

Radiogram No 794

Form 24 (preliminary) for 03/20/01

GMT	Crew	Activity/ODF or R/G
06:00 - 06:10	.	Morning station inspection
06:10 - 06:40	.	Post-sleep
06:40 - 07:30	.	Breakfast
07:30 - 07:45	.	Daily morning planning conference (Sband)
07:45 - 08:45	FE-2	Preparation of ? ? ? (Toilet) VII? ? ? "?? ? ? ? -31" for a female/ <i>Reference "?? ? -?? " 205, item 9.3 ????????. (use of) ? ? ? -?</i> <i>page.81-82</i>
09:25 - 09:55	.	Daily planning conference (Sband)
10:00 - 11:30	FE-2	CMS-RED- OPERATIONS
10:30 - 11:30	CDR	Physical exercise Ergometer -2
11:00 - 12:00	FE-1	Physical exercise (TVIS)/ <i>MEDICAL OPERATIONS: NOMINAL: CMS: TREADMILL VIBRATION ISOLATION SYSTEM: TVIS - EXERCISE</i>
11:30 - 12:00	CDR	Physical exercise IRED
12:00 - 13:00	.	LUNCH
13:25 - 13:40	.	PMC
15:10 - 16:10	FE-2	Physical exercise TVIS / <i>MEDICAL OPERATIONS: NOMINAL: CMS: TREADMILL VIBRATION ISOLATION SYSTEM: TVIS - EXERCISE</i>
15:40 - 17:10	FE-1	CMS-RED- OPERATIONS
16:05 - 16:10	CDR	Deletion of "Failure" indication -- Vozdukh ? ? ? ? -1, ? ? ? ? -2 TM parameters of Vozdukh system / radiogram 799
16:10 - 17:10	CDR	Physical exercise TVIS -2
17:39 - 17:49	.	A/g TV conference "Congratulations with KhSC 50 th anniversary radiogram 789
18:05 - 18:35	.	Review plan for the next day
19:05 - 19:20	.	Daily evening planning conference (VHF)
19:30 - 20:00	.	DINNER
20:00 - 20:30	.	Daily food ration prep
20:30 - 21:30	.	Pre-sleep
21:30 - 06:00	.	SLEEP

Note:

A revised form 24 for 03/20/01 and other radiograms will be uplinked via "Regul" during crew sleep

End of radiogram