

2008 EAP Telephone Seminar Schedule



Date	Presenter	Topic	Confirmation code
01/09/08	Karin King	Personal Fitness	4772642
01/30/08	Dan Ahlfield	Manager's Guide to EAP	2414332
02/13/08	Bill Dyment	The Mind – Body Connection	4197950
02/27/08	Teresita Berndes-Carlson	Conflict Resolution - SPANISH	9022824
03/12/08	Bill Dyment	Alternative Medicine	4576976
04/09/08	Karen Untz	How Stress Affects Our Eating	7452139
04/30/08	Dan Ahlfield	Manager's Guide to EAP	9572407
05/14/08	Rick Conforto	Battling the Blues	3499114
05/28/08	Esther Castillo	Manager's Guide to EAP – SPANISH	9104356
06/11/08	Dick Johnson	Raising Healthy Kids	4283886
07/09/08		How to Achieve Good Emotional Health	9694448
07/30/08		Manager's Guide to EAP	2264437
08/13/08		Being a Smart Health Care Consumer	7274739
08/27/08		Stress Management 101 - SPANISH	1664501
09/10/08		The Power of Initiative: How to Take Control of Your Mental Health	4274835
10/08/08		Stress Management 101	9469281
10/29/08		Manager's Guide to EAP	1562146
11/12/08		Smoking Cessation	9148654
11/26/08		Drug and Alcohol Awareness - SPANISH	9329943
12/10/08		Drug and Alcohol Awareness	4568638

All calls begin at 2:00 pm ET (11 am PT) and last one hour.

Please **pre-register** at: <http://ww4.premconf.com/webrsvp> at least 48 hours before the conference. You will need the confirmation codes above. The dial-in number will be provided to you in your registration confirmation e-mail. **Handouts** will be available to download from the registration site. A **recorded playback** of each seminar will be available starting an hour after the seminar until midnight on the 10th day from the teleconference date. The dial-in number and passcode for that service will be available on the registration site.

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