7.727
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	4		0	FLA	4		0.611	1.083	4.317

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

NDB No. 03195

Babyfood, cereal, rice, with applesauce and bananas, strained

Calories Factors: Protein 3.8

Fat 8.4

Carbohydrate 4.2

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03212

Babyfood, cereal, rice, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.986		0		4		0.025	0.148	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.026		0		4		0.001	0.004	
17:1.....g									
18:1 undifferentiated.....g	0.955		0		4		0.024	0.143	
20:1.....g	0.002		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.503		0		4		0.038	0.225	
18:2 undifferentiated.....g	1.288		0		4		0.032	0.193	
18:3 undifferentiated.....g	0.214		0		4		0.005	0.032	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.154		0		1		0.004	0.023	
Threonine.....g	0.444		0		1		0.011	0.067	
Isoleucine.....g	0.464		0		1		0.012	0.070	
Leucine.....g	0.821		0		1		0.021	0.123	
Lysine.....g	0.452		0		1		0.011	0.068	
Methionine.....g	0.229		0		1		0.006	0.034	
Cystine.....g	0.184		0		1		0.005	0.028	
Phenylalanine.....g	0.400		0		1		0.010	0.060	
Tyrosine.....g	0.368		0		1		0.009	0.055	
Valine.....g	0.547		0		1		0.014	0.082	
Arginine.....g	0.603		0		1		0.015	0.090	
Histidine.....g	0.273		0		1		0.007	0.041	
Alanine.....g	0.496		0		1		0.012	0.074	
Aspartic acid.....g	0.857		0		1		0.021	0.129	
Glutamic acid.....g	1.523		0		1		0.038	0.228	
Glycine.....g	0.364		0		1		0.009	0.055	
Proline.....g	0.418		0		1		0.010	0.063	
Serine.....g	0.467		0		1		0.012	0.070	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	12		0	BNA	4		0.294	1.765	
Carotene, alpha.....mcg	11		0	BNA	4		0.282	1.690	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	39		0	FLA	4		0.977	5.861	

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Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

NDB No. 03212

Babyfood, cereal, rice, with bananas, dry

Calories Factors: Protein 3.8

Fat 8.4

Carbohydrate 4.2

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03712

Babyfood, cereal, rice, with bananas, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.30		0		1		21.06		
Energy.....kcal	117		0	NC	4		33		
Energy.....kj	490				4		139		
Protein (N x O).....g	4.20		0		1		1.19		
Total lipid (fat).....g	3.50		0		1		0.99		
Ash.....g	1.00		0		1		0.28		
Carbohydrate, by difference.....g	17.00		0	NC	4		4.82		
Fiber, total dietary.....g	0.2		0		4		0.0		
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	213		0		1		60		
Iron, Fe.....mg	11.04		0		1		3.13		
Magnesium, Mg.....mg	34		0		1		10		
Phosphorus, P.....mg	145		0		1		41		
Potassium, K.....mg	253		0		1		72		
Sodium, Na.....mg	57		0		1		16		
Zinc, Zn.....mg	0.56		0		1		0.16		
Copper, Cu.....mg	0.050		0		4		0.014		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.1		0		4		0.3		
Thiamin.....mg	0.684		0		1		0.194		
Riboflavin.....mg	0.759		0		1		0.215		
Niacin.....mg	3.902		0		1		1.106		
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.147		0		1		0.042		
Folate, total.....mcg	6		0		4		2		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	6		0		4		2		
Folate, DFE.....mcg_DFE	6		0	NC	4		2		
Vitamin B-12.....mcg	0.33		0		1		0.09		
Vitamin A, IU.....IU	100		0	NC	4		28		
Vitamin A, RAE.....mcg_RAE	23		0	NC	4		6		
Retinol.....mcg	21		0	NR	4		6		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Lipids:									
Fatty acids, total saturated.....g	2.261		0		4		0.641		
Fatty acids, total monounsaturated.....g									
Fatty acids, total polyunsaturated.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	11		0		4		3		
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.063		0		1		0.018		
Threonine.....g	0.197		0		1		0.056		
Isoleucine.....g	0.242		0		1		0.069		
Leucine.....g	0.404		0		1		0.115		
Lysine.....g	0.292		0		1		0.083		
Methionine.....g	0.106		0		1		0.030		
Cystine.....g	0.055		0		1		0.016		

NDB No. 03712

Babyfood, cereal, rice, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Phenylalanine.....g	0.198		0		1		0.056		
Tyrosine.....g	0.193		0		1		0.055		
Valine.....g	0.273		0		1		0.077		
Arginine.....g	0.198		0		1		0.056		
Histidine.....g	0.119		0		1		0.034		
Alanine.....g	0.175		0		1		0.050		
Aspartic acid.....g	0.349		0		1		0.099		
Glutamic acid.....g	0.826		0		1		0.234		
Glycine.....g	0.118		0		1		0.033		
Proline.....g	0.335		0		1		0.095		
Serine.....g	0.226		0		1		0.064		
Hydroxyproline.....g									
Carotenoids:									
Carotene, beta.....mcg	18		0	NR	4		5.103		
Carotene, alpha.....mcg									
Cryptoxanthin, beta.....mcg									
Lycopene.....mcg									
Lutein + zeaxanthin.....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03696

Babyfood, cereal, rice, with honey, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	74.40		0		1		21.09		
Energy.....kcal	115		0	NC	4		33		
Energy.....kj	481				4		136		
Protein (N x O).....g	3.90		0		1		1.11		
Total lipid (fat).....g	3.30		0		1		0.94		
Ash.....g	1.30		0		1		0.37		
Carbohydrate, by difference.....g	17.10		0	NC	4		4.85		
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	291		0		1		82		
Iron, Fe.....mg	10.81		0		1		3.06		
Magnesium, Mg.....mg	45		0		4		13		
Phosphorus, P.....mg	181		0		1		51		
Potassium, K.....mg	141		0		1		40		
Sodium, Na.....mg	49		0		1		14		
Zinc, Zn.....mg	0.65		0		4		0.18		
Copper, Cu.....mg	0.063		0		4		0.018		
Manganese, Mn.....mg									
Selenium, Se.....mcg									
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.0		0		1		0.0		
Thiamin.....mg	0.476		0		1		0.135		
Riboflavin.....mg	0.608		0		1		0.172		
Niacin.....mg	6.083		0		1		1.725		
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.115		0		4		0.033		
Folate, total.....mcg	8		0		4		2		
Folic acid.....mcg	0		0	Z	7		0		
Folate, food.....mcg	8		0		4		2		
Folate, DFE.....mcg_DFE	8		0	NC	4		2		
Vitamin B-12.....mcg	0.30		0		4		0.09		
Vitamin A, IU.....IU	108		0	NC	4		31		
Vitamin A, RAE.....mcg_RAE	21		0	NC	4		6		
Retinol.....mcg	19		0	NR	4		5		
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Carotenoids:									
Carotene, beta.....mcg	27		0	NR	4		7.655		
Carotene, alpha.....mcg									
Cryptoxanthin, beta.....mcg									
Lycopene.....mcg									
Lutein + zeaxanthin.....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

NDB No. 03696

Babyfood, cereal, rice, with honey, prepared with whole milk

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03210

Babyfood, cereal, rice, with mixed fruit, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.040		0		4		0.006	0.011	0.068
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.000	0.002
17:1.....g									
18:1 undifferentiated.....g	0.041		0		4		0.006	0.012	0.070
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.050		0		4		0.008	0.014	0.085
18:2 undifferentiated.....g	0.042		0		4		0.006	0.012	0.071
18:3 undifferentiated.....g	0.009		0		4		0.001	0.003	0.015
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	7		0	BNA	4		0.981	1.855	11.123
Carotene, alpha.....mcg	0		0	BNA	4		0.004	0.008	0.050
Cryptoxanthin, beta.....mcg	5		0	BNA	4		0.733	1.385	8.303
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	4		0	FLA	4		0.573	1.083	6.494

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.8

Fat 8.4

Carbohydrate 4.2

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03184

Babyfood, cereal, whole wheat, with apples, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.277		0	FLM	4		0.192		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.021		0	FLM	4		0.003		
17:1.....g									
18:1 undifferentiated.....g	1.216		0	FLM	4		0.182		
20:1.....g	0.026		0	FLM	4		0.004		
22:1 undifferentiated.....g	0.009		0	FLM	4		0.001		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.866		0	FLM	4		0.280		
18:2 undifferentiated.....g	1.606		0	FLM	4		0.241		
18:3 undifferentiated.....g	0.257		0	FLM	4		0.039		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.002		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	10		0	FLA	4		1.488		
Carotene, alpha.....mcg	0		0	FLA	4		0.000		
Cryptoxanthin, beta.....mcg	4		0	FLA	4		0.576		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	203		0	FLA	4		30.440		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: .5 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03198

Babyfood, cereal, with egg yolks, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.790		2		1		0.224	1.343	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.050		2		1		0.014	0.085	
17:1.....g									
18:1 undifferentiated.....g	0.740		2		1		0.210	1.258	
20:1.....g	0.000		2		1		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.300		2		1		0.085	0.510	
18:2 undifferentiated.....g	0.260		2		1		0.074	0.442	
18:3 undifferentiated.....g	0.010		2		1		0.003	0.017	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.030		2		1		0.009	0.051	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	63		0		1		18	107	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.027		0		1		0.008	0.046	
Threonine.....g	0.082		0		1		0.023	0.139	
Isoleucine.....g	0.100		0		1		0.028	0.170	
Leucine.....g	0.172		0		1		0.049	0.292	
Lysine.....g	0.127		0		1		0.036	0.216	
Methionine.....g	0.051		0		1		0.014	0.087	
Cystine.....g	0.028		0		1		0.008	0.048	
Phenylalanine.....g	0.092		0		1		0.026	0.156	
Tyrosine.....g	0.084		0		1		0.024	0.143	
Valine.....g	0.122		0		1		0.035	0.207	
Arginine.....g	0.104		0		1		0.029	0.177	
Histidine.....g	0.045		0		1		0.013	0.077	
Alanine.....g	0.084		0		1		0.024	0.143	
Aspartic acid.....g	0.149		0		1		0.042	0.253	
Glutamic acid.....g	0.421		0		1		0.119	0.716	
Glycine.....g	0.056		0		1		0.016	0.095	
Proline.....g	0.161		0		1		0.046	0.274	
Serine.....g	0.118		0		1		0.033	0.201	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2

Fat 8.8

Carbohydrate 3.9

Food Group: 03 Baby Foods

NDB No. 03197

Babyfood, cereal, with egg yolks, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.790		2		1		0.224	0.893	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.050		2		1		0.014	0.057	
17:1.....g									
18:1 undifferentiated.....g	0.730		2		1		0.207	0.825	
20:1.....g	0.000		2		1		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.300		2		1		0.085	0.339	
18:2 undifferentiated.....g	0.260		2		1		0.074	0.294	
18:3 undifferentiated.....g	0.010		2		1		0.003	0.011	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.030		2		1		0.009	0.034	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	63		1		1		18	72	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.027		0		1		0.008	0.031	
Threonine.....g	0.082		0		1		0.023	0.093	
Isoleucine.....g	0.100		0		1		0.028	0.113	
Leucine.....g	0.172		0		1		0.049	0.194	
Lysine.....g	0.127		0		1		0.036	0.144	
Methionine.....g	0.051		0		1		0.014	0.058	
Cystine.....g	0.028		0		1		0.008	0.032	
Phenylalanine.....g	0.092		0		1		0.026	0.104	
Tyrosine.....g	0.084		0		1		0.024	0.095	
Valine.....g	0.122		0		1		0.035	0.138	
Arginine.....g	0.104		0		1		0.029	0.118	
Histidine.....g	0.045		0		1		0.013	0.051	
Alanine.....g	0.084		0		1		0.024	0.095	
Aspartic acid.....g	0.149		0		1		0.042	0.168	
Glutamic acid.....g	0.421		0		1		0.119	0.476	
Glycine.....g	0.056		0		1		0.016	0.063	
Proline.....g	0.161		0		1		0.046	0.182	
Serine.....g	0.118		0		1		0.033	0.133	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.2

Fat 8.8

Carbohydrate 3.9

Food Group: 03 Baby Foods

NDB No. 03199

Babyfood, cereal, with eggs, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.610		1		1		0.173	0.689	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		1		1		0.011	0.045	
17:1.....g									
18:1 undifferentiated.....g	0.570		1		1		0.162	0.644	
20:1.....g	0.000		1		1		0.000	0.000	
22:1 undifferentiated.....g									
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.330		1		1		0.094	0.373	
18:2 undifferentiated.....g	0.290		1		1		0.082	0.328	
18:3 undifferentiated.....g	0.020		1		1		0.006	0.023	
18:4.....g									
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.020		1		1		0.006	0.023	
20:5 n-3.....g									
22:5 n-3.....g									
22:6 n-3.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	51		1		1		15	58	
Phytosterols.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.2

Fat 8.8

Carbohydrate 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03222
 Babyfood, cherry cobbler, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.020		0	FLM		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM		4			
17:1.....g									
18:1 undifferentiated.....g	0.024		0	FLM		4			
20:1.....g	0.000		0	FLM		4			
22:1 undifferentiated.....g	0.000		0	FLM		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.030		0	FLM		4			
18:2 undifferentiated.....g	0.014		0	FLM		4			
18:3 undifferentiated.....g	0.013		0	FLM		4			
18:4.....g	0.000		0	FLM		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM		4			
20:5 n-3.....g	0.000		0	FLM		4			
22:5 n-3.....g	0.000		0	FLM		4			
22:6 n-3.....g	0.000		0	FLM		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA		12			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	FLA		4			
Theobromine.....mg	0		0	FLA		4			
Carotenoids:									
Carotene, beta.....mcg	19		0	BNA		4			
Carotene, alpha.....mcg	0		0	BNA		4			
Cryptoxanthin, beta.....mcg	0		0	BNA		4			
Lycopene.....mcg	0		0	FLA		4			
Lutein + zeaxanthin.....mcg	20		0	FLA		4			

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03206
 Babyfood, cookie, baby, fruit

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	4.865		0	FLM	4		0.389		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.051		0	FLM	4		0.004		
17:1.....g									
18:1 undifferentiated.....g	4.798		0	FLM	4		0.384		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	4.334		0	FLM	4		0.347		
18:2 undifferentiated.....g	4.020		0	FLM	4		0.322		
18:3 undifferentiated.....g	0.300		0	FLM	4		0.024		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	1002		0	BNA	4		80.196		
Carotene, alpha.....mcg	810		0	BNA	4		64.830		
Cryptoxanthin, beta.....mcg	2		0	BNA	4		0.187		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	175		0	FLA	4		14.011		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.0g: 1 cookie

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03213
Babyfood, cookies

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	7.380	0.110	3		1		2.092	0.480	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.010		1		1		0.003	0.001	
17:1.....g									
18:1 undifferentiated.....g	7.370	0.110	3		1		2.089	0.479	
20:1.....g	0.000		0		1		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.110	0.030	3		1		0.315	0.072	
18:2 undifferentiated.....g	0.990	0.020	3		1		0.281	0.064	
18:3 undifferentiated.....g	0.040	0.000	3		1		0.011	0.003	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		1		0.000	0.000	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	1		0	BNA	4		0.310	0.071	
Carotene, alpha.....mcg	0		0	BNA	4		0.001	0.000	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.002	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	6		0	FLA	4		1.804	0.414	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz
 Measure 2 = 6.5g: 1 cookie

Calories Factors: Protein 4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03214
Babyfood, cookies, arrowroot

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	8.980	0.090	3		1		2.546	0.449	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g									
17:1.....g									
18:1 undifferentiated.....g	8.980	0.090	3		1		2.546	0.449	
20:1.....g									
22:1 undifferentiated.....g									
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.840	0.020	3		1		0.238	0.042	
18:2 undifferentiated.....g	0.780	0.020	3		1		0.221	0.039	
18:3 undifferentiated.....g	0.040	0.000	3		1		0.011	0.002	
18:4.....g									
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g									
20:5 n-3.....g									
22:5 n-3.....g									
22:6 n-3.....g									
Fatty acids, total trans.....g									
Cholesterol.....mg	1	0.290	3		1		0	0	
Phytosterols.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz
 Measure 2 = 5.0g: 1 cookie

Calories Factors: Protein 4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03209
Babyfood, crackers, vegetable

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	5.728		0	FLM	4		0.040		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		0	FLM	4		0.000		
17:1.....g									
18:1 undifferentiated.....g	5.687		0	FLM	4		0.040		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	9.325		0	FLM	4		0.065		
18:2 undifferentiated.....g	8.776		0	FLM	4		0.061		
18:3 undifferentiated.....g	0.548		0	FLM	4		0.004		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	1825		0	FLA	4		12.775		
Carotene, alpha.....mcg	636		0	FLA	4		4.450		
Cryptoxanthin, beta.....mcg	1		0	FLA	4		0.004		
Lycopene.....mcg	1883		0	FLA	4		13.181		
Lutein + zeaxanthin.....mcg	359		0	FLA	4		2.510		

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Common Measures:

Measure 1 = 0.7g: 1 cracker

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43004

Babyfood, dessert, banana pudding, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.277				4		0.042	0.313	0.313
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.024				4		0.004	0.027	0.027
17:1.....g									
18:1 undifferentiated.....g	0.250				4		0.038	0.283	0.283
20:1.....g	0.002				4		0.000	0.002	0.002
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.111				4		0.017	0.125	0.125
18:2 undifferentiated.....g	0.090				4		0.014	0.102	0.102
18:3 undifferentiated.....g	0.008				4		0.001	0.009	0.009
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.010				4		0.002	0.011	0.011
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.003				4		0.000	0.003	0.003
Fatty acids, total trans.....g									
Cholesterol.....mg	29				4		4	33	33
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0						0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	8		0	BNA	4		1.147	8.639	8.639
Carotene, alpha.....mcg	7		0	BNA	4		1.028	7.745	7.745
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.050	0.377	0.377
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	19		0	FLA	4		2.903	21.870	21.870

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43539

Babyfood, dessert, banana yogurt, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.120				4		0.018	0.136	0.136
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.010				4		0.002	0.011	0.011
17:1.....g									
18:1 undifferentiated.....g	0.093				4		0.014	0.105	0.105
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.030				4		0.005	0.034	0.034
18:2 undifferentiated.....g	0.021				4		0.003	0.024	0.024
18:3 undifferentiated.....g	0.010				4		0.002	0.011	0.011
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	1				4		0	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				4		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	4		0	BNA	4		0.646	4.866	4.866
Carotene, alpha.....mcg	4		0	BNA	4		0.565	4.256	4.256
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	4		0	BFSN	4		0.558	4.204	4.204

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43537

Babyfood, dessert, blueberry yogurt, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.192				4		0.029	0.217	0.217
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.015				4		0.002	0.017	0.017
17:1.....g									
18:1 undifferentiated.....g	0.159				4		0.024	0.180	0.180
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.019				4		0.003	0.021	0.021
18:2 undifferentiated.....g	0.013				4		0.002	0.015	0.015
18:3 undifferentiated.....g	0.007				4		0.001	0.008	0.008
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4				4		1	5	5
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0						0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	23		0	FLA	4		3.379	25.452	25.452
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	64		0	FLA	4		9.647	72.673	72.673

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03225

Babyfood, dessert, cherry vanilla pudding, junior

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.070		0		4		0.020	0.119	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.004		0		4		0.001	0.007	
17:1.....g									
18:1 undifferentiated.....g	0.065		0		4		0.018	0.111	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.036		0		4		0.010	0.061	
18:2 undifferentiated.....g	0.025		0		4		0.007	0.043	
18:3 undifferentiated.....g	0.008		0		4		0.002	0.014	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.002		0		4		0.001	0.003	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.001		0		4		0.000	0.002	
Fatty acids, total trans.....g									
Cholesterol.....mg	10		0		4		3	17	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	145		0	BNA	4		41.172	246.884	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	9		0	FLA	4		2.580	15.470	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.3

Fat 8.9

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03224

Babyfood, dessert, cherry vanilla pudding, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.105		0		4		0.030	0.119	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.007		0		4		0.002	0.008	
17:1.....g									
18:1 undifferentiated.....g	0.098		0		4		0.028	0.111	
20:1.....g	0.001		0		4		0.000	0.001	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.053		0		4		0.015	0.060	
18:2 undifferentiated.....g	0.037		0		4		0.010	0.042	
18:3 undifferentiated.....g	0.012		0		4		0.003	0.014	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.003		0		4		0.001	0.003	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.001		0		4		0.000	0.001	
Fatty acids, total trans.....g									
Cholesterol.....mg	10		0		4		3	11	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	145		0	BNA	4		41.172	164.106	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	9		0	FLA	4		2.580	10.283	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.3

Fat 8.9

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03246

Babyfood, dessert, custard pudding, vanilla, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.222		0	FLM	4		0.508	0.031	0.063
17:0.....g									
18:0.....g	0.078		0	FLM	4		0.179	0.011	0.022
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.364		0	FLM	4		0.834	0.051	0.103
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.030		0	FLM	4		0.069	0.004	0.009
17:1.....g									
18:1 undifferentiated.....g	0.331		0	FLM	4		0.758	0.046	0.094
20:1.....g	0.003		0	FLM	4		0.007	0.000	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.128		0	FLM	4		0.293	0.018	0.036
18:2 undifferentiated.....g	0.108		0	FLM	4		0.247	0.015	0.031
18:3 undifferentiated.....g	0.004		0	FLM	4		0.009	0.001	0.001
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.013		0	FLM	4		0.030	0.002	0.004
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.003		0	FLM	4		0.007	0.000	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	38		0	FLM	4		87	5	11
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1		0	BNA	4		3.147	0.192	0.390
Carotene, alpha.....mcg	1		0	BNA	4		1.329	0.081	0.165
Cryptoxanthin, beta.....mcg	1		0	BNA	4		1.176	0.072	0.146
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	39		0	FLA	4		88.814	5.430	10.995

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 229g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03245

Babyfood, dessert, custard pudding, vanilla, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.680		2		1		1.557	0.095	0.193
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.050		2		1		0.115	0.007	0.014
17:1.....g									
18:1 undifferentiated.....g	0.620		2		1		1.420	0.087	0.176
20:1.....g	0.000		2		1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.160		2		1		0.366	0.022	0.045
18:2 undifferentiated.....g	0.130		2		1		0.298	0.018	0.037
18:3 undifferentiated.....g	0.010		2		1		0.023	0.001	0.003
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.020		2		1		0.046	0.003	0.006
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0		4		18	1	2
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g									
Threonine.....g	0.059		0		1		0.135	0.008	0.017
Isoleucine.....g	0.075		0		1		0.172	0.011	0.021
Leucine.....g	0.059		0		1		0.135	0.008	0.017
Lysine.....g	0.114		0		1		0.261	0.016	0.032
Methionine.....g	0.046		0		1		0.105	0.006	0.013
Cystine.....g									
Phenylalanine.....g	0.073		0		1		0.167	0.010	0.021
Tyrosine.....g	0.059		0		1		0.135	0.008	0.017
Valine.....g	0.088		0		1		0.202	0.012	0.025
Arginine.....g	0.062		0		1		0.142	0.009	0.018
Histidine.....g	0.041		0		1		0.094	0.006	0.012
Alanine.....g	0.050		0		1		0.115	0.007	0.014
Aspartic acid.....g	0.130		0		1		0.298	0.018	0.037
Glutamic acid.....g	0.291		0		1		0.666	0.041	0.082
Glycine.....g	0.033		0		1		0.076	0.005	0.009
Proline.....g	0.098		0		1		0.224	0.014	0.028
Serine.....g	0.082		0		1		0.188	0.011	0.023
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2		0	BNA	4		4.285	0.262	0.530
Carotene, alpha.....mcg	1		0	BNA	4		1.810	0.111	0.224
Cryptoxanthin, beta.....mcg	1		0	BNA	4		1.601	0.098	0.198
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	39		0	FLA	4		88.814	5.430	10.995

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Common Measures:

- Measure 1 = 229g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03245

Babyfood, dessert, custard pudding, vanilla, strained

Calories Factors: Protein 4.3

Fat 8.9

Carbohydrate 3.8

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03221

Babyfood, dessert, dutch apple, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.021		0	FLM	4		0.006	0.036	
17:0.....g									
18:0.....g	0.003		0	FLM	4		0.001	0.005	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.006		0	FLM	4		0.002	0.010	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.006		0	FLM	4		0.002	0.010	
20:1.....g	0.000		0	FLM	4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.045		0	FLM	4		0.013	0.077	
18:2 undifferentiated.....g	0.038		0	FLM	4		0.011	0.065	
18:3 undifferentiated.....g	0.008		0	FLM	4		0.002	0.014	
18:4.....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	8		0	BNA	4		2.227	13.353	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	6		0	BNA	4		1.670	10.015	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	11		0	FLA	4		3.117	18.693	

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03220

Babyfood, dessert, dutch apple, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.080		0	NC	4		0.023	0.090	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.007		2		1		0.002	0.008	
17:1.....g									
18:1 undifferentiated.....g	0.073		2		1		0.021	0.082	
20:1.....g	0.000		2		1		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.010		0	NC	4		0.003	0.012	
18:2 undifferentiated.....g	0.007		2		1		0.002	0.008	
18:3 undifferentiated.....g	0.003		2		1		0.001	0.004	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		2		1		0.000	0.000	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	21		0	BNA	4		6.062	24.161	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	16		0	BNA	4		4.546	18.121	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	15		0	FLA	4		4.156	16.567	

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03236

Babyfood, dessert, fruit dessert, without ascorbic acid, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	64		0	FLA	4		9.670	18.275	109.588
Carotene, alpha.....mcg	2		0	FLA	4		0.354	0.670	4.015
Cryptoxanthin, beta.....mcg	27		0	FLA	4		4.069	7.690	46.111
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	43		0	FLA	4		6.489	12.265	73.547

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03235

Babyfood, dessert, fruit dessert, without ascorbic acid, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	64		0	FLA	4		9.670	18.275	72.844
Carotene, alpha.....mcg	2		0	FLA	4		0.354	0.670	2.669
Cryptoxanthin, beta.....mcg	27		0	FLA	4		4.069	7.690	30.650
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	43		0	FLA	4		6.489	12.265	48.887

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03226

Babyfood, dessert, fruit pudding, orange, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.257		0		4		0.073	0.290	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.022		0		4		0.006	0.025	
17:1.....g									
18:1 undifferentiated.....g	0.225		0		4		0.064	0.254	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.038		0		4		0.011	0.043	
18:2 undifferentiated.....g	0.027		0		4		0.008	0.031	
18:3 undifferentiated.....g	0.014		0		4		0.004	0.016	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0		4		1	3	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g									
Threonine.....g	0.045		0		1		0.013	0.051	
Isoleucine.....g	0.057		0		1		0.016	0.064	
Leucine.....g	0.113		0		1		0.032	0.128	
Lysine.....g	0.090		0		1		0.026	0.102	
Methionine.....g	0.015		0		1		0.004	0.017	
Cystine.....g									
Phenylalanine.....g	0.042		0		1		0.012	0.047	
Tyrosine.....g	0.045		0		1		0.013	0.051	
Valine.....g	0.070		0		1		0.020	0.079	
Arginine.....g	0.085		0		1		0.024	0.096	
Histidine.....g	0.031		0		1		0.009	0.035	
Alanine.....g	0.044		0		1		0.012	0.050	
Aspartic acid.....g	0.132		0		1		0.037	0.149	
Glutamic acid.....g	0.225		0		1		0.064	0.254	
Glycine.....g	0.027		0		1		0.008	0.031	
Proline.....g	0.118		0		1		0.033	0.133	
Serine.....g	0.062		0		1		0.018	0.070	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.3

Fat 8.9

Carbohydrate 3.8

Food Group: 03 Baby Foods

NDB No. 03233

Babyfood, dessert, fruit pudding, pineapple, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.109		0		4		0.016	0.031	0.123
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.009		0		4		0.001	0.003	0.010
17:1.....g									
18:1 undifferentiated.....g	0.098		0		4		0.015	0.028	0.111
20:1.....g	0.001		0		4		0.000	0.000	0.001
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.041		0		4		0.006	0.012	0.046
18:2 undifferentiated.....g	0.033		0		4		0.005	0.009	0.037
18:3 undifferentiated.....g	0.003		0		4		0.000	0.001	0.003
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0		4		0.001	0.001	0.005
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.001		0		4		0.000	0.000	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 4.3

Fat 8.9

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03228

Babyfood, dessert, peach cobbler, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	68		0	FLA	4		10.273	19.415	150.667
Carotene, alpha.....mcg	0		0	FLA	4		0.031	0.058	0.449
Cryptoxanthin, beta.....mcg	28		0	FLA	4		4.244	8.021	62.246
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	39		0	FLA	4		5.827	11.012	85.458

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 220g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03227

Babyfood, dessert, peach cobbler, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.000		0		4		0.000	0.000	0.000
17:0.....g									
18:0.....g	0.000		0		4		0.000	0.000	0.000
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	69		0	BNA	4		10.307	19.480	77.644
Carotene, alpha.....mcg	0		0	BNA	4		0.031	0.058	0.231
Cryptoxanthin, beta.....mcg	28		0	BNA	4		4.258	8.048	32.078
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	39		0	FLA	4		5.846	11.048	44.038

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43536
Babyfood, dessert, peach yogurt

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.048		0	NC	4		0.007	0.054	0.054
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.004				4		0.001	0.005	0.005
17:1.....g									
18:1 undifferentiated.....g	0.044				4		0.007	0.050	0.050
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.005		0	NC	4		0.001	0.006	0.006
18:2 undifferentiated.....g	0.004				4		0.001	0.004	0.004
18:3 undifferentiated.....g	0.002				4		0.000	0.002	0.002
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4				4		1	5	5
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	FLA	4		0.023	0.171	0.171
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03238

Babyfood, dessert, tropical fruit, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	83.20	0.300	13		1		23.59	94.02	
Energy.....kcal	60		0	NC	4		17	68	
Energy.....kj	251				4		71	284	
Protein (N x 6.25).....g	0.20	0.000	13		1		0.06	0.23	
Total lipid (fat).....g	0.00		13		1		0.00	0.00	
Ash.....g	0.20	0.000	13		1		0.06	0.23	
Carbohydrate, by difference.....g	16.40		0	NC	4		4.65	18.53	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	10	1.000	13		1		3	11	
Iron, Fe.....mg	0.26	0.040	13		1		0.07	0.29	
Magnesium, Mg.....mg	5		0		4		1	6	
Phosphorus, P.....mg	8		0		4		2	9	
Potassium, K.....mg	58	2.000	13		1		16	66	
Sodium, Na.....mg	7	1.000	13		1		2	8	
Zinc, Zn.....mg	0.05		0		4		0.01	0.05	
Copper, Cu.....mg	0.028		0		4		0.008	0.032	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.4		0	FLM	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	18.8	2.900	13		1		5.3	21.2	
Thiamin.....mg	0.011	0.000	13		1		0.003	0.012	
Riboflavin.....mg	0.031	0.003	13		1		0.009	0.035	
Niacin.....mg	0.080	0.000	13		1		0.023	0.090	
Pantothenic acid.....mg	0.094		0		4		0.027	0.106	
Vitamin B-6.....mg	0.031		0		4		0.009	0.035	
Folate, total.....mcg	3		0		4		1	4	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	3		0		4		1	4	
Folate, DFE.....mcg_DFE	3		0	NC	4		1	4	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	20	2.000	13		1		6	23	
Vitamin A, RAE.....mcg_RAE	1		0	NC	4		0	1	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4

Fat 8.4

Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03297

Babyfood, dinner, apples and chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.226		0	FLM	4		0.064	0.255	0.255
17:0.....g									
18:0.....g	0.078		0	FLM	4		0.022	0.088	0.088
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.411		0	FLM	4		0.117	0.464	0.464
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.047		0	FLM	4		0.013	0.053	0.053
17:1.....g									
18:1 undifferentiated.....g	0.350		0	FLM	4		0.099	0.396	0.396
20:1.....g	0.003		0	FLM	4		0.001	0.003	0.003
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.350		0	FLM	4		0.099	0.396	0.396
18:2 undifferentiated.....g	0.304		0	FLM	4		0.086	0.344	0.344
18:3 undifferentiated.....g	0.027		0	FLM	4		0.008	0.031	0.031
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.010		0	FLM	4		0.003	0.011	0.011
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.002		0	FLM	4		0.001	0.002	0.002
22:6 n-3.....g	0.002		0	FLM	4		0.001	0.002	0.002
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	FLM	4		1	6	6
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	13		0	BNA	4		3.711	14.793	14.793
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	10		0	BNA	4		2.783	11.095	11.095
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	16		0	FLA	4		4.615	18.396	18.396

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03049

Babyfood, dinner, beef and rice, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	81.90	1.000	7		1		23.22	139.23	
Energy.....kcal	82		0	NC	4		23	139	
Energy.....kj	343				4		97	583	
Protein (N x 6.14).....g	5.00	0.200	3		1		1.42	8.50	
Total lipid (fat).....g	2.90	0.200	4		1		0.82	4.93	
Ash.....g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference.....g	8.80		0	NC	4		2.49	14.96	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	11	1.000	3		1		3	19	
Iron, Fe.....mg	0.69	0.010	3		1		0.20	1.17	
Magnesium, Mg.....mg	8		1		1		2	14	
Phosphorus, P.....mg	35		1		1		10	60	
Potassium, K.....mg	120		1		1		34	204	
Sodium, Na.....mg	357		1		1		101	607	
Zinc, Zn.....mg	0.92	0.013	3		1		0.26	1.56	
Copper, Cu.....mg	0.054	0.004	3		1		0.015	0.092	
Manganese, Mn.....mg									
Selenium, Se.....mcg	8.4		0	FLM	4		2.4	14.3	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	3.9	0.500	9		1		1.1	6.6	
Thiamin.....mg	0.016	0.000	6		1		0.005	0.027	
Riboflavin.....mg	0.069	0.000	3		1		0.020	0.117	
Niacin.....mg	1.343	0.017	3		1		0.381	2.283	
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.139	0.021	3		1		0.039	0.236	
Folate, total.....mcg	6		0		4		2	10	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	6		0		4		2	10	
Folate, DFE.....mcg_DFE	6		0	NC	4		2	10	
Vitamin B-12.....mcg	0.51		0		4		0.14	0.87	
Vitamin A, IU.....IU	502	100.000	3		1		142	853	
Vitamin A, RAE.....mcg_RAE	25		0	NC	4		7	43	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.046		0		1		0.013	0.078	
Threonine.....g	0.200		0		1		0.057	0.340	
Isoleucine.....g	0.245		0		1		0.069	0.417	
Leucine.....g	0.392		0		1		0.111	0.666	
Lysine.....g	0.376		0		1		0.107	0.639	
Methionine.....g	0.123		0		1		0.035	0.209	
Cystine.....g	0.054		0		1		0.015	0.092	
Phenylalanine.....g	0.197		0		1		0.056	0.335	
Tyrosine.....g	0.161		0		1		0.046	0.274	
Valine.....g	0.275		0		1		0.078	0.468	
Arginine.....g	0.338		0		1		0.096	0.575	
Histidine.....g	0.128		0		1		0.036	0.218	
Alanine.....g	0.339		0		1		0.096	0.576	
Aspartic acid.....g	0.464		0		1		0.132	0.789	
Glutamic acid.....g	0.870		0		1		0.247	1.479	

NDB No. 03049

Babyfood, dinner, beef and rice, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.364		0		1		0.103	0.619	
Proline.....g	0.306		0		1		0.087	0.520	
Serine.....g	0.179		0		1		0.051	0.304	
Hydroxyproline.....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03043

Babyfood, dinner, beef lasagna, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	82.30	0.300	3		1		23.33	139.91	
Energy.....kcal	77		0	NC	4		22	131	
Energy.....kj	322				4		91	548	
Protein (N x 5.98).....g	4.20	0.300	3		1		1.19	7.14	
Total lipid (fat).....g	2.10	0.100	3		1		0.60	3.57	
Ash.....g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference.....g	10.00		0	NC	4		2.84	17.00	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	18	0.000	3		1		5	31	
Iron, Fe.....mg	0.87	0.020	3		1		0.25	1.48	
Magnesium, Mg.....mg	11		1		1		3	19	
Phosphorus, P.....mg	40		1		1		11	68	
Potassium, K.....mg	122		1		1		35	207	
Sodium, Na.....mg	454		1		1		129	772	
Zinc, Zn.....mg	0.70		1		1		0.20	1.19	
Copper, Cu.....mg	0.097		0		4		0.027	0.165	
Manganese, Mn.....mg									
Selenium, Se.....mcg	8.4		0	BFZN	4		2.4	14.3	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	1.9	0.200	3		1		0.5	3.2	
Thiamin.....mg	0.072	0.009	3		1		0.020	0.122	
Riboflavin.....mg	0.089	0.007	3		1		0.025	0.151	
Niacin.....mg	1.353	0.050	3		1		0.384	2.300	
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.071	0.000	3		1		0.020	0.121	
Folate, total.....mcg	6		0		4		2	10	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	6		0		4		2	10	
Folate, DFE.....mcg_DFE	6		0	NC	4		2	10	
Vitamin B-12.....mcg	0.51		0		4		0.14	0.87	
Vitamin A, IU.....IU	1163	227.000	3		1		330	1977	
Vitamin A, RAE.....mcg_RAE	58		0	NC	4		16	99	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.047		0		1		0.013	0.080	
Threonine.....g	0.163		0		1		0.046	0.277	
Isoleucine.....g	0.206		0		1		0.058	0.350	
Leucine.....g	0.324		0		1		0.092	0.551	
Lysine.....g	0.297		0		1		0.084	0.505	
Methionine.....g	0.082		0		1		0.023	0.139	
Cystine.....g	0.048		0		1		0.014	0.082	
Phenylalanine.....g	0.182		0		1		0.052	0.309	
Tyrosine.....g	0.132		0		1		0.037	0.224	
Valine.....g	0.231		0		1		0.065	0.393	
Arginine.....g	0.253		0		1		0.072	0.430	
Histidine.....g	0.102		0		1		0.029	0.173	
Alanine.....g	0.265		0		1		0.075	0.451	
Aspartic acid.....g	0.353		0		1		0.100	0.600	
Glutamic acid.....g	0.889		0		1		0.252	1.511	

NDB No. 03043

Babyfood, dinner, beef lasagna, toddler

Nutrients and Units	<u>Amount in 100 grams of edible portion</u>				<u>Amount in edible portion of common measures of food</u>				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.279		0		1		0.079	0.474	
Proline.....g	0.326		0		1		0.092	0.554	
Serine.....g	0.120		0		1		0.034	0.204	
Hydroxyproline.....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03287

Babyfood, dinner, beef noodle, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.838		0		4		0.134	0.238	1.425
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.079		0		4		0.013	0.022	0.134
17:1.....g									
18:1 undifferentiated.....g	0.720		0		4		0.115	0.204	1.224
20:1.....g	0.004		0		4		0.001	0.001	0.007
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.094		0		4		0.015	0.027	0.160
18:2 undifferentiated.....g	0.066		0		4		0.011	0.019	0.112
18:3 undifferentiated.....g	0.023		0		4		0.004	0.007	0.039
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.003		0		4		0.000	0.001	0.005
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0		4		1	2	14
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.027		0		1		0.004	0.008	0.046
Threonine.....g	0.099		0		1		0.016	0.028	0.168
Isoleucine.....g	0.138		0		1		0.022	0.039	0.235
Leucine.....g	0.208		0		1		0.033	0.059	0.354
Lysine.....g	0.185		0		1		0.030	0.052	0.315
Methionine.....g	0.053		0		1		0.008	0.015	0.090
Cystine.....g	0.029		0		1		0.005	0.008	0.049
Phenylalanine.....g	0.117		0		1		0.019	0.033	0.199
Tyrosine.....g	0.093		0		1		0.015	0.026	0.158
Valine.....g	0.132		0		1		0.021	0.037	0.224
Arginine.....g	0.157		0		1		0.025	0.045	0.267
Histidine.....g	0.074		0		1		0.012	0.021	0.126
Alanine.....g	0.149		0		1		0.024	0.042	0.253
Aspartic acid.....g	0.220		0		1		0.035	0.062	0.374
Glutamic acid.....g	0.517		0		1		0.083	0.147	0.879
Glycine.....g	0.153		0		1		0.024	0.043	0.260
Proline.....g	0.186		0		1		0.030	0.053	0.316
Serine.....g	0.098		0		1		0.016	0.028	0.167
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	320		0	BNA	4		51.267	90.839	544.715
Carotene, alpha.....mcg	146		0	BNA	4		23.377	41.421	248.378
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.001	0.001	0.009
Lycopene.....mcg	1030		0	FLA	4		164.738	291.895	1750.339
Lutein + zeaxanthin.....mcg	163		0	FLA	4		26.136	46.310	277.699

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

NDB No. 03287

Babyfood, dinner, beef noodle, junior

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03047

Babyfood, dinner, beef noodle, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.522		0	FLM	4		0.084	0.148	0.590
17:0.....g									
18:0.....g	0.303		0	FLM	4		0.048	0.086	0.342
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.941		0	FLM	4		0.151	0.267	1.063
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.083		0	FLM	4		0.013	0.024	0.094
17:1.....g									
18:1 undifferentiated.....g	0.822		0	FLM	4		0.132	0.233	0.929
20:1.....g	0.004		0	FLM	4		0.001	0.001	0.005
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.141		0	FLM	4		0.023	0.040	0.159
18:2 undifferentiated.....g	0.112		0	FLM	4		0.018	0.032	0.127
18:3 undifferentiated.....g	0.017		0	FLM	4		0.003	0.005	0.019
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.001	0.001	0.006
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0	MA	12		1	2	9
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	350		0	BNA	4		55.931	99.102	395.010
Carotene, alpha.....mcg	159		0	BNA	4		25.503	45.188	180.113
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.002	0.004	0.015
Lycopene.....mcg	476		0	FLA	4		76.097	134.835	537.436
Lutein + zeaxanthin.....mcg	23		0	FLA	4		3.645	6.458	25.741

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03052

Babyfood, dinner, beef stew, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.440	0.050	4		1		0.125	0.748	0.748
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.030	0.000	4		1		0.009	0.051	0.051
17:1.....g									
18:1 undifferentiated.....g	0.400	0.020	4		1		0.113	0.680	0.680
20:1.....g	0.000		4		1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.100		4		1		0.028	0.170	0.170
18:2 undifferentiated.....g	0.090	0.000	4		1		0.026	0.153	0.153
18:3 undifferentiated.....g	0.010	0.000	4		1		0.003	0.017	0.017
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.010		4		1		0.003	0.017	0.017
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	13	0.840	3		1		4	21	21
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.053		0		1		0.015	0.090	0.090
Threonine.....g	0.210		0		1		0.060	0.357	0.357
Isoleucine.....g	0.246		0		1		0.070	0.418	0.418
Leucine.....g	0.388		0		1		0.110	0.660	0.660
Lysine.....g	0.394		0		1		0.112	0.670	0.670
Methionine.....g	0.142		0		1		0.040	0.241	0.241
Cystine.....g	0.053		0		1		0.015	0.090	0.090
Phenylalanine.....g	0.201		0		1		0.057	0.342	0.342
Tyrosine.....g	0.159		0		1		0.045	0.270	0.270
Valine.....g	0.272		0		1		0.077	0.462	0.462
Arginine.....g	0.353		0		1		0.100	0.600	0.600
Histidine.....g	0.128		0		1		0.036	0.218	0.218
Alanine.....g	0.332		0		1		0.094	0.564	0.564
Aspartic acid.....g	0.485		0		1		0.137	0.825	0.825
Glutamic acid.....g	0.823		0		1		0.233	1.399	1.399
Glycine.....g	0.351		0		1		0.100	0.597	0.597
Proline.....g	0.321		0		1		0.091	0.546	0.546
Serine.....g	0.192		0		1		0.054	0.326	0.326
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	816		0	FLA	4		231.440	1387.824	1387.824
Carotene, alpha.....mcg	346		0	FLA	4		98.086	588.170	588.170
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	2575		0	FLA	4		730.054	4377.750	4377.750
Lutein + zeaxanthin.....mcg	26		0	FLA	4		7.460	44.734	44.734

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Measure 3 = 170g: 1 jar Beech-Nut Table Time (6 oz)

NDB No. 03052

Babyfood, dinner, beef stew, toddler

Calories Factors: Protein 3.7

Fat 8.9

Carbohydrate 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03055

Babyfood, dinner, beef with vegetables

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	1.463		0	FLM	4		1.653		
17:0.....g									
18:0.....g	1.112		0	FLM	4		1.257		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	3.120		0	MA	12		3.526		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.321		0	FLM	4		0.363		
17:1.....g									
18:1 undifferentiated.....g	2.778		0	FLM	4		3.139		
20:1.....g	0.022		0	FLM	4		0.025		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.900		0	MA	12		1.017		
18:2 undifferentiated.....g	0.747		0	FLM	4		0.844		
18:3 undifferentiated.....g	0.149		0	FLM	4		0.168		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0	FLM	4		0.005		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	12		1	MA	12		14		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	2165		0	BNA	4		2446.366		
Carotene, alpha.....mcg	993		0	BNA	4		1122.381		
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000		
Lycopene.....mcg	0		0	FLA	4		0.105		
Lutein + zeaxanthin.....mcg	58		0	FLA	4		65.478		

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Common Measures:

Measure 1 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03298

Babyfood, dinner, broccoli and chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.302		0	FLM	4		0.086	0.341	0.341
17:0.....g									
18:0.....g	0.085		0	FLM	4		0.024	0.096	0.096
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.568		0	FLM	4		0.161	0.642	0.642
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.070		0	FLM	4		0.020	0.079	0.079
17:1.....g									
18:1 undifferentiated.....g	0.477		0	FLM	4		0.135	0.539	0.539
20:1.....g	0.013		0	FLM	4		0.004	0.015	0.015
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.367		0	FLM	4		0.104	0.415	0.415
18:2 undifferentiated.....g	0.267		0	FLM	4		0.076	0.302	0.302
18:3 undifferentiated.....g	0.083		0	FLM	4		0.024	0.094	0.094
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.006		0	FLM	4		0.002	0.007	0.007
20:5 n-3.....g	0.001		0	FLM	4		0.000	0.001	0.001
22:5 n-3.....g	0.001		0	FLM	4		0.000	0.001	0.001
22:6 n-3.....g	0.002		0	FLM	4		0.001	0.002	0.002
Fatty acids, total trans.....g									
Cholesterol.....mg	6		0	FLM	4		2	7	7
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	269		0	BNA	4		76.281	304.049	304.049
Carotene, alpha.....mcg	6		0	BNA	4		1.724	6.873	6.873
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.086	0.344	0.344
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	923		0	FLA	4		261.599	1042.704	1042.704

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43373

Babyfood, dinner, chicken and noodle with vegetables, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.632				4		0.101	1.074	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.081				4		0.013	0.138	
17:1.....g									
18:1 undifferentiated.....g	0.529				4		0.085	0.899	
20:1.....g	0.014				4		0.002	0.024	
22:1 undifferentiated.....g	0.000				4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.392				4		0.063	0.666	
18:2 undifferentiated.....g	0.340				4		0.054	0.578	
18:3 undifferentiated.....g	0.020				4		0.003	0.034	
18:4.....g	0.000				4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.013				4		0.002	0.022	
20:5 n-3.....g	0.001				4		0.000	0.002	
22:5 n-3.....g	0.002				4		0.000	0.003	
22:6 n-3.....g	0.004				4		0.001	0.007	
Fatty acids, total trans.....g									
Cholesterol.....mg	28				4		4	48	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	952		0	FLA	4		152.393	1619.179	
Carotene, alpha.....mcg	431		0	FLA	4		68.999	733.118	
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.005	0.056	
Lycopene.....mcg	0		0	FLA	4		0.034	0.357	
Lutein + zeaxanthin.....mcg	211		0	FLA	4		33.715	358.221	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43008
Babyfood, dinner, chicken and rice

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.392				4		0.063	0.443	0.443
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.038				4		0.006	0.043	0.043
17:1.....g									
18:1 undifferentiated.....g	0.342				4		0.055	0.386	0.386
20:1.....g	0.008				4		0.001	0.009	0.009
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.188				4		0.030	0.212	0.212
18:2 undifferentiated.....g	0.165				4		0.026	0.186	0.186
18:3 undifferentiated.....g	0.008				4		0.001	0.009	0.009
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.006				4		0.001	0.007	0.007
20:5 n-3.....g	0.001				4		0.000	0.001	0.001
22:5 n-3.....g	0.001				4		0.000	0.001	0.001
22:6 n-3.....g	0.002				4		0.000	0.002	0.002
Fatty acids, total trans.....g									
Cholesterol.....mg	10				4		2	11	11
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	571		0	FLA	4		91.412	645.598	645.598
Carotene, alpha.....mcg	260		0	FLA	4		41.641	294.087	294.087
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.001	0.004	0.004
Lycopene.....mcg	0		0	FLA	4		0.020	0.143	0.143
Lutein + zeaxanthin.....mcg	105		0	FLA	4		16.800	118.647	118.647

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 16g: 1 tbsp
- Measure 2 = 113g: 1 jar, Gerber (4 oz)
- Measure 3 = 113g: 1 jar NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03069

Babyfood, dinner, chicken noodle, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.247		0	FLM	4		0.040	0.070	0.420
17:0.....g									
18:0.....g	0.066		0	FLM	4		0.011	0.019	0.112
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.467		0	FLM	4		0.075	0.132	0.794
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.056		0	FLM	4		0.009	0.016	0.095
17:1.....g									
18:1 undifferentiated.....g	0.394		0	FLM	4		0.063	0.112	0.670
20:1.....g	0.011		0	FLM	4		0.002	0.003	0.019
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.272		0	FLM	4		0.044	0.077	0.462
18:2 undifferentiated.....g	0.241		0	FLM	4		0.039	0.068	0.410
18:3 undifferentiated.....g	0.017		0	FLM	4		0.003	0.005	0.029
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.001	0.001	0.009
20:5 n-3.....g	0.001		0	FLM	4		0.000	0.000	0.002
22:5 n-3.....g	0.001		0	FLM	4		0.000	0.000	0.002
22:6 n-3.....g	0.002		0	FLM	4		0.000	0.001	0.003
Fatty acids, total trans.....g									
Cholesterol.....mg	9		0	MA	12		1	3	15
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	840		0	FLA	4		134.427	238.187	1428.282
Carotene, alpha.....mcg	392		0	FLA	4		62.738	111.164	666.590
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.003	0.006	0.035
Lycopene.....mcg	0		0	FLA	4		0.031	0.054	0.326
Lutein + zeaxanthin.....mcg	32		0	FLA	4		5.172	9.164	54.952

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03068

Babyfood, dinner, chicken noodle, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.434		0	FLM	4		0.069	0.123	0.490
17:0.....g									
18:0.....g	0.118		0	FLM	4		0.019	0.033	0.133
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.854		0	FLM	4		0.137	0.242	0.965
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.105		0	FLM	4		0.017	0.030	0.119
17:1.....g									
18:1 undifferentiated.....g	0.718		0	FLM	4		0.115	0.204	0.811
20:1.....g	0.020		0	FLM	4		0.003	0.006	0.023
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.461		0	FLM	4		0.074	0.131	0.521
18:2 undifferentiated.....g	0.418		0	FLM	4		0.067	0.119	0.472
18:3 undifferentiated.....g	0.027		0	FLM	4		0.004	0.008	0.031
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.001	0.001	0.006
20:5 n-3.....g	0.001		0	FLM	4		0.000	0.000	0.001
22:5 n-3.....g	0.001		0	FLM	4		0.000	0.000	0.001
22:6 n-3.....g	0.002		0	FLM	4		0.000	0.001	0.002
Fatty acids, total trans.....g									
Cholesterol.....mg	16		0	MA	12		3	5	18
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1060		0	FLA	4		169.643	300.587	1198.106
Carotene, alpha.....mcg	495		0	FLA	4		79.182	140.300	559.220
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.005	0.008	0.034
Lycopene.....mcg	0		0	FLA	4		0.039	0.069	0.274
Lutein + zeaxanthin.....mcg	40		0	FLA	4		6.441	11.412	45.486

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03070

Babyfood, dinner, chicken soup, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.425		0		4		0.973	0.068	0.120
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.014		0		4		0.032	0.002	0.004
17:1.....g									
18:1 undifferentiated.....g	0.404		0		4		0.925	0.065	0.115
20:1.....g	0.005		0		4		0.011	0.001	0.001
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.900		0		4		2.061	0.144	0.255
18:2 undifferentiated.....g	0.792		0		4		1.814	0.127	0.225
18:3 undifferentiated.....g	0.103		0		4		0.236	0.016	0.029
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.002		0		4		0.005	0.000	0.001
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.001		0		4		0.002	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0		4		9	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	674		0	BNA	4		1542.724	107.789	190.988
Carotene, alpha.....mcg	313		0	BNA	4		717.335	50.120	88.806
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	O	4		0.353	0.025	0.044
Lutein + zeaxanthin.....mcg	40		0	O	4		91.600	6.400	11.340

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 229g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03072

Babyfood, dinner, chicken stew, toddler

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.700	0.160	11		1		0.272	0.482	3.009
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.140	0.020	11		1		0.022	0.040	0.248
17:1.....g									
18:1 undifferentiated.....g	1.540	0.140	11		1		0.246	0.437	2.726
20:1.....g	0.010	0.000	11		1		0.002	0.003	0.018
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.770	0.070	11		1		0.123	0.218	1.363
18:2 undifferentiated.....g	0.730	0.070	11		1		0.117	0.207	1.292
18:3 undifferentiated.....g	0.030	0.000	11		1		0.005	0.009	0.053
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.020	0.000	11		1		0.003	0.006	0.035
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	29	1.500	11		1		5	8	51
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.057		0		1		0.009	0.016	0.101
Threonine.....g	0.221		0		1		0.035	0.063	0.391
Isoleucine.....g	0.257		0		1		0.041	0.073	0.455
Leucine.....g	0.405		0		1		0.065	0.115	0.717
Lysine.....g	0.410		0		1		0.066	0.116	0.726
Methionine.....g	0.112		0		1		0.018	0.032	0.198
Cystine.....g	0.052		0		1		0.008	0.015	0.092
Phenylalanine.....g	0.213		0		1		0.034	0.060	0.377
Tyrosine.....g	0.172		0		1		0.028	0.049	0.304
Valine.....g	0.292		0		1		0.047	0.083	0.517
Arginine.....g	0.331		0		1		0.053	0.094	0.586
Histidine.....g	0.128		0		1		0.020	0.036	0.227
Alanine.....g	0.298		0		1		0.048	0.084	0.527
Aspartic acid.....g	0.471		0		1		0.075	0.134	0.834
Glutamic acid.....g	0.898		0		1		0.144	0.255	1.589
Glycine.....g	0.295		0		1		0.047	0.084	0.522
Proline.....g	0.354		0		1		0.057	0.100	0.627
Serine.....g	0.209		0		1		0.033	0.059	0.370
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	495		0	BNA	4		79.250	140.421	876.702
Carotene, alpha.....mcg	214		0	BNA	4		34.301	60.777	379.457
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.008	0.014	0.090
Lycopene.....mcg	0		0	FLA	4		0.017	0.030	0.185
Lutein + zeaxanthin.....mcg	178		0	FLA	4		28.402	50.326	314.202

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 177g: 1 jar (6.25 oz)

NDB No. 03072

Babyfood, dinner, chicken stew, toddler

Calories Factors: Protein 3.7

Fat 8.9

Carbohydrate 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03090

Babyfood, dinner, macaroni and cheese, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.534		0		4		0.151	0.908	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.055		0		4		0.016	0.094	
17:1.....g									
18:1 undifferentiated.....g	0.453		0		4		0.128	0.770	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.132		0		4		0.037	0.224	
18:2 undifferentiated.....g	0.105		0		4		0.030	0.179	
18:3 undifferentiated.....g	0.027		0		4		0.008	0.046	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	6		0		4		2	10	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.032		0		1		0.009	0.054	
Threonine.....g	0.078		0		1		0.022	0.133	
Isoleucine.....g	0.130		0		1		0.037	0.221	
Leucine.....g	0.234		0		1		0.066	0.398	
Lysine.....g	0.148		0		1		0.042	0.252	
Methionine.....g	0.090		0		1		0.026	0.153	
Cystine.....g	0.032		0		1		0.009	0.054	
Phenylalanine.....g	0.132		0		1		0.037	0.224	
Tyrosine.....g	0.123		0		1		0.035	0.209	
Valine.....g	0.147		0		1		0.042	0.250	
Arginine.....g	0.102		0		1		0.029	0.173	
Histidine.....g	0.062		0		1		0.018	0.105	
Alanine.....g	0.085		0		1		0.024	0.145	
Aspartic acid.....g	0.167		0		1		0.047	0.284	
Glutamic acid.....g	0.665		0		1		0.189	1.131	
Glycine.....g	0.058		0		1		0.016	0.099	
Proline.....g	0.293		0		1		0.083	0.498	
Serine.....g	0.104		0		1		0.029	0.177	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	5		0	FLA	4		1.454	8.717	
Carotene, alpha.....mcg	0		0	FLA	4		0.001	0.006	
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.001	0.008	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	1		0	FLA	4		0.254	1.526	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

NDB No. 03090

Babyfood, dinner, macaroni and cheese, junior

Calories Factors: Protein 4.2

Fat 8.7

Carbohydrate 4

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03089

Babyfood, dinner, macaroni and cheese, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.609		0	FLM	4		0.173	0.688	
17:0.....g									
18:0.....g	0.242		0	FLM	4		0.069	0.273	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.581		0	FLM	4		0.165	0.657	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.061		0	FLM	4		0.017	0.069	
17:1.....g									
18:1 undifferentiated.....g	0.491		0	FLM	4		0.139	0.555	
20:1.....g	0.000		0	FLM	4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.103		0	FLM	4		0.029	0.116	
18:2 undifferentiated.....g	0.075		0	FLM	4		0.021	0.085	
18:3 undifferentiated.....g	0.028		0	FLM	4		0.008	0.032	
18:4.....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	7		0	FLM	4		2	8	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	5		0	FLA	4		1.420	5.660	
Carotene, alpha.....mcg	0		0	FLA	4		0.002	0.006	
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.002	0.009	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	1		0	FLA	4		0.412	1.641	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03045

Babyfood, dinner, macaroni and tomato and beef, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.447		0		4		0.072	0.127	0.760
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.038		0		4		0.006	0.011	0.065
17:1.....g									
18:1 undifferentiated.....g	0.392		0		4		0.063	0.111	0.666
20:1.....g	0.001		0		4		0.000	0.000	0.002
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.079		0		4		0.013	0.022	0.134
18:2 undifferentiated.....g	0.066		0		4		0.011	0.019	0.112
18:3 undifferentiated.....g	0.007		0		4		0.001	0.002	0.012
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0		4		0.001	0.001	0.007
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0		4		1	1	7
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.028		0		1		0.004	0.008	0.048
Threonine.....g	0.090		0		1		0.014	0.026	0.153
Isoleucine.....g	0.118		0		1		0.019	0.033	0.201
Leucine.....g	0.198		0		1		0.032	0.056	0.337
Lysine.....g	0.149		0		1		0.024	0.042	0.253
Methionine.....g	0.039		0		1		0.006	0.011	0.066
Cystine.....g	0.034		0		1		0.005	0.010	0.058
Phenylalanine.....g	0.112		0		1		0.018	0.032	0.190
Tyrosine.....g	0.082		0		1		0.013	0.023	0.139
Valine.....g	0.127		0		1		0.020	0.036	0.216
Arginine.....g	0.133		0		1		0.021	0.038	0.226
Histidine.....g	0.064		0		1		0.010	0.018	0.109
Alanine.....g	0.128		0		1		0.020	0.036	0.218
Aspartic acid.....g	0.198		0		1		0.032	0.056	0.337
Glutamic acid.....g	0.619		0		1		0.099	0.175	1.052
Glycine.....g	0.126		0		1		0.020	0.036	0.214
Proline.....g	0.201		0		1		0.032	0.057	0.342
Serine.....g	0.104		0		1		0.017	0.029	0.177
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	338		0	BNA	4		54.001	95.682	573.757
Carotene, alpha.....mcg	154		0	BNA	4		24.671	43.714	262.129
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.001
Lycopene.....mcg	250		0	O	4		40.000	70.875	425.000
Lutein + zeaxanthin.....mcg	12		0	O	4		1.920	3.402	20.400

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

NDB No. 03045

Babyfood, dinner, macaroni and tomato and beef, junior

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03044

Babyfood, dinner, macaroni and tomato and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.292		0	FLM	4		0.047	0.083	0.330
17:0.....g									
18:0.....g	0.140		0	FLM	4		0.022	0.040	0.158
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.594		0	FLM	4		0.095	0.168	0.671
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.041		0	FLM	4		0.007	0.012	0.046
17:1.....g									
18:1 undifferentiated.....g	0.533		0	FLM	4		0.085	0.151	0.602
20:1.....g	0.001		0	FLM	4		0.000	0.000	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.193		0	FLM	4		0.031	0.055	0.218
18:2 undifferentiated.....g	0.170		0	FLM	4		0.027	0.048	0.192
18:3 undifferentiated.....g	0.017		0	FLM	4		0.003	0.005	0.019
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0	FLM	4		0.001	0.001	0.005
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	7		0	MA	12		1	2	8
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	420		0	BNA	4		67.250	119.158	474.952
Carotene, alpha.....mcg	213		0	BNA	4		34.077	60.380	240.669
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.001
Lycopene.....mcg	42		0	O	4		6.720	11.907	47.460
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.036	0.064	0.256

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43432

Babyfood, dinner, macaroni, beef and tomato sauce, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.782				4		0.125		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.064				4		0.010		
17:1.....g									
18:1 undifferentiated.....g	0.689				4		0.110		
20:1.....g	0.002				4		0.000		
22:1 undifferentiated.....g	0.000				4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.140				4		0.022		
18:2 undifferentiated.....g	0.115				4		0.018		
18:3 undifferentiated.....g	0.015				4		0.002		
18:4.....g	0.000				4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.007				4		0.001		
20:5 n-3.....g	0.000				4		0.000		
22:5 n-3.....g	0.000				4		0.000		
22:6 n-3.....g	0.000				4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	7				4		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0					7	0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	36		0	FLA	4		5.759		
Carotene, alpha.....mcg	0		0	FLA	4		0.000		
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.001		
Lycopene.....mcg	333		0	FLA	4		53.312		
Lutein + zeaxanthin.....mcg	11		0	FLA	4		1.682		

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Common Measures:

Measure 1 = 16g: 1 tbsp

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03279

Babyfood, dinner, mixed vegetable, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	90.60	0.100	13		1		25.69	154.02	
Energy.....kcal	33		0	NC	4		9	56	
Energy.....kj	138				4		39	235	
Protein (N x 6.07).....g	1.00	0.000	13		1		0.28	1.70	
Total lipid (fat).....g	0.00	0.000	13		1		0.00	0.00	
Ash.....g	0.40	0.000	13		1		0.11	0.68	
Carbohydrate, by difference.....g	7.90		0	NC	4		2.24	13.43	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	17	1.000	13		1		5	29	
Iron, Fe.....mg	0.31	0.030	13		1		0.09	0.53	
Magnesium, Mg.....mg	10		0		4		3	17	
Phosphorus, P.....mg	22		0		4		6	37	
Potassium, K.....mg	112	3.000	13		1		32	190	
Sodium, Na.....mg	9	1.000	13		1		3	15	
Zinc, Zn.....mg	0.24		0		4		0.07	0.41	
Copper, Cu.....mg	0.036		0		4		0.010	0.061	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.7		1	A	1		0.2	1.2	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	3.3	0.600	13		1		0.9	5.6	
Thiamin.....mg	0.014	0.000	13		1		0.004	0.024	
Riboflavin.....mg	0.024	0.000	13		1		0.007	0.041	
Niacin.....mg	0.414	0.016	13		1		0.117	0.704	
Pantothenic acid.....mg	0.230		0		4		0.065	0.391	
Vitamin B-6.....mg	0.075		0		4		0.021	0.128	
Folate, total.....mcg	7		0		1		2	11	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	7		0		1		2	11	
Folate, DFE.....mcg_DFE	7		0	NC	4		2	11	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	2444	243.000	13		1		693	4155	
Vitamin A, RAE.....mcg_RAE	122		0	NC	4		35	208	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3

Fat 8.4

Carbohydrate 3.8

Food Group: 03 Baby Foods

NDB No. 03278

Babyfood, dinner, mixed vegetable, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	88.70	0.200	16		1		25.15	100.23	
Energy.....kcal	41		0	NC	4		12	46	
Energy.....kj	172				4		49	194	
Protein (N x 6.07).....g	1.20	0.000	13		1		0.34	1.36	
Total lipid (fat).....g	0.10	0.000	13		1		0.03	0.11	
Ash.....g	0.50	0.000	13		1		0.14	0.57	
Carbohydrate, by difference.....g	9.50		0	NC	4		2.69	10.74	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	22	2.000	13		1		6	25	
Iron, Fe.....mg	0.33	0.030	13		1		0.09	0.37	
Magnesium, Mg.....mg	11		0		4		3	12	
Phosphorus, P.....mg	24		0		4		7	27	
Potassium, K.....mg	121	4.000	13		1		34	137	
Sodium, Na.....mg	8	0.000	13		1		2	9	
Zinc, Zn.....mg	0.16		0		4		0.05	0.18	
Copper, Cu.....mg	0.044		0		4		0.012	0.050	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.7		1	A	1		0.2	0.8	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	2.8	0.200	13		1		0.8	3.2	
Thiamin.....mg	0.015	0.000	13		1		0.004	0.017	
Riboflavin.....mg	0.031	0.000	13		1		0.009	0.035	
Niacin.....mg	0.502	0.035	13		1		0.142	0.567	
Pantothenic acid.....mg	0.277		0		4		0.079	0.313	
Vitamin B-6.....mg	0.075		0		4		0.021	0.085	
Folate, total.....mcg	8	1.400	3		1		2	9	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	8	1.400	3		1		2	9	
Folate, DFE.....mcg_DFE	8		0	NC	4		2	9	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	2728	274.000	13		1		773	3083	
Vitamin A, RAE.....mcg_RAE	136		0	NC	4		39	154	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3

Fat 8.4

Carbohydrate 3.8

Food Group: 03 Baby Foods

NDB No. 03077

Babyfood, dinner, pasta with vegetables

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.580		0	FLM	4		0.655		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.044		0	FLM	4		0.050		
17:1.....g									
18:1 undifferentiated.....g	0.507		0	FLM	4		0.573		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.144		0	FLM	4		0.163		
18:2 undifferentiated.....g	0.110		0	FLM	4		0.124		
18:3 undifferentiated.....g	0.034		0	FLM	4		0.038		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	FLM	4		6		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM	4		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	282		0	FLA	4		318.128		
Carotene, alpha.....mcg	39		0	FLA	4		44.022		
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000		
Lycopene.....mcg	290		0	FLA	4		327.655		
Lutein + zeaxanthin.....mcg	341		0	FLA	4		384.863		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03304

Babyfood, dinner, potatoes with cheese and ham, toddler

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.733		0	FLM	4				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.070		0	FLM	4				
17:1.....g									
18:1 undifferentiated.....g	0.650		0	FLM	4				
20:1.....g	0.000		0	FLM	4				
22:1 undifferentiated.....g	0.000		0	FLM	4				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.163		0	FLM	4				
18:2 undifferentiated.....g	0.131		0	FLM	4				
18:3 undifferentiated.....g	0.032		0	FLM	4				
18:4.....g	0.000		0	FLM	4				
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4				
20:5 n-3.....g	0.000		0	FLM	4				
22:5 n-3.....g	0.000		0	FLM	4				
22:6 n-3.....g	0.000		0	FLM	4				
Fatty acids, total trans.....g									
Cholesterol.....mg	6		1	MA	12				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7				
Caffeine.....mg	0		0	Z	7				
Theobromine.....mg	0		0	Z	7				
Carotenoids:									
Carotene, beta.....mcg	3		0	BNA	4				
Carotene, alpha.....mcg	0		0	BNA	4				
Cryptoxanthin, beta.....mcg	0		0	BNA	4				
Lycopene.....mcg	0		0	FLA	4				
Lutein + zeaxanthin.....mcg	5		0	FLA	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03050

Babyfood, dinner, spaghetti and tomato and meat, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.306		0	FLM	4		0.049	0.087	0.520
17:0.....g									
18:0.....g	0.142		0	FLM	4		0.023	0.040	0.241
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.497		0	FLM	4		0.080	0.141	0.845
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.030		0	FLM	4		0.005	0.009	0.051
17:1.....g									
18:1 undifferentiated.....g	0.451		0	FLM	4		0.072	0.128	0.767
20:1.....g	0.007		0	FLM	4		0.001	0.002	0.012
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.185		0	FLM	4		0.030	0.052	0.315
18:2 undifferentiated.....g	0.165		0	FLM	4		0.026	0.047	0.281
18:3 undifferentiated.....g	0.019		0	FLM	4		0.003	0.005	0.032
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.001		0	FLM	4		0.000	0.000	0.002
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	FLM	4		1	1	9
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	601		0	BNA	4		96.126	170.323	1021.338
Carotene, alpha.....mcg	304		0	BNA	4		48.709	86.307	517.535
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.003
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	O	4		0.074	0.131	0.784

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03051

Babyfood, dinner, spaghetti and tomato and meat, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	81.60		1		1		23.13	138.72	
Energy.....kcal	75		0	NC	4		21	128	
Energy.....kj	314				4		89	533	
Protein (N x 5.98).....g	5.30		6		1		1.50	9.01	
Total lipid (fat).....g	1.00		6		1		0.28	1.70	
Ash.....g	1.30		1		1		0.37	2.21	
Carbohydrate, by difference.....g	10.80		0	NC	4		3.06	18.36	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	22		6		1		6	37	
Iron, Fe.....mg	0.90		6		1		0.26	1.53	
Magnesium, Mg.....mg	15		1		1		4	26	
Phosphorus, P.....mg	45		1		1		13	77	
Potassium, K.....mg	163		1		1		46	277	
Sodium, Na.....mg	358		1		1		101	609	
Zinc, Zn.....mg	0.48		1		1		0.14	0.82	
Copper, Cu.....mg	0.020		1		1		0.006	0.034	
Manganese, Mn.....mg									
Selenium, Se.....mcg	8.4		0	BFZN	4		2.4	14.3	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	4.1		6		1		1.2	7.0	
Thiamin.....mg	0.062		6		1		0.018	0.105	
Riboflavin.....mg	0.101		6		1		0.029	0.172	
Niacin.....mg	1.558		6		1		0.442	2.649	
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.083		6		1		0.024	0.141	
Folate, total.....mcg	32		0	FLM	4		9	54	
Folic acid.....mcg	26		0	NC	4		7	44	
Folate, food.....mcg	6		0		4		2	10	
Folate, DFE.....mcg_DFE	50		0	NC	4		14	85	
Vitamin B-12.....mcg	0.23		0		4		0.07	0.39	
Vitamin A, IU.....IU	443	116.000	6		1		126	753	
Vitamin A, RAE.....mcg_RAE	22		0	NC	4		6	38	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.065		0		1		0.018	0.111	
Threonine.....g	0.197		0		1		0.056	0.335	
Isoleucine.....g	0.268		0		1		0.076	0.456	
Leucine.....g	0.413		0		1		0.117	0.702	
Lysine.....g	0.313		0		1		0.089	0.532	
Methionine.....g	0.104		0		1		0.029	0.177	
Cystine.....g	0.066		0		1		0.019	0.112	
Phenylalanine.....g	0.241		0		1		0.068	0.410	
Tyrosine.....g	0.184		0		1		0.052	0.313	
Valine.....g	0.286		0		1		0.081	0.486	
Arginine.....g	0.284		0		1		0.081	0.483	
Histidine.....g	0.141		0		1		0.040	0.240	
Alanine.....g	0.269		0		1		0.076	0.457	
Aspartic acid.....g	0.470		0		1		0.133	0.799	
Glutamic acid.....g	1.297		0		1		0.368	2.205	

NDB No. 03051

Babyfood, dinner, spaghetti and tomato and meat, toddler

Nutrients and Units	<u>Amount in 100 grams of edible portion</u>				<u>Amount in edible portion of common measures of food</u>				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.254		0		1		0.072	0.432	
Proline.....g	0.442		0		1		0.125	0.751	
Serine.....g	0.202		0		1		0.057	0.343	
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03303

Babyfood, dinner, sweet potatoes and chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.980		1	MA	12		0.157	1.107	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.095		0	FLM	4		0.015	0.107	
17:1.....g									
18:1 undifferentiated.....g	0.803		0	FLM	4		0.128	0.907	
20:1.....g	0.014		0	FLM	4		0.002	0.016	
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.480		1	MA	12		0.077	0.542	
18:2 undifferentiated.....g	0.487		0	FLM	4		0.078	0.550	
18:3 undifferentiated.....g	0.024		0	FLM	4		0.004	0.027	
18:4.....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.001	0.006	
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	11		1	MA	12		2	12	
Phytosterols.....mg	0		0	FLM	4		0	0	
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	
Caffeine.....mg	0		0	Z	7		0	0	
Theobromine.....mg	0		0	Z	7		0	0	
Carotenoids:									
Carotene, beta.....mcg	2590		0	BNA	4		414.320	2926.138	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.157		0	FLM	4		0.025	0.045	0.267
17:0.....g									
18:0.....g	0.052		0	FLM	4		0.008	0.015	0.088
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.304		0	FLM	4		0.049	0.086	0.517
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.032		0	FLM	4		0.005	0.009	0.054
17:1.....g									
18:1 undifferentiated.....g	0.261		0	FLM	4		0.042	0.074	0.444
20:1.....g	0.002		0	FLM	4		0.000	0.001	0.003
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.233		0	FLM	4		0.037	0.066	0.396
18:2 undifferentiated.....g	0.203		0	FLM	4		0.032	0.058	0.345
18:3 undifferentiated.....g	0.016		0	FLM	4		0.003	0.005	0.027
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.007		0	FLM	4		0.001	0.002	0.012
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.001		0	FLM	4		0.000	0.000	0.002
22:6 n-3.....g	0.002		0	FLM	4		0.000	0.001	0.003
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		1	1	7
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	927		0	FLA	4		148.301	262.771	1575.699
Carotene, alpha.....mcg	410		0	FLA	4		65.530	116.111	696.255
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.001	0.001	0.007
Lycopene.....mcg	1127		0	FLA	4		180.397	319.641	1916.721
Lutein + zeaxanthin.....mcg	134		0	FLA	4		21.372	37.869	227.079

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03082

Babyfood, dinner, turkey and rice, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.223		0	FLM	4		0.036	0.063	0.252
17:0.....g									
18:0.....g	0.074		0	FLM	4		0.012	0.021	0.084
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.446		0	FLM	4		0.071	0.126	0.504
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.051		0	FLM	4		0.008	0.014	0.058
17:1.....g									
18:1 undifferentiated.....g	0.380		0	FLM	4		0.061	0.108	0.429
20:1.....g	0.003		0	FLM	4		0.000	0.001	0.003
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.308		0	FLM	4		0.049	0.087	0.348
18:2 undifferentiated.....g	0.272		0	FLM	4		0.044	0.077	0.307
18:3 undifferentiated.....g	0.020		0	FLM	4		0.003	0.006	0.023
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.008		0	FLM	4		0.001	0.002	0.009
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.001		0	FLM	4		0.000	0.000	0.001
22:6 n-3.....g	0.002		0	FLM	4		0.000	0.001	0.002
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	FLM	4		1	1	6
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	789		0	FLA	4		126.290	223.770	891.922
Carotene, alpha.....mcg	368		0	FLA	4		58.833	104.245	415.508
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.002
Lycopene.....mcg	0		0	FLA	4		0.029	0.051	0.203
Lutein + zeaxanthin.....mcg	38		0	FLA	4		6.065	10.747	42.837

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03296

Babyfood, dinner, turkey, rice, and vegetables, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.555		0	BFFN		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.058		0	MC		9			
17:1.....g									
18:1 undifferentiated.....g	0.497		0	MC		9			
20:1.....g	0.000		0	BFFN		4			
22:1 undifferentiated.....g	0.000		0	BFFN		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.309		0	BFFN		4			
18:2 undifferentiated.....g	0.299		0	MC		9			
18:3 undifferentiated.....g	0.010		0	MC		9			
18:4.....g	0.000		0	BFFN		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	BFFN		4			
20:5 n-3.....g	0.000		0	BFFN		4			
22:5 n-3.....g	0.000		0	BFFN		4			
22:6 n-3.....g	0.000		0	BFFN		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	7		0	MA		12			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	FLA		4			
Theobromine.....mg	0		0	FLA		4			
Carotenoids:									
Carotene, beta.....mcg	1116		0	BNA		4			
Carotene, alpha.....mcg	489		0	BNA		4			
Cryptoxanthin, beta.....mcg	0		0	BNA		4			
Lycopene.....mcg	65		0	FLA		4			
Lutein + zeaxanthin.....mcg	153		0	FLA		4			

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03059

Babyfood, dinner, vegetables and bacon, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.670		0	FLM	4		1.715	0.107	0.190
17:0.....g									
18:0.....g	0.345		0	FLM	4		0.883	0.055	0.098
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.347		0	FLM	4		3.448	0.216	0.382
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.090		0	FLM	4		0.230	0.014	0.026
17:1.....g									
18:1 undifferentiated.....g	1.244		0	FLM	4		3.185	0.199	0.353
20:1.....g	0.011		0	FLM	4		0.028	0.002	0.003
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.377		0	FLM	4		0.965	0.060	0.107
18:2 undifferentiated.....g	0.327		0	FLM	4		0.837	0.052	0.093
18:3 undifferentiated.....g	0.045		0	FLM	4		0.115	0.007	0.013
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.013	0.001	0.001
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		10	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1112		0	BNA	4		2847.711	177.982	315.362
Carotene, alpha.....mcg	515		0	BNA	4		1319.625	82.477	146.138
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	1		0	BFSN	4		1.633	0.102	0.181
Lutein + zeaxanthin.....mcg	225		0	BFSN	4		575.192	35.949	63.698

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03054

Babyfood, dinner, vegetables and beef, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.761		0	FLM	4		1.948	0.122	0.216
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.058		0	FLM	4		0.148	0.009	0.016
17:1.....g									
18:1 undifferentiated.....g	0.676		0	FLM	4		1.731	0.108	0.192
20:1.....g	0.005		0	FLM	4		0.013	0.001	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.143		0	FLM	4		0.366	0.023	0.041
18:2 undifferentiated.....g	0.120		0	FLM	4		0.307	0.019	0.034
18:3 undifferentiated.....g	0.016		0	FLM	4		0.041	0.003	0.005
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.013	0.001	0.001
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0	MA	12		20	1	2
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1246		0	FLA	4		3188.861	199.304	353.141
Carotene, alpha.....mcg	562		0	FLA	4		1437.561	89.848	159.199
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	1460		0	FLA	4		3737.646	233.603	413.915
Lutein + zeaxanthin.....mcg	43		0	FLA	4		109.866	6.867	12.167

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Footnotes

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03053

Babyfood, dinner, vegetables and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.562		0	FLM	4		1.439	0.090	0.159
17:0.....g									
18:0.....g	0.342		0	FLM	4		0.876	0.055	0.097
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.010		0	FLM	4		2.586	0.162	0.286
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.090		0	FLM	4		0.230	0.014	0.026
17:1.....g									
18:1 undifferentiated.....g	0.879		0	FLM	4		2.250	0.141	0.249
20:1.....g	0.004		0	FLM	4		0.010	0.001	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.144		0	FLM	4		0.369	0.023	0.041
18:2 undifferentiated.....g	0.112		0	FLM	4		0.287	0.018	0.032
18:3 undifferentiated.....g	0.018		0	FLM	4		0.046	0.003	0.005
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0	FLM	4		0.013	0.001	0.001
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	6		0	FLM	4		15	1	2
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLA	4		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1421		0	FLA	4		3637.606	227.350	402.836
Carotene, alpha.....mcg	663		0	FLA	4		1697.918	106.120	188.031
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.831	0.052	0.092
Lutein + zeaxanthin.....mcg	51		0	FLA	4		130.100	8.131	14.408

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.191		0	FLM	4		0.489	0.031	0.054
17:0.....g									
18:0.....g	0.071		0	FLM	4		0.182	0.011	0.020
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.402		0	FLM	4		1.029	0.064	0.114
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.047		0	FLM	4		0.120	0.008	0.013
17:1.....g									
18:1 undifferentiated.....g	0.340		0	FLM	4		0.870	0.054	0.096
20:1.....g	0.004		0	FLM	4		0.010	0.001	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.269		0	FLM	4		0.689	0.043	0.076
18:2 undifferentiated.....g	0.238		0	FLM	4		0.609	0.038	0.067
18:3 undifferentiated.....g	0.013		0	FLM	4		0.033	0.002	0.004
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.009		0	FLM	4		0.023	0.001	0.003
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.002		0	FLM	4		0.005	0.000	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	7		0	MA	12		18	1	2
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1270		0	BNA	4		3250.863	203.179	360.008
Carotene, alpha.....mcg	592		0	BNA	4		1516.782	94.799	167.972
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.556	0.035	0.062
Lutein + zeaxanthin.....mcg	36		0	FLA	4		92.734	5.796	10.270

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03042

Babyfood, dinner, vegetables and dumplings and beef, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	88.60	0.100	3		1		25.12	150.62	
Energy.....kcal	48		0	NC	4		14	82	
Energy.....kj	201				4		57	341	
Protein (N x 6.03).....g	2.10	0.100	3		1		0.60	3.57	
Total lipid (fat).....g	0.80	0.100	3		1		0.23	1.36	
Ash.....g	0.60	0.000	3		1		0.17	1.02	
Carbohydrate, by difference.....g	8.00		0	NC	4		2.27	13.60	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	14	1.000	3		1		4	24	
Iron, Fe.....mg	0.47	0.040	3		1		0.13	0.80	
Magnesium, Mg.....mg	7	0.000	3		1		2	12	
Phosphorus, P.....mg	29		0		4		8	49	
Potassium, K.....mg	47		0		4		13	80	
Sodium, Na.....mg	52		1		1		15	88	
Zinc, Zn.....mg	0.33	0.027	3		1		0.09	0.56	
Copper, Cu.....mg	0.030		0		4		0.009	0.051	
Manganese, Mn.....mg									
Selenium, Se.....mcg	2.1		0	BFZN	4		0.6	3.6	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.8		0		1		0.2	1.4	
Thiamin.....mg	0.039	0.000	3		1		0.011	0.066	
Riboflavin.....mg	0.036		3		1		0.010	0.061	
Niacin.....mg	0.490	0.009	3		1		0.139	0.833	
Pantothenic acid.....mg	0.214		0		4		0.061	0.364	
Vitamin B-6.....mg	0.048		0		4		0.014	0.082	
Folate, total.....mcg	7		0		1		2	13	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	7		0		1		2	13	
Folate, DFE.....mcg_DFE	7		0	NC	4		2	13	
Vitamin B-12.....mcg	0.09		0		4		0.03	0.15	
Vitamin A, IU.....IU	660	49.000	3		1		187	1122	
Vitamin A, RAE.....mcg_RAE	33		0	NC	4		9	56	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03041

Babyfood, dinner, vegetables and dumplings and beef, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	88.90	0.200	5		1		25.20	100.46	
Energy.....kcal	48		0	NC	4		14	54	
Energy.....kj	201				4		57	227	
Protein (N x 6.03).....g	2.00		2		1		0.57	2.26	
Total lipid (fat).....g	0.90		2		1		0.26	1.02	
Ash.....g	0.50		2		1		0.14	0.57	
Carbohydrate, by difference.....g	7.70		0	NC	4		2.18	8.70	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	14		2		1		4	16	
Iron, Fe.....mg	0.39		2		1		0.11	0.44	
Magnesium, Mg.....mg	6		0		1		2	7	
Phosphorus, P.....mg	28		0		4		8	32	
Potassium, K.....mg	46		0		4		13	52	
Sodium, Na.....mg	49		1		1		14	55	
Zinc, Zn.....mg	0.40		1		1		0.11	0.45	
Copper, Cu.....mg	0.029		0		4		0.008	0.033	
Manganese, Mn.....mg									
Selenium, Se.....mcg	2.1		0	BFZN	4		0.6	2.4	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.8		2		1		0.2	0.9	
Thiamin.....mg	0.049		2		1		0.014	0.055	
Riboflavin.....mg	0.040		2		1		0.011	0.045	
Niacin.....mg	0.574		2		1		0.163	0.649	
Pantothenic acid.....mg	0.208		0		4		0.059	0.235	
Vitamin B-6.....mg	0.047		0		4		0.013	0.053	
Folate, total.....mcg	7	1.400	3		1		2	8	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	7	1.400	3		1		2	8	
Folate, DFE.....mcg_DFE	7		0	NC	4		2	8	
Vitamin B-12.....mcg	0.09		0		4		0.03	0.10	
Vitamin A, IU.....IU	416		2		1		118	470	
Vitamin A, RAE.....mcg_RAE	21		0	NC	4		6	24	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03062

Babyfood, dinner, vegetables and ham, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.314		0	FLM	4		0.804	0.050	0.089
17:0.....g									
18:0.....g	0.151		0	FLM	4		0.387	0.024	0.043
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.811		0	FLM	4		2.076	0.130	0.230
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.033		0	FLM	4		0.084	0.005	0.009
17:1.....g									
18:1 undifferentiated.....g	0.777		0	FLM	4		1.989	0.124	0.220
20:1.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.448		0	FLM	4		1.147	0.072	0.127
18:2 undifferentiated.....g	0.403		0	FLM	4		1.032	0.064	0.114
18:3 undifferentiated.....g	0.039		0	FLM	4		0.100	0.006	0.011
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0	FLM	4		0.010	0.001	0.001
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	FLM	4		8	0	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1401		0	FLA	4		3586.179	224.136	397.141
Carotene, alpha.....mcg	645		0	FLA	4		1650.054	103.128	182.731
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	685		0	FLA	4		1752.621	109.539	194.089
Lutein + zeaxanthin.....mcg	49		0	FLA	4		126.299	7.894	13.987

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03061

Babyfood, dinner, vegetables and ham, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.482		0	FLM	4		1.234	0.077	0.137
17:0.....g									
18:0.....g	0.245		0	FLM	4		0.627	0.039	0.069
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.963		0	FLM	4		2.465	0.154	0.273
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.061		0	FLM	4		0.156	0.010	0.017
17:1.....g									
18:1 undifferentiated.....g	0.895		0	FLM	4		2.291	0.143	0.254
20:1.....g	0.005		0	FLM	4		0.013	0.001	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.234		0	FLM	4		0.599	0.037	0.066
18:2 undifferentiated.....g	0.198		0	FLM	4		0.507	0.032	0.056
18:3 undifferentiated.....g	0.026		0	FLM	4		0.067	0.004	0.007
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.007		0	FLM	4		0.018	0.001	0.002
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	MA	12		13	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1401		0	FLA	4		3586.179	224.136	397.141
Carotene, alpha.....mcg	645		0	FLA	4		1650.054	103.128	182.731
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	685		0	FLA	4		1752.621	109.539	194.089
Lutein + zeaxanthin.....mcg	49		0	FLA	4		126.299	7.894	13.987

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03067

Babyfood, dinner, vegetables and lamb, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.690		0		4		0.196	1.173	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.047		0		4		0.013	0.080	
17:1.....g									
18:1 undifferentiated.....g	0.626		0		4		0.177	1.064	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.154		0		4		0.044	0.262	
18:2 undifferentiated.....g	0.122		0		4		0.035	0.207	
18:3 undifferentiated.....g	0.026		0		4		0.007	0.044	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005		0		4		0.001	0.009	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0		4		1	9	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.024		0		1		0.007	0.041	
Threonine.....g	0.077		0		1		0.022	0.131	
Isoleucine.....g	0.095		0		1		0.027	0.162	
Leucine.....g	0.155		0		1		0.044	0.264	
Lysine.....g	0.154		0		1		0.044	0.262	
Methionine.....g	0.031		0		1		0.009	0.053	
Cystine.....g	0.018		0		1		0.005	0.031	
Phenylalanine.....g	0.083		0		1		0.024	0.141	
Tyrosine.....g	0.066		0		1		0.019	0.112	
Valine.....g	0.102		0		1		0.029	0.173	
Arginine.....g	0.141		0		1		0.040	0.240	
Histidine.....g	0.048		0		1		0.014	0.082	
Alanine.....g	0.120		0		1		0.034	0.204	
Aspartic acid.....g	0.209		0		1		0.059	0.355	
Glutamic acid.....g	0.418		0		1		0.119	0.711	
Glycine.....g	0.105		0		1		0.030	0.179	
Proline.....g	0.115		0		1		0.033	0.196	
Serine.....g	0.077		0		1		0.022	0.131	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.7

Fat 8.9

Carbohydrate 3.9

Food Group: 03 Baby Foods

NDB No. 03066

Babyfood, dinner, vegetables and lamb, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.822		0		4		2.104	0.132	0.233
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.057		0		4		0.146	0.009	0.016
17:1.....g									
18:1 undifferentiated.....g	0.746		0		4		1.910	0.119	0.211
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.167		0		4		0.428	0.027	0.047
18:2 undifferentiated.....g	0.130		0		4		0.333	0.021	0.037
18:3 undifferentiated.....g	0.031		0		4		0.079	0.005	0.009
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.006		0		4		0.015	0.001	0.002
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	6		0		4		15	1	2
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.023		0		1		0.059	0.004	0.007
Threonine.....g									
Isoleucine.....g									
Leucine.....g									
Lysine.....g									
Methionine.....g	0.044		0	FLA	4		0.114	0.007	0.013
Cystine.....g	0.023		0	FLA	4		0.060	0.004	0.007
Phenylalanine.....g	0.083		0	FLA	4		0.211	0.013	0.023
Tyrosine.....g	0.067		0	FLA	4		0.171	0.011	0.019
Valine.....g	0.102		0	FLA	4		0.262	0.016	0.029
Arginine.....g	0.116		0	FLA	4		0.296	0.019	0.033
Histidine.....g	0.057		0	FLA	4		0.145	0.009	0.016
Alanine.....g	0.114		0	FLA	4		0.292	0.018	0.032
Aspartic acid.....g	0.209		0	FLA	4		0.535	0.033	0.059
Glutamic acid.....g	0.341		0	FLA	4		0.872	0.055	0.097
Glycine.....g	0.088		0	FLA	4		0.225	0.014	0.025
Proline.....g	0.080		0	FLA	4		0.204	0.013	0.023
Serine.....g	0.075		0	FLA	4		0.191	0.012	0.021
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	976		0	FLA	4		2497.803	156.113	276.612
Carotene, alpha.....mcg	443		0	FLA	4		1132.878	70.805	125.457
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	947		0	FLA	4		2424.669	151.542	268.513
Lutein + zeaxanthin.....mcg	34		0	FLA	4		86.620	5.414	9.592

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Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

NDB No. 03066

Babyfood, dinner, vegetables and lamb, strained

Calories Factors: Protein 3.7

Fat 8.9

Carbohydrate 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03081

Babyfood, dinner, vegetables and noodles and turkey, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	88.70	0.000	4		1		25.15	150.79	
Energy.....kcal	52		0	NC	4		15	88	
Energy.....kj	218		4		4		62	370	
Protein (N x 5.98).....g	1.80	0.000	4		1		0.51	3.06	
Total lipid (fat).....g	1.50	0.100	4		1		0.43	2.55	
Ash.....g	0.40	0.000	4		1		0.11	0.68	
Carbohydrate, by difference.....g	7.60		0	NC	4		2.15	12.92	
Fiber, total dietary.....g	1.1		0		4		0.3	1.9	
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	32	2.000	4		1		9	54	
Iron, Fe.....mg	0.26	0.020	4		1		0.07	0.44	
Magnesium, Mg.....mg	9		0		1		3	15	
Phosphorus, P.....mg	29		0		1		8	49	
Potassium, K.....mg	73		0		1		21	124	
Sodium, Na.....mg	17		1		1		5	29	
Zinc, Zn.....mg	0.30		1		1		0.09	0.51	
Copper, Cu.....mg	0.026		0		4		0.007	0.044	
Manganese, Mn.....mg									
Selenium, Se.....mcg	2.8		0	FLM	4		0.8	4.8	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.8	0.100	4		1		0.2	1.4	
Thiamin.....mg	0.024	0.000	4		1		0.007	0.041	
Riboflavin.....mg	0.040	0.003	4		1		0.011	0.068	
Niacin.....mg	0.299	0.034	4		1		0.085	0.508	
Pantothenic acid.....mg	0.217		0		4		0.062	0.369	
Vitamin B-6.....mg	0.018		0		1		0.005	0.031	
Folate, total.....mcg	3		0		1		1	5	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	3		0		1		1	5	
Folate, DFE.....mcg_DFE	3		0	NC	4		1	5	
Vitamin B-12.....mcg	0.12		0		1		0.03	0.20	
Vitamin A, IU.....IU	994	84.000	4		1		282	1690	
Vitamin A, RAE.....mcg_RAE	50		0	NC	4		14	84	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03079

Babyfood, dinner, vegetables and noodles and turkey, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	90.30	0.100	7		1		25.60	102.04	
Energy.....kcal	44		0	NC	4		12	50	
Energy.....kj	184				4		52	208	
Protein (N x 5.98).....g	1.20	0.100	4		1		0.34	1.36	
Total lipid (fat).....g	1.20	0.000	4		1		0.34	1.36	
Ash.....g	0.40	0.000	4		1		0.11	0.45	
Carbohydrate, by difference.....g	6.80		0	NC	4		1.93	7.68	
Fiber, total dietary.....g	1.1		0		4		0.3	1.2	
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	32	2.000	4		1		9	36	
Iron, Fe.....mg	0.19	0.010	4		1		0.05	0.21	
Magnesium, Mg.....mg	8		1		1		2	9	
Phosphorus, P.....mg	25		1		1		7	28	
Potassium, K.....mg	63		1		1		18	71	
Sodium, Na.....mg	21		1		1		6	24	
Zinc, Zn.....mg	0.27		1		1		0.08	0.31	
Copper, Cu.....mg	0.022		0		4		0.006	0.025	
Manganese, Mn.....mg									
Selenium, Se.....mcg	2.8		0	FLM	4		0.8	3.2	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.8	0.200	4		1		0.2	0.9	
Thiamin.....mg	0.018	0.000	4		1		0.005	0.020	
Riboflavin.....mg	0.044	0.007	4		1		0.012	0.050	
Niacin.....mg	0.250	0.050	4		1		0.071	0.283	
Pantothenic acid.....mg	0.186		0		4		0.053	0.210	
Vitamin B-6.....mg	0.016		1		1		0.005	0.018	
Folate, total.....mcg	2	0.800	3		1		1	3	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	2	0.800	3		1		1	3	
Folate, DFE.....mcg_DFE	2		0	NC	4		1	3	
Vitamin B-12.....mcg	0.10		1		1		0.03	0.11	
Vitamin A, IU.....IU	991	87.000	4		1		281	1120	
Vitamin A, RAE.....mcg_RAE	50		0	NC	4		14	56	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.336		0	FLM	4		0.860	0.054	0.095
17:0.....g									
18:0.....g	0.102		0	FLM	4		0.261	0.016	0.029
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.687		0	FLM	4		1.759	0.110	0.195
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.085		0	FLM	4		0.218	0.014	0.024
17:1.....g									
18:1 undifferentiated.....g	0.576		0	FLM	4		1.475	0.092	0.163
20:1.....g	0.013		0	FLM	4		0.033	0.002	0.004
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.391		0	FLM	4		1.001	0.063	0.111
18:2 undifferentiated.....g	0.355		0	FLM	4		0.909	0.057	0.101
18:3 undifferentiated.....g	0.021		0	FLM	4		0.054	0.003	0.006
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.006		0	FLM	4		0.015	0.001	0.002
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3.....g	0.001		0	FLM	4		0.003	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		10	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2107		0	FLA	4		5393.926	337.120	597.335
Carotene, alpha.....mcg	976		0	FLA	4		2498.306	156.144	276.668
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		1.221	0.076	0.135
Lutein + zeaxanthin.....mcg	174		0	FLA	4		446.427	27.902	49.438

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Footnotes

- 1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- 2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03084

Babyfood, dinner, vegetables and turkey, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.149		0	FLM	4		0.381	0.024	0.042
17:0.....g									
18:0.....g	0.053		0	FLM	4		0.136	0.008	0.015
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.294		0	FLM	4		0.753	0.047	0.083
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.034		0	FLM	4		0.087	0.005	0.010
17:1.....g									
18:1 undifferentiated.....g	0.247		0	FLM	4		0.632	0.040	0.070
20:1.....g	0.002		0	FLM	4		0.005	0.000	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.241		0	FLM	4		0.617	0.039	0.068
18:2 undifferentiated.....g	0.207		0	FLM	4		0.530	0.033	0.059
18:3 undifferentiated.....g	0.015		0	FLM	4		0.038	0.002	0.004
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.007		0	FLM	4		0.018	0.001	0.002
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3.....g	0.002		0	FLM	4		0.005	0.000	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		10	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2139		0	FLA	4		5474.576	342.161	606.267
Carotene, alpha.....mcg	998		0	FLA	4		2555.150	159.697	282.963
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		1.250	0.078	0.138
Lutein + zeaxanthin.....mcg	76		0	FLA	4		195.783	12.236	21.681

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03086

Babyfood, dinner, vegetables and turkey, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	82.30	0.300	3		1		23.33	139.91	
Energy.....kcal	80		0	NC	4		23	136	
Energy.....kj	335				4		95	569	
Protein (N x 6.25).....g	4.80	0.200	4		1		1.36	8.16	
Total lipid (fat).....g	3.40	0.200	4		1		0.96	5.78	
Ash.....g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference.....g	8.00		0	NC	4		2.27	13.60	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	46	1.000	4		1		13	78	
Iron, Fe.....mg	0.60	0.020	4		1		0.17	1.02	
Magnesium, Mg.....mg	16		1		1		5	27	
Phosphorus, P.....mg	57		1		1		16	97	
Potassium, K.....mg	166		1		1		47	282	
Sodium, Na.....mg	334		1		1		95	568	
Zinc, Zn.....mg	0.32		1		1		0.09	0.54	
Copper, Cu.....mg	0.042		0		4		0.012	0.071	
Manganese, Mn.....mg									
Selenium, Se.....mcg	1.9		0	BFZN	4		0.5	3.2	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	3.4	0.700	4		1		1.0	5.8	
Thiamin.....mg	0.020	0.000	4		1		0.006	0.034	
Riboflavin.....mg	0.090	0.005	4		1		0.026	0.153	
Niacin.....mg	0.586	0.053	4		1		0.166	0.996	
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.060	0.003	4		1		0.017	0.102	
Folate, total.....mcg	3		0		4		1	5	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	3		0		4		1	5	
Folate, DFE.....mcg_DFE	3		0	NC	4		1	5	
Vitamin B-12.....mcg	0.44		0		4		0.12	0.75	
Vitamin A, IU.....IU	2099	166.000	3		1		595	3568	
Vitamin A, RAE.....mcg_RAE	105		0	NC	4		30	178	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									
Amino Acids:									
Tryptophan.....g	0.060		0		1		0.017	0.102	
Threonine.....g	0.186		0		1		0.053	0.316	
Isoleucine.....g	0.249		0		1		0.071	0.423	
Leucine.....g	0.389		0		1		0.110	0.661	
Lysine.....g	0.331		0		1		0.094	0.563	
Methionine.....g	0.088		0		1		0.025	0.150	
Cystine.....g	0.052		0		1		0.015	0.088	
Phenylalanine.....g	0.200		0		1		0.057	0.340	
Tyrosine.....g	0.174		0		1		0.049	0.296	
Valine.....g	0.278		0		1		0.079	0.473	
Arginine.....g	0.295		0		1		0.084	0.502	
Histidine.....g	0.114		0		1		0.032	0.194	
Alanine.....g	0.229		0		1		0.065	0.389	
Aspartic acid.....g	0.480		0		1		0.136	0.816	
Glutamic acid.....g	0.915		0		1		0.259	1.556	

NDB No. 03086

Babyfood, dinner, vegetables and turkey, toddler

Nutrients and Units	<u>Amount in 100 grams of edible portion</u>				<u>Amount in edible portion of common measures of food</u>				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Glycine.....g	0.192		0		1		0.054	0.326	
Proline.....g	0.333		0		1		0.094	0.566	
Serine.....g	0.193		0		1		0.055	0.328	
Hydroxyproline.....g									

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.7

Fat 8.9

Carbohydrate 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03073

Babyfood, dinner, vegetables chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.359		0	FLM	4		0.919	0.057	0.102
17:0.....g									
18:0.....g	0.098		0	FLM	4		0.251	0.016	0.028
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.712		0	FLM	4		1.823	0.114	0.202
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.088		0	FLM	4		0.225	0.014	0.025
17:1.....g									
18:1 undifferentiated.....g	0.596		0	FLM	4		1.526	0.095	0.169
20:1.....g	0.017		0	FLM	4		0.044	0.003	0.005
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.374		0	FLM	4		0.957	0.060	0.106
18:2 undifferentiated.....g	0.334		0	FLM	4		0.855	0.053	0.095
18:3 undifferentiated.....g	0.021		0	FLM	4		0.054	0.003	0.006
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0	FLM	4		0.010	0.001	0.001
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3.....g	0.001		0	FLM	4		0.003	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	11		0	MA	12		28	2	3
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2009		0	FLA	4		5143.813	321.488	569.637
Carotene, alpha.....mcg	938		0	FLA	4		2400.968	150.060	265.888
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.004	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		1.175	0.073	0.130
Lutein + zeaxanthin.....mcg	72		0	FLA	4		184.651	11.541	20.449

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Common Measures:

- Measure 1 = 256g: 1 cup
- Measure 2 = 16g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

Footnotes

- Vitamin A values range widely due to differences in cultivar and proportion of carrots.
- Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03076

Babyfood, dinner, vegetables, noodles and chicken, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	86.20	0.300	4		1		24.44	146.54	
Energy.....kcal	64		0	NC	4		18	109	
Energy.....kj	268		4		4		76	455	
Protein (N x 5.98).....g	1.70	0.100	4		1		0.48	2.89	
Total lipid (fat).....g	2.20	0.300	4		1		0.62	3.74	
Ash.....g	0.70	0.200	4		1		0.20	1.19	
Carbohydrate, by difference.....g	9.10		0	NC	4		2.58	15.47	
Fiber, total dietary.....g	1.1		0		4		0.3	1.9	
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	26	2.000	4		1		7	44	
Iron, Fe.....mg	0.49	0.060	4		1		0.14	0.83	
Magnesium, Mg.....mg	11		0		4		3	19	
Phosphorus, P.....mg	33		1		1		9	56	
Potassium, K.....mg	59		1		1		17	100	
Sodium, Na.....mg	26		1		1		7	44	
Zinc, Zn.....mg	0.32		1		1		0.09	0.54	
Copper, Cu.....mg	0.058		0		1		0.016	0.099	
Manganese, Mn.....mg									
Selenium, Se.....mcg	3.2		0	FLM	4		0.9	5.4	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.8	0.100	3		1		0.2	1.4	
Thiamin.....mg	0.042	0.005	4		1		0.012	0.071	
Riboflavin.....mg	0.037	0.005	4		1		0.010	0.063	
Niacin.....mg	0.675	0.106	4		1		0.191	1.148	
Pantothenic acid.....mg	0.204		0		1		0.058	0.347	
Vitamin B-6.....mg	0.023		1		1		0.007	0.039	
Folate, total.....mcg	3		0		1		1	6	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	3		0		1		1	6	
Folate, DFE.....mcg_DFE	3		0	NC	4		1	6	
Vitamin B-12.....mcg	0.09		1		1		0.03	0.15	
Vitamin A, IU.....IU	1051	72.000	4		1		298	1787	
Vitamin A, RAE.....mcg_RAE	53		0	NC	4		15	89	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03075

Babyfood, dinner, vegetables, noodles and chicken, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	87.20	0.500	8		1		24.72	98.54	
Energy.....kcal	63		0	NC	4		18	71	
Energy.....kj	264				4		75	298	
Protein (N x 5.98).....g	2.00		2		1		0.57	2.26	
Total lipid (fat).....g	2.50		2		1		0.71	2.83	
Ash.....g	0.40		2		1		0.11	0.45	
Carbohydrate, by difference.....g	7.90		0	NC	4		2.24	8.93	
Fiber, total dietary.....g	1.1		0		4		0.3	1.2	
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	28		2		1		8	32	
Iron, Fe.....mg	0.35		2		1		0.10	0.40	
Magnesium, Mg.....mg	10		0		4		3	11	
Phosphorus, P.....mg	31		0		1		9	35	
Potassium, K.....mg	55		0		1		16	62	
Sodium, Na.....mg	20		1		1		6	23	
Zinc, Zn.....mg	0.25	0.010	9		1		0.07	0.28	
Copper, Cu.....mg	0.054	0.002	9		1		0.015	0.061	
Manganese, Mn.....mg									
Selenium, Se.....mcg	3.2		0	FLM	4		0.9	3.6	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	0.7		0		1		0.2	0.8	
Thiamin.....mg	0.032		2		1		0.009	0.036	
Riboflavin.....mg	0.049		2		1		0.014	0.055	
Niacin.....mg	0.407		1		1		0.115	0.460	
Pantothenic acid.....mg	0.190		4		1		0.054	0.215	
Vitamin B-6.....mg	0.021		0		1		0.006	0.024	
Folate, total.....mcg	3	0.400	3		1		1	4	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	3	0.400	3		1		1	4	
Folate, DFE.....mcg_DFE	3		0	NC	4		1	4	
Vitamin B-12.....mcg	0.08		0		1		0.02	0.09	
Vitamin A, IU.....IU	1417		2		1		402	1601	
Vitamin A, RAE.....mcg_RAE	71		0	NC	4		20	80	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1

Fat 8.9

Carbohydrate 4.1

Food Group: 03 Baby Foods

NDB No. 03154

Babyfood, fruit and vegetable,apple & sweet potato

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.035		0	FLM	4		0.040		
17:0.....g									
18:0.....g	0.004		0	FLM	4		0.005		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.008		0	FLM	4		0.009		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.008		0	FLM	4		0.009		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.079		0	FLM	4		0.089		
18:2 undifferentiated.....g	0.066		0	FLM	4		0.075		
18:3 undifferentiated.....g	0.013		0	FLM	4		0.015		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	FLM	4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM	4		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	1225		0	FLA	4		1384.606		
Carotene, alpha.....mcg	0		0	FLA	4		0.000		
Cryptoxanthin, beta.....mcg	9		0	FLA	4		10.680		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	13		0	FLA	4		14.391		

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Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43585
Babyfood, fruit supreme dessert

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.025				4		0.004		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002				4		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.023				4		0.003		
20:1.....g	0.000				4		0.000		
22:1 undifferentiated.....g	0.000				4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.068				4		0.010		
18:2 undifferentiated.....g	0.050				4		0.008		
18:3 undifferentiated.....g	0.018				4		0.003		
18:4.....g	0.000				4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000		
20:5 n-3.....g	0.000				4		0.000		
22:5 n-3.....g	0.000				4		0.000		
22:6 n-3.....g	0.000				4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0		
Caffeine.....mg	0		0	BFNN	4		0		
Theobromine.....mg	0		0	BFNN	4		0		
Carotenoids:									
Carotene, beta.....mcg	25		0	BNA	4		3.787		
Carotene, alpha.....mcg	0		0	BNA	4		0.000		
Cryptoxanthin, beta.....mcg	10		0	BNA	4		1.427		
Lycopene.....mcg	0		0	BFNN	4		0.000		
Lutein + zeaxanthin.....mcg	149		0	BFNN	4		22.329		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03165

Babyfood, fruit, apple and blueberry, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.018		0		4		0.005	0.031	
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.007	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.019		0		4		0.005	0.032	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.018		0		4		0.005	0.031	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.073		0		4		0.021	0.124	
18:2 undifferentiated.....g	0.050		0		4		0.014	0.085	
18:3 undifferentiated.....g	0.023		0		4		0.007	0.039	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	22		0	FLA	4		6.147	36.861	
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	6		0	FLA	4		1.573	9.435	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	43		0	FLA	4		12.171	72.981	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03164

Babyfood, fruit, apple and blueberry, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.019		0		4		0.005	0.021	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.018		0		4		0.005	0.020	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.073		0		4		0.021	0.082	
18:2 undifferentiated.....g	0.050		0		4		0.014	0.057	
18:3 undifferentiated.....g	0.023		0		4		0.007	0.026	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	10		0	BNA	4		2.725	10.860	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	5		0	BNA	4		1.355	5.401	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	24		0	FLA	4		6.761	26.948	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03153

Babyfood, fruit, apple and raspberry, with sugar, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.008		0		4		0.002	0.014	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.008		0		4		0.002	0.014	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.063		0		4		0.018	0.107	
18:2 undifferentiated.....g	0.051		0		4		0.014	0.087	
18:3 undifferentiated.....g	0.011		0		4		0.003	0.019	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	15		0	FLA	4		4.338	26.015	
Carotene, alpha.....mcg	1		0	BNA	4		0.148	0.888	
Cryptoxanthin, beta.....mcg	9		0	BNA	4		2.684	16.095	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	21		0	FLA	4		5.953	35.699	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03152

Babyfood, fruit, apple and raspberry, with sugar, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.027		0		4		0.008	0.031	
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.005	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.008		0		4		0.002	0.009	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.008		0		4		0.002	0.009	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.062		0		4		0.018	0.070	
18:2 undifferentiated.....g	0.051		0		4		0.014	0.058	
18:3 undifferentiated.....g	0.011		0		4		0.003	0.012	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	10		0	BNA	4		2.704	10.777	
Carotene, alpha.....mcg	0		0	BNA	4		0.109	0.433	
Cryptoxanthin, beta.....mcg	7		0	BNA	4		1.968	7.845	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	21		0	FLA	4		5.953	23.730	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03143

Babyfood, fruit, applesauce and apricots, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.023		0		4		0.004	0.007	0.039
17:0.....g									
18:0.....g	0.003		0		4		0.000	0.001	0.005
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.030		0		4		0.005	0.009	0.051
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.030		0		4		0.005	0.009	0.051
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.051		0		4		0.008	0.014	0.087
18:2 undifferentiated.....g	0.044		0		4		0.007	0.012	0.075
18:3 undifferentiated.....g	0.009		0		4		0.001	0.003	0.015
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	15		0	FLA	4		2.322	4.114	24.670
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	11		0	FLA	4		1.741	3.086	18.503
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	15		0	FLA	4		2.460	4.359	26.139

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03142

Babyfood, fruit, applesauce and apricots, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.020		0		4		0.003	0.006	0.023
17:0.....g									
18:0.....g	0.003		0		4		0.000	0.001	0.003
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.037		0		4		0.006	0.010	0.042
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.037		0		4		0.006	0.010	0.042
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.045		0		4		0.007	0.013	0.051
18:2 undifferentiated.....g	0.041		0		4		0.007	0.012	0.046
18:3 undifferentiated.....g	0.007		0		4		0.001	0.002	0.008
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	189		0	FLA	4		30.181	53.477	213.152
Carotene, alpha.....mcg	3		0	FLA	4		0.488	0.865	3.449
Cryptoxanthin, beta.....mcg	26		0	FLA	4		4.237	7.507	29.921
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	28		0	FLA	4		4.479	7.936	31.630

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03145

Babyfood, fruit, applesauce and cherries, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		4		0.000	0.000	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		4		0.000	0.000	
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	BFSN	4		0	0	
Theobromine.....mg	0		0	BFSN	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	24		0	BNA	4		6.870	41.193	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	6		0	BNA	4		1.570	9.414	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	47		0	BFSN	4		13.433	80.550	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03144

Babyfood, fruit, applesauce and cherries, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	25		0	BNA	4		7.143	28.472	
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	4		0	BNA	4		1.023	4.076	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	56		0	FLA	4		15.838	63.130	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03151

Babyfood, fruit, applesauce and pineapple, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.009		0		4		0.003	0.015	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.008		0		4		0.002	0.014	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.032		0		4		0.009	0.054	
18:2 undifferentiated.....g	0.021		0		4		0.006	0.036	
18:3 undifferentiated.....g	0.011		0		4		0.003	0.019	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03150

Babyfood, fruit, applesauce and pineapple, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.009		0		4		0.003	0.010	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.008		0		4		0.002	0.009	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.032		0		4		0.009	0.036	
18:2 undifferentiated.....g	0.021		0		4		0.006	0.024	
18:3 undifferentiated.....g	0.012		0		4		0.003	0.014	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03147

Babyfood, fruit, applesauce with banana, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.010		0	FLM	4		0.002	0.017	0.017
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0	FLM	4		0.000	0.003	0.003
17:1.....g									
18:1 undifferentiated.....g	0.009		0	FLM	4		0.001	0.015	0.015
20:1.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.050		0	FLM	4		0.008	0.085	0.085
18:2 undifferentiated.....g	0.040		0	FLM	4		0.006	0.068	0.068
18:3 undifferentiated.....g	0.011		0	FLM	4		0.002	0.019	0.019
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	3		0	BNA	4		0.405	4.302	4.302
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	2		0	BNA	4		0.304	3.226	3.226
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	8		0	BFSN	4		1.226	13.029	13.029

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Beech-Nut Stage 3 (6 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03117
Babyfood, fruit, applesauce, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2		0	BFSN	4		0.395	0.700	4.196
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	2		0	BFSN	4		0.296	0.525	3.147
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	9		0	BFSN	4		1.464	2.595	15.560

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03116

Babyfood, fruit, applesauce, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.008		0		4		0.001	0.002	0.009
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.008		0		4		0.001	0.002	0.009
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.056		0		4		0.009	0.016	0.063
18:2 undifferentiated.....g	0.048		0		4		0.008	0.014	0.054
18:3 undifferentiated.....g	0.012		0		4		0.002	0.003	0.014
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	12		0	BFSN	4		1.981	3.511	13.993
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	9		0	BFSN	4		1.486	2.633	10.495
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	17		0	BFSN	4		2.787	4.938	19.682

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03128

Babyfood, fruit, apricot with tapioca, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	411		0	BNA	4		61.593	116.411	698.053
Carotene, alpha.....mcg	7		0	BNA	4		1.070	2.022	12.127
Cryptoxanthin, beta.....mcg	39		0	BNA	4		5.884	11.121	66.687
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	12		0	BFSN	4		1.727	3.265	19.577

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03118

Babyfood, fruit, apricot with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0	NC	4		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0	FLM	4		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	412		0	BNA	4		61.763	116.733	465.284
Carotene, alpha.....mcg	7		0	BNA	4		1.073	2.028	8.083
Cryptoxanthin, beta.....mcg	39		0	BNA	4		5.900	11.152	44.450
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	11		0	BFSN	4		1.631	3.082	12.286

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03156

Babyfood, fruit, bananas and pineapple with tapioca, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.009		0		4		0.001	0.003	0.015
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.000	0.001	0.003
17:1.....g									
18:1 undifferentiated.....g	0.006		0		4		0.001	0.002	0.010
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.020		0		4		0.003	0.006	0.034
18:2 undifferentiated.....g	0.012		0		4		0.002	0.003	0.020
18:3 undifferentiated.....g	0.008		0		4		0.001	0.002	0.014
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	23		0	BNA	4		3.492	6.600	39.579
Carotene, alpha.....mcg	1		0	BNA	4		0.215	0.407	2.441
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	2		0	FLA	4		0.228	0.431	2.585

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03157

Babyfood, fruit, bananas and pineapple with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.000		0		4		0.000	0.000	0.000
17:0.....g									
18:0.....g	0.000		0		4		0.000	0.000	0.000
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.057		0	FLA	4		0.009	0.016	0.064
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	30		0	FLA	4		4.464	8.437	33.628
Carotene, alpha.....mcg	12		0	FLA	4		1.866	3.527	14.057
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	11		0	FLA	4		1.621	3.064	12.213

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03163

Babyfood, fruit, bananas with apples and pears, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.028		0	FLM	4		0.004	0.032	0.032
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.006		0	FLM	4		0.001	0.007	0.007
17:1.....g									
18:1 undifferentiated.....g	0.021		0	FLM	4		0.003	0.024	0.024
20:1.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.085		0	FLM	4		0.013	0.096	0.096
18:2 undifferentiated.....g	0.063		0	FLM	4		0.009	0.071	0.071
18:3 undifferentiated.....g	0.022		0	FLM	4		0.003	0.025	0.025
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	23		0	BNA	4		3.497	26.345	26.345
Carotene, alpha.....mcg	15		0	BNA	4		2.247	16.928	16.928
Cryptoxanthin, beta.....mcg	6		0	BNA	4		0.839	6.320	6.320
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	10		0	FLA	4		1.488	11.210	11.210

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03280

Babyfood, fruit, bananas with tapioca, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.018		0		4		0.003	0.005	0.031
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0		4		0.001	0.001	0.009
17:1.....g									
18:1 undifferentiated.....g	0.012		0		4		0.002	0.003	0.020
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.037		0		4		0.006	0.010	0.063
18:2 undifferentiated.....g	0.024		0		4		0.004	0.007	0.041
18:3 undifferentiated.....g	0.014		0		4		0.002	0.004	0.024
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	18		0	BNA	4		2.678	5.061	30.346
Carotene, alpha.....mcg	17		0	BNA	4		2.565	4.848	29.068
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	6		0	FLA	4		0.967	1.827	10.958

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03129

Babyfood, fruit, bananas with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.010		0		4		0.002	0.003	0.011
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.000	0.001	0.002
17:1.....g									
18:1 undifferentiated.....g	0.007		0		4		0.001	0.002	0.008
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.019		0		4		0.003	0.005	0.021
18:2 undifferentiated.....g	0.012		0		4		0.002	0.003	0.014
18:3 undifferentiated.....g	0.007		0		4		0.001	0.002	0.008
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	17		0	BNA	4		2.617	4.946	19.713
Carotene, alpha.....mcg	17		0	BNA	4		2.507	4.737	18.883
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	BFSN	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 113g: 1 jar

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03160

Babyfood, fruit, guava and papaya with tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	82.50		1		1		23.39	93.23	
Energy.....kcal	63		0	NC	4		18	71	
Energy.....kj	264				4		75	298	
Protein (N x 6.25).....g	0.20		1		1		0.06	0.23	
Total lipid (fat).....g	0.10		1		1		0.03	0.11	
Ash.....g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference.....g	17.00		0	NC	4		4.82	19.21	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	7		6		1		2	8	
Iron, Fe.....mg	0.20		6		1		0.06	0.23	
Magnesium, Mg.....mg	5		2		1		1	6	
Phosphorus, P.....mg	6		2		1		2	7	
Potassium, K.....mg	74		2		1		21	84	
Sodium, Na.....mg	4		2		1		1	5	
Zinc, Zn.....mg	0.06		2		1		0.02	0.07	
Copper, Cu.....mg									
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	80.9		6		1		22.9	91.4	
Thiamin.....mg	0.010		6		1		0.003	0.011	
Riboflavin.....mg	0.022		6		1		0.006	0.025	
Niacin.....mg	0.263		6		1		0.075	0.297	
Pantothenic acid.....mg									
Vitamin B-6.....mg	0.014		6		1		0.004	0.016	
Folate, total.....mcg	2		0		4		1	2	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	2		0		4		1	2	
Folate, DFE.....mcg_DFE	2		0	NC	4		1	2	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	184	18.000	6		1		52	208	
Vitamin A, RAE.....mcg_RAE	9		0	NC	4		3	10	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03138

Babyfood, fruit, guava with tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	81.20		1		1		23.02	91.76	
Energy.....kcal	67		0	NC	4		19	76	
Energy.....kj	280				4		79	317	
Protein (N x 6.25).....g	0.30		1		1		0.09	0.34	
Total lipid (fat).....g	0.00		1		1		0.00	0.00	
Ash.....g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference.....g	18.30		0	NC	4		5.19	20.68	
Fiber, total dietary.....g	1.8		0		4		0.5	2.0	
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	7		5		1		2	8	
Iron, Fe.....mg	0.20		5		1		0.06	0.23	
Magnesium, Mg.....mg	2		2		1		1	2	
Phosphorus, P.....mg	5		2		1		1	6	
Potassium, K.....mg	73		1		1		21	82	
Sodium, Na.....mg	2		3		1		1	2	
Zinc, Zn.....mg	0.08		2		1		0.02	0.08	
Copper, Cu.....mg									
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	75.4		5		1		21.4	85.2	
Thiamin.....mg	0.014		5		1		0.004	0.016	
Riboflavin.....mg	0.070		5		1		0.020	0.079	
Niacin.....mg	0.389		5		1		0.110	0.440	
Pantothenic acid.....mg	0.166		0		4		0.047	0.188	
Vitamin B-6.....mg	0.042		5		1		0.012	0.047	
Folate, total.....mcg	2		0		4		1	2	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	2		0		4		1	2	
Folate, DFE.....mcg_DFE	2		0	NC	4		1	2	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	299	108.000	5		1		85	338	
Vitamin A, RAE.....mcg_RAE	15		0	NC	4		4	17	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03140

Babyfood, fruit, mango with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.074		0		4		0.011	0.021	0.084
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.035		0		4		0.005	0.010	0.040
17:1.....g									
18:1 undifferentiated.....g	0.040		0		4		0.006	0.011	0.045
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.038		0		4		0.006	0.011	0.043
18:2 undifferentiated.....g	0.011		0		4		0.002	0.003	0.012
18:3 undifferentiated.....g	0.027		0		4		0.004	0.008	0.031
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1919		0	BNA	4		287.895	544.121	2168.808
Carotene, alpha.....mcg	73		0	BNA	4		10.998	20.787	82.853
Cryptoxanthin, beta.....mcg	47		0	BNA	4		7.117	13.450	53.611
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03162

Babyfood, fruit, papaya and applesauce with tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	80.60		1		1		22.85	91.08	
Energy.....kcal	70		0	NC	4		20	79	
Energy.....kj	293				4		83	331	
Protein (N x 6.25).....g	0.20		1		1		0.06	0.23	
Total lipid (fat).....g	0.10		1		1		0.03	0.11	
Ash.....g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference.....g	18.90		0	NC	4		5.36	21.36	
Fiber, total dietary.....g	1.4		0		4		0.4	1.6	
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	7		2		1		2	8	
Iron, Fe.....mg	0.44		0		4		0.12	0.50	
Magnesium, Mg.....mg	5		2		1		1	6	
Phosphorus, P.....mg	5		2		1		1	6	
Potassium, K.....mg	79		2		1		22	89	
Sodium, Na.....mg	5		2		1		1	6	
Zinc, Zn.....mg	0.03		2		1		0.01	0.03	
Copper, Cu.....mg	0.044		0		4		0.012	0.050	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	113.1		2		1		32.1	127.8	
Thiamin.....mg	0.010		2		1		0.003	0.011	
Riboflavin.....mg	0.028		2		1		0.008	0.032	
Niacin.....mg	0.108		2		1		0.031	0.122	
Pantothenic acid.....mg	0.280		0		4		0.079	0.316	
Vitamin B-6.....mg	0.023		2		1		0.007	0.026	
Folate, total.....mcg	2		0		4		1	2	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	2		0		4		1	2	
Folate, DFE.....mcg_DFE	2		0	NC	4		1	2	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	76		2		1		22	86	
Vitamin A, RAE.....mcg_RAE	4		0	NC	4		1	4	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

NDB No. 03130

Babyfood, fruit, peaches with sugar, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.070		0		4		0.011	0.020	0.079
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.000	0.001	0.002
17:1.....g									
18:1 undifferentiated.....g	0.070		0		4		0.011	0.020	0.079
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.094		0		4		0.015	0.027	0.106
18:2 undifferentiated.....g	0.092		0		4		0.015	0.026	0.104
18:3 undifferentiated.....g	0.002		0		4		0.000	0.001	0.002
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	80		0	BNA	4		12.794	22.670	90.359
Carotene, alpha.....mcg	0		0	BNA	4		0.038	0.067	0.268
Cryptoxanthin, beta.....mcg	33		0	BNA	4		5.286	9.366	37.330
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	163		0	BFSN	4		26.120	46.282	184.476

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03131
Babyfood, fruit, peaches, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.070		0		4		0.011	0.020	0.119
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.000	0.001	0.003
17:1.....g									
18:1 undifferentiated.....g	0.070		0		4		0.011	0.020	0.119
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.094		0		4		0.015	0.027	0.160
18:2 undifferentiated.....g	0.092		0		4		0.015	0.026	0.156
18:3 undifferentiated.....g	0.002		0		4		0.000	0.001	0.003
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	88		0	BNA	4		14.145	25.063	150.292
Carotene, alpha.....mcg	0		0	BNA	4		0.042	0.074	0.446
Cryptoxanthin, beta.....mcg	37		0	BNA	4		5.844	10.354	62.090
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	163		0	BFSN	4		26.120	46.282	277.530

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03159

Babyfood, fruit, pears and pineapple, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.009		0		4		0.001	0.003	0.015
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.001	0.007
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.031		0		4		0.005	0.009	0.053
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.000	0.002
17:1.....g									
18:1 undifferentiated.....g	0.030		0		4		0.005	0.009	0.051
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.058		0		4		0.009	0.016	0.099
18:2 undifferentiated.....g	0.043		0		4		0.007	0.012	0.073
18:3 undifferentiated.....g	0.016		0		4		0.003	0.005	0.027
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	18		0	BNA	4		2.914	5.163	30.959
Carotene, alpha.....mcg	0		0	BNA	4		0.066	0.117	0.701
Cryptoxanthin, beta.....mcg	2		0	BNA	4		0.271	0.481	2.883
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	32		0	FLA	4		5.199	9.212	55.242

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03158

Babyfood, fruit, pears and pineapple, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.016		0		4		0.003	0.005	0.018
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.000	0.001
17:1.....g									
18:1 undifferentiated.....g	0.015		0		4		0.002	0.004	0.017
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.029		0		4		0.005	0.008	0.033
18:2 undifferentiated.....g	0.021		0		4		0.003	0.006	0.024
18:3 undifferentiated.....g	0.008		0		4		0.001	0.002	0.009
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	17		0	BNA	4		2.735	4.847	19.318
Carotene, alpha.....mcg	0		0	BNA	4		0.020	0.036	0.143
Cryptoxanthin, beta.....mcg	1		0	BNA	4		0.083	0.148	0.589
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	15		0	FLA	4		2.388	4.231	16.866

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03133
Babyfood, fruit, pears, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.021		0		4		0.003	0.006	0.036
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.020		0		4		0.003	0.006	0.034
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.023		0		4		0.004	0.007	0.039
18:2 undifferentiated.....g	0.023		0		4		0.004	0.007	0.039
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	10		0	BFSN	4		1.581	2.801	16.798
Carotene, alpha.....mcg	0		0	BFSN	4		0.051	0.090	0.542
Cryptoxanthin, beta.....mcg	1		0	BFSN	4		0.210	0.372	2.229
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	38		0	BFSN	4		6.003	10.637	63.784

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03132
Babyfood, fruit, pears, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.042		0		4		0.007	0.012	0.047
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.040		0		4		0.006	0.011	0.045
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.046		0		4		0.007	0.013	0.052
18:2 undifferentiated.....g	0.046		0		4		0.007	0.013	0.052
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	9		0	BFSN	4		1.503	2.664	10.617
Carotene, alpha.....mcg	0		0	BFSN	4		0.048	0.086	0.342
Cryptoxanthin, beta.....mcg	1		0	BFSN	4		0.199	0.353	1.409
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	36		0	BFSN	4		5.708	10.114	40.313

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03135

Babyfood, fruit, plums with tapioca, without ascorbic acid, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	52		0	BNA	4		7.746	14.639	87.783
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	10		0	BNA	4		1.429	2.701	16.195
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	29		0	BFSN	4		4.349	8.220	49.294

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03134

Babyfood, fruit, plums with tapioca, without ascorbic acid, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.000		0		4		0.000	0.000	0.000
17:0.....g									
18:0.....g	0.000		0		4		0.000	0.000	0.000
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	78		0	FLA	4		11.684	22.082	88.017
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	14		0	FLA	4		2.156	4.074	16.238
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	30		0	FLA	4		4.496	8.497	33.868

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03137

Babyfood, fruit, prunes with tapioca, without ascorbic acid, junior

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.007		0		4		0.002	0.012	
17:0.....g									
18:0.....g	0.001		0		4		0.000	0.002	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.066		0		4		0.019	0.112	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.065		0		4		0.018	0.111	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.022		0		4		0.006	0.037	
18:2 undifferentiated.....g	0.022		0		4		0.006	0.037	
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	105		0	FLA	4		29.681	177.982	
Carotene, alpha.....mcg	15		0	FLA	4		4.259	25.540	
Cryptoxanthin, beta.....mcg	25		0	FLA	4		7.013	42.052	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	39		0	FLA	4		11.163	66.936	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03136

Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.007		0		4		0.001	0.002	0.008
17:0.....g									
18:0.....g	0.001		0		4		0.000	0.000	0.001
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.066		0		4		0.010	0.019	0.075
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.000	0.001
17:1.....g									
18:1 undifferentiated.....g	0.065		0		4		0.010	0.018	0.073
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.022		0		4		0.003	0.006	0.025
18:2 undifferentiated.....g	0.022		0		4		0.003	0.006	0.025
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	228		0	BNA	4		34.264	64.759	258.121
Carotene, alpha.....mcg	33		0	BNA	4		4.917	9.293	37.039
Cryptoxanthin, beta.....mcg	54		0	BNA	4		8.095	15.300	60.986
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	39		0	BFSN	4		5.824	11.007	43.871

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43007
Babyfood, fruit, tutti frutti, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.148				4		0.022	0.252	0.252
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.010				4		0.002	0.017	0.017
17:1.....g									
18:1 undifferentiated.....g	0.137				4		0.021	0.233	0.233
20:1.....g	0.001				4		0.000	0.002	0.002
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.061				4		0.009	0.104	0.104
18:2 undifferentiated.....g	0.051				4		0.008	0.087	0.087
18:3 undifferentiated.....g	0.004				4		0.001	0.007	0.007
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.005				4		0.001	0.009	0.009
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.001				4		0.000	0.002	0.002
Fatty acids, total trans.....g									
Cholesterol.....mg	15				4		2	26	26
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0						0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	52		0	FLA	4		7.757	87.916	87.916
Carotene, alpha.....mcg	1		0	FLA	4		0.215	2.436	2.436
Cryptoxanthin, beta.....mcg	134		0	FLA	4		20.091	227.703	227.703
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	25		0	FLA	4		3.719	42.146	42.146

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Heinz Junior-3 (6 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43006

Babyfood, fruit, tutti frutti, strained

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.113				4		0.017	0.128	0.128
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.008				4		0.001	0.009	0.009
17:1.....g									
18:1 undifferentiated.....g	0.104				4		0.016	0.118	0.118
20:1.....g	0.001				4		0.000	0.001	0.001
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.043				4		0.006	0.049	0.049
18:2 undifferentiated.....g	0.037				4		0.006	0.042	0.042
18:3 undifferentiated.....g	0.001				4		0.000	0.001	0.001
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004				4		0.001	0.005	0.005
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.001				4		0.000	0.001	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	15				4		2	17	17
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0						0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	35		0	BNA	4		5.210	39.246	39.246
Carotene, alpha.....mcg	1		0	BNA	4		0.210	1.582	1.582
Cryptoxanthin, beta.....mcg	89		0	BNA	4		13.311	100.274	100.274
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	21		0	FLA	4		3.091	23.286	23.286

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03093

Babyfood, green beans, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.008		0	BFFN		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	BFFN		4			
17:1.....g									
18:1 undifferentiated.....g	0.008		0	BFFN		4			
20:1.....g	0.000		0	BFFN		4			
22:1 undifferentiated.....g	0.000		0	BFFN		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.102		0	BFFN		4			
18:2 undifferentiated.....g	0.038		0	BFFN		4			
18:3 undifferentiated.....g	0.062		0	BFFN		4			
18:4.....g	0.000		0	BFFN		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	BFFN		4			
20:5 n-3.....g	0.000		0	BFFN		4			
22:5 n-3.....g	0.000		0	BFFN		4			
22:6 n-3.....g	0.000		0	BFFN		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA		12			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	BFSN		4			
Theobromine.....mg	0		0	BFSN		4			
Carotenoids:									
Carotene, beta.....mcg	288		0	BFSN		4			
Carotene, alpha.....mcg	0		0	BFSN		4			
Cryptoxanthin, beta.....mcg	0		0	BFSN		4			
Lycopene.....mcg	0		0	BFSN		4			
Lutein + zeaxanthin.....mcg	487		0	BFSN		4			

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03166
Babyfood, juice, apple

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.002		0		4		0.001	0.003	0.003
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.002		0		4		0.001	0.003	0.003
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.031		0		4		0.010	0.039	0.041
18:2 undifferentiated.....g	0.027		0		4		0.009	0.034	0.035
18:3 undifferentiated.....g	0.004		0		4		0.001	0.005	0.005
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	8		0	BNA	4		2.490	9.975	10.289
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	6		0	BNA	4		1.867	7.481	7.717
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	16		0	BFSN	4		5.080	20.352	20.993

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Common Measures:

Measure 1 = 31.7g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43535
Babyfood, juice, apple - cherry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000				4		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.002				4		0.001	0.003	0.003
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.030				4		0.009	0.038	0.038
18:2 undifferentiated.....g	0.027				4		0.008	0.034	0.034
18:3 undifferentiated.....g	0.004				4		0.001	0.005	0.005
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	11		0	FLA	4		3.370	13.500	13.500
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	21		0	FLA	4		6.569	26.317	26.317

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 125g: 1 bottle Heinz Strained (4 fl oz)

Measure 3 = 125g: 1 bottle NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03268

Babyfood, juice, apple and cherry

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.011		0		4		0.003	0.014	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.009		0		4		0.003	0.011	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.060		0		4		0.019	0.076	
18:2 undifferentiated.....g	0.050		0		4		0.016	0.064	
18:3 undifferentiated.....g	0.012		0		4		0.004	0.015	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	3		0	BNA	4		0.936	3.810	
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	26		0	BFSN	4		8.087	32.919	

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Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03265

Babyfood, juice, apple and grape

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.009		0		4		0.003	0.011	0.012
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.007		0		4		0.002	0.009	0.009
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.059		0		4		0.018	0.075	0.077
18:2 undifferentiated.....g	0.049		0		4		0.015	0.062	0.064
18:3 undifferentiated.....g	0.011		0		4		0.003	0.014	0.014
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2		0	BNA	4		0.687	2.798	2.886
Carotene, alpha.....mcg	0		0	BNA	4		0.015	0.063	0.065
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03168

Babyfood, juice, apple and peach

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.002		0		4		0.001	0.003	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.002		0		4		0.001	0.003	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.031		0		4		0.010	0.039	
18:2 undifferentiated.....g	0.027		0		4		0.008	0.034	
18:3 undifferentiated.....g	0.004		0		4		0.001	0.005	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	31		0	FLA	4		9.749	39.683	
Carotene, alpha.....mcg	0		0	FLA	4		0.029	0.117	
Cryptoxanthin, beta.....mcg	13		0	FLA	4		4.061	16.531	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	29		0	FLA	4		9.136	37.188	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03170
Babyfood, juice, apple and plum

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	24		0	FLA	4		7.344	29.894	
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	
Cryptoxanthin, beta.....mcg	5		0	FLA	4		1.411	5.744	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	21		0	FLA	4		6.464	26.311	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03171

Babyfood, juice, apple and prune

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.006		0		4		0.002	0.008	0.008
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.006		0		4		0.002	0.008	0.008
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.031		0		4		0.010	0.039	0.039
18:2 undifferentiated.....g	0.027		0		4		0.008	0.034	0.034
18:3 undifferentiated.....g	0.004		0		4		0.001	0.005	0.005
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	8		0	BNA	4		2.517	10.246	10.085
Carotene, alpha.....mcg	1		0	BNA	4		0.361	1.470	1.447
Cryptoxanthin, beta.....mcg	2		0	BNA	4		0.595	2.421	2.383
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	22		0	FLA	4		6.795	27.660	27.224

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03266

Babyfood, juice, apple grape, with calcium

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0	FLM	4				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4				
17:1.....g									
18:1 undifferentiated.....g	0.003		0	FLM	4				
20:1.....g	0.000		0	FLM	4				
22:1 undifferentiated.....g	0.000		0	FLM	4				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.027		0	FLM	4				
18:2 undifferentiated.....g	0.022		0	FLM	4				
18:3 undifferentiated.....g	0.005		0	FLM	4				
18:4.....g	0.000		0	FLM	4				
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4				
20:5 n-3.....g	0.000		0	FLM	4				
22:5 n-3.....g	0.000		0	FLM	4				
22:6 n-3.....g	0.000		0	FLM	4				
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	FLM	4				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM	4				
Caffeine.....mg	0		0	FLA	4				
Theobromine.....mg	0		0	FLA	4				
Carotenoids:									
Carotene, beta.....mcg	1		0	FLA	4				
Carotene, alpha.....mcg	0		0	FLA	4				
Cryptoxanthin, beta.....mcg	0		0	FLA	4				
Lycopene.....mcg	0		0	FLA	4				
Lutein + zeaxanthin.....mcg	10		0	FLA	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03269

Babyfood, juice, apple, with calcium

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.005		0	FLM	4		0.009		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.004		0	FLM	4		0.008		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.032		0	FLM	4		0.060		
18:2 undifferentiated.....g	0.027		0	FLM	4		0.051		
18:3 undifferentiated.....g	0.006		0	FLM	4		0.011		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	FLM	4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	FLA	4		0.000		
Carotene, alpha.....mcg	0		0	FLA	4		0.000		
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 189g: 1 serving

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42266

Babyfood, juice, apple-sweet potato

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.010				4		0.003		0.025
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000				4		0.000		0.000
17:1.....g									
18:1 undifferentiated.....g	0.006				4		0.002		0.015
20:1.....g	0.000				4		0.000		0.000
22:1 undifferentiated.....g	0.000				4		0.000		0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.050				4		0.015		0.123
18:2 undifferentiated.....g	0.046				4		0.014		0.113
18:3 undifferentiated.....g	0.009				4		0.003		0.022
18:4.....g	0.000				4		0.000		0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000		0.000
20:5 n-3.....g	0.000				4		0.000		0.000
22:5 n-3.....g	0.000				4		0.000		0.000
22:6 n-3.....g	0.000				4		0.000		0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0		0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0		0.0
Caffeine.....mg	0		0	FLA	4		0		0
Theobromine.....mg	0		0	FLA	4		0		0
Carotenoids:									
Carotene, beta.....mcg	1849		0	BNA	4		569.359		4547.479
Carotene, alpha.....mcg	0		0	BNA	4		0.000		0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.019		0.153
Lycopene.....mcg	0		0	FLA	4		0.000		0.000
Lutein + zeaxanthin.....mcg	6		0	FLA	4		1.767		14.112

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03267

Babyfood, juice, fruit punch, with calcium

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0	FLM		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM		4			
17:1.....g									
18:1 undifferentiated.....g	0.004		0	FLM		4			
20:1.....g	0.000		0	FLM		4			
22:1 undifferentiated.....g	0.000		0	FLM		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.029		0	FLM		4			
18:2 undifferentiated.....g	0.025		0	FLM		4			
18:3 undifferentiated.....g	0.006		0	FLM		4			
18:4.....g	0.000		0	FLM		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM		4			
20:5 n-3.....g	0.000		0	FLM		4			
22:5 n-3.....g	0.000		0	FLM		4			
22:6 n-3.....g	0.000		0	FLM		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	FLM		4			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM		4			
Caffeine.....mg	0		0	FLA		4			
Theobromine.....mg	0		0	FLA		4			
Carotenoids:									
Carotene, beta.....mcg	2		0	BNA		4			
Carotene, alpha.....mcg	0		0	BNA		4			
Cryptoxanthin, beta.....mcg	0		0	BNA		4			
Lycopene.....mcg	0		0	FLA		4			
Lutein + zeaxanthin.....mcg	21		0	FLA		4			

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03179
Babyfood, juice, mixed fruit

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.006		0		4		0.002	0.008	0.008
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.006		0		4		0.002	0.008	0.008
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.039		0		4		0.012	0.050	0.049
18:2 undifferentiated.....g	0.036		0		4		0.011	0.046	0.045
18:3 undifferentiated.....g	0.003		0		4		0.001	0.004	0.004
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	19		0	BNA	4		6.009	24.461	24.076
Carotene, alpha.....mcg	11		0	BNA	4		3.477	14.153	13.930
Cryptoxanthin, beta.....mcg	1		0	BNA	4		0.247	1.007	0.991
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	21		0	BFSN	4		6.522	26.547	26.129

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03172
Babyfood, juice, orange

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.050		0		4		0.016	0.064	0.063
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0		4		0.002	0.006	0.006
17:1.....g									
18:1 undifferentiated.....g	0.045		0		4		0.014	0.057	0.056
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.060		0		4		0.019	0.076	0.075
18:2 undifferentiated.....g	0.045		0		4		0.014	0.057	0.056
18:3 undifferentiated.....g	0.015		0		4		0.005	0.019	0.019
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	9		0	BNA	4		2.803	11.410	11.230
Carotene, alpha.....mcg	2		0	BNA	4		0.474	1.928	1.897
Cryptoxanthin, beta.....mcg	47		0	BNA	4		14.512	59.072	58.142
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	113		0	BFSN	4		35.275	143.587	141.325

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Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03173

Babyfood, juice, orange and apple

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	88.90	0.800	3		1		27.74	112.90	
Energy.....kcal	43		0	NC	4		13	55	
Energy.....kj	180				4		56	228	
Protein (N x 6.25).....g	0.40		11		1		0.12	0.51	
Total lipid (fat).....g	0.20		7		1		0.06	0.25	
Ash.....g	0.40		1		1		0.12	0.51	
Carbohydrate, by difference.....g	10.10		0	NC	4		3.15	12.83	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	10		4		1		3	13	
Iron, Fe.....mg	0.20		6		1		0.06	0.25	
Magnesium, Mg.....mg	5		2		1		2	6	
Phosphorus, P.....mg	7		2		1		2	9	
Potassium, K.....mg	138		2		1		43	175	
Sodium, Na.....mg	3		6		1		1	4	
Zinc, Zn.....mg	0.03		2		1		0.01	0.03	
Copper, Cu.....mg	0.040		0		4		0.012	0.051	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	76.9		2		1		24.0	97.7	
Thiamin.....mg	0.038		6		1		0.012	0.048	
Riboflavin.....mg	0.028		10		1		0.009	0.036	
Niacin.....mg	0.185		6		1		0.058	0.235	
Pantothenic acid.....mg	0.120		0		4		0.037	0.152	
Vitamin B-6.....mg	0.038		6		1		0.012	0.048	
Folate, total.....mcg	12	0.400	3		1		4	15	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	12	0.400	3		1		4	15	
Folate, DFE.....mcg_DFE	12		0	NC	4		4	15	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	73	28.000	4		1		23	93	
Vitamin A, RAE.....mcg_RAE	4		0	NC	4		1	5	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

NDB No. 03174

Babyfood, juice, orange and apple and banana

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.007		0		4		0.002	0.009	0.009
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	0.001
17:1.....g									
18:1 undifferentiated.....g	0.007		0		4		0.002	0.009	0.009
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.027		0		4		0.008	0.034	0.034
18:2 undifferentiated.....g	0.022		0		4		0.007	0.028	0.028
18:3 undifferentiated.....g	0.004		0		4		0.001	0.005	0.005
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	5		0	BNA	4		1.424	5.795	5.704
Carotene, alpha.....mcg	1		0	BNA	4		0.295	1.200	1.181
Cryptoxanthin, beta.....mcg	22		0	BNA	4		6.967	28.358	27.911
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	59		0	FLA	4		18.457	75.128	73.945

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Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03175

Babyfood, juice, orange and apricot

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.022		0		4		0.007	0.028	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.021		0		4		0.007	0.027	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.020		0		4		0.006	0.025	
18:2 undifferentiated.....g	0.016		0		4		0.005	0.020	
18:3 undifferentiated.....g	0.004		0		4		0.001	0.005	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03176

Babyfood, juice, orange and banana

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	86.90	0.000	13		1		27.11	110.36	
Energy.....kcal	50		0	NC	4		16	64	
Energy.....kj	209				4		65	266	
Protein (N x 6.25).....g	0.70	0.000	13		1		0.22	0.89	
Total lipid (fat).....g	0.10		13		1		0.03	0.13	
Ash.....g	0.40	0.000	13		1		0.12	0.51	
Carbohydrate, by difference.....g	11.90		0	NC	4		3.71	15.11	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	17	1.000	13		1		5	22	
Iron, Fe.....mg	0.11	0.000	13		1		0.03	0.14	
Magnesium, Mg.....mg	14		0		4		4	18	
Phosphorus, P.....mg	13		0		4		4	17	
Potassium, K.....mg	200	3.000	13		1		62	254	
Sodium, Na.....mg	3	0.000	13		1		1	4	
Zinc, Zn.....mg	0.09		0		4		0.03	0.11	
Copper, Cu.....mg	0.042		0		4		0.013	0.053	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	34.0		1		1		10.6	43.2	
Thiamin.....mg	0.051	0.000	13		1		0.016	0.065	
Riboflavin.....mg	0.042	0.000	13		1		0.013	0.053	
Niacin.....mg	0.180	0.011	13		1		0.056	0.229	
Pantothenic acid.....mg	0.148		0		4		0.046	0.188	
Vitamin B-6.....mg	0.054		0		4		0.017	0.069	
Folate, total.....mcg	24	1.900	3		1		8	31	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	24	1.900	3		1		8	31	
Folate, DFE.....mcg_DFE	24		0	NC	4		8	31	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	46	3.000	13		1		14	58	
Vitamin A, RAE.....mcg_RAE	2		0	NC	4		1	3	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

NDB No. 03177

Babyfood, juice, orange and pineapple

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.014		0		4		0.004	0.018	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.013		0		4		0.004	0.017	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.024		0		4		0.007	0.030	
18:2 undifferentiated.....g	0.017		0		4		0.005	0.022	
18:3 undifferentiated.....g	0.008		0		4		0.002	0.010	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42267
Babyfood, juice, orange-carrot

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.010				4		0.003		0.025
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001				4		0.000		0.002
17:1.....g									
18:1 undifferentiated.....g	0.010				4		0.003		0.025
20:1.....g	0.000				4		0.000		0.000
22:1 undifferentiated.....g	0.000				4		0.000		0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.030				4		0.009		0.074
18:2 undifferentiated.....g	0.025				4		0.008		0.062
18:3 undifferentiated.....g	0.010				4		0.003		0.025
18:4.....g	0.000				4		0.000		0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000		0.000
20:5 n-3.....g	0.000				4		0.000		0.000
22:5 n-3.....g	0.000				4		0.000		0.000
22:6 n-3.....g	0.000				4		0.000		0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0		0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLA	4		0.0		0.0
Caffeine.....mg	0		0	FLA	4		0		0
Theobromine.....mg	0		0	FLA	4		0		0
Carotenoids:									
Carotene, beta.....mcg	863		0	FLA	4		265.842		2123.284
Carotene, alpha.....mcg	395		0	FLA	4		121.700		972.023
Cryptoxanthin, beta.....mcg	135		0	FLA	4		41.480		331.301
Lycopene.....mcg	0		0	FLA	4		0.059		0.470
Lutein + zeaxanthin.....mcg	135		0	FLA	4		41.460		331.144

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43408
Babyfood, juice, pear

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000				4		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000				4		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03178

Babyfood, juice, prune and orange

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water.....g	81.90	0.300	18		1		25.55	104.01	
Energy.....kcal	70		0	NC	4		22	89	
Energy.....kj	293				4		91	372	
Protein (N x 6.25).....g	0.60	0.000	19		1		0.19	0.76	
Total lipid (fat).....g	0.30	0.100	18		1		0.09	0.38	
Ash.....g	0.40	0.000	18		1		0.12	0.51	
Carbohydrate, by difference.....g	16.80		0	NC	4		5.24	21.34	
Fiber, total dietary.....g									
Sugars, total.....g									
Starch.....g									
Minerals:									
Calcium, Ca.....mg	12		14		1		4	15	
Iron, Fe.....mg	0.87	0.330	20		1		0.27	1.10	
Magnesium, Mg.....mg	8		2		1		2	10	
Phosphorus, P.....mg	10		2		1		3	13	
Potassium, K.....mg	181	1.000	15		1		56	230	
Sodium, Na.....mg	2	0.000	15		1		1	3	
Zinc, Zn.....mg	0.04		2		1		0.01	0.05	
Copper, Cu.....mg	0.046		0		4		0.014	0.058	
Manganese, Mn.....mg									
Selenium, Se.....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid.....mg	63.8	5.600	5		1		19.9	81.0	
Thiamin.....mg	0.044	0.000	18		1		0.014	0.056	
Riboflavin.....mg	0.120	0.005	18		1		0.037	0.152	
Niacin.....mg	0.396	0.036	18		1		0.124	0.503	
Pantothenic acid.....mg	0.137		0		4		0.043	0.174	
Vitamin B-6.....mg	0.061	0.000	6		1		0.019	0.077	
Folate, total.....mcg	13	0.300	3		1		4	17	
Folic acid.....mcg	0		0	Z	7		0	0	
Folate, food.....mcg	13	0.300	3		1		4	17	
Folate, DFE.....mcg_DFE	13		0	NC	4		4	17	
Vitamin B-12.....mcg	0.00		0		4		0.00	0.00	
Vitamin A, IU.....IU	131		14		1		41	166	
Vitamin A, RAE.....mcg_RAE	7		0	NC	4		2	8	
Retinol.....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol).....mg									
Tocopherol, beta.....mg									
Tocopherol, gamma.....mg									
Tocopherol, delta.....mg									
Vitamin D.....IU									
Vitamin K (phylloquinone).....mcg									

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Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36

Fat 8.37

Carbohydrate 3.92

Food Group: 03 Baby Foods

NDB No. 03048

Babyfood, macaroni and cheese, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.700								
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.071								
17:1.....g									
18:1 undifferentiated.....g	0.591								
20:1.....g	0.000								
22:1 undifferentiated.....g	0.000								
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.170								
18:2 undifferentiated.....g	0.131								
18:3 undifferentiated.....g	0.035								
18:4.....g	0.000								
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000								
20:5 n-3.....g	0.000								
22:5 n-3.....g	0.000								
22:6 n-3.....g	0.000								
Fatty acids, total trans.....g									
Cholesterol.....mg	7								
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0								
Caffeine.....mg	0		0	Z					
Theobromine.....mg	0		0	Z					
Carotenoids:									
Carotene, beta.....mcg	0		0	BNA					
Carotene, alpha.....mcg	0		0	BNA					
Cryptoxanthin, beta.....mcg	0		0	BNA					
Lycopene.....mcg	0		0	FLA					
Lutein + zeaxanthin.....mcg	0		0	O					

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43417

Babyfood, meat, beef with vegetables, toddler

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.920				4		1.647		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.086				4		0.154		
17:1.....g									
18:1 undifferentiated.....g	0.791				4		1.416		
20:1.....g	0.004				4		0.007		
22:1 undifferentiated.....g	0.000				4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.108				4		0.193		
18:2 undifferentiated.....g	0.077				4		0.138		
18:3 undifferentiated.....g	0.026				4		0.047		
18:4.....g	0.000				4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.003				4		0.005		
20:5 n-3.....g	0.000				4		0.000		
22:5 n-3.....g	0.000				4		0.000		
22:6 n-3.....g	0.000				4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	12				4		21		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	569		0	FLA	4		1018.008		
Carotene, alpha.....mcg	231		0	FLA	4		412.660		
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000		
Lycopene.....mcg	1706		0	FLA	4		3053.926		
Lutein + zeaxanthin.....mcg	171		0	FLA	4		306.530		

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Common Measures:

Measure 1 = 179g: 1 jar NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03003
Babyfood, meat, beef, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.850		1		1		0.278	0.524	1.314
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.130		1		1		0.020	0.037	0.092
17:1.....g									
18:1 undifferentiated.....g	1.660		1		1		0.249	0.471	1.179
20:1.....g	0.000		1		1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.160		1		1		0.024	0.045	0.114
18:2 undifferentiated.....g	0.110		1		1		0.017	0.031	0.078
18:3 undifferentiated.....g	0.030		1		1		0.005	0.009	0.021
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.020		1		1		0.003	0.006	0.014
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	28		0		1		4	8	20
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.146		0		1		0.022	0.041	0.104
Threonine.....g	0.635		0		1		0.095	0.180	0.451
Isoleucine.....g	0.659		0		1		0.099	0.187	0.468
Leucine.....g	1.162		0		1		0.174	0.329	0.825
Lysine.....g	1.206		0		1		0.181	0.342	0.856
Methionine.....g	0.445		0		1		0.067	0.126	0.316
Cystine.....g	0.169		0		1		0.025	0.048	0.120
Phenylalanine.....g	0.561		0		1		0.084	0.159	0.398
Tyrosine.....g	0.482		0		1		0.072	0.137	0.342
Valine.....g	0.733		0		1		0.110	0.208	0.520
Arginine.....g	0.988		0		1		0.148	0.280	0.701
Histidine.....g	0.492		0		1		0.074	0.139	0.349
Alanine.....g	0.914		0		1		0.137	0.259	0.649
Aspartic acid.....g	1.275		0		1		0.191	0.361	0.905
Glutamic acid.....g	2.203		0		1		0.330	0.625	1.564
Glycine.....g	0.925		0		1		0.139	0.262	0.657
Proline.....g	0.726		0		1		0.109	0.206	0.515
Serine.....g	0.531		0		1		0.080	0.151	0.377
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
<u>Carotenoids:</u>									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03003

Babyfood, meat, beef, junior

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03002
Babyfood, meat, beef, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.200		2		1		0.330	0.624	1.562
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.200		2		1		0.030	0.057	0.142
17:1.....g									
18:1 undifferentiated.....g	1.910		2		1		0.287	0.541	1.356
20:1.....g	0.050		1		1		0.008	0.014	0.036
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.240		2		1		0.036	0.068	0.170
18:2 undifferentiated.....g	0.090		2		1		0.014	0.026	0.064
18:3 undifferentiated.....g	0.050		2		1		0.008	0.014	0.036
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.050		2		1		0.008	0.014	0.036
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	29		0		1		4	8	21
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.137		0		1		0.021	0.039	0.097
Threonine.....g	0.597		0		1		0.090	0.169	0.424
Isoleucine.....g	0.619		0		1		0.093	0.175	0.439
Leucine.....g	1.091		0		1		0.164	0.309	0.775
Lysine.....g	1.133		0		1		0.170	0.321	0.804
Methionine.....g	0.418		0		1		0.063	0.119	0.297
Cystine.....g	0.159		0		1		0.024	0.045	0.113
Phenylalanine.....g	0.527		0		1		0.079	0.149	0.374
Tyrosine.....g	0.453		0		1		0.068	0.128	0.322
Valine.....g	0.688		0		1		0.103	0.195	0.488
Arginine.....g	0.928		0		1		0.139	0.263	0.659
Histidine.....g	0.462		0		1		0.069	0.131	0.328
Alanine.....g	0.858		0		1		0.129	0.243	0.609
Aspartic acid.....g	1.198		0		1		0.180	0.340	0.851
Glutamic acid.....g	2.069		0		1		0.310	0.587	1.469
Glycine.....g	0.869		0		1		0.130	0.246	0.617
Proline.....g	0.682		0		1		0.102	0.193	0.484
Serine.....g	0.499		0		1		0.075	0.141	0.354
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
<u>Carotenoids:</u>									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03002

Babyfood, meat, beef, strained

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03014

Babyfood, meat, chicken sticks, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	6.267		0		4		0.627	4.450	4.450
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.887		0		4		0.089	0.630	0.630
17:1.....g									
18:1 undifferentiated.....g	5.277		0		4		0.528	3.747	3.747
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.986		0		4		0.299	2.120	2.120
18:2 undifferentiated.....g	2.764		0		4		0.276	1.962	1.962
18:3 undifferentiated.....g	0.111		0		4		0.011	0.079	0.079
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	78		0		4		8	55	55
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.117		0		1		0.012	0.083	0.083
Threonine.....g	0.572		0		1		0.057	0.406	0.406
Isoleucine.....g	0.729		0		1		0.073	0.518	0.518
Leucine.....g	1.142		0		1		0.114	0.811	0.811
Lysine.....g	1.160		0		1		0.116	0.824	0.824
Methionine.....g	0.323		0		1		0.032	0.229	0.229
Cystine.....g	0.127		0		1		0.013	0.090	0.090
Phenylalanine.....g	0.673		0		1		0.067	0.478	0.478
Tyrosine.....g	0.497		0		1		0.050	0.353	0.353
Valine.....g	0.764		0		1		0.076	0.542	0.542
Arginine.....g	1.003		0		1		0.100	0.712	0.712
Histidine.....g	0.462		0		1		0.046	0.328	0.328
Alanine.....g	0.792		0		1		0.079	0.562	0.562
Aspartic acid.....g	1.263		0		1		0.126	0.897	0.897
Glutamic acid.....g	2.201		0		1		0.220	1.563	1.563
Glycine.....g	0.811		0		1		0.081	0.576	0.576
Proline.....g	0.902		0		1		0.090	0.640	0.640
Serine.....g	0.534		0		1		0.053	0.379	0.379
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	BNA	4		0.001	0.004	0.004
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

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Common Measures:

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

NDB No. 03014

Babyfood, meat, chicken sticks, junior

Calories Factors: Protein 4

Fat 8.7

Carbohydrate 2.7

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03013
Babyfood, meat, chicken, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	4.330		1		1		0.650	1.228	3.074
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.350		1		1		0.053	0.099	0.249
17:1.....g									
18:1 undifferentiated.....g	3.950		1		1		0.593	1.120	2.805
20:1.....g	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.330		1		1		0.350	0.661	1.654
18:2 undifferentiated.....g	2.250		1		1		0.338	0.638	1.598
18:3 undifferentiated.....g	0.050		1		1		0.008	0.014	0.036
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.040		1		1		0.006	0.011	0.028
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	59		0		1		9	17	42
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.167		0		1		0.025	0.047	0.119
Threonine.....g	0.660		0		1		0.099	0.187	0.469
Isoleucine.....g	0.693		0		1		0.104	0.196	0.492
Leucine.....g	1.136		0		1		0.170	0.322	0.807
Lysine.....g	1.228		0		1		0.184	0.348	0.872
Methionine.....g	0.394		0		1		0.059	0.112	0.280
Cystine.....g	0.193		0		1		0.029	0.055	0.137
Phenylalanine.....g	0.599		0		1		0.090	0.170	0.425
Tyrosine.....g	0.471		0		1		0.071	0.134	0.334
Valine.....g	0.740		0		1		0.111	0.210	0.525
Arginine.....g	1.028		0		1		0.154	0.291	0.730
Histidine.....g	0.445		0		1		0.067	0.126	0.316
Alanine.....g	0.936		0		1		0.140	0.265	0.665
Aspartic acid.....g	1.362		0		1		0.204	0.386	0.967
Glutamic acid.....g	2.128		0		1		0.319	0.603	1.511
Glycine.....g	0.981		0		1		0.147	0.278	0.697
Proline.....g	0.759		0		1		0.114	0.215	0.539
Serine.....g	0.535		0		1		0.080	0.152	0.380
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	NR	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03013
Babyfood, meat, chicken, junior

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03012
Babyfood, meat, chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.827		0	NC	4		0.274	0.518	1.297
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.149		1		1		0.022	0.042	0.106
17:1.....g									
18:1 undifferentiated.....g	1.668		1		1		0.250	0.473	1.184
20:1.....g	0.010		1		1		0.002	0.003	0.007
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.985		0	NC	4		0.148	0.279	0.700
18:2 undifferentiated.....g	0.949		1		1		0.142	0.269	0.674
18:3 undifferentiated.....g	0.021		1		1		0.003	0.006	0.015
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.015		1		1		0.002	0.004	0.011
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	61		0		1		9	17	44
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.156		0		1		0.023	0.044	0.111
Threonine.....g	0.615		0		1		0.092	0.174	0.437
Isoleucine.....g	0.645		0		1		0.097	0.183	0.458
Leucine.....g	1.058		0		1		0.159	0.300	0.751
Lysine.....g	1.144		0		1		0.172	0.324	0.812
Methionine.....g	0.367		0		1		0.055	0.104	0.261
Cystine.....g	0.180		0		1		0.027	0.051	0.128
Phenylalanine.....g	0.558		0		1		0.084	0.158	0.396
Tyrosine.....g	0.439		0		1		0.066	0.124	0.312
Valine.....g	0.689		0		1		0.103	0.195	0.489
Arginine.....g	0.957		0		1		0.144	0.271	0.679
Histidine.....g	0.415		0		1		0.062	0.118	0.295
Alanine.....g	0.871		0		1		0.131	0.247	0.618
Aspartic acid.....g	1.269		0		1		0.190	0.360	0.901
Glutamic acid.....g	1.982		0		1		0.297	0.562	1.407
Glycine.....g	0.913		0		1		0.137	0.259	0.648
Proline.....g	0.707		0		1		0.106	0.200	0.502
Serine.....g	0.498		0		1		0.075	0.141	0.354
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03012

Babyfood, meat, chicken, strained

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03009
Babyfood, meat, ham, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	3.180		1		1		0.902	2.258	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.180		1		1		0.051	0.128	
17:1.....g									
18:1 undifferentiated.....g	2.910		1		1		0.825	2.066	
20:1.....g	0.070		1		1		0.020	0.050	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.910		1		1		0.258	0.646	
18:2 undifferentiated.....g	0.820		1		1		0.232	0.582	
18:3 undifferentiated.....g	0.030		1		1		0.009	0.021	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.050		1		1		0.014	0.036	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	29		0		1		8	21	
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.149		0		1		0.042	0.106	
Threonine.....g	0.656		0		1		0.186	0.466	
Isoleucine.....g	0.718		0		1		0.204	0.510	
Leucine.....g	1.208		0		1		0.342	0.858	
Lysine.....g	1.283		0		1		0.364	0.911	
Methionine.....g	0.386		0		1		0.109	0.274	
Cystine.....g	0.186		0		1		0.053	0.132	
Phenylalanine.....g	0.576		0		1		0.163	0.409	
Tyrosine.....g	0.506		0		1		0.143	0.359	
Valine.....g	0.779		0		1		0.221	0.553	
Arginine.....g	1.022		0		1		0.290	0.726	
Histidine.....g	0.514		0		1		0.146	0.365	
Alanine.....g	0.911		0		1		0.258	0.647	
Aspartic acid.....g	1.442		0		1		0.409	1.024	
Glutamic acid.....g	2.271		0		1		0.644	1.612	
Glycine.....g	0.866		0		1		0.246	0.615	
Proline.....g	0.702		0		1		0.199	0.498	
Serine.....g	0.547		0		1		0.155	0.388	
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03008
Babyfood, meat, ham, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.760		1		1		0.414	0.782	1.960
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.160		1		1		0.024	0.045	0.114
17:1.....g									
18:1 undifferentiated.....g	2.520		1		1		0.378	0.714	1.789
20:1.....g	0.060		1		1		0.009	0.017	0.043
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.780		1		1		0.117	0.221	0.554
18:2 undifferentiated.....g	0.710		1		1		0.107	0.201	0.504
18:3 undifferentiated.....g	0.030		1		1		0.005	0.009	0.021
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.040		1		1		0.006	0.011	0.028
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	24		0		1		4	7	17
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.138		0		1		0.021	0.039	0.098
Threonine.....g	0.603		0		1		0.090	0.171	0.428
Isoleucine.....g	0.661		0		1		0.099	0.187	0.469
Leucine.....g	1.111		0		1		0.167	0.315	0.789
Lysine.....g	1.180		0		1		0.177	0.335	0.838
Methionine.....g	0.355		0		1		0.053	0.101	0.252
Cystine.....g	0.171		0		1		0.026	0.048	0.121
Phenylalanine.....g	0.530		0		1		0.080	0.150	0.376
Tyrosine.....g	0.466		0		1		0.070	0.132	0.331
Valine.....g	0.716		0		1		0.107	0.203	0.508
Arginine.....g	0.940		0		1		0.141	0.266	0.667
Histidine.....g	0.472		0		1		0.071	0.134	0.335
Alanine.....g	0.838		0		1		0.126	0.238	0.595
Aspartic acid.....g	1.326		0		1		0.199	0.376	0.941
Glutamic acid.....g	2.089		0		1		0.313	0.592	1.483
Glycine.....g	0.796		0		1		0.119	0.226	0.565
Proline.....g	0.645		0		1		0.097	0.183	0.458
Serine.....g	0.503		0		1		0.075	0.143	0.357
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	FLA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03008

Babyfood, meat, ham, strained

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03011
Babyfood, meat, lamb, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.060		1		1		0.584	1.463	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.070		1		1		0.020	0.050	
17:1.....g									
18:1 undifferentiated.....g	1.960		1		1		0.556	1.392	
20:1.....g	0.000		1		1		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.220		1		1		0.062	0.156	
18:2 undifferentiated.....g	0.150		1		1		0.043	0.107	
18:3 undifferentiated.....g	0.060		1		1		0.017	0.043	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.010		1		1		0.003	0.007	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	38		0		1		11	27	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.151		0		1		0.043	0.107	
Threonine.....g	0.693		0		1		0.196	0.492	
Isoleucine.....g	0.714		0		1		0.202	0.507	
Leucine.....g	1.200		0		1		0.340	0.852	
Lysine.....g	1.349		0		1		0.382	0.958	
Methionine.....g	0.476		0		1		0.135	0.338	
Cystine.....g	0.209		0		1		0.059	0.148	
Phenylalanine.....g	0.598		0		1		0.170	0.425	
Tyrosine.....g	0.532		0		1		0.151	0.378	
Valine.....g	0.770		0		1		0.218	0.547	
Arginine.....g	0.996		0		1		0.282	0.707	
Histidine.....g	0.384		0		1		0.109	0.273	
Alanine.....g	0.953		0		1		0.270	0.677	
Aspartic acid.....g	1.429		0		1		0.405	1.015	
Glutamic acid.....g	2.328		0		1		0.660	1.653	
Glycine.....g	0.885		0		1		0.251	0.628	
Proline.....g	0.851		0		1		0.241	0.604	
Serine.....g	0.583		0		1		0.165	0.414	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03010
Babyfood, meat, lamb, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.870		1		1		0.281	0.530	1.328
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.060		1		1		0.009	0.017	0.043
17:1.....g									
18:1 undifferentiated.....g	1.780		1		1		0.267	0.505	1.264
20:1.....g	0.000		1		1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.200		1		1		0.030	0.057	0.142
18:2 undifferentiated.....g	0.130		1		1		0.020	0.037	0.092
18:3 undifferentiated.....g	0.050		1		1		0.008	0.014	0.036
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.010		1		1		0.002	0.003	0.007
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	38		0		1		6	11	27
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.140		0		1		0.021	0.040	0.099
Threonine.....g	0.642		0		1		0.096	0.182	0.456
Isoleucine.....g	0.662		0		1		0.099	0.188	0.470
Leucine.....g	1.112		0		1		0.167	0.315	0.790
Lysine.....g	1.249		0		1		0.187	0.354	0.887
Methionine.....g	0.441		0		1		0.066	0.125	0.313
Cystine.....g	0.194		0		1		0.029	0.055	0.138
Phenylalanine.....g	0.554		0		1		0.083	0.157	0.393
Tyrosine.....g	0.493		0		1		0.074	0.140	0.350
Valine.....g	0.714		0		1		0.107	0.202	0.507
Arginine.....g	0.923		0		1		0.138	0.262	0.655
Histidine.....g	0.356		0		1		0.053	0.101	0.253
Alanine.....g	0.882		0		1		0.132	0.250	0.626
Aspartic acid.....g	1.324		0		1		0.199	0.375	0.940
Glutamic acid.....g	2.156		0		1		0.323	0.611	1.531
Glycine.....g	0.819		0		1		0.123	0.232	0.581
Proline.....g	0.788		0		1		0.118	0.223	0.559
Serine.....g	0.540		0		1		0.081	0.153	0.383
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03010
Babyfood, meat, lamb, strained

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03021

Babyfood, meat, meat sticks, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	6.480		1		1		0.648	4.601	4.601
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.460		1		1		0.046	0.327	0.327
17:1.....g									
18:1 undifferentiated.....g	5.890		1		1		0.589	4.182	4.182
20:1.....g	0.070		1		1		0.007	0.050	0.050
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.590		1		1		0.159	1.129	1.129
18:2 undifferentiated.....g	1.460		1		1		0.146	1.037	1.037
18:3 undifferentiated.....g	0.070		1		1		0.007	0.050	0.050
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.060		1		1		0.006	0.043	0.043
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	70		0		4		7	50	50
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.092		0		1		0.009	0.065	0.065
Threonine.....g	0.581		0		1		0.058	0.413	0.413
Isoleucine.....g	0.667		0		1		0.067	0.474	0.474
Leucine.....g	1.042		0		1		0.104	0.740	0.740
Lysine.....g	1.034		0		1		0.103	0.734	0.734
Methionine.....g	0.309		0		1		0.031	0.219	0.219
Cystine.....g	0.073		0		1		0.007	0.052	0.052
Phenylalanine.....g	0.607		0		1		0.061	0.431	0.431
Tyrosine.....g	0.521		0		1		0.052	0.370	0.370
Valine.....g	0.691		0		1		0.069	0.491	0.491
Arginine.....g	0.871		0		1		0.087	0.618	0.618
Histidine.....g	0.461		0		1		0.046	0.327	0.327
Alanine.....g	0.785		0		1		0.079	0.557	0.557
Aspartic acid.....g	1.126		0		1		0.113	0.799	0.799
Glutamic acid.....g	2.023		0		1		0.202	1.436	1.436
Glycine.....g	0.682		0		1		0.068	0.484	0.484
Proline.....g	0.759		0		1		0.076	0.539	0.539
Serine.....g	0.495		0		1		0.050	0.351	0.351
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	BNA	4		0.004	0.028	0.028
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

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Common Measures:

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

NDB No. 03021

Babyfood, meat, meat sticks, junior

Calories Factors: Protein 4

Fat 8.7

Carbohydrate 2.7

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03007
Babyfood, meat, pork, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	3.580		1		1		1.015	2.542	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.230		1		1		0.065	0.163	
17:1.....g									
18:1 undifferentiated.....g	3.270		1		1		0.927	2.322	
20:1.....g	0.070		1		1		0.020	0.050	
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.780		1		1		0.221	0.554	
18:2 undifferentiated.....g	0.690		1		1		0.196	0.490	
18:3 undifferentiated.....g	0.030		1		1		0.009	0.021	
18:4.....g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		1		0.000	0.000	
20:5 n-3.....g	0.000		0		1		0.000	0.000	
22:5 n-3.....g	0.000		0		1		0.000	0.000	
22:6 n-3.....g	0.000		0		1		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	48		0		4		14	34	
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.136		0		1		0.039	0.097	
Threonine.....g	0.617		0		1		0.175	0.438	
Isoleucine.....g	0.680		0		1		0.193	0.483	
Leucine.....g	1.127		0		1		0.320	0.800	
Lysine.....g	1.158		0		1		0.328	0.822	
Methionine.....g	0.398		0		1		0.113	0.283	
Cystine.....g	0.154		0		1		0.044	0.109	
Phenylalanine.....g	0.570		0		1		0.162	0.405	
Tyrosine.....g	0.510		0		1		0.145	0.362	
Valine.....g	0.702		0		1		0.199	0.498	
Arginine.....g	0.948		0		1		0.269	0.673	
Histidine.....g	0.447		0		1		0.127	0.317	
Alanine.....g	0.879		0		1		0.249	0.624	
Aspartic acid.....g	1.310		0		1		0.371	0.930	
Glutamic acid.....g	2.133		0		1		0.605	1.514	
Glycine.....g	0.760		0		1		0.215	0.540	
Proline.....g	0.747		0		1		0.212	0.530	
Serine.....g	0.541		0		1		0.153	0.384	
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

NDB No. 03017

Babyfood, meat, turkey sticks, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	4.671		0		4		0.467	3.316	3.316
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.772		0		4		0.077	0.548	0.548
17:1.....g									
18:1 undifferentiated.....g	3.798		0		4		0.380	2.697	2.697
20:1.....g	0.020		0		4		0.002	0.014	0.014
22:1 undifferentiated.....g	0.020		0		4		0.002	0.014	0.014
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	3.615		0		4		0.362	2.567	2.567
18:2 undifferentiated.....g	3.006		0		4		0.301	2.134	2.134
18:3 undifferentiated.....g	0.163		0		4		0.016	0.116	0.116
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.284		0		4		0.028	0.202	0.202
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.041		0		4		0.004	0.029	0.029
22:6 n-3.....g	0.061		0		4		0.006	0.043	0.043
Fatty acids, total trans.....g									
Cholesterol.....mg	65		0		4		7	46	46
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.101		0		1		0.010	0.072	0.072
Threonine.....g	0.546		0		1		0.055	0.388	0.388
Isoleucine.....g	0.629		0		1		0.063	0.447	0.447
Leucine.....g	1.071		0		1		0.107	0.760	0.760
Lysine.....g	1.176		0		1		0.118	0.835	0.835
Methionine.....g	0.304		0		1		0.030	0.216	0.216
Cystine.....g	0.122		0		1		0.012	0.087	0.087
Phenylalanine.....g	0.610		0		1		0.061	0.433	0.433
Tyrosine.....g	0.483		0		1		0.048	0.343	0.343
Valine.....g	0.651		0		1		0.065	0.462	0.462
Arginine.....g	0.883		0		1		0.088	0.627	0.627
Histidine.....g	0.367		0		1		0.037	0.261	0.261
Alanine.....g	0.704		0		1		0.070	0.500	0.500
Aspartic acid.....g	1.272		0		1		0.127	0.903	0.903
Glutamic acid.....g	2.196		0		1		0.220	1.559	1.559
Glycine.....g	0.682		0		1		0.068	0.484	0.484
Proline.....g	0.651		0		1		0.065	0.462	0.462
Serine.....g	0.505		0		1		0.051	0.359	0.359
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	BNA	4		0.001	0.008	0.008
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	FLA	4		0.000	0.000	0.000

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Common Measures:

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

NDB No. 03017

Babyfood, meat, turkey sticks, junior

Calories Factors: Protein 4

Fat 8.7

Carbohydrate 2.7

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03016
Babyfood, meat, turkey, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.640		1		1		0.396	0.748	1.874
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.220		1		1		0.033	0.062	0.156
17:1.....g									
18:1 undifferentiated.....g	2.370		1		1		0.356	0.672	1.683
20:1.....g	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.760		1		1		0.264	0.499	1.250
18:2 undifferentiated.....g	1.610		1		1		0.242	0.456	1.143
18:3 undifferentiated.....g	0.080		1		1		0.012	0.023	0.057
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.070		1		1		0.011	0.020	0.050
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	53		0		1		8	15	38
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.160		0		1		0.024	0.045	0.114
Threonine.....g	0.681		0		1		0.102	0.193	0.484
Isoleucine.....g	0.772		0		1		0.116	0.219	0.548
Leucine.....g	1.225		0		1		0.184	0.347	0.870
Lysine.....g	1.274		0		1		0.191	0.361	0.905
Methionine.....g	0.477		0		1		0.072	0.135	0.339
Cystine.....g	0.187		0		1		0.028	0.053	0.133
Phenylalanine.....g	0.634		0		1		0.095	0.180	0.450
Tyrosine.....g	0.541		0		1		0.081	0.153	0.384
Valine.....g	0.782		0		1		0.117	0.222	0.555
Arginine.....g	0.979		0		1		0.147	0.278	0.695
Histidine.....g	0.393		0		1		0.059	0.111	0.279
Alanine.....g	0.974		0		1		0.146	0.276	0.692
Aspartic acid.....g	1.534		0		1		0.230	0.435	1.089
Glutamic acid.....g	2.439		0		1		0.366	0.691	1.732
Glycine.....g	1.013		0		1		0.152	0.287	0.719
Proline.....g	0.757		0		1		0.114	0.215	0.537
Serine.....g	0.605		0		1		0.091	0.172	0.430
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03016

Babyfood, meat, turkey, junior

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03015
Babyfood, meat, turkey, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.180		1		1		0.327	0.618	1.548
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.190		1		1		0.029	0.054	0.135
17:1.....g									
18:1 undifferentiated.....g	1.960		1		1		0.294	0.556	1.392
20:1.....g	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.450		1		1		0.218	0.411	1.030
18:2 undifferentiated.....g	1.330		1		1		0.200	0.377	0.944
18:3 undifferentiated.....g	0.060		1		1		0.009	0.017	0.043
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.060		1		1		0.009	0.017	0.043
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	59		0		1		9	17	42
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.149		0		1		0.022	0.042	0.106
Threonine.....g	0.633		0		1		0.095	0.179	0.449
Isoleucine.....g	0.717		0		1		0.108	0.203	0.509
Leucine.....g	1.138		0		1		0.171	0.323	0.808
Lysine.....g	1.184		0		1		0.178	0.336	0.841
Methionine.....g	0.443		0		1		0.066	0.126	0.315
Cystine.....g	0.174		0		1		0.026	0.049	0.124
Phenylalanine.....g	0.590		0		1		0.089	0.167	0.419
Tyrosine.....g	0.503		0		1		0.075	0.143	0.357
Valine.....g	0.727		0		1		0.109	0.206	0.516
Arginine.....g	0.909		0		1		0.136	0.258	0.645
Histidine.....g	0.366		0		1		0.055	0.104	0.260
Alanine.....g	0.905		0		1		0.136	0.257	0.643
Aspartic acid.....g	1.426		0		1		0.214	0.404	1.012
Glutamic acid.....g	2.267		0		1		0.340	0.643	1.610
Glycine.....g	0.941		0		1		0.141	0.267	0.668
Proline.....g	0.704		0		1		0.106	0.200	0.500
Serine.....g	0.562		0		1		0.084	0.159	0.399
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03015

Babyfood, meat, turkey, strained

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03005
Babyfood, meat, veal, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.050		1		1		0.308	0.581	1.456
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.190		1		1		0.029	0.054	0.135
17:1.....g									
18:1 undifferentiated.....g	1.790		1		1		0.269	0.507	1.271
20:1.....g	0.000		1		1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.160		1		1		0.024	0.045	0.114
18:2 undifferentiated.....g	0.100		1		1		0.015	0.028	0.071
18:3 undifferentiated.....g	0.030		1		1		0.005	0.009	0.021
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.020		1		1		0.003	0.006	0.014
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	26		0		1		4	7	18
Phytosterols.....mg									
<u>Amino Acids:</u>									
Tryptophan.....g	0.156		0		1		0.023	0.044	0.111
Threonine.....g	0.564		0		1		0.085	0.160	0.400
Isoleucine.....g	0.610		0		1		0.092	0.173	0.433
Leucine.....g	1.044		0		1		0.157	0.296	0.741
Lysine.....g	1.085		0		1		0.163	0.308	0.770
Methionine.....g	0.298		0		1		0.045	0.084	0.212
Cystine.....g	0.175		0		1		0.026	0.050	0.124
Phenylalanine.....g	0.523		0		1		0.078	0.148	0.371
Tyrosine.....g	0.432		0		1		0.065	0.122	0.307
Valine.....g	0.657		0		1		0.099	0.186	0.466
Arginine.....g	0.897		0		1		0.135	0.254	0.637
Histidine.....g	0.415		0		1		0.062	0.118	0.295
Alanine.....g	0.845		0		1		0.127	0.240	0.600
Aspartic acid.....g	1.193		0		1		0.179	0.338	0.847
Glutamic acid.....g	1.939		0		1		0.291	0.550	1.377
Glycine.....g	0.927		0		1		0.139	0.263	0.658
Proline.....g	0.746		0		1		0.112	0.211	0.530
Serine.....g	0.480		0		1		0.072	0.136	0.341
Hydroxyproline.....g									
<u>Others:</u>									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	Z	7		0	0	0
Theobromine.....mg	0		0	Z	7		0	0	0
<u>Carotenoids:</u>									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	0.000

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Common Measures:

- Measure 1 = 15.0g: 1 tbsp
- Measure 2 = 28.35g: 1 oz
- Measure 3 = 71g: 1 jar

NDB No. 03005
Babyfood, meat, veal, strained

Calories Factors: Protein 4.27

Fat 9.02

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42120

Babyfood, mixed fruit juice with low fat yogurt

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.219				4		0.069	0.276	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.017				4		0.005	0.021	
17:1.....g									
18:1 undifferentiated.....g	0.182				4		0.057	0.229	
20:1.....g	0.000				4		0.000	0.000	
22:1 undifferentiated.....g	0.000				4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.022				4		0.007	0.028	
18:2 undifferentiated.....g	0.015				4		0.005	0.019	
18:3 undifferentiated.....g	0.007				4		0.002	0.009	
18:4.....g	0.000				4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	
20:5 n-3.....g	0.000				4		0.000	0.000	
22:5 n-3.....g	0.000				4		0.000	0.000	
22:6 n-3.....g	0.000				4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	3				4		1	4	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0					7	0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	3		0	BNA	4		0.944	3.776	
Carotene, alpha.....mcg	0		0	BNA	4		0.084	0.336	
Cryptoxanthin, beta.....mcg	8		0	BNA	4		2.575	10.301	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	18		0	FLA	4		5.743	22.973	

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Common Measures:

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43523

Babyfood, mixed fruit yogurt, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.219				4		0.033	0.247	0.247
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.017				4		0.003	0.019	0.019
17:1.....g									
18:1 undifferentiated.....g	0.182				4		0.027	0.206	0.206
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.022				4		0.003	0.025	0.025
18:2 undifferentiated.....g	0.015				4		0.002	0.017	0.017
18:3 undifferentiated.....g	0.007				4		0.001	0.008	0.008
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	28		0	FLA	4		4.217	31.770	31.770
Carotene, alpha.....mcg	1		0	FLA	4		0.167	1.255	1.255
Cryptoxanthin, beta.....mcg	14		0	FLA	4		2.064	15.552	15.552
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	19		0	FLA	4		2.894	21.805	21.805

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03205

Babyfood, oatmeal cereal with fruit, dry, instant, toddler

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	3.008		0	MA	12		0.159	0.632	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.013		0	MA	12		0.001	0.003	
17:1.....g									
18:1 undifferentiated.....g	2.995		0	MA	12		0.159	0.629	
20:1.....g	0.000		0	FLM	4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.290		0	MA	12		0.121	0.481	
18:2 undifferentiated.....g	2.197		0	MA	12		0.116	0.461	
18:3 undifferentiated.....g	0.093		0	MA	12		0.005	0.020	
18:4.....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	41		0	BNA	4		2.157	8.546	
Carotene, alpha.....mcg	12		0	BNA	4		0.638	2.529	
Cryptoxanthin, beta.....mcg	13		0	BNA	4		0.708	2.807	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	32		0	FLA	4		1.719	6.810	

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Common Measures:

Measure 1 = 5.3g: 1 tbsp

Measure 2 = 21g: 1 packet (.75 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03161

Babyfood, peaches, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.046		0	BFFN		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0	BFFN		4			
17:1.....g									
18:1 undifferentiated.....g	0.053		0	BFFN		4			
20:1.....g	0.000		0	BFFN		4			
22:1 undifferentiated.....g	0.000		0	BFFN		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.078		0	BFFN		4			
18:2 undifferentiated.....g	0.068		0	BFFN		4			
18:3 undifferentiated.....g	0.005		0	BFFN		4			
18:4.....g	0.000		0	BFFN		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	BFFN		4			
20:5 n-3.....g	0.000		0	BFFN		4			
22:5 n-3.....g	0.000		0	BFFN		4			
22:6 n-3.....g	0.000		0	BFFN		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA		12			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	BFSN		4			
Theobromine.....mg	0		0	BFSN		4			
Carotenoids:									
Carotene, beta.....mcg	69		0	BNA		4			
Carotene, alpha.....mcg	0		0	BNA		4			
Cryptoxanthin, beta.....mcg	28		0	BNA		4			
Lycopene.....mcg	0		0	BFSN		4			
Lutein + zeaxanthin.....mcg	103		0	BFSN		4			

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03141
Babyfood, pears, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.043		0	BFFN		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	BFFN		4			
17:1.....g									
18:1 undifferentiated.....g	0.041		0	BFFN		4			
20:1.....g	0.000		0	BFFN		4			
22:1 undifferentiated.....g	0.000		0	BFFN		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.046		0	BFFN		4			
18:2 undifferentiated.....g	0.046		0	BFFN		4			
18:3 undifferentiated.....g	0.000		0	BFFN		4			
18:4.....g	0.000		0	BFFN		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	BFFN		4			
20:5 n-3.....g	0.000		0	BFFN		4			
22:5 n-3.....g	0.000		0	BFFN		4			
22:6 n-3.....g	0.000		0	BFFN		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA		12			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	BFSN		4			
Theobromine.....mg	0		0	BFSN		4			
Carotenoids:									
Carotene, beta.....mcg	12		0	BFSN		4			
Carotene, alpha.....mcg	0		0	BFSN		4			
Cryptoxanthin, beta.....mcg	2		0	BFSN		4			
Lycopene.....mcg	0		0	BFSN		4			
Lutein + zeaxanthin.....mcg	44		0	BFSN		4			

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42279
Babyfood, peas and brown rice

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.180				4		0.414	0.026	0.230
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002				4		0.005	0.000	0.003
17:1.....g									
18:1 undifferentiated.....g	0.179				4		0.412	0.026	0.229
20:1.....g	0.000				4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.180				4		0.414	0.026	0.230
18:2 undifferentiated.....g	0.171				4		0.393	0.025	0.219
18:3 undifferentiated.....g	0.008				4		0.018	0.001	0.010
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				5		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	227		0	FLA	4		522.965	32.742	291.041
Carotene, alpha.....mcg	11		0	FLA	4		24.666	1.544	13.727
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	1256		0	FLA	4		2887.822	180.803	1607.136

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Common Measures:

Measure 1 = 230g: 1 cup

Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03122
Babyfood, peas, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.070		0	FLM	4				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4				
17:1.....g									
18:1 undifferentiated.....g	0.071		0	FLM	4				
20:1.....g	0.000		0	FLM	4				
22:1 undifferentiated.....g	0.000		0	FLM	4				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.370		0	FLM	4				
18:2 undifferentiated.....g	0.301		0	FLM	4				
18:3 undifferentiated.....g	0.071		0	FLM	4				
18:4.....g	0.000		0	FLM	4				
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4				
20:5 n-3.....g	0.000		0	FLM	4				
22:5 n-3.....g	0.000		0	FLM	4				
22:6 n-3.....g	0.000		0	FLM	4				
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7				
Caffeine.....mg	0		0	BFSN	4				
Theobromine.....mg	0		0	BFSN	4				
Carotenoids:									
Carotene, beta.....mcg	178		0	BNA	4				
Carotene, alpha.....mcg	8		0	BNA	4				
Cryptoxanthin, beta.....mcg	0		0	BNA	4				
Lycopene.....mcg	0		0	BFSN	4				
Lutein + zeaxanthin.....mcg	1805		0	BFSN	4				

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Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03293

Babyfood, plums, bananas and rice, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.046								4
17:0.....g									
18:0.....g	0.004								4
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.120								4
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.004								4
17:1.....g									
18:1 undifferentiated.....g	0.116								4
20:1.....g	0.000								4
22:1 undifferentiated.....g	0.000								4
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.070								4
18:2 undifferentiated.....g	0.058								4
18:3 undifferentiated.....g	0.008								4
18:4.....g	0.000								4
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000								4
20:5 n-3.....g	0.000								4
22:5 n-3.....g	0.000								4
22:6 n-3.....g	0.000								4
Fatty acids, total trans.....g									
Cholesterol.....mg	0								4
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0								7
Caffeine.....mg	0		0	FLA					4
Theobromine.....mg	0		0	FLA					4
Carotenoids:									
Carotene, beta.....mcg	73		0	BNA					4
Carotene, alpha.....mcg	0		0	BNA					4
Cryptoxanthin, beta.....mcg	13		0	BNA					4
Lycopene.....mcg	0		0	FLA					4
Lutein + zeaxanthin.....mcg	65		0	FLA					4

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03112
Babyfood, potatoes, toddler

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.002		0	FLM	4		0.003	0.000	0.001
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0	FLM	4		0.002	0.000	0.001
17:1.....g									
18:1 undifferentiated.....g	0.001		0	FLM	4		0.002	0.000	0.001
20:1.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.025		0	FLM	4		0.041	0.003	0.018
18:2 undifferentiated.....g	0.019		0	FLM	4		0.031	0.002	0.013
18:3 undifferentiated.....g	0.006		0	FLM	4		0.010	0.001	0.004
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	BFSN	4		0.000	0.000	0.000

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Common Measures:

Measure 1 = 163g: 1 cup

Measure 2 = 10.0g: 1 tbsp

Measure 3 = 71g: 1 jar Gerber Graduate (4.5 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03215
Babyfood, pretzels

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.188		0		4		0.053	0.011	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003		0		4		0.001	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.185		0		4		0.052	0.011	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.833		0		4		0.236	0.050	
18:2 undifferentiated.....g	0.789		0		4		0.224	0.047	
18:3 undifferentiated.....g	0.044		0		4		0.012	0.003	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	4		0	BNA	4		1.076	0.228	
Carotene, alpha.....mcg	1		0	BNA	4		0.272	0.058	
Cryptoxanthin, beta.....mcg	1		0	BNA	4		0.297	0.063	
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	72		0	FLA	4		20.362	4.309	

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 6.0g: 1 pretzel

Calories Factors: Protein 4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03139

Babyfood, prunes, without vitamin c, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.130				4		0.020	0.092	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002				4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.130				4		0.020	0.092	
20:1.....g	0.000				4		0.000	0.000	
22:1 undifferentiated.....g	0.000				4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.040				4		0.006	0.028	
18:2 undifferentiated.....g	0.044				4		0.007	0.031	
18:3 undifferentiated.....g	0.000				4		0.000	0.000	
18:4.....g	0.000				4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	
20:5 n-3.....g	0.000				4		0.000	0.000	
22:5 n-3.....g	0.000				4		0.000	0.000	
22:6 n-3.....g	0.000				4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0				4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	
Caffeine.....mg	0		0	BFSN	4		0	0	
Theobromine.....mg	0		0	BFSN	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	30		0	BNA	4		4.538	21.481	
Carotene, alpha.....mcg	4		0	BNA	4		0.651	3.082	
Cryptoxanthin, beta.....mcg	7		0	BNA	4		1.072	5.075	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	55		0	BFSN	4		8.264	39.116	

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Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 71g: 1 jar Gerber First Foods (2.5 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03046

Babyfood, ravioli, cheese filled, with tomato sauce

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.570				4		0.091	0.046	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.039				4		0.006	0.003	
17:1.....g									
18:1 undifferentiated.....g	0.509				4		0.081	0.041	
20:1.....g	0.000				4		0.000	0.000	
22:1 undifferentiated.....g	0.000				4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.480				4		0.077	0.038	
18:2 undifferentiated.....g	0.424				4		0.068	0.034	
18:3 undifferentiated.....g	0.035				4		0.006	0.003	
18:4.....g	0.000				4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.002				4		0.000	0.000	
20:5 n-3.....g	0.000				4		0.000	0.000	
22:5 n-3.....g	0.000				4		0.000	0.000	
22:6 n-3.....g	0.001				4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	7				4		1	1	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0						0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	230		0	BNA	4		36.876	18.438	
Carotene, alpha.....mcg	2		0	BNA	4		0.266	0.133	
Cryptoxanthin, beta.....mcg	3		0	BNA	4		0.492	0.246	
Lycopene.....mcg	1632		0	O	4		261.120	130.560	
Lutein + zeaxanthin.....mcg	69		0	O	4		11.040	5.520	

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Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 8.0g: 1 piece

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43529
Babyfood, rice and apples, dry

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.615				4		0.015		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.008				4		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.605				4		0.015		
20:1.....g	0.001				4		0.000		
22:1 undifferentiated.....g	0.000				4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.920				4		0.023		
18:2 undifferentiated.....g	0.804				4		0.020		
18:3 undifferentiated.....g	0.116				4		0.003		
18:4.....g	0.000				4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000		
20:5 n-3.....g	0.000				4		0.000		
22:5 n-3.....g	0.000				4		0.000		
22:6 n-3.....g	0.000				4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	4		0	FLA	4		0.092		
Carotene, alpha.....mcg	0		0	FLA	4		0.000		
Cryptoxanthin, beta.....mcg	3		0	FLA	4		0.069		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	8		0	FLA	4		0.195		

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Common Measures:

Measure 1 = 2.5g: 1 tbsp

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03216
Babyfood, teething biscuits

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.425		0		4		0.404	0.157	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.065		0		4		0.018	0.007	
17:1.....g									
18:1 undifferentiated.....g	1.331		0		4		0.377	0.146	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.863		0		4		0.245	0.095	
18:2 undifferentiated.....g	0.805		0		4		0.228	0.089	
18:3 undifferentiated.....g	0.058		0		4		0.016	0.006	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.189		0		1		0.054	0.021	
Threonine.....g	0.568		0		1		0.161	0.062	
Isoleucine.....g	0.845		0		1		0.240	0.093	
Leucine.....g	1.460		0		1		0.414	0.161	
Lysine.....g	0.351		0		1		0.100	0.039	
Methionine.....g	0.275		0		1		0.078	0.030	
Cystine.....g	0.151		0		1		0.043	0.017	
Phenylalanine.....g	0.526		0		1		0.149	0.058	
Tyrosine.....g	0.665		0		1		0.189	0.073	
Valine.....g	0.881		0		1		0.250	0.097	
Arginine.....g	0.597		0		1		0.169	0.066	
Histidine.....g	0.399		0		1		0.113	0.044	
Alanine.....g	0.665		0		1		0.189	0.073	
Aspartic acid.....g	1.005		0		1		0.285	0.111	
Glutamic acid.....g	4.618		0		1		1.309	0.508	
Glycine.....g	0.493		0		1		0.140	0.054	
Proline.....g	1.147		0		1		0.325	0.126	
Serine.....g	0.701		0		1		0.199	0.077	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	13		0	BNA	4		3.810	1.478	
Carotene, alpha.....mcg	6		0	BNA	4		1.651	0.641	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.005	0.002	
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	
Lutein + zeaxanthin.....mcg	169		0	BFSN	4		47.959	18.608	

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Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 11.0g: 1 biscuit

NDB No. 03216
Babyfood, teething biscuits

Calories Factors: Protein 4

Fat 8.4

Carbohydrate 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 42278

Babyfood, vegetable and brown rice, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.970				4		2.231	0.140	1.242
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.009				4		0.021	0.001	0.012
17:1.....g									
18:1 undifferentiated.....g	0.957				4		2.201	0.138	1.225
20:1.....g	0.001				4		0.002	0.000	0.001
22:1 undifferentiated.....g	0.000				4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.320				4		0.736	0.046	0.410
18:2 undifferentiated.....g	0.302				4		0.695	0.043	0.387
18:3 undifferentiated.....g	0.011				4		0.025	0.002	0.014
18:4.....g	0.000				4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000				4		0.000	0.000	0.000
20:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:5 n-3.....g	0.000				4		0.000	0.000	0.000
22:6 n-3.....g	0.000				4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0				5		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	73		0	BNA	4		168.646	10.559	93.855
Carotene, alpha.....mcg	33		0	BNA	4		76.708	4.803	42.690
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	1		0	FLA	4		1.639	0.103	0.912
Lutein + zeaxanthin.....mcg	550		0	FLA	4		1264.368	79.160	703.648

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 230g: 1 cup

Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03114

Babyfood, vegetable, butternut squash and corn

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.088		0	FLM	4		0.099		
17:0.....g									
18:0.....g	0.006		0	FLM	4		0.007		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.166		0	FLM	4		0.188		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.166		0	FLM	4		0.188		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.280		0	FLM	4		0.316		
18:2 undifferentiated.....g	0.262		0	FLM	4		0.296		
18:3 undifferentiated.....g	0.019		0	FLM	4		0.021		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	FLM	4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM	4		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	1476		0	FLA	4		1667.323		
Carotene, alpha.....mcg	362		0	FLA	4		409.226		
Cryptoxanthin, beta.....mcg	38		0	FLA	4		43.446		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	970		0	FLA	4		1096.631		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03096

Babyfood, vegetable, green beans and potatoes

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.486		0	FLM	4		0.549		
17:0.....g									
18:0.....g	0.214		0	FLM	4		0.242		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.539		0	FLM	4		0.609		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		0	FLM	4		0.045		
17:1.....g									
18:1 undifferentiated.....g	0.474		0	FLM	4		0.536		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.132		0	FLM	4		0.149		
18:2 undifferentiated.....g	0.088		0	FLM	4		0.099		
18:3 undifferentiated.....g	0.043		0	FLM	4		0.049		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3.....g	0.000		0	FLM	4		0.000		
22:5 n-3.....g	0.000		0	FLM	4		0.000		
22:6 n-3.....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	FLM	4		6		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM	4		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		
Carotenoids:									
Carotene, beta.....mcg	28		0	BNA	4		31.096		
Carotene, alpha.....mcg	0		0	BNA	4		0.000		
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000		
Lycopene.....mcg	0		0	FLA	4		0.000		
Lutein + zeaxanthin.....mcg	50		0	FLA	4		56.380		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03098

Babyfood, vegetables, beets, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.019		0		4		0.043	0.003	0.005
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.019		0		4		0.043	0.003	0.005
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.036		0		4		0.081	0.005	0.010
18:2 undifferentiated.....g	0.033		0		4		0.074	0.005	0.009
18:3 undifferentiated.....g	0.003		0		4		0.007	0.000	0.001
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.012		0		1		0.027	0.002	0.003
Threonine.....g	0.032		0		1		0.072	0.004	0.009
Isoleucine.....g	0.038		0		1		0.085	0.005	0.011
Leucine.....g	0.046		0		1		0.103	0.006	0.013
Lysine.....g	0.034		0		1		0.076	0.005	0.010
Methionine.....g	0.010		0		1		0.022	0.001	0.003
Cystine.....g	0.007		0		1		0.016	0.001	0.002
Phenylalanine.....g	0.018		0		1		0.040	0.003	0.005
Tyrosine.....g	0.035		0		1		0.078	0.005	0.010
Valine.....g	0.045		0		1		0.101	0.006	0.013
Arginine.....g	0.030		0		1		0.067	0.004	0.009
Histidine.....g	0.021		0		1		0.047	0.003	0.006
Alanine.....g	0.054		0		1		0.121	0.008	0.015
Aspartic acid.....g	0.086		0		1		0.193	0.012	0.024
Glutamic acid.....g	0.292		0		1		0.654	0.041	0.083
Glycine.....g	0.027		0		1		0.060	0.004	0.008
Proline.....g	0.027		0		1		0.060	0.004	0.008
Serine.....g	0.043		0		1		0.096	0.006	0.012
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	16		0	BFSN	4		35.686	2.230	4.516
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	BFSN	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 224g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03098

Babyfood, vegetables, beets, strained

Calories Factors: Protein 2.78

Fat 8.37

Carbohydrate 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

Babyfood, vegetables, carrots, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.009		0		4		0.020	0.001	0.003
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.004	0.000	0.001
17:1.....g									
18:1 undifferentiated.....g	0.007		0		4		0.016	0.001	0.002
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.093		0		4		0.208	0.013	0.026
18:2 undifferentiated.....g	0.080		0		4		0.179	0.011	0.023
18:3 undifferentiated.....g	0.011		0		4		0.025	0.002	0.003
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.011		0		1		0.025	0.002	0.003
Threonine.....g	0.023		0		1		0.052	0.003	0.007
Isoleucine.....g	0.024		0		1		0.054	0.003	0.007
Leucine.....g	0.033		0		1		0.074	0.005	0.009
Lysine.....g	0.021		0		1		0.047	0.003	0.006
Methionine.....g	0.009		0		1		0.020	0.001	0.003
Cystine.....g	0.006		0		1		0.013	0.001	0.002
Phenylalanine.....g	0.025		0		1		0.056	0.004	0.007
Tyrosine.....g	0.020		0		1		0.045	0.003	0.006
Valine.....g	0.031		0		1		0.069	0.004	0.009
Arginine.....g	0.052		0		1		0.116	0.007	0.015
Histidine.....g	0.013		0		1		0.029	0.002	0.004
Alanine.....g	0.041		0		1		0.092	0.006	0.012
Aspartic acid.....g	0.127		0		1		0.284	0.018	0.036
Glutamic acid.....g	0.225		0		1		0.504	0.032	0.064
Glycine.....g	0.022		0		1		0.049	0.003	0.006
Proline.....g	0.021		0		1		0.047	0.003	0.006
Serine.....g	0.024		0		1		0.054	0.003	0.007
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	5745		0	BNA	4		12869.179	804.324	1628.755
Carotene, alpha.....mcg	2682		0	BNA	4		6006.922	375.433	760.251
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	230		0	O	4		515.200	32.200	65.205

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

NDB No. 03100

Babyfood, vegetables, carrots, junior

Calories Factors: Protein 2.78

Fat 8.37

Carbohydrate 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03099

Babyfood, vegetables, carrots, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0		4		0.009	0.001	0.001
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.002	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.003		0		4		0.007	0.000	0.001
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.047		0		4		0.105	0.007	0.013
18:2 undifferentiated.....g	0.040		0		4		0.090	0.006	0.011
18:3 undifferentiated.....g	0.006		0		4		0.013	0.001	0.002
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.011		0		1		0.025	0.002	0.003
Threonine.....g	0.022		0		1		0.049	0.003	0.006
Isoleucine.....g	0.024		0		1		0.054	0.003	0.007
Leucine.....g	0.032		0		1		0.072	0.004	0.009
Lysine.....g	0.020		0		1		0.045	0.003	0.006
Methionine.....g	0.009		0		1		0.020	0.001	0.003
Cystine.....g	0.006		0		1		0.013	0.001	0.002
Phenylalanine.....g	0.024		0		1		0.054	0.003	0.007
Tyrosine.....g	0.019		0		1		0.043	0.003	0.005
Valine.....g	0.030		0		1		0.067	0.004	0.009
Arginine.....g	0.050		0		1		0.112	0.007	0.014
Histidine.....g	0.012		0		1		0.027	0.002	0.003
Alanine.....g	0.040		0		1		0.090	0.006	0.011
Aspartic acid.....g	0.123		0		1		0.276	0.017	0.035
Glutamic acid.....g	0.218		0		1		0.488	0.031	0.062
Glycine.....g	0.021		0		1		0.047	0.003	0.006
Proline.....g	0.020		0		1		0.045	0.003	0.006
Serine.....g	0.024		0		1		0.054	0.003	0.007
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFPN	4		0	0	0
Theobromine.....mg	0		0	BFPN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	5575		0	BNA	4		12488.879	780.555	1580.624
Carotene, alpha.....mcg	2602		0	BNA	4		5829.410	364.338	737.785
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	230		0	BFSN	4		515.633	32.227	65.260

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 224g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03099

Babyfood, vegetables, carrots, strained

Calories Factors: Protein 2.78

Fat 8.37

Carbohydrate 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03120

Babyfood, vegetables, corn, creamed, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
			of Data Points						
16:0.....g	0.062		0		4		0.149	0.009	0.018
17:0.....g									
18:0.....g	0.006		0		4		0.014	0.001	0.002
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.116		0		4		0.278	0.017	0.033
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.002	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.115		0		4		0.276	0.017	0.033
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.178		0		4		0.427	0.027	0.050
18:2 undifferentiated.....g	0.173		0		4		0.415	0.026	0.049
18:3 undifferentiated.....g	0.006		0		4		0.014	0.001	0.002
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0		4		2	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.015		0		1		0.036	0.002	0.004
Threonine.....g	0.052		0		1		0.125	0.008	0.015
Isoleucine.....g	0.065		0		1		0.156	0.010	0.018
Leucine.....g	0.141		0		1		0.338	0.021	0.040
Lysine.....g	0.082		0		1		0.197	0.012	0.023
Methionine.....g	0.040		0		1		0.096	0.006	0.011
Cystine.....g	0.018		0		1		0.043	0.003	0.005
Phenylalanine.....g	0.049		0		1		0.118	0.007	0.014
Tyrosine.....g	0.068		0		1		0.163	0.010	0.019
Valine.....g	0.078		0		1		0.187	0.012	0.022
Arginine.....g	0.060		0		1		0.144	0.009	0.017
Histidine.....g	0.046		0		1		0.110	0.007	0.013
Alanine.....g	0.071		0		1		0.170	0.011	0.020
Aspartic acid.....g	0.099		0		1		0.238	0.015	0.028
Glutamic acid.....g	0.276		0		1		0.662	0.041	0.078
Glycine.....g	0.036		0		1		0.086	0.005	0.010
Proline.....g	0.161		0		1		0.386	0.024	0.046
Serine.....g	0.062		0		1		0.149	0.009	0.018
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	13		0	FLA	4		31.734	1.983	3.749
Carotene, alpha.....mcg	10		0	FLA	4		25.143	1.571	2.970
Cryptoxanthin, beta.....mcg	3		0	FLA	4		6.103	0.381	0.721
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	423		0	FLA	4		1015.899	63.494	120.003

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03120

Babyfood, vegetables, corn, creamed, junior

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03119

Babyfood, vegetables, corn, creamed, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.062		0		4		0.149	0.009	0.018
17:0.....g									
18:0.....g	0.007		0		4		0.017	0.001	0.002
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.116		0		4		0.278	0.017	0.033
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.002	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.115		0		4		0.276	0.017	0.033
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.176		0		4		0.422	0.026	0.050
18:2 undifferentiated.....g	0.171		0		4		0.410	0.026	0.048
18:3 undifferentiated.....g	0.006		0		4		0.014	0.001	0.002
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0		4		2	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.015		0		1		0.036	0.002	0.004
Threonine.....g	0.052		0		1		0.125	0.008	0.015
Isoleucine.....g	0.065		0		1		0.156	0.010	0.018
Leucine.....g	0.140		0		1		0.336	0.021	0.040
Lysine.....g	0.081		0		1		0.194	0.012	0.023
Methionine.....g	0.040		0		1		0.096	0.006	0.011
Cystine.....g	0.018		0		1		0.043	0.003	0.005
Phenylalanine.....g	0.049		0		1		0.118	0.007	0.014
Tyrosine.....g	0.067		0		1		0.161	0.010	0.019
Valine.....g	0.077		0		1		0.185	0.012	0.022
Arginine.....g	0.060		0		1		0.144	0.009	0.017
Histidine.....g	0.046		0		1		0.110	0.007	0.013
Alanine.....g	0.070		0		1		0.168	0.011	0.020
Aspartic acid.....g	0.099		0		1		0.238	0.015	0.028
Glutamic acid.....g	0.275		0		1		0.660	0.041	0.078
Glycine.....g	0.036		0		1		0.086	0.005	0.010
Proline.....g	0.161		0		1		0.386	0.024	0.046
Serine.....g	0.062		0		1		0.149	0.009	0.018
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	26		0	BNA	4		61.393	3.837	7.252
Carotene, alpha.....mcg	20		0	BNA	4		48.642	3.040	5.746
Cryptoxanthin, beta.....mcg	5		0	BNA	4		11.806	0.738	1.395
Lycopene.....mcg	0		0	FLA	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	357		0	FLA	4		857.444	53.590	101.286

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03119

Babyfood, vegetables, corn, creamed, strained

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03283

Babyfood, vegetables, garden vegetable, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.011		0		4		0.003	0.012	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.001	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.009		0		4		0.003	0.010	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.090		0		4		0.026	0.102	
18:2 undifferentiated.....g	0.053		0		4		0.015	0.060	
18:3 undifferentiated.....g	0.035		0		4		0.010	0.040	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.027		0		1		0.008	0.031	
Threonine.....g	0.073		0		1		0.021	0.082	
Isoleucine.....g	0.086		0		1		0.024	0.097	
Leucine.....g	0.143		0		1		0.041	0.162	
Lysine.....g	0.116		0		1		0.033	0.131	
Methionine.....g	0.043		0		1		0.012	0.049	
Cystine.....g	0.020		0		1		0.006	0.023	
Phenylalanine.....g	0.088		0		1		0.025	0.099	
Tyrosine.....g	0.095		0		1		0.027	0.107	
Valine.....g	0.099		0		1		0.028	0.112	
Arginine.....g	0.196		0		1		0.056	0.221	
Histidine.....g	0.045		0		1		0.013	0.051	
Alanine.....g	0.107		0		1		0.030	0.121	
Aspartic acid.....g	0.192		0		1		0.054	0.217	
Glutamic acid.....g	0.293		0		1		0.083	0.331	
Glycine.....g	0.079		0		1		0.022	0.089	
Proline.....g	0.122		0		1		0.035	0.138	
Serine.....g	0.077		0		1		0.022	0.087	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	3270		0	BNA	4		927.059	3695.157	
Carotene, alpha.....mcg	740		0	BNA	4		209.875	836.537	
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.020	0.078	
Lutein + zeaxanthin.....mcg	1374		0	FLA	4		389.519	1552.581	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

NDB No. 03283

Babyfood, vegetables, garden vegetable, strained

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03092

Babyfood, vegetables, green beans, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0		4		0.010	0.001	0.001
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.004		0		4		0.010	0.001	0.001
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.052		0		4		0.125	0.008	0.015
18:2 undifferentiated.....g	0.020		0		4		0.048	0.003	0.006
18:3 undifferentiated.....g	0.032		0		4		0.077	0.005	0.009
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.014		0		1		0.034	0.002	0.004
Threonine.....g	0.051		0		1		0.122	0.008	0.014
Isoleucine.....g	0.054		0		1		0.130	0.008	0.015
Leucine.....g	0.078		0		1		0.187	0.012	0.022
Lysine.....g	0.059		0		1		0.142	0.009	0.017
Methionine.....g	0.018		0		1		0.043	0.003	0.005
Cystine.....g	0.010		0		1		0.024	0.002	0.003
Phenylalanine.....g	0.049		0		1		0.118	0.007	0.014
Tyrosine.....g	0.042		0		1		0.101	0.006	0.012
Valine.....g	0.065		0		1		0.156	0.010	0.018
Arginine.....g	0.066		0		1		0.158	0.010	0.019
Histidine.....g	0.033		0		1		0.079	0.005	0.009
Alanine.....g	0.056		0		1		0.134	0.008	0.016
Aspartic acid.....g	0.234		0		1		0.562	0.035	0.066
Glutamic acid.....g	0.157		0		1		0.377	0.024	0.045
Glycine.....g	0.049		0		1		0.118	0.007	0.014
Proline.....g	0.061		0		1		0.146	0.009	0.017
Serine.....g	0.063		0		1		0.151	0.009	0.018
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	292		0	BFSN	4		701.660	43.854	82.884
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	493		0	BFSN	4		1183.967	73.998	139.856

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 240g: 1 cup
- Measure 2 = 15.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03092

Babyfood, vegetables, green beans, junior

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03091

Babyfood, vegetables, green beans, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0		4		0.010	0.001	0.001
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.004		0		4		0.010	0.001	0.001
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.052		0		4		0.125	0.008	0.015
18:2 undifferentiated.....g	0.020		0		4		0.048	0.003	0.006
18:3 undifferentiated.....g	0.032		0		4		0.077	0.005	0.009
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.015		0		1		0.036	0.002	0.004
Threonine.....g	0.055		0		1		0.132	0.008	0.016
Isoleucine.....g	0.058		0		1		0.139	0.009	0.016
Leucine.....g	0.085		0		1		0.204	0.013	0.024
Lysine.....g	0.065		0		1		0.156	0.010	0.018
Methionine.....g	0.019		0		1		0.046	0.003	0.005
Cystine.....g	0.011		0		1		0.026	0.002	0.003
Phenylalanine.....g	0.053		0		1		0.127	0.008	0.015
Tyrosine.....g	0.046		0		1		0.110	0.007	0.013
Valine.....g	0.071		0		1		0.170	0.011	0.020
Arginine.....g	0.072		0		1		0.173	0.011	0.020
Histidine.....g	0.036		0		1		0.086	0.005	0.010
Alanine.....g	0.060		0		1		0.144	0.009	0.017
Aspartic acid.....g	0.254		0		1		0.610	0.038	0.072
Glutamic acid.....g	0.171		0		1		0.410	0.026	0.048
Glycine.....g	0.053		0		1		0.127	0.008	0.015
Proline.....g	0.066		0		1		0.158	0.010	0.019
Serine.....g	0.069		0		1		0.166	0.010	0.020
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	312		0	BFSN	4		748.437	46.777	88.409
Carotene, alpha.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	526		0	BFSN	4		1262.898	78.931	149.180

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 240g: 1 cup
- Measure 2 = 15.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03091

Babyfood, vegetables, green beans, strained

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03282

Babyfood, vegetables, mix vegetables junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.025		0		4		0.060	0.004	0.007
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0		4		0.005	0.000	0.001
17:1.....g									
18:1 undifferentiated.....g	0.022		0		4		0.053	0.003	0.006
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.186		0		4		0.446	0.028	0.053
18:2 undifferentiated.....g	0.153		0		4		0.367	0.023	0.043
18:3 undifferentiated.....g	0.031		0		4		0.074	0.005	0.009
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.015		0		1		0.036	0.002	0.004
Threonine.....g	0.045		0		1		0.108	0.007	0.013
Isoleucine.....g	0.056		0		1		0.134	0.008	0.016
Leucine.....g	0.091		0		1		0.218	0.014	0.026
Lysine.....g	0.047		0		1		0.113	0.007	0.013
Methionine.....g	0.021		0		1		0.050	0.003	0.006
Cystine.....g	0.028		0		1		0.067	0.004	0.008
Phenylalanine.....g	0.055		0		1		0.132	0.008	0.016
Tyrosine.....g	0.052		0		1		0.125	0.008	0.015
Valine.....g	0.069		0		1		0.166	0.010	0.020
Arginine.....g	0.093		0		1		0.223	0.014	0.026
Histidine.....g	0.031		0		1		0.074	0.005	0.009
Alanine.....g	0.062		0		1		0.149	0.009	0.018
Aspartic acid.....g	0.165		0		1		0.396	0.025	0.047
Glutamic acid.....g	0.369		0		1		0.886	0.055	0.105
Glycine.....g	0.054		0		1		0.130	0.008	0.015
Proline.....g	0.110		0		1		0.264	0.017	0.031
Serine.....g	0.054		0		1		0.130	0.008	0.015
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2060		0	BNA	4		4943.389	308.962	583.938
Carotene, alpha.....mcg	915		0	BNA	4		2194.821	137.176	259.263
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	FLA	4		0.772	0.048	0.091
Lutein + zeaxanthin.....mcg	497		0	FLA	4		1191.792	74.487	140.780

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 240g: 1 cup
- Measure 2 = 15.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03282

Babyfood, vegetables, mix vegetables junior

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03286

Babyfood, vegetables, mix vegetables strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.118		0		4		0.033	0.133	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.116		0		4		0.033	0.131	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.194		0		4		0.055	0.219	
18:2 undifferentiated.....g	0.181		0		4		0.051	0.205	
18:3 undifferentiated.....g	0.008		0		4		0.002	0.009	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.013		0		1		0.004	0.015	
Threonine.....g	0.038		0		1		0.011	0.043	
Isoleucine.....g	0.047		0		1		0.013	0.053	
Leucine.....g	0.077		0		1		0.022	0.087	
Lysine.....g	0.040		0		1		0.011	0.045	
Methionine.....g	0.018		0		1		0.005	0.020	
Cystine.....g	0.024		0		1		0.007	0.027	
Phenylalanine.....g	0.047		0		1		0.013	0.053	
Tyrosine.....g	0.044		0		1		0.012	0.050	
Valine.....g	0.058		0		1		0.016	0.066	
Arginine.....g	0.079		0		1		0.022	0.089	
Histidine.....g	0.026		0		1		0.007	0.029	
Alanine.....g	0.052		0		1		0.015	0.059	
Aspartic acid.....g	0.139		0		1		0.039	0.157	
Glutamic acid.....g	0.310		0		1		0.088	0.350	
Glycine.....g	0.046		0		1		0.013	0.052	
Proline.....g	0.092		0		1		0.026	0.104	
Serine.....g	0.046		0		1		0.013	0.052	
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	
Carotenoids:									
Carotene, beta.....mcg	1550		0	FLA	4		439.441	1751.565	
Carotene, alpha.....mcg	699		0	FLA	4		198.045	789.387	
Cryptoxanthin, beta.....mcg	0		0	FLA	4		0.000	0.000	
Lycopene.....mcg	0		0	FLA	4		0.097	0.385	
Lutein + zeaxanthin.....mcg	381		0	FLA	4		108.138	431.026	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

NDB No. 03286

Babyfood, vegetables, mix vegetables strained

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03121

Babyfood, vegetables, peas, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.027		0		4		0.065	0.004	0.008
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.027		0		4		0.065	0.004	0.008
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.141		0		4		0.338	0.021	0.040
18:2 undifferentiated.....g	0.115		0		4		0.276	0.017	0.033
18:3 undifferentiated.....g	0.027		0		4		0.065	0.004	0.008
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.034		0		1		0.082	0.005	0.010
Threonine.....g	0.136		0		1		0.326	0.020	0.039
Isoleucine.....g	0.151		0		1		0.362	0.023	0.043
Leucine.....g	0.235		0		1		0.564	0.035	0.067
Lysine.....g	0.234		0		1		0.562	0.035	0.066
Methionine.....g	0.040		0		1		0.096	0.006	0.011
Cystine.....g	0.026		0		1		0.062	0.004	0.007
Phenylalanine.....g	0.143		0		1		0.343	0.021	0.041
Tyrosine.....g	0.119		0		1		0.286	0.018	0.034
Valine.....g	0.169		0		1		0.406	0.025	0.048
Arginine.....g	0.389		0		1		0.934	0.058	0.110
Histidine.....g	0.075		0		1		0.180	0.011	0.021
Alanine.....g	0.185		0		1		0.444	0.028	0.052
Aspartic acid.....g	0.311		0		1		0.746	0.047	0.088
Glutamic acid.....g	0.507		0		1		1.217	0.076	0.144
Glycine.....g	0.133		0		1		0.319	0.020	0.038
Proline.....g	0.165		0		1		0.396	0.025	0.047
Serine.....g	0.132		0		1		0.317	0.020	0.037
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	265		0	BFSN	4		636.656	39.791	75.205
Carotene, alpha.....mcg	13		0	BFSN	4		30.028	1.877	3.547
Cryptoxanthin, beta.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	1465		0	BFSN	4		3515.625	219.727	415.283

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 240g: 1 cup
- Measure 2 = 15.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03121

Babyfood, vegetables, peas, strained

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03127

Babyfood, vegetables, spinach, creamed, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.332		0		4		0.797	0.050	0.094
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.028		0		4		0.067	0.004	0.008
17:1.....g									
18:1 undifferentiated.....g	0.291		0		4		0.698	0.044	0.082
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.133		0		4		0.319	0.020	0.038
18:2 undifferentiated.....g	0.060		0		4		0.144	0.009	0.017
18:3 undifferentiated.....g	0.071		0		4		0.170	0.011	0.020
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0		4		12	1	1
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.036		0		1		0.086	0.005	0.010
Threonine.....g	0.101		0		1		0.242	0.015	0.029
Isoleucine.....g	0.112		0		1		0.269	0.017	0.032
Leucine.....g	0.221		0		1		0.530	0.033	0.063
Lysine.....g	0.148		0		1		0.355	0.022	0.042
Methionine.....g	0.055		0		1		0.132	0.008	0.016
Cystine.....g	0.031		0		1		0.074	0.005	0.009
Phenylalanine.....g	0.096		0		1		0.230	0.014	0.027
Tyrosine.....g	0.115		0		1		0.276	0.017	0.033
Valine.....g	0.151		0		1		0.362	0.023	0.043
Arginine.....g	0.152		0		1		0.365	0.023	0.043
Histidine.....g	0.064		0		1		0.154	0.010	0.018
Alanine.....g	0.117		0		1		0.281	0.018	0.033
Aspartic acid.....g	0.203		0		1		0.487	0.030	0.058
Glutamic acid.....g	0.421		0		1		1.010	0.063	0.119
Glycine.....g	0.097		0		1		0.233	0.015	0.027
Proline.....g	0.207		0		1		0.497	0.031	0.059
Serine.....g	0.103		0		1		0.247	0.015	0.029
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	2456		0	BNA	4		5895.440	368.465	696.399
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	4505		0	BFSN	4		10812.810	675.801	1277.263

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Common Measures:

- Measure 1 = 240g: 1 cup
- Measure 2 = 15.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03127

Babyfood, vegetables, spinach, creamed, strained

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03105

Babyfood, vegetables, squash, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.015		0		4		0.034	0.002	0.004
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.002	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.014		0		4		0.031	0.002	0.004
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.084		0		4		0.188	0.012	0.024
18:2 undifferentiated.....g	0.031		0		4		0.069	0.004	0.009
18:3 undifferentiated.....g	0.052		0		4		0.116	0.007	0.015
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.012		0		1		0.027	0.002	0.003
Threonine.....g	0.025		0		1		0.056	0.004	0.007
Isoleucine.....g	0.033		0		1		0.074	0.005	0.009
Leucine.....g	0.048		0		1		0.108	0.007	0.014
Lysine.....g	0.031		0		1		0.069	0.004	0.009
Methionine.....g	0.011		0		1		0.025	0.002	0.003
Cystine.....g	0.007		0		1		0.016	0.001	0.002
Phenylalanine.....g	0.029		0		1		0.065	0.004	0.008
Tyrosine.....g	0.028		0		1		0.063	0.004	0.008
Valine.....g	0.036		0		1		0.081	0.005	0.010
Arginine.....g	0.047		0		1		0.105	0.007	0.013
Histidine.....g	0.016		0		1		0.036	0.002	0.005
Alanine.....g	0.035		0		1		0.078	0.005	0.010
Aspartic acid.....g	0.091		0		1		0.204	0.013	0.026
Glutamic acid.....g	0.148		0		1		0.332	0.021	0.042
Glycine.....g	0.031		0		1		0.069	0.004	0.009
Proline.....g	0.030		0		1		0.067	0.004	0.009
Serine.....g	0.033		0		1		0.074	0.005	0.009
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1077		0	BNA	4		2412.121	150.758	305.284
Carotene, alpha.....mcg	263		0	BNA	4		589.390	36.837	74.595
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	944		0	BFSN	4		2115.662	132.229	267.764

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 224g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03105

Babyfood, vegetables, squash, junior

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03104

Babyfood, vegetables, squash, strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.015		0		4		0.034	0.002	0.004
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.002	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.014		0		4		0.031	0.002	0.004
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.084		0		4		0.188	0.012	0.024
18:2 undifferentiated.....g	0.031		0		4		0.069	0.004	0.009
18:3 undifferentiated.....g	0.052		0		4		0.116	0.007	0.015
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.012		0		1		0.027	0.002	0.003
Threonine.....g	0.025		0		1		0.056	0.004	0.007
Isoleucine.....g	0.033		0		1		0.074	0.005	0.009
Leucine.....g	0.047		0		1		0.105	0.007	0.013
Lysine.....g	0.031		0		1		0.069	0.004	0.009
Methionine.....g	0.010		0		1		0.022	0.001	0.003
Cystine.....g	0.007		0		1		0.016	0.001	0.002
Phenylalanine.....g	0.029		0		1		0.065	0.004	0.008
Tyrosine.....g	0.028		0		1		0.063	0.004	0.008
Valine.....g	0.036		0		1		0.081	0.005	0.010
Arginine.....g	0.046		0		1		0.103	0.006	0.013
Histidine.....g	0.016		0		1		0.036	0.002	0.005
Alanine.....g	0.035		0		1		0.078	0.005	0.010
Aspartic acid.....g	0.089		0		1		0.199	0.012	0.025
Glutamic acid.....g	0.146		0		1		0.327	0.020	0.041
Glycine.....g	0.031		0		1		0.069	0.004	0.009
Proline.....g	0.030		0		1		0.067	0.004	0.009
Serine.....g	0.033		0		1		0.074	0.005	0.009
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	1082		0	BNA	4		2422.900	151.431	306.648
Carotene, alpha.....mcg	264		0	BNA	4		592.024	37.001	74.928
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	Z	7		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	958		0	BFSN	4		2145.046	134.065	271.482

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Common Measures:

- Measure 1 = 224g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03104

Babyfood, vegetables, squash, strained

Calories Factors: Protein 2.44

Fat 8.37

Carbohydrate 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

Babyfood, vegetables, sweetpotatoes strained

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0		4		0.009	0.001	0.001
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.004		0		4		0.009	0.001	0.001
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.044		0		4		0.099	0.006	0.012
18:2 undifferentiated.....g	0.037		0		4		0.083	0.005	0.010
18:3 undifferentiated.....g	0.007		0		4		0.016	0.001	0.002
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.022		0		1		0.049	0.003	0.006
Threonine.....g	0.054		0		1		0.121	0.008	0.015
Isoleucine.....g	0.051		0		1		0.114	0.007	0.014
Leucine.....g	0.078		0		1		0.175	0.011	0.022
Lysine.....g	0.044		0		1		0.099	0.006	0.012
Methionine.....g	0.024		0		1		0.054	0.003	0.007
Cystine.....g	0.015		0		1		0.034	0.002	0.004
Phenylalanine.....g	0.062		0		1		0.139	0.009	0.018
Tyrosine.....g	0.041		0		1		0.092	0.006	0.012
Valine.....g	0.073		0		1		0.164	0.010	0.021
Arginine.....g	0.054		0		1		0.121	0.008	0.015
Histidine.....g	0.026		0		1		0.058	0.004	0.007
Alanine.....g	0.061		0		1		0.137	0.009	0.017
Aspartic acid.....g	0.199		0		1		0.446	0.028	0.056
Glutamic acid.....g	0.118		0		1		0.264	0.017	0.033
Glycine.....g	0.050		0		1		0.112	0.007	0.014
Proline.....g	0.055		0		1		0.123	0.008	0.016
Serine.....g	0.051		0		1		0.114	0.007	0.014
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	3863		0	BNA	4		8652.672	540.792	1095.104
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	BFSN	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

NDB No. 03108

Babyfood, vegetables, sweetpotatoes strained

Calories Factors: Protein 2.78

Fat 8.37

Carbohydrate 4.03

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03109

Babyfood, vegetables, sweetpotatoes, junior

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.004		0		4		0.009	0.001	0.001
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.004		0		4		0.009	0.001	0.001
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.044		0		4		0.099	0.006	0.012
18:2 undifferentiated.....g	0.037		0		4		0.083	0.005	0.010
18:3 undifferentiated.....g	0.007		0		4		0.016	0.001	0.002
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.021		0		1		0.047	0.003	0.006
Threonine.....g	0.053		0		1		0.119	0.007	0.015
Isoleucine.....g	0.050		0		1		0.112	0.007	0.014
Leucine.....g	0.076		0		1		0.170	0.011	0.022
Lysine.....g	0.043		0		1		0.096	0.006	0.012
Methionine.....g	0.023		0		1		0.052	0.003	0.007
Cystine.....g	0.015		0		1		0.034	0.002	0.004
Phenylalanine.....g	0.061		0		1		0.137	0.009	0.017
Tyrosine.....g	0.040		0		1		0.090	0.006	0.011
Valine.....g	0.071		0		1		0.159	0.010	0.020
Arginine.....g	0.053		0		1		0.119	0.007	0.015
Histidine.....g	0.025		0		1		0.056	0.004	0.007
Alanine.....g	0.059		0		1		0.132	0.008	0.017
Aspartic acid.....g	0.195		0		1		0.437	0.027	0.055
Glutamic acid.....g	0.115		0		1		0.258	0.016	0.033
Glycine.....g	0.049		0		1		0.110	0.007	0.014
Proline.....g	0.054		0		1		0.121	0.008	0.015
Serine.....g	0.050		0		1		0.112	0.007	0.014
Hydroxyproline.....g									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	3982		0	BNA	4		8918.784	557.424	1128.784
Carotene, alpha.....mcg	0		0	BNA	4		0.000	0.000	0.000
Cryptoxanthin, beta.....mcg	0		0	BNA	4		0.000	0.000	0.000
Lycopene.....mcg	0		0	BFSN	4		0.000	0.000	0.000
Lutein + zeaxanthin.....mcg	0		0	BFSN	4		0.000	0.000	0.000

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

- Measure 1 = 224g: 1 cup
- Measure 2 = 14.0g: 1 tbsp
- Measure 3 = 28.35g: 1 oz

NDB No. 03109

Babyfood, vegetables, sweetpotatoes, junior

Calories Factors: Protein 2.78

Fat 8.37

Carbohydrate 4.03

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03819

Child formula, MEAD JOHNSON, PORTAGEN, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.940		0	NC	4		0.088		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.940		0	MA	12		0.088		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.870		0	MA	12		0.176		
18:2 undifferentiated.....g	1.860		0	MA	12		0.175		
18:3 undifferentiated.....g	0.010		0	MA	12		0.001		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.4g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03820

Child formula, MEAD JOHNSON, PORTAGEN, with iron, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.129		0	MA	12		0.040		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.129		0	MA	12		0.040		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.251		0	MA	12		0.078		
18:2 undifferentiated.....g	0.251		0	MA	12		0.078		
18:3 undifferentiated.....g	0.006		0	MA	12		0.002		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	NR	4		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03860

Child formula, ROSS, PEDIASURE, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.260		0	MA	12		0.081		
17:0.....g									
18:0.....g	0.122		0	MA	12		0.038		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.936		0	MA	12		0.600		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.004		0	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.921		0	MA	12		0.596		
20:1.....g	0.011		0	MA	12		0.003		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.068		0	MA	12		0.331		
18:2 undifferentiated.....g	0.975		0	MA	12		0.302		
18:3 undifferentiated.....g	0.092		0	MA	12		0.029		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	T	4		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 43075

Fluid replacement, electrolyte solution (include PEDIALYTE)

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.000				4		0.000	0.000	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000				4		0.000	0.000	
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3.....g	0.000		0		4		0.000	0.000	
22:5 n-3.....g	0.000		0		4		0.000	0.000	
22:6 n-3.....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0				7		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0				7		0.0	0.0	
Caffeine.....mg	0		0	Z	7		0	0	
Theobromine.....mg	0		0	Z	7		0	0	
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000	0.000	
Carotene, alpha.....mcg	0		0	Z	7		0.000	0.000	
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000	0.000	
Lycopene.....mcg	0		0	Z	7		0.000	0.000	
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000	0.000	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 250g: 1 cup (8 fl oz)

Measure 2 = 31.2g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03901

Infant formula, CARNATION FOLLOW-UP, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.630		0	MA	12		0.520		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.010		0	MA	12		0.003		
17:1.....g									
18:1 undifferentiated.....g	1.560		0	MA	12		0.498		
20:1.....g	0.006		0	MA	12		0.002		
22:1 undifferentiated.....g	0.003		0	MA	12		0.001		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.250		0	MA	12		0.399		
18:2 undifferentiated.....g	0.850		0	MA	12		0.271		
18:3 undifferentiated.....g	0.097		0	MA	12		0.031		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.9g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03913

Infant formula, CARNATION FOLLOW-UP, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	6.230		0		12		0.586		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		12		0.000		
17:1.....g									
18:1 undifferentiated.....g	6.230		0		12		0.586		
20:1.....g	0.000		0		12		0.000		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	4.310		0		12		0.405		
18:2 undifferentiated.....g	3.940		0		12		0.370		
18:3 undifferentiated.....g	0.370		0		12		0.035		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.4g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03900

Infant formula, CARNATION FOLLOW-UP, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.870		0		12		0.265		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.870		0		12		0.265		
20:1.....g	0.000		0		12		0.000		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.600		0		12		0.183		
18:2 undifferentiated.....g	0.550		0		12		0.168		
18:3 undifferentiated.....g	0.050		0		12		0.015		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03801

Infant formula, CARNATION GOOD START, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.060		0		12		0.647		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		12		0.000		
17:1.....g									
18:1 undifferentiated.....g	2.060		0		12		0.647		
20:1.....g	0.000		0		12		0.000		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.420		0		12		0.446		
18:2 undifferentiated.....g	1.300		0		12		0.408		
18:3 undifferentiated.....g	0.120		0		12		0.038		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	13		0		4		4		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	T	4		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03802

Infant formula, CARNATION GOOD START, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	8.500		0		12		0.740		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		12		0.000		
17:1.....g									
18:1 undifferentiated.....g	8.500		0		12		0.740		
20:1.....g	0.000		0		12		0.000		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.880		0		12		0.512		
18:2 undifferentiated.....g	5.370		0		12		0.467		
18:3 undifferentiated.....g	0.510		0		12		0.044		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	T	4		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03800

Infant formula, CARNATION GOOD START, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.080		0		12		0.329		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		12		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.080		0		12		0.329		
20:1.....g	0.000		0		12		0.000		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.740		0		12		0.226		
18:2 undifferentiated.....g	0.680		0		12		0.207		
18:3 undifferentiated.....g	0.060		0		12		0.018		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03926

Infant formula, CARNATION, ALSOY, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.022		0	NC	4		0.635		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.013		0	MA	12		0.004		
17:1.....g									
18:1 undifferentiated.....g	1.998		0	MA	12		0.627		
20:1.....g	0.007		0	MA	12		0.002		
22:1 undifferentiated.....g	0.003		0	MA	12		0.001		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.317		0	NC	4		0.414		
18:2 undifferentiated.....g	1.193		0	MA	12		0.375		
18:3 undifferentiated.....g	0.124		0	MA	12		0.039		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	48		0	O	4		15.072		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03928

Infant formula, CARNATION, ALSOY, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	7.890		0	MA	12		0.339		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.048		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	7.500		0	MA	12		0.323		
20:1.....g	0.028		0	MA	12		0.001		
22:1 undifferentiated.....g	0.013		0	MA	12		0.001		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.290		0	MA	12		0.270		
18:2 undifferentiated.....g	4.610		0	MA	12		0.198		
18:3 undifferentiated.....g	0.459		0	MA	12		0.020		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	T	4		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 4.3g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03925

Infant formula, CARNATION, ALSOY, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
24:0.....g									
Fatty acids, total monounsaturated.....g	0.770		0		12		0.235		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.760		0		12		0.232		
20:1.....g	0.010		0		12		0.003		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	2.170		0		12		0.662		
18:2 undifferentiated.....g	1.870		0		12		0.570		
18:3 undifferentiated.....g	0.300		0		12		0.092		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03930

Infant formula, MEAD JOHNSON NEXT STEP SOY, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.110		0	MC	9		0.339		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MC	9		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.110		0	MC	9		0.339		
20:1.....g	0.000		0	MC	9		0.000		
22:1 undifferentiated.....g	0.000		0	MC	9		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.554		0	MC	9		0.169		
18:2 undifferentiated.....g	0.505		0	MC	9		0.154		
18:3 undifferentiated.....g	0.049		0	MC	9		0.015		
18:4.....g	0.000		0	Z	7		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	Z	7		0.000		
20:5 n-3.....g	0.000		0	Z	7		0.000		
22:5 n-3.....g	0.000		0	Z	7		0.000		
22:6 n-3.....g	0.000		0	Z	7		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03871

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	1.588		0	MC	9				
17:0.....g									
18:0.....g	0.315		0	MC	9				
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.757		0	MC	9				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MC	9				
17:1.....g									
18:1 undifferentiated.....g	2.757		0	MC	9				
20:1.....g	0.000		0	MC	9				
22:1 undifferentiated.....g	0.000		0	MC	9				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.378		0	MC	9				
18:2 undifferentiated.....g	1.247		0	MC	9				
18:3 undifferentiated.....g	0.131		0	MC	9				
18:4.....g	0.000		0	MC	9				
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MC	9				
20:5 n-3.....g	0.000		0	MC	9				
22:5 n-3.....g	0.000		0	MC	9				
22:6 n-3.....g	0.000		0	MC	9				
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	MC	9				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7				
Caffeine.....mg	0		0	Z	7				
Theobromine.....mg	0		0	Z	7				
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7				
Carotene, alpha.....mcg	0		0	Z	7				
Cryptoxanthin, beta.....mcg	0		0	Z	7				
Lycopene.....mcg	0		0	Z	7				
Lutein + zeaxanthin.....mcg	0		0	Z	7				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03869

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	6.400		0	MA	12				
17:0.....g									
18:0.....g	1.250		0	MA	12				
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	11.030		0	MA	12				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.030		0	MA	12				
17:1.....g									
18:1 undifferentiated.....g	11.000		0	MA	12				
20:1.....g	0.000		0	MA	12				
22:1 undifferentiated.....g	0.000		0	MA	12				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.520		0	MA	12				
18:2 undifferentiated.....g	5.000		0	MA	12				
18:3 undifferentiated.....g	0.520		0	MA	12				
18:4.....g	0.000		0	MA	12				
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12				
20:5 n-3.....g	0.000		0	MA	12				
22:5 n-3.....g	0.000		0	MA	12				
22:6 n-3.....g	0.000		0	MA	12				
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0	MA	12				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7				
Caffeine.....mg	0		0	Z	7				
Theobromine.....mg	0		0	Z	7				
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7				
Carotene, alpha.....mcg	0		0	Z	7				
Cryptoxanthin, beta.....mcg	0		0	Z	7				
Lycopene.....mcg	0		0	Z	7				
Lutein + zeaxanthin.....mcg	0		0	Z	7				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03868

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.794		0	MA	12				
17:0.....g									
18:0.....g	0.158		0	MA	12				
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.378		0	MA	12				
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12				
17:1.....g									
18:1 undifferentiated.....g	1.378		0	MA	12				
20:1.....g	0.000		0	MA	12				
22:1 undifferentiated.....g	0.000		0	MA	12				
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.689		0	MA	12				
18:2 undifferentiated.....g	0.623		0	MA	12				
18:3 undifferentiated.....g	0.066		0	MA	12				
18:4.....g	0.000		0	MA	12				
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12				
20:5 n-3.....g	0.000		0	MA	12				
22:5 n-3.....g	0.000		0	MA	12				
22:6 n-3.....g	0.000		0	MA	12				
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MA	12				
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7				
Caffeine.....mg	0		0	Z	7				
Theobromine.....mg	0		0	Z	7				
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7				
Carotene, alpha.....mcg	0		0	Z	7				
Cryptoxanthin, beta.....mcg	0		0	Z	7				
Lycopene.....mcg	0		0	Z	7				
Lutein + zeaxanthin.....mcg	0		0	Z	7				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03816

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.494		0	MC	9		0.786		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MC	9		0.000		
17:1.....g									
18:1 undifferentiated.....g	2.494		0	MC	9		0.786		
20:1.....g	0.000		0	MC	9		0.000		
22:1 undifferentiated.....g	0.000		0	MC	9		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.247		0	MC	9		0.393		
18:2 undifferentiated.....g	1.129		0	MC	9		0.356		
18:3 undifferentiated.....g	0.118		0	MC	9		0.037		
18:4.....g	0.000		0	MC	9		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MC	9		0.000		
20:5 n-3.....g	0.000		0	MC	9		0.000		
22:5 n-3.....g	0.000		0	MC	9		0.000		
22:6 n-3.....g	0.000		0	MC	9		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	MC	9		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03814

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	9.520		0	MA	12		0.914		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.020		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	9.500		0	MA	12		0.912		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	4.750		0	MA	12		0.456		
18:2 undifferentiated.....g	4.300		0	MA	12		0.413		
18:3 undifferentiated.....g	0.450		0	MA	12		0.043		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.6g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03813

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.247		0	MA	12		0.384		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.247		0	MA	12		0.384		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.623		0	MA	12		0.192		
18:2 undifferentiated.....g	0.564		0	MA	12		0.174		
18:3 undifferentiated.....g	0.059		0	MA	12		0.018		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03826

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	10.320		0	MA	12		0.888		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.020		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.300		0	MA	12		0.886		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.080		0	MA	12		0.437		
18:2 undifferentiated.....g	4.600		0	MA	12		0.396		
18:3 undifferentiated.....g	0.480		0	MA	12		0.041		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	NR	4		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.6g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03807

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	1.536		0	MC	9		0.482		
17:0.....g									
18:0.....g	0.302		0	MC	9		0.095		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.625		0	MC	9		0.824		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MC	9		0.000		
17:1.....g									
18:1 undifferentiated.....g	2.625		0	MC	9		0.824		
20:1.....g	0.000		0	MC	9		0.000		
22:1 undifferentiated.....g	0.000		0	MC	9		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.313		0	MC	9		0.412		
18:2 undifferentiated.....g	1.194		0	MC	9		0.375		
18:3 undifferentiated.....g	0.118		0	MC	9		0.037		
18:4.....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MC	9		0.000		
20:5 n-3.....g	0.000		0	MC	9		0.000		
22:5 n-3.....g	0.000		0	MC	9		0.000		
22:6 n-3.....g	0.000		0	MC	9		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03809

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	6.200		0	MA	12		0.515		
17:0.....g									
18:0.....g	1.200		0	MA	12		0.100		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.630		0	MA	12		0.882		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.030		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.600		0	MA	12		0.880		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.300		0	MA	12		0.440		
18:2 undifferentiated.....g	4.800		0	MA	12		0.398		
18:3 undifferentiated.....g	0.500		0	MA	12		0.042		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	6		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.3g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03806

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.768		0	MA	12		0.234		
17:0.....g									
18:0.....g	0.151		0	MA	12		0.046		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.313		0	MA	12		0.400		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.313		0	MA	12		0.400		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.656		0	MA	12		0.200		
18:2 undifferentiated.....g	0.597		0	MA	12		0.182		
18:3 undifferentiated.....g	0.059		0	MA	12		0.018		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03804

Infant formula, MEAD JOHNSON, ENFAMIL, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	1.536		0	MC	9		0.482		
17:0.....g									
18:0.....g	0.302		0	MC	9		0.095		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.625		0	MC	9		0.824		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MC	9		0.000		
17:1.....g									
18:1 undifferentiated.....g	2.625		0	MC	9		0.824		
20:1.....g	0.000		0	MC	9		0.000		
22:1 undifferentiated.....g	0.000		0	MC	9		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.313		0	MC	9		0.412		
18:2 undifferentiated.....g	1.194		0	MC	9		0.375		
18:3 undifferentiated.....g	0.118		0	MC	9		0.037		
18:4.....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MC	9		0.000		
20:5 n-3.....g	0.000		0	MC	9		0.000		
22:5 n-3.....g	0.000		0	MC	9		0.000		
22:6 n-3.....g	0.000		0	MC	9		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03805

Infant formula, MEAD JOHNSON, ENFAMIL, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	6.200		0	MA	12		0.515		
17:0.....g									
18:0.....g	1.200		0	MA	12		0.100		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.630		0	MA	12		0.882		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.030		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.600		0	MA	12		0.880		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.300		0	MA	12		0.440		
18:2 undifferentiated.....g	4.800		0	MA	12		0.398		
18:3 undifferentiated.....g	0.500		0	MA	12		0.042		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	6		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.3g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03803

Infant formula, MEAD JOHNSON, ENFAMIL, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.768		0	MA	12		0.234		
17:0.....g									
18:0.....g	0.151		0	MA	12		0.046		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.313		0	MA	12		0.400		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.313		0	MA	12		0.400		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.656		0	MA	12		0.200		
18:2 undifferentiated.....g	0.597		0	MA	12		0.182		
18:3 undifferentiated.....g	0.059		0	MA	12		0.018		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	NR	4		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03835

Infant formula, MEAD JOHNSON, GERBER, low iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:1 undifferentiated.....g	0.030		0	MA	12		0.003		
17:1.....g									
18:1 undifferentiated.....g	10.600		0	MA	12		0.901		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.300		0	MA	12		0.451		
18:2 undifferentiated.....g	4.800		0	MA	12		0.408		
18:3 undifferentiated.....g	0.500		0	MA	12		0.043		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg									
Theobromine.....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03810

Infant formula, MEAD JOHNSON, LOFENALAC, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	4.640		0	MA	12		0.445		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		0	MA	12		0.004		
17:1.....g									
18:1 undifferentiated.....g	4.600		0	MA	12		0.442		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	10.920		0	MA	12		1.048		
18:2 undifferentiated.....g	10.700		0	MA	12		1.027		
18:3 undifferentiated.....g	0.220		0	MA	12		0.021		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.6g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03811

Infant formula, MEAD JOHNSON, LOFENALAC, with iron, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.650		0	MA	12		0.200		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.007		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	0.644		0	MA	12		0.198		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.528		0	MA	12		0.471		
18:2 undifferentiated.....g	1.495		0	MA	12		0.460		
18:3 undifferentiated.....g	0.033		0	MA	12		0.010		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03929

Infant formula, MEAD JOHNSON, NEXT STEP SOY, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	8.026		0	NC		4			
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.016			BFFY		4			
17:1.....g									
18:1 undifferentiated.....g	8.011			BFFY		4			
20:1.....g	0.000			BFFY		4			
22:1 undifferentiated.....g	0.000			BFFY		4			
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	3.951		0	NC		4			
18:2 undifferentiated.....g	3.578			BFFY		4			
18:3 undifferentiated.....g	0.373			BFFY		4			
18:4.....g	0.000			BFFY		4			
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000			BFFY		4			
20:5 n-3.....g	0.000			BFFY		4			
22:5 n-3.....g	0.000			BFFY		4			
22:6 n-3.....g	0.000			BFFY		4			
Fatty acids, total trans.....g									
Cholesterol.....mg	0			BFFY		4			
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z		7			
Caffeine.....mg	0		0	Z		7			
Theobromine.....mg	0		0	Z		7			
Carotenoids:									
Carotene, beta.....mcg	0		0	Z		7			
Carotene, alpha.....mcg	0		0	Z		7			
Cryptoxanthin, beta.....mcg	0		0	Z		7			
Lycopene.....mcg	0		0	Z		7			
Lutein + zeaxanthin.....mcg	0		0	Z		7			

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03821

Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	5.000		0	MA	12		0.440		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	5.000		0	MA	12		0.440		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	5.910		0	MA	12		0.520		
18:2 undifferentiated.....g	5.600		0	MA	12		0.493		
18:3 undifferentiated.....g	0.310		0	MA	12		0.027		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.8g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03822

Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	0.650		0	MA	12		0.200		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.650		0	MA	12		0.200		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.767		0	MA	12		0.236		
18:2 undifferentiated.....g	0.728		0	MA	12		0.224		
18:3 undifferentiated.....g	0.039		0	MA	12		0.012		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03824

Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.625		0	MC	9		0.809		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MC	9		0.000		
17:1.....g									
18:1 undifferentiated.....g	2.625		0	MC	9		0.809		
20:1.....g	0.000		0	MC	9		0.000		
22:1 undifferentiated.....g	0.000		0	MC	9		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.313		0	MC	9		0.404		
18:2 undifferentiated.....g	1.194		0	MC	9		0.368		
18:3 undifferentiated.....g	0.118		0	MC	9		0.036		
18:4.....g	0.000		0	MC	9		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MC	9		0.000		
20:5 n-3.....g	0.000		0	MC	9		0.000		
22:5 n-3.....g	0.000		0	MC	9		0.000		
22:6 n-3.....g	0.000		0	MC	9		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	MC	9		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	NR	4		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03823

Infant formula, MEAD JOHNSON, PROSOBEE, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.313		0	MA	12		0.400		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.313		0	MA	12		0.400		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.656		0	MA	12		0.200		
18:2 undifferentiated.....g	0.597		0	MA	12		0.182		
18:3 undifferentiated.....g	0.059		0	MA	12		0.018		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03846

Infant formula, ROSS, ALIMENTUM, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.137		1	MA	12		0.042		
17:0.....g									
18:0.....g	0.052		1	MA	12		0.016		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.294		1	MA	12		0.090		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	0.287		1	MA	12		0.088		
20:1.....g	0.003		1	MA	12		0.001		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.113		1	MA	12		0.339		
18:2 undifferentiated.....g	1.055		1	MA	12		0.322		
18:3 undifferentiated.....g	0.059		1	MA	12		0.018		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3.....g	0.000		1	MA	12		0.000		
22:5 n-3.....g	0.000		1	MA	12		0.000		
22:6 n-3.....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		1	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03842

Infant formula, ROSS, ISOMIL, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.660		0	MA	12		0.835		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	2.641		0	MA	12		0.829		
20:1.....g	0.015		0	MA	12		0.005		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.625		0	MA	12		0.510		
18:2 undifferentiated.....g	1.458		0	MA	12		0.458		
18:3 undifferentiated.....g	0.166		0	MA	12		0.052		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	ML	5		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03843

Infant formula, ROSS, ISOMIL, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	10.778		1	MA	12		0.938		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		1	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.701		1	MA	12		0.931		
20:1.....g	0.059		1	MA	12		0.005		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.584		1	MA	12		0.573		
18:2 undifferentiated.....g	5.910		1	MA	12		0.514		
18:3 undifferentiated.....g	0.674		1	MA	12		0.059		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3.....g	0.000		1	MA	12		0.000		
22:5 n-3.....g	0.000		1	MA	12		0.000		
22:6 n-3.....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		1	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03841

Infant formula, ROSS, ISOMIL, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.371		1	MA	12		0.418		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.361		1	MA	12		0.415		
20:1.....g	0.007		1	MA	12		0.002		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.838		1	MA	12		0.256		
18:2 undifferentiated.....g	0.752		1	MA	12		0.229		
18:3 undifferentiated.....g	0.086		1	MA	12		0.026		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3.....g	0.000		1	MA	12		0.000		
22:5 n-3.....g	0.000		1	MA	12		0.000		
22:6 n-3.....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		1	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	T	4		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03839

Infant formula, ROSS, SIMILAC NATURAL CARE, low iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.241		0	MA	12		0.074		
17:0.....g									
18:0.....g	0.114		0	MA	12		0.035		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.402		0	MA	12		0.123		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.402		0	MA	12		0.123		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.842		0	MA	12		0.257		
18:2 undifferentiated.....g	0.758		0	MA	12		0.231		
18:3 undifferentiated.....g	0.084		0	MA	12		0.026		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	MA	12		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0			Z	7		0		
Theobromine.....mg	0			Z	7		0		
Carotenoids:									
Carotene, beta.....mcg			0	T	4				
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03837

Infant formula, ROSS, SIMILAC PM 60/40, low iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	3.105		1	MA	12		0.270		
17:0.....g									
18:0.....g	0.835		1	MA	12		0.073		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	5.242		1	MA	12		0.456		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.028		1	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	5.157		1	MA	12		0.449		
20:1.....g	0.057		1	MA	12		0.005		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	10.835		1	MA	12		0.943		
18:2 undifferentiated.....g	10.456		1	MA	12		0.910		
18:3 undifferentiated.....g	0.379		1	MA	12		0.033		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3.....g	0.000		1	MA	12		0.000		
22:5 n-3.....g	0.000		1	MA	12		0.000		
22:6 n-3.....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	17		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0			O	4		0		
Theobromine.....mg	0			O	4		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03840

Infant formula, ROSS, SIMILAC SPECIAL CARE 24, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.246		0	MA	12		0.076		
17:0.....g									
18:0.....g	0.114		0	MA	12		0.035		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.387		0	MA	12		0.119		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.387		0	MA	12		0.119		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.851		0	MA	12		0.262		
18:2 undifferentiated.....g	0.766		0	MA	12		0.236		
18:3 undifferentiated.....g	0.086		0	MA	12		0.026		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03856

Infant formula, ROSS, SIMILAC, low iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.500		0	MA	12		0.157		
17:0.....g									
18:0.....g	0.223		0	MA	12		0.070		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.551		0	MA	12		0.801		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	2.533		0	MA	12		0.795		
20:1.....g	0.013		0	MA	12		0.004		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.555		0	MA	12		0.488		
18:2 undifferentiated.....g	1.405		0	MA	12		0.441		
18:3 undifferentiated.....g	0.150		0	MA	12		0.047		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03858

Infant formula, ROSS, SIMILAC, low iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	2.056		0	MA	12		0.179		
17:0.....g									
18:0.....g	0.916		0	MA	12		0.080		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.491		0	MA	12		0.913		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.419		0	MA	12		0.906		
20:1.....g	0.054		0	MA	12		0.005		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.396		0	MA	12		0.556		
18:2 undifferentiated.....g	5.778		0	MA	12		0.503		
18:3 undifferentiated.....g	0.618		0	MA	12		0.054		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	14		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg			0	T	4				
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03855

Infant formula, ROSS, SIMILAC, low iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.258		0	MA	12		0.080		
17:0.....g									
18:0.....g	0.115		0	MA	12		0.036		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.314		0	MA	12		0.407		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		0	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.305		0	MA	12		0.405		
20:1.....g	0.007		0	MA	12		0.002		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.801		0	MA	12		0.248		
18:2 undifferentiated.....g	0.724		0	MA	12		0.224		
18:3 undifferentiated.....g	0.077		0	MA	12		0.024		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03851

Infant formula, ROSS, SIMILAC, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.500		0	MA	12		0.157		
17:0.....g									
18:0.....g	0.223		0	MA	12		0.070		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.551		0	MA	12		0.801		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	2.533		0	MA	12		0.795		
20:1.....g	0.013		0	MA	12		0.004		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.555		0	MA	12		0.488		
18:2 undifferentiated.....g	1.405		0	MA	12		0.441		
18:3 undifferentiated.....g	0.150		0	MA	12		0.047		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03853

Infant formula, ROSS, SIMILAC, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	2.056		0	MA	12		0.179		
17:0.....g									
18:0.....g	0.916		0	MA	12		0.080		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.491		0	MA	12		0.913		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.419		0	MA	12		0.906		
20:1.....g	0.054		0	MA	12		0.005		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.396		0	MA	12		0.556		
18:2 undifferentiated.....g	5.778		0	MA	12		0.503		
18:3 undifferentiated.....g	0.618		0	MA	12		0.054		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3.....g	0.000		0	MA	12		0.000		
22:5 n-3.....g	0.000		0	MA	12		0.000		
22:6 n-3.....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	14		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	T	4		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03850

Infant formula, ROSS, SIMILAC, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
16:0.....g	0.258		1	MA	12		0.078		
17:0.....g									
18:0.....g	0.115		1	MA	12		0.035		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.314		1	MA	12		0.399		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.305		1	MA	12		0.397		
20:1.....g	0.007		1	MA	12		0.002		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.801		1	MA	12		0.244		
18:2 undifferentiated.....g	0.724		1	MA	12		0.220		
18:3 undifferentiated.....g	0.077		1	MA	12		0.023		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3.....g	0.000		1	MA	12		0.000		
22:5 n-3.....g	0.000		1	MA	12		0.000		
22:6 n-3.....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		1	MA	12		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg			0	T	4				
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03891

Infant formula, WYETH-AYERST, store brand soy, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.800		0		4		0.879		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.080		0		4		0.025		
17:1.....g									
18:1 undifferentiated.....g	2.680		0		4		0.842		
20:1.....g	0.020		0		4		0.006		
22:1 undifferentiated.....g	0.000		0		4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.000		0		4		0.314		
18:2 undifferentiated.....g	0.900		0		4		0.283		
18:3 undifferentiated.....g	0.100		0		4		0.031		
18:4.....g	0.000		0		4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000		
20:5 n-3.....g	0.000		0		4		0.000		
22:5 n-3.....g	0.000		0		4		0.000		
22:6 n-3.....g	0.000		0		4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03893

Infant formula, WYETH-AYERST, store brand soy, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	10.860		0		12		0.945		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.320		0		12		0.028		
17:1.....g									
18:1 undifferentiated.....g	10.410		0		12		0.906		
20:1.....g	0.050		0		12		0.004		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	3.830		0		12		0.333		
18:2 undifferentiated.....g	3.480		0		12		0.303		
18:3 undifferentiated.....g	0.350		0		12		0.030		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03890

Infant formula, WYETH-AYERST, store brand soy, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.400		0		12		0.426		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		0		12		0.012		
17:1.....g									
18:1 undifferentiated.....g	1.340		0		12		0.407		
20:1.....g	0.010		0		12		0.003		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.500		0		12		0.152		
18:2 undifferentiated.....g	0.450		0		12		0.137		
18:3 undifferentiated.....g	0.050		0		12		0.015		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	37		0	O	4		11.248		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03881

Infant formula, WYETH-AYERST, store brand, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion					Amount in edible portion of common measures of food			
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	2.800		0		4		0.879		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.080		0		4		0.025		
17:1.....g									
18:1 undifferentiated.....g	2.680		0		4		0.842		
20:1.....g	0.020		0		4		0.006		
22:1 undifferentiated.....g	0.000		0		4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.000		0		4		0.314		
18:2 undifferentiated.....g	0.900		0		4		0.283		
18:3 undifferentiated.....g	0.100		0		4		0.031		
18:4.....g	0.000		0		4		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000		
20:5 n-3.....g	0.000		0		4		0.000		
22:5 n-3.....g	0.000		0		4		0.000		
22:6 n-3.....g	0.000		0		4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	8		0		4		3		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	NR	4		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	NR	4		0.000		
Lycopene.....mcg	0		0	NR	4		0.000		
Lutein + zeaxanthin.....mcg	0		0	NR	4		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03883

Infant formula, WYETH-AYERST, store brand, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	11.131		0	NC	4		0.935		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.336		0		12		0.028		
17:1.....g									
18:1 undifferentiated.....g	10.736		0		12		0.902		
20:1.....g	0.059		0		12		0.005		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	3.951		0	NC	4		0.332		
18:2 undifferentiated.....g	3.585		0		12		0.301		
18:3 undifferentiated.....g	0.365		0		12		0.031		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	32		0		12		3		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.4g: 1 scoop

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 16 (2003)

NDB No. 03880

Infant formula, WYETH-AYERST, store brand, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	1.400		0		12		0.426		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		0		12		0.012		
17:1.....g									
18:1 undifferentiated.....g	1.340		0		12		0.407		
20:1.....g	0.010		0		12		0.003		
22:1 undifferentiated.....g	0.000		0		12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.500		0		12		0.152		
18:2 undifferentiated.....g	0.450		0		12		0.137		
18:3 undifferentiated.....g	0.050		0		12		0.015		
18:4.....g	0.000		0		12		0.000		
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		12		0.000		
20:5 n-3.....g	0.000		0		12		0.000		
22:5 n-3.....g	0.000		0		12		0.000		
22:6 n-3.....g	0.000		0		12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0		4		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		
Carotenoids:									
Carotene, beta.....mcg	0		0	Z	7		0.000		
Carotene, alpha.....mcg	0		0	Z	7		0.000		
Cryptoxanthin, beta.....mcg	0		0	Z	7		0.000		
Lycopene.....mcg	0		0	Z	7		0.000		
Lutein + zeaxanthin.....mcg	0		0	Z	7		0.000		

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Common Measures:

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein

Fat

Carbohydrate

Food Group: 03 Baby Foods

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Nutrients and Units	Amount in 100 grams of edible portion				Amount in edible portion of common measures of food				
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Fatty acids, total monounsaturated.....g	3.840		2		1		1.089	0.269	0.384
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.100		2		1		0.028	0.007	0.010
17:1.....g									
18:1 undifferentiated.....g	3.730		2		1		1.057	0.261	0.373
20:1.....g	0.010		1		1		0.003	0.001	0.001
22:1 undifferentiated.....g	0.000		0		1		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.290		2		1		0.366	0.090	0.129
18:2 undifferentiated.....g	1.160		2		1		0.329	0.081	0.116
18:3 undifferentiated.....g	0.110		2		1		0.031	0.008	0.011
18:4.....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c.c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.010		1		1		0.003	0.001	0.001
20:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3.....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3.....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	21		1		1		6	1	2
Phytosterols.....mg	31		0		1		9	2	3
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0
Carotenoids:									
Carotene, beta.....mcg	4		0	BNA	4		1.052	0.260	0.371
Carotene, alpha.....mcg	0		0	BNA	4		0.009	0.002	0.003
Cryptoxanthin, beta.....mcg	1		0	BNA	4		0.190	0.047	0.067
Lycopene.....mcg	0		0	FLA	4		0.033	0.008	0.012
Lutein + zeaxanthin.....mcg	16		0	FLA	4		4.634	1.144	1.634

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Common Measures:

Measure 1 = 28.35g: 1 oz
 Measure 2 = 7.0g: 1 piece
 Measure 3 = 10.0g: 1 rusk

Calories Factors: Protein 4

Fat 8.4

Carbohydrate 4.1

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