

Eagle Run Hiking and Skiing Trails

Eagle Run provides a loop trail system for hiking, mountain biking, and cross-country skiing, with scenic views of the Au Sable River. The trail system is located in a quiet and remote setting, allowing visitors to experience and enjoy nature first hand. The trails are maintained with the support of the Oscoda/AuSable Chamber of Commerce. The Trail system is located in Iosco County, Michigan. The nearest community is Oscoda, about 2 miles east.

Access:

A single trailhead serves this trail system. It is located at Eastgate Information Center, just 2 miles west of the intersection of River Road and Highway U.S. 23. The trailhead also serves as the east entrance station to the River Road Scenic Byway.

A Few Cautions:

- The trails are primarily of one-way design. Please follow the blue diamonds.
- Yield right of way to faster skiers.
- Avoid obstructing the trail. Do not stop in the middle of the trail.
- Pets are allowed on the

trails only during the snow-free season.

- Eagle Run Trails are machine groomed regularly with skate ski and track setting equipment. Caution should be observed, as grooming machines may be on the trails at any time.
- There is no ski patrol provided.
- Skiers must take an active role in understanding and accepting the risks associated with their sport.

Hypothermia and Safety:

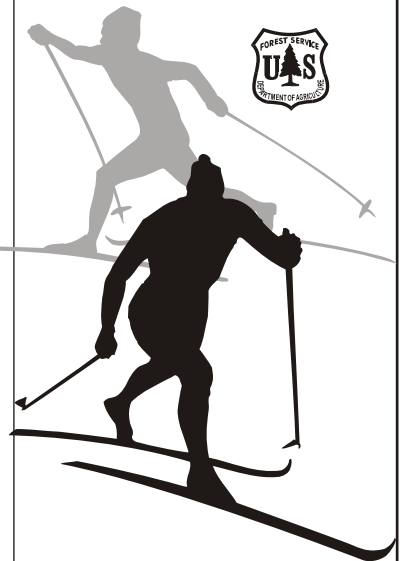
Hypothermia is the rapid, progressive mental and physical collapse accompanying the chilling of the inner core of the human body. It is caused by expo-

sure to cold, aggravated by wet, wind, and exhaustion.

The symptoms are:

- Uncontrollable fits of shivering
- Vague, slow, slurred speech
- Memory lapses, incoherence
- Immobile, fumbling hands
- Frequent stumbling and lurching gait
- Drowsiness (to sleep is to die)
- Apparent exhaustion, inability to get up after a rest

If any of these symptoms exist, immediately get the victim warm and seek medical help as soon as possible.



Cross-Country Skiing on the Huron National Forest

For up-to-date trail condition information contact:

Huron Shores Ranger Station
5761 North Skeel Ave.
Oscoda, MI 48750
(989) 739-0728 (VOICE)
(989) 739-0806 (TTY)

For emergency help, contact:

or
the Huron Shores Ranger Station

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