

# 2008

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# National Health

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# Observances

Health observances are days, weeks, or months devoted to promoting particular health concerns.

This calendar lists selected health observances for 2008 in three ways: the calendar shows days and weeks, and both the text listings and the "Year at a Glance" sheet show monthly health observances as well.

Health professionals, teachers, community groups, and others can use these special times to sponsor health promotion events, stimulate awareness of health risks, or focus on disease prevention. Materials available from sponsoring organizations range from a single flyer to packets of promotional materials.

Information appearing in this document does not represent an endorsement by the Office of Disease Prevention and Health Promotion (ODPHP) or the U.S. Department of Health and Human Services, which do not have any role in naming national health observances.

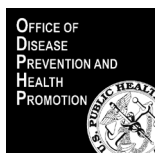
For more information, please contact the sponsoring organization directly.

This document is available from the Internet at <http://www.health.gov/NHIC/Pubs/>. To order printed copies of this publication, contact the ODPHP Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366; fax (301) 468-3028.

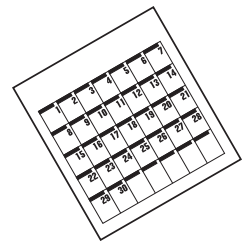
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Office of Disease Prevention  
and Health Promotion  
U.S. Department of Health  
and Human Services



# 2008 National Health Observances



## U.S. Department of Health and Human Services Public Affairs Contacts

Press Office of the Secretary . . . . .	(202) 690-6343
Office of Public Health and Science	
National Vaccine Program Office . . . . .	(202) 260-1253
Office of Public Health and Science Communications Director . . . . .	(202) 205-1178
Office of Disease Prevention and Health Promotion . . . . .	(240) 453-8280
Office of HIV/AIDS Policy . . . . .	(202) 690-5560
Office of Human Research Protections . . . . .	(240) 453-6900
Office of Minority Health . . . . .	(240) 453-8833
Office of Population Affairs . . . . .	(240) 453-2800
Office of Research Integrity . . . . .	(240) 453-8400
Office of the Surgeon General . . . . .	(301) 443-4000
Office on Women's Health . . . . .	(202) 690-7650
President's Council on Physical Fitness and Sports . . . . .	(202) 690-9000
Administration for Children and Families . . . . .	(202) 401-9215
Administration on Aging . . . . .	(202) 619-0724
Agency for Healthcare Research and Quality . . . . .	(301) 427-1364
Agency for Toxic Substances and Disease Registry . . . . .	(404) 498-0110
Centers for Disease Control and Prevention . . . . .	(800) 311-3435
Centers for Medicare & Medicaid Services . . . . .	(202) 690-6145
Food and Drug Administration . . . . .	(301) 827-6250
Health Resources and Services Administration . . . . .	(301) 443-3376
Indian Health Service . . . . .	(301) 443-3593
National Institutes of Health . . . . .	(301) 496-5787
Substance Abuse and Mental Health Services Administration . . . . .	(240) 276-2130

# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 I Give Kids A Smile Day	2
3 3 National Wear Red Day 2008 3 – 9 National Burn Awareness Week	4	5	6	7 7 – 14 Congenital Heart Defect Awareness Week	8	9
10 10 – 16 Children of Alcoholics Week	11 11 – 15 National Condom Week	12	13	14 14 National Donor Day	15	16
17	18	19	20	21	22	23
24 24 (through March 1) National Eating Disorders Awareness Week	25	26	27	28	29	

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 2 – 8 National Patient Safety Awareness Week	3 3 – 7 National School Breakfast Week 3 – 9 National Sleep Awareness Week®	4	5	6	7	8
9 9 – 16 National Problem Gambling Awareness Week	10 10 – 16 Brain Awareness Week 10–17 Multiple Sclerosis Awareness Week	11	12	13 13 World Kidney Day 2007	14	15
16 16 – 23 National Inhalants and Poisons Awareness Week	17	18	19	20	21	22
23 30 (thru April 5) Root Canal Awareness Week	24 31	25 25 American Diabetes Alert Day	26	27	28	29

# APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 3 Sexual Assault Awareness Month Day of Action	4	5
6	7 7 – 13 National Public Health Week	8	9	10	11	12
13	14	15	16	17	18	19 19 – 26 National Infant Immunization Week
20	21	22	23	24	25	26 26 World Tai Chi & Qigong Day 26 – 27 2008 March for Babies 26 (through May 4) National SAFE KIDS Week
27	28	29	30			

# MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1 – 7 National Physical Education and Sport Week	2	3
4 4–15 North American Occupational Safety and Health Week	5	6	7 7 National Anxiety Disorders Screening Day	8	9	10 10 Cornelia de Lange Syndrome Awareness Day
11 11 – 17 Food Allergy Awareness Week 11–17 National Alcohol- and Other Drug-Related Birth Defects Week 11–17 National Women's Health Week	12 12 Fibromyalgia Awareness Day 12 National Women's Check-up Day 12–16 National Neuropathy Week 12–18 National Stuttering Awareness Week	13 13 Sex Differences in Health Awareness Day	14	15	16	17
18 18 HIV Vaccine Awareness Day 18 – 24 National Emergency Medical Services Week	19 19–25 Recreational Water Illness Prevention Week	20	21 21 National Employee Health and Fitness Day	22	23	24
25	26	27	28	29	30	31

# JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1 (through July 4) Fireworks Safety Month 1 National Cancer Survivors Day 1–7 National Headache Awareness Week	2	3	4	5	6	7
8 8 – 14 Sun Safety Week	9 9 – 15 National Men's Health Week	10	11	12	13	14
15	16	17	18	19	20 20 National ASK Day	21
22 22 – 28 Helen Keller Deaf - Blind Awareness Week	23	24	25	26	27	28
29	30					

# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 National Minority Donor Awareness Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 7 – 13 National Suicide Prevention Week	8	9	10	11	12	13 13 National Celiac Disease Awareness Day
14	15 15 – 23 Reye's Syndrome Awareness Week	16 16 Get Ready Day	17	18	19	20
21 21 World Alzheimer's Day 21 – 27 National Farm Safety & Health Week 21 – 27 National Rehabilitation Awareness Celebration	22	23	24	25	26	27
28 28 (through October 4) Hearing Aid Awareness Week	29	30 30 World Heart Day				

# OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 4 Sarcoidosis Awareness Day
5 5 – 11 Fire Prevention Week	6 6 – 10 Drive Safely Work Week	7	8 8 Stop America's Violence Everywhere Today	9	10	11
12 12 – 20 Bone and Joint Decade National Action Week	13	14	15	16	17 17 National Mammography Day	18
19	20 20 – 24 National Health Education Week	21	22 22 International Stuttering Awareness Day	23	24	25
26	27	28	29	30	31 31 Interstitial Cystitis Awareness Day	

# NOVEMBER

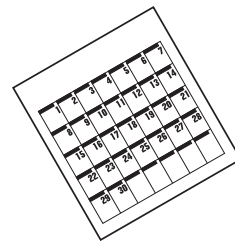
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18 18 Prematurity Awareness Day	19	20 20 Great American Smokeout	21	22
23	24	25 (thru December 1) Gastroesophageal Reflux Disease Awareness Week	26	27	28	29
30						

# DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1 World AIDS Day 1 – 7 National Aplastic Anemia and MDS Awareness Week	2	3	4	5	6
7 7 – 13 National Handwashing Awareness Week	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



# 2008 National Health Observances



## **JANUARY**

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### **Cervical Health Awareness Month**

National Cervical Cancer Coalition  
6520 Platt Avenue, #693  
West Hills, CA 91307-3218  
(818) 909-3849  
(818) 780-8199 Fax  
rbiety@nccc-online.org  
<http://www.nccc-online.org/awareness.php>  
Materials Available  
Contact: Rachel Biety

### **National Birth Defects Prevention Month**

March of Dimes  
1275 Mamaroneck Avenue  
White Plains, NY 10605  
(914) 997-4488  
(914) 997-4763 Fax  
askus@marchofdimes.com  
<http://www.marchofdimes.com>  
Materials Available  
Contact: Pregnancy and Newborn Health  
Education Center

### **National Glaucoma Awareness Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

### **National Radon Action Month**

Indoor Environments Division  
Office of Radiation and Indoor Air  
U.S. Environmental Protection Agency  
1310 L Street NW, 4th Floor  
Washington, DC 20005  
(202) 343-9370  
(202) 343-2394 Fax  
<http://www.epa.gov/radon/rnactionmonth.html>  
Materials Available  
Contact: None designated

### **Thyroid Awareness Month**

American Association of Clinical Endocrinologists  
245 Riverside Avenue, Suite 200  
Jacksonville, FL 32202  
(904) 353-7878 x147  
(904) 353-8185 Fax  
gwillis@aace.com  
<http://www.thyroidawareness.com>  
Materials Available  
Contact: Greg Willis

## **FEBRUARY**

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### **American Heart Month**

American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231  
(800) 242-8721  
inquiries@heart.org  
<http://www.americanheart.org>  
Materials Available  
Contact: Program departments or local chapters

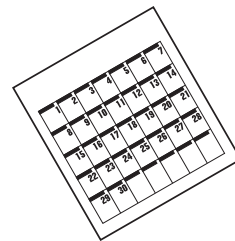
### **AMD/Low Vision Awareness Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

### **International Prenatal Infection Prevention Month**

Group B Strep International  
61 Carver Road  
West Wareham, MA 02576  
(508) 273-7247  
info@gbs-intl.org  
<http://www.groupbstrepinternational.org>  
Materials Available  
Contact: John MacDonald

# 2008 National Health Observances



## **National Children's Dental Health Month**

American Dental Association  
211 East Chicago Avenue  
Chicago, IL 60611  
(312) 440-2500  
publicinfo@ada.org  
<http://www.ada.org/prof/events/featured/ncdhm.asp>  
Materials Available  
Contact: Department of Public Information

## **National Wise Health Consumer Month**

American Institute for Preventive Medicine  
30445 Northwestern Highway, Suite 350  
Farmington Hills, MI 48334  
(248) 539-1800 x230  
(248) 539-1808 Fax  
dhirsch@healthylife.com  
<http://www.healthylife.com>  
Materials Available  
Contact: Denise Hirsch

**1**

## **Give Kids A Smile Day**

American Dental Association  
211 East Chicago Avenue  
Chicago, IL 60611  
(312) 440-2500  
gkas@ada.org  
<http://www.ada.org/prof/events/featured/gkas/>  
Materials Available  
Contact: Council on Access, Prevention, and Inter-professional Relations

**3**

## **National Wear Red Day 2008**

National Heart, Lung, and Blood Institute Health Information Center  
Attention: The Heart Truth  
P.O. Box 30105  
Bethesda, MD 20824-0105  
(301) 592-8573  
(240) 629-3255 TTY  
(301) 592-8563 Fax  
nhlbiinfo@nhlbi.nih.gov  
<http://www.nhlbi.nih.gov/health/hearttruth>  
Materials Available  
Contact: Information Specialist

**3-9**

## **National Burn Awareness Week**

Shriners International Headquarters  
P.O. Box 31356  
Tampa, FL 33631  
(813) 281-0300  
(813) 281-8496 Fax  
shrinerspr@shrinenet.org  
<http://www.burnawarenessweek.org>  
Materials Available  
Contact: Public Relations

**7-14**

## **Congenital Heart Defect Awareness Week**

Congenital Heart Information Network  
600 North 3rd Street, First Floor  
Philadelphia, PA 19123  
(215) 627-4034  
(215) 627-4306 Fax  
mb@tchin.org  
<http://tchin.org/aware>  
Materials Available  
Contact: Mona Barmash

**10-16**

## **Children of Alcoholics Week**

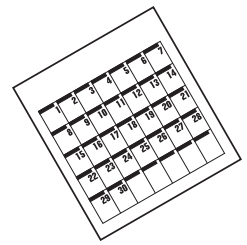
National Association for Children of Alcoholics  
11426 Rockville Pike, Suite 301  
Rockville, MD 20852  
(888) 554-2627  
(301) 468-0987 Fax  
nacoa@nacoa.org  
<http://www.nacoa.org>  
Materials Available  
Contact: Gail Jordan

**11-15**

## **National Condom Week**

American Social Health Association  
P.O. Box 13827  
Research Triangle Park, NC 27709-3827  
(919) 361-8400  
(919) 361-8425 Fax  
danbow@ashastd.org  
<http://www.ashastd.org>  
Materials Available  
Contact: ASHA Media Relations Office

# 2008 National Health Observances



**14**

## **National Donor Day**

Division of Transplantation, Healthcare Systems Bureau  
Health Resources and Services Administration  
U.S. Department of Health and Human Services  
Parklawn Building, Room 12C-05  
5600 Fishers Lane  
Rockville, MD 20857  
(301) 443-7577  
(301) 594-6095 Fax  
ask@hrsa.gov  
<http://www.organdonor.gov>  
Materials Available  
Contact: Division of Transplantation Staff

**24 (thru March 1)**

## **National Eating Disorders Awareness Week**

National Eating Disorders Association  
603 Stewart Street, Suite 803  
Seattle, WA 98101  
(800) 931-2239 Information and Referral Helpline  
(206) 382-3587  
(206) 829-8501 Fax  
info@nationaleatingdisorders.org  
<http://www.nationaleatingdisorders.org>  
Materials Available  
Contact: Tonia Brown

## **MARCH**

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## **National Brain Injury Awareness Month**

Brain Injury Association of America  
8201 Greensboro Drive, Suite 611  
McLean, VA 22102  
(703) 761-0750  
(703) 761-0755 Fax  
info@biausa.org  
<http://www.biausa.org>  
Materials Available  
Contact: Communications Coordinator

## **National Colorectal Cancer Awareness Month**

Cancer Research and Prevention Foundation  
1600 Duke Street, Suite 500  
Alexandria, VA 22314  
(800) 227-2732  
(877) 35-COLON (352-6566) Materials Ordering  
(703) 886-4413 Fax  
jasmine@preventcancer.org  
<http://www.preventcancer.org/colorectal>  
Materials Available  
Contact: Jasmine Greenamyre

## **National Endometriosis Awareness Month**

Endometriosis Research Center  
World Headquarters  
630 Ibis Drive  
Delray Beach, FL 34444  
(800) 239-7280  
(561) 274-7442  
(561) 274-0931 Fax  
<http://www.endocenter.org>  
Materials Available  
Contact: None designated

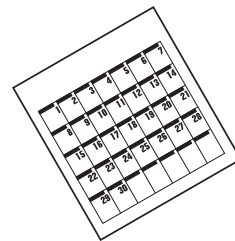
## **National Multiple Sclerosis Education and Awareness Month**

Multiple Sclerosis Foundation  
6350 North Andrews Avenue  
Fort Lauderdale, FL 33309  
(800) 225-6495 x121  
(954) 938-8708 Fax  
annette@msfocus.org  
<http://www.msfocus.org>  
Materials Available  
Contact: Annette Woods

## **National Nutrition Month®**

American Dietetic Association  
120 South Riverside Plaza, Suite 2000  
Chicago, IL 60606-6995  
(800) 877-1600 x4771  
(312) 899-0040  
(312) 899-4739 Fax  
nnm@eatright.org  
<http://www.eatright.org>  
Materials Available  
Contact: Knowledge Center

# 2008 National Health Observances



## Save Your Vision Month

American Optometric Association  
243 North Lindbergh Boulevard, First Floor  
St. Louis, MO 63141  
(314) 991-4100  
(314) 991-4101 Fax  
jmmahoney@aoa.org  
<http://www.aoa.org>  
Materials Available  
Contact: Julie M. Mahoney

## Workplace Eye Health and Safety Month

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

## 2-8

### National Patient Safety Awareness Week

National Patient Safety Foundation  
132 MASS MoCA Way  
North Adams, MA 01247  
(413) 663-8900  
(413) 663-8905 Fax  
info@npsf.org  
<http://www.npsf.org>  
Materials Available  
Contact: None designated

## 3-7

### National School Breakfast Week

School Nutrition Association  
700 South Washington Street, Suite 300  
Alexandria, VA 22314-4287  
(800) 877-8822  
(703) 739-3900  
(703) 739-3915 Fax  
servicecenter@schoolnutrition.org  
<http://www.schoolnutrition.org>  
Materials Available  
Contact: Laura Maynard

## 3-9

### National Sleep Awareness Week®

National Sleep Foundation  
1522 K Street NW, Suite 500  
Washington, DC 20005-1253  
(202) 347-3471 x211  
(202) 347-3472 Fax  
nsf@sleepfoundation.org  
<http://www.sleepfoundation.org>  
Materials Available  
Contact: Lisa Tumminello

## 9-16

### National Problem Gambling Awareness Week

National Council on Problem Gambling  
216 G Street NE, Suite 200  
Washington, DC 20002  
(202) 547-9204  
(202) 547-9206 Fax  
ncpg@ncpgambling.org  
<http://www.npgaw.org>  
Materials Available  
Contact: Keith Whyte

## 10-16

### Brain Awareness Week

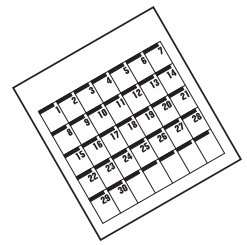
Dana Alliance for Brain Initiatives  
745 Fifth Avenue, Suite 900  
New York, NY 10151  
(212) 223-4040  
(212) 593-7623 Fax  
bawinfo@dana.org  
<http://brainweek.dana.org>  
Materials Available  
Contact: Kathleen Roina

## 10-17

### Multiple Sclerosis Awareness Week

National Multiple Sclerosis Society  
733 Third Avenue  
New York, NY 10017  
(800) 344-4867  
(212) 986-3240  
msawarenessweek@nmss.org  
<http://www.nationalmssociety.org>  
Materials Available  
Contact: Annie Hammel

# 2008 National Health Observances



**13**

## **World Kidney Day**

National Kidney Foundation  
30 East 33rd Street  
New York, NY 10016  
(800) 622-9010  
(212) 889-2210  
(212) 889-2310 Fax  
info@kidney.org  
<http://www.kidney.org/news/wkd/index.cfm>  
Materials Available  
Contact: Ellie Schlam

**16-23**

## **National Inhalants and Poisons Awareness Week**

National Inhalant Prevention Coalition  
322-A Thompson Street  
Chattanooga, TN 37405  
(800) 269-4237  
(423) 265-4889 Fax  
nipc@io.com  
<http://www.inhalants.org>  
Materials Available  
Contact: Harvey Weiss

**25**

## **American Diabetes Alert Day**

American Diabetes Association  
1701 North Beauregard Street  
Alexandria, VA 22311  
(800) DIABETES (342-2383)  
(703) 549-1500  
(703) 549-6995 Fax  
askada@diabetes.org  
<http://www.diabetes.org/communityprograms-and-localesvents/american-diabetes-alert.jsp>  
Materials Available  
Contact: Local Chapters or National Office

**30 (thru April 5)**

## **Root Canal Awareness Week**

American Association of Endodontists  
211 East Chicago Avenue, Suite 1100  
Chicago, IL 60601-2691  
(800) 872-3636  
(312) 266-7255  
(312) 266-9867 Fax  
info@aae.org  
<http://www.aae.org>  
Materials Available  
Contact: Dan Aske

## **APRIL**

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## **Alcohol Awareness Month**

SAMHSA's National Clearinghouse for Alcohol  
and Drug Information  
P.O. Box 2345  
Rockville, MD 20847-2345  
(800) 729-6686  
(877) 787-8432 Spanish  
(240) 221-4017  
(240) 221-4292 Fax  
ncadi-info@samhsa.hhs.gov  
<http://ncadi.samhsa.gov>  
Materials Available  
Contact: None designated

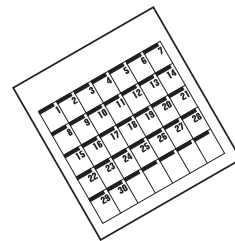
## **Cancer Control Month**

American Cancer Society  
250 Williams Street NW  
Atlanta, GA 30303  
(800) ACS-2345 (227-2345)  
<http://www.cancer.org>  
Materials Available  
Contact: National Office

## **Counseling Awareness Month**

American Counseling Association  
5999 Stevenson Avenue  
Alexandria, VA 22304-3300  
(800) 347-6647 x336  
(800) 473-2329 Fax  
jgaskins@counseling.org  
<http://www.counseling.org>  
Materials Available  
Contact: Jean Gaskins

# 2008 National Health Observances



## **Irritable Bowel Syndrome Awareness Month**

International Foundation for Functional  
Gastrointestinal Disorders  
P.O. Box 170864  
Milwaukee, WI 53217-8076  
(888) 964-2001  
(414) 964-1799  
(414) 964-7176 Fax  
iffgd@iffgd.org  
<http://www.aboutibs.org>  
Materials Available  
Contact: Nancy Norton

## **National Donate Life Month**

Division of Transplantation, Healthcare Systems Bureau  
Health Resources and Services Administration  
U.S. Department of Health and Human Services  
Parklawn Building, Room 12C-05  
5600 Fishers Lane  
Rockville, MD 20857  
(301) 443-7577  
(301) 594-6095 Fax  
ask@hrsa.gov  
<http://www.organdonor.gov>  
Materials Available  
Contact: Division of Transplantation Staff

## **National Sarcoidosis Awareness Month**

National Sarcoidosis Society, Inc. and Affiliates  
2525 South Michigan Avenue  
Chicago, IL 60616  
(877) 763-4389  
(312) 567-6626  
(312) 567-6144 Fax  
sarcoidosisfriends2@hotmail.com  
<http://nationalsarcoidosisfriends.org.tripod.com>  
Materials Available  
Contact: Glenda Fulton

## **Sports Eye Safety Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120-7424  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
<http://www.aao.org/eyemd>  
Materials Available  
Contact: Georgia Alward

## **STD Awareness Month**

American Social Health Association  
P.O. Box 13827  
Research Triangle Park, NC 27709-3827  
(919) 361-8400  
(919) 361-8425 Fax  
danbow@ashastd.org  
<http://www.ashastd.org>  
Materials Available  
Contact: ASHA Media Relations Office

## **Women's Eye Health and Safety Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

## **3**

## **Sexual Assault Awareness Month Day of Action**

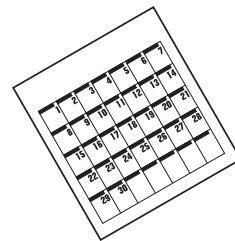
National Sexual Violence Resource Center  
123 North Enola Drive  
Enola, PA 17025  
(877) 739-3895  
(717) 909-0710 x119  
(717) 909-0714 Fax  
resources@nsvrc.org  
<http://www.nsvrc.org/saam>  
Materials Available  
Contact: Jessica Shomper

## **7-13**

## **National Public Health Week**

American Public Health Association  
800 I Street NW  
Washington, DC 20001-3710  
(202) 777-APHA (777-2742)  
(202) 777-2500 TTY  
(202) 777-2534 Fax  
kaitlin.sheedy@apha.org  
<http://www.nphw.org>  
Materials Available  
Contact: Kaitlin Sheedy

# 2008 National Health Observances



**19-26**

## **National Infant Immunization Week**

National Center for Immunization and  
Respiratory Diseases  
Coordinating Center for Infectious Diseases  
Centers for Disease Control and Prevention  
1600 Clifton Road NE, MS E-05  
Atlanta, GA 30333  
(800) CDC-INFO (232-4636) English/Spanish  
(888) CDC-FAXX (232-3299) Free fax-back  
(404) 639-8561  
(404) 639-8905 Fax  
cdcinfo@cdc.gov  
<http://www.cdc.gov/vaccines/events/niiw/default.htm>  
Materials Available  
Contact: Michelle Basket

**26**

## **World Tai Chi & Qigong Day**

World Tai Chi & Qigong Day  
(913) 648-2256  
billdouglas@worldtaichiday.org  
<http://www.worldtaichiday.org>  
Materials Available  
Contact: Bill Douglas

**26-27**

## **2008 March for Babies**

March of Dimes  
1275 Mamaroneck Avenue  
White Plains, NY 10605  
(888) MODIMES (663-4637)  
(800) 525-9255  
(914) 997- 4617  
(914) 997-4763 Fax  
marchforbabies@marchofdimes.com  
<http://www.marchforbabies.org>  
Materials Available  
Contact: Bob Aglione

**26 (thru May 4)**

## **National SAFE KIDS Week**

Safe Kids Worldwide  
1301 Pennsylvania Avenue NW, Suite 1000  
Washington, DC 20004-1707  
(202) 662-0600  
(202) 393-2072 Fax  
smorton@safekids.org  
<http://www.usa.safekids.org>  
Materials Available  
Contact: Suzanne Morton

## **MAY**

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### **American Stroke Month**

American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231  
(800) 242-8721  
inquiries@heart.org  
<http://www.americanheart.org>  
Materials Available  
Contact: Program departments or local chapters

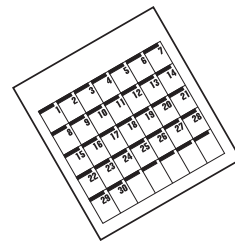
### **Asthma and Allergy Awareness Month**

Asthma and Allergy Foundation of America  
1233 20th Street NW, Suite 402  
Washington, DC 20036  
(800) 7-ASTHMA (727-8462)  
(202) 466-7643  
(202) 466-8940 Fax  
info@aafa.org  
<http://www.aafa.org>  
Materials Available  
Contact: Angel Waldron

### **Better Sleep Month**

Better Sleep Council  
501 Wythe Street  
Alexandria, VA 22314  
(703) 683-8371  
(703) 683-4503 Fax  
kfillner@sleppproducts.org  
<http://www.bettersleep.org>  
Materials Available  
Contact: Karin Dillner

# 2008 National Health Observances



## Hepatitis Awareness Month

Hepatitis Foundation International  
504 Blick Drive  
Silver Spring, MD 20904-2901  
(800) 891-0707  
(301) 622-4200  
(301) 622-4702 Fax  
hfi@comcast.net  
<http://www.hepfi.org>  
Materials Available  
Contact: Thelma King Thiel

## Lupus Awareness Month

Lupus Foundation of America, Inc.  
2000 L Street NW, Suite 710  
Washington, DC 20036  
(888) 385-8787  
(202) 349-1156 Fax  
info@lupus.org  
<http://www.lupus.org>  
Materials Available  
Contact: Duane Peters

## Lyme Disease Awareness Month

Lyme Disease Foundation  
P.O. Box 332  
Tolland, CT 06084  
(800) 886-5963  
(860) 870-0070  
(860) 870-0080 Fax  
info@lyme.org  
<http://www.lyme.org>  
Materials Available  
Contact: Thomas Forschner

## Melanoma/Skin Cancer Detection and Prevention Month

American Academy of Dermatology  
930 East Woodfield Road  
Schaumburg, IL 60173  
(888) 462-DERM (462-3376)  
(847) 330-0230  
(847) 330-8907 Fax  
mediarelations@aad.org  
<http://www.aad.org>  
Materials Available  
Contact: Jennifer Allyn

## Mental Health Month

Mental Health America  
P.O. Box 16810  
Alexandria, VA 22302-0810  
(800) 969-6642  
(703) 684-5968 Fax  
infoctr@mentalhealthamerica.net  
<http://www.mentalhealthamerica.net>  
Materials Available  
Contact: Resource Center

## Multiple Chemical Sensitivity Awareness Month

MCS America  
13 Vale Street  
Salem, NY 12864  
(213) 985-3096  
admin@mcs-america.org  
<http://www.mcs-america.org>  
Materials Available  
Contact: Lourdes Salvador

## National Celiac Disease Awareness Month

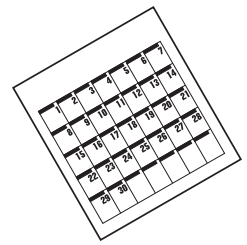
American Celiac Disease Alliance  
2504 Duxbury Place  
Alexandria, VA 22308  
(703) 622-3331  
info@americanceliac.org  
<http://americanceliac.org>  
Materials Available  
Contact: Andrea Levario

## National High Blood Pressure Education Month

National Heart, Lung, and Blood Institute  
Health Information Center  
P.O. Box 30105  
Bethesda, MD 20824-0105  
(301) 592-8573  
(240) 629-3255 TTY  
(301) 592-8563 Fax  
nhlbiinfo@nhlbi.nih.gov  
[http://hin.nhlbi.nih.gov/nhbpep\\_kit](http://hin.nhlbi.nih.gov/nhbpep_kit)  
Materials Available  
Contact: Information Specialist



# 2008 National Health Observances



## National Neurofibromatosis Month

Children's Tumor Foundation  
95 Pine Street, 16th Floor  
New York, NY 10005  
(800) 323-7938  
(212) 747-0004 Fax  
info@ctf.org  
<http://www.ctf.org>  
Materials Available  
Contact: Thomas Malone

## National Physical Fitness and Sports Month

President's Council on Physical Fitness and Sports  
200 Independence Avenue SW, Room 738-H  
Washington, DC 20201-0004  
(202) 690-9000  
(202) 690-5211 Fax  
russell.king@hhs.gov  
<http://www.fitness.gov>  
Materials Available  
Contact: Russell King

## National Teen Pregnancy Prevention Month

Advocates for Youth  
2000 M Street NW, Suite 750  
Washington, DC 20036  
(202) 419-3420  
(202) 419-1448 Fax  
tom@advocatesforyouth.org  
<http://www.advocatesforyouth.org>  
Materials Available  
Contact: Tom Klaus

## Tuberous Sclerosis Awareness Month

Tuberous Sclerosis Alliance  
801 Roeder Road, Suite 750  
Silver Spring, MD 20910  
(800) 225-6872  
(301) 562-9890  
(301) 562-9870 Fax  
info@tsalliance.org  
<http://www.tsalliance.org>  
Materials Available  
Contact: Jaye Isham

## Ultraviolet Awareness Month

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

## 1-7

## National Physical Education and Sport Week

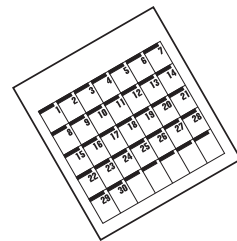
National Association for Sport and Physical Education  
1900 Association Drive  
Reston, VA 20191  
(800) 213-7193  
(703) 476-3410  
(703) 476-8316  
naspe@aahperd.org  
<http://www.aahperd.org/naspe>  
Materials Available  
Contact: Paula Keyes Kun

## 4-15

## North American Occupational Safety and Health Week

American Society of Safety Engineers  
Canadian Society of Safety Engineering  
U.S. Occupational Safety and Health Administration  
ASSE Public Relations Department  
1800 East Oakton Street  
Des Plaines, IL 60018-2187  
(847) 699-2929  
(847) 296-3769 Fax  
dhurns@asse.org  
<http://www.asse.org/naosh>  
Materials Available  
Contact: Diane Hurns

# 2008 National Health Observances



**7**

## **National Anxiety Disorders Screening Day**

Freedom From Fear  
308 Seaview Avenue  
Staten Island, NY 10305  
(718) 351-1717  
(888) 442-2022 Free anxiety/depression screening  
(718) 980-5022 Fax  
help@freedomfromfear.org  
<http://www.freedomfromfear.org>  
Materials Available  
Contact: Jeanine Christiana

**10**

## **Cornelia de Lange Syndrome Awareness Day**

CdLS-USA Foundation  
302 West Main Street, #100  
Avon, CT 06001  
(800) 753-2357  
(800) 223-8355  
(860) 676-8166  
(860) 676-8337 Fax  
outreach@cdlsusa.org  
<http://www.cdlsusa.org>  
Materials Available  
Contact: Marie Malloy

**11-17**

## **Food Allergy Awareness Week**

Food Allergy & Anaphylaxis Network  
11781 Lee Jackson Highway, Suite 160  
Fairfax, VA 22033-3309  
(800) 929-4040  
(703) 691-3179  
(703) 691-2713 Fax  
jlove@foodallergy.org  
<http://www.foodallergy.org>  
Materials Available  
Contact: Jennifer Love

**11-17**

## **National Alcohol- and Other Drug-Related Birth Defects Week**

National Council on Alcoholism and Drug Dependence, Inc.  
244 East 58th Street, 4th Floor  
New York, NY 10022  
(800) NCA-CALL (622-2255) (24-hour helpline)  
(212) 269-7797  
(212) 269-7510 Fax  
president@ncadd.org  
<http://www.ncadd.org>  
Materials Available  
Contact: President

**11-17**

## **National Women's Health Week**

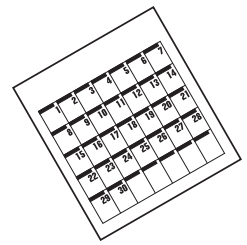
Office on Women's Health  
U.S. Department of Health and Human Services  
200 Independence Avenue SW, Room 712 E  
Washington, DC 20201  
(202) 690-7651  
(202) 401-4005 Fax  
<http://www.womenshealth.gov/whw>  
Materials Available  
Contact: None designated

**12**

## **Fibromyalgia Awareness Day**

National Fibromyalgia Association  
2121 South Towne Centre Place, Suite 300  
Anaheim, CA 92806  
(714) 921-0150  
(714) 921-6920 Fax  
aquinn@fmaware.org  
<http://fmaware.org>  
Materials Available  
Contact: April Quinn

# 2008 National Health Observances



**12**

## **National Women's Check-up Day**

Office on Women's Health  
U.S. Department of Health and Human Services  
200 Independence Avenue SW, Room 712 E  
Washington, DC 20201  
(202) 690-7651  
(202) 401-4005 Fax  
<http://www.womenshealth.gov>  
Materials Available  
Contact: None designated

**12-16**

## **National Neuropathy Week**

The Neuropathy Association  
60 East 42nd Street, Suite 942  
New York, NY 10165  
888-PN-FACTS (763-2287)  
212-692-0662  
212-692-0664  
212-692-0668 Fax  
[pguidos@neuropathy.org](mailto:pguidos@neuropathy.org)  
<http://www.neuropathy.org>  
Materials Available  
Contact: National Headquarters/Local Chapter/Support Group

**12-18**

## **National Stuttering Awareness Week**

Stuttering Foundation of America  
3100 Walnut Grove Road, Suite 603  
P.O. Box 11749  
Memphis, TN 38111-0749  
(800) 992-9392  
(901) 452-3931 Fax  
[info@stutteringhelp.org](mailto:info@stutteringhelp.org)  
<http://www.stutteringhelp.org>  
Materials Available  
Contact: Jane Fraser

**13**

## **Sex Differences in Health Awareness Day**

Society for Women's Health Research  
1025 Connecticut Avenue NW, Suite 701  
Washington, DC 20036  
(202) 223-8224  
(202) 833-3472 Fax  
[info@womenshealthresearch.org](mailto:info@womenshealthresearch.org)  
<http://www.womenshealthresearch.org>  
Materials Available  
Contact: Richard Schmitz

**18**

## **HIV Vaccine Awareness Day**

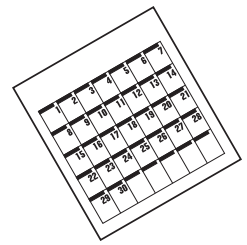
NIAID HIV Vaccine Research Education Initiative  
Vaccine Research Program, Division of AIDS  
National Institute of Allergy and Infectious Diseases  
National Institutes of Health  
6700-B Rockledge Drive, Room 5144  
Bethesda, MD 20892  
(301) 594-2512  
(301) 402-3684 Fax  
[kripkek@niaid.nih.gov](mailto:kripkek@niaid.nih.gov)  
<http://www.niaid.nih.gov/news/events/HVAD>  
Materials Available  
Contact: Dr. Katharine Kripke

**18-24**

## **National Emergency Medical Services Week**

American College of Emergency Physicians®  
1125 Executive Circle  
Irving, TX 75038-2522  
(800) 798-1822  
(972) 550-0911  
(972) 580-2816 Fax  
[dfechner@acep.org](mailto:dfechner@acep.org)  
<http://www.acep.org/emswk>  
Materials Available  
Contact: Denise Fechner

# 2008 National Health Observances



**19-25**

## **Recreational Water Illness Prevention Week**

Water and Environment Projects  
Parasitic Diseases Branch, Division of Parasitic Diseases,  
National Center for Zoonotic, Vector-Borne,  
and Enteric Diseases  
Centers for Disease Control and Prevention  
4770 Buford Highway NE, MS F-22  
Atlanta, GA 30341-3724  
(770) 488-7787  
(770) 488-7761 Fax  
mhlavsa@cdc.gov  
<http://www.cdc.gov/healthyswimming/index.htm>  
Materials Available  
Contact: Michele Hlavsa

**21**

## **National Employee Health and Fitness Day**

National Association for Health and Fitness  
65 Niagara Square, Room 607  
Buffalo, NY 14202  
(716) 583-0521  
(716) 851-4309 Fax  
wellness@city-buffalo.org  
<http://www.physicalfitness.org>  
Materials Available  
Contact: Philip Haberstro

## **JUNE**

### **Home Safety Month**

Home Safety Council  
1250 Eye Street NW, Suite 1000  
Washington, DC 20005  
(202) 330-4900  
(202) 330-4901 Fax  
info@homesafetycouncil.org  
<http://www.homesafetycouncil.org/homesafetymonth>  
Materials Available  
Contact: Angela D. Mickalide

### **Myasthenia Gravis Awareness Month**

Myasthenia Gravis Foundation of America, Inc.  
1821 University Avenue West, Suite S256  
St. Paul, MN 55104-2897  
(800) 541-5454  
(651) 917-6256  
(651) 917-1835 Fax  
mgfa@myasthenia.org  
<http://www.myasthenia.org>  
Materials Available  
Contact: None designated

### **National Aphasia Awareness Month**

National Aphasia Association  
350 Seventh Avenue, Suite 902  
New York, NY 10001  
(800) 922-4622  
(212) 267-2814  
(212) 267-2812 Fax  
naa@aphasia.org  
<http://www.aphasia.org>  
Materials Available  
Contact: Ellayne Ganzfried

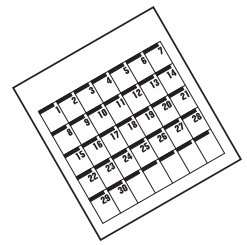
### **National Scleroderma Awareness Month**

Scleroderma Foundation  
300 Rosewood Drive, Suite 105  
Danvers, MA 01923  
(800) 722-HOPE (4673)  
(978) 463-5809 Fax  
sfinfo@scleroderma.org  
<http://www.scleroderma.org>  
Materials Available  
Contact: National Office or Local Chapters

### **Vision Research Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

# 2008 National Health Observances



**1**

## **National Cancer Survivors Day**

National Cancer Survivors Day Foundation  
P.O. Box 682285  
Franklin, TN 37068  
(615) 794-3006  
(615) 794-0179 Fax  
info@ncsdf.org  
http://www.ncsdf.org  
Materials Available  
Contact: None designated

**1-7**

## **National Headache Awareness Week**

National Headache Foundation  
820 North Orleans, Suite 217  
Chicago, IL 60610-3132  
(888) NHF-5552 (643-5552)  
(312) 640-9049 Fax  
info@headaches.org  
http://www.headaches.org  
Materials Available  
Contact: Suzanne E. Simons

**1 (thru July 4)**

## **Fireworks Safety Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
http://www.preventblindness.org  
Materials Available  
Contact: PBA Consumer and Patient Hotline

**8-14**

## **Sun Safety Week**

Sun Safety Alliance  
413 North Lee Street  
Alexandria, VA 22314  
(703) 837-4202  
(703) 683-3587 Fax  
pschneider@sunsafetyalliance.org  
http://www.sunsafetyalliance.org  
Materials Available  
Contact: Phillip L. Schneider

**9-15**

## **National Men's Health Week**

Men's Health Network  
236 Massachusetts Avenue NE, Suite 301  
P.O. Box 75972  
Washington, DC 20013  
(888) MEN-2-MEN (636-2636) Men's Healthline  
(202) 543-MHN-1 (543-6461) x101  
(202) 543-2727 Fax  
info@menshealthweek.org  
http://www.menshealthweek.org  
Materials Available  
Contact: Theresa Morrow

**20**

## **National ASK Day**

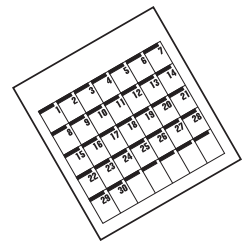
PAX/Real Solutions to Gun Violence  
100 Wall Street, 2nd Floor  
New York, NY 10005  
(212) 269-5100  
(212) 269-5109 Fax  
ask@paxusa.org  
http://www.askingsaveskids.org  
Materials Available  
Contact: None designated

**22-28**

## **Helen Keller Deaf - Blind Awareness Week**

Helen Keller National Center  
141 Middle Neck Road  
Sands Point, NY 11050-1299  
(516) 944-8900 x253  
(516) 994-8637 TTY  
(516) 767-1738 Fax  
hkncinfo@hknc.org  
http://www.hknc.org  
Materials Available  
Contact: Information Specialist

# 2008 National Health Observances



## **JULY**

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### **Hemochromatosis Awareness Month**

Iron Disorders Institute  
2722 Wade Hampton Boulevard, Suite A  
Greenville, SC 29615  
(888) 565-4766  
(864) 292-1175  
info@irondisorders.org  
<http://www.irondisorders.org>  
Materials Available  
Contact: Patient Information Services

### **International Group B Strep Awareness Month**

Group B Strep International  
11 El Dorado Court  
Pomona, CA 91766  
(909) 620-7214  
(909) 620-5557 Fax  
info@gbs-intl.org  
<http://www.groupbstreptinternational.org>  
Materials Available  
Contact: Marti Perhach

### **UV Safety Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120-7424  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
<http://www.aao.org/aaoesite/eyemd/uv.cfm>  
Materials Available  
Contact: Georgia Alward

## **AUGUST**

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### **Cataract Awareness Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120-7424  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
<http://www.aao.org/aaoesite/eyemd/cataract.cfm>  
Materials Available  
Contact: Georgia Alward

### **Children's Eye Health and Safety Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

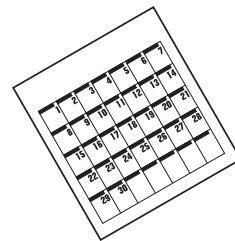
### **National Immunization Awareness Month**

National Center for Immunization and  
Respiratory Diseases  
Centers for Disease Control and Prevention  
1600 Clifton Road NE, MS E-05  
Atlanta, GA 30333  
(800) CDC-INFO (232-4636) English/Spanish  
(888) 232-6348 TTY  
(770) 488-4760 Fax  
(877) 394-8747 International Travel Information  
<http://www.cdc.gov/vaccines>  
Materials Available  
Contact: None designated

### **Psoriasis Awareness Month**

National Psoriasis Foundation  
6600 SW 92nd Avenue, Suite 300  
Portland, OR 97223-7195  
(800) 723-9166  
(503) 244-7404  
(503) 245-0626 Fax  
getinfo@psoriasis.org  
<http://www.psoriasis.org>  
Materials Available  
Contact: Paula Fasano

# 2008 National Health Observances



1

## **National Minority Donor Awareness Day**

National Minority Organ Tissue Transplant Education Program  
Ambulatory Care Center  
2041 Georgia Avenue NW, Suite 3100  
Washington, DC 20060  
(800) 393-2839  
(202) 865-4888  
(202) 865-4880 Fax  
nbbrooks@howard.edu  
<http://www.nationalmottetp.org>  
Materials Available  
Contact: Norman Brooks

## **SEPTEMBER**

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## **America On the Move's Steptember Campaign**

America On the Move Foundation  
44 School Street, Suite 325  
Boston, MA 02108  
(800) 807-0077  
(617) 367-6894  
(617) 367-6899 Fax  
sani@americaonthemove.org  
<http://www.americaonthemove.org>  
Materials Available  
Contact: Sani Liu

## **Craniofacial Acceptance Month**

Children's Craniofacial Association  
1340 Coit Road, Suite 517  
Dallas, TX 75240  
(800) 535-3643  
(214) 570-9099  
(214) 570-8811 Fax  
contactcca@ccakids.com  
<http://www.ccakids.org>  
Materials Available  
Contact: None designated

## **Healthy Aging® Month**

Educational Television Network, Inc.  
P.O. Box 442  
Unionville, PA 19375  
(610) 793-0979  
info@healthyaging.net  
<http://www.healthyaging.net/agingevents.htm>  
Materials Available  
Contact: Information Specialist

## **National Alcohol and Drug Addiction Recovery Month**

Office of the Director, Consumer Affairs  
Center for Substance Abuse Treatment  
Substance Abuse and Mental Health Services Administration  
1 Choke Cherry Road, 2nd Floor  
Rockville, MD 20857  
(800) 729-6686  
(240) 276-2750  
(240) 276-1630 Fax  
info@samhsa.gov  
<http://www.recoverymonth.gov>  
Materials Available  
Contact: Consumer Affairs

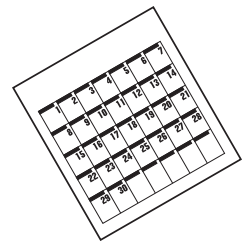
## **National Cholesterol Education Month**

National Heart, Lung, and Blood Institute  
Health Information Center  
P.O. Box 30105  
Bethesda, MD 20824-0105  
(301) 592-8573  
(240) 629-3255 TTY  
(301) 592-8563 Fax  
nhlbiinfo@nhlbi.nih.gov  
<http://hin.nhlbi.nih.gov/cholmonth>  
Materials Available  
Contact: Information Specialist

## **National Pediculosis Prevention Month/ Head Lice Prevention Month**

National Pediculosis Association, Inc.  
P.O. Box 610189  
Newton, MA 02461  
(781) 449-6487  
(401) 823-4557 Fax  
npa@headlice.org  
<http://www.headlice.org>  
Materials Available  
Contact: Jane Cotter

# 2008 National Health Observances



## Ovarian Cancer Awareness Month

National Ovarian Cancer Coalition, Inc.  
500 NE Spanish River Boulevard, Suite 8  
Boca Raton, FL 33431  
(888) OVARIAN (682-7426)  
(561) 393-0005  
nocc@ovarian.org  
<http://www.ovarian.org>  
Materials Available  
Contact: Jane E. Langridge

## Prostate Cancer Awareness Month

National Prostate Cancer Coalition  
1154 15th Street NW  
Washington, DC 20005  
(888) 245-9455  
(202) 463-9455  
(202) 463-9456 Fax  
info@fightprostatecancer.org  
<http://www.fightprostatecancer.org>  
Materials Available  
Contact: Jamie Bearse

## Reye's Syndrome Awareness Month

National Reye's Syndrome Foundation  
P.O. Box 829  
Bryan, OH 43506-0829  
(800) 233-7393  
(419) 636-2679  
(419) 636-9897 Fax  
nrsf@reyessyndrome.org  
<http://www.reyessyndrome.org>  
Materials Available  
Contact: Pearl Cantrell

## Sports and Home Eye Safety Month

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

## Whole Grains Month

The Whole Grains Council  
226 Beacon Street  
Boston, MA 02116  
(617) 421-5500  
(617) 421-5511 Fax  
cynthia@oldwayspt.org  
<http://www.wholegrainscouncil.org/wgmonth.html>  
Materials Available  
Contact: Cynthia Harriman

## 7-13

### National Suicide Prevention Week

American Association of Suicidology  
5221 Wisconsin Avenue NW  
Washington, DC 20015  
(202) 237-2280  
(202) 237-2282 Fax  
info@suicidology.org  
<http://www.suicidology.org>  
Materials Available  
Contact: None designated

## 13

### National Celiac Disease Awareness Day

Celiac Sprue Association  
P.O. Box 31700  
Omaha, NE 68131-0700  
(877) 272-4272  
(402) 643-4108 Fax  
celiacs@csaceliacs.org  
<http://www.csaceliacs.org>  
Materials Available  
Contact: Mary Schluckebier

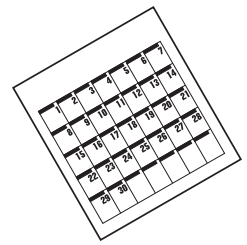
## 15-23

### Reye's Syndrome Awareness Week

National Reye's Syndrome Foundation  
P.O. Box 829  
Bryan, OH 43506-0829  
(800) 233-7393  
(419) 636-2679  
(419) 636-9897 Fax  
nrsf@reyessyndrome.org  
<http://www.reyessyndrome.org>  
Materials Available  
Contact: Pearl Cantrell



# 2008 National Health Observances



**16**

## **Get Ready Day**

American Public Health Association  
800 I Street NW  
Washington, DC 20001-3710  
(202) 777-APHA (777-2742)  
(202) 777-2500 TTY  
(202) 777-2532 Fax  
pandemicflu@apha.org  
<http://www.getreadyforflu.org>  
Materials Available  
Contact: None designated

**21**

## **World Alzheimer's Day**

Alzheimer's Disease International  
64 Great Suffolk Street  
London SE1 0BL  
United Kingdom  
info@alz.co.uk  
<http://www.alz.co.uk/adi/wad>  
Materials Available  
Contact: None designated

**21-27**

## **National Farm Safety & Health Week**

National Education Center for Agricultural Safety  
10250 Sundown Road  
Peosta, IA 52068  
(888) 844-6322  
(563) 577-0354  
(563) 557-0353 Fax  
halversc@nicc.edu  
<http://www.nsc.org/necas>  
Materials Available  
Contact: Charlotte Halverson

**21-27**

## **National Rehabilitation Awareness Celebration**

National Rehabilitation Awareness Foundation  
100 Abington Executive Park  
Clarks Summit, PA 18411  
(800) 943-6723  
(570) 341-4637  
(570) 341-4331 Fax  
jbrogn@allied-services.org  
<http://www.nraf-rehabnet.org>  
Contact: James Brogna

**28 (thru October 4)**

## **Hearing Aid Awareness Week**

International Hearing Society  
16800 Middlebelt Road, Suite 4  
Livonia, MI 48154  
(734) 522-7200  
(734) 522-0200 Fax  
acmarkey@ihinfo.org  
<http://www.ihinfo.org>  
Materials Available  
Contact: Alice Markey

**30**

## **World Heart Day**

World Heart Federation  
7, rue des Batoirs, Case postale 155  
1211 Geneva 4  
Switzerland  
admin@worldheart.org  
<http://www.worldheart.org>  
Materials Available  
Contact: Jane Park

## **OCTOBER**

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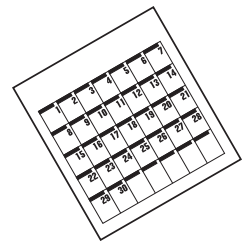
## **Eye Injury Prevention Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120-7424  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
<http://www.aao.org/aaosite/eyemd/injury.cfm>  
Materials Available  
Contact: Georgia Alward

## **Halloween Safety Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

# 2008 National Health Observances



## Let's Talk Month

Advocates for Youth  
2000 M Street NW, Suite 750  
Washington, DC 20036  
(202) 419-3420  
(202) 419-1448 Fax  
tom@advocatesforyouth.org  
<http://www.advocatesforyouth.org>  
Materials Available  
Contact: Tom Klaus

## National Celiac Disease Awareness Month

Celiac Sprue Association  
P.O. Box 31700  
Omaha, NE 68131-0700  
(877) 272-4272  
(402) 643-4108 Fax  
celiacs@csaceliacs.org  
<http://www.csaceliacs.org>  
Materials Available  
Contact: Mary Schluckebier

## National Chiropractic Month

American Chiropractic Association  
1701 Clarendon Boulevard  
Arlington, VA 22209  
(703) 276-8800  
(703) 243-2593 Fax  
communications@acatoday.org  
<http://www.acatoday.org>  
Materials Available  
Contact: Communications & Marketing Department

## National Dental Hygiene Month

American Dental Hygienists' Association  
444 North Michigan Avenue, Suite 3400  
Chicago, IL 60611-3980  
(800) 243-ADHA (243-2342)  
(312) 440-8900  
(312) 467-1806 Fax  
media@adha.net  
<http://www.adha.org>  
Materials Available  
Contact: Communications Division

## National Disability Employment Awareness Month

Office of Disability Employment Policy  
U.S. Department of Labor  
Frances Perkins Building  
200 Constitution Avenue NW  
Washington, DC 20210  
(866) 633-7365  
(202) 693-7880  
(202) 693-7888 Fax  
(877) 889-5627 TTY  
<http://www.dol.gov/odep>  
Materials Available  
Contact: Carol Dunlap

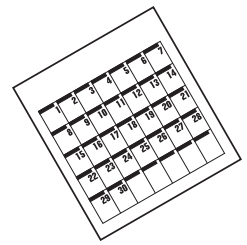
## National Domestic Violence Awareness Month

Domestic Violence Awareness Project  
National Resource Center on Domestic Violence  
6400 Flank Drive, Suite 1300  
Harrisburg, PA 17112-2791  
(800) 537-2238  
(800) 553-2508 TTY  
(717) 545-9456 Fax  
ck@pcadv.org  
<http://dvam.vawnet.org>  
Materials Available  
Contact: Casey Keene

## National Down Syndrome Awareness Month

National Down Syndrome Society  
666 Broadway  
New York, NY 10012  
(800) 221-4602  
(212) 460-9330  
(212) 979-2873 Fax  
info@ndss.org  
<http://www.ndss.org>  
Materials Available  
Contact: Educational Services

# 2008 National Health Observances



## National Medical Librarians Month

Medical Library Association  
65 East Wacker Place, Suite 1900  
Chicago, IL 60601  
(312) 419-9094 x11  
(312) 419-8950 Fax  
info@mlahq.org  
<http://www.mlanet.org/resources/nml-month/index.html>  
Materials Available  
Contact: Tomi Gunn

## National Physical Therapy Month

American Physical Therapy Association  
1111 North Fairfax Street  
Alexandria, VA 22314-1488  
(703) 684-2782 x3248  
(703) 706-8578 Fax  
public-relations@apta.org  
<http://www.apta.org>  
Materials Available  
Contact: Public Relations Department

## National Spina Bifida Awareness Month

Spina Bifida Association  
4590 MacArthur Boulevard NW, Suite 250  
Washington, DC 20007-4226  
(800) 621-3141  
(202) 944-3285  
(202) 944-3295 Fax  
sbaa@sbaa.org  
<http://www.spinabifidaassociation.org>  
Materials Available  
Contact: Amanda Darnley

## Sudden Infant Death Syndrome Awareness Month

First Candle/SIDS Alliance  
1314 Bedford Avenue, Suite 210  
Baltimore, MD 21208  
(800) 221-7437  
(410) 653-8226  
(410) 653-8709 Fax  
info@firstcandle.org  
<http://www.firstcandle.org>  
Materials Available  
Contact: Laura Reno

## "Talk About Prescriptions" Month

National Council on Patient Information and Education  
4915 Saint Elmo Avenue, Suite 505  
Bethesda, MD 20814-6082  
(301) 656-8565  
(301) 656-4464 Fax  
ncpie@ncpie.info  
<http://www.talkaboutrx.org>  
Materials Available  
Contact: Information Specialist

## 4

### Sarcoidosis Awareness Day

National Sarcoidosis Society, Inc. and Affiliates  
2525 South Michigan Avenue  
Chicago, IL 60616  
(312) 567-6626  
(312) 567-6144 Fax  
sarcoidosisfriends2@hotmail.com  
<http://nationalsarcoidosisfriends.org.tripod.com>  
Materials Available  
Contact: Glenda Fulton

## 5-11

### Fire Prevention Week

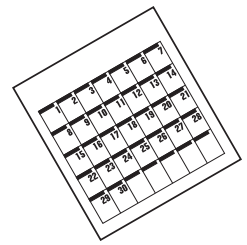
National Fire Protection Association  
1 Batterymarch Park  
Quincy, MA 02169-7471  
(800) 344-3555 orders only  
(617) 984-7285  
(617) 770-0200 Fax  
bdunn@nfpa.org  
<http://www.nfpa.org/index.asp>  
Materials Available  
Contact: Barbara Dunn

## 6-10

### Drive Safely Work Week

Network of Employers for Traffic Safety  
8150 Leesburg Pike, Suite 410  
Vienna, VA 22182  
(888) 221-0045  
(703) 891-6005  
(703) 891-6010 Fax  
nets@trafficsafety.org  
<http://www.trafficsafety.org>  
Materials Available  
Contact: Kathryn Lusby-Treber

# 2008 National Health Observances



**8**

## **Stop America's Violence Everywhere Today**

American Medical Association Alliance  
515 North State Street, 9th Floor  
Chicago, IL 60610  
(312) 464-4470  
(312) 464-5020 Fax  
amaa@ama-assn.org  
<http://www.amaalliance.org>  
Materials Available  
Contact: Jennifer West

**12-20**

## **Bone and Joint Decade National Action Week**

U.S. Bone and Joint Decade, NFP  
6300 North River Road  
Rosemont, IL 60018  
(847) 384-4010  
(847) 823-0536 Fax  
tobyking@usbjd.org  
<http://www.usbjd.org>  
Materials Available  
Contact: Toby King

**17**

## **National Mammography Day**

American Cancer Society  
250 Williams Street NW  
Atlanta, GA 30303  
(800) ACS-2345 (227-2345)  
<http://www.cancer.org>  
Materials Available  
Contact: National Office

**20-24**

## **National Health Education Week**

National Center for Health Education  
375 Hudson Street  
New York, NY 10014  
(212) 463-4060 Fax  
ray@nche.org  
<http://www.nche.org>  
Materials Available  
Contact: Ray Marks

**22**

## **International Stuttering Awareness Day**

Stuttering Foundation of America  
3100 Walnut Grove Road, Suite 603  
P.O. Box 11749  
Memphis, TN 38111-0749  
(800) 992-9392  
(901) 452-3931 Fax  
info@stutteringhelp.org  
<http://www.stutteringhelp.org>  
Materials Available  
Contact: Jane Fraser

**31**

## **Interstitial Cystitis Awareness Day**

National Association of Nurse Practitioners in  
Women's Health  
505 C Street NE  
Washington, DC 20002  
(202) 543-9693  
(202) 543-9858 Fax  
info@npwh.org  
<http://www.npwh.org>  
Materials Available  
Contact: Susan Wysocki

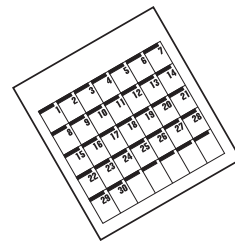
## **NOVEMBER**

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### **American Diabetes Month**

American Diabetes Association  
1701 North Beauregard Street  
Alexandria, VA 22311  
(800) DIABETES (342-2383)  
(703) 549-1500  
(703) 549-6995 Fax  
askada@diabetes.org  
<http://www.diabetes.org>  
Materials Available  
Contact: Local Affiliates

# 2008 National Health Observances



## Diabetic Eye Disease Month

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

## Jaw Joints - TMJ Awareness Month

TMJ Association, LTD  
P.O. Box 26770  
Milwaukee, WI 53226-0770  
(262) 432-0350  
(262) 432-0375 Fax  
info@tmj.org  
<http://www.tmj.org>  
Materials Available  
Contact: Terrie Cowley

## Lung Cancer Awareness Month

Lung Cancer Alliance  
1747 Pennsylvania Avenue NW, Suite 1150  
Washington, DC 20006  
(800) 298-2436 Lung Cancer Information Line  
(202) 463-2080  
info@lungcanceralliance.org  
<http://www.lungcanceralliance.org>  
Materials Available  
Contact: Kay Cofrancesco

## National Alzheimer's Disease Awareness Month

Alzheimer's Association  
225 North Michigan Avenue, 17th Floor  
Chicago, IL 60601-7633  
(800) 272-3900  
(866) 699-1246  
info@alz.org  
<http://www.alz.org>  
Materials Available  
Contact: None designated

## National Hospice Palliative Care Month

National Hospice and Palliative Care Organization  
1700 Diagonal Road, Suite 625  
Alexandria, VA 22314  
(703) 837-1500  
(703) 837-1233 Fax  
jradulovic@nhpco.org  
<http://www.nhpco.org>  
Contact: Jon Radulovic

## Pancreatic Cancer Awareness Month

Pancreatic Cancer Action Network  
2141 Rosecrans Avenue, Suite 7000  
El Segundo, CA 90245  
(877) 272-6226  
(310) 725-0025  
(310) 725-0029 Fax  
information@pancan.org  
<http://www.pancan.org>  
Materials Available  
Contact: Sue Kim

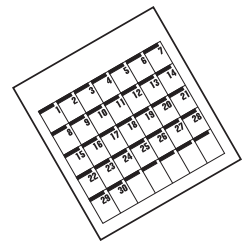
## Prematurity Awareness Month

March of Dimes  
1275 Mamaroneck Avenue  
White Plains, NY 10605  
(914) 997-4488  
(914) 997-4763 Fax  
askus@marchofdimes.com  
<http://www.marchofdimes.com>  
Materials Available  
Contact: Pregnancy and Newborn Health Education Center

## Pulmonary Hypertension Awareness Month

Pulmonary Hypertension Association  
801 Roeder Road, Suite 400  
Silver Spring, MD 20910  
(800) 748-7274 Helpline  
(301) 565-3004 x109  
(301) 565-3994 Fax  
pha@phassociation.org  
<http://www.phassociation.org>  
Materials Available  
Contact: Katie Kroner

# 2008 National Health Observances



**18**

## **Prematurity Awareness Day**

March of Dimes  
1275 Mamaroneck Avenue  
White Plains, NY 10605  
(914) 997-4488  
(914) 997-4763 Fax  
askus@marchofdimes.com  
<http://www.marchofdimes.com>  
Materials Available  
Contact: Pregnancy and Newborn Health Education Center

**20**

## **Great American Smokeout**

American Cancer Society  
250 Williams Street NW  
Atlanta, GA 30303  
(800) ACS-2345 (227-2345)  
<http://www.cancer.org>  
Materials Available  
Contact: National Office

**25 (thru December 1)**

## **Gastroesophageal Reflux Disease Awareness Week**

International Foundation for Functional  
Gastrointestinal Disorders  
P.O. Box 170864  
Milwaukee, WI 53217-8076  
(888) 964-2001  
(414) 964-1799  
(414) 964-7176 Fax  
iffgd@iffgd.org  
<http://www.aboutgerd.org>  
Materials Available  
Contact: Nancy Norton

**DECEMBER**

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## **Safe Toys and Gifts Month**

Prevent Blindness America  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(847) 843-8458 Fax  
info@preventblindness.org  
<http://www.preventblindness.org>  
Materials Available  
Contact: PBA Consumer and Patient Hotline

**1**

## **World AIDS Day**

Joint United Nations Programme on HIV/AIDS  
unaids@unaids.org  
<http://www.unaids.org/en/default.asp>  
Materials Available  
Contact: None designated

**1-7**

## **National Aplastic Anemia and MDS Awareness Week**

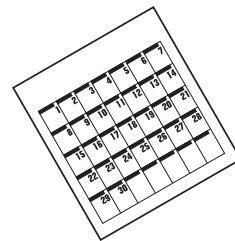
Aplastic Anemia & MDS International Foundation, Inc.  
P.O. Box 613  
Annapolis, MD 21404-0613  
(800) 747-2820  
(410) 867-0242  
(410) 867-0240 Fax  
help@aamds.org  
<http://www.aamds.org>  
Materials Available  
Contact: Marilyn Baker

**7-13**

## **National Handwashing Awareness Week**

Henry the Hand Foundation  
11714 U.S. Route 42  
Cincinnati, OH 45241  
(513) 769-3660  
dr.will@henrythehand.com  
<http://www.henrythehand.com>  
Materials Available  
Contact: Dr. Will Sawyer

# 2008 National Health Observances



## THE YEAR 2008 AT A GLANCE

### **JANUARY**

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Cervical Health Awareness Month  
National Birth Defects Prevention Month  
National Glaucoma Awareness Month  
National Radon Action Month  
Thyroid Awareness Month

### **FEBRUARY**

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American Heart Month  
AMD/Low Vision Awareness Month  
International Prenatal Infection Prevention Month  
National Children's Dental Health Month  
National Wise Health Consumer Month  
1 Give Kids A Smile Day  
3 National Wear Red Day 2008  
3–9 National Burn Awareness Week  
7–14 Congenital Heart Defect Awareness Week  
10–16 Children of Alcoholics Week  
11–15 National Condom Week  
14 National Donor Day  
24 (thru March 1) National Eating Disorders Awareness Week

### **MARCH**

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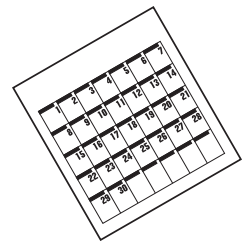
National Brain Injury Awareness Month  
National Colorectal Cancer Awareness Month  
National Endometriosis Awareness Month  
National Multiple Sclerosis Education and Awareness Month  
National Nutrition Month®  
Save Your Vision Month  
Workplace Eye Health and Safety Month  
2–8 National Patient Safety Awareness Week  
3–7 National School Breakfast Week  
3–9 National Sleep Awareness Week®  
9–16 National Problem Gambling Awareness Week  
10–16 Brain Awareness Week  
10–17 Multiple Sclerosis Awareness Week  
13 World Kidney Day  
16–23 National Inhalants and Poisons Awareness Week  
25 American Diabetes Alert Day  
30 (thru April 5) Root Canal Awareness Week

### **APRIL**

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Alcohol Awareness Month  
Cancer Control Month  
Counseling Awareness Month  
Irritable Bowel Syndrome Awareness Month  
National Donate Life Month  
National Sarcoidosis Awareness Month  
Sports Eye Safety Month  
STD Awareness Month  
Women's Eye Health and Safety Month  
3 Sexual Assault Awareness Month Day of Action  
7–13 National Public Health Week  
19–26 National Infant Immunization Week  
26 World Tai Chi & Qigong Day  
26–27 2008 March for Babies  
26 (thru May 4) National SAFE KIDS Week

# 2008 National Health Observances



## **MAY**

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American Stroke Month  
Asthma and Allergy Awareness Month  
Better Sleep Month  
Hepatitis Awareness Month  
Lupus Awareness Month  
Lyme Disease Awareness Month  
Melanoma/Skin Cancer Detection and Prevention Month  
Mental Health Month  
Multiple Chemical Sensitivity Awareness Month  
National Celiac Disease Awareness Month  
National High Blood Pressure Education Month  
National Neurofibromatosis Month  
National Physical Fitness and Sports Month  
National Teen Pregnancy Prevention Month  
Tuberous Sclerosis Awareness Month  
Ultraviolet Awareness Month  
1–7 National Physical Education and Sport Week  
4–15 North American Occupational Safety and Health Week  
7 National Anxiety Disorders Screening Day  
10 Cornelia de Lange Syndrome Awareness Day  
11–17 Food Allergy Awareness Week  
11–17 National Alcohol- and Other Drug-Related Birth Defects Week  
11–17 National Women's Health Week  
12 Fibromyalgia Awareness Day  
12 National Women's Check-up Day  
12–16 National Neuropathy Week  
12–18 National Stuttering Awareness Week  
13 Sex Differences in Health Awareness Day  
18 HIV Vaccine Awareness Day  
18–24 National Emergency Medical Services Week  
19–25 Recreational Water Illness Prevention Week  
21 National Employee Health and Fitness Day

## **JUNE**

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Home Safety Month  
Myasthenia Gravis Awareness Month  
National Aphasia Awareness Month  
National Scleroderma Awareness Month  
Vision Research Month  
1 National Cancer Survivors Day  
1–7 National Headache Awareness Week  
1 (thru July 4) Fireworks Safety Month  
8–14 Sun Safety Week  
9–15 National Men's Health Week  
20 National ASK Day  
22–28 Helen Keller Deaf - Blind Awareness Week

## **JULY**

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Hemochromatosis Awareness Month  
International Group B Strep Awareness Month  
UV Safety Month

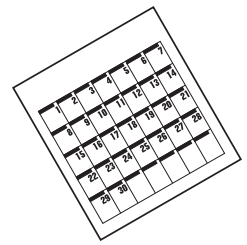
## **AUGUST**

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Cataract Awareness Month  
Children's Eye Health and Safety Month  
National Immunization Awareness Month  
Psoriasis Awareness Month  
1 National Minority Donor Awareness Day



# 2008 National Health Observances



## **SEPTEMBER**

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America On the Move's Stepember Campaign  
Craniofacial Acceptance Month  
Healthy Aging® Month  
National Alcohol and Drug Addiction Recovery Month  
National Cholesterol Education Month  
National Pediculosis Prevention Month/Head Lice Prevention Month  
Ovarian Cancer Awareness Month  
Prostate Cancer Awareness Month  
Reye's Syndrome Awareness Month  
Sports and Home Eye Safety Month  
Whole Grains Month  
7–13 National Suicide Prevention Week  
13 National Celiac Disease Awareness Day  
15–23 Reye's Syndrome Awareness Week  
16 Get Ready Day  
21 World Alzheimer's Day  
21–27 National Farm Safety & Health Week  
21–27 National Rehabilitation Awareness Celebration  
28 (thru October 4) Hearing Aid Awareness Week  
30 World Heart Day

## **OCTOBER**

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Eye Injury Prevention Month  
Halloween Safety Month  
Let's Talk Month  
National Celiac Disease Awareness Month  
National Chiropractic Month  
National Dental Hygiene Month  
National Disability Employment Awareness Month  
National Domestic Violence Awareness Month  
National Down Syndrome Awareness Month  
National Medical Librarians Month  
National Physical Therapy Month

National Spina Bifida Awareness Month  
Sudden Infant Death Syndrome Awareness Month  
"Talk About Prescriptions" Month  
4 Sarcoidosis Awareness Day  
5–11 Fire Prevention Week  
6–10 Drive Safely Work Week  
8 Stop America's Violence Everywhere Today  
12–20 Bone and Joint Decade National Action Week  
17 National Mammography Day  
20–24 National Health Education Week  
22 International Stuttering Awareness Day  
31 Interstitial Cystitis Awareness Day

## **NOVEMBER**

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American Diabetes Month  
Diabetic Eye Disease Month  
Jaw Joints - TMJ Awareness Month  
Lung Cancer Awareness Month  
National Alzheimer's Disease Awareness Month  
National Hospice Palliative Care Month  
Pancreatic Cancer Awareness Month  
Prematurity Awareness Month  
Pulmonary Hypertension Awareness Month  
18 Prematurity Awareness Day  
20 Great American Smokeout  
25 (thru December 1) Gastroesophageal Reflux Disease Awareness Week

## **DECEMBER**

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Safe Toys and Gifts Month  
1 World AIDS Day  
1–7 National Aplastic Anemia and MDS Awareness Week  
7–13 National Handwashing Awareness Week



Office of Disease Prevention  
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U.S. Department of Health  
and Human Services

