MENTAL HEALTH CARE AND CHEMICAL DEPENDENCY SUBCOMMITTEE

Meridian Park Hospital Health Education Center, Room 117A
Tualatin, OR
January 19, 2005
8:30 – 10:30 a.m.

Members Present: Kathy Savicki, LCSW; David Pollack, MD; Ann Uhler; Carole Romm, RN; Seth Bernstein, PhD; Casadi Marino, MSW, Paul Potter, MSW, MAC.

Members Absent: Donalda Dodson, RN, MPH, Gary Cobb; Bob George, MD.

Staff Present: Darren Coffman; Alison Little, MD, MPH.

TOPIC	ACTION	RESPONSIBILITY	DATE
Review of meeting highlights	No suggestions for change		
HSC update: • Commission reviewed new CPT codes in December. Advocates for speech therapy gave testimony requesting changes to	Committee would like to review what has been written, especially regarding the evidence-based process	Darren to send out electronically for Committee review	ASAP
guideline. • Working on 2005 Report; does Committee want MHCD section presented any differently?	Requested presentation by OMHAS regarding how they are fulfilling legislative mandate for evidence-based practice in mental health and corrections	John Collins or Bob Miller to give update at a future meeting, after outcomes group has accomplished more	A later meeting (but not next)
	Requested presentation about how Commission is accomplishing their evidence-based reviews	Alison and/or Darren to give a summary at the next meeting	Next meeting

Discussion about HSC seat being vacated by Kathy. Ann is interested. NASW is working on submitting a recommendation as well.	None		
OHMAS update: • Parity bill has been submitted (HB2326) • Intensive children services - Ralph told Kathy after last meeting that no changes in codes were necessary. Seth concurs, at least at this time.	None		
Primary care mental health integration: • Guidelines approved last year for developing pilot projects • Key components include use of 4 quadrant model, colocated MH specialist in primary care setting, and care monitoring • National task force of state mental health directors did a technical report on the primary care interface issues; just released (NASMHPD report). • Bazelon Center report released in June, "Get It Together"	David will give both reports to Darren to circulate to Committee electronically.	David, Darren	Soon after this meeting

 Regional summit for 		
NW sponsored by		
SAMHSA and HRSA		
last month, resulted in		
work plan as follows:		
participants identified		
2) 3 projects already on-		
going in metropolitan		
area (one each county),		
as well as Clatsop,		
Benton and Klamath		
consistent message		
from state entities		
4) identify barriers to		
implementation		
5) assure there is		
adequate workforce		
 Ann reports recent 		
data showing 25% of		
clients in 3 FCHPs are		
taking Vicodin		
3 pharmacy initiatives: \$140		
million/year is spent on MH		
medications, makes up 31%		
of total drug costs in OHP		
 Retrospective DUR on 		
outpatient mental		
health prescribing		
patterns that are not		
evidence based, done		
in partnership with		
Comprehensive		
Neuroscience		
(includes duplicate		
prescribers and		
discontinuance)		
 Dose optimization (pill 		
splitting, dose		
consolidation) -		
annual savings		
\$350,000/year		

 Medication algorithm project - targeting pilots for TMAP (use of practice guidelines for appropriate medication use), funding from drug companies MMA (Medicare part D) - will impact dual eligibles significantly, heavy workload for DHS 			
Committee membership: Unable to reschedule meeting time, therefore Dr. George is resigning. Suggested Larry Marks, John Bishoff, Mike Reese, Kirk Wolff, Lisa Kass(?), Kyle Johnson as possible replacements.	Darren to ask Dr. George if he has someone to recommend for his replacement. If not, will determine interest from others.	Darren	Next meeting

MENTAL HEALTH CARE AND CHEMICAL DEPENDENCY SUBCOMMITTEE

Meridian Park Hospital Health Education Center, Room 107
Tualatin, OR
April 20, 2005
8:30 – 10:30 a.m.

Members Present: Donalda Dodson, RN, MPH; Kathy Savicki, LCSW; David Pollack, MD; Ann Uhler; Casadi Marino, MSW; Paul Potter, MSW, MAC; Gary Cobb;.

Members Absent: Seth Bernstein, PhD; Carole Romm, RN.

Staff Present: Darren Coffman; Alison Little, MD, MPH.

Guests: Ralph Summers.

TOPIC	ACTION	RESPONSIBILITY	DATE
Review of meeting highlights	On the bottom of page 2, change acronym from NASHBIT to NASMHPD and 'Basilin Center' to 'Bazelon Center'.	Staff will make changes.	ASAP
 Working with Assoc. of Comm. Mental Health Directors and Alcohol and Drug Program Directors seeing that distribution of non-OHP resources match distribution of populations (esp. crisis and outpatient services) Integrating rates for day and residential treatment services into OHP managed care contracts (effective 10/05) Looking at performance targets on whether funds appropriated for children's services are being spent on children 	Invite Jane Ellen Weidanz to come to next meeting to give update on role OMHAS will play in enrollment processes under MMA.	Ralph will extend invitation.	Prior to next meeting

TOPIC	ACTION	RESPONSIBILITY	DATE
OMHAS Update (cont'd)			
Not closing four			
gerontology wards,			
addressing issue within			
larger context of OSH work			
Work continues on			
integration of behavioral			
health and primary care			
 Looking at impact of 			
Medicare Modernization			
Act (MMA) on OHP			
CMS says "all or			
substantially all mental			
health drugs within six			
protected classes of MH			
drugs are to be included in			
formularies"			
HSC update:	None		
 Leda Garside, RN, the 			
Salud Services			
Coordinator for Tuality			
Healthcare, was confirmed			
by the Senate to replace			
Donalda and the April 28 th			
meeting will be her first as			
an HSC member.			
Assuming Senate			
confirmation, Laurie			
Theodorou, LCSW, will be replacing Kathy Savicki on			
HSC with her first meeting			
to be on July 7 th .			
 Kathryn Weit, a consumer 			
representative, and Kevin			
Olson, MD, an oncologist,			
are also awaiting Senate			
confirmation.			
Completion of the			
Benchmark Rate Study			
and Biennial Report make			
this an ideal time to orient			
new members.			

TOPIC	ACTION	RESPONSIBILITY	DATE
Membership issues:	Extend offer to Michael	Darren to convey	ASAP
Darren sent out e-mails	Reeves, MD, of Lane	wishes of	
two weeks ago to Drs.	County MH to join as a	Subcommittee to	
Michael Reeves, Larry	member.	potential members.	
Marx, John Bischof and			
Kirk Wolfe to identify their	Extend offer to Larry		
interest in joining as	Marx, MD, of OHSU, to		
members.	join as a member		
Dr. Reeves responded	pending resolution of his		
with interest immediately	current scheduling		
and spoke to colleagues to	conflict with meeting		
confirm support for his	time.		
attendance at these	Have John Bischof serve		
meetings.	as alternate when Paul		
Dr. Marx indicated an	Potter cannot attend		
interest in joining but currently has a conflict with	meeting.		
Wednesday AM meetings.	incomig.		
Believes his schedule may			
change in next month to			
resolve this conflict.			
Members with CD			
background should be			
considered in the future.			
Overview of HSC	None		
methodology			
Darren gave an overview			
of the statutory language			
that directs the work of the			
HSC and MHCD			
Subcommittee			
Darren gave history of			
methodology, culminating			
in blend of subjective			
criteria, evidence-based			
research on clinical			
effectiveness, and cost- effectiveness information			
detailed in Figures 2.1-2.3			
in Biennial Report.			
in Diomina report.			<u> </u>

TOPIC	ACTION	RESPONSIBILITY	DATE
Other business	None		
 Paul Potter spoke on 			
recent State Supreme			
Court decision that			
equates A&D dependency			
with personality disorders.			
Although the language			
being used is archaic, the			
result of the decision is			
that individuals cannot be			
held at OSH by the			
Psychiatric Security			
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articles on the economic			
benefits of drug treatment.			
Next meeting	Next meeting date set	Darren will have	ASAP
	for Wednesday, June	Laura book a room	
Agenda topics:	15th	at Meridian Park	
 Update on OMHAS work 			
on best practices for			
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benefits of drug treatment. Next meeting Agenda topics: Update on OMHAS work	for Wednesday, June	Laura book a room	ASAP

MENTAL HEALTH CARE AND CHEMICAL DEPENDENCY SUBCOMMITTEE

Meridian Park Hospital Health Education Center, Room 104
Tualatin, OR
June 15, 2005
8:30 – 10:30 a.m.

Members Present: Donalda Dodson, RN, MPH; Kathy Savicki, LCSW; David Pollack, MD; Casadi Marino, MSW; Gary Cobb; Michael Reaves, MD; Larry Marx, MD.

Members Absent: Ann Uhler; Seth Bernstein, PhD; Carole Romm, RN; Paul Potter, MSW, MAC.

Staff Present: Darren Coffman; Alison Little, MD, MPH.

Guests: Ralph Summers, OMHAS; Christina Jaramillo, SPD; John Custer, CareMark.

TOPIC	ACTION	RESPONSIBILITY	DATE
Review of April 20, 2005	No changes		
meeting highlights	recommended.		
OHMAS update: MMA Christina Jaramillo gave presentation on eligibility, administration, and benefits of plan.	David will provide web link to newsletter from Comprehensive Neuroscience on MMA to Darren to distribute to Subcommittee.	David/Darren	ASAP
 Non-OHP: Initial enrollment period from 11/15/05-5/15/06 and not be auto-enrolled. \$37 premium, \$250 deductible, co-insurance of 25%/100%/5% depending on out-of-pocket costs. 			
 OHP 80,000 dual eligibles (both FCHP & FFS) will be auto- enrolled in October 2005 but can switch plans from month to month. 			

TOPIC	ACTION	RESPONSIBILITY	DATE
OHMAS update: MMA			
OHP (Cont'd): All but 3 FCHPs (LIPA, Tuality, OMHS) applying for Medicare Advantage Plan status, covering 57,000 OHP clients in defined service area. 23,000 FFS and other clients randomly assigned a plan. Dual eligibles will continue to have benzos, barbiturates and possibly OTC covered by OHP and will have exception/appeals processes available. There must also be two Prescription Drug Plans (PDPs) that serve all of Oregon and Washington with a network such that any client can't be more than 30 minutes away from a pharmacy (and 15 minutes in urban areas).			
QMBs/SLMBs: • Facilitated enrollment through May 15, 2005 and auto-enrolled effective June 1, 2005 if no plan selected and can't change for another six months.			
OMHAS will talk to Quality Improvement Organization (most likely OMPRO) once in place to talk about pharmaceutical initiatives they are working on.			

TOPIC	ACTION	RESPONSIBILITY	DATE
OMHAS Update: Evidence-	None		
Based Practices			
Ralph Summers indicated that			
new materials will be on			
OMHAS website in 1-2 weeks.			
Updated continuum of			
evidence with revised			
description for 3 rd item (1-3			
count towards statutory requirement).			
Registry of evidence-			
based practices (EBPs)			
with an analysis by staff.			
Method to register			
additional EBPs to be available in one month.			
Survey of county MH			
departments (24/36 had			
usable data) found:			
o 56% of A&D resources			
spent on EBPs (49%			
confidence with fidelity). o 34% of MH resources			
spent on EBPs (11.5%			
confidence with fidelity).			
 Need to have more 			
reliable and verifiable			
method to collect data.			
 Working w/community partners to monitor 			
fidelity of evidence.			
Discussion of Committee's	Kathy and Larry will	Ralph to provide list	Final
Role in Monitoring OMHAS'	work on guideline on	of diagnoses for	draft of
Work Regarding EBPs	appropriate	which this is a	guide-
 Continue to monitor OMHAS work for any list 	hospitalizations based on CASI scores since	problem.	line to Sept.
changes needed.	kids will be easier to	Kathy will draft	meeting
 Ralph indicated problems 	develop guideline for.	guideline based on	39
being encountered with		wording given by	
hospital services being		David, then send to	
taken off of list for certain		Larry for review.	
conditions (e.g. adjustment disorders).			
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TOPIC	ACTION	RESPONSIBILITY	DATE
 HSC update: Laurie Theodorou, MSW, Kevin Olson, MD, and Kathryn Weit were confirmed and will attend their first HSC meeting on July 7th. Darren Coffman presented Donalda Dodson with a plaque of appreciation for her 15+ years of service as an HSC member. 	None		
 Coding Clarifications Should nursing facility care be included on line 418, Substance-Induced Delusional and Mood Disorders/Intoxication? Should inpatient hospital services be included on line 419, Borderline Personality Disorders? 	Do not recommend adding nursing facility care CPT codes to Line 418. Recommend adding CPT codes 90816-90819, 90821-90824, 90826-90827 to Line 419.	Alison Little will present this recommendation to Health Outcomes Subcommittee at their July meeting.	7/7/05
Other business David Pollack announced that there will be a conference held on August 29 th on behavioral health workforce development, focusing on employers but involving many stakeholder groups.	None		

TOPIC	ACTION	RESPONSIBILITY	DATE
Other agenda topics for next meeting: Discussion of recommendations of report on coding for 0-3 mental health services. Still plan to take to 1/06 HSC meeting for action. Look at expanding A&D procedures currently on the list for encounters only (e.g. subacute detox, case management, peer operated services). Need for inclusion of monitoring tests (UAs, saliva) for mental health.	Next meeting date set for Wednesday, September 21, 2005.	Dorothy Allen had already reserved a room for Sept. 14 th in accordance with the tentative meeting schedule previously distributed to HSC members. She changed the reservation to Sept. 21 st and made it for Room 107. Darren will continue to communicate with Diane Ponder as to the progress on their report.	Up to Sept. 21 st meeting date

MENTAL HEALTH CARE AND CHEMICAL DEPENDENCY SUBCOMMITTEE

Meridian Park Hospital Health Education Center, Room 104
Tualatin, OR
September 21, 2005
8:30 – 10:30 a.m.

Members Present: Donalda Dodson, RN, MPH; Kathy Savicki, LCSW; David Pollack, MD; Casadi Marino, MSW; Gary Cobb; Carole Romm, RN; Michael Reaves, MD; Ann Uhler, Seth Bernstein, PhD (via phone).

Members Absent: Larry Marx, MD; Paul Potter, MSW, MAC.

Staff Present: Darren Coffman; Alison Little, MD, MPH.

Guests: Ralph Summers, OMHAS; John Custer, CareMark; Laurie Theodorou, LCSW (via phone).

TOPIC	ACTION	RESPONSIBILITY	DATE
Review of June 15, 2005 meeting highlights	No changes recommended.		
OHMAS update: Ralph Summers gave update on the Early Childhood Mental Health Diagnostic Classification System Project. Executive Summary written by Nancy Winters, MD, outlines recommendations to date. Calls for use of not otherwise specified codes previously removed from Prioritized List. Treatment guidelines will be developed to identify appropriate use of services.	Final recommendations to be brought back to Subcommittee regarding potential List changes after additional OMHAS staff work is done. Full copy of report will be provided to Darren Coffman to circulate once it is available.	Ralph Summers	Likely timeline - update at 11/05 mtg and final recom- mendation at 1/06 mtg.

TOPIC	ACTION	RESPONSIBILITY	DATE
OHMAS update (cont'd):			
 Kathy Savicki indicated the MHOs will to go along with these mid-contract unfunded changes as long as they are built into the prospective rate setting process in the future. Concerns raised regarding training issues for primary care providers and the potential to "overpathologize" (label) kids. Discussion ensued on related programs in OMHAS through the SIG grant and Oregon Children's Plan funding. 	Give heads-up to HOSC on coming changes and gauge their reaction on cost implications.	Darren Coffman	12/8/05
John Custer asked about the issue brought up at the last meeting regarding unpaid hospital claims due to the diagnosis assigned at discharge. Kathy Savicki said she approached the MHOs about this and they were adamant that this was a billing issue and not a coverage one. Hospitals should contact the Executive Director of the MHO involved if the problem persists.			
 Other OMHAS projects: Analyzing data on prescribing patterns in young children on mental health medications. Expansion of services to kids with A&D issues (incl. co-occurring diagnoses). 	Will continue to update.	Ralph Summers	Ongoing

TOPIC	ACTION	RESPONSIBILITY	DATE
OMHAS update (cont'd):			
 Three youth suicide intervention projects in place with public health department and grants through NARA and the university system. Kid's System Change Initiative to begin implementation on Oct. 1. Most MHOs will use same data system to track outcomes. Medicare Part D still planned for a 1/1/06 start date. Prescription drug plans likely to be announced in October and website will allow comparisons. Darren Coffman provided an 	See www.mentalhealthpart d.org for more info.		
HSC update:		D 0 "	44/05
He reported on the formation of a new HSC committee, the Prioritization Principles Workgroup. • Rick Wopat, MD, presented proposal at	Subcommittee to receive updates on progress of work and weigh in on MHCD services when appropriate.	Darren Coffman	11/05 - 5/06
 7/7/05 HSC meeting on reprioritizing services with focus on prevention and the management of certain fatal chronic diseases. Concept involves a second funding line to be drawn on a single Prioritized List to define OHP Standard benefits. 	Distribute Dr. Wopat's PowerPoint presentation to Subcommittee.	Darren Coffman	Prior to 11/05 mtg.
HSC formed workgroup to determine if proposal is in line with guiding OHP principles and public values.			

TOPIC	ACTION	RESPONSIBILITY	DATE
HSC update (cont'd): Workgroup determined it is and that further consideration by HSC is warranted. HSC would focus solely on health service priorities, DHS/Governor/Legislature would determine if waiver amendment to implement this model would make sense. HSC will begin looking at whether reprioritization of List is needed as part of biennial review process. He indicated the Health Outcomes Subcommittee (HOSC) will review recent evidence reports on the effectiveness of acupuncture in treating various conditions including chemical dependency. The HOSC will be reminded that the previous decision to include acupuncture for A&D was as an adjunctive therapy to improve overall outcomes and retention.	The MHCD Subcommittee will be informed if the HOSC is considering any changes to the List and their input will be solicited at that time. Ralph Summers offered OMHAS staff to identify studies showing efficacy if needed.	Darren Coffman to provide updates and solicit input.	11/05
He announced that ICD-10-CM is supposed to be published in the 10/06 Federal Register, meaning implementation would begin in 10/08.	He reminded the Subcommittee that they were asked to perform a pilot project of crosswalking MHCD lines from ICD-9-CM in establishing a process for HSC to follow for physical health lines.	HSC staff to provide Subcommittee with materials needed.	11/05 - 6/06

MENTAL HEALTH CARE AND CHEMICAL DEPENDENCY SUBCOMMITTEE

Meridian Park Hospital Health Education Center, Room 104
Tualatin, OR
November 16, 2005
8:30 – 10:30 a.m.

Members Present: Donalda Dodson, RN, MPH; Kathy Savicki, LCSW; David Pollack, MD; Casadi Marino, MSW; Gary Cobb; Carole Romm, RN; Michael Reaves, MD; Ann Uhler, Seth Bernstein, PhD; Paul Potter, MSW, MAC.

Members Absent: Larry Marx, MD.

Staff Present: Darren Coffman.

Guests: Anita Miller, OMHAS; Laurie Theodorou, LCSW (via phone).

TOPIC	ACTION	RESPONSIBILITY	DATE
Review of September 21, 2005 meeting highlights	No changes recommended.		
OHMAS update:			
Darren Coffman announced that Ralph Summers has begun participating in meetings involving the capitation rate setting process and will therefore have a standing conflict with this Subcommittee meeting for the foreseeable future.	Anita Miller will attend in his place.	None	
 Darren Coffman reported on that Monday's meeting of the Early Childhood Mental Health Diagnostic Classification System Project. Final report to be completed by Nancy Winters, MD, in coming weeks. 	Final recommendations to include treatment guidelines and be brought back to Subcommittee regarding potential List changes. Diane Ponder and Nancy Winters will be invited.	OMHAS	1/06 mtg.

TOPIC	ACTION	RESPONSIBILITY	DATE
OHMAS update (cont'd):			
Three codes are being	Give heads-up to HOSC	Darren Coffman	12/8/05
identified that could	on coming changes and		
represent relationship disorders. While Dr.	gauge their reaction on cost implications. Raise		
Winters said she could	subject of use of		
write justification for limiting the use of a code	bereavement and abuse and neglect codes for		
for parent-child relational	individuals over five.		
problems to 0-5 year olds, but she cannot for the	A full copy of report will	OMHAS/Darren	ASAP
codes for bereavement or	be provided to Darren	Coffman	
abuse and neglect.Three not otherwise	Coffman to circulate once it is available.		
specified (NOS) codes are	ones was available.		
recommended to add to the list in cases where a			
child does not meet the			
criteria for a more			
definitive diagnosis (i.e. a subsyndromal clinical			
presentation). It is			
recommended that existing ICD-9-CM diagnostic			
criteria be used.			
No potential ICD-9-CM and a swint to a posserit form			
code exists to account for regulation disorders of			
sensory processing. An as			
yet unformed stakeholder workgroup will need to			
develop a recommenda-			
tion to bring back to the Subcommittee.			
 Implementation will begin 	Subcommittee will be	OMHAS	
before training of providers	updated on progress of training.		
is completed.			

TOPIC	ACTION	RESPONSIBILITY	DATE
Other technical corrections to list			
Kathy Savicki noted that the coding changes approved in the Spring of 2003 appeared to have some omissions/errors.	Approved the following changes: • Add H0018 (Residential A&E, per diem) and H0019 (Residential, per diem) to Line 301, PTSD. • Add H0019 to Lines 419, Borderline Personality, and 420, Schizotypal Personality. • Delete H0037 (Day treatment, per diem) from Line 502, Somatization/Somatoform Pain Disorders.	Darren Coffman will forward these to the HSC for incorporation into the April 1, 2006 list.	12/8/05
Darren Coffman reported that the Health Outcomes Subcommittee (HOSC) will not be making any changes to the Prioritized List at this time related to acupuncture. Mr. Coffman said that the HSC received the recommendation from the Prioritization Principles Workgroup at their September meeting. • As suggested, they are continuing to look at reprioritizing the list with an emphasis on preventive care and the management of certain chronic fatal conditions.	The HOSC briefly discussed whether acupuncture could be added for chronic pain, but couldn't determine how that could be done. In the interest of time, discussion on ICD-10-CM was postponed until the next meeting.	None	

TOPIC	ACTION	RESPONSIBILITY	DATE
HSC update (cont'd):			
This work will be conducted as part of the biennial review of the list, which concludes in May 2006.			
HSC members were given homework to reorder the original 17 categories of care from the 1991 methodology as a starting point. The responses will be reviewed at their December 8 th meeting.	The Subcommittee will continue to be updated on the HSC's progress and will provide comment on the categorization of the MHCD lines when appropriate.	Darren Coffman	Ongoing
The Subcommittee was provided with a document of where the MHCD lines fall on the 1/06 list, along with which of the 17 categories each line has been assigned to.	арргорпас.		
The Subcommittee felt that the most important mental health services would fair well in such a revised methodology and that chemical dependency, in particular,, should end up with a high placement. This was reinforced by recent data Ann Uhler gave that showed the average age at death for those enrolled in a CD treatment program was 43.			
Other business It was suggested that the January meeting be expanded to 3 hours to hear the report on the mental health diagnostic codes for children and then formulate recommendations for the HSC.	The next meeting will be held at the Meridian Park Health Education Center, Room 104, on Wed., Jan. 18, 2006 from 8:30 - 11:30 am.	Done	