



U.S. Department of Health and Human Services

Good Health Means Taking Care of

BODY
MIND
and SPIRIT

www.healthfinder.gov/justforyou

The Office of Disease Prevention and Health Promotion (ODPHP), U.S. Department of Health and Human Services (HHS), delivers reliable health information to American Indians and Alaska Natives on the healthfinder® Web site, the Federal Government's award-winning gateway to reliable health information. A special section at www.healthfinder.gov/justforyou highlights the 20 most important topics of interest for these populations, based on their recommendations.

The full healthfinder® site brings together information on over 1,100 topics from over 1,700 government agencies and nonprofit organizations. The American Indians and Alaska Natives section includes a total of over 170 topics. The 20 featured topics reflect discussion with American Indian and Alaska Native community leaders, patients, and students. Summary information and reports about this and other ODPHP projects and activities are available online at <http://odphp.osophs.dhhs.gov/projects>

ODPHP partnered with the Indian Health Service (HHS); the Office of Minority Health (HHS); the American Public Health Association's American Indian, Alaska Native, and Native Hawaiian Caucus; and the National Museum of the American Indian, Smithsonian Institution, to improve health information for American Indians and Alaska Natives on healthfinder®.

For more information, comments, or suggestions, you may contact Leslie Hsu at lhsu@osophs.dhhs.gov or 202-401-0732.





how to find health information for American Indians and Alaska Natives on www.healthfinder.gov

- Go to a computer, connect to the Internet, and open a Web browser (for example, Internet Explorer, Netscape, or AOL).
- In the Web browser address box at the top of your screen, type in <http://www.healthfinder.gov/justforyou>.
- Press the "Enter" button on your keyboard. (If you want to "bookmark" the Web site so that you don't have to type in the address in the future, press the control key (Ctrl) and the letter "d" at the same time.)
- On the **healthfinder® just for you** page, choose the [American Indians and Alaska Natives](#) link.
- The **American Indians and Alaska Natives** page highlights key health topics identified by members of those communities. There are four ways you can find resources:
 - a. Choose one of the highlighted topics.
 - b. Choose a letter from the A-Z list to see more topics that start with that letter.
For example, if you are interested in "breast cancer," choose the letter "b."
 - c. Type a topic in the search box.
 - d. View related organizations.

healthfinder® — your guide to reliable health information

health library
just for you
health care
organizations

search: help | about healthfinder®

home > just for you > American Indians and Alaska Natives

Find out how to be healthy in body, mind, and spirit by selecting one of the topics or choosing a letter from the list below.

Search within this section: help

Choose a topic:

- AIDS
- Asthma
- Cancer
- Depression
- Diabetes
- Domestic Violence
- Elder Care
- Environmental Health
- Exercise
- Heart Disease
- Hepatitis
- Herbal Medicine
- High Blood Pressure
- Immunization
- Injuries
- Nutrition
- Pregnancy
- Suicide
- Tobacco
- Traditional Healing
- Tuberculosis

Select a letter to see more topics that start with that letter:

a b c d e f g h i j k l m n o p q r s t u v w

View a list of related organizations

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Office of Disease Prevention and Health Promotion
U.S. Department of Health and Human Services

KIDS ESPAÑOL