

Table G9.A1. Cardiorespiratory Fitness, Cross-Sectional Studies

Reference	Subjects	Results
Cooper et al., 1998 (1)	N=919, 51% F, 9 and 15 years	Children who transported to school actively had higher CRF than peers who did not
Rowlands et al., 1999 (2)	N=34, 50%, 9.5 years	PA positively associated with CRF
Chan et al., 2003 (3)	N=201, 61% F, 13.8 years, 100% Asian	PA positively associated with CRF
Klentrou et al., 2003 (4)	N=256, 51% F, 14.3±0.3 years	M: High Active Group more fit than Moderately Active Group; F: no association
Ara et al., 2004 (5)	N=114, 0% F, 9.4±1.5 years	PA Group had greater CRF than Non-PA Group
Brage et al., 2004 (6)	N=384, 47% F, 8-10 years	PA positively associated with CRF
Ruiz et al., 2006 (7)	N=780, 51% F, 9-10 years	PA positively associated with CRF
Dencker et al., 2006 (8)	N=228, 44%F, 8-11 years	PA positively associated with CRF
Dollman & Ridley, 2006 (9)	N=843, 48% F, 10-11 years	PA positively associated with CRF
Hussey et al., 2007 (10)	N=152, 66% F, 7-10 years	PA positively associated with CRF

CRF, cardiorespiratory fitness; F, female; M, male; N, number; PA, physical activity

Reference List

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