

# OTC Products

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...FDA...HHS...USA...

# Presentation Outline

- NDAs
- OTC Drug Monographs
- NDA vs. Monographs Comparison
- For More Information
- Q&A

# REGULATORY SYSTEMS

- Two Regulatory Systems
  - New Drug Application (NDA)
  - OTC Drug Monograph
- Rx to OTC Switch Lifecycle



# Marketing under an NDA

# MARKETING UNDER AN NDA

- Requires a pre-approved application
  - May require clinical studies
  - May require a user fee under PDUFA
  - Post-approval NDA maintenance
- 
- Individual license to market
  - May provide marketing exclusivity
  - Mandated FDA review timeline

# NDA DEVELOPMENT PROCESS

- An IND (Investigational New Drug) for trials in human subjects
- Typical “milestone” development meetings with FDA
  - Pre-IND
  - End of Phase 2
  - Pre-NDA

# NDA REFERENCES

- For the pre-IND Meeting:  
Guidance entitled “Formal Meetings With Sponsors and Applicants for PDUFA Products”
- For the NDA review process:  
Guidance entitled “Good Review Management Principles for PDUFA Products”
- For IND requirements: 21 CFR 312
- For NDA requirements: 21 CFR 314

# Marketing under an OTC Drug Monograph



# WHY WERE MONOGRAPHS CREATED?

- 1962 Amendments to FD&CA
- Drug Efficacy Study Implementation (DESI)
- 420 drugs of low toxicity deferred
- Developed monographs by therapeutic class (rather than individual product review) for efficiency

# What are OTC Drug Monographs?

- Requires Conditions that are Generally Recognized As Safe and Effective (GRASE)
- Limited routine chemistry, manufacturing and controls (CMC) review
- NDA regulations (Part 314) do not apply

# MONOGRAPH REQUIREMENTS

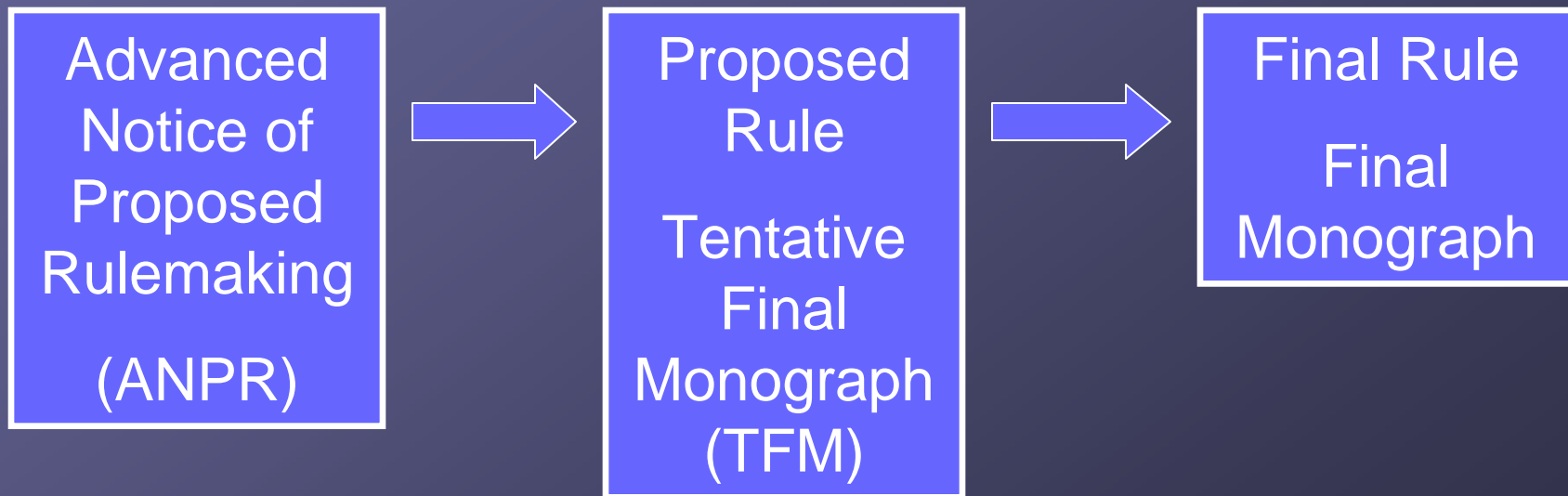
- Active Ingredients
- Dosage Forms
- Dose or Concentration
- Required Labeling
- Packaging and/or Testing Requirements  
(in some cases)

# LABELING REQUIREMENTS

- Uses
- Warnings
- Directions
- Professional Labeling  
(healthcare provider instruction)

# How is a Monograph Established?

- See 21 CFR 330
- Three Step Rulemaking Process



# What is the process to establish a monograph?



## Advisory Review Panel



- Category I: GRASE
- Category II: not GRASE
- Category III: cannot determine if safe and effective; more data needed

# What is the process to establish a monograph?

- Category I: GRASE
  - Category II: GRASE
  - Category III: GRASE
- terminated



# What is the process to establish a monograph?

## Comments

**Federal Register / Vol. 69, No. 110 / Monday, June 9, 2004 / Rules and Regulations 34273**

**DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**Food and Drug Administration**

**21 CFR Parts 310, 302, and 303**

**Subpart 310.100**

**Anticancer Drug Products For Over-the-Counter Use: Final Monograph**

**AGRP**

... (text continues) ...

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... (text continues) ...



comment on the final rule. FDA notes that the effective date of the final rule will be December 9, 2003, and if the agency received no significant adverse comments, it would publish a notice in the *Federal Register* on June 15, 2003. FDA received no significant adverse comments on the proposed rule. Therefore, FDA is certifying that the effective date of the final rule will be December 9, 2003. As noted in the final rule, FDA is publishing this notice in the *Federal Register* before the effective date to permit affected first-submitter drug manufacturers to bring their initial new molecular entity applications with the quality information required by the new rule.

**Notes:** (1) See 21 CFR 312.105 (b) (4) (ii) (A)–(E) and (c) (1)–(5) for more information.

**DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**Food and Drug Administration**

**21 CFR Parts 312, 302, and 303 (Section 510 FRG-03-054)**

**Anticancer Drug Products for Over-the-Counter Human Use: Final Monograph**

**AGENCY:** Food and Drug Administration, FDA.

**ACTION:** Final rule.

**SUMMARY:** The Food and Drug Administration (FDA) is issuing a final rule in the form of a final monograph establishing conditions under which over-the-counter (OTC) anticancer drug products are permitted. Anticancer drug products are permitted if they are shown to be safe and effective and not adulterated under the conditions of OTC drug products. FDA is issuing this final rule to establish public confidence in the proposed regulation. (Text of a separate final monograph (FRM) and rule are published separately in the anticancer drug products that have been sent to the agency's committee.)

**DATES:** Effective Date: This rule is effective December 9, 2003. Comments Due: The regulations allow the products with serial numbers less than 100,000,000,000. The compliance date for all other products is December 9, 2003.

**FOR FURTHER INFORMATION CONTACT:** Cynthia M. Buchanan, Center for Drug

Evaluation and Research (CDER), 4400 Reservoir Road, Rockville, MD 20857, 301-443-3347.

**SUPPLEMENTARY INFORMATION:**

**Table of Contents:**

I. Background

II. The Agency's Conclusions on the CDER

A. Laboratory Conditions on the CDER

B. Anticancer Drug Products

C. Conclusions on Category III

D. Conclusions on Category IV

E. Conclusions on the New Molecular Entity

F. Agency Changes

G. Summary of Changes

H. The Agency's Final Conclusions

III. Regulatory Information

A. Regulatory Project

B. Index of Regulatory Project

C. Regulatory Project

D. Regulatory Project

E. Regulatory Project

F. Regulatory Project

G. Regulatory Project

H. Regulatory Project

I. Regulatory Project

provide the substantive response to the final rule.

Twenty-five months after the date of publication in the *Federal Register*, the products with serial numbers less than 100,000,000,000 and 100,000,000,000 are permitted in the *Federal Register*.

Other products, to OTC drug products that is shown in this final rule and that contain a monograph condition, may be marketed and are not subject to the final rule.

Comments on the final rule may be submitted to the CDER by the date of publication in the *Federal Register*.

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# HOW TO MODIFY ACTIVE INGREDIENTS CONSIDERED UNDER MONOGRAPHS

- Citizen Petition, IF

- ❖ Product was marketed prior to 1975

- Time and Extent Application (TEA) under 21 CFR 330.14, IF

- ❖ Product marketed OTC outside of U.S.
- ❖ Product marketed OTC inside U.S. after 1975

- Both are preliminary to a Proposed Rule

# NDA vs. Monographs

# How are NDAs and Monographs Different?

## NDA

## Monograph

Pre-approval Required

Pre-approval Not Required

Clinical studies and user fees  
may be necessary

Clinical studies may not be  
necessary and no user fees

Review process is proprietary

Notice and comment process is  
public

Approved labeling is unique to  
your drug

Labeling is the same for all  
similar drugs

Possible marketing exclusivity

No marketing exclusivity

Approved NDA is your license to  
market

Final monograph is open to  
anyone

# How are NDAs and Monographs the Same?

- Standards for safety and efficacy
- Manufacturing and GMP inspections
- Labeling under 21 CFR 201.66
- Advertising regulation

# Ensuring Safety and Efficacy without a Prescription

- Patient safety in an unsupervised setting
  - \* Self-diagnose?
  - \* Self-manage?
  - \* Self-help?
- Label Comprehension Studies
- Actual Use Studies
- U.S. and worldwide adverse event data

# OTC Drug Labeling

## ● “Drug Facts” format

- \* Standard format for labeling of OTC drugs that consumers become accustomed to
- \* “Nutrition Facts” for foods and “Supplement Facts” for dietary supplements

## ● 21 CFR 201.66

## ● Final Rule: 64 FR 13254 (March 17, 1999)

# OTC Drug Advertising

- Federal Trade Commission regulates advertising
- FDA regulates labeling

## FD&CA definition (201.m)

Includes all labels, as well as other written, printed, or graphic matter accompanying the product



# For More Information

## ● Visit the ONP web site

- <http://www.fda.gov/cder/Offices/OTC/default.htm>
- How do the NDA and OTC monograph processes work?
- What NDAs are approved containing the active ingredient of interest?
- What monograph documents pertain to this active ingredient?
- Is this active ingredient a drug or cosmetic?
- What inactive ingredients are allowable?

# For More Information

## ● Call or Email ONP

- Main number 301-796-2060
- For NDAs, contact Leah Christl  
[christll@fda.hhs.gov](mailto:christll@fda.hhs.gov)
- For Monographs, contact Walter Ellenberg  
[ellenbergw@fda.hhs.gov](mailto:ellenbergw@fda.hhs.gov)
- If I can help,  
[johnsonsu@fda.hhs.gov](mailto:johnsonsu@fda.hhs.gov)