

Fourth Annual Native American Family Wellness Day

Saturday, April 5th, 2008

El Pueblo Recreation Center 101 W Irvington



S Park Ave S S 6th Ave W S 12th Ave W Irvington Rd

KEYNOTE SPEAKER:

Mary Kim Titla, San Carlos Apache Publisher, Native Youth Magazine FREE PARKING

CHILDREN'S

ACTIVITIES

ARTS & CRAFTS

RAFFLES

HEALTH

MEDICATION
BROWN BAG

7 am	Fun Run/Walk Registration will begin at 7 am and the 5K run will start at 7:30 am.
9 am	Opening Remarks
I0 am	Booths & Activities Open
2 pm	Keynote: Mary Kim Titla
3 pm	Dr. John Molina: Integration of Native American Practices & Modern Medicine
4 pm	Waila Gertie & the TO Boys Fitness Through Dance
6 pm	Closing

For more information contact Phyllis Spears at (520) 295-2544.

This health initiative is co-sponsored by the Tohono O'odham Nation, Pascua Yaqui Tribe, Tucson Indian Center, Tucson Area Indian Health Service, Arizona Department of Health Service, University of Arizona Zuckerman College of Public Health, Southern Arizona VA Health Care System, and Arizona Health Care Cost Containment System (AHCCCS) to promote healthier lifestyles and prevent disease.