

Aggressive Goals Are Within Reach



 **Benicar**[®]
(olmesartan medoxomil)

 **Benicar HCT**[™]
(olmesartan medoxomil • hydrochlorothiazide)

GREAT BP REDUCTIONS FOR MORE AGGRESSIVE GOALS

In a clinical trial

BENICAR and BENICAR HCT helped a majority

- According to NHANES, only 31% of patients with hypertension are controlled¹

Nearly 7 out of 10 patients on BENICAR or BENICAR HCT reached the aggressive goal of **≤130/85 mm Hg** and more than half of these patients did so on BENICAR monotherapy^{2,3}



69%
to goal



73% reached the aggressive SBP goal of **≤130 mm Hg³**

87% reached the aggressive DBP goal of **≤85 mm Hg³**

Overall mean baseline: 161/97 mm Hg

Adapted from Neutel et al. *Journal of Clinical Hypertension*. 2004.³

- Patients were titrated at 4-week intervals until they reached the goal of ≤130/85 mm Hg; BENICAR 20 mg, BENICAR 40 mg, BENICAR 40 mg + HCTZ 12.5 mg, BENICAR 40 mg + HCTZ 25 mg.³

USE IN PREGNANCY

When used in pregnancy during the second and third trimesters, drugs that act directly on the renin-angiotensin system can cause injury and even death to the developing fetus. When pregnancy is detected, BENICAR or BENICAR HCT should be discontinued as soon as possible. See **WARNINGS, Fetal/Neonatal Morbidity and Mortality** in the prescribing information.

of patients reach aggressive goals

- JNC 7 guidelines establish more aggressive goals: treat most patients to BP <140/90 mm Hg; treat patients with comorbidities to BP <130/80 mm Hg¹
- Landmark studies show patients require 2 to nearly 4 different agents to reach BP goal^{2,3}

Majority of patients reached goal of $\leq 130/85$ mm Hg on BENICAR or BENICAR HCT^{2,3}

Stage 1 patients reached goal

89%

JNC 7 defines Stage 1 as SBP 140-159 mm Hg or DPB 90-99 mm Hg

Stage 2 patients reached goal

54%

JNC 7 defines Stage 2 as SBP ≥ 160 mm Hg or DPB ≥ 100 mm Hg

Mean baseline Stage 1: 150/95 mm Hg; Mean baseline Stage 2: 170/98 mm Hg

Adapted from Neutel et al. *Journal of Clinical Hypertension*, 2004.

Open-label, multicenter, 24-week titration trial (evaluable cohort, n=179). Patients who met entry criteria were initiated on BENICAR 20 mg QD. The end of study BP goal for all patients was $\leq 130/85$ mm Hg. If the goal BP was not achieved, antihypertensive therapy was titrated at 4-week intervals according to the following step-wise algorithm until the goal BP was attained: up-titration of BENICAR to 40 mg QD, addition of HCTZ 12.5 mg QD, then up-titration of HCTZ to 25 mg QD, addition of amlodipine besylate 5 mg/d, and up-titration of amlodipine besylate to 10 mg/d. Percent of patients achieving goal based on 179 evaluable patients. Results presented are at Week 16, prior to the addition of amlodipine besylate.

BENICAR and BENICAR HCT are indicated for the treatment of hypertension. They may be used alone or in combination with other antihypertensive agents. BENICAR HCT is not indicated for initial therapy.

Please see full prescribing information for BENICAR and BENICAR HCT.

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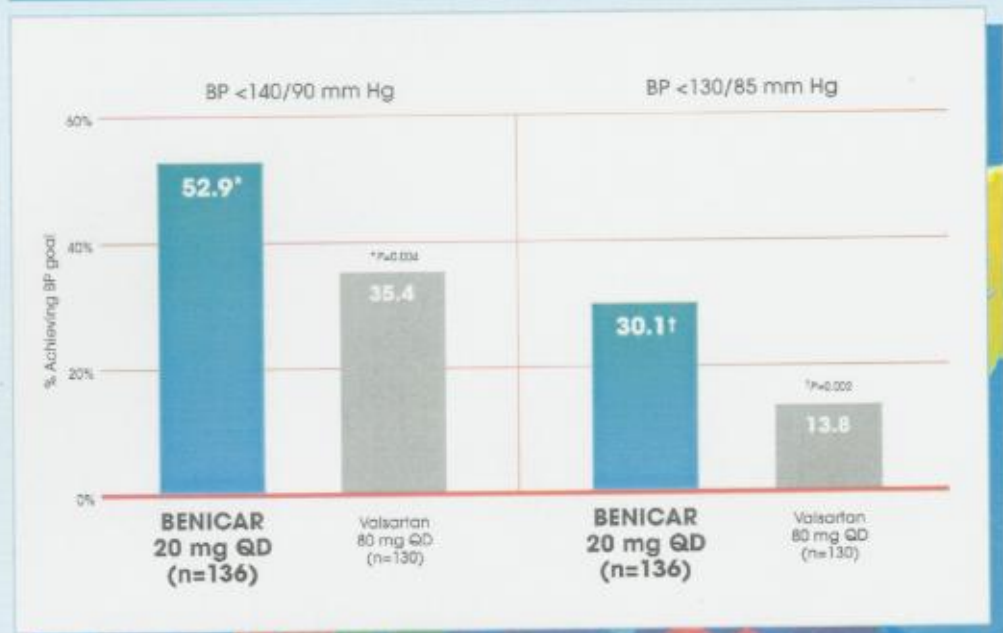
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GREAT BP REDUCTIONS FOR MORE AGGRESSIVE GOALS

vs other ARBs

BENICAR monotherapy helps

BENICAR starting doses: aggressive goal attainment vs valsartan^{3,7}



Mean ambulatory baselines (mm Hg): BENICAR 152/94; valsartan 152/95

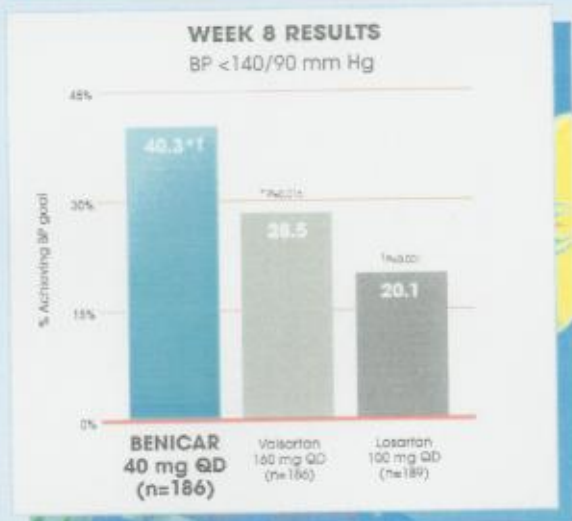
Ambulatory BP monitoring (ABPM) results based on secondary analysis at Week 8 from valsartan component. Part of multicenter, randomized, double-blind, parallel-group study. Overall control-rate comparison of BENICAR 20 mg QD (n=136) with losartan potassium 50 mg QD (n=134), valsartan 80 mg QD (n=130), and irbesartan 150 mg QD (n=134).

- In the same study, BENICAR 20 mg QD vs valsartan 80 mg QD achieved the following DBP cuff reductions: -11.5 mm Hg for BENICAR vs -7.9 mm Hg for valsartan ($P<0.0001$)⁷
 - Mean cuff baselines (mm Hg): BENICAR 157/104; valsartan 155/104

Please see boxed **WARNING regarding use in Pregnancy** in the prescribing information for BENICAR and BENICAR HCT.

Patients reach aggressive goals

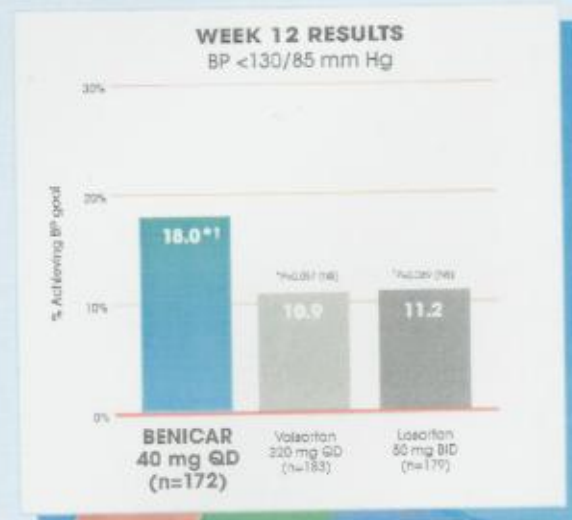
BENICAR titrated doses: aggressive goal attainment vs valsartan and losartan in patients with **Stage 2 Hypertension**¹



Cuff BP control results (secondary analysis) of a 12-week randomized, double-blind, fixed-titration study (N=723) comparing the efficacy and safety of BENICAR versus valsartan, losartan potassium, and placebo in patients with Stage 2 hypertension. The primary endpoint was 8-week mean cuff DBP reductions. In the study, 27% of BENICAR patients, 19% of valsartan patients, 23% of losartan patients, and 27% of placebo patients were African American.

Results for placebo (n=90): 12.2%, P<0.001

At Week 8, mean BP reductions were superior to losartan (P<0.001) and similar to valsartan (P=0.076, NS).¹



Week 12 data from second phase of study, designed to show equivalence. See study description above.

Results for placebo (n=87): 2.3%, P<0.001

In the second phase of the study, designed to show equivalence, BENICAR dosing was maintained at 40 mg, valsartan dose was doubled to 320 mg and losartan dose was changed to 50 mg BID.¹ At Week 12, mean BP reductions were similar among the treatment groups.

Mean cuff baselines (mm Hg): BENICAR 156/104; valsartan 154/103; losartan 155/104; placebo 154/103

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GREAT BP REDUCTIONS FOR MORE AGGRESSIVE GOALS

TABLETS

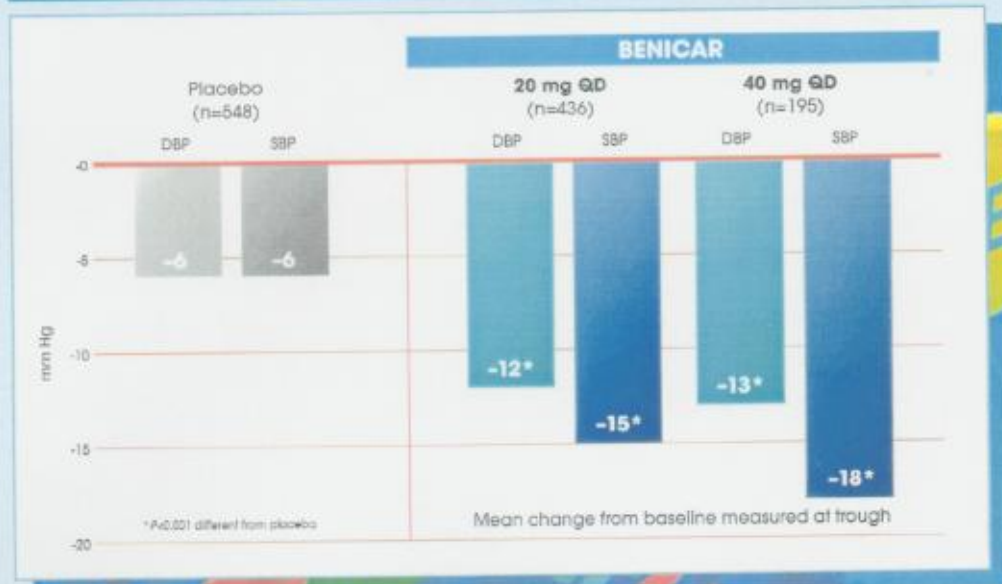
BENICAR Monotherapy

BENICAR HCT/TG Titration

PK Profile/Safety/HOT Trial

BENICAR monotherapy help

BENICAR provides mean double-digit BP reductions³

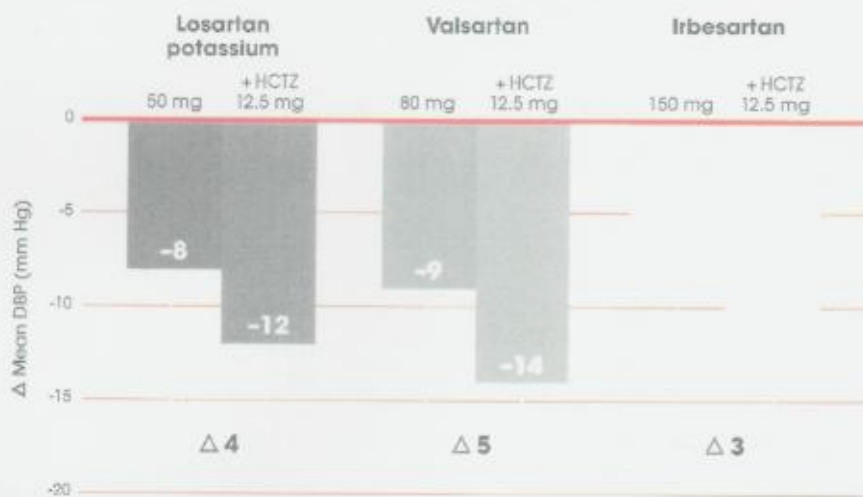


Study design Placebo and BENICAR sitting data. Derived from 7 dose-ranging studies. Duration=6 to 12 weeks. Patients taking BENICAR 2.5 to 80 mg, n=2145. Patients taking placebo, n=548.

Please see boxed **WARNING** regarding use in Pregnancy in the prescribing information for BENICAR and BENICAR HCT.

Patients reach aggressive goals

DBP reductions when low-dose HCTZ added to 3 other ARBs¹⁰



Adapted from Curtis et al. *Arterioscler Thromb Vasc Biol*, 2000.¹⁰

Fixed meta-analysis representing weighted average antihypertensive efficacy from 43 double-blind, randomized, controlled trials. Results compare DBP reductions using ARBs as starting-dose monotherapy or monotherapy titration, and as ARB/HCTZ (12.5 mg) combination therapy. These results may vary from those reported in approved labeling.

ARB doses represent most frequently prescribed.

66%
to DBP goal

- Nearly 2 out of 3 patients on BENICAR monotherapy achieved the aggressive DBP goal of ≤ 85 mm Hg within 8 weeks in one titration or less in a clinical trial²
—Mean baseline: 161/97 mm Hg

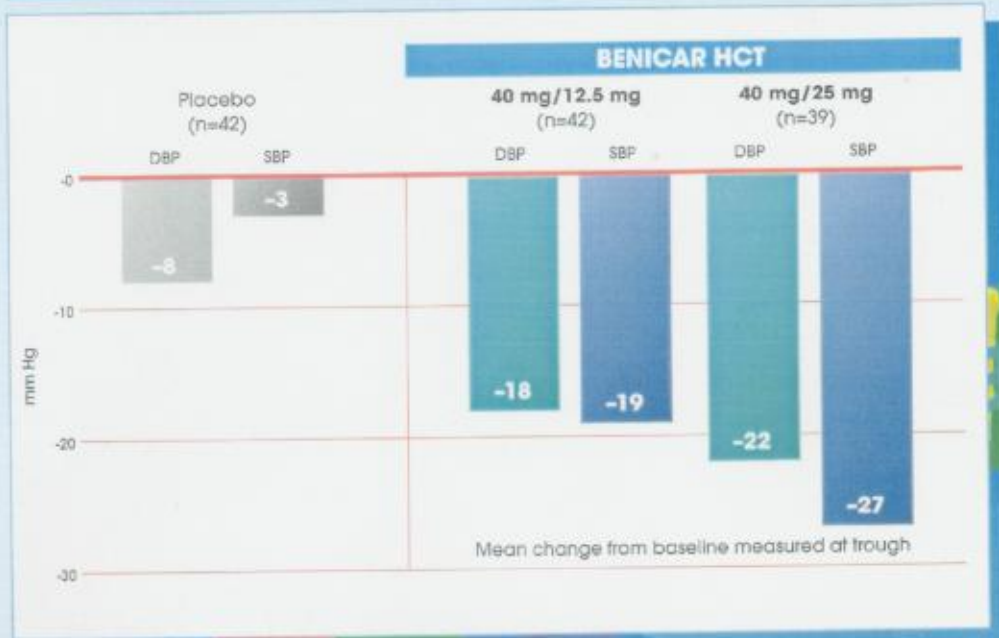
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GREAT BP REDUCTIONS FOR MORE AGGRESSIVE GOALS

Even more patients reach aggressive goal

BENICAR HCT provides significant mean double-digit reductions of up to 27 mm Hg SBP¹²



Mean baselines (mm Hg): Placebo 152/103; BENICAR + HCTZ 152-154/103-104

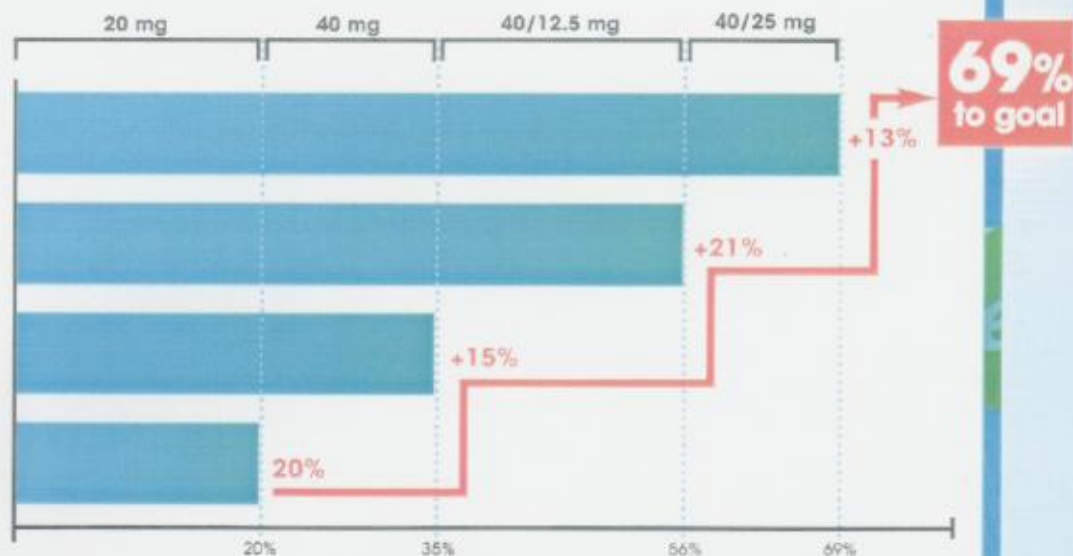
Adapted from Chrysant et al. *American Journal of Hypertension*. 2004.¹²

Placebo and BENICAR + HCTZ sitting data. A pivotal, randomized, double-blind, parallel-group, factorial study (N=502). Duration=8 weeks following a 4-week placebo run-in period.

Please see boxed **WARNING** regarding use in **Pregnancy** in the prescribing information for BENICAR and BENICAR HCT.

when HCTZ is added to BENICAR monotherapy

Titrating with BENICAR and BENICAR HCT got more patients to the aggressive BP goal of **$\leq 130/85$ mm Hg**^{2,3}



Overall mean baseline: 161/97 mm Hg (n=179, nearly 70% were Stage 2 patients)

Adapted from Nixtel et al. *Journal of Clinical Hypertension*, 2004

Open-label, multicenter, 24-week titration trial (evaluable cohort, n=179). Patients who met entry criteria were initiated on BENICAR 20 mg QD. The end of study BP goal for all patients was $\leq 130/85$ mm Hg. If the goal BP was not achieved, antihypertensive therapy was titrated at 4-week intervals according to the following step-wise algorithm until the goal BP was attained: up-titration of BENICAR to 40 mg QD, addition of HCTZ 12.5 mg QD, then up-titration of HCTZ to 25 mg QD, addition of amlodipine besylate 5 mg/d, and up-titration of amlodipine besylate to 10 mg/d. Percent of patients achieving goal based on 179 evaluable patients. Results presented are at Week 15, prior to the addition of amlodipine besylate.

More than half of the patients who reached goal of $\leq 130/85$ mm Hg on BENICAR or BENICAR HCT were controlled on BENICAR monotherapy^{2,3}

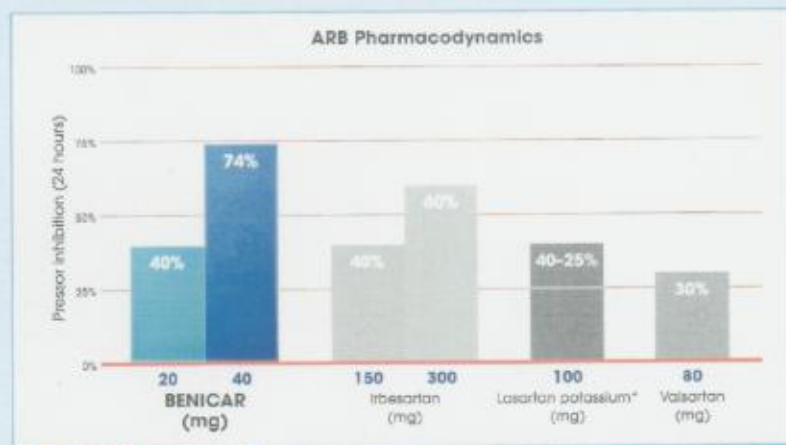
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GREAT BP REDUCTIONS FOR MORE AGGRESSIVE GOALS

Reaching aggressive BP goal

BENICAR blockade of BP-raising effect of angiotensin II at 24 hours vs other ARBs³



Percentage inhibition based on current package inserts; all agents administered as a single dose.

No information on effect of larger doses of valsartan was available.

Losartan inhibition ranged between 25% and 40%.

Presor inhibition refers to the blockade or interruption of any BP-raising mechanism in the body, including blockade of angiotensin I. Angiotensin II is a major contributor to vasoconstriction, which is a principal component of hypertension.

* Treated dose.

- BENICAR 40 mg inhibited 74% of the BP-raising effect of angiotensin II at 24 hours³

ARB pharmacokinetic parameters¹

ARB	Half-life (Hours)	Time to Maximum BP Effect ² (Weeks)	P450 Metabolism	Elimination (Approximations)
BENICAR	13	2	NO	35%-50% renal 50%-65% hepatobiliary
Irbesartan	11-15	2	Yes (CYP 2C9)	20% renal 80% hepatobiliary
Losartan potassium	6-9	6	Yes (CYP 2C9 and 3A4)	35% renal 60% hepatobiliary
Valsartan	6	4	Unknown	13% renal 83% hepatobiliary

¹Based on current package inserts, ²From clinical trials.

Clinical significance of pharmacodynamic and pharmacokinetic data is unknown.

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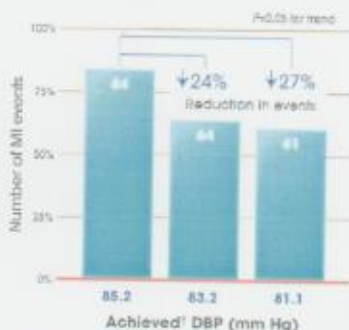
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GREAT BP REDUCTIONS FOR MORE AGGRESSIVE GOALS

with BENICAR

The Hypertension Optimal Treatment (HOT) trial confirms:
reaching BP goals is essential¹³

Lower diastolic blood pressure associated with fewer MIs*



Randomized, multinational study.
N=18,790 hypertensive patients. Baseline
DBP=103.1/15 mm Hg. Study compares the association
between major CV events and 3 treatment goals:
1) <90 mm Hg, 2) <85 mm Hg, 3) <80 mm Hg. Classes
of studied drugs included calcium channel blockers,
ACE inhibitors, beta-blockers, and diuretics.

Adapted from Hansson et al.¹³

*MI=myocardial infarction

†Achieved=median of all BP's from 6 months' follow-up
to end of study.

The great efficacy of BENICAR and BENICAR HCT— combined with favorable safety and tolerability

In clinical trials:

- The withdrawal rates due to adverse events (AEs) were similar with BENICAR and BENICAR HCT to placebo; BENICAR (2.4% vs 2.7%); BENICAR HCT (2.0% vs 2.0%)
- The incidence of AEs with BENICAR and BENICAR HCT was similar to placebo
 - The only AE that occurred in >1% of patients treated with BENICAR and more frequently than placebo was dizziness (3% vs 1%)
 - AEs reported in >2% of patients taking BENICAR HCT and more frequently than placebo included nausea (3%), hyperuricemia (4%), dizziness (9%), and upper respiratory tract infection (7%)
- No initial dosage adjustments necessary with BENICAR in elderly or in moderate to marked renal impairment[†]/hepatic dysfunction
 - In patients with possible depletion of intravascular volume (eg, patients on diuretics, particularly with impaired renal function), BENICAR should be initiated under close medical supervision and consideration given to use of a lower starting dose

[†]Creatinine clearance <40 mL/min.

- BENICAR HCT is not recommended in patients with severe renal impairment and is contraindicated in patients with anuria or hypersensitivity to other sulfonamide-derived drugs

Prescribe the
Fastest-Growing ARB^{1,4}

Aggressive Goals Are Within Reach

In a clinical trial

More patients on BENICAR and BENICAR HCT reached aggressive goals

69% of patients on BENICAR or titrated up to the maximum dose of BENICAR HCT reached the aggressive goal of $\leq 130/85$ mm Hg²

- 89% of **Stage 1** patients reached goal
- 54% of **Stage 2** patients reached goal

More than half the patients who reached the aggressive goal of $\leq 130/85$ mm Hg on BENICAR or BENICAR HCT were controlled on BENICAR monotherapy³

Other trials demonstrate excellent monotherapy goal attainment vs other antihypertensives^{3,7,8}

Even more patients reached aggressive goals when HCTZ was added to BENICAR monotherapy



BENICAR—available to more than 93% of HMO/PBM lives³

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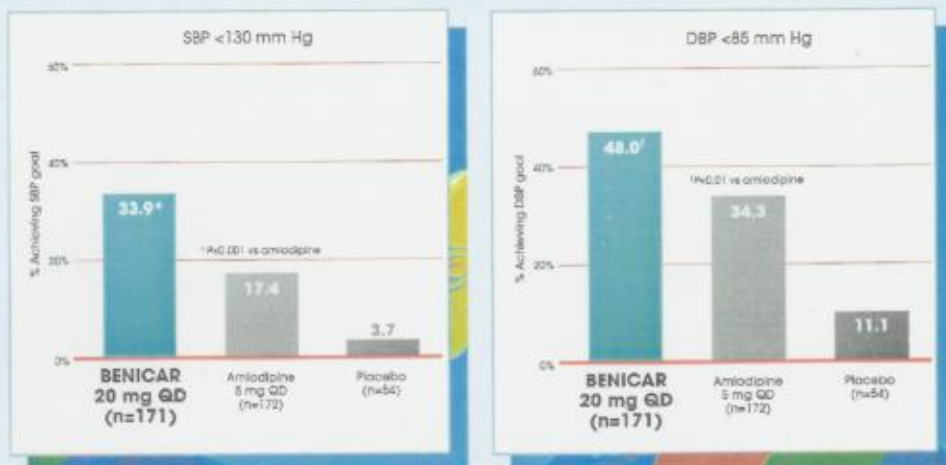
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FOREST
PHARMACEUTICALS, INC

More BENICAR patients achieved aggressive BP goals than patients on amlodipine^a

Chrysant Study⁸



Adapted from Chrysant et al. *Journal of Human Hypertension*, 2003.⁸

Ambulatory BP control results (a secondary endpoint) from 8-week, randomized, double-blind, placebo-controlled study (N=440) of patients with mild-to-moderate hypertension. Study drugs given at recommended starting doses.

Mean ambulatory baselines (mm Hg): BENICAR 154/96; amlodipine besylate 154/95; placebo 154/96

- BENICAR, at the starting dose of 20 mg QD, provides mean double-digit BP reductions vs baseline similar to amlodipine at the starting dose⁹
 - 10.3/10.8 mm Hg reductions with BENICAR
 - 10.3/10.1 mm Hg reductions with amlodipine
 - Mean cuff baselines (mm Hg): BENICAR 155/104, amlodipine 155/104, placebo 154/103

A second study vs the CCB felodipine yielded similar results in mean BP reductions.⁹

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