

ACT Follow-up Adverse Events Questionnaire

| | | | | | | | | | | | | |
|----------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| ID | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | NEWID | Acrostic | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| Date Completed | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | Visit Code | <input type="text"/> | <input type="text"/> | | | |
| | Mon | Day | Year | VISIT | | | | | | | | |

Form completed by: (staff code) **PHONDATA** = COLLECTED BY TELEPHONE

1. **Were you hospitalized during the last 6 months?** **HOSP6MTH**

| | | |
|--------------------------------|---------------------------------------|---|
| 1 <input type="checkbox"/> Yes | Number of admissions HOSPADMIS | Total number of nights stayed HOSNIGHT |
| | Reason(s) for hospitalization : | |
| <hr/> | | |
| <hr/> | | |
| 2 <input type="checkbox"/> No | | |

The following questions are about adverse experiences.

2. Have you experienced **chest pain** during the past 6 months? **CP6MTH**

| | | | | | | | | | | |
|--|--|------------------------------------|--|---|------------------------------------|--|-------------------------------|-------------------------------|---|--|
| 1 <input type="checkbox"/> Yes | a) Did the chest pain affect your physical activity routine? CPACT | | | | | | | | | |
| | <table border="1"> <tr> <td rowspan="2">1 <input type="checkbox"/> Yes</td> <td>i) Did you stop your routine? CPSTOP</td> </tr> <tr> <td> <table border="1"> <tr> <td>For more than 1 week? CP1WK</td> </tr> <tr> <td>1 <input type="checkbox"/> Yes → How many weeks? CPNUMWKS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> </tr> </table> </td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> <td>ii) Did you shorten your routine? CPSHORT 1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No</td> </tr> <tr> <td></td> <td>iii) Did you decrease the intensity of your routine? CPDECINT 1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No</td> </tr> </table> | 1 <input type="checkbox"/> Yes | i) Did you stop your routine? CPSTOP | <table border="1"> <tr> <td>For more than 1 week? CP1WK</td> </tr> <tr> <td>1 <input type="checkbox"/> Yes → How many weeks? CPNUMWKS</td> </tr> <tr> <td>2 <input type="checkbox"/> No</td> </tr> </table> | For more than 1 week? CP1WK | 1 <input type="checkbox"/> Yes → How many weeks? CPNUMWKS | 2 <input type="checkbox"/> No | 2 <input type="checkbox"/> No | ii) Did you shorten your routine? CPSHORT 1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No | |
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| For more than 1 week? CP1WK | | | | | | | | | | |
| 1 <input type="checkbox"/> Yes → How many weeks? CPNUMWKS | | | | | | | | | | |
| 2 <input type="checkbox"/> No | | | | | | | | | | |
| 2 <input type="checkbox"/> No | ii) Did you shorten your routine? CPSHORT 1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No | | | | | | | | | |
| | iii) Did you decrease the intensity of your routine? CPDECINT 1 <input type="checkbox"/> Yes 2 <input type="checkbox"/> No | | | | | | | | | |
| 1 <input type="checkbox"/> Yes | b) Did you see a physician for your chest pain? CPPHYSIC | | | | | | | | | |
| 2 <input type="checkbox"/> No | 1 <input type="checkbox"/> Yes → How many times? CPPHYSNO | | | | | | | | | |
| | 2 <input type="checkbox"/> No | | | | | | | | | |
| | c) Were you hospitalized for your chest pain? CPHOSP | | | | | | | | | |
| | 1 <input type="checkbox"/> Yes → How many nights did you stay? CPNIGHTS | | | | | | | | | |
| | 2 <input type="checkbox"/> No | | | | | | | | | |
| | d) Did you have surgery because of your chest pain? CPSURG Yes 2 <input type="checkbox"/> No | | | | | | | | | |
| | e) Did you miss any work because of your chest pain? CPWORK | | | | | | | | | |
| | 1 <input type="checkbox"/> Yes → How many days? CPWKDAYS | | | | | | | | | |
| | 2 <input type="checkbox"/> No | | | | | | | | | |

3. Have you experienced *difficulty breathing* during the last 6 months? **DB6MONTH**

| | |
|---|--|
| a) Did this breathing problem affect your physical activity routine? DBACT | |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | i) Did you stop your routine? DBSTOP <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | For more than 1 week? DB1WK <input type="checkbox"/> Yes → How many weeks? DBNUMWKS <input type="checkbox"/> No |
| | ii) Did you shorten your routine? DBSHORT <input type="checkbox"/> Yes <input type="checkbox"/> No iii) Did you decrease the intensity of your routine? DBDECINT <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | b) Did you see a physician for your breathing problem? DBPHYSIC <input type="checkbox"/> Yes → How many times? DBPHYSNO <input type="checkbox"/> No |
| | c) Were you hospitalized for your breathing problem? DBHOSP <input type="checkbox"/> Yes → How many nights did you stay? DBNIGHTS <input type="checkbox"/> No |
| | d) Did you have surgery because of your breathing problem? DBSURG <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | e) Did you miss any work because of your breathing problem? DBWORK <input type="checkbox"/> Yes → How many days? DBWKDAYS <input type="checkbox"/> No |

4. Have you experienced *severe dizziness or loss of consciousness* during the last 6 months? **DC6MONTH**

Yes — a) Did the fainting or dizziness affect your physical activity routine? **DCACT**

No —

Yes — i) Did you stop your routine? **DCSTOP**

No —

Yes — For more than 1 week? **DC1WK**

No —

Yes → How many weeks? **DCNUMWKS**

No —

Yes — ii) Did you shorten your routine? **DCSHORT** Yes No

No — iii) Did you decrease the intensity of your routine? **DCDECINT** Yes No

Yes — b) Did you see a physician for your fainting or dizziness? **DCPHYSIC**

No —

Yes → How many times? **DCPHYSNO**

No —

c) Were you hospitalized for your fainting or dizziness? **DCHOSP**

Yes → How many nights did you stay? **DBNIGHTS**

No —

d) Did you have surgery because of your fainting or dizziness? **DCSURG**

Yes No

e) Did you miss any work because of your fainting or dizziness? **DCWORK**

Yes → How many days? **DCWKDAYS**

No —

Please tell us whether or not you have experienced any of the following conditions in the past 6 months *during or following* exercise.

5. Have you experienced *leg or arm pain*? **LA6MONTH**

a) Did the leg or arm pain affect your physical activity routine? **LAACT**

1 Yes —

2 No

i) Did you stop your routine? **LASTOP**

1 Yes — For more than 1 week? **LA1WK**

2 No

1 Yes → How many weeks? **LANUMWKS**

2 No

ii) Did you shorten your routine? **LASHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **LADECINT** 1 Yes 2 No

b) Did you see a physician for your pain? **LAPHYSIC**

1 Yes — How many times? **LAPHYSNO**

2 No

c) Were you hospitalized for your pain? **LAHOSP**

1 Yes → How many nights did you stay? **LANIGHTS**

2 No

d) Did you have surgery because of your pain? **LASURG**

1 Yes 2 No

e) Did you miss any work because of your pain? **LAWORK**

1 Yes → How many days? **LAWKDAY**

2 No

f) In which limbs did you have this pain (mark all that apply):

1 Right arm **LARARM** 1 Left arm **LALARM**

1 Right leg **LARLEG** 1 Left leg **LALLEG**

7. Have you experienced a *pulled or strained muscle, tendon, or ligament*? **ML6MONTH**

a) Did the muscle/ligament strain affect your physical activity routine? **ML ACT**

i) Did you stop your routine? **ML STOP**

1 Yes — For more than 1 week? **ML 1WK**

2 No — 1 Yes → How many weeks? **MLNUMWKS**

2 No

ii) Did you shorten your routine? **MLSHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **MLDECINT** 1 Yes 2 No

b) Did you see a physician for your muscle/ligament strain? **MLPHYSIC**

1 Yes → How many times? **MLPHYSNO**

2 No

c) Were you hospitalized for your muscle/ligament strain? **MLHOSP**

1 Yes → How many nights did you stay? **MLNIGHTS**

2 No

d) Did you have surgery because of your muscle/ligament strain? **MLSURG**

1 Yes 2 No

e) Did you miss any work because of your muscle/ligament strain? **MLWORK**

1 Yes → How many days? **MLWKDAYS**

2 No

f) In which part(s) of your body did you have this muscle/ligament strain (mark all that apply):

| | |
|--|---|
| 1 <input type="checkbox"/> Right hand MLRHAND | 1 <input type="checkbox"/> Left hand MLLHAND |
| 1 <input type="checkbox"/> Right arm MLRARM | 1 <input type="checkbox"/> Left arm MLLARM |
| 1 <input type="checkbox"/> Right foot MLRFOOT | 1 <input type="checkbox"/> Left foot MLLFOOT |
| 1 <input type="checkbox"/> Right leg MLRLEG | 1 <input type="checkbox"/> Left leg MLLLEG |
| 1 <input type="checkbox"/> Abdomen MLABDOM | 1 <input type="checkbox"/> Neck MLNECK |
| 1 <input type="checkbox"/> Trunk or ribs MLRIBS | 1 <input type="checkbox"/> Chest MLCHEST |
| 1 <input type="checkbox"/> Lower back MLLOBACK | 1 <input type="checkbox"/> Upper back MLUPBACK |
| 1 <input type="checkbox"/> Other MLOTHER (city) | |

1 Yes —

2 No

8. Have you experienced **any broken or fractured bones**?

FB6MONTH

a) Did the fracture affect your physical activity routine? **FBACT**

1 Yes —

2 No

i) Did you stop your routine? **FBSTOP**

1 Yes — For more than 1 week? **FB1WK**

2 No

1 Yes → How many weeks? [] [] [] **FBNUMWKS**

2 No

ii) Did you shorten your routine? **FBSHORT** 1 Yes 2 No

iii) Did you decrease the intensity of your routine? **FBDECINT** 1 Yes 2 No

b) Did you see a physician for your fracture? **FBPHYSIC**

1 Yes → How many times? [] []

2 No **FBPHYSNO**

c) Were you hospitalized for your fracture?

1 Yes — How many nights did you stay? [] [] **FBHOSP**

2 No **FBNIGHTS**

d) Did you have surgery because of your fracture? **FBSURG**

1 Yes 2 No

e) Did you miss any work because of your fracture? **FBWORK**

1 Yes → How many days? [] [] []

2 No **FBWKDAYS**

f) In which part(s) of your body did you have this fracture (mark all that apply):

| | |
|---|---|
| 1 <input type="checkbox"/> Right hand FBRHAND | 1 <input type="checkbox"/> Left hand FBLHAND |
| 1 <input type="checkbox"/> Right arm FBRARM | 1 <input type="checkbox"/> Left arm FBLARM |
| 1 <input type="checkbox"/> Right foot FBRFOOT | 1 <input type="checkbox"/> Left foot FBLFOOT |
| 1 <input type="checkbox"/> Right leg FBRLEG | 1 <input type="checkbox"/> Left leg FBLLEG |
| 1 <input type="checkbox"/> Trunk or ribs FBRIBS | 1 <input type="checkbox"/> Back FBBACK |
| 1 <input type="checkbox"/> Head FBHEAD | 1 <input type="checkbox"/> Neck FBNECK |
| 1 <input type="checkbox"/> Other FBOTHER (specify) | |