

OREGON DEPARTMENT OF CORRECTIONS
Operations Division
Health Services Section Policy and Procedure #P-F-02

SUBJECT: NUTRITION AND MEDICAL DIETS

POLICY: A daily diet, which incorporates the USDA's Recommendations and Dietary Guidelines, is available to all inmates. Inmates whose medical or dental condition requires nutritional adjustment will be provided with a therapeutic diet according to orders of a prescribing practitioner.

REFERENCE: OAR 291-124-050(6)
OAR 291-61-005 through 291-61-310
NCCHC Standard P-F-02

PROCEDURE:

- A. Inmates who may require therapeutic diets may be identified either upon the initial health screening and assessment process, by exam or by changes in physical conditions.
- B. An order for a therapeutic diet must be consistent with the therapeutic diets listed in the diet manual and supported in the progress notes with SOAP documentation by the prescribing practitioner including diagnosis and treatment plan.
- C. Upon receipt of a practitioner's order, the health status will be updated to reflect the order. Special diets are verified as needed through use of the health status program.
- D. Food Services maintains a diet manual that contains the cyclical centralized menu and therapeutic diet menus. Therapeutic diets conform as closely as possible to the centralized menu. A registered dietitian evaluates all menus twice a year for nutritional adequacy.
- E. Inmates may be provided patient education or in some cases specialized classes to assist with self-selection education on:
 - 1. Low Fat/Low Cholesterol Diet
 - 2. American Diabetic Association (ADA) Diet
 - 3. Weight Loss
 - 4. Food Allergies
- F. An inmate with a medical/dental problem requiring a therapeutic diet may be transferred to the facility most capable of providing the prescribed diet.

Effective Date: _____

Revision date: April 2007

Supersedes P&P dated: March 2006